

Original Article

Biopolymer based nanosystem for doxorubicin targeted delivery

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Abstract: This study describes formation of an actively and passively targeted, water-soluble drug delivery system (DDS) which contains doxorubicin (DOX). The system comprises two biocompatible and biodegradable polymers: poly- γ -glutamic acid (PGA) and chitosan (CH). Self-assembly of these biopolymers in aqueous medium results stable nanoparticles (NPs) with a hydrodynamic size of 80-150 nm and slightly negative surface charge. Folic acid (FA) was used as targeting agent bonded to the polyanion (PA) and also to the surface of the NPs. The NP's physical stability, active targeting effect, cellular toxicity, release profile and *in vivo* anti-tumor efficacy were investigated. It was found that the targeted, self-assembled nanoparticles are stable at 4 °C for several months, cause better *in vitro* toxicity effect on folate receptor (FR) positive cell lines than the doxorubicin or the non-targeted nanosystem and based on its release profile it is expected, that the nanosystem will remain stable during the circulation in the body. Pharmacodynamic studies demonstrated that the DOX-loaded nanoparticles can deliver greater tumor growth inhibition than the free drug molecules and the liposomal compound, with less general toxicity. It was observed that the overall survival is the main benefit of the biopolymer based drug delivery system.

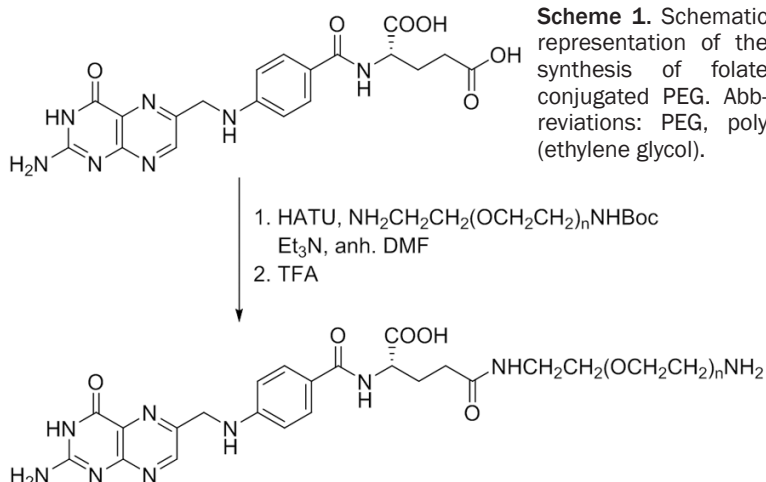
Keywords: Biopolymers, self-assembled nanoparticles, doxorubicin, drug delivery, folate-targeted, *in vitro* release, *in vivo* anti-tumor efficacy

Introduction

Drug delivery systems like proteins [1], emulsions [2, 3], liposomes [4-6], polymers [7-10] and copolymers [11] have been intensively studied in recent years. The problem to be solved for these DDSs is to decrease the non-specific effect of the chemotherapeutic agents by providing specific delivery of the active compound to the tumor cells, thereby reducing the dose needed, and accordingly, the adverse effects on the intact tissues. For this purpose the system should be non-leaky, stable sized and actively and/or passively targeted. According to the conventional methods of synthesizing actively targeted nanosystem, drug-loaded nanoparticles are first formed, followed by the conjugation of targeting agents to the surface of the NPs. A number of different targeting moieties are conjugated usually to the NPs for targeting to the appropriate receptors expressed in the target site, like monoclonal antibodies [12] or their fragments, polypeptides [13],

aptamers [14] and other molecules (e.g. transferrin [15], ACUPA [16] or folic acid [17-21]) Folic acid is one of the most frequently used targeting agent among researchers, because compared with other targeting agents, folic acid offers several advantages. It is small (441 Da), stable over a broad range of temperatures and pH values, and thus amenable for site-specific chemical modification. It is inexpensive, non-immunogenic, and binds to the FR with high affinity even after conjugation to a diagnostic or therapeutic cargo [22]. In normal tissues and organs, FR expression is restricted to only a few sites, where FR is not in contact with circulating folates or intravenously administered folic acid conjugates [23]. Numerous studies have shown that FR is markedly overexpressed on the surface of various tumor types, including ovarian, kidney, lung, brain, endometrial, colorectal, pancreatic, gastric, prostate, testicular, bladder, head and neck, and breast cancers, as well as non-small cell lung cancer [17, 24, 25]. Evidence also suggests that FR expression

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ity of the nanoparticles was tested by following their size changes in aqueous medium and also during the release studies. The system was characterized by HPLC, NMR, UV-VIS spectrophotometer and ZetaSizer instruments. The cytotoxic and targeting effects of DOX-loaded NPs were evaluated using folate receptor (FR)-positive cancer cell lines. The *in vivo* efficacy of NPs was tested on human ovarian model.

Materials and methods

Materials

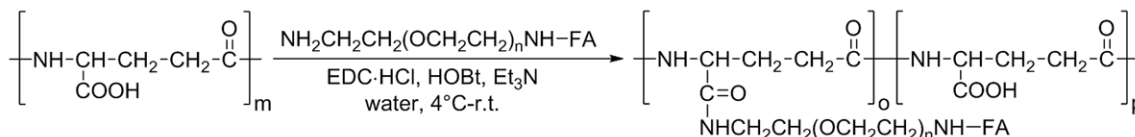
Poly- γ -glutamic acid (PGA; >92%, $M_w = 50$ kDa) was purchased from Shandong Freda Biotechnology Co., Ltd., China, and was used without further purification. Chitosan (CH; degree of deacetylation = 88%, $M_w = 320$ kDa) was purchased from Sigma-Aldrich Co., Hungary and purified by the following method: CH was dissolved in 2.0% aqueous acetic acid (1.0% w/w polymer concentration), filtered and dialyzed against distilled water. The solution was lyophilized to obtain a white chitosan powder. *N*-(3-Dimethylaminopropyl)-*N'*-ethylcarbodiimide hydrochloride (EDC*HCl), 1-hydroxybenzotriazole hydrate (HOBt), 1-[Bis-(dimethyl-amino)methylene]-*H*-1,2,3-triazolo-[4,5-*b*]-pyridinium 3-oxid hexafluorophosphate (HATU), ethylenediaminetetraacetic acid (EDTA), folic acid (FA), sodium bicarbonate, triethylamine (Et_3N), anhydrous dimethylformamide (DMF), trifluoroacetic acid (TFA) and dimethyl sulfoxide (DMSO) were purchased from Sigma-Aldrich Co., Hungary, doxorubicin (DOX) hydrochloride was obtained from Carbosynth Ltd., United Kingdom and *t*-Boc Amine PEG Amine HCl Salt (NH_2 -PEG-NH-Boc, $M_w = 2000$ Da) was purchased from JenKem Technology USA Inc., USA, these chemicals were used as received. DEAE Sephadex A25 anion exchange column was purchased from Sigma-Aldrich Co., Hungary. All other chemicals were analytic-grade and were used without further purification. The pH of the aqueous polymer solutions was adjusted by the dropwise addition of NaOH (0.1 M) or HCl (0.1 M).

increases with advancing disease and that overexpression of FR is a negative prognostic factor for breast, colorectal, ovarian, and endometrial cancer [26, 27]. Thus, FR is viewed as a therapeutic target that may provide an effective option for targeted personalized cancer therapy [28].

According to newer strategies pre-functionalized polymer components with one of these targeting agents are first prepared followed by NP formation [29]. In this study folic acid is used as targeting agent and the two synthesizing techniques are combined, folic acid is bonded to the polymer before self-assembling, and also to the surface of the self-assembled NPs, thus an enhanced targeting is provided. Poly- γ -glutamic acid [30] is a biodegradable and biocompatible polyanion, through its carboxyl groups PGA is capable to form ion-ion interaction and covalent bond with the amino function of doxorubicin [31-33]. Chitosan [34] with complexing agents is used as polycation (PC); it is a linear polysaccharide containing reactive amino groups. The NPs were self-assembled from these two modified biopolymers based on the ion-ion interactions of their functional groups. Nowadays, several self-assembled nanoparticles have disadvantages, they tend to dissociate [10, 35] in the body so their sizes can change, or in some cases the drug encapsulation is not strong enough, so the drug molecules can release before they reach the tumor site.

The purpose of our project was to synthesize stable, self-assembled, targeted drug delivery system for transporting doxorubicin. The stabil-

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Scheme 2. Schematic representation of the synthesis of targeted PGA. Abbreviations: PGA, poly- γ -glutamic acid.

Nanoparticle preparation

Synthesis of folate-PEG conjugates (FA-NH-PEG-NH₂)

To the stirred solution of folic acid (100 mg) in DMF (20 mL) HATU (86 mg in 2 mL DMF) was added dropwise at 4°C. After 10 min of stirring in the dark NH₂-PEG-NH-Boc (453 mg), then 15 min later Et₃N (79 ml) was added. The reaction mixture was stirred overnight at room temperature in the dark. After evaporation of the DMF the residue was dissolved in TFA (20 mL) and the mixture was stirred for 3 hours at room temperature in the dark. TFA was removed under vacuum and the resulting yellow syrup was purified by gel filtration over a DEAE Sephadex A25 column equilibrated with 0.1 M NaHCO₃ to remove unconjugated folic acid. The solution of the product was desalted with dialysis and lyophilized to yield a yellow solid.

The preparation of the folate conjugated PEG is illustrated by the **Scheme 1**.

Folic acid-PEG-amine (FA-NH-PEG-NH₂) association with PGA

Poly- γ -glutamic acid (300 mg) was dissolved in water (300 mL) then HOBT (94 mg) was added. The solution was stirred at 4°C for 15 min then EDC*HCl (445 mg in 15 ml water) was added. The reaction mixture was stirred for 10 min, then folic FA-NH-PEG-NH₂ (465 mg in 10 ml water) and Et₃N (235 ml) was added and stirred at room temperature in the dark for 24 h. The PGA-PEG-FA was purified by membrane filtration.

The preparation of the targeted PGA is illustrated by the **Scheme 2**.

Preparation of CH-EDTA conjugates

A solution was prepared from chitosan (15 mg) in water (15 mL), the pH was adjusted to 5. After the dropwise addition of aqueous EDTA

(8.2 mg, 2 mL, pH = 3.2), the mixture was stirred at room temperature for 30 min, and at 4°C for 15 min. After that, EDC*HCl (5.1 mg, in 2 mL of distilled water) was added dropwise and the reaction mixture was stirred at 4°C for 4 h, then at room temperature for 20 h. The CH-EDTA conjugate was purified by membrane filtration.

General procedure for DOX-loaded poly- γ -glutamic acid preparation (non-targeted PGA-DOX, targeted PGA-PEG-FA-DOX)

PGA or PGA-PEG-FA solution (20 mL 0.5 mg/mL) was stirred for 15 minutes at pH = 6. DOX (6.2 mg) in distilled water (1 mL) was added dropwise to the solution and the mixture was stirred for 30 min at room temperature, then for 15 min at 4°C. EDC*HCl (3.2 mg) in DMSO (1 mL) and HOBT (1.40 mg) in DMSO (1 mL) were added and the reaction was stirred at 4°C for 4 h then at room temperature for 20 h. The PGA-DOX was purified by membrane filtration

General procedure for the nanoparticle preparation

Solution of CH-EDTA (1 mL, 0.3 mg/mL, pH = 4.0) was added dropwise to the modified PGA solution (PGA-PEG-FA; PGA-PEG-FA-DOX or PGA-DOX, 2 mL, 0.3 mg/mL, pH = 9.5) under vigorous stirring.

Folic acid-PEG-amine (FA-NH-PEG-NH₂) association to the surface of the nanoparticles

FA-NH-PEG-NH₂ (7.9 mg) in water (1 mL) was added dropwise to the solution of 15 ml doxorubicin loaded NP (15 mL, 0.3 mg/mL) and the mixture was stirred for 30 min at room temperature, then for 15 minutes at 4°C. EDC*HCl (1.4 mg) in distilled water (1 mL), HOBT (0.63 mg) in distilled water (1 mL) and Et₃N (0.9 ml) were added and the reaction was stirred at 4°C for 4 h then at room temperature for 20 h. The NP-PEG-FA was purified by membrane filtration.

Characterization

Characterization with nuclear magnetic resonance (NMR) spectroscopy

The received NH₂-PEG-NH-Boc samples, and the prepared PGA-PEG-FA conjugates were characterized by ¹H NMR spectroscopy. The spectra were recorded at room temperature in deuterated water (D₂O) using a 400 MHz NMR spectrometer.

Determination the purity of the FA-NH-PEG-NH₂ samples with HPLC

The analysis was performed on a HPLC system (Waters e2695 Separations Module) equipped with an XBridge BEH C18 column (Waters, 4.6×250 mm, 3.5 μm) and a UV/Vis detector (Waters 2489 UV/Vis detector). Briefly, 10 μL of the solution was injected to the mobile phase which was made from high purity water (Millipore RiOs-DI 3, R_z≥18 MΩ) and 10 mM KH₂PO₄ and acetonitrile. The pH of the solution was set to 2.60. The mixture was chromatographically separated using gradient elution. The flow rate was set to 0.80 mL/min and column was maintained at 30°C.

Determination the DOX concentration with UV-Vis spectrophotometry

DOX solutions of various concentrations were prepared, and the absorptions of the solutions were recorded from 190 to 600 nm using UV-Vis spectrophotometer (Hitachi U-1900) with a 2 nm slit width and a 1 cm path length at intervals of 1 nm, using water as the baseline reference to obtain a calibration curve. The spectra of DOX in the absence and presence of PGA were compared.

Characterization of self-assembled, drug-loaded nanoparticles

The hydrodynamic size and size distribution of particles was measured using a dynamic light scattering (DLS) technique with a Zetasizer Nano ZS (Malvern Instruments Ltd., Grovewood, Worcestershire, UK). This system is equipped with a 4 mW helium/neon laser with a wavelength of 633 nm and measures the particle size with noninvasive backscattering technology at a detection angle of 173°. Particle size measurements were performed using a parti-

cle-sizing cell in automatic mode. The mean hydrodynamic diameter was calculated from the autocorrelation function of the intensity of light scattered from the particles.

Electrophoretic mobility of the nanoparticles was determined using a Zetasizer Nano ZS instrument. Samples were measured in automatic mode with minimum runs of 10, in folded capillary cells. Each sample was measured three times, and the average data was calculated.

In vitro studies

Cell culture

The adherent SK-OV-3 (ovarian) and KB (nasopharyngeal) cancer cell lines, which overexpress folate receptors, were purchased from CLS. Cells were grown in a 5% (v/v) CO₂ humidified atmosphere at 37°C and passaged in DMEM medium supplemented with 10% fetal calf serum (Sigma Aldrich). The cells were maintained in folic acid free medium (RPMI-1640, Sigma Aldrich) for two days before the *in vitro* tests.

In vitro cytotoxicity

1500 cells/well were plated in 96-well plate in 100 μl FA-free RPMI. The cells were incubated at 37°C for 24 h. After that the cells were treated with the drug-loaded systems, and incubated at 37°C for another 72 h. 10 μl MTT reagent was added to each well, and the plate was incubated for 4 h at 37°C, when purple precipitate was clearly visible under microscope, the supernatant was discarded and 100 μl of DMSO was added to all wells, including control wells. The absorbance of the wells was measured at 550 nm with UT-6100 Microplate Reader.

Flow cytometry

Cell surface staining: The expression of folate receptors was determined by flow cytometric analysis. 5×10⁵ cells were stained with folate-receptor specific LK-26 mAb (Abcam, 5 mg/ml), as primary and Alexa Fluor 488 labeled mouse IgG specific polyclonal antibody (Sigma-Aldrich, 25 mg/ml), as secondary antibody. The incubation with antibodies was carried out for 30 min at 4°C. Cells were washed with PBS containing 1% FBS and 0.1% azide. Fluorescence of the

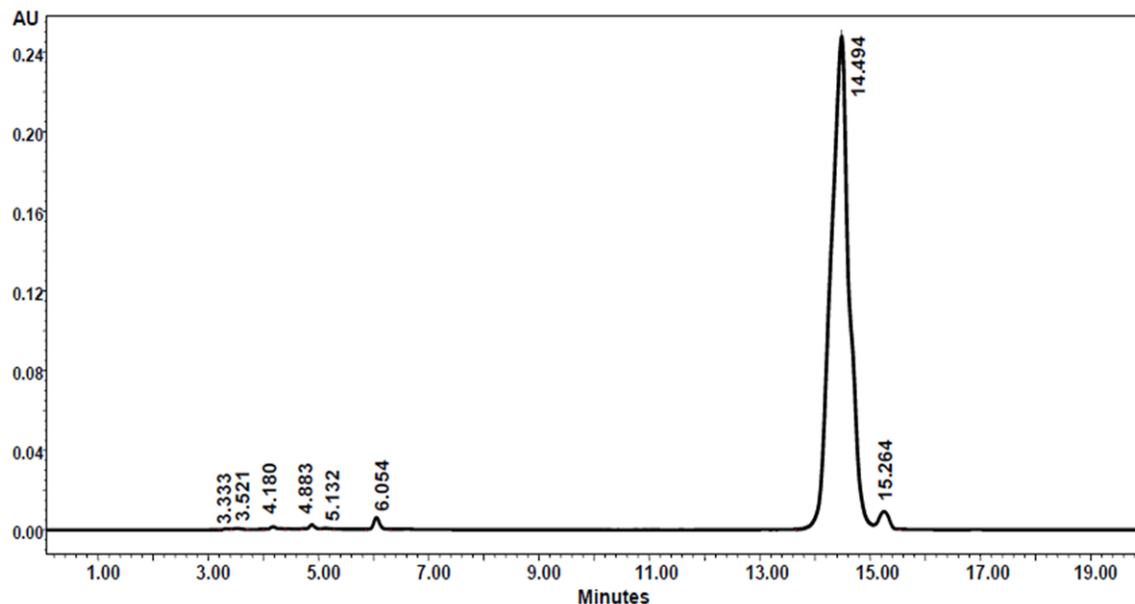


Figure 1. HPLC chromatogram of the folate conjugated PEG samples, purified by anion exchange column (contaminants <4%, isomer ratio 1:99). Abbreviations: PEG, poly (ethylene glycol).

stained cells was measured by flow cytometer (BD FACSCalibur). Flowing Software was used for data evaluation.

Test of targeting effect: The binding ability of targeted and non-targeted constructs in competitive flow cytometric assay was examined. FR-positive KB cells were incubated with Folate-RSense (FRS) molecule (fluorescent labelled folic acid, was purchased from Perkin-Elmer) alone or together with different samples and the binding ability of different constructs was calculated based on the inhibiting of cellular uptake of FRS. Flowing Software was used for data evaluation.

Release study

The release behavior of the nanoparticles was carried out against phosphate buffer (100 mL, pH = 7.4) at 37°C. The samples were diluted ten-fold with water or RPMI-1640 (cell culture medium). 750 ml of diluted sample was introduced into a dialysis bag (M_w CO 14 000 Da). 1400 μ L of dialysis solution (DS) was collected at determined times and replaced with an equivalent volume of fresh DS. The amount of DOX released was analyzed with HPLC at 482 nm wavelength and calculated on the basis of a calibration curve using different concentrations of free DOX in PBS. Briefly, 100 μ L of the solution was injected to the mobile phase which

was 10 mM KH₂PO₄ (made from high purity water (Millipore RiOs-DI 3, $R \geq 18$ M Ω) and acetonitrile. The pH of the buffer solution was set to 2.60. The mixture was chromatographically separated using gradient elution. The flow rate was set to 0.80 mL/min and column was maintained at 30°C.

In vivo study

Antitumor effects in vivo

Comparative efficacy study of six i.v. injection (day 38, 41, 43, 45, 48 and 50) in SK-OV-3 s.c. xenograft SCID mouse model of ovary cancer: Tumor was induced in mice by implanting SK-OV-3 human ovary adenocarcinoma cells (5 millions/mouse) s.c. in upper region of back of SCID mice and allowing the tumors to develop to appreciable size over 38 days (60 mm³).

Results and discussion

Preparation and characterization of DOX-loaded, self-assembled NPs

Folic acid-PEG-amine samples were synthesized from NH₂-PEG-NH-Boc, as described in Materials and methods section and illustrated in **Scheme 1**. The number of ethylene glycol monomer units in the PEG chain was 53, determined by NMR. The folic acid can be linked through its alpha- and gamma-carboxyl groups

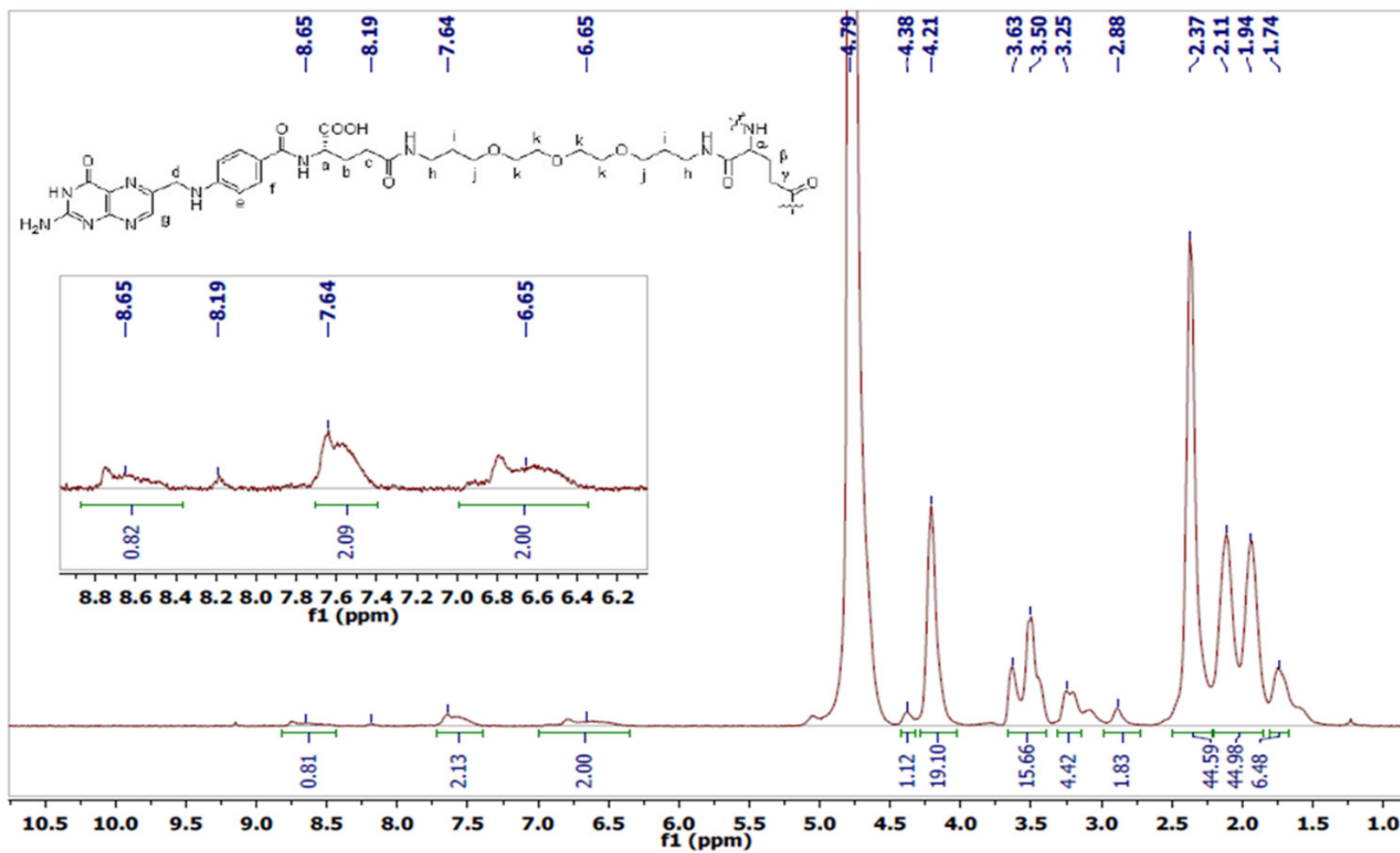
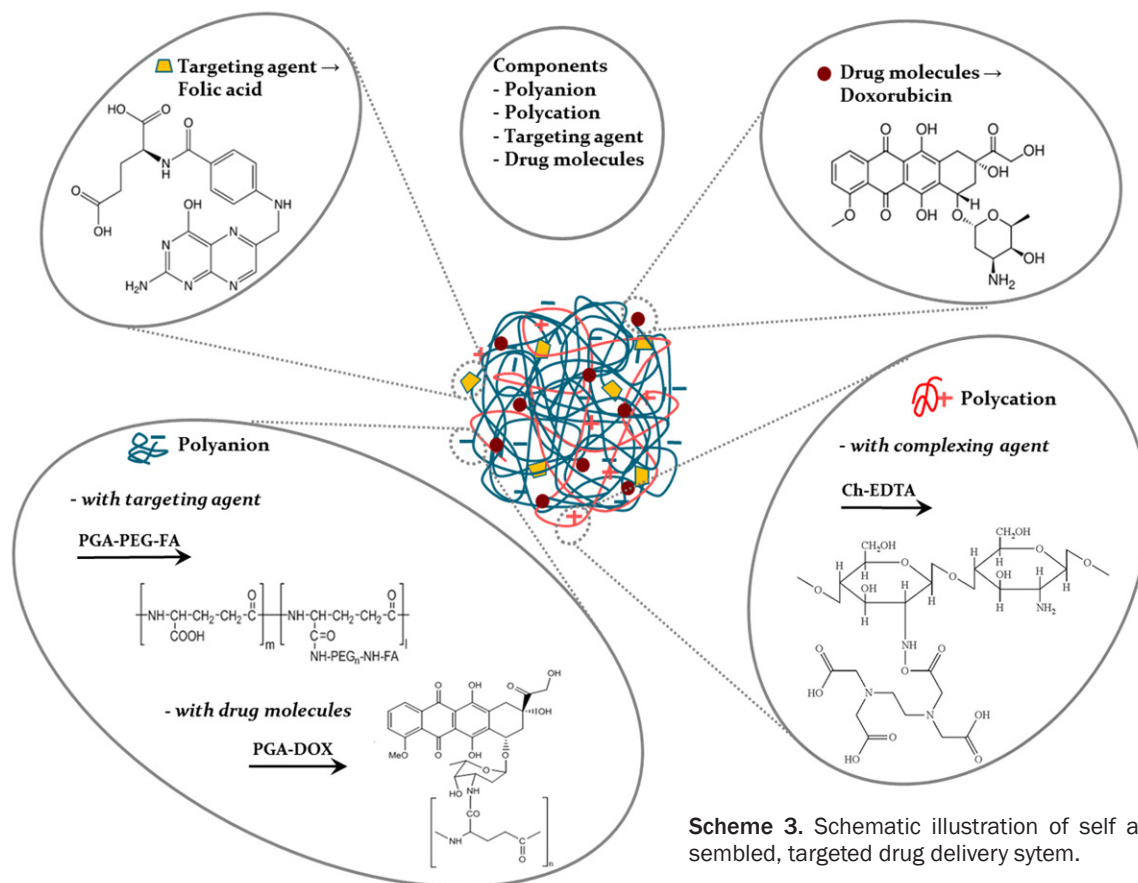


Figure 2. ¹H NMR spectra of folate targeted PGA sample, PM% = 5.8. Abbreviations: PGA, poly-γ-glutamic acid.

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Scheme 3. Schematic illustration of self assembled, targeted drug delivery system.

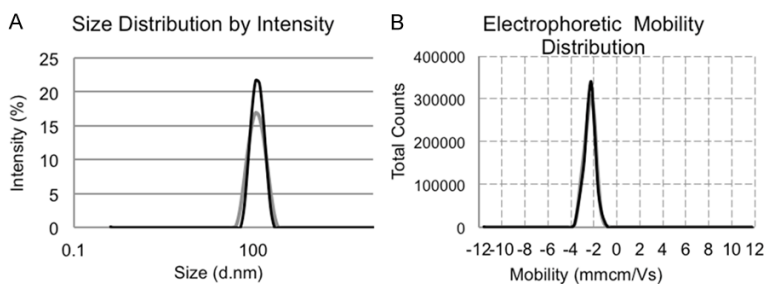


Figure 3. Hydrodynamic size (A) and electrophoretic mobility (B) distribution of self-assembled NPs. Abbreviations: NPs, nanoparticles.

to the amine functionalized PEG chain. Based on our HPLC results (**Figure 1**) it was found that after purification the ratio of the alpha- and gamma-isomer was 1:99 in the sample and the amount of contaminants was below 4%. FA-NH-PEG-NH₂ (**Scheme 2**) and/or doxorubicin were associated with PGA via acid amide bond. The concentration of folic acid was determined by NMR and the DOX concentration by UV-Vis spectrophotometry. It was found that the naked DOX has a typical λ_{\max} at 480 nm, but in case of

DOX-loaded PGA the λ_{\max} of the conjugate appeared at 495 nm, suggesting that coupling of DOX to γ -PGA induces red-shift of 15 nm. After purification the percent of polymer modification (PM%) was 5-7% in case of drug molecule and 3-6% in case of targeting agent. **Figure 2** shows an ¹H NMR spectra of folate targeted PGA sample, where the PM% was 5.8.

A self-assembly process takes place in the mixture of the modified polyanion (PGA-DOX or PGA-PEG-FA-DOX) and polycation (Ch-EDTA) resulting shrinkage in the hydrodynamic volume of biomacromolecules and finally nanosystem is formed. The thus formed NPs possess negative surface charge and a narrow range of size distribution, which ensure the uniform physical and chemical characteristics. The resulting composition is a hydrophilic nanosystem, and forms stable colloid systems in water.

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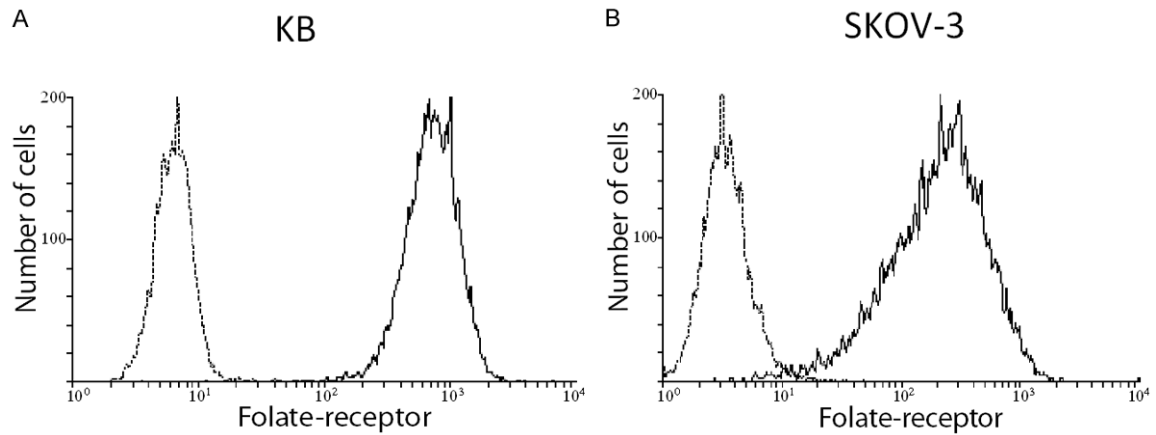


Figure 4. Folate-receptor expression of KB (A) and SKOV-3 (B) cells measured by flow cytometry. Cells were stained with Folate-receptor specific LK-26 mAb and anti-mouse-IgG-A488 antibody (solid line) or only with anti-mouse-IgG-A488 (dotted line).

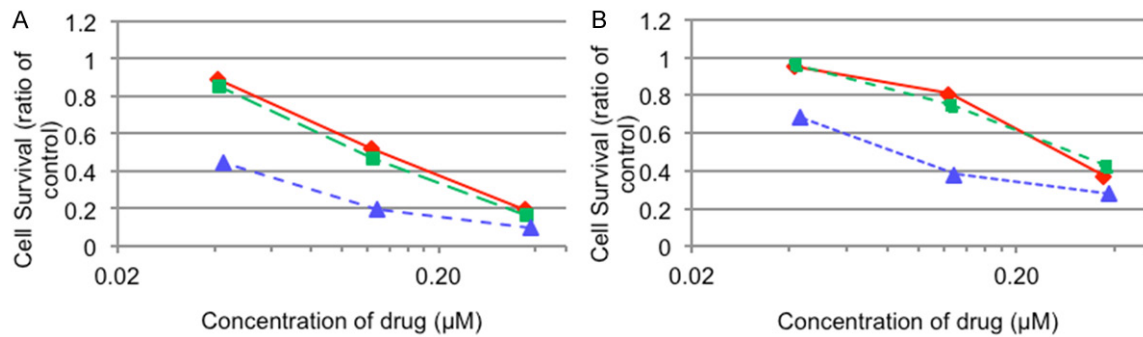


Figure 5. MTT results of DOX (red), non-targeted NPs (green) and targeted NPs (blue) on A2780 (A) and SK-OV-3 (B) cell lines. Abbreviations: DOX, doxorubicin; NPs, nanoparticles.

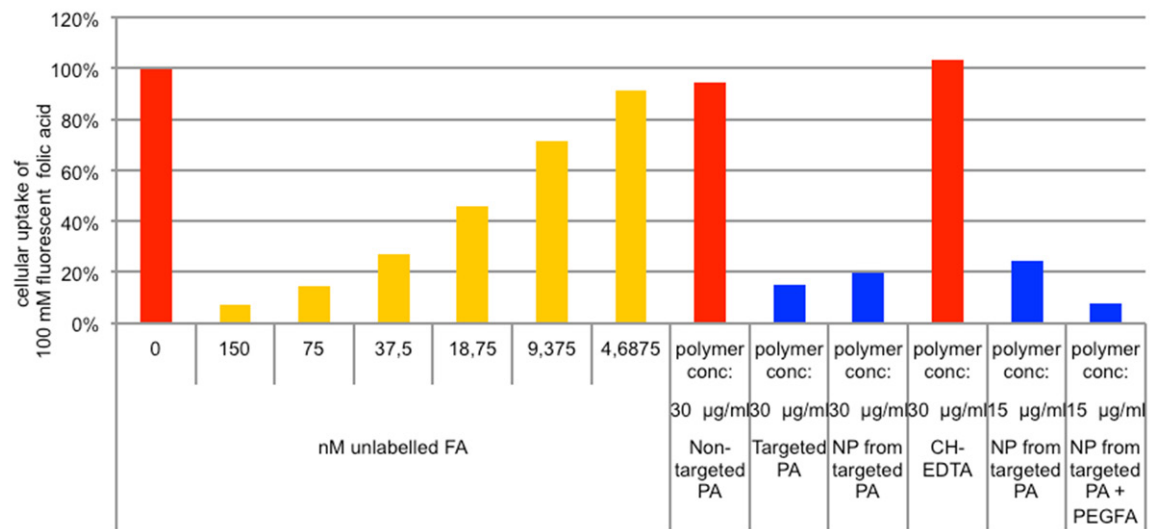
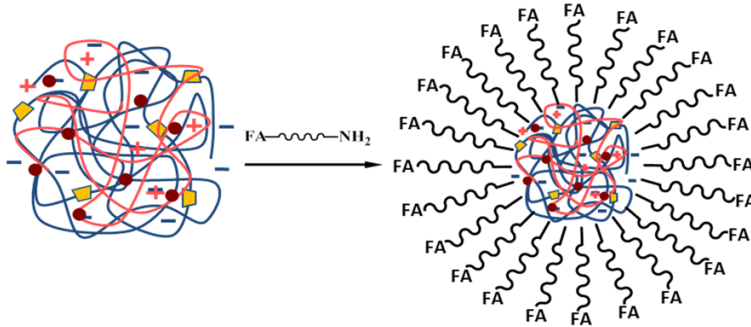


Figure 6. Competitive flow cytometric assay. Abbreviations: FA, folic acid; PA, polyanion; EDTA, ethylenediaminetetraacetic acid; NP, nanoparticle; CH, chitosan; PEG-FA, folate conjugated poly (ethylene glycol).

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Scheme 4. Schematic illustration of folic acid-PEG amine association to the surface of the nanoparticle. Abbreviations: PEG, poly (ethylene glycol).

Table 1. Physico-chemical parameters and stability results of DOX-loaded NPs

Code	Size (nm)	Polydispersity index	Mobility ($\mu\text{mcm/Vs}$)	Stability: size (nm)		
				1 week	1 month	6 months
NP_1	113	0.148	-2.376	117	115	111
NP_2	115	0.163	-2.261	114	115	116

Abbreviations: DOX, doxorubicin; NPs, nanoparticles.

Modified PGA can form nanosystem with chitosan without complexing agent (without EDTA), this system is also stable in water, but during the MTT tests in some nanosystems modest aggregation was experienced in the microscopic images, which means that these compositions *in vitro* were failed to retain their stability to the expected extent. It was found that the chemical stability of the nanoparticles can be improved by binding a complexing agent to the polycation, thus, aggregation can be avoided. **Scheme 3**, shows the schematic illustration of the self-assembled nanopartilcles.

During the self-assembly of the polymers a part of the folic acid molecules may turn into the inside of the nanoparticles due to the hydrophobic character of folic acid, thus, the targeting effect is exerted to a smaller extent (**Figure 6**). Because of this fact the targeting agent is linked to the polyanion and also to the surface of the nanoparticles (**Scheme 4**), thus an enhanced targeting is provided (**Figure 6**).

The thus formed NPs possess a hydrodynamic size of 80-150 nm (**Figure 3A**) and its electrophoretic mobility is between -3.0 and -1.0 mm/cm Vs at pH = 7.4 (**Figure 3B**). **Table 1** shows some physico-chemical parameters and the stability results of DOX-loaded nanoparticles.

Cell surface folate-receptor expression of examined cells

The cell surface expression of folate-receptor on carcinoma cell lines used for *in vitro* evaluation of folate targeted NPs was determined by flow cytometric analysis (**Figure 4**). Both KB and SKOV-3 cells showed strong FR expression, however the amount of folate-receptor on the surface of KB cells was higher, this result corresponds to the literature [36, 37].

In vitro cytotoxicity of DOX-loaded NPs

The cytotoxicity of the targeted and non-targeted NPs were tested by MTT method on different type of FR-positive cell lines. **Figure 5** shows,

that there are no difference between the effect of free DOX (red) and the non-targeted DOX-loaded NPs (green) *in vitro*, because the passive targeting may be enforced only in the body, but the actively targeted DOX-loaded NPs (blue) are more effective, they can inhibit well the cell division also in case of lower doxorubicin concentration, because the targeting agent makes it easier for the cells to uptake the nanoparticles.

Test of binding avidity of DDSs to folate-receptor

The active targeting effect was tested by a competitive flow cytometric assay using fluorescently labeled free ligand. The inhibiting ability of samples was compared to each other and to the inhibiting ability of free, unlabelled FA. It has been found, that before self-assembly, the folate-targeted polyanion (**Figure 6**. Targeted PA, $c = 0.3 \text{ mg/ml}$) can inhibit the binding of fluorescently labelled folic acid to a greater extent, than the self-assembled NPs (**Figure 6**, NP from targeted PA, $c = 0.3 \text{ mg/ml}$). When the targeting agent was linked also to the surface of the nanoparticles (**Figure 6**, NP from targeted PA + PEG-FA, $c = 0.15 \text{ mg/ml}$), an enhanced targeting was provided, compared to the NP which contained folic acid only inside the NP

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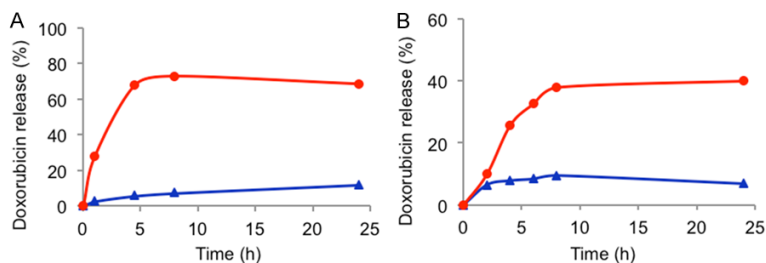


Figure 7. Release profile of DOX (red) and NP-PEG-FA (blue). The samples were diluted with water (A) and with cell culture medium (B) before dialysis. Abbreviations: DOX, doxorubicin; NP, nanoparticle; PEG-FA, folate conjugated poly (ethylene glycol).

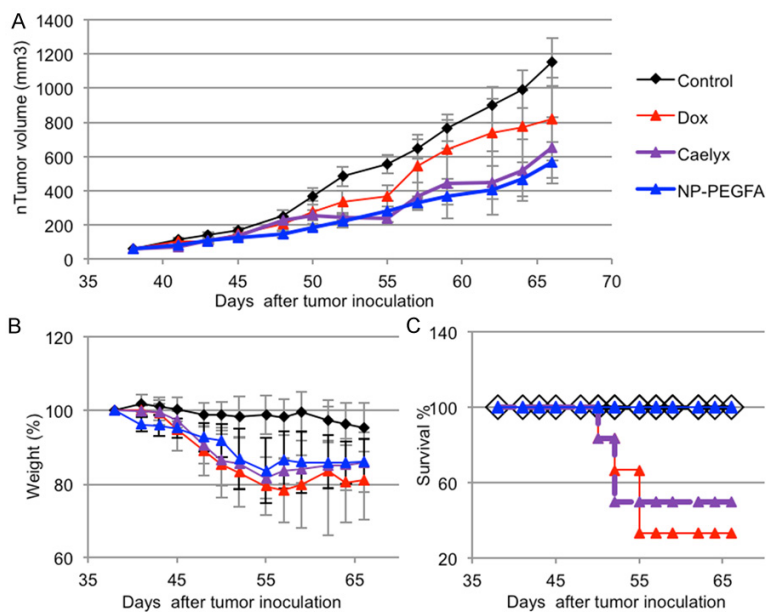


Figure 8. Results of comparative efficacy studies in mouse model of ovarian cancer. Abbreviations: DOX, doxorubicin; NP, nanoparticle; PEG-FA, folate conjugated poly (ethylene glycol).

(Figure 6, NP from targeted PA, $c = 0.15$ mg/ml). The non-targeted polyanion and the CH-EDTA did not inhibit the binding of fluorescently labelled folic acid.

Release studies

The nanoparticles were tested by release studies. The amount of released drug was determined by HPLC and the stability of the nanoparticles was followed by measuring their size with ZetaSizer. Figure 7 shows the results of release studies. The samples were diluted ten-fold with water (Figure 7A) or cell culture medium (Figure 7B) and were dialyzed against phosphate buffer at 37°C. In case of water diluted samples, 12% of doxorubicin could release from our NP within 24 hours and 69% from the

free DOX. In case of cell culture medium (RPMI-1640) diluted samples, 7% of doxorubicin could release from our NP within 24 hours and 40% from the free DOX. The size of the nanoparticles did not change during the release study. These results can predict, that the nanoparticles could be stable in the body, they could retain their size and the drug molecules will not release from the NP during the circulation time.

Antitumor effects in vivo

The *in vivo* efficacy of NPs was tested on human ovarian model. Figure 8A shows the tumor volumes of groups during the treatment. Data represent mean \pm SEM of six mice per group. Figure 8B shows the body weight of groups during the treatment. Data represent mean% \pm STDEV of six mice per group, the measured data were plotted in proportion of the individual weight measured at the start of the treatment. Figure 8C shows the Kaplan-Meier survival curve. The survival data was represented based on real mortality of mice and also the body weight loss of mice (end point at 20%).

It was demonstrated in pharmacodynamic studies that doxorubicin encapsulated in NP can deliver greater tumor growth inhibition (Figure 8A) than DOX alone, and similar as doxorubicin delivered as a liposomal formulation, Caelyx. Our NPs caused less general toxicity, compared to DOX and Caelyx evidenced by acceptable body weight losses (Figure 8B) and survival data (Figure 8C).

Conclusion

Stable, folate targeted, self-assembled nanoparticles were prepared, as doxorubicin delivery system and an enhanced targeting was provided by bonding folic acid to the polyanion and also to the surface of the nanoparticles.

The NPs had greater toxicity effect *in vitro* as opposed to free DOX and the release results suggested that they will probably be stable in the body, will retain their size and the DOX will not release from the NP during the circulation time. The *in vivo* results clearly prove that the DOX-loaded nanoparticles have significantly reduced side effects and increased therapeutic effects compared to DOX and Caelyx. These results indicate that our DOX-loaded NPs are potential candidates for cancer treatment.

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Disclosure of conflict of interest

None.

Authors' contribution

All authors have contributed to read and approved the manuscript as submitted and are prepared to take public responsibility for the work.

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