# Original Article

# Changes in transepithelial electrical resistance and intracellular ion concentration in TGF- $\beta$ -induced epithelial-mesenchymal transition of retinal pigment epithelial cells

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Abstract: Objective: This study aimed to investigate the changes in transepithelial electrical resistance (TEER) and ion concentrations, and their relationship in TGF-β-induced epithelial-mesenchymal transition (EMT) of retinal pigment epithelial (RPE) cells. Methods: RPE cell line ARPE-19 was employed and treated with 10 ng/ml TGF-β1 and TGF-\(\beta\)2 to establish the EMT model in vitro. The EMT markers fibronectin, N-cadherin, occludin, zona occludens 1(ZO-1) and claudin-19 were investigated by western blot and immunofluorescence. CellZscope system was used to monitor the TEER values. Fluorescent probe, flow cytometry and automatic microplate reader were employed to detect the changes of Ca<sup>2+</sup>, Mg<sup>2+</sup>, Zn<sup>2+</sup>, Na<sup>+</sup> and K<sup>+</sup> in ARPE-19 cells. Results: The TGF-β1-induced EMT of ARPE-19 cells was marked by the disruption of the distribution of occludin, ZO-1, and claudin-19. The development of TEER was significantly disturbed in both TGF-β1 and TGF-β2 treatment groups. Also, the time course of the maximum slope indicated that the fastest decrease in TEER values occurred after 36 hours. The concentrations of Ca2+, Mg2+, Zn<sup>2+</sup>, and K<sup>+</sup> increased in TGF-β1- and TGF-β2-treated ARPE-19 cells, while the concentration of Na<sup>+</sup> decreased. Significant inverse correlations were detected between the concentrations of Ca2+, Mg2+, Zn2+, and K+ and TEER values in ARPE-19 cells treated with TGF-β1. The Na<sup>+</sup> concentration and TEER values showed a positive correlation. Similar results were observed in the TGF-β2 treatment group. The time-effect analysis showed that the concentrations of Ca2+, Mg2+, Zn2+ and K+ increased and peaked after 72, 72, 48, and 72 h, respectively, with the extension of TGF-β1 treatment time. In the TGF-β2 treatment group, the Ca<sup>2+</sup>, Mg<sup>2+</sup>, Zn<sup>2+</sup>, and K<sup>+</sup> concentrations were also upregulated and reached their highest after 72, 72, 72, and 36 h, respectively. In contrast, the concentration of Na⁺ decreased and reached the lowest after 48 h in the TGF- $\beta$ 1 treatment group and after 72 h in the TGF- $\beta$ 2 treatment group. Conclusion: TGF- $\beta$ 1 and TGF- $\beta$ 2 disrupted the ARPE-19 cell monolayer, disturbed TJs integrity, downregulated TEER values, and changed intracellular ion permeability. These findings might help further understand the EMT of RPE cells during PVR.

**Keywords:** Epithelial-mesenchymal transition, ion, retinal pigment epithelial cell, tight junction proteins, transepithelial electrical resistance

# Introduction

Proliferative vitreoretinopathy (PVR), which is an exaggerated and protracted scarring process that complicates up to 10% of rhegmatogenous retinal detachment (RRD) cases, is the main reason that leads to failed retinal detachment (RD) surgery [1, 2]. Recent studies indicated that the epithelial-mesenchymal transition (EMT) of retinal pigment epithelium (RPE) cells was the main contributor to the pathogen-

esis of PVR [3]. In the setting of PVR, RPE cells are activated and undergo EMT, thus achieving the ability to abnormally proliferate, migrate, and produce extracellular matrix components participating in the fibrotic tissue formation [3, 4].

Normally, RPE is a monolayer of highly polarized epithelial cells and is located between the neuroretina and the choroid [5, 6]. The RPE is responsible for maintaining the blood-retina

barrier, providing the retina with nutrients, phagocytosing the photoreceptor outer segments, recycling the visual chromophore, and absorbing excess light to prevent photo-oxidation [7]. RPE cells are bound by tight junctions (TJs) [8], adherent junctions (AJs) [9], and gap junctions [10]. TJs, which are the most apically located junctions, play a key role in forming and maintaining the epithelial barrier [1, 11]. They consist of transmembrane proteins claudin and occludin, junctional adhesion molecule-A (JAM-A), and intracellular plaque proteins zonula occludens (ZO) and cingulin [12]. They regulate the transport of macromolecules and ions, including Ca2+ [13, 14], Mg2+ [14], and Na<sup>+</sup> [14-16]. Mukaiyama et al. [13] found that Ca<sup>2+</sup> was transported by TJs in epithelial MDCK II monolayers. Milatz et al. [14] reported that TJs with claudin-19 had a greater effect on the transport of Mg<sup>2+</sup> than Ca<sup>2+</sup> in the thick ascending limb of Henle's loop of the kidney.

TEER is widely used to evaluate the integrity of TJ dynamics of epithelial monolayers [17]. The TEER values have high specificity for the permeability of a reactive tightly connected complex. In ophthalmology, the down-regulation of TEER is closely related to RPE barrier dysfunction in diabetic retinopathy [18], glaucoma [19], and corneal diseases [20]. Scuderi et al. [18] showed that the downregulation of TEER due to the disruption of TJs was one of the main factors accounting for diabetic macular edema. Zhang et al. [21] reported that the platelet-activating factor could significantly decrease the TEER of ARPE-19 cells and destroy the barrier functions. Moreover, oxidative stress potentially contributed to RPE dysfunction in aging and related diseases by downregulating TEER in RPE cells [22].

However, the TEER changes in RPE cells during PVR pathology are rarely reported. This study aimed to investigate the changes in TEER and ion concentrations, and their relationship in the EMT of RPE cells induced by TGF- $\beta$ .

## Materials and methods

# Cell lines and reagents

The human RPE cell line ARPE-19 in our lab [9, 23, 24] was used in this study. The antibody for detecting occludin was supplied by Invitrogen (CA, USA). Anti-ZO-1 was purchased from Ab-

cam (ON, Canada). Anti-claudin-19 was obtained from Santa Cruz Biotechnology (CA, USA).

# Cell culture and treatment

Human RPE cell line ARPE-19 cells were initially grown in a 1:1 mixture of Dulbecco's modified Eagle's medium (DMEM, Gibco, NY, USA) and Ham's F12 medium supplemented with 10% fetal bovine serum (FBS; Gibco) at 37°C in the presence of 5%  $\rm CO_2$ . When the cells were at 80%-90% confluency, the concentration of FBS was decreased to 1% to promote the formation of TJs. After 2 weeks, the cells were treated with 10 ng/mL human recombinant TGF-β1 or TGF-β2 (Invitrogen, CA, USA).

# Immunofluorescent staining

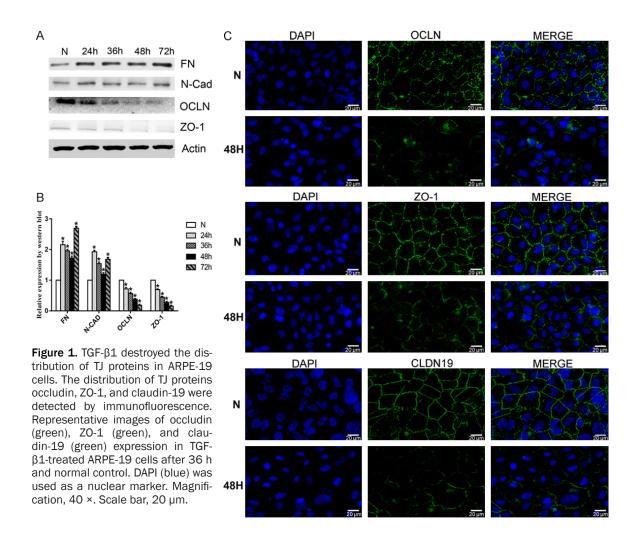
The immunofluorescent staining was described in detail in our previous study [9, 24]. The stained ARPE-19 cells were observed using an OLYMPUS microscope.

### TEER measurement

Polycarbonate membrane Transwell inserts (24-well tissue cultures, 0.4 µm pore size; Costar Corning, CA, USA) were used to mimic the PVR environment in vitro. ARPE-19 cells were cultured in DMEM/F12 with 10% FBS in the upper monolayer until they were confluent, and then the FBS concentration was changed to 1% until a TEER > 20 Ω·cm<sup>2</sup> (about 14-18 days) was achieved. Further, TGF-B1 or TGF-B2 was added. An automated cell monitoring CellZscope system (NanoAnalytics, Münster, Germany) was used to monitor TEER, cell layer capacitance (C<sub>CI</sub>), and medium resistance (Rmed) in real-time. High TEER values reflected tight barriers. Cc was used to evaluate monolayer cells. The lower the  $C_{c_1}$ , the more the cells grew in the monolayer. Rmed was used to record the resistance of the culture medium.

### Flow cytometry analysis

Flow cytometry was used to quantitate the strength of the fluorescent probe of Ca<sup>2+</sup> (F14021, Thermo Fisher), Mg<sup>2+</sup> (M3735, Thermo Fisher), Zn<sup>2+</sup> (F24195, Thermo Fisher), and Na<sup>+</sup> (C36676, Thermo Fisher), which represented the concentrations of intracellular ions. Briefly, 10,000 cells were examined per sample using a Becton Dickinson FACSCalibur to excite



the cells with a 488-nM argon laser, and the collected data obtained were analyzed using Cell QuestTM software (Becton Dickinson, CA, USA).

# Automatic microplate reader test

ARPE-19 cells were loaded with the  $K^+$  indicator dye (P1267MP, Thermo Fisher) for 1 h in 96-wells plates (Costar Corning). The ratio of the fluorescence intensities obtained by exciting wavelengths at 340/380 nm and emission at 500 nm was used to determine the concentration of  $K^+$ .

# Statistical analysis

Prism software (v.6.05; GraphPad Software, CA, USA) was used for performing one-way analysis of variance (ANOVA), Tukey's multiple comparison *post hoc* tests, Pearson productmoment correlation and two-way repeatedmeasures ANOVA. A *P* value < 0.05 indicated a

significant difference. All values were reported as means  $\pm$  SEM.

# Results

# TGF-\$1 induced EMT in ARPE-19 cells

TGF-β1 treatment (10 ng/ml) induced the upregulation of the expression of mesenchymal markers fibronectin and N-cadherin and the downregulation of the expression of TJs proteins occludin and ZO-1 in ARPE-19 cells at the protein (**Figure 1A**) and mRNA levels (**Figure 1B**). Additionally, the integrity of TJs was disrupted with the distribution of occludin, ZO-1, and claudin-19 (**Figure 1C**).

TGF- $\beta$ 1 or TGF- $\beta$ 2 decreased TEER in ARPE-19 cells

Figure 2A shows the schematic structure of CellZscope. The Transwell with ARPE-19 cells

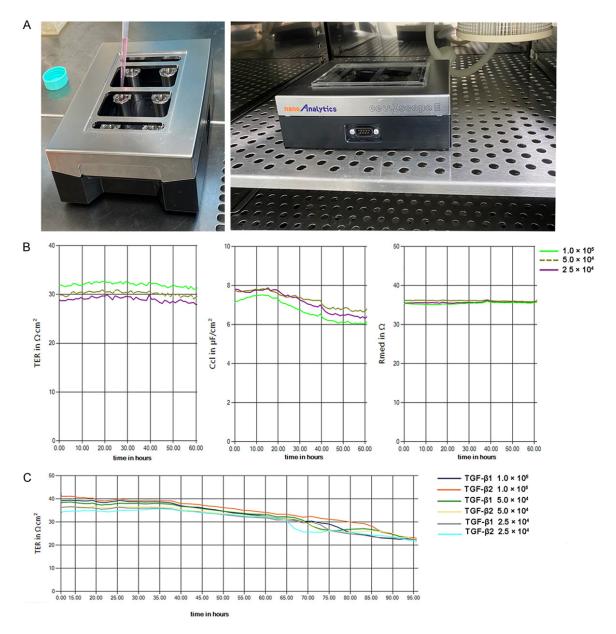


Figure 2. Measurement of TEER. A. Schematic structure and measurement method of the CellZscope. B. When three groups ( $2.5 \times 10^4$  cells/ mL,  $5.0 \times 10^4$  cells/ mL, and  $1.0 \times 10^5$  cells/mL) of ARPE-19 cells were cultured for 2 weeks, the CellZscope was used to record TEER, C<sub>CL</sub> and Rmed values. C. TEER values in the three groups ( $2.5 \times 10^4$  cells/mL,  $5.0 \times 10^4$  cells/mL and  $1.0 \times 10^5$  cells/mL) decreased using TGF-β1 and TGF-β2.

was seated in a stainless-steel pot that acted as an electrical conductor, and the second electrode suspended over the cells made contact with the media in the apical chamber. The whole set was put in a sterile, humidified, 37°C, and 5%  $\rm CO_2$  incubator, and the TEER was monitored in real time. For exploring the highest resistance values, three groups of ARPE-19 cells with different densities (1 × 10<sup>5</sup> cells/mL, 5 × 10<sup>4</sup> cells/mL, and 2.5 × 10<sup>4</sup> cells/mL) were

investigated. The changes in TEER, cell layer capacitance ( $C_{cl}$ ), and medium resistance (Rmed) in the three groups at different time points are shown in **Figure 2B**. The highest TEER values were observed in the 1 × 10<sup>5</sup> cells/mL group (32.62  $\pm$  0.5  $\Omega$ .cm²), followed by 5 × 10<sup>4</sup> cells/mL (30.61  $\pm$  0.3  $\Omega$ .cm²) and 2.5 × 10<sup>4</sup> cells/mL (29.90  $\pm$  0.6  $\Omega$ .cm²) groups. The trend of  $C_{cl}$  in the three groups was opposite to that of TEER. The Rmed values in the three groups

remained steady, with no obvious differences in each group (**Figure 2B**). TGF- $\beta$ 1 and TGF- $\beta$ 2 treatment resulted in a decrease in TEER in ARPE-19 cells in all groups. The time course of maximum slope indicated that the TEER values decreased the fastest in 36 h in the three groups (**Figure 2C**).

Changes in intracellular ion concentrations

The concentrations of  $Ca^{2+}$  (Figure 3A and 3B),  $Mg^{2+}$  (Figure 3C and 3D),  $Zn^{2+}$  (Figure 3E and 3F),  $Na^+$  (Figure 3G and 3H) and  $K^+$  (Figure 3I and 3J) in ARPE-19 cells were detected after TGF- $\beta$ 1 and TGF- $\beta$ 2 treatment at different time points. In TGF- $\beta$ 1-treated group, the concentrations of intracellular  $Ca^{2+}$ ,  $Mg^{2+}$ ,  $Zn^{2+}$ , and  $K^+$  increased, while the concentration of  $Na^+$  decreased. Among these, the concentrations of  $Ca^{2+}$  and  $Mg^{2+}$  in ARPE-19 cells reached peaks after 72 h. The effect of TGF- $\beta$ 2 treatment was the same as that of TGF- $\beta$ 1 (Figure 3F and 3J).

Correlation analysis between the concentrations of intracellular  $Ca^{2+}$ ,  $Mg^{2+}$ ,  $Zn^{2+}$ ,  $K^+$ , and  $Na^+$  and TEER

Under the treatment of TGF- $\beta$ 1, the concentration of Ca<sup>2+</sup> (r = -0.90, P = 0.03), Mg<sup>2+</sup> (r = -0.90, P = 0.01), Zn<sup>2+</sup> (r = -0.96, P = 0.01), and K<sup>+</sup> (r = -0.89, P = 0.04) strongly negatively correlated with TEER values, and that of Na<sup>+</sup> (r = 0.99, P = 0.01) highly positively correlated with TEER values (**Figure 4A-E**). Under TGF- $\beta$ 2 treatment, the ion concentrations of Ca<sup>2+</sup> (r = -0.84, P = 0.04), Mg<sup>2+</sup> (r = -0.81, P = 0.04), Zn<sup>2+</sup> (r = -0.83, P = 0.04), and K<sup>+</sup> (r = -0.91, P = 0.03); TEER values also showed a significant negative correlation. The Na<sup>+</sup> concentration strongly positively correlated with TEER values (r = 0.96, P = 0.01) (**Figure 4F-J**).

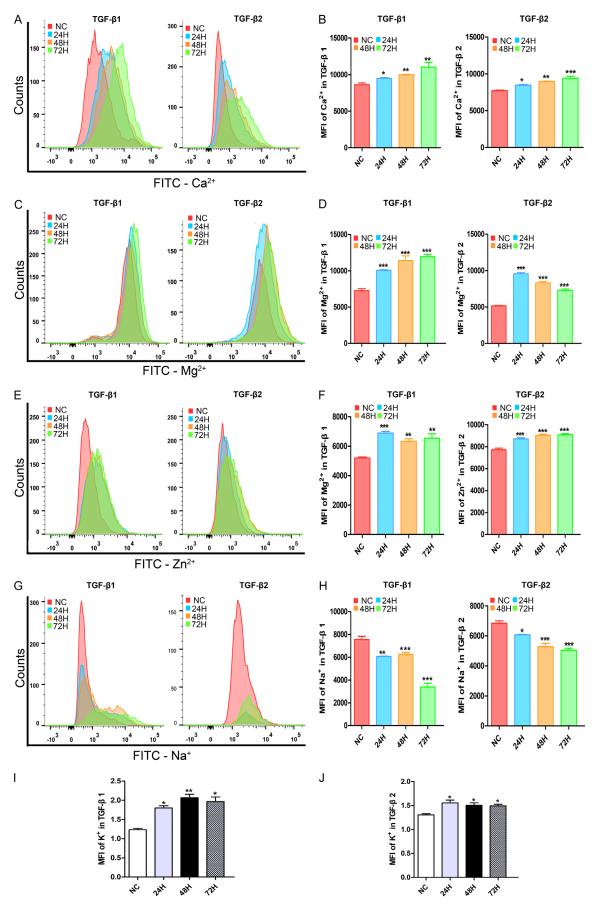
Time-effect analysis of intracellular Ca<sup>2+</sup>, Mg<sup>2+</sup>,  $Zn^{2+}$ ,  $K^+$ , and Na<sup>+</sup> at different time points after TGF- $\beta$  treatment

With the extension of TGF- $\beta1$  treatment time, the concentrations of Ca<sup>2+</sup>, Mg<sup>2+</sup>, Zn<sup>2+</sup>, and K<sup>+</sup> increased and peaked after 72 h (186%), 72 h (210%), 48 h (136%), and 72 h (125%) respectively (**Figure 5A-D**). However, in the TGF- $\beta2$  group, the concentrations of Ca<sup>2+</sup>, Mg<sup>2+</sup>, Zn<sup>2+</sup>, and K<sup>+</sup> were also upregulated and reached the highest after 72 h (312%), 72 h (206%), 72 h (225%), and 36 h (138%), respectively (**Figure** 

**5F-I**). Interestingly, the Na $^+$  concentration decreased and reached the lowest after 48 h in the TGF- $\beta$ 1 (15%) treatment group and after 72 h in the TGF- $\beta$ 2 (13%) treatment group (**Figure 5E** and **5J**).

# Discussion

RPE cells undergo EMT following retinal detachment, playing a key role in the formation of fibrous tissue on the surface of the retina and the vitreous cavity [25]. Our previous studies [2, 3, 9, 26, 27] successfully built an RPE cell EMT model in vitro using TGF-β treatment and identified that TGF- $\beta$  played a critical role in the development of EMT in RPE cells [2]. We also demonstrated that the expression of many junction-related proteins between RPE cells changed before the occurrence of EMT in RPE cells [24]. The most significant change was the reversal of the expression of E-cadherin and N-cadherin proteins. That is, the expression of E-cadherin protein was downregulated while the expression of N-cadherin protein was upregulated, indicating the prelude and biomarker to EMT in RPE cells. The present study aimed to investigate changes in the ion concentration after the integrity of the RPE monolayer was damaged, accompanied by the abnormal expression of junction-related proteins in RPE cells. We used the CellZscope method and fluorescent probe to examine the changes in TEER and ion concentration in TGF-B-induced EMT of RPE cells. Our study found that the  $1 \times 10^5$ ARPE-19 cells/mL group had the highest TEER values and the lowest C<sub>c1</sub>. The TEER values of ARPE-19 cells gradually decreased in both TGFβ1 and TGF-β2 treatment groups. Also, the time course of the maximum slope indicated that the TEER values dropped at the fastest rate in 36 h. The barrier function of epithelial cells was rarely reported. Balda et al. reported that the overexpression of occludin could increase TEER values [28]. Claudin can directly affect the TEER and determine the ion selectivity of TJs [29]. TJ proteins may influence epithelial resistance. In 2014, Czupalla et al. [30] used the CellZscope to monitor the primary mouse brain microvascular endothelial cells in a recent investigation on the blood-brain barrier (BBB). They indicated that the primary mouse brain microvascular endothelial cells showed a gradual increase in TEER values and a decrease in  $C_{\text{CL}}$  until reaching a plateau, indicating the monolayer confluency. This study was the first



**Figure 3.** Intracellular concentrations of Ca<sup>2+</sup>, Mg<sup>2+</sup>, Zn<sup>2+</sup>, Na<sup>+</sup>, and K<sup>+</sup> were determined using fluorescent probes by flow cytometry and automatic microplate reader. A-J. Measurement of intracellular concentrations of Ca<sup>2+</sup>, Mg<sup>2+</sup>, Zn<sup>2+</sup>, and Na<sup>+</sup> using the fluorescent probe by flow cytometry. *Left*, representative flow cytometric histogram of fluorescent levels. *Right*, quantification of intracellular ions levels from three independent experiments. I and J. Quantification of the K<sup>+</sup> concentrations in TGF-β1-treated and TGF-β2-treated groups using an automatic microplate reader after fluorescent probe staining. \*P < 0.05; \*\*P < 0.01; \*\*\*P < 0.001.

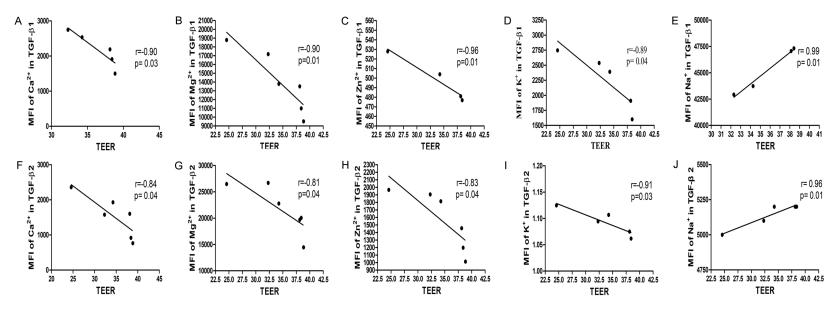


Figure 4. Correlation analysis between intracellular concentrations of  $Ca^{2+}$ ,  $Mg^{2+}$ ,  $Zn^{2+}$ ,  $K^+$ ,  $Na^+$  and TEER values. A-E. Correlation analysis between intracellular concentrations of  $Ca^{2+}$ ,  $Mg^{2+}$ ,  $Zn^{2+}$ ,  $K^+$ ,  $Na^+$  and TEER changes in the TGF-β1 group. F-J. Correlation analysis between intracellular concentrations of  $Ca^{2+}$ ,  $Mg^{2+}$ ,  $Zn^{2+}$ 

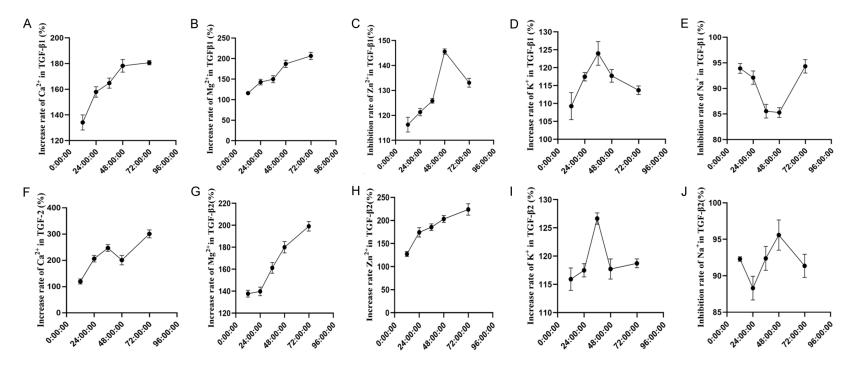


Figure 5. Time-effect analysis of intracellular concentrations of  $Ca^{2+}$ ,  $Mg^{2+}$ ,  $Zn^{2+}$ ,  $K^+$ , and  $Na^+$  after treatment with TGF-β1 and TGF-β2. A-E. Time-effect analysis of intracellular concentrations of  $Ca^{2+}$ ,  $Mg^{2+}$ ,  $Zn^{2+}$ ,  $K^+$ , and  $Na^+$  in the TGF-β1 group. F-J. Time-effect analysis between intracellular concentrations of  $Ca^{2+}$ ,  $Mg^{2+}$ ,  $Zn^{2+}$ ,  $Zn^{$ 

report in ophthalmology. Our results basically agreed with those of Czupalla et al. in the BBB.

EMT is characterized by the decreased expression of epithelial markers, such as E-cadherin, ZO-1, occludin, and claudin, and the increased expression of mesenchymal makers, including fibronectin and N-cadherin [26, 31, 32]. ZO-1 connects occludin and claudin proteins to the cytoskeleton and plays an important role in assembling mature TJ structures and maintaining the integrity of the TJ complex [33]. Occludin and claudins determine the permeability and semi-selectivity of TJs [14, 34].

TEER is a good indicator of barrier integrity and is usually used as an effective tool to assess the ion transport and permeability of TJs [31]. Many studies use TEER values to quantitatively evaluate the barrier integrity of cells in different stages of growth and differentiation. At present, three methods are used to measure TEER: EVOM, CellZscope, and organ-on-chips [32]. Compared with EVOM and organ-on-chips, the CellZscope is more reliable and popular. It can provide more information about C<sub>CI</sub> and Rmed by applying a small-amplitude alternating excitation signal with a frequency scan [32]. The accuracy of TEER measurement is influenced by many factors, including the intrinsic characteristics of epithelial cells and external factors, such as the temperature, the number of cell passages, and the composition of the culture medium [33]. Matter et al. [33] found that if MDCK cells were allowed to cool to ambient temperature before TEER measurement, the TEER values would increase by more than one third. Therefore, incubation at 37°C is recommended. In this study, we placed the CellZscope in an incubator, using fixed-passage ARPE-19 cells (9th to 12th passage); no serum was added to the medium to keep Rmed stable and to obtain reliable TEER values.

Metal ions play a key role in a broad range of cellular processes [34-36]. For example,  $Ca^{2+}$ ,  $Mg^{2+}$ ,  $K^+$ , and  $Na^+$  are essential for maintaining the stability, proper folding, and functioning of RNA and proteins [34, 37, 38]. Our study found that TGF- $\beta1$  and TGF- $\beta2$  treatment destroyed the TJ structure of ARPE-19 cells and was accompanied by a decrease in TEER values. Next, we detected whether the intracellular ion concentration was affected by TGF- $\beta$  treatment and its relationship with TEER val-

ues. The results showed that the concentrations of Ca<sup>2+</sup>, Mg<sup>2+</sup>, Zn<sup>2+</sup>, and K<sup>+</sup> increased in TGF-β1- and TGF-β2-treated ARPE-19 cells, while the concentration of Na+ decreased. Among these, the concentrations of Mg2+ and Ca2+ changed the most in the TGF-β1 and TGFβ2 groups, respectively. Ca<sup>2+</sup> is well known for the formation of TJs and AJs molecules, such as E-cadherin, at cell-cell junctions [39]. Huang et al. [39] reported that the Ca<sup>2+</sup> concentration was closely related to the downregulation of ZO-1 and TEER values. Currently, research on the concentrations of Mg<sup>2+</sup> and Zn<sup>2+</sup> in the RPE barrier is limited. Lodemann et al. [40] indicated that an increase in the intracellular Zn2+ concentration might lead to a decrease in TEER values in Caco-2 cells. The upregulation of the K<sup>+</sup> concentration and downregulation of the Na<sup>+</sup> concentration in TGF-B-induced ARPE-19 cells might be because of the co-transport of Na<sup>+</sup>-K<sup>+</sup>-ATPase and Na<sup>+</sup>-K<sup>+</sup>-CL on the surface of RPE [41, 42]. The hyperpolarization of the K<sup>+</sup> channel exceeded the depolarization produced by the K<sup>+</sup>-induced inhibition of the Na<sup>+</sup>-K<sup>+</sup> pump, and therefore the TEER increased substantially. Additionally, the method of measuring K+ concentration in our study was different from that of measuring the concentrations of Ca2+, Mg2+, Zn<sup>2+</sup>, and Na<sup>+</sup>. Due to the particularity of the K<sup>+</sup> fluorescent probes, we used a microplate reader instead of flow cytometry to quantify the K+ concentration.

The increase in ion permeability is accompanied by a drop in the TEER. Some studies confirmed that the Ca2+ influx activated the phosphorylation of PLC-γ1, leading to the opening of TJs and the decrease in the TEER [43]. Other studies also found that reducing the TEER could increase the permeation of Na<sup>+</sup> more than twofold on MDCK monolayers [27]. The correlation analysis of this study demonstrated a significant negative correlation between the concentrations of Ca2+, Mg2+, Zn2+, and K+ and TEER in ARPE-19 cells treated with TGF-β1 and TGF-β2; the Na<sup>+</sup> concentration positively correlated with TEER. The results indicated that the down-regulation of TEER induced by TGF-β1 and TGF-β2 resulted in changes in ion permeability in ARPE-19 cells. Future research will further investigate the underlying molecular mechanism.

In summary, in TGF- $\beta$ -induced ARPE-19 cell EMT, the destruction of the cell monolayer was

accompanied by the downregulation of the TEER values and the changes in the intracellular concentrations of Ca<sup>2+</sup>, Mg<sup>2+</sup>, Zn<sup>2+</sup>, K<sup>+</sup>, and Na<sup>+</sup>. Also, the changes in the concentrations of Ca<sup>2+</sup>, Mg<sup>2+</sup>, Zn<sup>2+</sup>, K<sup>+</sup>, and Na<sup>+</sup> were significantly related to TEER values. These findings might help further understand the EMT of RPE cells during PVR.

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### Disclosure of conflict of interest

None.

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