

## Review Article

# Soluble epoxide hydrolase inhibitors for smoking-associated inflammatory lung diseases and chronic obstructive pulmonary disease: a meta-analytical systematic review of preclinical and clinical studies

Alberto G Borges Felipe<sup>1\*</sup>, Camila B Miguel<sup>1,2\*</sup>, Ana P Lazarin Bernardes<sup>2\*</sup>, Rodrigo Perissinotto<sup>2</sup>, Carlos A Trindade-da-Silva<sup>3,5</sup>, Melissa C Martins-de-Abreu<sup>2</sup>, Jamil Miguel-Neto<sup>2</sup>, Wellington F Rodrigues<sup>1,2,4</sup>, Carlo J Freire Oliveira<sup>1,4</sup>

<sup>1</sup>Postgraduate Program in Health Sciences, Federal University of Triângulo Mineiro, Uberaba, MG, Brazil; <sup>2</sup>Course of Medicine at The University Center of Mineiros, Mineiros, GO, Brazil; <sup>3</sup>Institute and Research Center São Leopoldo Mandic, São Leopoldo Mandic Faculty, Campinas, SP, Brazil; <sup>4</sup>Postgraduate Program in Tropical Medicine and Infectious Diseases, Federal University of Triângulo Mineiro, Uberaba, MG, Brazil; <sup>5</sup>Instituto Nacional de Ensino Superior e Pós-Graduação Padre Gervásio., Pouso Alegre, MG, Brazil. \*Equal contributors.

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**Abstract:** An evaluation of the inflammatory enzymatic interactions related to pulmonary function can help identify biomarkers for interventions or prophylactic measures to improve patient prognosis. This study aimed to determine the effect of epoxide hydrolase inhibition by GSK2256294 in different pulmonary inflammation models. A secondary search was performed using Medline/PubMed, Web of Science, SciELO, Cochrane Library, Embase, Academic Google, and gray literature by two independent reviewers, who analyzed the methodological quality and consistency of the data. Different variables were compared using a meta-analysis. A total of 86 studies were found, 4 of which were selected from the gray literature. Based on the eligibility criteria, two clinical and one preclinical studies were evaluated. GSK2256294 inhibited the soluble epoxide hydrolase enzyme in both clinical and preclinical models, exhibiting greater effectiveness in clinical studies and contributing to the anti-inflammatory activity mediated by the eicosatrienoic pathway by reducing the levels of dihydroxyeicosatrienoic acids and leukotoxin-diol. Overall, GSK2256294 was identified as a promising drug for controlling the deleterious manifestations of lung inflammation. Further clinical and preclinical studies are required to ensure consistency among the evidence and identify other biological activities mediated by GSK2256294.

**Keywords:** Enzymes, lung function, inflammation, clinical study, preclinical study

## Introduction

Smoking is a risk factor for chronic diseases such as cerebrovascular disease; malignant neoplasms of the lungs, mouth, larynx, and pharynx; acute coronary disease (angina and infarction); and chronic obstructive pulmonary disease (COPD). Globally, tobacco use causes over seven million deaths per year. Besides smoking, several other pathophysiological changes are associated with inflammatory lung diseases, including central obesity and metabolic syndromes [1], leading to chronic inflammation and endothelial dysfunction [2].

Inflammatory lung diseases involve several modulation pathways, including T-helper type 2 (Th2) responses observed in hypersensitivity-mediated diseases and several other Th1, Th17, and Th22 profiles, with adaptive and innate immune cells as participants [3-5]. Although primary factors initiate the disease, diverse enzymatic activities mediate different responses [6, 7].

In inflammatory lung diseases, airflow restriction caused by an inflammatory response to inhaled toxins, often cigarette smoking, causes oxidative stress, chronic hypoxia, arterial stiff-

ness, endothelial dysfunction, vasodilator and vasoconstrictor substance imbalance, alterations in the pro-inflammatory cytokine levels, inflammation, and senescence of endothelial cell factors. Therefore, techniques such as venous occlusion plethysmography, forearm flow-mediated dilation, and biomarker analyses have been employed to assess endothelial and peripheral functions in individuals with pulmonary inflammation [8] and the ensuing alteration of the pulmonary vascular endothelium.

Epoxyeicosatrienoic acids (EETs) are hyperpolarizing factors derived from the endothelium from arachidonic acid metabolism by cytochrome P450 epoxygenases [9], which are factors that control vasomotor tone [10], inhibit nuclear factor- $\kappa$ B (NF- $\kappa$ B) signaling pathway activation via potassium channel modulation, and exhibit anti-apoptotic effects on endothelial cells and anti-inflammatory properties [11, 12]. In plants and animals, epoxide hydrolases convert epoxide diols into diols via hydrolysis. In mammals, soluble epoxide hydrolase (sEH) is responsible for the metabolism of arachidonic acid derivatives and EETs. sEH converts EETs to dihydroxy eicosatrienoic acids (DHETs) [13].

Increased sEH activity may indicate increased inflammation, as observed in patients with obesity who are smokers with coronary artery disease, where the sEH concentration was associated with the lowest EET/DHET ratios [2]. Additionally, EETs are produced in lung epithelial cells, and patients with COPD may experience loss of function due to high sEH activity [2, 14].

sEH is found in different cell types, including epithelial, endothelial, and pulmonary smooth muscle cells. sEH is also present in inflammatory cells, such as macrophages, eosinophils, neutrophils, and T cells, and in plasma with reduced activity [15, 16].

GSK2256294 is a potent and selective sEH inhibitor discovered using DNA-encoded Chemical Libraries based on a combination of oligonucleotides [17]. GSK2256294 can bind to the enzymatic catalytic site of sEH, inactivating its action and contributing to an increase in EET levels and a decrease in its conversion to DHETs and leukotoxin-diol [18, 19]. The increased EET levels owing to GSK2256294

are related to its vasodilatory properties, as this drug relaxes the blood vessels and promotes increased blood flow. EETs are also related to reduced expression of pro-inflammatory cytokines, such as tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ), interleukin-6 (IL-6), and interleukin 1 $\beta$  (IL-1 $\beta$ ), in several cells, including endothelial cells and immune system cells, such as macrophages and lymphocytes, thereby reducing inflammation. NF- $\kappa$ B activation inhibition via increased EET levels is an important mechanism in which the activation of nuclear factor kappa B (NF- $\kappa$ B), a key regulator of the expression of genes involved in inflammation, is inhibited [20, 21].

GSK2256294 has been tested in preclinical and randomized clinical trials and has been demonstrated to affect pulmonary and systemic endothelial function [13] and attenuate smoking-induced pulmonary inflammation. sEH inhibition prevents the initiation and maintenance of the pulmonary inflammatory response and promotes its resolution [2, 22, 23]. Steroidal and nonsteroidal anti-inflammatory drugs can be administered to inhibit enzymatic activity, thereby controlling inflammatory diseases [24, 25].

Evidence of GSK2256294 activity in the inhibition and resolution of pulmonary inflammatory responses has been published [2, 22, 23].

An experimental model revealed that sEH inhibition attenuates inflammation and emphysema secondary to smoking while improving metabolic syndrome symptoms and pulmonary functions [26]. Strategies, such as anti-inflammation, are widely used to inhibit enzymes that promote inflammation and tissue damage [25]. However, further studies on biomolecules with higher selectivity and efficacy are required. Therefore, in this study, we evaluated the efficacy of GSK2256294 and its effects on epoxide hydrolase inhibition by GSK2256294 in different pulmonary inflammation models.

### Materials and methods

#### *Ethical aspects*

This secondary study did not violate any current legislation related to ethics in research on humans or animals.

## *Registration protocol*

This study was registered in the Open Science Framework database (OSF Registers) under the doi, 10.17605/OSF.IO/PMHA8 and is structured according to the Preferred Reporting Items for Systematic Protocols (PRISMA 2020) [27].

## *Search strategy*

Medline (PubMed), Web of Science, SciELO, Cochrane Library, Embase, Google Scholar, and gray literature databases were searched. Medical Subject Headings (MeSH) were used to define the descriptors. The following descriptors were used to select eligible studies: “N-((4-cyano-2-(trifluoromethyl)phenyl)methyl)-3-((4-methyl-6-(methylamino)-1,3,5-triazin-2-yl)amino)cyclohexanecarboxamide” and “Pulmonary Disease, Chronic Obstructive”, with their respective entry terms (entry terms: GSK22-56294, Chronic Obstructive Lung Disease, Chronic Obstructive Pulmonary Diseases, COAD, COPD, Chronic Obstructive Airway Disease, Chronic Obstructive Pulmonary Disease, Airflow Obstruction, Chronic Airflow Obstruction, Chronic Airflow Obstruction, Chronic Airflow Obstruction). The Boolean operators “AND” and “OR” were used to aid the search. The search form was adapted based on the characteristics of each platform. Two researchers performed the search in a non-paired manner between August and September 2022.

## *Eligibility criteria*

Clinical and preclinical studies, both *in vivo* or *in vitro*, that examined the relationship between lung parenchyma inflammation and enzymatic activity, irrespective of whether they were evaluated as developmental, exposure, or outcome variables, were eligible for inclusion in the analysis. All reports were accepted as publications in the databases, and no time restrictions were applied to the search for these articles.

Studies that reported arguments related to the theme but were not products of research designs, such as narrative reviews and studies unrelated to the theme, were excluded from the analysis. Studies indexed in PubMed over the last 10 years were also evaluated. The extracted data included characteristics of the studies

and their primary approaches. Finally, data were evaluated and subjected to a qualitative assessment using tables by two independent reviewers. The data were then compiled, and conflicts were resolved by a third author.

## *Methodological and evidence quality*

Two reviewers independently assessed the methodological quality of the included studies, and conflicting opinions were resolved via discussion. ROB 2.0 [28], which assesses the risk of bias in clinical studies, and SYRCLE [29], which assesses the risk of bias in animal studies, were employed for the analysis. SYRCLE contains the following assessment categories: selection, performance, detection, attrition, reporting, and other sources of bias. We applied 10 questions to the articles included in the systematic review, with responses of “YES” indicating a low risk of bias, “NO” indicating a high risk of bias, and “UNCERTAIN” indicating an uncertain risk of bias. Using this tool to calculate the total score for each study is not recommended [29].

## *Data analysis*

Data were tabulated in Microsoft Excel, and RStudio was used for data analysis and visual display.

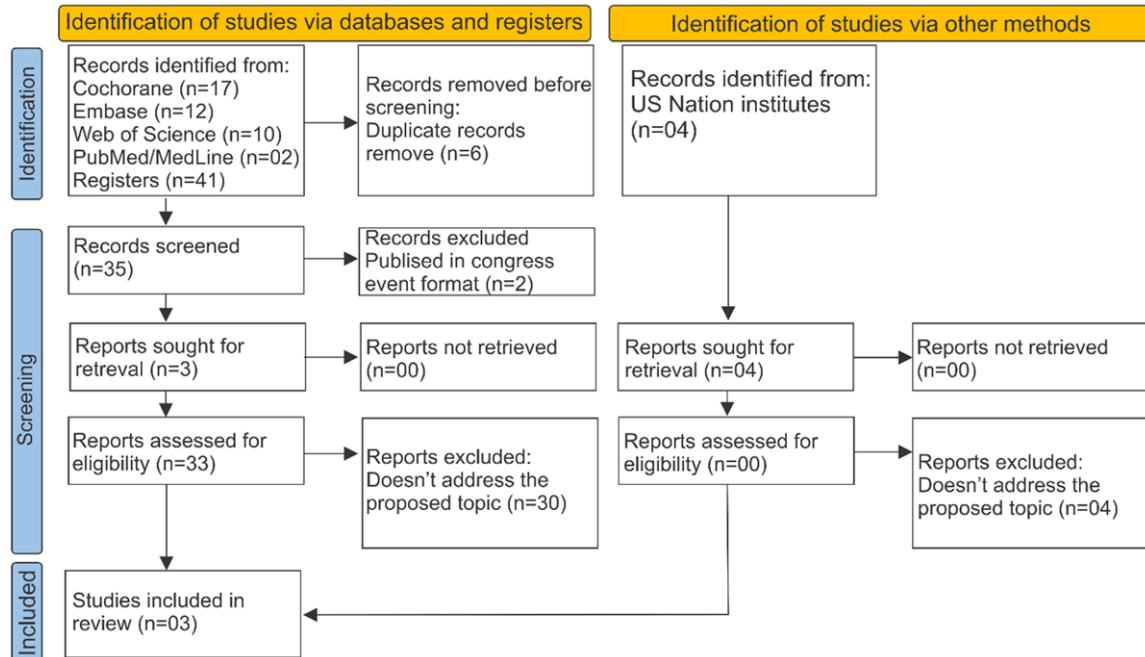
The General Package for Meta-Analyses version 4.9-5 was used to assess and compare the prevalence (metaprop), mean (metacont), and meta-regression (metareg). A “forest plot” was used to evaluate and represent data and generate a correlation chart for F(X). Study heterogeneity was assessed using the  $I^2$  statistic from Cochran’s Q statistic and the number J of analyzed studies. Based on the estimated heterogeneity, a random-effect model was implemented for meta-analysis [30-33].

## **Results**

A total of 86 studies were retrieved from the databases using the established search key, four of which were selected from the gray literature. After applying the eligibility criteria, three studies were classified and analyzed (**Figure 1**).

By assessing the methodological quality of eligible studies, “some concerns” were found for

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**Figure 1.** Flowchart of the selection of eligible studies for the systematic review per the eligibility criteria (PRISMA 2020).

clinical studies (Supplementary Table 1), and a moderate risk of bias was found for preclinical studies (Supplementary Table 2), per the recommendations of each applied tool (Robbis2 and SYRCLE).

The effects of GSK2256294 on sEH levels were verified using different models (Figure 2). When frequencies were grouped ( $I^2 = 96\%$ ), high heterogeneity was observed, with significant differences between the study models ( $P < 0.001$ ). The greatest reduction was observed in an *in vitro* evaluation of human blood samples (93% reduction).

Experiments using rats revealed a 38% reduction in GSK2256294 activity. However, a high reduction rate was obtained using mice (61%) and rodents (50%).

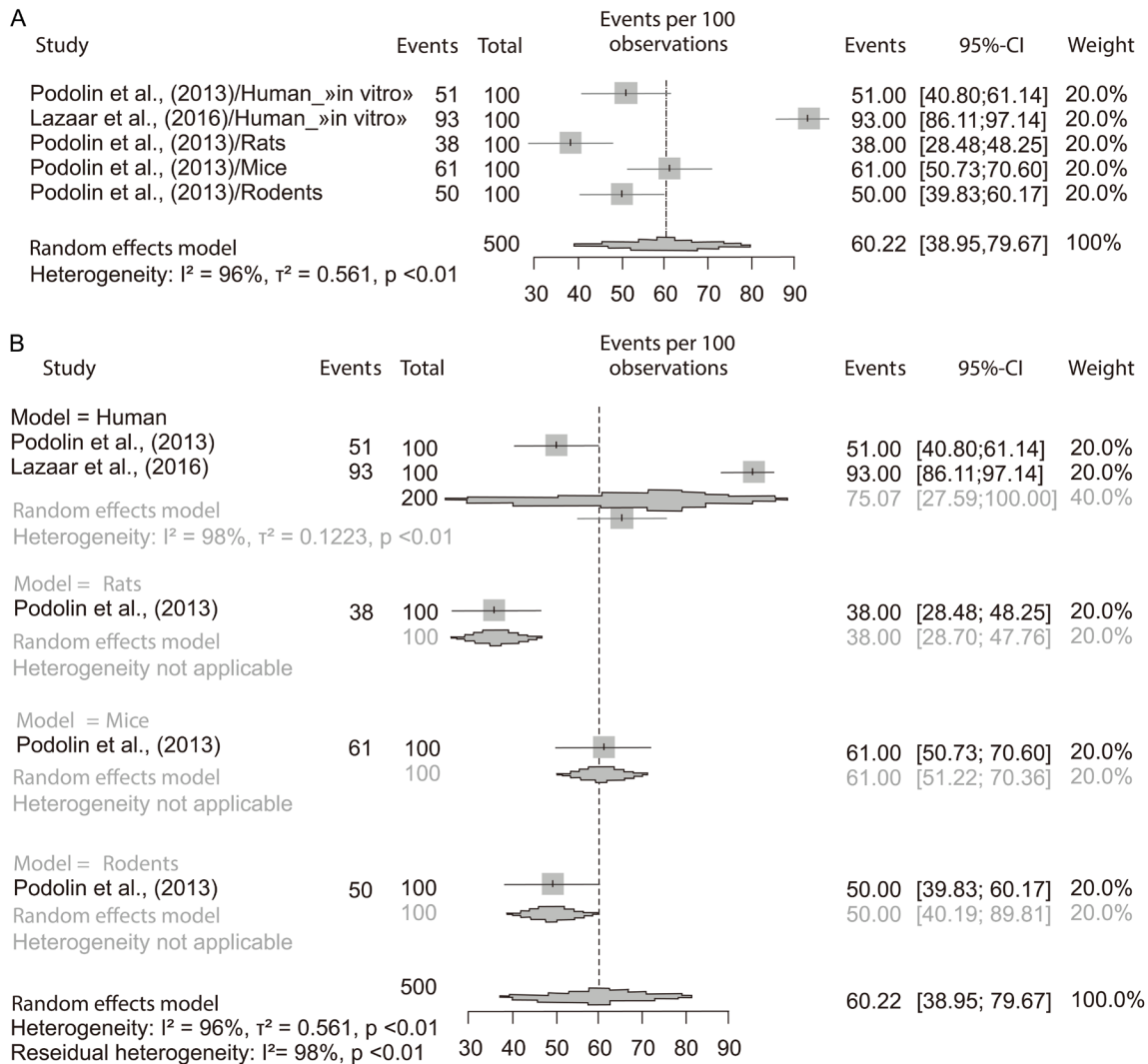
After determining the inhibitory activities of the sEH enzyme using GSK2256294 in different pulmonary inflammation models, the effect of decreasing DHETS was evaluated and correlated with GSK2256294 concentrations in different models (clinical and preclinical) (Figure 3). A significant positive correlation was found in all models. When the models were grouped, a positive correlation of 0.76 was found. When the models were evaluated separately, an

increase in the heterogeneity of DHES reduction values was observed in the clinical model ( $\rho = 0.64$ ). Notably, heterogeneity decreased while the correlation increased ( $\rho = 0.92$ ) in the preclinical model (Figure 3).

sEH participates in the conversion of leukotoxins to leukotoxin-diol, which exhibits inflammatory activity. The relationship between these two compounds enabled the evaluation of the enzymatic activity and inflammatory status of the evaluated model. Thus, the effects of the leukotoxin-to-leukotoxin-diol ratio in a pulmonary inflammation model treated with GSK-2256294 were verified (Figure 4). Pooling the effects of GSK2256294 on the leukotoxin-to-leukotoxin-diol ratio between clinical and preclinical models resulted in low heterogeneity ( $I^2 = 9\%$ ), with a mean ratio-increasing effect of 27% (CI = 0.35 to 2.18) (Figure 4).

The effect of GSK2256294 on bradykinin-associated blood flow was determined in a clinical study of lung injury in smokers (Figure 5). In eligible studies, blood flow was assessed following administration of 300 mg of bradykinin, either in the presence or absence of GSK-2256294. The relationships between the effects (blood flow without GSK2256294 and blood flow with GSK2256294, both under the

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**Figure 2.** Evaluation of the effects of GSK2256294 on soluble epoxide hydrolase inhibition in a clinical and preclinical study of lung injury. A. Relative inhibition frequencies for the different study models. B. Relative frequencies of the inhibition effects stratified by study models. Prevalence means were used, and 95% confidence intervals were presented for each description.

effect of bradykinin) were analyzed. On average, blood flow increased by 23% (CI = 1.01 to 1.45) in individuals administered GSK2256294 compared with those who were not administered GSK2256294 (Figure 5).

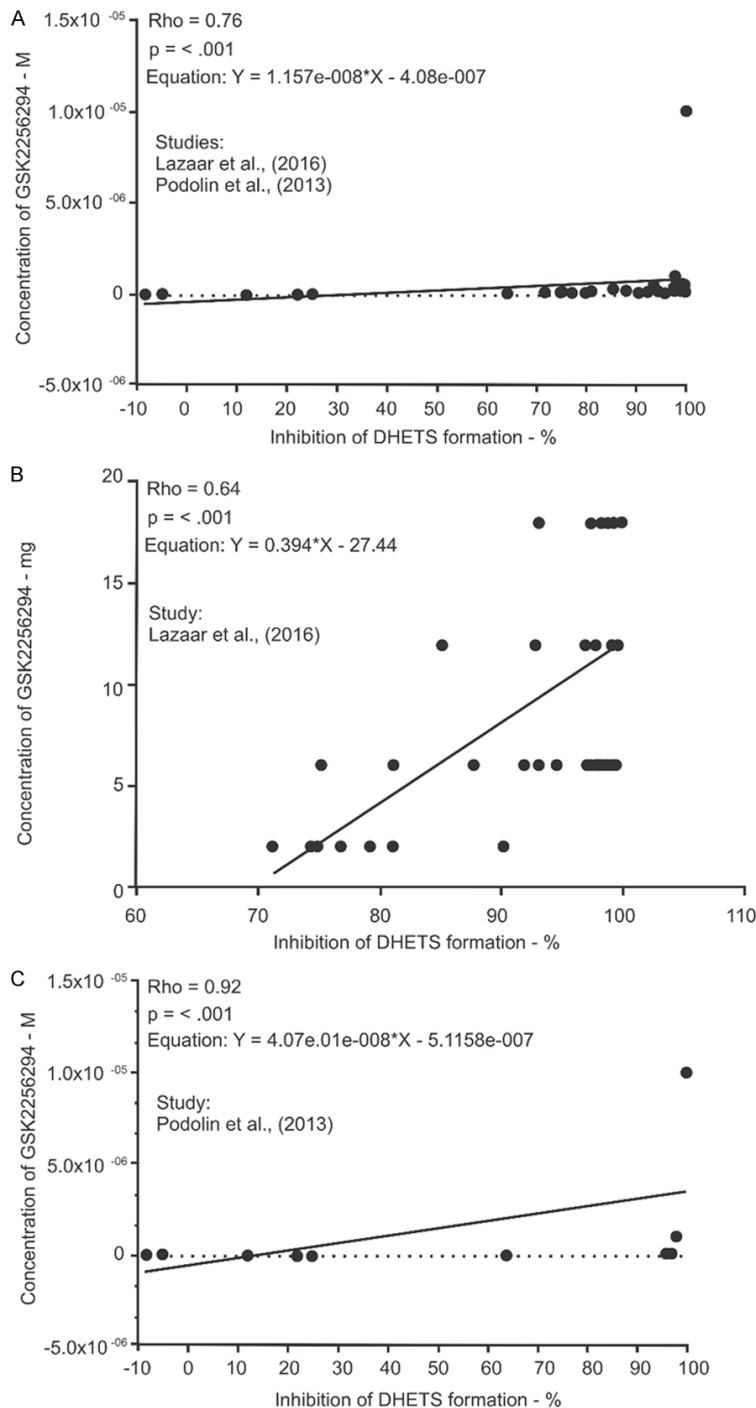
### Discussion

EETs, which are products of arachidonic acid epoxidation by cytochrome P450 enzymes, exert anti-inflammatory effects. EETs are metabolized by cyclooxygenase (COX) and  $\beta$ -oxidation but are mainly converted into diols by sEH. Pharmacological inhibition of sEH inhibits inflammation via a decrease in endothelial cell

adhesion molecule expression induced by cytokines and chemokines and prevents leukocyte adhesion to vascular walls and tissues through a mechanism involving NF- $\kappa$ B inhibition [34, 35].

EETs can inhibit NF- $\kappa$ B activation, preventing its translocation to the cell nucleus, where it normally activates the transcription of inflammatory genes. This effect is likely mediated by specific receptors to which EETs bind and modulate intracellular signaling [36]. EETs can interfere with the activation of genes that encode pro-inflammatory cytokines, such as TNF- $\alpha$ , IL-6, and IL-1, thereby reducing the production of

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**Figure 3.** Correlation and meta-regression analyses of GSK2256294 concentration and DHETS formation inhibition in the eligible studies. A. Correlation between the effect and concentration of GSK2256294 and DHETS formation inhibition in preclinical and clinical models. B, C. Evaluations were conducted separately using each study model. Spearman's test was used to assess possible correlations. The significance level was 5%.

these cytokines [37, 38]. Such reductions can be achieved by modulating the activities of spe-

cific transcription factors or epigenetic processes. Moreover, modulation of ion channels, such as calcium and potassium channels, is another proposed mechanism [39].

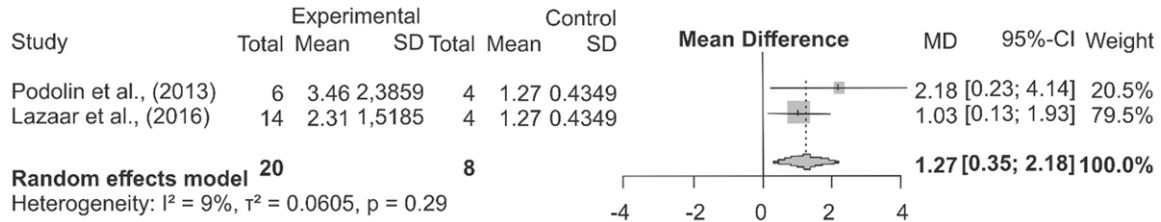
Wang et al. [35] used experimental models to compare the effectiveness of different types of soluble epoxide hydrolase inhibitors (sEHs), such as the acid sEH t-TUCB (trans-4-{4-[3-(4-trifluoromethoxyphenyl)-ureido]-cyclohexyloxy}-benzoic acid) and a phosphodiesterase-4 (PDE4) inhibitor, at reducing lung injury and inflammation following subacute exposure to tobacco smoke. The sEH to diol ratio significantly decreased in the experimental animals, implying sEH activity.

Lung tissues and cells that express high sEH levels are considered as more susceptible to leukotoxins than those expressing low enzyme levels, thereby increasing their susceptibility to leukotoxin-diol, which is responsible for pulmonary toxicity [40]. Based on data collected from clinical [22] and preclinical [23] studies using GSK2256294, the conversion of leukotoxin to leukotoxin diol decreased in both experimental and human models.

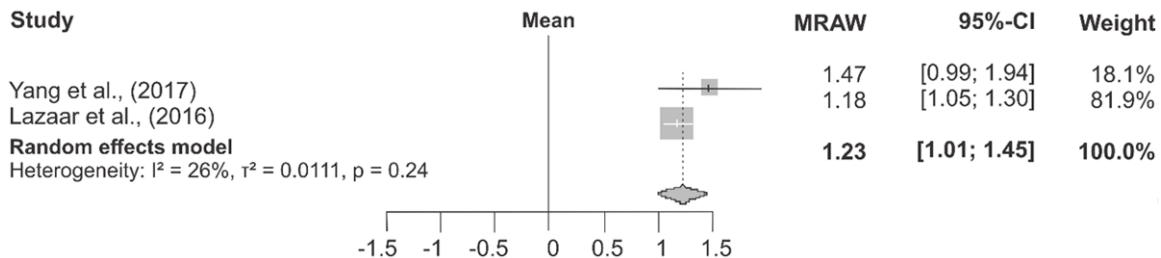
Many clinical and preclinical studies have reported promising discoveries regarding pulmonary inflammation treatment. However, further data are needed to explain the current findings, which include significant differences between the results of sEH inhibition *in vitro* and *in vivo* [22, 23].

Capozzi et al. [41] revealed different outcomes regarding the effects of sEH inhibition, with sig-

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**Figure 4.** Mean distribution of the leukotoxin-to-leukotoxin-diol ratio in preclinical and clinical pulmonary inflammation models after intervention with GSK2256294. Sampling, means, and standard deviations for the effects on the leukotoxin-to-leukotoxin-diol ratio were obtained from the eligible and pooled studies. The randomized effect model was used. The significance level was 5%.



**Figure 5.** Effect of GSK2256294 on blood flow associated with bradykinin in a clinical study of lung injury in smokers. The mean effect of GSK2256294 was determined after the mean ratio was calculated between the control group (without GSK2256294 with 300 mg of bradykinin) and group treated with GSK2256294 (plus 300 mg of bradykinin). Summarization was performed using a randomized design, and confidence intervals were determined. The significance level was 5%.

nificantly better *in vivo* than *in vitro* results. Preclinical and clinical studies can be compared, as demonstrated by An et al. [42] Although the use of an sEH was found to be safe in phase 1 of the trial, an appropriate efficacy level was not found in the phase 2 trial, as the beneficial effects found in animals were not replicated. The opposite result was obtained with GSK2256294, which, despite a negligible difference between interspecies results, produced positive outcomes in humans.

Treating COPD with anti-inflammatory compounds remains challenging because inflammation and related comorbidities are complex. Currently, no therapy effectively reverses the disease; therefore, minimizing disease progression is an alternative strategy, and reducing oxidative stress and inflammation can improve the quality of life and increase survival [43]. Oxidative stress, particularly that generated by exposure to tobacco smoke, is a major contributor to the pathogenesis of COPD, inducing apoptosis, extracellular matrix remodeling, protease inhibitor inactivation, mucus secretion, NF- $\kappa$ B activation, mitogen-activated protein

kinase (MAPK) activation, chromatin remodeling, and pro-inflammatory gene transcription [43].

Arachidonic acid cascade modulators have been the focus of research in inflammation treatment for decades. Besides the known dual 5-lipoxygenase and cyclooxygenase-2 inhibitors, recent findings shed light on multi-target inhibitors that interfere with the cytochrome P450 pathway by inhibiting sEH, which offers a new opportunity for the development of novel anti-inflammatory drugs [44, 45].

Clinical studies using sEH inhibitors are limited. The selective sEH inhibitor AR9281 (Arete Pharmaceuticals) improved endothelial function in animal models, inhibited enzyme activity, and caused a modest decrease in dihydroxy lipid levels in a clinical study involving healthy participants. A phase 2 study evaluating the effects of this inhibitor on blood pressure and glucose metabolism in patients with moderate hypertension and impaired glucose tolerance was terminated (NCT00847899). Other sEHs have been tested in animal models of inflam-

matory diseases and have been demonstrated to increase EET/EDP levels and mitigate inflammation [16, 44]. Besides GSK2256294, other sEH inhibitors have been evaluated in experimental models of inflammatory lung injury. Notably, an increase in EET levels could be detected, consequently resulting in a reduction in DHETs and inflammation attenuation [46]. Given the selectivity and stability of some sEH inhibitors, their biological activities may vary in a model-dependent manner, resulting in the ineligibility of some inhibitors for clinical trials.

GSK2256294 ((1R, 3S)-N-(4-cyano-2-(trifluoromethyl)benzyl)-3-((4-methyl-6-(methylamino)-1,3,5-triazin-2-yl)amino)cyclohexanecarboxamide) is a potent inhibitor of strong but reversible binding of sEH. GSK2256294 belongs to the amide family and interacts with the amino acid residue, Asp333, of the catalytic triad, Asp333-Asp495-His523, which is responsible for opening the epoxide ring, and two tyrosine residues, Tyr381 and Tyr465, which are responsible for fixing the epoxide oxygen atom. Therefore, GSK2256294 is a competitive inhibitor that decreases the transcription of pro-inflammatory vascular cell adhesion molecule-1 (VCAM-1) and nuclear translocation of NF- $\kappa$ B in the presence of sEH in TNF $\alpha$ -activated human endothelial cells, thereby blocking the adhesion of mononuclear cells to the endothelium [17]. This inhibitor is specific to the hydrolase domain of EPHX2, inactive against the phosphatase domain, and attenuates cigarette smoke-induced lung inflammation in animal models.

Therefore, GSK2256294 can bind to the enzymatic catalytic site, inactivating its function, thereby increasing EET levels and decreasing the conversion to DHETs and leukotoxin-diol [15].

sEH hydrolyzes fatty acid epoxides to form diols, DHETs, and leukotoxin diols, with different biological functions and activities under various physiological and pathological conditions [47].

EETs can act as anti-inflammatory agents owing to several properties they exhibit in response to inflammatory processes. The elevation of EETs due to GSK2256294 use is related to its vasodilatory properties, which relaxes blood vessels and promotes increased blood flow [19, 48]. This can help reduce inflammation because

vasodilation increases oxygen and nutrient delivery to inflamed tissues, contributing to the resolution of the inflammatory process. EETs inhibit platelet aggregation and reduce blood clot formation. This is important for preventing the inflammation associated with thrombotic disorders [49]. EETs can act on endothelial cells lining blood vessels, promoting healthy endothelial function and reducing the adhesion of leukocytes (immune cells) to blood vessels, which is an important step in the inflammatory response [50]. However, increasing epoxide levels and reducing inflammation have been proposed as rational therapeutic methods.

Some studies also revealed a possible decrease in cytokine expression, with modulation of pathways that converge in NF- $\kappa$ B-dependent transcription [31, 41]. These findings corroborate the therapeutic potential of this drug in patients with COPD.

One limitation of this study is the small number of primary studies included in this research. In addition, low consistency among the results of eligible studies affected the level of evidence reported in this secondary study.

### Conclusions

GSK2256294 was found to reduce sEH enzyme levels in clinical and preclinical models, with greater effectiveness observed in clinical than preclinical studies. GSK2256294 also contributes to the anti-inflammatory activity mediated by the eicosatrienoic pathway by reducing DHETS and leukotoxin-diol and helping control blood flow. Thus, this study revealed that GSK2256294 is a promising drug for controlling the deleterious manifestations of pulmonary inflammation. However, given the low number of articles retrieved from the databases, more studies are required to guarantee the consistency of the evidence and unveil other pathways of biological activities mediated by GSK2256294.

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#### Disclosure of conflict of interest

None.

**Address correspondence to:** Wellington F Rodrigues, Federal University of Triângulo Mineiro, No. 30 Frei Paulino Street, Uberaba, MG 38025-180, Brazil. Tel: +55-034-99630-9185; E-mail: pos-doc.wellingtonrodrigues@uftm.edu.br

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**Supplementary Table 1.** Assessment of the methodological quality of eligible clinical trials (RobBis 2)

Categories	Study - Randomized crossover	
	Aili L Lazaar, 2016	Lucy Yang, 2017
Domain 1	Some concerns	Low risk
Domain 2	Some concerns	Low risk
Domain 3	Low risk	Some concerns
Domain 4	Low risk	Low risk
Domain 5	Low risk	Low risk
Classification	Some concerns	Some concerns

**Supplementary Table 2.** Assessment of the methodological quality of eligible preclinical studies (SYRCLE)

Categories	Study - preclinical
	Patricia L Podolin, 2013
Domain 1	1
Domain 2	0.5; 0.5 and 1
Domain 3	0
Domain 4	1 and 1
Domain 5	0.5
Domain 6	0
Domain 7	0 and 0
Domain 8	1; 0.5; 1 and 1
Domain 9	0.5 and 1
Domain 10	1; 0.5; 1; 0 and 1
Classification	Moderate risk of bias

Classification: 0, high risk of bias; 0.5, moderate risk of bias; 1, low risk of bias.