

Review Article

Integrin $\alpha 5\beta 1$ in head and neck squamous cell carcinoma: expression, mechanisms, and clinical implications

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Abstract: Head and neck squamous cell carcinoma (HNSCC) represents a significant global health challenge associated with high mortality. A major obstacle in its management is therapeutic resistance, which limits the efficacy of existing treatment modalities. Altered expression of integrins, a family of cell adhesion receptors, has been shown to influence tumor proliferation, migration, and invasion. Among them, integrin $\alpha 5\beta 1$, a member of the RGD (Arg-Gly-Asp)-recognizing integrin subfamily, has emerged as a potentially critical mediator of HNSCC progression and therapeutic resistance, according to a growing body of research. In this review, we assess the evidence regarding the aberrant expression of integrin $\alpha 5\beta 1$ in HNSCC, with a particular focus on common subtypes such as oral squamous cell carcinoma (OSCC), nasopharyngeal carcinoma (NPC), and laryngeal squamous cell carcinoma (LSCC). We then summarize its potential value as a diagnostic and prognostic marker. Furthermore, we discuss the molecular mechanisms that regulate integrin $\alpha 5\beta 1$ and its downstream signaling, especially in the context of therapy resistance. Finally, we outline the potential clinical applications and future research directions related to targeting integrin $\alpha 5\beta 1$. Collectively, this paper aims to synthesize the current knowledge of integrin $\alpha 5\beta 1$ in HNSCC, providing a foundation for the development of personalized, tumor-specific diagnostic tools and targeted therapies.

Keywords: Integrin $\alpha 5\beta 1$, head and neck squamous cell carcinoma, prognostic indicator, therapy resistance, target

Introduction

Head and neck squamous cell carcinoma (HNSCC) is a serious global health issue. According to recent estimates from GLOBOCAN, HNSCC accounts for approximately 890,000 new cases and 450,000 deaths annually [1]. This malignancy arises from the squamous epithelium of the upper aerodigestive tract and includes several subtypes based on anatomical location, the most prevalent of which are oral squamous cell carcinoma (OSCC), nasopharyngeal carcinoma (NPC), and laryngeal squamous cell carcinoma (LSCC). Due to the aggressive nature of HNSCC, a significant number of patients present with locally advanced or metastatic disease at diagnosis [2]. The standard management for HNSCC typically involves a combination of surgery, radiotherapy, chemotherapy, immunotherapy, and targeted therapy.

However, treatment outcomes are often compromised by both the aggressive clinical course and the development of therapeutic resistance. Consequently, the five-year overall survival rate for patients with advanced-stage disease remains below 50%. This clinical challenge underscores the urgent need for novel biomarkers and therapeutic targets.

Integrins are a family of transmembrane receptors that play important roles in oncogenesis and cancer progression [3]. Although several integrins (e.g., $\alpha v\beta 3$, $\alpha v\beta 5$, $\alpha v\beta 8$) have been implicated in HNSCC, emerging evidence suggests that integrin $\alpha 5\beta 1$, in particular, shows a consistent association with advanced tumor stage and unfavorable clinical outcomes [4, 5]. Furthermore, studies indicate that integrin $\alpha 5\beta 1$ may promote epithelial-mesenchymal transition (EMT), tumor invasion, and therapeutic

tic resistance [6, 7]. As a transmembrane protein, integrin $\alpha 5\beta 1$ primarily binds to fibronectin in the extracellular matrix (ECM) through its recognition of the RGD (Arg-Gly-Asp) motif. This interaction can trigger downstream signaling cascades, including the focal adhesion kinase (FAK), Src, and PI3K/Akt pathways. In addition to its canonical RGD-dependent interactions, integrin $\alpha 5\beta 1$ can also bind other extracellular ligands through non-RGD-dependent mechanisms. This dual binding capability distinguishes it from some other integrins and may contribute to its diverse functions in HNSCC.

In this review, we first outline the structure, ligands, and biological functions of integrin $\alpha 5\beta 1$. We then examine its aberrant expression in HNSCC and its relevance to prognosis. Moreover, we discuss the regulatory mechanisms governing integrin $\alpha 5\beta 1$ function. Finally, we summarize its potential clinical applications and current limitations. This review aims to establish a conceptual framework that supports future investigations and the therapeutic exploration of integrin $\alpha 5\beta 1$ in HNSCC.

Overview of integrin $\alpha 5\beta 1$

Integrin $\alpha 5\beta 1$ is a member of the RGD-recognizing integrin subfamily, a class of heterodimeric transmembrane receptors. It is composed of an $\alpha 5$ (CD49e) subunit and a $\beta 1$ (CD29) subunit, which are encoded by the ITGA5 (chromosome 12q11) and ITGB1 (chromosome 10p11.2) genes, respectively. Both gene loci are highly conserved across vertebrates. The structure of the $\alpha 5\beta 1$ heterodimer consists of a β -propeller domain in the $\alpha 5$ subunit that binds non-covalently to the $\beta 1$ domain of the $\beta 1$ subunit in a Ca^{2+} -dependent manner. The extracellular portion of the receptor contains multiple domains, including the thigh and β -propeller domains of $\alpha 5$ and the PSI, hybrid, $\beta 1$, and EGF-like domains of $\beta 1$, which collectively mediate ligand binding [8]. The cytoplasmic tails of both subunits connect to the intracellular cytoskeleton and various signaling molecules, such as focal adhesion kinase (FAK) and Src kinases, enabling bidirectional signal transduction. The binding of ligands to integrin $\alpha 5\beta 1$ is critically dependent on metal ions. For instance, the Asp154 residue in the $\alpha 5$ subunit has a specific affinity for Ca^{2+} , which helps stabilize the metal ion-dependent adhesion site (MIDAS) in the $\beta 1$ domain.

Ions such as Mg^{2+} and Mn^{2+} can also synergistically regulate the conformational state of integrin $\alpha 5\beta 1$, thereby modulating its affinity for ligands.

Integrin $\alpha 5\beta 1$ is best known as a classical receptor for proteins containing the RGD motif, with fibronectin being its primary ligand. The RGD-dependent binding of other proteins, such as fibrinogen, to $\alpha 5\beta 1$ can be enhanced under Mn^{2+} -rich conditions, highlighting the conserved role of the RGD motif in this interaction [9]. While these fundamental mechanisms are broadly applicable, their relevance to the HNSCC tumor microenvironment (TME) is an area of active investigation. For example, in some cancer models, FAP⁺ cancer-associated fibroblasts (CAFs) have been shown to secrete fibronectin 1, which binds to integrin $\alpha 5\beta 1$ on macrophages, activating the FAK-AKT-STAT3 pathway and promoting an M2-like immunosuppressive polarization [10]. Although not yet demonstrated directly in HNSCC, such a mechanism could potentially contribute to the immune-evasive TME characteristic of this disease. Beyond matrix proteins, the urokinase receptor (uPAR) can form a ternary complex with its ligand uPA and integrin $\alpha 5\beta 1$, which has been reported to activate ERK/MAPK signaling and influence the balance between tumor dormancy and proliferation in various cancer types [11, 12]. The function of integrin $\alpha 5\beta 1$ is also subject to negative regulation. For instance, Fbln7-C can bind to activated integrin $\alpha 5\beta 1$ and displace the ligand from its binding site, leading to receptor inactivation [13]. Additionally, the metalloproteinase ADAM17 can form a cis-association with integrin $\alpha 5\beta 1$, which is enhanced by the tetraspanin CD9, to maintain the integrin in an inactive state and suppress its-mediated cell adhesion and exosome uptake [14, 15].

In addition to the canonical RGD-dependent interactions, a range of non-RGD-dependent ligands for integrin $\alpha 5\beta 1$ have been identified, primarily in non-HNSCC contexts. These interactions, while not yet fully characterized in HNSCC, suggest additional layers of functional complexity that may be relevant. For example, soluble VEGFR-1 has been shown to promote the adhesion and chemotaxis of endothelial and tumor cells by binding to integrin $\alpha 5\beta 1$ [16]. The EC2 domains of tetraspanins can bind to an allosteric site on integrin $\alpha 5\beta 1$, dis-

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Table 1. Ligands and functions of integrin $\alpha 5\beta 1$ in pan-cancer

Category	Ligand	Binding Motif	Functions	Ref.
ECM Proteins	Fibrinogen	RGD	Regulating cell adhesion and migration	[8, 9]
	Fibronectin	RGD	Triggering FAK-AKT-STAT3 signaling and facilitating cell invasion and metastasis	[10, 20]
	Tenascin-C	Non-RGD	Inhibiting cytoskeletal remodeling	[21]
Cell Surface Receptors	uPAR	RGD	Inducing cell adhesion, migration, and intracellular signaling	[11, 12]
	CD44	Non-RGD	Regulating cell adhesion	[22]
	CD9, CD81, and CD151	Non-RGD	Regulating cell adhesion	[17]
	CD154	Non-RGD	Stimulating intracellular signaling and promoting survival of malignant T cells	[18, 23]
Secreted Factors	VEGFR-1	Non-RGD	Stimulating cell adhesion and chemotaxis	[16]
	ANGPT2	Non-RGD	Mediating vascular remodeling and tumor metastasis	[24]
	IGFBP2	Non-RGD	Regulating cell adhesion and migration	[25]
Enzymes/Proteases	ADAM17	RGD	Regulating cell adhesion and mediating the binding and uptake of exosomes	[14, 15]
TGF β Superfamily	T β RIII	Non-RGD	Regulating integrin $\alpha 5\beta 1$ localization and cell adhesion	[26]
Other ECM Modulators	Fbln7-C	RGD	Regulating cell adhesion and immunological function	[13]

tinct from the RGD-binding site, to modulate its activation [17]. Furthermore, studies using Jurkat T-cell models have demonstrated that soluble CD154 can bind to integrin $\alpha 5\beta 1$, leading to the activation of PI3K/Akt and MAPK signaling pathways and subsequent inhibition of Fas-mediated apoptosis [18, 19]. While these findings originate from immune cell models, they raise the possibility that similar non-canonical interactions could influence the survival and behavior of tumor or immune cells within the HNSCC microenvironment. A summary of key ligands and their functions, derived from pan-cancer studies, is provided in **Table 1**.

Integrin $\alpha 5\beta 1$ in HNSCC

Expression and potential prognostic significance

The aberrant expression of integrin $\alpha 5\beta 1$ has been associated with poor prognosis in HNSCC, although much of the current evidence is derived from transcriptomic analyses and pre-clinical models rather than prospective clinical validation. In a systematic review of 63 HNSCC transcriptomic studies, the integrin signaling pathway was identified as highly enriched, with ITGA5 emerging as a potential hub gene [27].

Bioinformatic analysis of RNA-seq data also indicated that ITGA5 is highly expressed in HPV-positive HNSCC [28]. A study by Feng et al. conducted a comparative analysis of several integrin subunits in HNSCC, revealing that among ITGA3, ITGA5, and ITGA6, higher expression of ITGA5 showed the strongest correlation with poor clinical outcomes, particularly in patients with advanced-stage tumors [4]. Consistent with these findings, ITGA5 has been incorporated as a component of various multi-gene prognostic models, such as the neural-related gene risk score (NRGRS), where a higher score is often associated with worse prognosis [29-33].

Similarly, elevated expression of the $\beta 1$ subunit (ITGB1) has been significantly associated with a high T classification and poor prognosis in some HNSCC cohorts [34, 35]. However, it is important to interpret these findings with caution. The $\beta 1$ subunit is a promiscuous pairing partner, forming heterodimers with at least twelve different α subunits. Therefore, the prognostic significance of ITGB1 expression may reflect the combined effects of multiple $\beta 1$ -containing integrins (e.g., $\alpha 3\beta 1$, $\alpha 6\beta 1$) and not exclusively the $\alpha 5\beta 1$ heterodimer. Distinguishing the specific contribution of the $\alpha 5\beta 1$ pair

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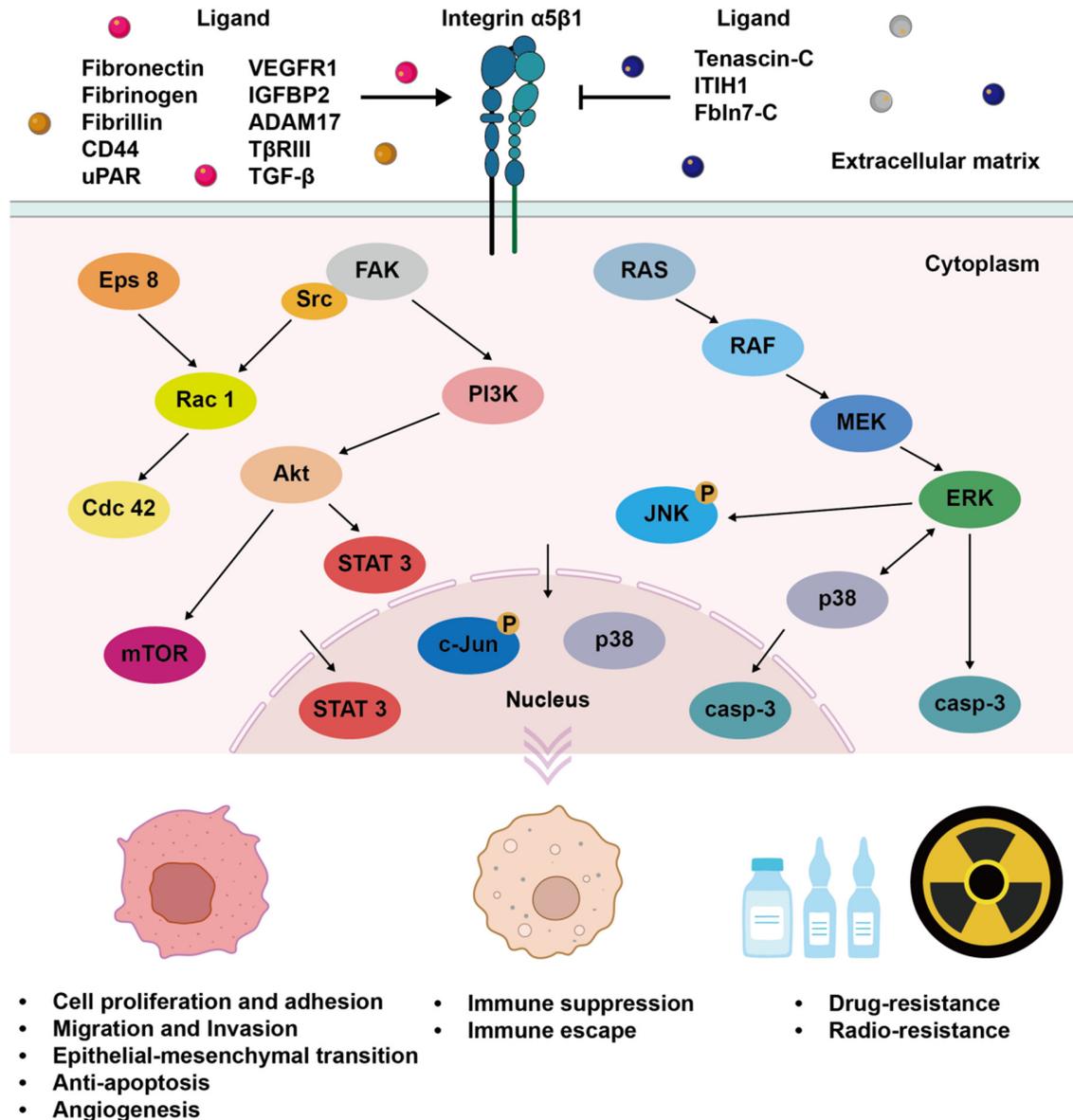


Figure 1. Integrin $\alpha 5\beta 1$ -mediated signaling network driving tumor progression and therapeutic resistance. Integrin $\alpha 5\beta 1$ binds to ligands such as fibronectin (FN1) and fibrinogen, activating key signaling pathways including FAK/PI3K/Akt, MAPK/ERK, and mTOR, thereby driving tumor phenotypes and therapy resistance.

from other $\beta 1$ -family integrins remains a key challenge and requires further investigation. Therefore, further analysis is needed to explore the impact of integrin $\alpha 5\beta 1$ on tumor phenotypes and its underlying regulatory mechanisms.

Integrin $\alpha 5\beta 1$ -mediated tumor phenotypes and associated molecular mechanisms

Integrin $\alpha 5\beta 1$ appears to regulate multiple tumor-associated phenotypes in HNSCC by

interacting with various receptors and modulating downstream signaling pathways (**Figure 1**). For instance, the urokinase plasminogen activator (uPA) system, which has been linked to tumor progression, includes ITGA5 as a significantly associated gene, and its activity has been shown to promote proliferation, migration, and EMT in HNSCC cells [36]. The RAP1/RAC1 signaling axis, which is involved in regulating the balance between cell-matrix adhesion and migration, has also been shown to function downstream of integrin $\alpha 5\beta 1$ [37]. In

one study, the oncoprotein ACTN1 was found to interact with ITGA5, and this interaction was associated with enhanced proliferative, invasive, and migratory abilities of HNSCC cells; the effects of ACTN1 depletion were reportedly rescued by ITGA5 overexpression in vitro and in vivo [38]. Furthermore, adipocytes have been suggested to enhance resistance to anoikis - a form of programmed cell death - through the overexpression of ITGA5 in HNSCC cells [39].

Several downstream signaling pathways have been implicated in these integrin $\alpha 5\beta 1$ -mediated phenotypes. Hypoxia-induced upregulation of TNS4 has been reported to stabilize the integrin $\alpha 5\beta 1$ complex, which in turn leads to FAK phosphorylation and subsequent enhancement of PI3K/Akt and TGF- β signaling [40]. Similarly, the interaction between collagen I and integrin $\alpha 5\beta 1$ has been shown to activate PI3K signaling, thereby suppressing apoptosis and promoting the survival of HNSCC cells under therapeutic stress [41]. The long non-coding RNA LNCOG has also been suggested to promote HNSCC progression by upregulating ITGA5 expression and enhancing ITGA5-mediated FAK/PI3K signaling [42]. In addition to FAK-dependent pathways, integrin $\alpha 5\beta 1$ can interact with uPAR to regulate the ERK/p38 MAPK balance, which may influence the switch between tumor dormancy and proliferation [11]. Collectively, these studies suggest that integrin $\alpha 5\beta 1$ may exert its oncogenic effects through the FAK-dependent activation of multiple downstream pathways, including PI3K/Akt, ERK/MAPK, and TGF- β signaling. However, the precise mechanisms and their context-dependency in HNSCC require further elucidation.

Role in oral squamous cell carcinoma (OSCC)

In OSCC, aberrant expression of integrin $\alpha 5\beta 1$ has been linked to aggressive tumor behavior and poor outcomes. Studies have reported that ITGA5 is highly expressed in OSCC tissues and in cell lines such as HO1-N-1 and SCC-9 [43]. In some patient cohorts, elevated ITGA5 expression levels have been associated with reduced overall survival [44]. Similarly, ITGB1 expression has been reported to be significantly elevated in primary tumors and metastatic lesions compared to normal oral mucosa [45, 46], and its expression has been positively

correlated with advanced clinical stage [47]. A systematic review and meta-analysis also suggested that ITGB1 expression is upregulated in oral submucous fibrosis that progresses to OSCC [48]. However, it is crucial to note that because the $\beta 1$ subunit can form heterodimers with multiple α subunits, the observed correlations between ITGB1 expression and clinical parameters may not be exclusively attributable to the $\alpha 5\beta 1$ integrin and could reflect the broader activity of the $\beta 1$ integrin family.

Integrin $\alpha 5\beta 1$ has been implicated in several malignant phenotypes of OSCC, including migration, invasion, and EMT. For example, Rac1 activation, which promotes cell migration and invasion, has been shown to be dependent on both integrin $\alpha 5\beta 1$ and $\alpha v\beta 6$ in OSCC cells [49]. The process of EMT, a key driver of tumor progression, appears to be a recurrent theme in studies involving integrin $\alpha 5\beta 1$. ITGA5 has been identified as a gene potentially involved in the malignant transformation of oral submucous fibrosis to OSCC, partly through the regulation of EMT [50]. In established OSCC, ITGA5 has also been suggested to promote cell proliferation, migration, and invasion, with associated changes in EMT markers [44]. Rather than a simple linear process, these findings suggest a complex interplay where integrin $\alpha 5\beta 1$ signaling, in response to cues from the tumor microenvironment, contributes to the dynamic cellular changes characteristic of EMT. This is further supported by findings that the RUNX1/miR-429 feedback loop may drive tumor growth and metastasis by targeting ITGB1 and inducing EMT [51].

Mechanistically, these effects appear to be mediated through the activation of downstream signaling cascades. Inhibition of ITGA5 or ITGB1 has been shown to decrease the phosphorylation of key signaling nodes such as FAK, ERK, and MAPK [52]. Specifically, knock-down of ITGA5 has been reported to inhibit the phosphorylation of PI3K, AKT, and ERK [43], as well as c-Jun N-terminal kinase (JNK) [53]. Similarly, PLOD2-mediated activation of ITGB1 was shown to stimulate FAK and Src phosphorylation, leading to increased cell invasion and metastasis [54]. These studies collectively highlight integrin $\alpha 5\beta 1$ as a potential signaling hub in OSCC.

Role in nasopharyngeal carcinoma (NPC)

In NPC, studies have reported the overexpression of both ITGA5 and ITGB1 in tumor tissues and cell lines compared to non-malignant controls, as determined by RNA-seq, RT-qPCR, and immunohistochemistry [55]. However, direct clinical studies correlating the expression of the $\alpha 5\beta 1$ heterodimer with patient prognosis in NPC are currently lacking.

Integrin $\alpha 5\beta 1$ has been shown to mediate various malignant phenotypes in NPC cell models. As a primary fibronectin receptor, it is involved in cell migration and adhesion [56, 57]. Fibronectin-induced migration of NPC cells has been linked to integrin $\alpha 5\beta 1$ -mediated Src-Rac1/Cdc42 stimulation, while its effect on proliferation has been associated with HIF-1 α /TGF- $\beta 1$ -Akt signaling [58]. Extracellular vesicles modified by the Epstein-Barr virus (EBV) oncoprotein LMP1 have been reported to increase the expression of integrin $\alpha 5\beta 1$ in recipient cells, thereby stimulating adhesion, migration, and invasion through ECM remodeling [59].

The regulation of EMT in NPC has also been linked to integrin $\alpha 5\beta 1$. One study suggested that miR-9-3p acts as an upstream negative regulator, and that integrin $\alpha 5\beta 1$ is a direct modulator of cadherin switching (repressing E-cadherin and inducing N-cadherin) and vimentin upregulation [60]. Other work has shown that inhibition of FN1, ITGA5, and ITGB1 expression suppresses EMT-like changes [61]. Furthermore, the transcription factor E2F7, in collaboration with RUNX1, was found to transactivate ITGA2, ITGA5, and NTRK1, subsequently amplifying Akt signaling [62]. Overall, while these preclinical studies provide a foundation, the regulatory mechanisms and clinical significance of integrin $\alpha 5\beta 1$ in NPC remain insufficiently studied.

Role in laryngeal squamous cell carcinoma (LSCC)

In LSCC, integrin $\alpha 5\beta 1$ has been investigated as a potential regulator of tumor progression and microenvironment remodeling. ITGA5 has been found to be significantly overexpressed in LSCC tissues compared to normal laryngeal tissues at both the mRNA and protein levels [63, 64]. High ITGA5 expression has also been

correlated with advanced T stage, lymph node metastasis, and poor prognosis in some patient cohorts. Mechanistically, it has been suggested that ITGA5 promotes LSCC progression through the mTORC1-EFNB2 axis and may also regulate VEGF-C secretion to enhance lymphangiogenesis and metastasis [64, 65].

Expression of ITGB1 has also been reported to be significantly upregulated in LSCC tissues [66]. However, as with other HNSCC subtypes, the specific contribution of the $\alpha 5\beta 1$ pair versus other $\beta 1$ -containing integrins is often not delineated. For example, the MIF-CD44-ITGB1 axis has been implicated in promoting metastasis through mechanotransduction-dependent activation of pro-invasive pathways (e.g., FAK/Src and ERK), in coordination with laminin-1-mediated basement membrane remodeling [67]. Similarly, the laminin 5 $\gamma 2$ chain has been suggested to promote tumor aggressiveness by enhancing ITGB1-mediated cell-matrix adhesion and downstream FAK/Src signaling [68]. These findings indicate that signaling axes involving the $\beta 1$ integrin subunit are important in LSCC, but further research is needed to clarify the specific roles of the $\alpha 5\beta 1$ heterodimer in these processes.

Association of integrin $\alpha 5\beta 1$ with therapeutic resistance

Emerging evidence suggests that integrin $\alpha 5\beta 1$ may play a significant role in the resistance of HNSCC to various therapies, including chemotherapy, radiotherapy, and immunotherapy. However, the current body of research is characterized by considerable heterogeneity in experimental models and endpoints, which warrants a critical interpretation of the findings.

Chemotherapy

Cisplatin and taxanes are cornerstone chemotherapeutic agents for HNSCC. Several preclinical studies have implicated integrin $\alpha 5\beta 1$ in resistance to these drugs (**Table 2**). For instance, genetic knockout of ITGA5 was reported to sensitize LSCC cells to cisplatin in both in vitro and in vivo models [65]. In a three-dimensional (3D) spheroid model of NPC, resistance to cisplatin was associated with altered oligosaccharide modifications of integrin $\alpha 5\beta 1$, and a neutralizing antibody against

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Table 2. Integrin $\alpha 5\beta 1$ -mediated chemoresistance in head and neck squamous cell carcinoma

Drug	Study material	Study level	Resistance mechanism	Key findings	Ref.
Cisplatin	LIU-LSC-1, CDX, PDX, and, 94 LSCC samples	Cell, xenograft, and clinical cohort	ITGA5 driven mTORC1-mediated progression via upregulation of EFNB2	Genetic knockout of ITGA5 sensitized tumors to cisplatin in vitro and in vivo	[65]
Cisplatin	5-8F and 6-10B	Cell	ITGA5 mediated inhibition of ERK phosphorylation and caspase 3 activation	Integrin $\alpha 5$ inhibits apoptosis and mediates intrinsic cisplatin resistance	[69]
Cisplatin	HSC 2 and HSC 2 CR	Cell	Altered oligosaccharide modification of integrin $\alpha 5\beta 1$ enhances adhesion mediated survival signaling	Neutralizing antibody against integrin $\alpha 5\beta 1$ abolished the difference in cisplatin sensitivity between sensitive and resistant cells	[70]
Paclitaxel	MD 1483	Cell	Collagen I binding to integrin $\alpha 5\beta 1$ activates PI3K signaling	Collagen I conferred a survival advantage under chemotherapeutic stress	[41]
Paclitaxel	SUNE-1-Taxol and C666-1-Taxol	Cell	miR 29c downregulation leads to ITGB1 upregulation	Restoration of miR 29c or knockdown of ITGB1 resensitized cells to Taxol	[71]
Docetaxel	56 HNSCC PDCs, 18 immortalized cell lines, 43 PDXs, and 77 OSCC samples	Cell, xenograft, and clinical cohort	High ITGB1 expression drives docetaxel resistance through reduced microtubule engagement	ITGB1 promoted docetaxel resistance in vitro and in PDX models and predicted poor clinical response in a phase 2 trial	[73]
Docetaxel	224 high-risk OSCC patients receiving postoperative chemoradiotherapy	Clinical trial	/	High ITGB1 expression may predict docetaxel resistance	[72]

CDX, cell line-derived xenograft; LSCC, laryngeal squamous cell carcinoma; OSCC, oral squamous cell carcinoma; PDC, patient-derived cell; PDX, patient-derived xenograft.

the receptor reportedly eliminated the sensitivity difference between cisplatin-sensitive and -resistant cells [69, 70]. Similarly, adhesion to ECM components like fibronectin and collagen I, mediated by integrin $\alpha 5\beta 1$, has been shown to confer resistance to paclitaxel by activating PI3K survival signaling [41]. In taxol-resistant NPC cell lines, downregulation of miR-29c was linked to the upregulation of ITGB1, and restoring miR-29c expression or knocking down ITGB1 reportedly restored sensitivity to the drug [71].

While these studies are informative, it is important to critically assess the discrepancies among them. The summarized findings in **Table 2** originate from diverse experimental systems (e.g., 2D monolayer cultures, 3D spheroids, patient-derived xenografts), utilize different definitions of resistance, and measure varied endpoints. The discussion of these mechanisms often remains descriptive, without sufficient analysis of the underlying reasons for this heterogeneity. For example, the specific ECM components present in a 3D model or an in vivo TME provide a context for integrin-mediated survival signaling that is absent in tradi-

tional 2D cultures on plastic. The differences in drug mechanisms - DNA damage from cisplatin versus microtubule stabilization from taxanes - likely engage distinct cellular stress responses and, consequently, different integrin-dependent resistance pathways. Thus, rather than viewing integrin $\alpha 5\beta 1$ as a universal driver of chemoresistance, it is more accurate to consider it a context-dependent modulator whose role is influenced by the specific drug, the cellular model, and the composition of the surrounding ECM. Notably, a randomized phase 2 trial involving OSCC patients provided some clinical evidence, suggesting that high ITGB1 expression may predict resistance to docetaxel-based adjuvant chemoradiotherapy, although this finding requires further validation [72].

Radiotherapy, targeted therapy, and immunotherapy

Fewer studies have explored the role of integrin $\alpha 5\beta 1$ in resistance to other therapeutic modalities. Transcriptomic analyses have associated high ITGB1 expression with poor radiotherapeutic outcomes in HNSCC patients [74].

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In 3D NPC models, ITGB1 expression was positively associated with radioresistance, and its knockdown was suggested to improve radiosensitivity, potentially via the ECM/ITGB1/FERMT1/Wnt axis [75-77].

Regarding targeted therapy, one study correlated high ITGA5 expression with resistance to PI3K/Akt inhibitors [78]. In the context of immunotherapy, the evidence is almost exclusively based on bioinformatic correlation analyses of bulk tumor transcriptomes. These analyses have suggested that ITGA5 expression is positively associated with the infiltration of certain immune cells (e.g., neutrophils, macrophages) and negatively associated with others (e.g., CD8⁺ T cells, B cells) [28]. Furthermore, prognostic models incorporating ITGA5 have linked high-risk scores with an immunosuppressive TME and a potentially compromised response to immunotherapy [79, 80].

These findings, while intriguing, must be interpreted with significant caution. A major limitation is that bulk transcriptomic data does not distinguish between the cellular source of ITGA5 expression. Integrin $\alpha 5\beta 1$ is expressed not only by tumor cells but also by stromal cells (e.g., fibroblasts) and various immune cells, where it can have distinct functions. For example, $\alpha 5\beta 1$ on a T cell may mediate its trafficking and activation, while on a tumor cell, it may promote invasion and survival. Therefore, broadly concluding that high ITGA5 expression is linked to an immunosuppressive TME is an oversimplification. Future studies using single-cell spatial transcriptomics are needed to deconvolve the cell-type-specific roles of integrin $\alpha 5\beta 1$ in the HNSCC immune microenvironment and to validate these correlational findings.

Therapeutic targeting of integrin $\alpha 5\beta 1$

Given its association with tumor progression and therapy resistance, integrin $\alpha 5\beta 1$ represents a promising therapeutic target in HNSCC [81]. Several preclinical strategies are being explored to inhibit its function. For example, K34c, an antagonist of integrin $\alpha 5\beta 1$, was reported to suppress both primary tumor growth and metastasis in a model of Cav1-negative HNSCC [82]. Similarly, ATN-161, a peptide inhibitor of integrin $\alpha 5\beta 1$, was shown to enhance the sensitivity of NPC cells to cisplatin [69]. Targeting the $\beta 1$ subunit with the

antibody AIB2 reportedly sensitized HNSCC cells to ionizing radiation in both 3D cell culture and xenograft models [83].

In addition to direct inhibition, indirect modulation of integrin $\alpha 5\beta 1$ expression and signaling is also being investigated. The CBP/ β -catenin Wnt antagonist ICG-001 was found to induce the overexpression of miR-134, which in turn targets ITGB1, thereby inhibiting lung metastasis of NPC cells [84]. The tumor suppressor gene CHL1 has been shown to competitively bind to ITGB1, disrupting the ITGB1-Merlin interaction, inhibiting PI3K/Akt signaling, and inducing a mesenchymal-to-epithelial transition (MET) [85].

Furthermore, the development of nano-delivery systems that specifically target integrin $\alpha 5\beta 1$ offers a promising avenue for enhancing therapeutic efficacy and reducing off-target toxicity [86, 87]. One study developed a TME-responsive nanocarrier system designed to target integrin $\alpha 5\beta 1$ for the delivery of doxorubicin, reporting enhanced antitumor efficacy both in vivo and in vitro [88]. While most of these advanced nano-delivery platforms are being developed in the context of other tumor types, the principles are broadly applicable [89-91]. These systems hold significant potential for translation to HNSCC for both targeted therapy and molecular imaging. However, it is important to note that these approaches remain in the preclinical stage of development, and no specific drugs targeting integrin $\alpha 5\beta 1$ have yet been approved for clinical use in HNSCC.

Limitations of current research

While significant progress has been made in understanding the role of integrin $\alpha 5\beta 1$ in HNSCC, the current body of research has several important limitations that must be acknowledged. A primary limitation is the heavy reliance on preclinical models, correlational studies, and retrospective analyses. Many of the strong mechanistic conclusions suggested in the literature are derived from in vitro cell culture systems or bioinformatic analyses of bulk tumor tissue, which may not accurately reflect the complex biology of human tumors. There is a notable scarcity of prospective clinical studies designed to validate the prognostic and predictive significance of integrin $\alpha 5\beta 1$ expression in HNSCC patients.

Second, a recurring issue is the lack of specificity in attributing functional roles to the $\alpha 5\beta 1$ heterodimer. The $\beta 1$ subunit is shared among numerous integrin receptors, and many studies measure the expression or function of ITGB1 without adequately distinguishing the specific contribution of the $\alpha 5$ subunit. This makes it difficult to ascertain whether the observed effects are unique to $\alpha 5\beta 1$ or are a more general consequence of $\beta 1$ -integrin signaling. Future studies employing more specific tools, such as $\alpha 5$ -subunit-blocking antibodies or genetic knockouts, are required to dissect its precise role.

Third, the relevance of many mechanistic findings to the specific context of HNSCC is not always clear. A considerable portion of the literature on integrin $\alpha 5\beta 1$ ligands and signaling pathways is derived from pan-cancer or non-cancer models. The extent to which these mechanisms can be extrapolated to the unique tumor microenvironment of HNSCC subtypes (OSCC, NPC, LSCC) has not been systematically addressed.

Finally, with regard to immunotherapy, conclusions are almost entirely based on computational analyses of bulk transcriptomic data. These studies are unable to resolve the cell-type-specific expression and function of integrin $\alpha 5\beta 1$, which is critical for understanding its role in modulating the immune response. Acknowledging these limitations is crucial for guiding future research and for maintaining a critical perspective on the potential clinical translation of targeting integrin $\alpha 5\beta 1$.

Conclusion

In conclusion, integrin $\alpha 5\beta 1$ is increasingly recognized as a significant factor in the pathobiology of HNSCC. The available evidence, though largely preclinical, suggests that its aberrant expression is associated with aggressive tumor phenotypes, poor clinical outcomes, and resistance to conventional therapies. It appears to exert its influence by modulating key signaling pathways, including the FAK/PI3K/Akt and ERK/MAPK axes, thereby promoting cell proliferation, survival, invasion, and EMT. The potential to target integrin $\alpha 5\beta 1$ directly with inhibitors or indirectly through nano-delivery systems offers promising therapeutic avenues that warrant further exploration.

As our understanding of the complex, context-dependent roles of integrin $\alpha 5\beta 1$ in the HNSCC microenvironment deepens - particularly through the use of advanced, spatially-resolved single-cell technologies - the path toward its successful clinical translation will become clearer.

Disclosure of conflict of interest

None.

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