# Original Article Percutaneous coronary intervention involving coronary bifurcation is associated with higher mortality and complications

Allistair Nathan<sup>1</sup>, Mehrtash Hashemzadeh<sup>1</sup>, Mohammad Reza Movahed<sup>1,2</sup>

<sup>1</sup>University of Arizona, Phoenix, AZ, USA; <sup>2</sup>University of Arizona Sarver Heart Center, Tucson, AZ, USA

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Abstract: Background: Percutaneous coronary intervention (PCI) in patients with bifurcation lesions is associated with higher complexity and adverse outcomes. The goal of this study was to evaluate the inpatient outcomes of patients with PCI of bifurcation lesions. Methods: The National Inpatient Sample (NIS) database, years 2016-2020, was studied using ICD 10 codes. Patients undergoing PCI for bifurcation lesions were compared to those undergoing PCI for non-bifurcation lesions, excluding chronic total occlusion lesions. We evaluated post-procedural inpatient mortality and complications. Results: PCI in patients with bifurcation lesions was associated with higher mortality and post-procedural complications. A weighted total of 9,795,154 patients underwent PCI; of those, 43,480 had a bifurcation lesion. The bifurcation cohort had a 3.79% mortality rate, and the rate in those with non-bifurcation lesions was 2.56% (OR, 1.50; Cl: 1.34-1.68; P<0.001). Upon conducting multivariate analysis, which adjusted for age, sex, race, and significant comorbidities, PCI for bifurcation lesions remained significantly associated with a higher mortality rate compared to non-bifurcation lesion PCI (OR, 1.68; 95% CI, 1.49-1.88; P<0.001). Furthermore, PCI for bifurcation lesions was associated with higher rates of myocardial infarction (OR, 2.26; 95% CI, 1.68-3.06; P<0.001), coronary perforation (OR, 7.97; 95% CI, 6.25-10.17; P<0.001), tamponade (OR, 3.46; 95% CI, 2.49-4.82; P<0.001), and procedural bleeding (OR, 5.71; 95% Cl, 4.85-6.71; P<0.001). Overall, post-procedural complications were 4 times more in patients with bifurcation lesions than in those without (OR, 4.33; 95% Cl, 3.83-4.88; P<0.001). Conclusion: Using a large, national inpatient database, we demonstrate that both mortality rates and post-procedural complication rates were significantly higher in patients undergoing PCI for bifurcation lesions than in those undergoing PCI for non-bifurcation lesions.

**Keywords:** Bifurcation, percutaneous coronary intervention, stenting, angioplasty, outcome, perforation, coronary bifurcation classification, complex coronary intervention

#### Introduction

A bifurcation lesion occurs when an atherosclerotic plaque develops in a coronary artery at the point at which a side branch deviates from the main vessel branch [1]. About 15%-20% of all percutaneous coronary interventions (PCI) involve a bifurcation lesion. Coronary artery bifurcation sites are commonly affected by atherosclerotic processes due to endothelial shear stress. Indications for coronary intervention of bifurcation lesions are similar to non-coronary bifurcation lesions. Due to the complex nature of bifurcation lesions, procedural success and outcomes are worse in comparison to other lesions, excluding chronic total occlusions (CTO) [1]. PCI of bifurcation lesions is not only technically challenging but also associated with lower procedural success rates and higher complication rates [2]. Acute procedural risks include coronary artery dissection, no-reflow, perforation, acute side branch closure, jailed wire fracture, and side branch stent embolism. Longterm risks specific to the revascularization of bifurcation lesions include higher rates of early and late stent thrombosis, which is contributed to by the increased incidence of stent underexpansion and mal-apposition, as well as a higher metallic burden in the coronary tree [3-7].

Currently, only two major bifurcation lesion classification systems are commonly used in clinical practice: The Movahed and the Medina systems [8-11]. The Medina classification system is used most commonly [9], despite it separating true bifurcation lesions into 3 unnecessary subgroups. Furthermore, the Medina system does not include important lesion characteristics such as angulation, the size of the healthy proximal segment, disease burden, length and location of the lesion. The Movahed bifurcation classification eliminates the redundancy of separating true bifurcation lesions into 3 unnecessary subgroups, while introducing additional suffixes that can be added if needed to describe any important anatomical details of a given bifurcation lesion. Furthermore, it is very easy to memorize [8, 10]. This classification is based on a system that is composed of a single prefix to which up to unlimited different suffixes can be added if desired. The description of this classification starts with the prefix B (for Bifurcation lesion) to which other suffixes can be added for a final description of a given bifurcation lesion. The true bifurcation lesions have only one description called B2 (B for bifurcation 2 meaning both bifurcation ostia have disease). If only the main branch has disease, it will be called B1m (B for bifurcation, 1m meaning only one main branch has disease) or 1s (meaning only 1 the side branch has disease). These summarize all bifurcation lesions into simple three categories called B2, B1m, and B1s lesions.

The importance of true bifurcation (B2) lesions in comparison to other non-true bifurcation lesions has been documented numerous times. In a large, randomized trial of bifurcation stenting, true bifurcation lesions (B2 lesions) were associated with a higher occurrence of myocardial infarction in comparison to lesions that have no side branch (B1m) [12]. Bifurcation angle is another important clinical feature that impacts clinical outcomes during the treatment of bifurcation lesions. By adding optional suffixes specifying bifurcation angle (V or T), the Movahed system has limitless options in describing a given bifurcation lesion. The suffix V describes shallow angles less than 70 degrees (like a V), and the suffix T describes a steep angle of more than 70 degrees (like a T). Steep angulation complicates side branch access after main branch stenting, thereby increasing the likelihood of poor outcomes [13, 14]. Furthermore, the Movahed bifurcation classification system has additional optional suffixes that can be added to describe the lesion with more specificity and accuracy, such as LM for left main, CA for calcification, and TR for thrombus-containing [15]. The major advantages of the Movahed classification in comparison to the Medina classification have been recognized and published [16-24]. Despite the risks and procedural complexity, PCI involving bifurcation lesions is not uncommon [25, 26]. Considering the well-documented complexity of bifurcation PCI, the goal of our study was to evaluate complications and mortality rates associated with bifurcation PCI using the largest available inpatient database representative of the whole US population.

## Methods

## Data source

This study's methodology was largely derived from that of the previous study conducted by Nathan et al., which considered percutaneous coronary intervention in patients with chronic total occlusion [27]. This study's patient cohort was generated using the National Inpatient Sample (NIS), Healthcare Cost and Utilization Project (HCUP), and Agency for Healthcare Research and Quality. The NIS database uses 20-25% of annual hospitalizations in the United States population [28]. NIS HCUP data is publicly available and is deidentified, thus the study was exempt from institutional review board approval.

# Study population

The NIS database years 2016 to 2020 were considered when generating the study population. The NIS database was queried, and the study population was generated, using both International Classification of Diseases, Tenth Revision, Clinical Modification (ICD-10-CM) as well as International Classification of Diseases, Tenth Revision, Procedure Coding System (ICD-10-PCS) codes. As in the previous study conducted by Nathan et al., patients having undergone percutaneous coronary intervention were identified using the ICD-10-PCS codes 027-03(4-7)Z, 02703(D-G)Z, 02703TZ, 02713(4-7)Z, 02723TZ, 02733(4-7)Z, 02723(D-G)Z, 02733TZ, 02H(0-3)3DZ, 02H(0-3)3YZ, 027(0-3)3ZZ, 02C(0-3)3Z7, 02C(0-3)3ZZ, 02F(0-3)3ZZ. This study cohort was further stratified using the ICD-10-PCS codes 02703(4-7)6, 02703(D-G,T,Z)6, 02713(4-7)6, 02713(D-G,T,Z)6, 02723(4-7)6, 02723(D-G,T,Z)6, 027-33(4-7)6, 02733(D-G,T,Z)6, and 02C(0-3)3Z6 to identify patients with a bifurcation lesion. Included were all patients older than 30 years old who had the above ICD-10 diagnosis consistent with PCI of coronary bifurcation lesions excluding PCI for chronic total occlusions (CTO). All patients under the age of 30 who had undergone CTO PCI were excluded. There were no other exclusions. Upon completion of the univariate analysis of high-risk baseline characteristics, any characteristics that were significantly different between the two populations were added to the multivariate analysis in addition to known cardiovascular risk factors.

## Study outcomes

Examined patient outcomes included mortality, myocardial infarction (197.89), contrastinduced nephropathy (N99.0), coronary perforation (197.51), procedural bleeding (197.410, 197.411, 197.610, 197.611, 197.630, 197.631), tamponade (I31.4), acute postprocedural respiratory failure (J95.821), postprocedural cerebrovascular infarction (197.821), and major adverse cardiac events. Major adverse cardiac events included any previously mentioned cardiac complication, as well as mortality. Multivariate analysis of mortality was performed in a stepwise logistic regression model adjusting for age, gender, race, and comorbid conditions that were significantly different between the two groups.

#### Statistical analysis

Patient demographic, clinical, and hospital characteristics were summarized using means and standard deviations for continuous variables, and proportions with 95% confidence intervals for categorical variables. Logistic regression was employed to assess the odds of binary clinical outcomes relative to patient and hospital characteristics, as well as the odds of clinical outcomes over time. All statistical models were adjusted for confounding. Analyses were conducted following the implementation of population discharge weights. All *p*-values were calculated as 2-sided, with a significance

level set at P<0.05. Data analysis was performed using STATA 17 (Stata Corporation, College Station, TX).

# Results

A weighted total of 9,795,154 adult patients were identified in the NIS HCUP database who underwent percutaneous coronary intervention without chronic total occlusion from 2016 to 2020. Of these patients, 43,480 had a bifurcation lesion. The average patient age was 70.12 years (Cl: 70.06-70.18), and more men (63.4%) underwent percutaneous coronary intervention for their bifurcation lesion than women (36.6%). Caucasian patients composed the majority of the study cohort (77.1%). These and other study cohort characteristics may be found in **Table 1**.

Univariate analysis demonstrated that in patients treated with percutaneous coronary intervention, those with a bifurcation lesion experienced a significantly higher rate of mortality than those without. The bifurcation group had a 3.79% mortality rate vs 2.56%, excluding CTOs (odds ratio [OR], 1.50; 95% confidence interval [CI], 1.34-1.68). Procedural complications were also significantly higher in those with a bifurcation lesion. Patients with a bifurcation lesion had significantly higher rates of myocardial infarction (OR, 2.26; 95% Cl, 1.68-3.06; P< 0.001), perforation (OR, 7.97; 95% CI, 6.25-10.17; P<0.001), procedural bleeding (OR, 5.71; 95% CI, 4.85-6.71; P<0.001), and cardiac tamponade (OR. 3.46: 95% Cl. 2.49-4.82: P<0.001) (Figure 1). Overall, these patients had higher rates of all post-procedural complications (OR, 4.33; 95% CI, 3.83-4.88; P<0.001) as well as major adverse cardiac events (OR, 2.16; 95% CI, 1.98-2.35; P<0.001).

Additionally, multivariate analysis was performed adjusting for diabetes mellitus, chronic kidney disease, age, gender, and race. Upon making these adjustments, the presence of a bifurcation lesion remained associated with a significantly higher risk of mortality when treated with percutaneous coronary intervention than in those without (OR, 1.68; 95% Cl, 1.49-1.88; P<0.001).

# Discussion

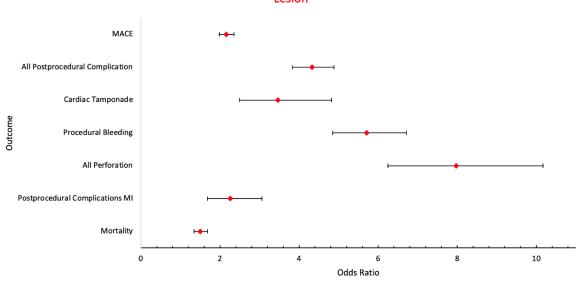
Bifurcation lesions have been reported to be involved in up to 21% of percutaneous coronary

	Total	Bifurcation	Non-Bifurcation	<i>p</i> -value
Total Population	9,795,154	43,480	9,751,674	
Age (Mean ± SD)	70.12±12.12	66.65±12.23	70.13±12.12	<0.001
Gender				<0.001
Male	63.43%	68.86%	63.40%	
Female	36.57%	31.14%	36.60%	
Race				<0.001
White	77.07%	76.14%	77.08%	
Black	10.62%	7.62%	10.64%	
Hispanic	7.07%	8.42%	7.06%	
Asian/Pac Isl	2.11%	3.20%	2.10%	
Native American	0.51%	0.94%	0.51%	
Others	2.62%	3.68%	2.61%	
Systolic Heart Failure	19.66%	24.06%	19.65%	<0.001
PCI Three Vessel	0.64%	10.17%	0.60%	<0.001
Diabetes	46.41%	41.41%	46.44%	<0.001
Chronic Kidney Disease	31.40%	23.78%	31.43%	<0.001
Hypertension	87.82%	83.13%	87.74%	<0.001
COPD	26.60%	15.34%	26.65%	<0.001
STEMI	9.09%	28.45%	9.01%	<0.001
Non-STEMI	13.66%	45.30%	13.52%	<0.001
Prior Percutaneous Coronary Intervention	81.79%	23.03%	82.07%	<0.001
History of Coronary Artery Bypass Graft	15.83%	7.57%	15.86%	<0.001
History of Anemia	0.04%	0.05%	0.04%	0.58
History of Cardiomyopathy	0.86%	0.52%	0.86%	<0.001
Previous Smokers	32.89%	26.24%	32.92%	<0.001
Current Smokers	14.43%	16.90%	14.42%	<0.001
Atrial Fibrillation/Flutter	27.29%	18.14%	27.34%	<0.001
Valvular Heart Disease	8.29%	10.36%	8.28%	<0.001
Endocarditis	0.09%	0.05%	0.09%	0.15
History of Stroke	2.47%	1.62%	2.47%	<0.001
Angina	0.06%	0.07%	0.06%	0.75

 Table 1. Characteristic of the population

intervention (PCI) procedures [29]. Our study identified 43,480 bifurcation lesion interventions between 2016 and 2020. The disparity in the prevalence of bifurcation lesions reported in the literature and that found in the NIS database is likely due to the database not capturing all classifications of bifurcation lesions. The 2021 American College of Cardiology/American Heart Association Guideline for Coronary Artery Revascularization recommends coronary artery bypass grafting over percutaneous coronary interventions in the context of complex lesions [30]. Additionally, Serruys et al. found that in 1,800 patients with three-vessel or left main coronary artery disease, PCI was associated with higher major adverse cardiac events and cerebrovascular events when compared with coronary artery bypass grafting [31].

If the choice to treat a bifurcation lesion with PCI is made, there is a significantly higher risk for adverse events compared to treating a nonbifurcation lesion [32]. This is in large part due to the increased complexity of bifurcation procedures [33]. For example, Lam et al. found that peri-procedural myocardial infarction rates were higher in patients with bifurcation lesions than in those without, in their study investigating Resolute and Xience V stents [34, 35]. Additionally, a report from the SPIRIT V single-arm study found that 30-day rates of death, myocardial infarction, and target vessel revasculariza-



Postprocedural Outcomes and Associated Odds Ratios for Patients with Bifurcation Lesion

**Figure 1.** Bifurcation lesion percutaneous coronary intervention is associated with significantly increased risk of morbidity and mortality when compared to non-bifurcation lesions.

tion were higher in patients with bifurcation lesions PCI [33]. This increase in risk was found to persist well beyond 30 days, as Grundeken et al. found increased risk of death, myocardial infarction, and target vessel revascularization at the 5-year time point [36-38].

When the results of these previous studies are compared alongside those of our study, it is clear that PCI of bifurcation lesions carries a much higher risk than non-bifurcation lesions. Our study, which is the largest retrospective analysis of PCI outcomes in patients with and without bifurcation lesions, found significantly higher rates of morbidity and complications in those with bifurcation lesions. Even after multivariate analysis, our study found that mortality was still 68% more likely in patients with bifurcation lesions. This study and those previously mentioned demonstrate that the increased risk of PCI in patients with bifurcation lesions should not be underestimated.

In the specific context of bifurcation lesions, the particular arteries involved must be considered. This is well demonstrated by Kim et al., who found that only 20% of non-left main small branches supplied greater than 10% of fractional myocardial mass [39]. Suleiman et al. specifically discussed that if only the side branch has a lesion, initial medical therapy should be first considered due to the low myocardial mass often supplied by these lesions and the risk of main vessel damage with stenting. Thus, given these findings and the increased risk of bifurcation interventional management, our study has demonstrated that special consideration should be given to the particular vessels involved in a bifurcation lesion and the myocardial mass supplied when considering the choice of treatment. PCI should be reserved for highly unstable lesions supplying significant portions of the myocardium.

A significant limitation of this study and all bifurcation studies are related to using the Medina classification system that separates bifurcation lesions into three unnecessary subgroups (1.1.1; 1.0.1; 0.1.1) without any suffixes that could further characterize a specific bifurcation lesion [9]. Using a more specific classification system, such as the Movahed classification [8], which summarizes all true bifurcation lesions into one simple category would have aided in the isolation of true bifurcation lesions and enhanced the stratification of low and high-risk bifurcation lesions [8]. Furthermore, increasing the specificity of bifurcation lesion descriptions, as is done by the Movahed classification, would have allowed for more meaningful conclusions to have been drawn regarding PCI outcomes for a variety of bifurcation lesion subtypes, increasing clinical relevance and applicability [16-24]. Thus, while our study demonstrated a very high risk associated with percutaneous coronary intervention of bifurcation lesions, the true risk is likely much lower if only non-true bifurcation lesions were evaluated, warranting future investigation.

It is important to recognize the other limitations of our study. IICD-10 coding has inherent limitations and many bifurcation lesions were most likely not coded as such. Furthermore, regarding the inability of NIS to attribute complications to specific procedures, potential misclassification of complications is another limitation of our study. Furthermore, while we consider significant medical comorbidities, the lack of follow-up data precludes the assessment of longer-term outcomes, such as quality of life metrics. Finally, as noted previously, the HCUP data structure and classification system prevented the isolation of true bifurcation lesions, limiting our results to all bifurcation lesion subgroups.

## Conclusion

Considering our study's findings and those of the previous studies discussed, a significant body of evidence now highlights the complexity and risk of choosing to treat coronary bifurcation lesions with PCI. We have demonstrated that the treatment of non-CTO bifurcation lesions with percutaneous coronary intervention is associated with significantly higher morbidity and mortality than simple single-vessel PCI. Thus, the treatment of bifurcation lesions with PCI should be more selective.

#### Disclosure of conflict of interest

None.

Address correspondence to: Dr. Mohammad Reza Movahed, Department of Clinical Medicine, University of Arizona Sarver Heart Center, 1501 N Campbell Avenue, Tucson, AZ 85724, USA. Tel: 949-400-0091; E-mail: rmova@aol.com

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