Review Article Impact of opioids and mu-opioid receptors on oncologic metastasis

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Abstract: Opioids are the most effective and widely used treatments for acute and chronic pain in patients with cancer. This review focuses on the impact of opioids and mu-opioid receptors (MORs) on the stages of oncologic metastasis. Studies have shown that opioids can facilitate tumor progression and are related to a poor prognosis in patients with cancer. As the primary receptor for opioids, MORs play a significant role in regulating malignant tumor transformation and are involved in processes, such as proliferation, angiogenesis, epithelial-mesenchymal transition (EMT), circulating tumor cells (CTCs) and the tumor microenvironment (TME). While clinical trials have investigated the relationship between opioids and patient prognosis, further research is needed to clarify the relationship between opioids, MORs and metastasis.

Keywords: Opioids, mu-opioid receptor, metastasis, cancer

Introduction

Cancer is a major public health issue and a significant contributor to the global burden of disease. According to the Centers for Disease Control and Prevention of China, there were 2.3978 million cancer-related deaths in China in 2020 [1]. Many patients with cancer experience severe, debilitating pain, which is categorized as one of the seven types of chronic painful conditions [2]. Pain, a common symptom in cancer patients, has the potential to elicit systemic inflammation and stimulate the sympathetic nervous system. This can lead to alterations within the tumor microenvironment, the stimulation of dormant tumor growth, micrometastasis, and the advancement of metastatic diseases, highlighting the urgent need to understand the role of opioids in this process [3]. Patients with severe cancer-related pain often require analgesics such as opioids, including fentanyl, morphine, oxycodone, hydromorphone, and tapentadol. These drugs, acting as mu-opioid receptor agonists, play a crucial role in managing the debilitating pain associated with cancer, highlighting the significance of our research in this field.

Cancer cells and tumor microenvironment cells also express mu-opioid receptors (MORs). Recent evidence suggests that the impact of opioids on signal transduction and the behavior of tumor niche cells is significant [4]. Over the past 20 years, numerous studies have examined the relationship between opioid use and MOR use with a potential increase in cancer metastasis. Animal and human studies have suggested that opioid drugs may affect the progression of cancer [5]. In contrast, clinically relevant doses of morphine can induce apoptosis and necrosis in human lung cancer cells [6].

Metastasis, which refers to the proliferation of cancer cells to organs that are situated far away from their original site, represents the most advanced and devastating stage of cancer. Metastasis comprises three stages, namely, dissemination, dormancy, and colonization, which can coexist and overlap over time [7]. Metastasis-initiating cells (MICs) originate from

primary tumors and acquire the ability to migrate invasively. During the transmission process, tumor cells with oncogenic mutations invade deeper tissue layers through the basement membrane and survive. Subsequent to this process, intravasation occurs into adjacent blood vessels or lymphatic systems, ultimately leading to extravasation into remote organs via mechanisms such as trans-endothelial migration, capillary disruption, migration along neuronal pathways, or direct dissemination into neighboring spaces, including the peritoneal and pleural cavities [8]. MICs have the capability to migrate either individually or collectively via the bloodstream or lymphatic vessels in the form of circulating tumor cells (CTCs). These CTCs, frequently encased by platelets, tumorderived stromal cells, or neutrophils, possess the ability to evade immune surveillance and form clusters that exhibit a heightened metastatic potential compared to single cells [9]. Despite the fact that the majority of CTCs are eliminated as a result of physical, biochemical, and immunological pressures, a portion of them become entrapped within the capillary beds of remote organs. These cells can migrate into the organ parenchyma, transforming into disseminated tumor cells (DTCs), and ultimately giving rise to new metastases. While nichespecific or systemic immune defenses eliminate most MICs a few survive, undergo reversible growth arrest, and enter a state of immune escape. These surviving MICs adapt to organspecific environments and use their tumor microenvironment (TME) to evade immune surveillance. DTCs are often undetectable by clinical imaging, leaving patients unaware of their disease. Clinical metastases arise from successful MICs, which have adapted to enable the growth and colonization of organs by exploiting regenerative, angiogenic, and immune-suppressive programs, resulting in clinically detectable metastases [7]. This leads to uncontrolled tumor growth, resulting in organ dysfunction, systemic failure, and ultimately death (Figure 1).

This review summarizes the current knowledge regarding the impact of opioids and MORs on cancer metastasis with experimental and clinical evidence.

Opioids and mu-opioid receptors

The development of opioids, a class of potent painkillers, has a rich and complex history spanning millennia. Originating from the opium poppy, opioids such as morphine were first identified and isolated for medical use in the 19th century [10]. These naturally occurring compounds, including morphine and codeine, were followed by a surge of synthetic opioids like heroin, hydrocodone, oxycodone, and fentanyl in the 20th century [10]. Opioid receptors are a large family of receptors including MORs, delta (δ)-opioid receptors (DORs), kappa (κ)-opioid receptors (KORs), and nociceptin receptors (NORs), also referred to as opioidreceptor-like receptor 1 (ORL1) [11]. Opioids exert their effects by binding to these receptors, particularly MORs in the brain, triggering the release of dopamine associated with feelings of pleasure [12], which contributes to both their analgesic and addictive properties.

MORs are key players in the body's opioid system, which is intricately involved in pain perception, emotional regulation, and addiction. MORs belong to the superfamily of G-protein-coupled receptors (GPCRs) and are predominantly expressed in the central and peripheral nervous systems, as well as in various peripheral tissues such as the gut and liver [11]. MORs initiate G-protein-dependent signaling cascades involving Gi/oα and Gβγ subunits, as well as G-protein-independent pathways which involve essential scaffolding proteins, notably β-arrestins [13]. These signaling events ultimately lead to a decreased pain perception and the promotion of euphoria. In addition to their role in pain management and addiction, MORs are implicated in a diverse range of physiological processes, including stress responses, reward processing, and immune modulation [11].

Opioid receptors in cancer cells

Functional opioid receptors are expressed in various cancer cell lines and patient samples, often showing upregulation in cancer, including esophageal cancer, colon cancer, non-small cell lung cancer (NSCLC), breast, gastric, liver, prostate, and laryngeal cancers [4, 14]. In patients with hepatocellular carcinoma or gastric cancer, positive MOR expression is associated with more aggressive tumors and shorter recurrence-free survival and overall survival compared to those without MOR expressions [15]. Studies have reported that MOR expression levels are fourfold higher in prostate cancer tissues and five- to ten-fold higher in NSCLC

Figure 1. Phases of metastasis. Initially, tumor cells undergo genetic mutations that enable them to detach from the primary site. Subsequently, these cells invade surrounding tissues, aided by enzymes that degrade the extracellular matrix. As they migrate, these cells may undergo epithelial to mesenchymal transition and enter blood or lymphatic vessels, as circulating tumor cells. Eventually, they exit the vessels at distant sites, adhere to new tissue, and proliferate, forming secondary tumors. This process is facilitated by interactions with the host immune system and the tumor microenvironment.

tissues than in healthy tissues [16, 17]. MORenriched NSCLC cells showed a 2.5-fold increase in tumor volume and a 20-fold greater metastatic growth in nude mice compared to vector control cells [18]. In breast cancer, compared to the propofol-paravertebral anesthetic technique, the use of general anesthesia combined with opioid analgesia has been associated with raised MOR expression in resected tumor [19]. Clinical studies showed mixed results regarding the impact of opioid exposure on cancer outcomes: some found a correlation between increased opioid use and reduced overall survival (OS) and progression-free survival (PFS), whereas others reported no significant effect [4].

MORs can activate signaling pathways in cancer cells. Activation of MORs promotes crosstalk with the epidermal growth factor receptor (EGFR), leading to increased proliferation in vitro via the phosphorylation of MAPK, ERK, and AKT [20]. MOR agonists also promoted the epithelial-mesenchymal transition (EMT) of bladder cancer cells by activating the MOR/ PI3K/AKT/Slug signaling pathway [21]. One research demonstrated that the interaction between MORs and EGFR recruits GAB1, a

scaffolding protein, and Src, a tyrosine kinase. Src's phosphorylation and activation enable GAB1 to serve as a platform for various downstream signaling molecules, including phosphatidylinositol 3-kinase (PI3K) [22]. When MORs are inhibited by an antagonist, the GAB1- Src complex cannot activate PI3K by phosphorylation. This inhibition affects the phosphorylation of PI3K, which in turn regulates AKT and STAT3, proteins crucial for proliferation, migration, and EMT [22]. Opioid receptor levels increase during angiogenesis, decrease vascular endothelial growth factor (VEGF) production, and alter cell-to-cell adhesion upon morphine administration [4]. Overexpression of opioid receptors leads to poor prognosis and a higher incidence of tumors.

Opioids suppress immunity through MORs and interact with tumor microenvironment cells, thereby affecting cancer progression. In vivo, opioid alkaloid (morphine, diamorphine) experiments and in vitro cell culture with these drugs revealed immunosuppressive effects. The specificity of this immunosuppression to MORs has been confirmed using pharmacological antagonists and studies with MOR-deficient mice [23]. Stromal and immune cells within the TME, including macrophages, neutrophils, and lymphocytes, also express of opioid receptors [13]. For instance, Toll-like receptor 4 (TLR4), a key innate immune receptor, enhances cancer invasion and fosters inflammation yet aids in cancer cell elimination post-treatment. Opioids weakly activate TLR4 and modulate its activation by natural ligands, complicating their net effects on cancer progression [24]. Naltrexone, an opioid antagonist, may reduce tumor growth at low doses by interfering with cell signaling and modifying the immune system [25].

How opioids could contribute to cancer metastasis

The role of opioid and mu-opioid receptors in proliferation

Undoubtedly, the fundamental characteristics of cancer cells are their persistence and longterm proliferation ability [26]. For visible tumors to form, cancer cells must have the potential for unlimited proliferation [26]. The increased expression of opioid receptors leads to the hypothesis that these cancers may also take advantage of opioid-induced proliferative signaling [27]. In hepatocellular carcinoma, cell lines overexpressing MORs show enhanced cell growth and metastasis, similar to the effects observed in morphine-treated nontransfected control cells, whereas downregulation of MORs using siRNA or a MOR antagonist suppresses cell proliferation, migration, and invasion [28]. The MORs in breast cancer are indirectly related to Ki-67 in nodal metastasis [29], and MORs antagonists inhibit breast cancer proliferation [30]. Morphine has been shown to increase cisplatin resistance by increasing the Bcl-2/Bax ratio and decreasing caspase-3 activity in nasopharyngeal cancer [31]. Silencing MORs significantly suppress cell proliferation in colorectal cancer (CRC) cell lines [32]. Fentanyl activates ovarian cancer by stimulating EGFR signaling pathways in an opioid mu-receptordependent manner [33].

Other studies have reported contrasting effects of distinct opioids. For instance, butorphanol, a partial agonist of the κ-opioid receptor, exerts its inhibitory effect on the proliferation and migration of osteosarcoma cells by enhancing the expression of the piRNA hsa_ piR_006613 [34]. Sufentanil inhibits the proliferation, migration, invasion, and EMT of lung cancer cells by regulating the Wnt/β-catenin signaling pathway [35]. Additionally, fentanyl administration decreased the number of cancer stem cells in pancreatic cancer cells, reduced the expression of stem cell markers and increased the expression of apoptosisrelated genes [36].

Opioids affect cancer cell EMT

MORs mediate EMT via the PI3K/AKT signaling pathway, whereas silencing MORs significantly suppress EMT, as well as reduce cell proliferation, migration, and invasion [32]. Opioid treatment resulted in the downregulation of E-cadherin and increased expression of EMT markers in breast cancer [37]. Fentanyl upregulated FUT8 expression, which increased α1,6 fucosylation levels through activation of the Wnt/β-catenin signaling pathway and induced stemness and EMT in breast cancer cells [38]. MORs overexpression in human lung cancer cells increases levels of snail, slug and vimentin while decreasing levels of ZO-1 and claudin-1, which are consistent with an EMT phenotype [22]. MORs overexpression in hepatocellular carcinoma cell lines enhance proliferation,

migration, and invasion [39]. In addition, morphine increased the expression of RhoA, activated the AMP-activated protein kinase (AMPK) pathway, and induced EMT by upregulating Snail and Slug levels in esophageal carcinoma cells [40]. The low-dose MORs antagonist naltrexone suppressed migration, invasion, proliferation, and promoted apoptosis in HeLa cells in vivo by reducing the number of tumor-associated macrophages [41]. Fentanyl concentrations of 50 and 250 nM significantly increased the migration of NSCLC cell lines [42].

The impact of opioids on cancer cell migration and invasion remains controversial and debatable. Naltrexone, a MOR antagonist, reduces the expression of epithelial markers and increases the expression of mesenchymal markers and EMT-inducing transcription factors, leading to a shift in the morphological phenotype of bladder cancer cells towards a mesenchymal phenotype [43]. In contrast, the combination of sufentanil and parecoxib sodium inhibited the progression of HER2-positive breast cancer cells by affecting cell proliferation, the migration, invasion, cell cycle, and angiogenesis while also regulating EMT [44]. Additionally, sufentanil inhibits EMT in esophageal and breast cancers by modulating the NF-κB and Snail signaling pathways [45, 46].

Angiogenesis

Angiogenesis is regulated by various factors, and the role of MORs on tumor angiogenesis is being increasingly recognized. Morphine, fentanyl, and oxycodone exhibit dose-dependent enhancement of endothelial cell tube formation and proliferation, with morphine specifically stimulating angiogenesis through the activation of MAPK pathways [47]. Morphine has been employed as a preferred opioid for eliciting opioid receptor-independent angiogenesis, involving the activation of VEGF receptors (VEGFRs), ultimately facilitating the process of blood vessel formation [48]. Upregulation of MORs produces nitric oxide (NO) by enhancing calcium concentrations within vascular endothelial cells [49]. NO contributes to endothelial cell proliferation, vascular permeability, migration, and protease release [50]. Moreover, it has been demonstrated that morphine stimulates c-Src-dependent VEGFR transactivation in endothelial cells in an opioid receptor-independent manner, promoting cell proliferation and migration [51]. Morphine can inhibit TSP-1 secretion, thereby promoting tumor angiogenesis and metastasis through the PI3K/Akt/c-Myc pathway [52]. In a breast cancer xenograft mouse model, long-term subcutaneous morphine injections enhanced neo angiogenesis [53] and increased tumor angiogenesis through cytokine release and mast cell activation [54]. Fentanyl also stimulates tumor angiogenesis through activation of the early stages of vascular network assembly in human lung tumorassociated endothelial cells [42].

In some reports, opioids have been shown to inhibit angiogenesis. For instance, butorphanol, a synthetic opioid, exerts antiangiogenic and antimetastatic effects on hepatocellular carcinoma and induces the inactivation of MAPK signaling [55]. After chronic systemic application of morphine, the vascularization of Matrigel plugs containing lipopolysaccharide or the angiogenic factors VEGF and FGF is impaired [56]. Morphine inhibits tumor angiogenesis through the HIF-1α-p38-MAPK pathway [57]. The KOR also impedes angiogenesis by suppressing VEGF expression in endothelial cells, thereby delaying tumor-associated blood vessel growth [58]. In melanoma and lung tumor mouse models, κ-receptor knockout mice exhibited increased angiogenesis compared to their wild-type counterparts [59]. In breast cancer, KOR may function as a tumor suppressor by inhibiting angiogenesis [60]. However, the mechanisms underlying KOR's inhibition of angiogenesis remain to be fully examined, and further research is necessary.

Opioids affect CTCs

CTCs are released from primary and/or metastatic tumors into the bloodstream, with the ultimate goal of seeding metastases at distant sites, and they serve as crucial components in determining cancer prognosis [9]. Despite their importance, research on the impact of opioid therapy on CTCs is limited. Studies have demonstrated that CTCs are independently associated with increased tumor metastasis and reduced OS [61]. Moreover, mu-opioid receptor agonists promoted bladder cancer metastasis by facilitating CTC formation both in vitro and in vivo. This effect is at least partly due to the activation of the MOR/PI3K/AKT/Slug signaling pathway [21].

Opioids affect the tumor microenvironment

The TME encompasses the intricate microenvironment surrounding tumor cells, comprising neighboring blood vessels, immune cells, fibroblasts, bone marrow-derived inflammatory cells, an array of signaling molecules, and the extracellular matrix (ECM) [62]. The TME plays a critical role in promoting tumor cell proliferation and angiogenesis, inhibiting apoptosis and immune system suppression, and contributing to drug resistance [62]. Opioids have consistently been shown to exhibit immunosuppressive effects, compromising both innate immune responses (including neutrophil and macrophage phagocytosis, natural killer (NK) cell cytotoxic activity, chemotaxis, as well as the production of cytokines and chemokines) and adaptive immune responses (including T and B cell proliferative responses to mitogens, cytokine production, modulation of regulatory T cells, and the formation and secretion of antibodies) [63].

MORs are expressed in various immune cells [64]. Opioids predominantly exert immunosuppressive effects on immune cells within the TME [65], including NK cell activity [66], T and B-cell responses to mitogens [67], neutrophil and macrophage phagocytosis, and cytokine expression, all of which contribute to accelerated tumor progression [65]. Morphine can activate the D1 dopamine receptor and stimulate neuropeptide Y secretion, thereby inhibiting splenic NK cell cytotoxicity by binding to peripheral Y1 receptors [68]. Additionally, the proliferation of T lymphocytes was inhibited in mice following 48 to 72 hours of morphine pellet implantation, indicating morphine's suppressive effect on T lymphocyte function [68]. Morphine also decreases B-cell proliferation through the actions of IgM and interleukin-4 (IL-4) [69], and increases the expression of the inhibitory checkpoint protein PD-L1 in nonsmall cell lung cancer, mediated via TLR4, thus promoting tumor immune escape [63]. Furthermore, opioids can alter or reduce immune cell infiltration into the TME [65].

Activated inflammatory cells release multiple inflammatory mediators and molecules, such as TNF-α, IL-2, and IL-6, which alter the TME, making it more conducive to malignant tumor progression [70]. Morphine promotes tumor

progression by inhibiting the release of IL-4 and macrophage activity in mice [71]. Opioids also stimulate mast cell activation, resulting in the release of inflammatory cytokines, neuropeptides such as substance P (SP), and tryptase [72]. Mast cells play a role in modulating the TME and facilitating metastasis via c-Kit [73]. NF-κB is the key regulator of cancer-associated inflammation in both nonmalignant cells (e.g., tumor-associated macrophages) and cancer cells, and the NF-κB pathway can be sustainably activated by opioids, accelerating the transformation of normal cells into tumor cells [74]. In the clinic, high-dose intraoperative opioid administration has been associated with an increased neutrophil-to-lymphocyte ratio and a decreased lymphocyte-to-monocyte ratio, which are inflammatory biomarkers, in postoperative patients with glioma [75]. In patients who underwent gastric cancer surgery, IL-6, IL-10, and sIL-2R levels increased 24 h postsurgery in the morphine patient-controlled intravenous analgesia group compared to those receiving tramadol alone or tramadol combined with lornoxicam [76].

However, there are distinct opinions regarding this matter. Long-term administration or high doses of morphine may inhibit malignant tumor progression through the cAMP-PKA-NFκB cascade [77]. For instance, morphine was shown to reduce IL-1α and IL-6 in oral epithelial cells after ionizing radiation, providing protective and anti-inflammatory effects on damaged cells [78]. Additionally, intraperitoneal injection of morphine in mice resulted in decreased levels of matrix metalloproteinase 9 (MMP-9) and inhibited TIMP-1, TIMP-3 and TIMP-4, reduced the invasion and chemotactic potential of endothelial cells [79]. MMPs play a role in matrix degradation, angiogenesis, embryogenesis, wound healing, and tumor progression by promoting tissue remodeling [80].

Clinical

Numerous studies have demonstrated a link between MORs expression and tumor progression. Since these initial studies, many clinical studies have evaluated the effect of opioids on the prognosis of patients with cancer. A pan-cancer genomic analysis including 7274 patients indicates that MORs mRNA overexpression is associated with poor prognosis and

poor response to PD-L1 therapy [81]. Moreover, various patient characteristics, such as disease type, opioid agonist type, agonist efficacy, cancer stage, analgesia duration, and disease severity, strongly influence clinical results, as shown in Table 1.

In a clinical trial involving patients with bladder cancer patients conducted in June 2020, researchers compared the total epithelial CTCs in two groups: one receiving combined generalepidural anesthesia (GA+E) with only a minimal dose of MORs agonists during anesthesia induction and the other receiving general anesthesia (GA) group. These findings indicated that on the 3rd day after surgery, the GA+E group had significantly fewer CTCs compared to the GA group, and this difference persisted one month after surgery [21]. The decline in CTC numbers at various time points, immediately after surgery, on the 3rd day post-surgery, and 1 month post-surgery, was notably more pronounced in the GA+E group than in the GA group in most cases [21]. This research indicated that perioperative opioid administration was found to stimulate the formation of CTCs in patients with bladder cancer undergoing surgical procedures.

Other articles have provided substantial evidence of the tumor-promoting effect of opioids on cancer biology. MORs have been identified as independent predictors of poor disease-free survival and OS in patients with laryngeal squamous cell carcinoma [28]. A retrospective analysis of patients with advanced prostate cancer showed increased MOR expression, with chronic systemic opioid treatment linked to poor progression-free survival and OS [17]. In another study used 180 paraffin-embedded samples of paired tumors and normal tissues from CRC patients to explore the expression levels of MORs by immunohistochemistry (IHC) and revealed that MORs exhibit significantly higher expression in tumors compared with paired normal tissues. MOR expression level has been associated with tumor differentiation and regional lymph node metastasis [32]. A significant difference was found in OS between patients with low- and high-MORs expression, especially in patients with TNM stage III or IV CRC [32]. In addition, chronic opioid use may increase the risk of secondary breast cancer events in patients with early-stage breast cancer [82].

However, other studies have reported contradictory finding. Patients who underwent esophageal gastrectomy showed improved survival and decreased recurrence time with opioid analgesia for gastroesophageal cancer [83]. Similarly, acute morphine use during surgery significantly reduces cancer recurrence in patients with breast cancer [84]. A systematic review of the literature revealed no conclusive evidence suggesting that avoiding opioids would minimize the risk of recurrence in patients with colorectal cancer [85].

Conclusion and future directions

Although preclinical studies are crucial for modeling complex biological systems and understanding in vivo tumor pathology and further researches are needed to elucidate the effect of opioids and MORs on metastasis. Opioids remain a primary treatment for cancer-related pain and are commonly used during cancer surgery. However, their potential tumor-promoting effects cannot be overlooked. Additional research is needed to clarify the indirect and direct mechanisms through which opioids and MORs influence oncologic metastasis. Clinical trials are essential to assess the effectiveness of targeted MORs therapies in cancer treatment, with the aim of lowering morbidity and mortality rates as well as enhancing overall quality of life.

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Opioids and metastasis

Table 1. Clinical research about MOR, opioids, and outcome

GA: general anesthesia. GA+E: general-epidural anesthesia. CTCs: circulating tumor cells. OS: overall survival. RFS: recurrence free survival. DFS: disease-free survival. NSCLC: non small-cell lung cancer.

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Disclosure of conflict of interest

None.

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