Original Article DNA methylation of oxidative stress genes and cancer risk in the Normative Aging Study

Tao Gao¹, Brian Thomas Joyce^{1,2}, Lei Liu^{1,3}, Yinan Zheng¹, Qi Dai⁴, Zhou Zhang¹, Wei Zhang^{1,3}, Martha J Shrubsole⁴, Meng-Hua Tao⁵, Joel Schwartz⁶, Andrea Baccarelli⁶, Lifang Hou^{1,3}

¹Department of Preventive Medicine, Feinberg School of Medicine, Northwestern University, Chicago, IL, USA 60611; ²Division of Epidemiology/Biostatistics, School of Public Health, University of Illinois-Chicago, Chicago, IL, USA 60612; ³Robert H. Lurie Comprehensive Cancer Center, Feinberg School of Medicine, Northwestern University, Chicago, IL, USA 60611; ⁴Division of Epidemiology, Department of Medicine, Vanderbilt Epidemiology Center, Vanderbilt-Ingram Cancer Center, Vanderbilt University Medical Center, Nashville, TN, USA 37232; ⁵Department of Biostatistics and Epidemiology, School of Public Health, University of North Texas Health Science Center, Fort Worth, TX, USA 76107; ⁶Department of Environmental Health, Harvard School of Public Health, Boston, MA, USA 02115

Received September 3, 2015; Accepted December 21, 2015; Epub January 15, 2016; Published February 1, 2016

Abstract: Oxidative stress (OS) is a primary mechanism of carcinogenesis, and methylation of genes related to it may play a role in cancer development. In this study, we examined the prospective association between blood DNA methylation of four oxidative stress genes and cancer incidence. Our study population included a total of 582 participants in the Normative Aging Study (NAS) who had blood drawn during 1-4 visits from 1999-2012 (mean follow up 9.0 years). Promoter DNA methylation of *CRAT, iNOS, OGG1* and *GCR* in blood leukocytes was measured using pyrosequencing. We used Cox regression models to examine prospective associations between cancer incidence and both methylation at the baseline visit and methylation rate of changes over time. Baseline *OGG1* methylation was associated with higher risk of all-cancer (HR: 1.43, 95% Cl: 1.15-1.78) and prostate cancer (HR: 1.52, 95% Cl: 1.03-2.25) incidence. Compared with participants remaining cancer-free, those who eventually developed cancer had significantly accelerated *CRAT* methylation (p = 0.04) and decelerated *iNOS* methylation (p<0.01) over time prior to cancer diagnosis. Accelerated *CRAT* methylation was associated with higher all-cancer (HR: 3.88, 95% Cl: 1.06-14.30), whereas accelerated *iNOS* methylation and its dynamic change over time in OS-related genes, including *OGG1, CRAT* and *iNOS*, may play an important role in carcinogenesis. These results can potentially facilitate the development of early detection biomarkers and new treatments for a variety of cancers.

Keywords: DNA methylation, oxidative stress, cancer incidence

Introduction

Oxidative stress (OS) refers to an imbalance between the production of free radicals and reactive metabolites (such as oxidants or reactive oxygen species) and their elimination by protective mechanisms [1]. OS, which is produced under sustained environmental stress, can in turn induce several carcinogenetic mechanisms, such as somatic mutations, DNA damage, and genomic instability [2, 3].

DNA methylation plays an important role in the regulation of gene expression, and aberrant methylation is a potential predictor of many

forms of cancer [4, 5]. Aberrant methylation of OS genes (e.g., from carcinogenic environmental exposures) can contribute to carcinogenesis by alerting OS-related pathways and further promoting cancer development. For example, altered inducible nitric oxide synthase (*iNOS*) gene expression in cancer tissues can be induced by cancer-causing infectious agents, as well as noninfectious agents such as asbestos, and may play a role in inflammation-induced cancer promotion [6]. Reduced DNA repair by 8-oxoguanine DNA glycosylase (*OGG1*) has been suggested as one possible mechanism by which folate deficiency increases cancer risk. [7]. Overexpression of several OS biomarkers was identified in tumor samples of renal cell carcinoma patients, suggesting that an examination of these genes may hold promise for the early detection of cancer [8].

However, previous studies are largely retrospective in nature, relying upon methylation measured after cancer diagnosis, in which case aberrant DNA methylation could be a consequence of cancer development and/or treatment, instead of a cause or mediator of environmental carcinogens. In general, previous studies are also limited to examining DNA methylation at one time point only, which are less informative regarding the dynamic relationship between DNA methylation and cancer development. Therefore, our objective is to examine prospective associations between risk of developing cancer and blood leukocyte DNA methylation of a panel of genes related to OS: carnitine O-acetyltransferase (CRAT), inducible nitric oxide synthase (iNOS), 8-oxoguanine DNA glycosylase (OGG1) and glucocorticoid receptor (GCR) in a longitudinal cohort study.

Materials and methods

Study population

The Normative Aging Study (NAS) was established by the US Department of Veteran Affairs in 1963 with an initial cohort of 2280 healthy men [9]. Initial eligibility criteria at enrollment included veteran status, residence in the Boston area, age 21-80, and no history of hypertension, heart disease, cancer, diabetes, or other chronic health conditions. Participants were recalled for clinical examinations every 3-5 years. Starting in 1999, participants were asked at each visit to donate a 7-ml blood sample for genetic and epigenetic analysis. From 1999 through 2012, 802 of 829 (96.7%) NAS participants regularly attending study follow-up visits agreed to this donation. Of these, 582 (72.6%) participants were free of cancer at baseline (defined as the first visit that included a blood sample for DNA analysis) and included in our study. This study was approved by the Institutional Review Boards of all participating institutions, and written consent forms obtained from all participants.

NAS visits also collected data on subject characteristics through anthropometric measurements, medical history questionnaires, and standardized medical exams. For analytic purposes we dichotomized race as white or nonwhite, and collapsed educational status into three groups (<13 years, 13-16 years, >16 years). For cigarette smoking, we considered self-reported status (never vs. current vs. former), and cumulative pack-years of smoking. Alcohol intake was assessed by self-reported number of servings per day, and dichotomized into drinking 0-1 drinks vs. two or more drinks per day on average.

Cancer diagnoses of participants were obtained from questionnaires and confirmed via medical records and histological reports. Among the 582 participants free of cancer at baseline, 137 (23.5%) developed cancer during a mean 9.0 years of follow up including: 47 prostate cancers, 43 skin cancers, and 47 other cancers.

DNA methylation measurement

For the measurement of DNA methylation, DNA was extracted from the buffy coat of 7 ml of stored, frozen whole blood through the use of QiAmp DNA blood kits (QIAGEN, Valencia, CA, USA). The extracted DNA (500 ng; concentration: 50 ng/ml) was treated with the EZ DNA Methylation-Gold Kit (Zymo Research, Orange, CA, USA) according to the manufacturer's protocol. Final elution was done with 30 ml of M-Elution Buffer (Zymo Research). DNA methvlation was quantified with bisulfite treatment and simultaneous polymerase chain reaction (PCR) and by pyrosequencing, using previously described primers and conditions [10, 11]. A 50-µl PCR was done in 25 µl of GoTag Green Master mix (Promega, Madison, WI, USA), 1 pmol biotinylated forward primer, 1 pmol reverse primer, 50 ng bisulfite-treated genomic DNA, and water. The degree of methylation was expressed as the proportion of cytosines that were 5-methylated (%5mC). Non-CpG cytosine residues were used as built-in controls to verify bisulfite conversion. Methylation measurements were standardized by processing batch number to have a mean value of 0 and a standard deviation of 1. Candidate genes were identified through a literature review of genes involved in oxidative stress pathways. The assays for methylated DNA were designed to cover the greatest possible number of CpG sites within the promoter region, taking into account the necessary length of the PCR amplicon, length of the target sequence, and primers that avoided CpGs. We measured DNA methylation levels at multiple CpG sites (one CpG site for *GCR*, two CpG sites each for *iNOS* and *CRAT*, and four CpG sites for *OGG1*), and calculated mean methylation values for each gene. Exact sites within promoter regions have been previously described [12-14].

Statistical analysis

We assessed variation between OS methylation (dichotomized about the median for descriptive analysis only) and participant characteristics using Student's *t*-test and Fisher's exact test for continuous and categorical variables, respectively. We used multiple Cox proportional hazards regression models to estimate associations between baseline OS methylation and risk of developing cancer.

To capture the dynamic change in DNA methylation over the follow-up visits, we also examined the rate of OS methylation change over time, calculated as the slope of repeated measures of methylation. This involved using a simple linear regression model to estimate changes in methylation over time (slope) for all participants with more than one measurement, and subsequently treating this slope value as an independent variable in subsequent Cox regression models. We also compared methylation rate of change for each gene between incident cancer cases and cancer-free participants using Student's t-test. In order to properly interpret our rate of change results, we conducted a sensitivity analysis where we ran another series of Cox proportional hazards models on timedependent methylation, restricted to the subset of the population that had repeated methvlation measures during the follow-up period.

Covariates for adjusted models included age at baseline, race, BMI, education, smoking status, pack-years of smoking, alcohol consumption, white blood cell count and proportion of neutrophils. All analyses were performed using SAS (version 9.3, SAS Institute). Two-sided tests were used throughout, and *p*-values less than 0.05 were considered statistically significant.

Results

Characteristics of participants in our study are similar to those that have been reported previously for this cohort [5]. Overall, participants were male, elderly (mean age 72 years) and overwhelmingly Caucasian (96.5%). The mean BMI of participants was 28.3 kg/m² (SD = 4.1). Most of the participants (72%) were college educated or more, and the majority (73%) were current or former smokers. **Table 1** shows the results of our descriptive analysis of baseline OS methylation by participant characteristics. Briefly, *iNOS* and *OGG1* methylation varied across education level (p = 0.01 and p = 0.002, respectively), and *OGG1* methylation also varied across white blood cell count (p = 0.03).

Table 2 shows the results of our analysis of baseline OS methylation with risk of developing cancer. High *OGG1* methylation at CpG site 2 was associated with all-cancer (HR: 1.43, 95% CI: 1.15, 1.78) and prostate cancer incidence (HR: 1.52, 95% CI: 1.03, 2.25), but *OGG1* methylation at other sites and on average was not significantly associated with cancer incidence. We likewise found no significant associations between *CRAT*, *iNOS*, and *GCR* methylation at baseline and cancer incidence.

Rate of mean OS gene methylation change were also associated with cancer incidence (Table 3). Mean CRAT methylation increased in participants who later developed cancer (rate: 0.06 units/year) relative to cancer-free participants (rate: -0.007 units/year; p = 0.04). The rate of mean CRAT methylation change was positively associated with all-cancer incidence (HR: 3.88, 95% CI: 1.06, 14.3). Conversely, mean iNOS methylation decreased in incident cancer cases (rate: -0.10 units/year) relative to cancer-free participants (rate: 0.02 units/year; p<0.01), and the rate of mean iNOS methylation change was inversely associated with allcancer incidence (HR: 0.08, 95% CI: 0.02, 0.38). These results were similar across all individual CpG sites for CRAT and iNOS (data available upon request). We found no significant relationships between OGG1 or GCR methylation rates of change and cancer. Sensitivity analysis with time-dependent Cox models showed no significant associations between mean OS gene methylation and cancer incidence in subset of the population with only repeated methylation measures.

Discussion

In the present cohort of elderly men, we assessed for the first time the prospective association between blood leukocyte DNA

Oxidative stress gene methylation and cancer

	Total		CRAT		INOS		0GG1			GCR			
	Mean ± SD/n (%)	Low†	High†	р	Low†	High†	р	Low†	High†	р	Low†	High†	р
Age (years)	71.7±6.7	71.7±6.9	71.9±6.7	0.63	72.5±7.2	71.9±6.8	0.44	72.7±7.1	71.8±3.5	0.28	71.9±6.9	71.6±6.6	0.62
Body Mass Index (kg/m ²)	28.3±4.1	28.5±4.1	28.2±4.2	0.45	28.6 (4.6)	28.0 (4.1)	0.18	28.6±4.7	27.9±4.2	0.14	28.3±4.0	28.5±4.4	0.48
Race													
White	556 (95.5)	263 (96.7)	252 (94.7)		176 (96.2)	175 (96.2)		169 (96.6)	161 (97.0)		234 (95.1)	230 (95.4)	
Non-white	26 (4.5)	9 (3.3)	14 (5.3)	0.26	7 (3.8)	7 (3.8)	0.99	6 (3.4)	5 (3.0)	0.83	12 (4.9)	11 (4.6)	0.87
Education (years)													
<13	167 (28.7)	74 (27.2)	82 (30.8)		62 (33.8)	42 (23.1)		68 (38.9)	43 (25.9)		67 (27.2)	75 (31.1)	
13-16	286 (49.1)	140 (51.5)	121 (45.5)		76 (41.5)	104 (57.1)		82 (46.9)	77 (46.4)		125 (50.8)	108 (44.8)	
>16	129 (22.2)	58 (21.3)	63 (23.7)	0.38	45 (24.6)	36 (19.8)	0.01*	25 (14.3)	46 (27.7)	0.002*	54 (22.0)	58 (24.1)	0.41
Smoking status													
Never	160 (27.5)	86 (31.6)	65 (24.4)		43 (23.5)	45 (24.7)		43 (24.6)	40 (24.1)		72 (29.3)	64 (26.6)	
Current	27 (4.6)	12 (4.4)	12 (4.5)		7 (3.8)	8 (4.4)		9 (5.1)	8 (4.8)		13 (5.3)	12 (5.0)	
Former	395 (67.9)	174 (64.0)	189 (71.1)	0.18	133 (72.7)	129 (70.9)	0.92	123 (70.3)	118 (71.1)	0.98	161 (65.5)	165 (68.5)	0.78
Pack-years of smoking	20.7±24.1	20.0±24.6	22.0±23.6	0.36	21.3±24.3	22.2±18.6	0.74	20.0±25.6	21.1±23.4	0.72	20.3±23.9	22.2±25.6	0.39
Mean alcohol consumption													
0-1 drinks/day	480 (82.5)	222 (81.6)	220 (82.7)		150 (82.0)	148 (81.3)		143 (81.7)	128 (77.1)		204 (82.9)	199 (82.6)	
2+ drinks/day	102 (17.5)	50 (18.4)	46 (17.3)	0.74	33 (18.0)	34 (18.7)	0.87	32 (18.3)	38 (22.9)	0.29	42 (17.1)	42 (17.4)	0.92
White blood cell count	6.4±2.2	6.4±1.6	6.3±1.6	0.50	6.6±3.1	6.3±1.6	0.29	6.8±3.1	6.2±1.6	0.03*	6.4±1.5	6.4±1.7	0.96
Neutrophils proportion	62.0±8.3	61.8±7.9	62.4±8.0	0.46	61.4±8.5	62.6±7.8	0.18	62.4±9.0	62.1±8.7	0.79	62.8±7.8	61.6±8.0	0.13

Table 1. Subject characteristics by mean OS methylation at baseline

† = Methylation subgroups were divided by median methylation for each gene at the baseline. * = Statistically significant at p<0.05; P-values shown for Student's t-test and Fisher's exact test for continuous and categorical characteristics, respectively.

				-			
			All cancer	Prostate cancer			
	Cancer-free	n	HR (95% CI)	р	n	HR (95% CI)	р
CRAT							
Site 1	403	119	0.95 (0.79-1.15)	0.61	41	1.22 (0.93-1.59)	0.15
Site 2	403	119	0.83 (0.68-1.12)	0.07	41	0.87 (0.62-1.22)	0.42
Mean	403	119	0.87 (0.71-1.05)	0.15	41	0.96 (0.69-1.32)	0.81
INOS							
Site 1	285	70	1.10 (0.82-1.45)	0.54	26	1.33 (0.86-2.07)	0.2
Site 2	285	70	1.21 (0.91-1.58)	0.18	26	1.56 (0.98-2.47)	0.06
Mean	285	70	1.19 (0.90-1.57)	0.23	26	1.52 (0.97-2.40)	0.07
OGG1							
Site 1	261	68	0.8 7 (0.67-1.13)	0.29	23	1.02 (0.67-1.54)	0.94
Site 2	261	68	1.43 (1.15-1.78)	0.001*	23	1.52 (1.03-2.25)	0.03*
Site 3	261	68	0.91 (0.70-1.17)	0.46	23	0.80 (0.49-1.31)	0.37
Site 4	261	68	1.01 (0.80-1.28)	0.9	23	1.02 (0.68-1.52)	0.91
Mean	261	68	1.05 (0.84-1.34)	0.64	23	1.14 (0.77-1.69)	0.52
GCR							
Site 1	362	110	0.90 (0.74-1.10)	0.32	35	0.91 (0.64 -1.31)	0.62
* = Statistically significant at p<0.05.							

Table 2. Associations between baseline OS methylation and cancer incidence

methylation of OS genes and cancer risk. In our study, only baseline OGG1 methylation at CpG site 2 was associated with risk of both all-cancer and prostate cancer incidence. We also found that participants who subsequently developed cancers experienced increased CRAT methylation over time and decreased iNOS methylation while cancer-free participants experienced relatively stable methylation levels of both genes. Also rates of change of CRAT and iNOS methylation were significantly associated with all-cancer incidence. The dynamics of these genes' methylation suggests that the ongoing epigenetic dysregulation of OS genes could be an important contributor to the development of cancer.

Our finding of increased all-cancer and prostate cancer incidence among participants with higher baseline OGG1 methylation in a single promoter CpG site supports several previous studies of OGG1. As a gene with DNA-repair function, OGG1 encodes 8-oxoguanine DNA glycosylase, which is involved in the excision of 8-oxoguanine, [15] itself a common mutagenic DNA lesion that is formed by intracellular oxidation and/or exposure to external carcinogens [16-18]. Lower 8-oxoguanine DNA glycosylase activity, and consequent reduced ability to repair OS-related DNA damage, has been associated with cancers of the lung, kidney, head and neck [15, 19, 20]. Reduced OGG1 activity has also been associated with UV exposure in vitro. [21]. To our knowledge, our study is the first to link cancerrelated changes in circulating 8-oxoguanine DNA glycosylase with epigenetic alterations. However, only OGG1 methylation measured at a single site was significantly associated with cancer risk in our study. Two prior studies showed that methylation of the promoter regions of genes is frequently site-specif-

ic and that certain methylating CpG sites could have a stronger impact on transcriptional suppression than others [14, 22]. These findings suggest that there may be biologically and/or clinically relevant heterogeneity of effects in the methylation of different CpG sites within OGG1. Alternatively, the weakness of these findings may be a reflection of our cohort data. Older men were found to have reduced OGG1 expression in one study using blood cells, [23] and another suggested that blood leukocytes have lower OGG1 expression in healthy subjects [24]. Future research to examine site #2 of OGG1 in greater detail and utilizing different cell types (as well as cell-free DNA), and to confirm its relationship with cancer development, is warranted. This finding may be driven in part by the high proportion of skin cancers in our study; studying this position of OGG1 in the context of UV exposure and melanoma may be particularly informative. Moreover, the positive association with prostate cancer, itself consistent with a prior finding of elevated markers of oxidative DNA damage in the blood of prostate cancer patients, [25] suggest that OGG1 may be useful as a potential biomarker of multiple different types of cancer.

In addition, we also observed increased CRAT gene methylation in incident cancer cases com-

	Cancer-free	All-cancer	р
CRAT			
Ν	291	56	
Mean (units/year)	-0.007	0.06	0.035*
HR (95% CI)	REF	3.88 (1.06-14.3)	0.041*
INOS			
Ν	222	39	
Mean (units/year)	0.017	-0.10	0.0037*
HR(95% CI)	REF	0.08 (0.02-0.38)	0.001*
OGG1			
Ν	192	38	
Mean (units/year)	-0.03	-0.05	0.77
HR(95% CI)	REF	0.64 (0.11-3.75)	0.62
GCR			
Ν	269	55	
Mean (units/year)	-0.02	0.01	0.52
HR (95% CI)	REF	1.51 (0.47-4.87)	0.49

Table 3. OS methylation rate of change and cancer	
incidence	

* = Statistically significant at p<0.05.

pared to those who remained cancer-free. CRAT produces a mitochondrial matrix enzyme that catalyzes the inter-conversion of acetyl-CoA and acetylcarnitine, playing an important role in numerous metabolic processes. Studies have shown that CRAT not only buffers the mitochondrial acetyl-CoA pool but also regenerates free CoA, both of which influence the activities of several oxidative enzymes [26]. Insufficient CRAT activity could exacerbate metabolic derangements and further increase oxidative stress [27]. A prior NAS analysis by Madrigano, et al. showed that aging, a known risk factor for cancer, was significantly associated with increased CRAT methylation [28]. However, the fact that the rate of CRAT methylation significantly differed between participants developing cancer and cancer-free participants means that the association between CRAT and cancer cannot be explained entirely by the aging process. Animal models have shown an inverse relationship between CRAT activity and BMI, suggesting a possible link to nutritional and/or other lifestyle factors that were beyond the scope of this analysis [27]. Other potential causes of accelerated CRAT methylation, such as nutrition or environmental exposures, should be further explored to inform the involvement of oxidative stress processes in cancer development over time as well as to develop a potentially useful biomarker of poor nutrition or other carcinogenic exposure.

Nitric oxide (NO) is another free radical implicated in carcinogenesis. NO has deleterious effects on many cell components including DNA [29] and the majority of NO in the human body is synthesized by iNOS, the inducible form of nitric oxide synthase [30]. The expression of iNOS could be stimulated by many factors including immunological or inflammatory stimuli like γ -interferon, TNF- α , IL1 and so on. [31], [32] iNOS expression has been found to be increased in various types of cancer including lung, [33] prostate, [34-36] and colorectal cancers [37]. A comparison of human and murine models has suggested that iNOS expression is particularly susceptible to the effects of changes in methylation [38]. The small hazard ratio in our study for the rate of iNOS methylation change and

cancer development supports this notion. Increased expression of iNOS could also promote tumor growth via the stimulation of tumor angiogenesis, which is a requirement for the growth of solid tumors [39-41]. In addition, NO's role as a cancer promoter suggests that this decreasing iNOS methylation could be the result of carcinogenic exposures [42]. iNOS and NO pathways have been suggested as one possible route through which nutritional factors influence the risk of chronic inflammation-related diseases, including cancer [43]. This could also explain the association between iNOS and education seen in our descriptive analysis, with education serving as a proxy for poor nutrition and iNOS mediating those effects on cancer risk. Further studies of iNOS methylation in the context of poor nutrition and other, more direct, measures of socioeconomic status will help to confirm its involvement in this pathway, and may allow for the development of new health interventions to partially compensate for some of the health effects of poor nutrition. Finally, iNOS' susceptibility to methylation effects coupled with its involvement in a number of different tumorigenic processes makes it a strong candidate for chemoprevention and/or chemotherapy [44]. If methylation of iNOS could be induced, it could potentially impact cancers of a number of different organ sites.

Our rate-of-change analyses identified relatively rapid increases in CRAT methylation, and relatively rapid decreases in iNOS methylation, for both the average methylation value and all position-specific values, but only among the population that at some point developed cancer during the follow-up period. To our knowledge, no other study has identified trends over time in gene-specific blood leukocyte DNA methylation during the process of cancer development. If verified in other, more diverse populations, these two genes could potentially provide a valuable measurement of oxidative stress in the body, and serve as a useful biomarker of cancer prediction or risk stratification for screening (particularly since methylation of these genes in cancer-free participants was relatively stable). Being able to reactivate DNA repair mechanisms specific to OS may also provide valuable new avenues for the development of new treatments for cancer, at least one of which (based on NO pathways) has already showed preliminary success in vitro. [45]. The fact that the rate of change for both CRAT and iNOS methylation, rather than timedependent or baseline methylation measures, suggests that these genes may not be mechanistically involved in the development of cancer. Rather, these epigenetic changes over time may be reflective of other biological processes, possibly related to oxidative stress, that are occurring as a precursor to or part of carcinogenesis. The role of iNOS and NO in cancer development is complex, and dependent on a variety of different factors, some of them timedependent [46]. Additional longitudinal studies of OS gene methylation are necessary to establish these genes' value as a biomarker of cancer and potential utility as a chemopreventative agent, and to further clarify the relationship between OS gene methylation rate of change, and cancer development.

The longitudinal nature of this study enabled us to explore the temporal associations between OS methylation and cancer risk while avoiding the biases often encountered in cross-sectional or retrospective studies. However, our study was subject to several limitations. We measured OS methylation from peripheral blood leukocytes. While OS methylation in leukocytes could show the cumulative effect of general environmental and lifestyle factors, it could be different from tissue- or tumor-specific OS methylation profiles. However, all the genes we selected were known to be expressed and functional in leukocytes and participate in critical cellular functions, measurement in leukocytes may be appropriate biological markers. In addition, our study participants were all male and majority Caucasian, thus further studies in female and non-Caucasian populations are warranted to confirm our findings. Finally, although our study has a large quantity of data and multiple follow-up measurements, the sample size in our study limited our ability to study specific cancer types other than prostate cancer. Thus, caution should be exercised when interpreting our results as different types of cancer may have different causes and mechanisms. Larger studies with multiple cancer types are necessary to confirm the value of OS methylation as universal cancer biomarkers.

In conclusion, our results suggest that methylation in key OS genes may play an important role in carcinogenesis. OGG1 methylation at baseline and rates of change of mean methylation for both CRAT and iNOS genes in the years prior to cancer diagnosis are associated with cancer incidence. Furthermore, ongoing methylation change for CRAT and iNOS seems to behave qualitatively differently between participants developing cancer and those who remain cancer free, suggesting ongoing biological processes measurable in peripheral blood cells that are linked to cancer development and pointing to a potentially viable biomarker of multiple different types of cancer. Further study of the processes associated with CRAT and iNOS could potentially inform our understanding of carcinogenesis and lead to new interventions to prevent cancer.

Acknowledgements

The Normative Aging Study is supported by the Epidemiology Research and Information Center of U.S. Department of Veterans Affairs. Additional support of this work comes from the Northwestern University Robert H. Lurie Comprehensive Cancer Center Rosenberg Research Fund.

Disclosure of conflict of interest

None.

Address correspondence to: Lifang Hou, Department of Preventive Medicine, Feinberg School of Medicine, Northwestern University, 680 N. Lake Shore Drive, Suite 1400, Chicago, IL, USA 60611. Tel: 312-503-4798; Fax: 312-908-9588; E-mail: I-hou@northwestern.edu

References

- Reuter S, Gupta SC, Chaturvedi MM and Aggarwal BB. Oxidative stress, inflammation, and cancer How are they linked? Free Radic Biol Med 2010; 49: 1603-1616.
- [2] Khandrika L, Kumar B, Koul S, Maroni P and Koul HK. Oxidative stress in prostate cancer. Cancer Lett 2009; 282: 125-136.
- [3] Visconti R and Grieco D. New insights on oxidative stress in cancer. Curr Opin Drug Discov Devel 2009; 12: 240-245.
- [4] Esteller M. Epigenetics in cancer. N Engl J Med 2008; 358: 1148-1159.
- [5] Zhu ZZ, Sparrow D, Hou L, Tarantini L, Bollati V, Litonjua AA, Zanobetti A, Vokonas P, Wright RO, Baccarelli A and Schwartz J. Repetitive element hypomethylation in blood leukocyte DNA and cancer incidence, prevalence, and mortality in elderly individuals: the Normative Aging Study. Cancer Causes Control 2011; 22: 437-447.
- [6] Murata M, Thanan R, Ma N and Kawanishi S. Role of nitrative and oxidative DNA damage in inflammation-related carcinogenesis. J Biomed Biotechnol 2012; 2012: 623019.
- [7] Duthie SJ, Grant G, Pirie LP, Watson AJ and Margison GP. Folate deficiency alters hepatic and colon MGMT and OGG-1 DNA repair protein expression in rats but has no effect on genome-wide DNA methylation. Cancer Prev Res (Phila) 2010; 3: 92-100.
- [8] Hori Y, Oda Y, Kiyoshima K, Yamada Y, Nakashima Y, Naito S and Tsuneyoshi M. Oxidative stress and DNA hypermethylation status in renal cell carcinoma arising in patients on dialysis. J Pathol 2007; 212: 218-226.
- [9] Bell B, Rose CL and Damon A. Normative Aging Study - Interdisciplinary and Longitudinal Study of Health and Aging. Aging and Human Development 1972; 3: 5-17.
- [10] Baccarelli A, Wright RO, Bollati V, Tarantini L, Litonjua AA, Suh HH, Zanobetti A, Sparrow D, Vokonas PS and Schwartz J. Rapid DNA methylation changes after exposure to traffic particles. Am J Respir Crit Care Med 2009; 179: 572-578.
- [11] Bollati V, Schwartz J, Wright R, Litonjua A, Tarantini L, Suh H, Sparrow D, Vokonas P and Baccarelli A. Decline in genomic DNA methylation through aging in a cohort of elderly subjects. Mech Ageing Dev 2009; 130: 234-239.
- [12] Bind MA, Baccarelli A, Zanobetti A, Tarantini L, Suh H, Vokonas P and Schwartz J. Air Pollution and Markers of Coagulation, Inflammation, and Endothelial Function Associations and

Epigene-environment Interactions in an Elderly Cohort. Epidemiology 2012; 23: 332-340.

- [13] Bind MA, Lepeule J, Zanobetti A, Gasparrini A, Baccarelli A, Coull BA, Tarantini L, Vokonas PS, Koutrakis P and Schwartz J. Air pollution and gene-specific methylation in the Normative Aging Study. Epigenetics 2014; 9: 448-458.
- [14] Alexeeff SE, Baccarelli AA, Halonen J, Coull BA, Wright RO, Tarantini L, Bollati V, Sparrow D, Vokonas P and Schwartz J. Association between blood pressure and DNA methylation of retrotransposons and pro-inflammatory genes. Int J Epidemiol 2013; 42: 270-280.
- [15] Paz-Elizur T, Krupsky M, Blumenstein S, Elinger D, Schechtman E and Livneh Z. DNA repair activity for oxidative damage and risk of lung cancer. J Natl Cancer Inst 2003; 95: 1312-1319.
- [16] Asami S, Hirano T, Yamaguchi R, Tomioka Y, Itoh H and Kasai H. Increase of a type of oxidative DNA damage, 8-hydroxyguanine, and its repair activity in human leukocytes by cigarette smoking. Cancer Res 1996; 56: 2546-2549.
- [17] Cooke MS, Evans MD, Dizdaroglu M and Lunec J. Oxidative DNA damage: mechanisms, mutation, and disease. FASEB J 2003; 17: 1195-1214.
- [18] Wallace SS. Biological consequences of free radical-damaged DNA bases. Free Radic Biol Med 2002; 33: 1-14.
- [19] Paz-Elizur T, Ben-Yosef R, Elinger D, Vexler A, Krupsky M, Berrebi A, Shani A, Schechtman E, Freedman L and Livneh Z. Reduced repair of the oxidative 8-oxoguanine DNA damage and risk of head and neck cancer. Cancer Res 2006; 66: 11683-11689.
- [20] Audebert M, Chevillard S, Levalois C, Gyapay G, Vieillefond A, Klijanienko J, Vielh P, El Naggar AK, Oudard S, Boiteux S and Radicella JP. Alterations of the DNA repair gene OGG1 in human clear cell carcinomas of the kidney. Cancer Res 2000; 60: 4740-4744.
- [21] Gueranger Q, Li F, Peacock M, Larnicol-Fery A, Brem R, Macpherson P, Egly JM and Karran P. Protein oxidation and DNA repair inhibition by 6-thioguanine and UVA radiation. J Invest Dermatol 2014; 134: 1408-1417.
- [22] Zou B, Chim CS, Zeng H, Leung SY, Yang Y, Tu SP, Lin MC, Wang J, He H, Jiang SH, Sun YW, Yu LF, Yuen ST, Kung HF and Wong BC. Correlation between the single-site CpG methylation and expression silencing of the XAF1 gene in human gastric and colon cancers. Gastroenterology 2006; 131: 1835-1843.
- [23] Paz-Elizur T, Elinger D, Leitner-Dagan Y, Blumenstein S, Krupsky M, Berrebi A, Schechtman E and Livneh Z. Development of an enzymatic DNA repair assay for molecular epidemiology studies: distribution of OGG activity in healthy individuals. DNA Repair (Amst) 2007; 6: 45-60.

- [24] Mazzei F, Guarrera S, Allione A, Simonelli V, Narciso L, Barone F, Minoprio A, Ricceri F, Funaro A, D'Errico M, Vogel U, Matullo G and Dogliotti E. 8-Oxoguanine DNA-glycosylase repair activity and expression: a comparison between cryopreserved isolated lymphocytes and EBV-derived lymphoblastoid cell lines. Mutat Res 2011; 718: 62-67.
- [25] Kosova F, Temeltas G, Ari Z and Lekili M. Possible relations between oxidative damage and apoptosis in benign prostate hyperplasia and prostate cancer patients. Tumour Biol 2014; 35: 4295-4299.
- [26] Muoio DM, Noland RC, Kovalik JP, Seiler SE, Davies MN, DeBalsi KL, Ilkayeva OR, Stevens RD, Kheterpal I, Zhang J, Covington JD, Bajpeyi S, Ravussin E, Kraus W, Koves TR and Mynatt RL. Muscle-specific deletion of carnitine acetyltransferase compromises glucose tolerance and metabolic flexibility. Cell Metab 2012; 15: 764-777.
- [27] Seiler SE, Martin OJ, Noland RC, Slentz DH, De-Balsi KL, Ilkayeva OR, An J, Newgard CB, Koves TR and Muoio DM. Obesity and lipid stress inhibit carnitine acetyltransferase activity. J Lipid Res 2014; 55: 635-644.
- [28] Madrigano J, Baccarelli A, Mittleman MA, Sparrow D, Vokonas PS, Tarantini L and Schwartz J. Aging and epigenetics: longitudinal changes in gene-specific DNA methylation. Epigenetics 2012; 7: 63-70.
- [29] Nguyen T, Brunson D, Crespi CL, Penman BW, Wishnok JS and Tannenbaum SR. DNA damage and mutation in human cells exposed to nitric oxide in vitro. Proc Natl Acad Sci U S A 1992; 89: 3030-3034.
- [30] Cronauer MV, Ince Y, Engers R, Rinnab L, Weidemann W, Suschek CV, Burchardt M, Kleinert H, Wiedenmann J, Sies H, Ackermann R and Kroncke KD. Nitric oxide-mediated inhibition of androgen receptor activity: possible implications for prostate cancer progression. Oncogene 2007; 26: 1875-1884.
- [31] Nathan C and Xie QW. Regulation of biosynthesis of nitric oxide. J Biol Chem 1994; 269: 13725-13728.
- [32] Davis KL, Martin E, Turko IV and Murad F. Novel effects of nitric oxide. Annu Rev Pharmacol Toxicol 2001; 41: 203-236.
- [33] Marrogi AJ, Travis WD, Welsh JA, Khan MA, Rahim H, Tazelaar H, Pairolero P, Trastek V, Jett J, Caporaso NE, Liotta LA and Harris CC. Nitric oxide synthase, cyclooxygenase 2, and vascular endothelial growth factor in the angiogenesis of non-small cell lung carcinoma. Clin Cancer Res 2000; 6: 4739-4744.
- [34] Aaltoma SH, Lipponen PK and Kosma VM. Inducible nitric oxide synthase (iNOS) expression and its prognostic value in prostate cancer. Anticancer Res 2001; 21: 3101-3106.

- [35] Aaltomaa SH, Lipponen PK, Viitanen J, Kankkunen JP, Ala-Opas MY and Kosma VM. The prognostic value of inducible nitric oxide synthase in local prostate cancer. BJU Int 2000; 86: 234-239.
- [36] Wang J, Torbenson M, Wang Q, Ro JY and Becich M. Expression of inducible nitric oxide synthase in paired neoplastic and non-neoplastic primary prostate cell cultures and prostatectomy specimen. Urol Oncol 2003; 21: 117-122.
- [37] Kojima M, Morisaki T, Tsukahara Y, Uchiyama A, Matsunari Y, Mibu R and Tanaka M. Nitric oxide synthase expression and nitric oxide production in human colon carcinoma tissue. J Surg Oncol 1999; 70: 222-229.
- [38] Chan GC, Fish JE, Mawji IA, Leung DD, Rachlis AC and Marsden PA. Epigenetic basis for the transcriptional hyporesponsiveness of the human inducible nitric oxide synthase gene in vascular endothelial cells. J Immunol 2005; 175: 3846-3861.
- [39] Cianchi F, Cortesini C, Fantappie O, Messerini L, Schiavone N, Vannacci A, Nistri S, Sardi I, Baroni G, Marzocca C, Perna F, Mazzanti R, Bechi P and Masini E. Inducible nitric oxide synthase expression in human colorectal cancer: correlation with tumor angiogenesis. Am J Pathol 2003; 162: 793-801.
- [40] Jenkins DC, Charles IG, Thomsen LL, Moss DW, Holmes LS, Baylis SA, Rhodes P, Westmore K, Emson PC and Moncada S. Roles of nitric oxide in tumor growth. Proc Natl Acad Sci U S A 1995; 92: 4392-4396.
- [41] Folkman J, Watson K, Ingber D and Hanahan D. Induction of angiogenesis during the transition from hyperplasia to neoplasia. Nature 1989; 339: 58-61.
- [42] Felley-Bosco E. Role of nitric oxide in genotoxicity: implication for carcinogenesis. Cancer Metastasis Rev 1998; 17: 25-37.
- [43] Szarc vel Szic K, Declerck K, Vidakovic M and Vanden Berghe W. From inflammaging to healthy aging by dietary lifestyle choices: is epigenetics the key to personalized nutrition? Clin Epigenetics 2015; 7: 33.
- [44] Janakiram NB and Rao CV. iNOS-selective inhibitors for cancer prevention: promise and progress. Future Med Chem 2012; 4: 2193-2204.
- [45] Shang ZJ, Li ZB and Li JR. In vitro effects of nitric oxide synthase inhibitor L-NAME on oral squamous cell carcinoma: a preliminary study. Int J Oral Maxillofac Surg 2006; 35: 539-543.
- [46] Singh S and Gupta AK. Nitric oxide: role in tumour biology and iNOS/NO-based anticancer therapies. Cancer Chemother Pharmacol 2011; 67: 1211-1224.