

Original Article

Let-7f promotes the differentiation of neural stem cells in rats

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Abstract: Hypoxic-ischemic brain damage (HIBD) is the major recognized perinatal cause of neurological morbidity in full-term new borns. Neural stem cells (NSCs) have been extensively studied because of their clinical applications in treating neuro degenerative diseases and brain injuries, including HIBD, while microRNAs (miRNAs) are deemed critical regulators of the proliferation and differentiation of NSCs. However, the role of let-7f in NSC differentiation remains unknown. Our study aims to investigate the role of let-7f in the differentiation of NSCs and brain development in rats and hence to explore the therapeutic potential of let-7f in the treatment of HIBD. The quantitative real-time polymerase chain reaction (qRT-PCR) was applied to assess the expressions of let-7f, and western blot was performed to detect GFAP, Tuj1 and Nestin in rat brains at postnatal day 1, 8 and 14 (n=12 per time point). The NSCs isolated from the brains of rat fetuses at gestational day 15 were transduced with lenti virus expressing let-7f or let-7f inhibitor so as to observe altered expressions of let-7f, GFAP, Tuj1 and Nestin. A gradually-increasing expression of let-7f was detected by qRT-PCR in rat brain tissues during postnatal brain development. Increased levels of GFAP and Tuj1, while a decreased level of Nestin, were detected by western blot in let-7f-overexpressing NSCs. In contrast, the cells expressing the let-7f inhibitor exhibited lower levels of GFAP and Tuj1, while a higher level of Nestin, compared with control cells. Therefore, let-7f is involved in brain development and promotes the differentiation of NSCs in rats.

Keywords: Hypoxic-ischemic brain damage, miRNA, let-7, neural stem cells, brain development

Introduction

Neonatal hypoxic-ischemic brain damage (HIBD) is a leading cause of death and perpetual neurological dysfunction in neonates. Currently, there is no effective clinical treatment for HIBD yet [1, 2]. Meanwhile, neural injuries involved in stroke or traumatic brain injuries can also result in brain cell death, and under certain circumstances, the newly-generated neurons and astrocytes are not sufficient to replenish the lost brain cells [3, 4].

Neural stem cells (NSCs), which are found in the neonatal brain, are characterized by extensive self-renewal and pluripotent differentiation. Therefore, NSCs may provide a potential possibility of self-repair after HIBD [5]. However,

the transplantation of NSCs might involve surgical risk, allograft rejection, ethical problems, as well as other disadvantages [6, 7]. Accordingly, various strategies for enhancing the differentiation of endogenous NSCs have been developed, among which microRNAs (miRNAs) have drawn the most attention for their gene regulation ability and multiple *in vivo* delivery approaches available [8]. Specifically, several miRNAs have been identified as key mediators of NSC differentiation and neurogenesis. Shi, et al. revealed that miR-381 could promote the proliferation and differentiation of NSCs to neurons [9]. Jiao, et al. showed that miR-124, especially those expressed in adult brain, stimulated the proliferation and differentiation of NSCs by suppressing the Notch signaling pathway [10].

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The lethal-7 (let-7) gene was first discovered in nematode as a critical regulator of development [11]. The family members of let-7 are involved in a wide range of physiological and pathological processes including cell cycle arrest, cancer development and aging [12-14]. Let-7 microRNAs are highly expressed during embryogenesis in the brain [15, 16]. Lin28, an RNA-binding protein that binds to let-7 pre-microRNA and hinders the production of mature let-7, has been found to control the neuronal cell fate determination in postnatal neurogenesis [17]. Let-7 promotes the differentiation of neurons and Müller glia [18]. Moreover, the expressions of Let-7 family members let-7a and let-7b are up-regulated during neuronal differentiation [19]. At present, most of the existing studies on let-7f focus on its regulatory role in cell proliferation, metastasis and chemotherapeutic resistance in cancer [20-22]. However, whether let-7f is involved in neurogenesis stays elusive, although accumulating evidence indicates that let-7f microRNA might exert a certain effect on the differentiation of NSCs.

In view of this, our study aims to determine whether let-7f plays a role in the differentiation of NSCs, in order to offer new angles on the therapy development for neonatal HIBD.

Methods and materials

Animals

The animal experiment was carried out in accordance with the currently applicable guidelines and regulations, and was approved by the Medical Ethics Committee of Xiangya Hospital, Central South University. Sprague-Dawley (SD) rats provided by the Experimental Animal Center at Central South University were used for all the animal tests. Brain tissues from SD rats of different ages including Postnatal Day 1 (P1), 8 (P8) and 14 (P14) were used for protein and RNA extraction (n=12 per time point). For the isolation of NSCs, brain tissues of rat embryos from 15-day pregnant female rats were used.

Isolation and culture of NSCs

The protocol described in some of our previous publications was followed [19, 23]. Rat embryos were extracted aseptically from 15-day preg-

nant female rats and washed with sterile phosphate buffered saline (PBS). The scalp and skull of the rat were cut open carefully to take the brain tissue. Meninges and blood vessels on the brain surface were removed first, followed by cutting the brain tissue in a sterile petri dish. The 0.25% Trysin/ethylene diamine tetraacetic acid (EDTA) solution was used for digestion at 37°C for 15 minutes. Then the DMEM/F12 medium (GE Healthcare, Chicago, IL) supplemented with 10% fetal bovine serum (FBS), was added to stop the digestion reaction. The solution was pipetted up and down to obtain single suspended cells. The cell suspension was filtered through a 200-mesh filter and washed twice with the sterile DMEM/F12 medium, and then was resuspended and cultured in the DMEM/F12 medium which was supplemented with 20 ng/mL basic fibroblast growth factor (bFGF, Changsha Lixin Biotechnology Co. Ltd., China), 20 ng/mL epidermal growth factor (EGF, PeproTech), and 2% B27 (Beijing Dingguo Biotechnology Co. Ltd., China). The culture medium was changed every 2-3 days. To induce the differentiation of NSCs, the neurospheres were pipetted into small clumps of cells or single-cell suspension in DMEM/F12 (not containing bFGF, EGF or B27) supplemented with 2% FBS and then transferred onto poly-L-lysine coated cell culture slides for an incubation of 7 days at 37°C.

Immunofluorescence

The neurospheres of NSCs that had grown to around 200 µm in diameter were broken into smaller cell clusters or single cell suspension by pipetting up and down, and then were transferred onto poly-L-lysine coated slides or culture slides. For immunofluorescence on undifferentiated NSCs, the cells were incubated for 12 h at 37°C to allow attachment to the slides. For immunofluorescence on differentiated NSCs, the cells were cultured on culture slides for 7 days at 37°C. Then NSCs were fixed with 4% paraformaldehyde at room temperature (RT) and permeabilized with 0.1 Triton X-100, followed by blocking with 5% FBS and incubation with the following primary antibodies: rabbit anti-Nestin antibody (Abcam, Cambridge, UK; dilution 1:100), mouse anti-Tuj1 antibody (Beyotime Biotechnology; dilution 1:100), and rabbit anti-GFAP antibody (Boster Biological Technology; dilution 1:100). The following sec-

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ondary antibodies were also applied: anti-rabbit IgG-TRITC (Boster Biological Technology; dilution 1:100), anti-mouse IgG-FITC (Sigma-Aldrich, St.Louis, MO; dilution 1:100), and anti-rabbit IgG-TRITC (Boster Biological Technology; dilution 1:100). The slides were mounted with glycerol and observed under fluorescence microscope.

Design of lentiviral expression constructs

For this study, the miRBase database access number of rno-let-7f is MI0000833. Based on the miRBase database, the rno-let-7f inhibitor sequence (CCGGAAC TATAACAATCTACTACCTCATTTTG) and rno-let-7f pri-miRNA sequence (AUCAGAGUGAGGUAGUAGAUUGUAUAGUUGUGGGGUAGUGAUUUUACCCUGUUUAGGAGUAACUAUACAUCUAUUGCCUCCUGAG) were acquired. The lentiviral vectors GV159 (H1-MCS-CMV-EGFP, Genechem, China) and GV217 (Ubi-EGFP-MCS, Genechem, China) were used for the let-7f overexpression construct and let-7f inhibitor construct respectively. Double stranded oligonucleotides as let-7f-1 inhibitor were synthesized in the following sequence: 5'-TGAGGTA GTAGATTGTATAGTT-3' and 5'-AACTATAACAATCTACTACCTCA-3'. The let-7f-1 sequence was chemically synthesized according to the sequence in the database. Then the lentiviral expression vectors containing either let-7f-1 microRNA sequence or let-7f-1 inhibitor sequence were co-transfected into 293T cells with lentiviral packaging plasmids pHelper 1.0 (Genechem, China) and pHelper 2.0 (Genechem, China), using lipofectamine 2000 transfection reagent (Invitrogen, Carlsbad, CA). The titer of lentivirus produced by the transfected 293T cells was determined by performing serial dilution of viral stock in a 96-well plate. The viral stock was stored under -80°C.

Lentiviral infection of NSCs

One group of NSCs was suspended in the complete culture medium first and then transferred to T25 cell culture flasks. 250 µL of lentiviral solution with a titration of 1×10^8 TU/mL was added onto the cells, and infected cells were examined by fluorescence microscope to observe any fluorescence before/after differentiation. Another group of NSCs was suspended with the DMEM/F12 medium supplemented with 2% FBS, and then transferred to the culture flasks coated with poly-L-lysine to induce

differentiation; subsequently, the cells were collected 7 days after viral infection.

Quantitative real-time polymerase chain reaction

The total RNA was extracted with the miRVana-miRNA isolation kit (Ambion, Austin, TX), and cDNA synthesis was performed on 500 ng of RNA using the NCode Vilo miRNA cDNA synthesis kit (Invitrogen, Carlsbad, CA). Then, qRT-PCR for rno-let-7f was performed with SYBR-GreenER (Invitrogen) using a CFX PCR detection system (Bio-Rad, Hercules, CA) and RNU44 as an internal control. The relative expression of rno-let-7f was calculated by the 2- $\Delta\Delta C_t$ method [24].

Western blotting

The proteins extracted from tissues and cells with RIPA buffer (Life Technology, Carlsbad, CA) were separated on polyacrylamide gels, and transferred to PVDF membranes (Millipore, Burlington, MA). The membranes were then blocked with 5% nonfat milk in TBS-T (Tris-buffered saline, 0.1% Tween 20) at room temperature for 1 h. To detect the protein expression, the antibodies specific for Nestin (Abcam, Cambridge, UK; dilution 1:2000), Tuj1 (Beyotime Biotechnology; dilution 1:1000), GFAP (Boster Biological Technology; dilution 1:2000), and β -actin (Abgent, San Diego, CA; dilution 1:5000) were used. Thereafter, the membranes were incubated with the horseradish peroxidase-conjugated secondary antibody, while signals were developed using the enhanced chemiluminescence substrate (Thermo Fisher Scientific, Waltham, MA).

Statistical analysis

Data was analyzed with SPSS 13.0 software and presented as mean \pm SD. The Student's t-test was applied to perform statistical comparisons between the two groups. One-way analysis of variance was conducted to assess the differences between multiple groups. $P < 0.05$ was considered statistically significant.

Results

Characterization of NSCs in culture

The NSCs isolated from prenatal rat brains formed clonal structures *in vitro*, which are

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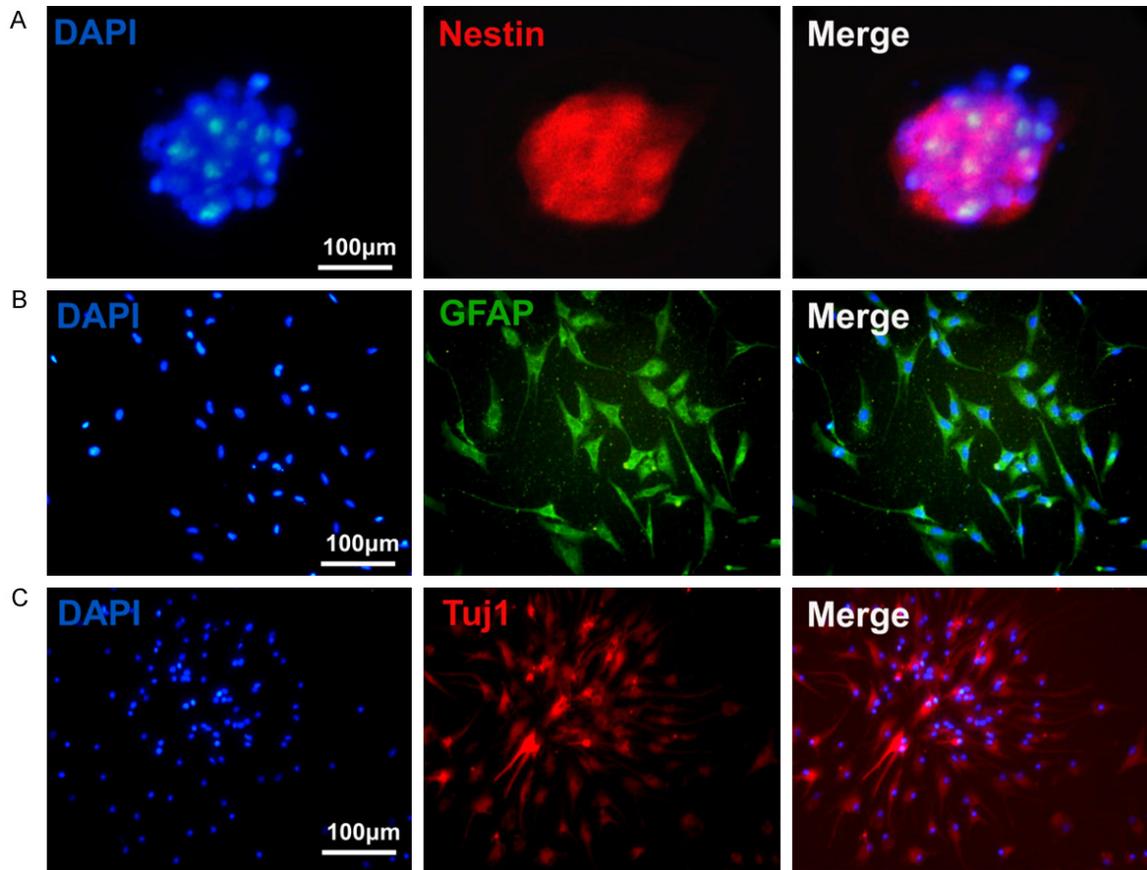


Figure 1. In vitro differentiation of NSCs. Immunofluorescence staining of adherent neurospheres showed positive staining for Nestin (A). Immunofluorescence staining of differentiated NSCs showed positive staining for astrocyte marker GFAP (B) and neuron marker Tuj1 (C). Cell nuclei were counterstained with DAPI (blue). DAPI, 4',6-diamidino-2-phenylindole.

known as neurospheres. The immunofluorescence staining of undifferentiated neurospheres showed positive signal of Nestin, a neural stem/progenitor cell marker (**Figure 1A**). After 7 days of incubation in the differentiation medium, cells were stained positive for GFAP (**Figure 1B**) and Tuj1 (**Figure 1C**), suggesting that these NSCs possessed the capability to differentiate into both neural and glial lineage.

The expression level of let-7f is associated with the postnatal brain development in rats

Proteins and RNA were extracted from the brain tissues that were collected from P1, P8 and P14 animals. Then western blot was performed to detect the protein expressions of neural progenitor cell marker Nestin, astrocyte marker GFAP and neuron marker Tuj1. We observed a decrease in signal, which was indicated by the Nestin-specific antibody, with maturation. This

suggests a reduced number of NSCs in postnatal brain development progresses. Additionally, we observed increased signals of GFAP and Tuj1, implying more astrocyte and neuron differentiation with maturation (**Figure 2A**). The expression of let-7f manifested by qRT-PCR was found to be upregulated during postnatal brain development (**Figure 2B**), indicating detectable expression of let-7f in the rat brain and the association of let-7f expression level with brain development.

The expression level of let-7 is related to the differentiation of NSCs

NSCs were isolated from rat embryos at embryonic day 15 (E15), and were cultured in the DMEM/F12 medium containing B27, bFGF, and EGF for 7 days to obtain neurospheres. Then the NSCs were plated onto poly-L-lysine coated flasks and cultured in the differentiation medi-

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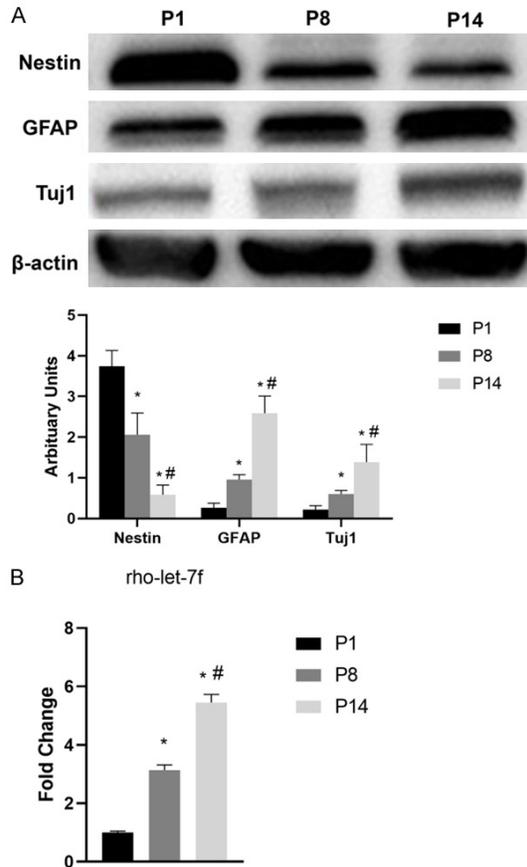


Figure 2. The increase of let-7f expression level is age-dependent. A. Representative western blotting showing the protein expressions of Nestin, GFAP and Tuj1 in brains of rats at three different ages (Postnatal Day 1 (P1), P8 and P14), with densitometric analysis reflecting the expression levels of Nestin, GFAP and Tuj1. B. Let-7f expression level detected by qRT-PCR in brains of P1, P8 and P14 rats. Data shown as mean \pm SD. * P <0.05 vs. P1; # P <0.05 vs. P8. Data representative of three independent experiments.

um for up to 7 days to induce differentiation. The cells at day 0, 3, 5 and 7 of differentiation were collected for RNA and protein extraction. Western blot was applied to detect the protein expressions of Nestin, GFAP and Tuj. A gradually-decreasing signal of Nestin during differentiation was observed (Figures 3A, S1 and S2), suggesting the reduced population of NSCs in differentiation progresses. Moreover, stronger bands that are correlated with higher protein expression levels of GFAP and Tuj1 were also observed during differentiation (Figure 3A), indicating that an increasing population of cells has differentiated into astrocytes and neurons. The expression of let-7f manifested by qRT-PCR showed a significant increasing trend of let-7f

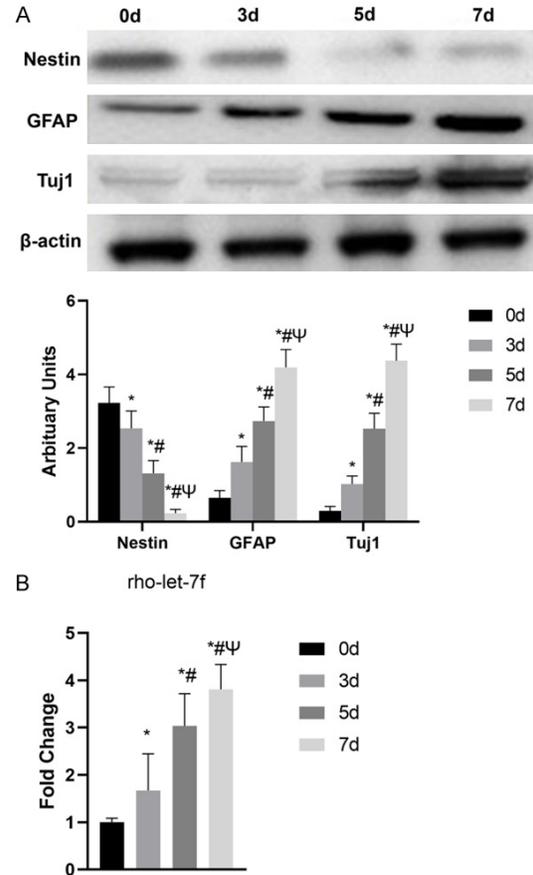


Figure 3. The increase of let-7f expression level is associated with differentiation of NSCs *in vitro*. A. Representative western blotting showing the protein expressions of Nestin, GFAP and Tuj1 following the induction of NSCs on days 0, 3, 5 and 7, with densitometric analysis reflecting the expression levels of Nestin, GFAP and Tuj1. B. Let-7f expression level detected in NSCs subject to differentiation on days 0, 3, 5 and 7 by qRT-PCR. Data shown as mean \pm SD. * P <0.05 vs. 0 d; # P <0.05 vs. 3 d; Ψ P <0.05 vs. 5 d. Data representative of three independent experiments.

level across ages (Figures 3B, S1-4), implying an association between let-7f expression and the differentiation of NSCs.

Leverage of let-7 expression level has an impact on the differentiation of NSCs

Lentiviral constructs harboring let-7f pre-miRNA or let-7f inhibitor were sequenced to confirm successful cloning (Figure S5). For viral infection, NSCs were incubated with lentivirus carrying the empty GV159 vector, or with lentivirus containing either let-7f (let-7f mimic) or let-7f inhibitor in the complete medium for 3 days.

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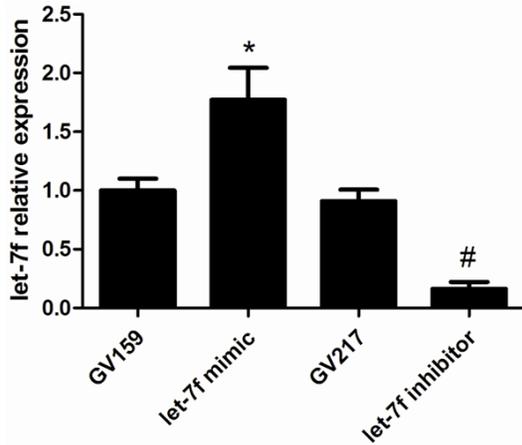


Figure 4. Detection of let-7f expression in NSCs. The expression level of let-7f in NSCs following lentiviral infection was evaluated with qRT-PCR. Data shown as mean \pm SD. * $P < 0.05$ vs. GV159; # $P < 0.05$ vs. GV217.

A positive signal of green fluorescence was observed in over 80% of cells following lentiviral infection, suggesting successful and efficient lentiviral infection of NSCs. The expression level of let-7f in NSCs transduced with lentivirus was detected by qRT-PCR 3 days after lentiviral infection. A significant increase of let-7f was observed in the let-7f mimic group of cells compared to the GV159 group, while drastic suppression was observed in the let-7f inhibitor group of cells compared to the GV217 group (**Figure 4**). The complete culture medium was then replaced with the differentiation medium so as to differentiate the NSCs for 7 days, with the fluorescence being detected under microscope 7 days post differentiation (**Figure 5A**). Cell lysis was obtained either from undifferentiated NSCs (for Nestin detection) or at the endpoint of differentiation (for GFAP and Tuj1 detection). Then western blot was performed to detect the protein expressions of Nestin, GFAP and Tuj1. A lower expression of Nestin was observed in the NSCs infected with let-7f mimic lentivirus compared to the other groups, indicating that the pluripotency or “stemness” of NSCs was decreased as a response to let-7f overexpression. On the contrary, the cells infected with lentivirus carrying let-7f inhibitor exhibited the lowest expression of Nestin among all the groups (**Figures 5B, S1** and **S2**). Hence, we speculate that the suppression of let-7f microRNA might enhance the pluripotency of NSCs. It was also noticed that the astro-

cyte marker GFAP and the neuron marker Tuj1 expressions were drastically elevated in the differentiated NSCs with let-7f overexpressed compared to the other groups. This implies that let-7f might potentially enhance the differentiation of NSCs into astrocytes and neurons. Inhibition of let-7f, conversely, lowered the expressions of GFAP and Tuj1 in the differentiated NSCs (**Figures 5B, S1-4**). These findings suggest that the astrocyte and neuron differentiations of NSCs are regulated by let-7f.

Discussion

Regeneration of the nervous system has been a research hotspot for the past few years. The exploration for new targets involved in nervous regeneration has led to the discovery of multiple novel potential therapies for nervous repair. In our study, we have identified let-7f as a novel microRNA regulator of NSC differentiation as well as brain development in rats. The results from our study may provide clues for future clinical intervention in terms of neural regeneration.

We observed a gradual increase of let-7f expression in the process of brain development in rats. Based on previous studies, several members from the let-7 microRNA family have been shown to be critical players in cell fate determination and development. For instance, let-7d induced by hypoxia is involved in the differentiation of microvascular pericytes [25]; let-7g is implicated in mammary cell differentiation in mice [26]; let-7f is upregulated during the osteogenic differentiation of bone marrow-derived mesenchymal stem cells (BMSCs) and is shown to affect the expression levels of multiple osteogenic markers such as Runx2 and Osteocalcin [27]. In terms of neural differentiation and brain development, let-7a and let-7b can enhance the differentiation of NSCs [28, 29], but no study has yet explored the association between let-7f and brain development or NSC differentiation. In our experiment, the brain tissues from postnatal rats (P1, P8 and P14) were used for the detection of let-7f expression by considering the fact that the maturation of neurons continues postnatally and turns out to be the most pronounced between P7 and P14 in rats [30]. Additionally, Nixdorf-Bergweiler, et al. revealed the changes in the number and sizes of GFAP-positive cells in rat

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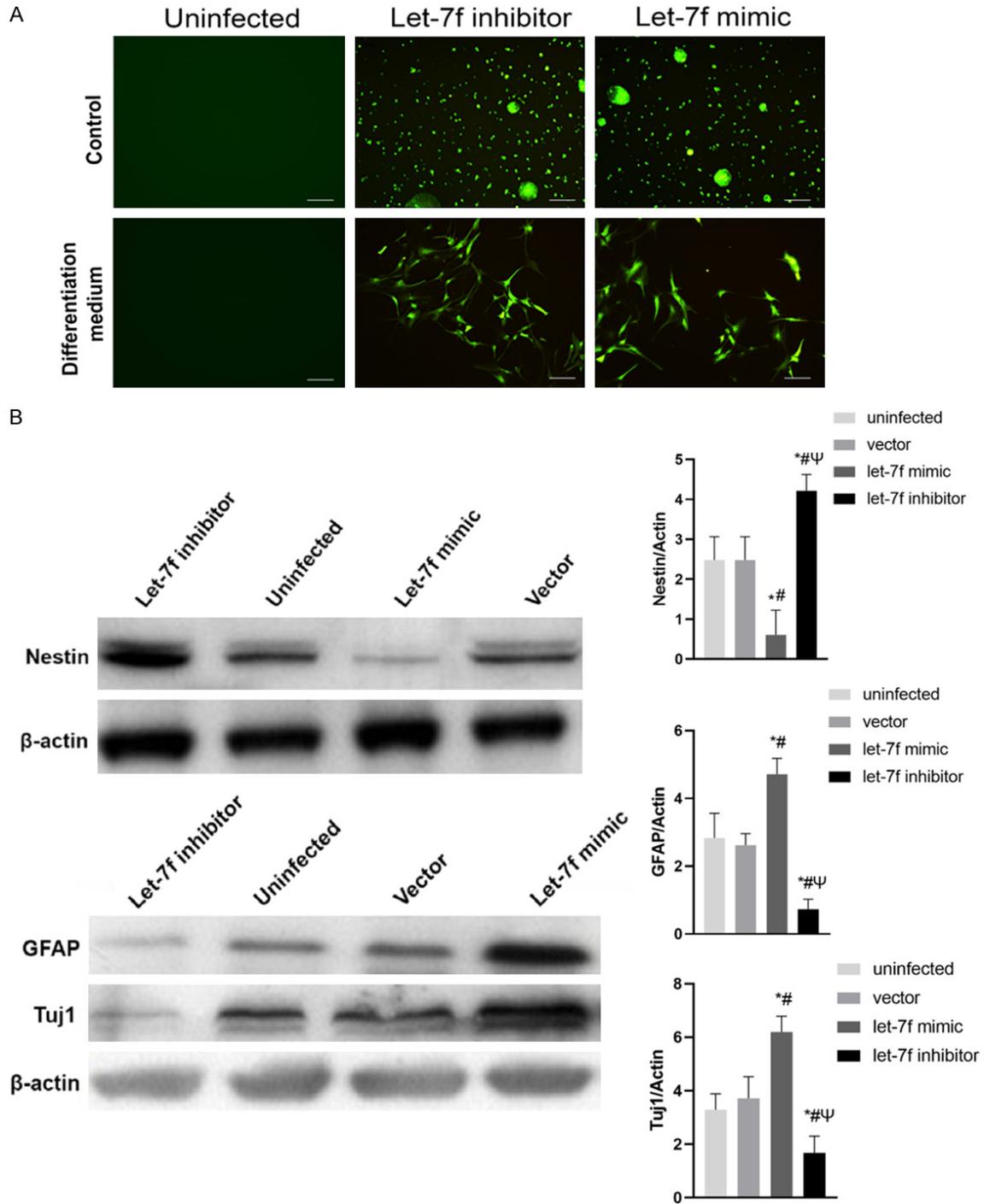


Figure 5. Leverage of let-7 expression level has an impact on the differentiation of NSCs. A. Expression of EGFP was observed in transduced cells under fluorescence microscope. Uninfected cells were used as controls. B. Representative western blotting showing the expressions of Nestin, GFAP and Tuj1 in uninfected and infected differentiated NSCs, with densitometric analysis reflecting the expression levels of Nestin, GFAP and Tuj1. Data shown as mean \pm SD. * $P < 0.05$ vs. uninfected; # $P < 0.05$ vs. vector; $\Psi P < 0.05$ vs. let-7f mimic. Data representative of three independent experiments.

hippocampus between P8 and P16, indicating the postnatal maturation of astrocytes in the

brain [31]. We detected elevated expressions of GFAP and Tuj1 in postnatal rat brains in an

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age-dependent manner, which is consistent with previous findings. Furthermore, we also observed induced expression of let-7f during postnatal brain development, which has never been published before to our best knowledge. Several let-7 family members are undetectable in early embryos and embryonic stem cells, but are highly expressed in most adult organs, including brain [32].

In the following experiments, we differentiated rat-derived NSCs in culture based on a well-established protocol and observed enhanced expressions of GFAP, Tuj1 as well as let-7f in the differentiated NSCs compared to undifferentiated cells [33]. The knockdown of let-7f was shown to suppress the expressions of Tuj1 and GFAP, while the overexpression of let-7f upregulated the expressions of Tuj1 and GFAP during the induced differentiation of NSCs. We did not identify any let-7f targets that are involved in neurogenesis in our current study, but via the microRNA target prediction software miRDB, we managed to obtain a list of potential target genes of let-7f (data not shown). Among the potential let-7f targets, the RNA-binding protein LIN28 has been shown to promote the proliferation/self-renewal of neural progenitor cells (NPCs) [34]. The level of LIN28 decreases during neural differentiation and constitutive expression of LIN28 in progenitor cells residing in the subventricular zone (SVZ) of mice leads to reduction in numbers of neurons and astrocytes [17]. Coilin, another potential target of let-7, serves as a component of the Cajal bodies [35]. It is present in abundance in the adult brain and has an impact on neurite overgrowth as well as on neuronal differentiation [36]. Therefore, let-7f may regulate the differentiation of NSCs by targeting LIN28 or Coilin. Consequently, identification and confirmation of the specific targets of let-7f will be crucial to unraveling the underlying mechanisms of how let-7f enhances the differentiation of NSCs in the future.

In the present study, we observed that the overexpression of let-7f is conducive to the differentiation of NSCs into both neurons and astrocytes. However, it is noteworthy that increased differentiation of NSCs into astrocytes does not always facilitate the repair process of the nervous system, especially the central nervous system (CNS). The CNS, comprised of the brain

and spinal cord, is generally considered incapable of extensive regeneration, partially due to the fact that glial scars are formed immediately following injury, creating a physical and chemical barrier against neuron regeneration [37, 38]. The glia in the CNS mainly consists of astrocytes, oligodendrocytes, microglia, and ependymal cells. The increased differentiation, proliferation, migration and phenotypic changes of astrocytes all contribute to the astrocyte accumulation in the damaged area of CNS. Therefore, the enhanced differentiation of NSCs into astrocytes, mediated by let-7f, may lead to faster glial scar formation in response to the injury, which can in turn inhibit the regeneration of neurons and eventually results in impaired recovery. Moreover, the complexity of CNS and the difficulty of replacing the injured or lost neurons with functionally identical cells also deserve particular consideration [39]. Although we have shown that let-7f promotes the neuronal differentiation in our study, we lack *in vivo* data to prove that the differentiated neurons obtained in culture are fully functional and able to at least partially restore the injured nervous system in animal models. In view of the concerns mentioned above, it appears critical to perform further research in order to decide the appropriate way and time to administer let-7f *in vivo*. It is also important to consider combining other therapeutic applications with let-7f to optimize the healing effect on nervous damage.

Conclusions

Our results demonstrate that let-7f is associated with brain development and promotes the differentiation of NSCs into neurons and astrocytes in rats. This study unravels novel potential therapeutic targets involved in neural differentiation which may be applied clinically in the future. Nevertheless, thorough investigations are needed to elucidate the mechanisms underlying the regulation of neural differentiation by let-7f. Meanwhile, more *in vivo* data is also required to address the specific functions of let-7f in brain development and neural regeneration.

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Disclosure of conflict of interest

None.

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Let-7f promotes neural stem cells differentiation

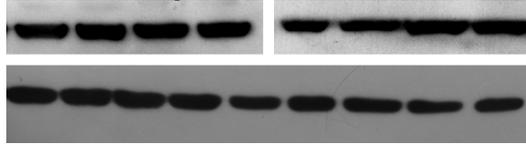


Figure S1. Representative original western images for β -actin including the whole membranes.

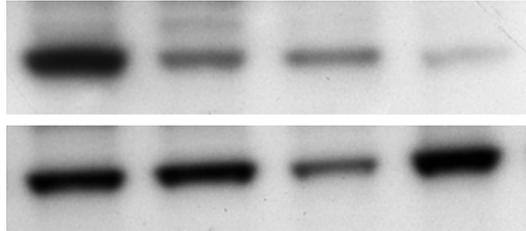


Figure S2. Representative original western images for Nestin including the whole membranes.

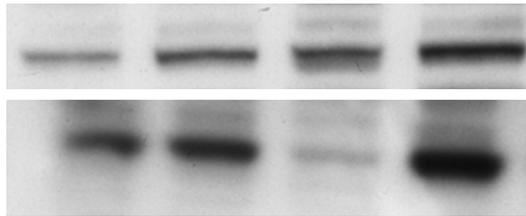


Figure S3. Representative original western images for GFAP including the whole membranes.

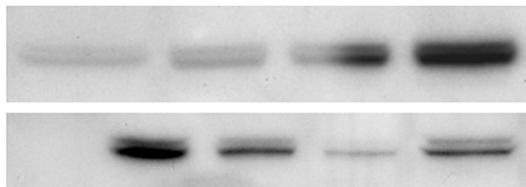


Figure S4. Representative original western images for Tuj1 including the whole membranes.

Let-7f promotes neural stem cells differentiation

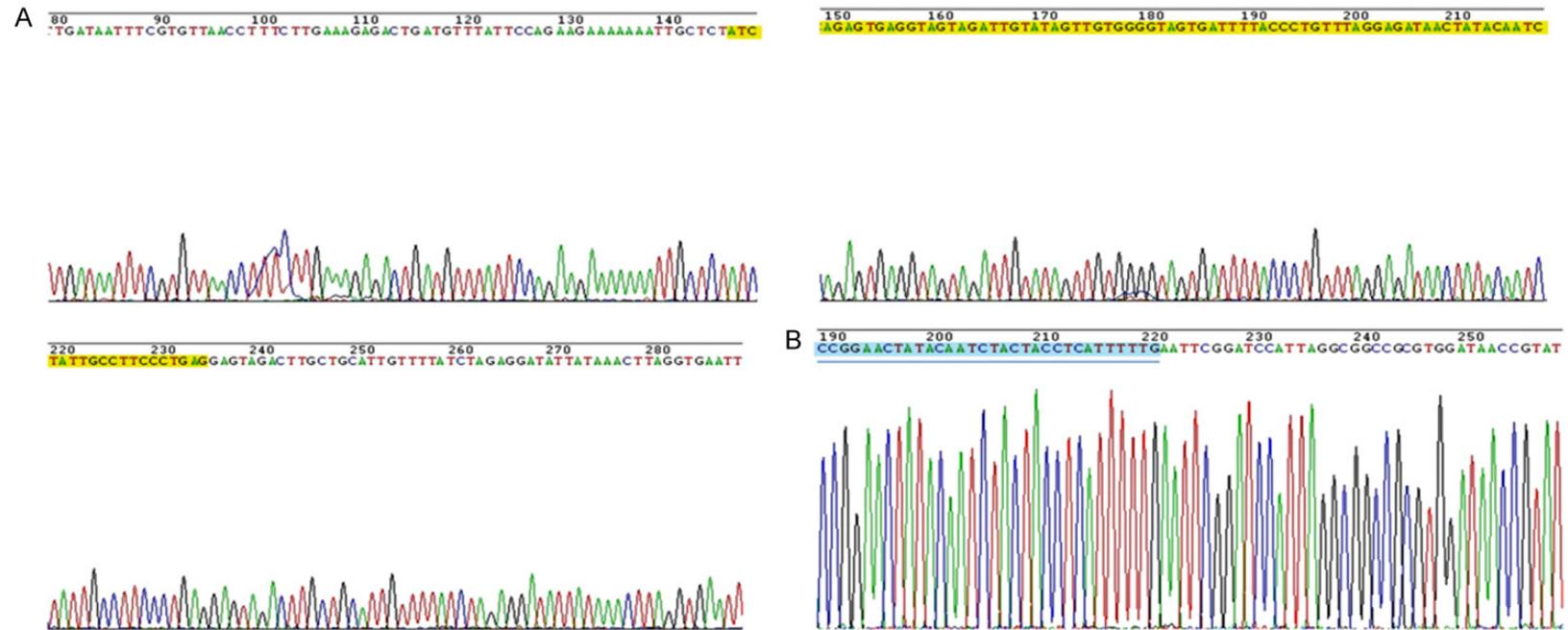


Figure S5. Sequence analysis of the lentiviral constructs carrying let-7f mimic or let-7f inhibitor. The sequence of let-7f pri-miRNA inserted into the vector GV129 is highlighted in yellow (A). The sequence of let-7f inhibitor inserted into the vector GV217 is highlighted in light blue (B).