Review Article Beyond laser microdissection technology: follow the yellow brick road for cancer research

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Received October 10, 2013; Accepted October 25, 2013; Epub January 15, 2014; Published January 30, 2014

Abstract: Normal biological tissues harbour different populations of cells with intricate spacial distribution patterns resulting in heterogeneity of their overall cellular composition. Laser microdissection involving direct viewing and expertise by a pathologist, enables access to defined cell populations or specific region on any type of tissue sample, thus selecting near-pure populations of targeted cells. It opens the way for molecular methods directed towards well-defined populations, and provides also a powerful tool in studies focused on a limited number of cells. Laser microdissection has wide applications in oncology (diagnosis and research), cellular and molecular biology, biochemistry and forensics for tissue selection, but other areas have been gradually opened up to these new methodological approaches, such as cell cultures and cytogenetics. In clinical oncology trials, molecular profiling of microdissected samples can yield global "omics" information which, together, with the morphological analysis of cells, can provide the basis for diagnosis, prognosis and patient-tailored treatments. This remarkable technology has brought new insights in the understanding of DNA, RNA, and the biological functions and regulation of proteins to identify molecular disease signatures. We review herein the different applications of laser microdissection in a variety of fields, and we particularly focus attention on the pre-analytical steps that are crucial to successfully perform molecular-level investigations.

Keywords: Laser microdissection, histopathology, quality control, snap-freezing, DNA, RNA, proteomics, *in situ* cellular and molecular analyses

Introduction

Tumoral tissues often contain a wide array of tumor cells disseminated in an abundant connective tissue called the stroma. Stromal tissue is composed of fibrous tissue, vessels and inflammatory cells and possibly necrotic or haemorrhagic areas. Thus, when the aim is to focus an analysis on a homogeneous cell population, containing only tumor cells, or conversely only stromal cells, this heterogeneity needs to be dealt with. A differential approach to molecular mechanisms in heterogeneous tissues may thus require the procurement of pure populations of cells. Although flow cytometry has long been used to enrich a particular cell type, it cannot easily purify cells from solid tissue samples, such as biopsies. So, the major disadvantage of flow cytometry for solid tissue analysis is that it requires a suspension of individual cells and specific fluorescent marker for identification. This also means that the tissue architecture and any information about the spatial relationship between different cells are lost. For the *in situ* analysis of tissue sections, laser microdissection provides the same technological scope as flow cytometry for cell suspensions and, in contrast to flow cytometry, can be applied to all sample types, including plant tissues.

Laser microdissection overcomes the problem of cellular heterogeneity that characterizes tissues. It aims to recover a target cluster of cells, or a single cell precisely selected under microscope guidance, from a complex tissue section (frozen or fixed by prior paraffin-embedding) for subsequent molecular analysis [1, 2]. Developed in 1996, this technique for isolating specific cells from a sample responds to the



Figure 1. Comparing two techniques of microdissection, one on the left panel where the tissue is manually scraped with a sharp point (A-C) and another one on the right panel with the assistance of a laser beam, which enables to cut and to recover an area of tissue with much greater precision (D-F).

need for miniaturization of analytical techniques applicable to very small cell numbers.

Cells isolated by microdissection have been widely used as a genomic DNA isolation tool for library generation. Although a large number of studies have described analyses of DNA and RNA extracted from laser-captured tissue fragments, protein or lipid-based studies are still scarce. In addition, biopsies performed nowadays are often radiologically guided needle biopsies yielding smaller amounts of tissue than former surgical procedures [3]. This powerful tool has reduced the amount of material collected while improving its quality, enabling the performance of more sophisticated and reproducible analyses.

The identification of genomic abnormalities, genetic or epigenetic tumors can now establish prognosis for individual patients and predict susceptibility and resistance to many anticancer drugs, including new targeted therapies. In the near future, increasing numbers of research laboratories will develop high-level platforms for such studies on patients entering clinical trials. Ultimately, validation of this technique will enable individualized therapeutic approaches and thus better management of patients. However, it should be noted that whatever the laser-assisted microdissector system used, subsequent molecular analyses can be significantly hampered by flaws in the initial preparation of the tissues. Any tissue preparation method must be a compromise between obtaining good morphological contrast and the ability to preserve the biological material for further molecular analyses. Processinginduced artifacts can occur at each step of tissue treatment. In the area of laser microdissection techniques, we intend here to delineate a "vellow brick road" that should be followed for the successful characterization of biological samples.

Principle of tissue microdissection

Originally, tissue microdissection was performed manually under control of a light microscope, with or without a micromanipulator. Specific histological zones of interest in the tissue section were selected and scraped from the section using a modified Pasteur pipette with an ultrafine pointed tip [4]. The development of this approach using a laser beam has greatly increased the precision and effectiveness of biological material collection (**Figure 1**).

Sample selection is still performed under the microscope by a trained pathologist. Automation of a large part of the process has greatly facilitated its development. Microdissection of tissue from archival histological material can be used when the target analyte is DNA [5], but the use of frozen tissue can also be recommended when the objective is to study RNA, proteins or even lipids. When structure identification from morphology alone seems difficult, it is also possible to use immuno-histochemical staining or immuno-fluorescence labelling, which provides valuable information concerning the localization of antigenic epitopes for targeted detection of specific cells [6]. Importantly. microdissection should always involve rapid techniques with short steps, to prevent degradation of the molecular components. The task is thus to obtain a sufficient amount of tissue material and to preserve tissue quality throughout the entire process.

Different microdissection systems

Membrane-based microdissection, first described in 1992 after selective ultraviolet radiation fractionation [7], has emerged as a valuable tool for the selection of homogeneous cell populations from solid tumors. Over the past 15 years, laser-assisted microdissection devices have gradually become more user-friendly. A laser microdissector is composed of a microscope (upright or inverted) coupled to a laser beam (wavelength in the IR-infrared and/or UV-ultraviolet range) which operates under the control of a computer program. The two main features of the UV laser are that it combines high photon density for cold laser ablation and that it works at short wavelengths. The heat generated during microdissection is thus limited and the impact on cellular biomolecules minimal [8] At the appropriate magnification, one or more cells can be selected on the computer screen using a graphical wizard (freehand drawing or predefined geometric shapes), and according to the manufacturer they can then be ablated by laser beam and collected in a conventional tube (Eppendorf tube®) or on a specific support (capsule or adhesive-cap tube). The recovered microdissected tissue samples can then be assessed in the tube at lower magnification.



Figure 2. A: Laying of the capsule in contact with the histological section. B: IR laser firing and heat-sensitive adhesion of the membrane under the laser pulse (http://www.excilone.com/).

Four laser-assisted microdissection systems are currently available, based on different operating principles:

The LCM system (for Laser Capture Microdissection, PIXCEL II®, and more recently the VERITAS[™] system, both from Arcturus Engineering and now under the label of Life Technologies), was originally conceived and developed in 1996 as a research tool at the National Institutes of Health [9] (Figure 2). From an inverted microscope, the collection of tissue fragments is performed via adherence to a thermoplastic film made of an ethylene vinyl acetate-EVA membrane, following tissue exposure to low-energy infrared (IR) laser pulses (wave length 980 nm). Capsules coated with this film (CapSure® LCM Caps, Arcturus Engineering, Inc., USA) are placed in contact with tissue sections, maintaining the active capture area twelve microns off the surface of the sample, which is deposited on a regular histological glass slide. Pulsing the laser through this capsule causes the thermoplastic film to melt onto the cells of interest by a range of impacts within a zone of pre-established diameter (7.5, 15 or 30 micrometers). Lifting off the cap removes the target cell(s) attached to the cap. Using an appropriate buffer, tissue lysis can be performed for the analysis of extracted products. Successful LCM requires tissue sections to be absolutely dry. If any moisture is present in the tissue, the IR laser will react with the water molecules, causing the tissue to heat, thus degrading RNA. Microdissection using VERITAS[™] provides a new standard, for the first time combining IR and UV lasers in a single instrument, thus enabling the UV-destruction of unwanted cells.

The LMPC system (for Laser Microdissection and Pressure Catapulting) (3D-PALM Microlaser Technologies, Carl Zeiss Microlmaging Technologies, Munich, Germany) associates an inverted microscope with an ultraviolet laser (UV-A pulsed, wave length 335 nm) (Figure 3). The use of specially designed glass slides (MembraneSlides®) enables efficient collection of microdissected fragments. These slides are coated with a thin polyethylene napthalate (PEN) membrane over their entire surface except for a large central rectangle where a space of 1 µm remains between the glass and the membrane on which the tissue is laid. The membranes are mounted either on regular glass slides (for PEN membrane), or on steel frames PET (Polyethylene Terephthalate) or POL (Polvester) membrane. Thus, depending on tissue type and thickness, and the methods of analysis (i.e. with or without immunofluorescent detection), one slide type may work better than another for a defined application. Therefore it is advisable to test different combinations of membranes and slides in order to optimize results. To overcome the hydrophobic nature of the membrane it is advisable to irradiate with UV light at 254 nm for 30 minutes. When the membrane becomes more hydrophilic, therefore the crvo- and paraffin sections adhere better. Positive side effects are sterilization and destruction of potentially contaminating nucleic acids. According to parameters

Beyond laser microdissection



Figure 3. Catapulting of a selected tissue region into the cap of a conventional tube containing a few microliters of extraction buffer (Copyright by http://www.zeiss.com).

governing energy and focus, the laser beam will first enable the isolation of the targeted tissue region by photo-ablation. The separated specimen is extracted from the tissue section using a software-controlled laser pulse, the energy being increased with a de-focused laser pulse to generate a photonic force. Thus, the material is catapulted off the slide into the cap of a microcentrifuge tube containing 15 to 25 μ l of a buffer, positioned a few millimeters above the tissue section [10]. It remains possible, although more difficult and less efficient, to cut and/or directly catapult from regular cleaned and degreased glass slides.

The LMD system (Leica Microsystems) is closed to the LMPC system (**Figure 4**). The main difference between the two systems is the way to recover the biological material. Dissection is performed using an upright microscope and the UV laser-cut area drops by gravity into the



Figure 4. Cutting a tissue region of interest, and recovery by gravity into the cap of a conventional tube positioned below the tissue section (Copyright by http://www.leica-microsystems.com).

cap of a tube placed just below. In this system, unlike the others, the tissue section remains stationary on the microscope and the laser beam moves over it when cutting [11].

The MMI Caplift technology, called MMi Cellcut® operates with a UV laser (wave length 335 nm) on an inverted microscope (Figure 5). The principle of this system is the use of specific recovery tubes (Insulation Cap®) with an adhesive part inside the cap. The histological section is deposited on the thin membrane in the center of a mounted metal frame slide. Then the MMI MembraneSlide is inverted and placed on a glass slide for protection against contamination. The sample is then sandwiched between the membrane and the glass. The adhesive part of the recovery tubes will contact one face of this membrane on the underside of the histological section. The laser beam cuts the selected area or cells, which are mechanically detached from the tube: the cells remain attached to the cap and can be analyzed after solubilization in a suitable buffer [12]. During the microdissection procedure, the fragments of the tissue are positioned on the adhesive surface of the cap. Difficulty in removing the fragments from the cap can occur, and it is recommended to add the extraction buffer to the tube, then to close the lid and leave the tube upside down in order to let it soak the desired amount of time, followed by spinning.



Figure 5. Adhesive side of the cap of a tube (white arrow) for recovering a tissue region of interest that has been preselected and then cut by the laser beam before separation of the histological slide and the cap (Copyright by http://www.molecular-machines.com).

Main applications

For patient diagnosis and experimental studies, biological tissue can be either analyzed under a microscope after immuno-histostaining or crushed for further molecular analysis. Laser microdissection provides a valuable link between these two approaches. It gives new insights into cellular mechanisms, genetic disorders, tumor biomarker identification patienttailored therapy [13], and even extensive knowledge of the lipid composition which contributes to the pathogenesis of Alzheimer's disease [14] (**Figure 6**).

Tissue microdissection is used to obtain phenotypically identical cells, while other cells can be ignored or destroyed, therefore increasing the sensitivity and specificity of subsequent molecular analyses. Combination of microdissection and microarray analysis can for example enable comparison of gene expression in different breast cancer areas, such as the intra-ductal component or the infiltrating component, with greater accuracy than global gene expression analyses [15], as it is also demonstrated in different cell populations from the same sample, such as tumor cells and normal cells in peritumoral tissue in colon cancers [16].

Neoplasia is the main field of application of this technique for selecting tissue, but other fields have gradually opened up to these new methodological approaches, for instance for microdissecting living cells from a cell culture, for which special equipment has been developed, with the possibility of re-culturing the isolated cells [8]. De Spiegelaere W *et al.* used this technique for the isolation of small tissue fractions from developing embryos [17]. Sethi *et al.* have described its usefulness in unique case of renal amyloidosis in native and transplant kidney biopsies [18].

Genomics

The tumor genome is the main target of studies using tissue microdissection techniques. From cell fragments, one of the most common applications has been the search for loss of heterozygosity (LOH) in malignant tumors. This type of study is based on individual DNA polymorphisms. Thus, tissue microdissection has been widely used in lung [19], colon [20] or prostate cancer [21]. In our laboratory, we have shown that tissue microdissection greatly increased the sensitivity of LOH detection in inflammatory breast cancer [22]. However, there is a possible pitfall in these analyses if too few cells are used for allelic amplification: allelic drop-out can occur, due to sectioning of tissue and artificially-induced allelic imbalance, especially if tissue sections are microdissected [23].

It has also been possible to search for changes in microsatellite sequences [24], to highlight point mutations [25] and to demonstrate the



Figure 6. (A) The entire tissue sample is crushed to extract the derivatives for (B) molecular analyses. (C) The tissue sample is observed under the microscope and can be analyzed by immunohistochemistry performed on histological section. (D) The technique of laser microdissection enables simultaneous observation and sampling of the cells of interest on histological sections that will then be studied by molecular analysis techniques.

clonal nature of a tumor population, or possible rearrangements of genes [26].

Microarray technology: Microarray technology evolved from Southern Blotting where fragmented DNA is attached to a substrate and then probed with known DNA sequences to simultaneous measurement of the expression levels of large numbers of genes. DNA microarrays, such as the CGH-array technique (Comparative Genomic Hybridization), can be used to detect small genomic rearrangements through the use of DNA chips, and it enables highly resolutive analysis of a large number of genomic DNA fragments [27]. This method is rapid and sensitive and enables comparison of the genomes of two populations of cells (one healthy and one tumoral for example), or listing of expressed genes in a given tissue. In association with laser microdissection, it enables the detection of SNPs (Single Nucleotide Polymorphism), a type of DNA polymorphism in

which two chromosomes differ by a single base pair [28].

Tissue microarray (TMA) consists of paraffin blocks in which up to 1000 separate tissue cores are assembled in array fashion to allow multiplex histological analysis on a single standard glass slide [29]. An important advantage of this technique is that all the samples are evaluated under the same technical conditions with multiple stages of tumor progression analyzed in one experiment. However, the major concern is the lack of representation of the original tumor from which the sample is derived. We can imagine difficulties arising during microarray analysis of tissue when there are varying proportions of tumor cells versus normal and stromal cells. In addition, the large number of genes that will be identified as being differentially expressed will require the development of databases that will enable categorization of results. TMA is performed using different paraffin blocks [30], so that considerable time is required to prepare the block containing the right targeted areas, and there is a risk of increased tension within the paraffin wax causing considerable damage to the donor and receiving block [31].

Cytogenetics: Cytogenetic studies, enabling analysis of the complex chromosome rearrangements that have been frequently detected in many malignancies and congenital diseases are also greatly facilitated by microdissection [32]. The characterization of chromosomal fragments or bands combines the microdissection technique with micro-FISH (Fluorescent In Situ Hybridization) technology [33]. This technique is mainly used on sex-specific X and Y chromosome identification, and requires cell fixation on the slide. Some authors have developed a S-FISH and reported the use of cells in suspension in forensic research generating full DNA profiles from as little as ten buccal cells [34].

A recently developed technology also needs to be mentioned. The AmpliGrid (Advalitix AG, Germany), a chip with hydrophilic and hydrophobic spots on which the reaction takes place has been developed as an amplification platform for ultra-low-volume applications in the 1 μ l range from material isolated by different laser microdissection devices [35].

Transcriptomic studies

While genomic approaches can be performed at room temperature because of the extreme resistance of the DNA molecule, transcriptome studies should be performed on frozen microdissected samples [36]. To obtain the necessary RNA amount for whole genome cDNA microarrays, the isolated total RNAs can be amplified by T7-based RNA-polymerase *in vitro* transcription [37, 38].

The quality and integrity of RNA extracts are assessed by measuring the A260/A280 ratio and by studying the electrophoretic pattern on agarose gel. This step constitutes the main drawback of this technique because of the amount of RNA required. A computer program has been developed by Agilent Technologies (http://www.agilent.com/chem/RIN) to assign an index of quality to RNA extracts from very small amounts of tissue according to the 18S and 28S ribosomal RNA electrophoretic migration profiles. This index, called RNA Integrity Number (RIN), ranges from 1 (for completely degraded RNA) to 10 (RNA of excellent quality). Usually, only indexes over 8 with a A260/A280 ratio above 1.8 are considered sufficient for a study of RNA using the cDNA microarray technique [39, 40]. Quantification of total RNA extracts is now increasingly performed using spectrophotometric assay assisted by the Nanodrop® ND-1000 Spectrophotomer (Nano-Drop Technologies, Labtech, France). A major advantage of this system is the very low sample consumption (1 to 2 µl), which is especially important for precious specimens such as human biopsies or laser microdissected samples [41].

The method of RNA extraction can also be crucial. Different RNA isolation kits have been tested with significant differences in RNA quantity and quality. The recovery rate of RNA samples of known concentration should always be tested before using a new method or kit in the RNA extraction process. The reference procedure is acid-phenol-chloroform extraction (e.g. TRIzol), followed by alcohol precipitation as initially described by Chomczynski and Sacchi [42].

RNA-Seg: Sequencing-based approaches (RNA-Seq) are ultra-high-throughput technologies emerging as attractive alternatives for measuring mRNA expression. They can overcome some limitations of microarrays (high background levels, lack of sensitivity, reliance upon existing knowledge about the genome sequence and cost of the experiment) [43]. Although as yet not completely finalized, combining laser microdissection, linear amplification starting from 1 ng of total RNA, with RNA-Seg provides a powerful tool for transcriptome analysis which can be used at the single cell level, where the expression of 75% more genes than in microarray techniques has been reported [44, 45].

Using miRNA: To partially overcome the problem of RNA degradation, it has been recommended that microRNA (miRNA) expression should be monitored. Several years ago, mi-RNAs were invoked in tissue-specific gene regulation (see the microRNA database at http:// www.mirbase.org/, and the miRWalk database at http://www.ma.uni-heidelberg.de/apps/zmf/

mirwalk/), and their signatures could provide a good tool for studying the transcriptome in cancer [46-48]. MiRNAs are small, highly conserved regulatory molecules (19-24 nucleotides) of non-coding single-stranded RNA. which down-regulate gene expression by binding to messenger RNAs and preventing them from being translated into proteins. In oesophageal squamous cell carcinoma, Zhu et al. analyzed tumor-associated miRNA levels in normal squamous epithelial cells and related tumors, and identified several dysregulated microRNAs [49]. Due to their small size, they are more resistant to fixatives, and will therefore be less degraded than mRNA after pre-analytical treatments. For instance, Nonn et al. compared miRNA expression from formalin-fixed and paraffin-embedded (FFPE) and frozen prostate biopsies from the same patient [50]. In agreement with other studies [51, 52], they showed close PCR amplification results from either material, suggesting the possibility of studying miRNA profiles on FFPE tissue samples archived in pathology departments [53]. Schuster et al. have also demonstrated that miRNA expression could be reliably quantified by real-time PCR on archived FFPE tissue samples, even after different immunohistochemical staining procedures with high temperature antigen retrieval, while total RNA was degraded [54].

Proteomic

Proteomic analysis in tissue samples imposes restrictions on experimental protocols used for tissue processing. This is partly due to the diversity of the physico-chemical properties of proteins, and also to the lack of suitable method for amplifying proteins, unlike nucleic acids [55]. Depending on its amino acid sequence and associated post-translational modifications, a protein has a tri-dimensional structure and specific reactive sites. It has a given mass and density, a certain degree of hydrophilicity or hydrophobicity, and exhibits specific behaviors at different pH. Proteins may also be localized in a given region or organelle of the cell, thus requiring more sophisticated extraction protocol. In the initial phase of a study it is very important to define and characterize the process by which the proteins from a given tissue are to be extracted. Hence, the lysis of tissues or cells by sonication or osmotic shock, the optimal solubilization of all proteins

using proteomic analysis compatible detergents and the breaking of covalent bonds, all need to be considered. The physicochemical properties of the target proteins have to be known to ensure effective protection against the activity of proteases. It is usually recommended to work at low temperature and in the presence of proteases inhibitors. At higher SDS concentrations (*i.e.* 10%) protease inhibitors are not necessary in the lysis buffer, because SDS itself acts as a strong protein denaturant [56]. However, SDS is not compatible with downstream analytical techniques such as mass spectrometry, unless preceded by gel separation.

Gel electrophoresis: Polyacrylamide gel electrophoresis (PAGE) can separate proteins according to their molecular weight and can be followed by Western Blot analysis for highly specific protein characterization [57, 58]. However, this approach is limited by the availability of appropriate antibodies and by the amount of proteins necessary to obtain a signal. A sensitive Western Blot protocol has recently been developed for the detection of phosphorylated proteins in small amounts of tissue [59]. Alternatively the proteome can be studied by using two-dimensional gel electrophoresis (2D-PAGE), identifying proteins from both isoelectric point and molecular weight, followed by staining with silver nitrate [60, 61]. This rather laborious strategy has shown its limits for the analysis of proteins of high molecular weight or with an extreme isoelectric point (pl > 11), and for very hydrophobic proteins. In these cases, there is poor reproducibility and poor detection of low-abundance proteins without prior pre-treatment [62]. The linear dynamic range of silver staining techniques is also reported to be lower than that of other protein detection methods, making the silver staining technique essentially non-quantitative [63]. The use of 2D-PAGE with digestion, extraction, and mass spectrometric analysis of individual protein spots is a time-consuming process with numerous technical hurdles [64]. On the whole, as demonstrated by De Souza et al. who spent 11 days, totalling 70 h of cutting time for two cell populations (blood vessels and myocytes), the association of laser microdissection and 2D-PAGE analysis is mainly limited by the analytical throughput and the low protein content of microdissected samples [65].

In terms of visualization of proteins separated by 2D electrophoresis, the use of fluorescent probes has significantly improved protein quantification with a greater range of linearity. Reactive cyanine dyes (propyl-C3, green, and methyl-C5, red), that exhibit fluorescence at different wavelengths, are more sensitive than Coomassie or silver staining and have been used for high-sensitivity protein visualization [66]. With these stains, comparative studies can be performed using a technique known as 2D-DIGE (2D-DIfferential Gel Electrophoresis) which is based on differential labeling of two samples with two different fluorophores, and their subsequent separation on the same 2D gel. This process yields two superimposed images, one at each wavelength, which can be processed to assess the differences in protein content between the two samples. Such staining is also compatible with protein identification by mass spectrometry, with similar performances to lysine reactive dyes [67].

Mass spectrometry: Many of the limitations of proteome analysis using 2D-PAGE have been overcome by the development of chromatographic separation of proteolytic digests combined with tandem mass spectrometry (LC-MS/ MS) [68]. Thus, it has become possible to detect hundreds to thousands of proteins directly from a complex protein mixture with a sensitivity approaching atomolar levels. The power of shotgun LC-MS/MS-based proteomics technology has been documented by successful proteomic analysis of subcellular structures in mammalian cells, such as the nucleolus [69] or the mitochondria [70].

LC-MS/MS is typically used after trypsin digestion of the proteins of interest. Trypsin cleaves specific positions in the protein sequence (i.e. at the C-terminal side of the basic amino acids lysine and arginine) and yields a mixture of peptides (small protein fragments) for each protein in the sample. To manage the complexity of such digests, peptide mixtures are separated by high performance nanoscale liquid chromatography before being ionized using the application of a high voltage (few kV) to a needle coupled to the LC column in a process known as electrospray ionization [71]. The mass of each ionized peptide is determined by its interaction with different electric or magnetic fields. Individual peptides can be fragmented by collision with a background gas (e.g. helium or nitrogen). Upon collision, peptides dissociate into sequence-specific fragment ions whose masses are also measured. An experiment of this type, called tandem mass spectrometry (or MS/MS) measurement, yields two kinds of information: the mass of the analyzed peptide, and a list of sequence-specific fragments. The data collected are subjected to computer analysis using dedicated search engines (e.g. Mascot, Sequest, X-Tandem, Phenyx or OMSSA) that match the experimental data to sequences found in specific protein databases (e.g. ExPASy Proteomics: http://www.expasy.org/ proteomics). This process enables the identification of the proteins in the sample from their amino acid sequence, and discriminates between background noise and true identifications [72].

A simple and robust alternative method for mass analysis of less complex peptides mixtures is the so-called Matrix-Assisted Laser for Desorption/Ionization-Time of Flight (MALDI-ToF) [73]. In MALDI-ToF, the peptides to be analyzed are deposited on a surface and dried in the presence of an organic matrix that absorbs at a particular wavelength. After crystallization, a laser is used to desorb the intact analyte from the matrix and ionize the molecules [74]. The ions formed are then accelerated by a high electric field, and their mass is deduced from the time they require to "fly" through an electric field-free region, hence the term time-of-flight. Derived from the previous method, the Surface-Enhanced Laser Desorption/Ionization-ToF (SELDI-ToF originally proposed by Ciphergen Biotechnologies Inc., and continued by Bio-Rad: http://www3.bio-rad.com, as the ProteinChip Seldi System) is based on the use of "chips" or strips that contain sites of specific affinity. The sites consist of surface chemical (covalent, ionic, hydrophobic, hydrophilic, metal) or biochemical (antibody, receptor, DNA) components for the specific retention of certain proteins/peptides of interest [75]. A laser is then used to desorb and ionize the retained components which yield a pattern of masses in a low resolution time of flight mass spectrometer. The downside of this technology is that protein identification has to be performed separately by MALDI-ToF or LC-MS/MS. In addition, prior knowledge of the associated specific properties of the targeted protein families is highly desirable.



Figure 7. Crystal formation in the buffer contained in the cap tube during recovery of microdissected areas.

Other approaches: An innovative strategy, called "Accurate Mass and Time Tags" or "AMT tags", has recently shown great potential in proteomics research, especially due to its increased throughput, enabling the management of quantitative proteomic analyses of large numbers of samples with high sensitivity [76]. This strategy enables the identification of peptides on the basis of their chromatographic retention times and their mass, accurately determined using high resolution mass spectrometers such as ion cyclotron resonance [Fourier transform instruments] [77]. For example, from a sample of 3000 microdissected tumor cells of breast cancer, the equivalent of 300 ng of total protein, this technology has enabled the identification of thousand unique proteins involved in a wide variety of biological functions and cellular compartments [78]. Some of these proteins were subsequently highlighted as a signature associated with therapy resistance in breast cancer recurrence [79]. Dos Santos *et al.* used a similar strategy to determine the differential protein profiles between tumoral and non-tumoral microdissected cholangiocytes. Defining specific proteome alterations, they detected a panel of proteins that could be therapeutic targets and/or tumor biomarkers [80].

Reverse Phase Protein (micro) Array (RPMA) is another way to analyze proteins from microdissected tissues. It relies on simultaneous deposition of a small amount of total protein (from the picogram to femtogram value) retained in the form of a spot by adsorption on a nitrocellulose membrane, with the equivalent of 200 cells deposited per spot on a slide. Different spots correspond to protein samples reflecting different stages or physiological conditions in which a specific antibody is tested [81].

The study of proteomics is booming and laser microdissection is clearly becoming an essential tool that can overcome the constraints resulting from the cellular heterogeneity of tissues [82], Laser microdissection, which challenges conventional proteomics techniques in terms of sensitivity and quantification, is a suitable tool for experiments to discover protein biomarkers, provided that an appropriate analytical strategy is selected. Successful investigations have thus been reported for prostate cancer [83], breast cancer [79] and cholangiocarcinoma [80].

Technical factors hampering analyses

Major technical advances have automated many functions of laser microdissection systems making them relatively easy and friendly to use. However the quality and reproducibility of results obtained by microdissection are not only based on the quality of biological tissues considered but also some technical issues that should not be overlooked during the processing steps before microdissection. Thus, some products may interfere with the analysis and distort the results that will be difficult to interpret. The quality of the samples is a crucial parameter, but also the way in which this quality is evaluated. And finally it is important to take into account the physiological state of the cells.

Many factors in samples, such as the presence of haemoglobin [84], fat, glycogen or cell cons-

tituents, have been shown to inhibit the retrotranscription process (RT) as well as the Polymerase Chain Reaction (PCR) [85, 86]. To ensure quality of the measures for qPCR and RT-qPCR assays, Bustin SA et al. have provided a checklist, named the MIQE guidelines, for authors preparing reports, enabling reviewers to evaluate their work and other investigators to reproduce it [87].

Depending on its composition, the very small volume of buffer contained in the cap of the microcentrifuge tubes can either be evaporated (*i.e.* lysis buffer) or crystallized (*i.e.* guanidinium isothiocyanate or urea) during microdissection. It is therefore advocated to work in an air-conditioned room where the temperature can be regulated according to external conditions (in summer or winter) (**Figure 7**).

RNA quality control

RNA degradation remains one of the main concerns, depending on the tissue [for review, see Fleige *et al* [88]. To assess tissue RNA quality, RNAs left after laser removal from the remaining tissue section can be extracted by pipetting buffer onto the slide and then gently scraping off for analysis. Simultaneously, cryosections of tissue can be immediately treated together to extract RNA using the same protocol as that for section scrapes after microdissection [89].

The time required to recover enough biological material is often a limiting factor when dealing with a totally isolated cell located in a complex tissue. In some complicated case, more than 20 min can often be required by technicians to search for and identify cells of interest in the section. Clément-Ziza *et al.* have applied a method that stabilizes RNA, whereby sections are exposed to an argon flux during the micro-dissection time for up to 90 min. Less than 5% of RNA degradation was observed when slides were kept for up to 90 min under the micro-scope, whereas 20% degradation was reached after 30 min without argon [90].

Storage of sections can also result in oxidation of RNA on the exposed surface and storage at different temperatures influences the extent of RNA fragmentation [91]. If the sample surface has been exposed to air it can be altered, therefore the first 2-3 tissue sections from the block should be discarded. Any prolonged aqueous phase steps can also enhance RNase activity.

The laser microdissection technique is not an end in itself and before any protocol is embarked upon it is imperative to ensure the integrity of the RNA contained in the blocks that will be analyzed. Finally, when performing microdissection the use of an adhesive cap (dry capturing) instead of liquid recovery could potentially avoid aqueous conditions, and hence nuclease activity.

Housekeeping normalization

When comparative analysis of mRNA expression levels of genes studied is conducted in different cells and tissues, methods for accurate normalization are required [92]. Thus, housekeeping genes, which do not vary markedly through the cell cycle or in response to different experimental conditions, should be carefully employed as internal standards. Several housekeeping genes should be included, because some are more susceptible to degradation than others, resulting for example in lower normalized expression values in the thawed samples after 30 minutes [93]. Experimental studies have shown significant variations in expression levels of some of these genes between tissues, and unstable expression in relation to experimental conditions. For example, Bas A. et al. have reported that the 18s rRNA is more suitable for normalization of mRNA expression levels in resting and activated T lymphocytes [94]. Some authors also indicate that GAPDH mRNA levels may vary among cancer cell lines, and different cancers and normal tissues [95, 96], or even during epithelial differentiation [97].

To determine the most stable reference genes from a set of tested candidate housekeeping genes in a given panel, some authors use algorithm applications such as a VBA applet for Microsoft Excel. The *geNorm®* method [93], *BestKeeper®* [98], *NormFinder®* software [99] or recently *RefGenes®* which enables users to search for the most stable genes in microarray samples [100] have been employed. A gene expression normalization factor can be calculated for each sample on the basis of the geometric mean of a user-defined number of reference genes. Use of the three most stable internal control genes for calculation of an RT-PCR normalization factor is recommended.

The right ratio

Tissue sample study will be more difficult for the more complex cellular systems, and in case of variations in size in a given tissue area. It is thus best to compare samples quantitatively in terms of surface areas rather than in terms of numbers of cells. Furthermore, as the protein fraction is essentially cytoplasmic, it is also important to consider the nucleus-cytoplasm ratio of the cells [101] which is increased in tumor cells [102].

Sampling and conditioning

At all stages of sample processing, rigorous procedures should be employed to reduce sample contamination. It is essential to work with scrubs and gloves to avoid introducing RNases or keratins in the reaction media. Only RNasefree filter pipette tips should be used and other instruments (razor-blade, tweezers...) should be properly cleaned and sterilized to keep away contamination, or replaced by single-use sterile equipment. A new razor-blade should be employed for each new sample to avoid contamination from one tissue sample to another. Fingerprints, hair, dead skin flakes and dust are the usual sources of contaminating keratins which derive mainly from the operator [103]. If they are present in concentrations greater than that of the protein studied, their abundance can lead to false results. Precautions should be taken, including carefully washing the surfaces contacting the samples or gels with acetonitrile, performing procedures under a laminar flow or still air hood, passing solutions through 0.22 µm filters, and wearing lab coat and latex gloves at all times when samples or gels are handled [104, 105]. For protein studies in tissues rich in proteases, e.g. pancreas, spleen and lung, it may be advisable to add a mixture of protease inhibitors to the dye solution and to work at low temperature.

The samples for study should meet the requirements of quality and quantity, and be properly marked for efficient tracking. Tissue sections, frozen or fixed and embedded in paraffin, should be neither too thick (which would interfere with microscope observation), nor too thin (thus reducing the amount of the material obtained). In practice, most laboratories use sections from 7 to 8 micrometers thick. The Superfrost® glass slide (Menzel Gläser, Braunschweig, Germany) have a permanent positive charge which electrostatically attracts frozen tissue sections and cytology preparations, binding them to it with covalent bonds. This prevents their use for microdissection.

DEPC treatment: The need for diethyl pyrocarbonate (DEPC)-treated autoclaved solutions in RNA molecular biological procedures on a variety of tissues and cultured tissue cells is a prerequisite, although purified water obtained by ultrafiltration has been found as efficient as DEPC treatment for suppressing RNase activity [106]. The histological slides should be cleaned, lipid-free and pretreated with a 0.1% DEPC solution in water prior to sterilization to limit RNA degradation. All DEPC-treated solutions should be autoclaved before use to remove DEPC which is a modifying agent for singlestranded molecules like RNA; DEPC reacts with purine residues and weakly with cytosine [107]. DEPC, which is already known to modify histidine and tyrosine residues [108], can also act on serine and threonine residues [109] and it also alters proteins. In contrast, DEPC and potassium permanganate have been recognized as useful reagents for detecting DNA distortions, especially melted regions [110].

The merits of RNALater®: Well-preserved quality of RNA is observed using RNALater® to protect tissue against RNases attack. However, laser microdissection should not be recommended on tissues containing high concentrations of chaotropic salts from this compound. Therefore, when using this procedure, RNALater® concentration should be reduced in the tissue to a level which did not interfere with laser microdissection [111]. In one observation, cryosections from RNALater®-fixed tissue never achieved the histomorphological quality of cryosections from snap-frozen tissue [112]. Samples in RNALater® will not freeze in the cryostat without previous wash steps in PBS for 5 min at 4°C, otherwise the cell outlines appear blurred, with tissue fragmentation occurrences observed in some specimens, making pathological interpretation difficult [113]. Conversely, it has been shown that RNALater[®], normally devoted to RNA preservation, could be useful in the preparation and extraction of protein contents [114].

Tissue component preservation

A protocol should be established first, taking into account each step of the sampling procedure from the surgical removal to the Pathology Department, ensuring both a quick transport in sterile conditions and a microscope analysis to ascertain that the sample includes the entire lesion to be studied. Whatever the nature of the disease, the tissue should preferably be preserved by snap freezing directly in liquid nitrogen at 196°C for 10-15 minutes after resection during surgery or needle biopsy. Samples are then stored at 80°C until use.

The shorter the time of the freezing process immediately after biopsy the better the tissue preservation. The time elapsing between vascular clamping and excision, called warm ischemia, leads to rapid cell necrosis [115]. Organ protection against damage is based on blastfreezing. The influence of warm ischemia time on the degradation of RNA has been studied in the rat by Lazarus [116]. At 37 °C for 60 min this showed that warm ischemia time exceeding 30 minutes resulted in a degradation of part of the RNA in the tissues of the surgical specimen. A 50% drop in RNA molecular weight in the kidneys was demonstrated after one hour in warm conditions.

The results of molecular analysis after microdissection will depend not only on the tissue type itself but also on the quality and preparation of the different samples. In practice, the reliability of results should enable molecular biology techniques to be applied after biological samples have been collected by microdissection, while allowing for good morphological observation of tissues under the microscope. Frozen biopsy provides better preservation and better quality of the tissue-derived products, thus increasing the sensitivity of molecular analysis techniques. Although it is possible to study and analyze samples from fixed tissue samples prior to paraffin embedding [117, 118], all treatments applied to the tissue can alter the biological molecules and destabilize in situ a large number of interactions and molecular structures.

Finally, staining solutions could contain a complete protease inhibitor "cocktail", but the need for protease inhibitors needs to be explored further, including malignant tissues where endogenous proteolytic activity may be expected to be more prevalent, as also observed with denaturing buffer [119]. Inclusion of RNAase inhibitor during the staining steps preparatory to laser capture microdissection appears to be important in protecting from RNA damage that can occur, with a consequent loss of representation of certain genes in particular in microarray hybridization analyses [120].

Frozen tissues

The freezing process: Freezing a tissue sample is intended to provide a hardened matrix for quick sectioning, and to preserve the biochemical or immunological properties of a specimen. An extremely rapid cooling speed should be used to produce vitreous ice without crystallisation damage in the cells. The best procedure is snap-freezing using liquid nitrogen, where tissue samples are placed in a cryotube under sterile RNase-free conditions. Tissues will be then stored at temperatures below -75°C in chest freezers with the necessary security measures to prevent thawing and/or exposure to large changes in temperature. The tubes should be stored in specially designed boxes until their use. Fatty and other soft tissues often remain too soft to be easily cut. It is possible to spray the surface with a special cooling spray, or to work at an even lower temperature to harden it prior to cutting. Frozen tissues should be stored close to the room where the cryotome sectioning will be performed in order to minimize warming events during transfer. Although storage should be at -70 or -80°C for nucleic acids, -20°C may however be sufficient for many antigens.

An aqueous solution of glycols and resins, which provides an inert matrix for sectioning, Optimal Cutting Temperature (OCT) Tissue-Tek embedding medium (Sakura Finetek, Inc., Torrance, CA, USA) is ordinarily used as an embedding medium for sectioning frozen tissue samples on a cryostat. Unfortunately, the storage of pathological specimens in OCT compound has been found to affect results, for example to inhibit DNA amplification in PCR [121]. A chilled mixture such as isopentane and dry ice mixture (-79°C) is sometimes provided for a rapid freezing process. A freezing step in liquid nitrogen remains preferable, to minimize any contact of the tissues with chemical substances that could interfere with downstream



Figure 8. A: The fresh tissue sample is laid down with a sterile pinch on a RNAse-free plastic strip. B: The strip and the sample are then introduced into a classical cryotube for preservation by instantaneous snap freezing in liquid nitrogen.

molecular analyses. High adipose content can make the process of obtaining thin, flat, intact cryosections suitable for LCM a difficult challenge, requiring colder cutting temperatures [122].

Special tips: For storage, frozen tissue should never be wrapped in aluminium foil to avoid warming of the sample when recovering the tissue for analysis, nor should it be put directly into the cryotube, to prevent adhesion to the tube. In our experience, for accurate tissue recovery, as well as for morphology, sterility and RNAse-free content, we first lay down the fresh samples on a sterile plastic strip to which it will then stick (Figure 8), and then we place the strip in a 2 mL cryotube for preservation by instantaneous snap freezing in liquid nitrogen. We then only have to take the tissue-carrying strip out of the tube with a sterile clamp in the cryotome and apply the tissue fragment directly to the specimen stub trimmed by as small as possible amount of OCT. The production of a frozen section is greatly assisted by having a well-orientated specimen with a flat cutting surface within a small rim of embedding medium. After cutting, the sections are immediately fixed in 70% ethanol and then dehydrated through a graded series of ethanol and xylene applications and briefly air-dried because over-dried RNA cannot be perfectly dissolved again.

Only one section is thawed and the time-lapse for the microdissection step is no longer than 15 min to minimise degradation processes. The impact of thaws: Time to freezing and storage markedly affects RNA integrity [123-125]. Moreover, repetitive thawing leads to molecular degradations and should be banned. The process of thawing initiates RNA degradation after 30 minutes in unfixed tissues [126]. However, some authors report that repetitive thawing and freezing appears not detrimental to RNA as long as the total thawing time is short [127]. Others have shown that microdissected cells can be subjected to freeze-thaw cycles and the cell lysate then is collected into a solution designed to minimize RNA degradation. Subsequent RT-PCR reactions have been performed from the lysate without the need for any additional processing. With this technique the authors [128] demonstrated that just a couple of hundred microdissected cells in frozen breast carcinoma sections can provide adequate RNA template for 80-100 RT-PCR reactions.

Fixation of tissues and paraffin-embedding processes

The objective of fixation is to preserve cells and tissue morphology before hardening biological tissue by inclusion in paraffin blocks for serial cutting.

Fixation processes: The most fixative substances are formalin or formalin derivatives, and fixed- and embedded-samples are referred to as FFPE (<u>Formaldehyde Fixed Paraffin</u> <u>Embedded</u>) samples. Formalin, like other aldehyde fixatives, forms cross-linked methylene

bridges and Schiff bases between basic amino acid (lysine) residues of proteins [129]. This cross-linking stabilizes the proteins *in situ*, which is the basis of fixation. The changes in immunoreactivity observed after formaldehyde fixation are explained by a reduced availability for the secondary antibody which is masked by cross-linking of globular proteins [130].

The speed of fixation with formaldehyde is highly pH-dependent [131] and immunoreactivity is irreversibly reduced by formaldehyde fixation [132] which also degrades genomic DNA and creates artefactual mutations [133]. This unstable product can be converted into formic acid; therefore its pH should be buffered before any use [134]. Formaldehyde modified by acidification and/or addition of alcoholic solution has given better results than formaldehyde alone as a fixative [135]. In experimental protocols, immunohistochemical analysis is improved after intravascular formalin injection [136]. Some investigators have achieved acceptable RNA recovery by using precipitative fixatives, such as ethanol and acetone. For example, in the study by Su et al., the RNA yield from ethanol-fixed brain tissues was 70% of the yield from fresh frozen specimens, and suitable for expression profiling of brain tissues by LCM and cDNA microarray [137].

The Just-In-Time concept: Formaldehyde also cross-links proteins to DNA depending on the duration of fixation [138, 139]. It must be performed fast to avoid alteration of nucleic acids and proteins, in no more than 2 hours for small fragments. A surfix may decrease the efficiency of extraction of nucleic acids [140, 141]. As the fixation time is extended, alterations to DNA will limit the available range of restriction enzyme/ probe combinations and gel electrophoresis migration [142]. Excessively extended time periods of formaldehyde fixation result in increased RNA degradation [143]. While it is possible to use samples processed by formaldehyde fixation for Western Blot analysis [144], prolonged fixation time is known to reduce protein immunoreactivity [141, 145].

The variable outcome of PCR [146], which is most probably the result of DNA fragmentation, has been shown by Williams *et al.* in tissues fixed for a long time in neutral buffered formaldehyde [133]. A zinc-based fixative developed by Lykidis *et al.* efficiently preserves DNA and RNA integrity, and facilitates protein analysis using 2D gel electrophoresis, in comparison with neutral buffered formalin fixation procedures, whilst maintaining optimal tissue morphology even over a 6-14-month period of storage [147].

To avoid excessively long fixation time prior to paraffin-embedding, the fixative should be removed and can be replaced with a freshlyprepared PBS storage solution before quick embedding.

Formaldehyde, or what else?: Although used extensively in pathology laboratories, formaldehyde and its aldehyde variants have another major drawback, their high toxicity. Formaldehyde (all physical forms) was nominated by NIEHS for reclassification in the 12th RoC, based on the 2004 review by the International Agency for Research on Cancer (IARC 2006), which concluded that there was sufficient evidence for the carcinogenicity of formaldehyde in humans [148]. Classified Class I carcinogen since the decree of July 13th 2006 in the list of substances, preparations and carcinogenic processes in section A 231-56 in the Labor Code, based on IARC epidemiological studies, it had been demonstrated to cause respiratory disease and respiratory cancers [149], and is therefore banned from use without certain precautions. In fact, this obligation has oriented laboratories towards the use of other types of fixatives, mostly alcoholic, some of which are still under evaluation, excluding formaldehydebased products. Among these less toxic fixatives recently available on the market under the names of FineFIX® [150]; Glyofix [151]; UMFIX® [152], and protein and HOPE [153], One, known as RCL2®, developed since 1999, seems to be more successful in maintaining both cellular and tissue structures and remaining compatible with the requirements of molecular biology [154]. Nevertheless, there are probably other toxicities underlying the current use of these new fixatives, but not yet proven due to lack of use in daily practice.

To avoid shrinkage of tissues and optimize the penetration rate of the fixatives, we use a mix of ethanol-formalin-acetic acid, called AFA (Labonord SAS, Templemars, France) as a fixative and this provides a good compromise for satisfactory paraffin-embedded tissue preservation and good genomic analysis [22, 36, 155157]. Ethanol fixation prior to paraffin-embedding of tissues also yields excellent histomorphology and good preservation of derivative products [158, 159]. It has also been successfully used for proteomic analyses by mass spectrometry [160], even if authors have reported that sectioning ethanol-fixed tissues was difficult [161].

Finally, Bouin solution [162], which enables excellent morphological analysis, is not at all recommended for molecular biology techniques [163]. Reversible cross-linkers, such as dithiobis (succinimidyl) propionate (DSP), have been applied successfully with downstream extraction of sufficient quantities of nucleic acids [164] but they produce peptides and protein fragments rather than intact proteins [165]. Although still described in the literature for some applications, mainly for FFPE-treated archival samples, the study of RNA from fixed tissue is generally avoided.

Paraffin embedding processes: When several pieces of a sample are embedded in a single block, the paraffin coating process must be carefully carried out to align the pieces appropriately so that on the histological slide each sample included will be spread evenly. In addition, embedding of some tissue fragments (brain, kidney, skin or oesophageal biopsies for example) should be properly oriented in the block of paraffin so that sectioning can be performed in the optimal axis. Serial paraffin sections 7 µm thick on average can be cut to provide good histological detail for microdissection. One paraffin formulation (Paraplast® embedding media, Electron Microscopy Sciences, Hatfield, PA, USA) greatly improves small biopsy specimen observation with minimal cell shrinkage and distortion, and generates much lower cross-linking of proteins. While it is quite possible to extract DNA from tissue samples embedded in paraffin, it is also possible to study proteins, but the treatments greatly alter the protein structures. However, authors showed the presence of extra bands development in PCR due to the harshness of the methodology used to isolate nucleic acids from formalinfixed and paraffin embedded tissue samples or the nature of the fixation procedure, or because of the time passed during storage in which alteration in the chromosomal DNA would take place [166]. The fixation and inclusion steps, involving especially the use of paraffin heated to 56°C over a period of ten hours to enable a proper infiltration of tissues, may alter the immunohistochemical detection of some antigens on tissue by storage of paraffin unstained slides as short a time as three months [167].

Tissue staining

Staining of tissue sections facilitates the analysis of cell populations laid out on glass slides. However it is clear that identification of cells or tissue areas without staining is preferable [168].

Since no coverslip is used in laser-assisted microdissection, the reduction in refractive index means that most light passing through the tissue is scattered, which can obscure cellular detail at high magnifications [169, 170]. Thus, morphology sometimes appears quite different when compared with coverslipped tissue sections. In order to prevent this difficulty we add 10-15 µl of ethanol directly on the tissue section prior to the microdissection step. This enables better morphological analysis before evaporation. The PALM company synthetized a fluid cover medium in order to improve morphology without affecting downstream molecular applications, and particularly RNA integrity [171]. Therefore, it should be noted that morphological identification may take longer if there is no coverslip and mounting medium on the tissue section.

Standard staining substances: The widely used haematoxylin/eosin stain can result in DNA degradation [172] requiring more PCR cycles [173]. Haematoxylin/eosin staining [65] and other stains such as methyl green [174] or toluidine blue [175, 176] are compatible with global protein profiling and 2D-PAGE proteomic analysis after laser capture microdissection. Nuclear Fast Red [177] or cresyl violet [89] [are best in terms of preserving RNA integrity. Although HistoGene has been reported to yield highquality RNA in frozen brain LCM [178], it has also been found to cause significant RNA degradation in microdissected epithelia from other tissues, e.g. mammary [122], prostate [179] and cervix [180], and thus great care is required in its use. The haematoxylin and eosin combination is the most common staining technique used in histology. The diagnosis of most malignancies is based largely on this procedure. Haematoxylin, however, does not stain by

itself but must be oxidized to hematein (usually at an acid pH) to act as a dye. The overall coloration of the stained specimen is the result of the balance of the concentration of the alumhaematoxylin and eosin. The most frequentlyused form of eosin is eosin Y which is a tetrabrominated derivative of fluorescein. Thus, eosin provides autofluorescence and on its own constitutes a useful tool for morphological survey [181]. However, eosin staining complicates data interpretation using capillary electrophoresis in the analysis of fluorescent labelled PCR amplification products [182] and has a detrimental effect on protein separation [160]. Tangrea et al. have used immuno-guided microdissection known as expression microdissection (xMD) using immunohistochemically stained tissue to guide the cell selection process [183]. Through the EVA film the light energy is absorbed only where there is a large deposit of highly absorbent immunostain.

Immuno-staining procedure: One-hour immunohistochemical staining protocols can lead to significant degradation of RNA by RNases activated in aqueous environments [184]. In 1999, Fend et al. proposed a rapid immuno-staining procedure (total procedure time from 12 to 25 minutes) for frozen sections, followed by lasercapture microdissection and RNA extraction, which enables a targeted mRNA analysis of immuno-phenotypically defined cell populations [6]. Together with short-term formalin fixation, a reduction of antibody incubation times and digestion with proteinase K. Fink et al proposed the use of immunofluorescence applied to microdissection [185]. Burbach et al. in 2004 also described a rapid immunofluorescence staining approach combined with laser microdissection on frozen sections that does not interfere with RNA recovery and integrity for quantitative RT-PCR [186]. It thus appears that immunostaining in microdissection requires a significant adaptation from conventional immunostaining protocols, to obtain more accurate qualitative and quantitative laser microdissection. Shortened protocols are therefore needed, such as those that allow double fluorescence labelling to be performed in one incubation of only 5 minutes [187].

Staining or not, that is the question: It is sometimes advisable, when enough tissue is available, to prepare a subsequent tissue section that should be classically stained for comparison with the unstained microdissection slide. To this end, some manufacturers have invented a computerized tracking system whereby, from serial histological sections, a section is stained on a slide and used as a reference for other unstained sections to be microdissected, for example the software integrated into PALM. There is also the similar image analysis software, such as the Leica LMD AutoVision Control system. The AutoScanXT Software Module from Life Technologies found on the Arcturus system is an image analysis program that automatically identifies immuno-stained regions of interest with minimal supervision by the investigator [188].

The fluorescent background: The PEN membrane is well-known to present a stronger fluorescent background, mainly with the DAPI and Hoechst dye. Thus, if weak fluorescence needs to be detected it could be advis able to work with a polyethylene teraphthalate (PET) MembraneSlide. The PET-membrane does not absorb the laser as much as the PEN membrane does. Therefore you need to increase the energy for cutting compared to PEN membrane slides. And, to get rid of the background immunofluorescence it might help to proceed to a non-specific binding which is performed by covering the section with a stronger protein-blocking solution.

Cell count analysis before laser-assisted microdissection can also be performed on a PC using the ImageJ program developed in 1997 by Wayne Rasband at the Research Services Branch of the National Institute of Mental Health [189]. This is a Java-based image processing programme, in open-access on the Internet at the following link: http://rsb.info.nih. gov/ij/.

Concluding remarks

Many factors need to be taken into account in the process of molecular analysis of microdissected tissue. Each step increasing the purity of the samples may also cause loss of significant amounts of material. It is therefore recommended to reduce the number of steps and the time required for each of them.

In tissue samples, we need to cope with a limiting factor that is especially crucial for proteomics, that is the small quantities of material obtained by microdissection. This implies spending much more time on the microdissection of specific tissues, entailing a risk of impaired quality of the material recovered. This is even more drastic for the analysis of RNA if no information is known about the number of copies and the half-life of the transcript studied.

As already underlined by others [190], providing high quality tissue at the molecular level is dependent on the protocol for tissue procurement and for processing. There is no single way to prepare samples. Hence, each protocol will differ depending on the type of sample and the type of experiment. Today we need to think about each step upstream and downstream of the microdissection step. It is fundamental to develop a method that preserves the original quality of the sample, considering that the technical approach will depend crucially on the tissue studied, its texture and particularly on the presence or absence of nucleases or proteases, more abundant in the pancreas, spleen or even lung. Finally, the preservation of this tissue (frozen or paraffin-embedded after fixation) and the proposed study, which may include DNA, RNA and proteins, are also to be considered.

In line with Bova *et al.* [191], we invite investigators not to consider laser microdissection as a tool that is sufficient in itself. On a general basis, the development of an optimal protocol for any tissue procurement is therefore a prerequisite, providing guidelines for clinicians and researchers for satisfactory preparation of tissues and an optimisation of the classic techniques for molecular analysis. These analyzes can be used clinically as aids in cancer diagnosis, clinical management, genomic profile studies, and targeted therapy.

The technique of laser microdissection is of great importance in the field of molecular analysis at the level of the cell. It helped to bring greater precision in the selection of biological tissues that can be seen under a microscope according to their physiological or pathological state or not. This precision in the recovery of biological samples is primarily a function of expertise in the recognition of biological tissues. The ability to use different markers as specific dyes or not, conjugated-antibody or not, has extended greatly the scope for future research from frozen or even paraffin-embedded tissue after fixation. Then, the very fine cutting laser beam and the ability to avoid or destroy any unwanted cells or cell areas only strengthen the precision, quality and reproducibility of the analyzes made on these samples later. The laser-capture microdissection process does not alter or damage the morphology or chemistry of the sample collected, nor the surrounding cells. This represents a major step forward in many areas of application to obtain better results from very small sample. Taken together, the technique of laser-assisted tissue microdissection has obvious advantages in the molecular analysis of very small samples corroborated by numerous publications showing high rates of accuracy. However, this technique does not make sense if the quality of the sample is not strictly controlled from the beginning throughout the various stages of treatment. If the DNA molecule is relatively strong, it is not the same for RNA which we know the extreme fragility depending on their environment and drastic precautions that should be considered to preserve their integrity. This also applies, but to a lesser extent for the study of proteins with which a specific protocol must be defined in terms of the family of proteins to which it belongs, if it is known. In addition, the inability to amplify recovered products, as it is the case for nucleic acids, makes longer and more complicated the protein studies.

Nevertheless, while the cost of the investment for acquiring such a system remains high, significant costs should be added with respect to consumables (special histological Membraneslides®, capsules and recovery tubes) and to updating software. It is important to note that tissue microdissection cannot yet be implemented in the context of daily diagnosis, but it is perfectly suited to research protocols defined as part of a multi-partnership. Longterm methodological back-up is required both for the technical maintenance of the system and for the protocols developed by researchers, technicians, engineers and students.

Acknowledgements

Authors are gratefully indebted to Dr Philippe Ratajczak for critical reading and helpful discussions, to Nathalie Martin and Irmine Ferreira for technical assistance. We also thank Angela Swaine Verdier for kindly editing the manuscript.

Disclosure of conflict of interest

None.

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