### *Review Article* **Potential non-oncological applications of histone deacetylase inhibitors**

Katherine Ververis<sup>1,2</sup>, Tom C Karagiannis<sup>1,2</sup>

<sup>1</sup>Epigenomic Medicine, Baker IDI Heart and Diabetes Institute, The Alfred Medical Research and Education Precinct, Melbourne, Victoria, Australia; <sup>2</sup>Department of Pathology, The University of Melbourne, Parkville, Victoria, Australia

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Abstract: Histone deacetylase inhibitors have emerged as a new class of anticancer therapeutic drugs. Their clinical utility in oncology stems from their intrinsic cytotoxic properties and combinatorial effects with other conventional cancer therapies. To date, the histone deacetylase inhibitors suberoylanilide hydroxamic acid (Vorinostat, Zolinza®) and depsipeptide (Romidepsin, Istodax®) have been approved by the US Food and Drug Administration for the treatment of refractory cutaneous T-cell lymphoma. Further, there are currently over 100 clinical trials involving the use of histone deacetylase inhibitors in a wide range of solid and hematological malignancies. The therapeutic potential of histone deacetylase inhibitors has also been investigated for numerous other diseases. For example, the cytotoxic properties of histone deacetylase inhibitors are currently being harnessed as a potential treatment for malaria, whereas the efficacy of these compounds for HIV relies on de-silencing latent virus. The anti-inflammatory properties of histone deacetylase inhibitors are the predominant mechanisms for other diseases, such as hepatitis, systemic lupus erythematosus and a wide range of neurodegenerative conditions. Additionally, histone deacetylase inhibitors have been shown to be efficacious in animal models of cardiac hypertrophy and asthma. Broad-spectrum histone deacetylase inhibitors are clinically available and have been used almost exclusively in preclinical systems to date. However, it is emerging that class- or isoform-specific compounds, which are becoming more readily available, may be more efficacious particularly for non-oncological applications. The aim of this review is to provide an overview of the effects and clinical potential of histone deacetylase inhibitors in various diseases. Apart from applications in oncology, the discussion is focused on the potential efficacy of histone deacetylase inhibitors for the treatment of neurodegenerative diseases, cardiac hypertrophy and asthma.

Keywords: Chromatin modifications, histone acetylation, histone deacetylase inhibitor, Trichostatin A, neurodegeneration, cardiac hypertrophy, asthma

#### Introduction

Chromatin is a dynamic structure that undergoes remodeling to facilitate metabolic processes including transcription, replication and repair [1]. These structural changes are mediated largely by DNA methylation and posttranslational modifications of histones. Of the various post-translational modifications, histone acetylation is relatively well-characterized, with the first reports highlighting the importance of this modification in RNA synthesis dating to 1964 [2, 3]. Histone acetylation status is regulated by the opposing actions of histone acetyltransferases (HATs) and histone deacetylases (HDACs) [4]. HATs transfer the acetyl moiety of acetyl-coA resulting in acetylation of the ɛ-amino tails of lysine residues in histones [5]. This neutralizes the positive charge on histone tails, weakening the interaction between histones and negatively DNA, yielding a more open, transcriptionally permissive chromatin conformation [4, 5]. Conversely, HDACs remove acetyl groups from histones resulting in a more condensed, transcriptionally repressive chromatin conformation [6]. In addition to the core H2A, H2B, H3 and H4 histones, numerous non-histones proteins are targets for acetylation / deacetylation. These include key cell motility proteins (e.g.  $\alpha$ tubulin, cortactin), chaperones (e.g. HSP90, HSP70), DNA repair proteins (e.g. Ku70, Ku86) and transcription factors and co-regulators (e.g.



**Figure 1.** Schematic representation of the classical class I, II and IV mammalian histone deacetylases (HDACs). Class I enzymes are homologous with the yeast, reduced potassium dependency-3 (Rpd3) and consist of HDAC1, 2, 3 and 8. The class II HDACs are homologous to the yeast, histone deacetylase-1 (Hda1) and enzymes in this class are further subdivided into two sub-classes. Class IIa is comprised of HDAC4, 5, 7 and 9; class IIb consists of HDAC6 and 10. The HDACs have a conserved deacetylase (DAC) domain depicted as a blue cylinder with the C- and N-terminal tails represented as black lines. Green cylinders represent the myocyte enhancer factor-2 (MEF2)-binding domains and short grey cylinders depict the 14-3-3 binding motifs with Ser phosphorylation sites. The number of amino acid residues of the longest isoform of each HDAC is shown on the right and the chromosomal site of each HDAC is shown in brackets. H. sapiens, Homo sapiens; S. cerevisiae, Saccharomyces cerevisiae; SE14, Ser-Glu containing tetrade-capeptide repeats; ZnF, ubiquitin-binding zinc finger domain. Adapted from [18].

### p53, MyoD, c-Myc) [7-10].

The 18 mammalian HDAC enzymes identified to date are classified into two distinct families the metal dependent enzymes which are represented by class I, II and IV HDACs and the class III sirtuins [7, 11-13]. Class III HDACs include sirtuins 1-7 which are homologous to the yeast silent information regulator 2 [14]. Deacetylation of lysine residues by sirtuins requires consumption nicotinamide adenine dinucleotide (NAD<sup>+</sup>) [14]. The metal-dependent enzymes are typically referred to as the classical HDACs and require co-ordination of divalent metal ion for catalytic activity [15]. The 11 classical HDACs are categorized into three classes based on their homology to yeast proteins (Figure 1) [15-18]. Briefly, class I enzymes include HDAC1, 2, 3 and 8 and share homology with the yeast transcriptional regulator RDP3 [16, 17]. They are expressed ubiguitously, localized predominantly in the nucleus and HDACs 1-3 are part of multi-protein nuclear repressor proteins [12, 13]. Overall, it is thought that class I enzymes have a critical role in cell survival and proliferation [12, 13, 19]. Class II enzymes are related to yeast HDA1 and are further subdivided into IIa (HDACs 4, 5, 7 and 9) and IIb (HDACs 6 and 10) [20, 21]. They shuttle between the nucleus and cytoplasm and have more tissue-specific expression patterns and functions [8, 10, 12, 13]. HDAC6 is a major cytoplasmic protein with key substrates such as  $\alpha$ -tubulin, HSP90 and the important redox regulatory proteins peroxiredoxin I and II [22, 23]. It has diverse roles in modulating cell growth, migration and cellular survival [24-26].

## Histone deacetylase inhibitors: anticancer effects

HDAC enzymes have important roles in modulating proliferation, apoptosis, migration and differentiation [12, 13]. Further, aberrant HDAC expression and activity has been observed in numerous malignancies [27-33]. These provided the basis for the development of HDAC inhibitors as anticancer therapies. Indeed, the HDAC inhibitors suberoylanilide hydroxamic acid (SAHA, Vorinostat, Zolinza<sup>®</sup>) and depsipeptide



Figure 2. Summary of the biological effects of the prototypical broad-spectrum HDAC inhibitor (HDAC inhibitors) Trichostatin A (TSA). (A) TSA alters gene transcription by inhibiting histone deacetylase activity and remodelling chromatin architecture. Hyperacetylation of the core histones results in a more open, transcriptionally permissive chromatin structure. TSA also results in the deacetylation of numerous non-histone protein targets. The overall effect of TSA in malignant and transformed cells is decreased proliferation, increased cell-death, induction of apoptosis, decreased migration, cell cycle arrest (predominantly G1 arrest and G1 and G2/M arrest at higher concentrations) and differentiation. (B) TSA results in the accumulation of hyperacetylated histone H3 and α-tubulin in T-cell leukemic CEM-CCRF cells. Cells were treated with the indicated concentrations of TSA for 24 hours prior to extraction of whole cells lysates. Immunoblots of acetylated histone H3 and α-tubulin with a GAPDH loading control are shown. (C) TSA decreases the relative cell viability of CEM-CCRF cells. Cells were treated with the indicated concentrations of TSA for 24 and 48 hours and relative cell viability was measured using the Cell Titre (Promega) assay kit. (D) TSA induces apoptosis in CEM-CCRF cells. Cells were treated with the indicated concentrations of TSA for 24 hours and caspase 3/7 activity was measured using the Apo-One (Promega) assay kit. (E) TSA augments doxorubicin- and radiation-induced DNA double-strand breaks in CEM-CCRF cells. Micrographs of CEM-CCRF cells immunostained for yH2AX (depicted as white foci) are shown. (F) Cells were treated with 0.5µM TSA for 24 hours prior to one hour incubation with 1µM doxorubicin at 37°C. Cells were washed and incubated for a further 24 hours prior to staining for yH2AX. In separate experiments cells were treated with 0.5µM TSA for 24 hours prior to irradiation with 2 Gy (137Cs). Cells were stained for yH2AX foci one hour following irradiation.

(Romidepsin, Istodax<sup>®</sup>) have been approved by the US Food and Drug Administration (FDA) for the treatment of refractory cutaneous T-cell lymphoma, in 2006 and 2009, respectively [34, 35].

Briefly, the main structural groups of HDAC inhibitors include the hydroxamic acids such as Trichostatin A, SAHA and Panobinostat (LBH5890) and the cyclic peptides which include depsipeptide and trapoxin [7, 12, 13, 17, 36]. These are relatively potent HDAC inhibitors with activity in the nanomolar to low micromolar range. The benzamides (e.g. Entinostat) and electrophilic ketones (e.g.  $\alpha$ -ketomide) are also potent HDAC inhibitors [7, 36]. The short-chain fatty acids which include phenylbutyrate, sodium butvrate and valproic acid are less potent with HDAC inhibition activity in the millimolar range [7, 36]. Although these HDAC inhibitors show some selectivity in cell-free assay systems, they are typically referred to as broadspectrum compounds as they inhibit multiple class I, II and IV HDAC enzymes. Although it is still controversial as to whether they would provide a therapeutic advantage, particularly in oncology, more class-selective and isoformselective analogues are increasingly becoming available. Prime examples include tubacin and PC-34501 which selectively inhibit HDACs 6 and 8, respectively [23, 37-39].

In summary, HDAC inhibitors decrease proliferation, induce cell-death and apoptosis, cause differentiation and cell cycle arrest and alter migration in malignant and transformed cell lines (Figure 2) [12, 13, 40]. The cytotoxic effects of HDAC inhibitors are much more pronounced, in malignant and transformed cells compared to normal cells. This provides the advantageous therapeutic window in oncology. In addition to their intrinsic cytotoxic properties HDAC inhibitors have been shown to induce at least additive cytotoxic effects with other anticancer modalities (Figure 2). Effective combinations with HDAC inhibitors include those with conventional cancer modalities such as chemotherapy (anthracyclines and retinoic acid) and radiotherapy [8, 12, 13, 41-45]. Further, HDAC inhibitors have been shown to augment the effects ultraviolet radiation and range other biological agents such as tumor-necrosis-factor apoptosis-inducing ligand [46, 47]. The clinical potential of HDAC inhibitors in oncology is highlighted by the fact that there are currently there are over 100 clinical trials involving these compounds for a wide range of malignancies.

# Non-oncological applications of histone deacetylase inhibitors

Apart from applications in oncology, the therapeutic potential of HDAC inhibitors has also been investigated for a wide range of other diseases. Examples include HIV infection where the potential of HDAC inhibitors in de-silencing latent virus was evaluated and ulcerative colitis where inhibition of NF- $\kappa$ B activation by butyrate was proposed to be beneficial [48, 49]. Other examples include hepatitis for which HDAC inhibitors were shown to function by inhibiting TNF- $\alpha$  and INF $\gamma$  and similarly, downregulation of

pro-inflammatory cytokines is thought to provide the basis for the potential use of HDAC inhibitors in systemic lupus ervthematosus [50, 51]. The potential of HDAC inhibitors as antimalarial agents has also been investigated. It has been shown that the mammalian HDAC inhibitors Trichostatin A and apicidin cause histone acetylation and inhibit the growth of Plasmodium falciparum, the main malarial parasite in humans [52-54]. Similarly, the mammalian HDAC inhibitors azelaic bishydroxamic acid and suberohydroxamic acid exhibit antimalarial activity against P. falciparum [55]. This prompted the development of analogues based on the structures of L-cysteine and 2-aminosuberic acid yielding compounds with greater selectivity for the protozoan HDAC enzymes [56, 57]. In addition to diseases described above, a considerable research effort has been aimed at evaluating the potential of HDAC inhibitors as therapeutics for neurodegenerative disorders, cardiac hypertrophy and more recently asthma, which will be the focus of discussion of the remaining of this review.

# Histone deacetylase inhibitors for the treatment of neurodegenerative disorders

Aberrant acetylation has been associated with numerous neurodegenerative diseases: a primary example of which is Rubinstein-Taybi syndrome. Rubinstein-Taybi syndrome is a developmental disorder characterized by mental retardation and is caused by mutations in cyclic AMP response element binding protein (CREB) and p300 genes with HAT function [58]. Relevant animal models which exhibit defects in chromatin acetylation and impairment of long termmemory, such as late phase of hippocampal long-term potentiation have been used to evaluate the effects of restoration of acetylation defects [59]. It has been shown that enhancing CREB-dependent genes improves the condition of the mice. Similarly, pharmacological intervention with the broad-spectrum HDAC inhibitor Trichostatin A, partially restored long-term memory loss providing the basis for the possible use of HDAC inhibition for the treatment of Rubinstein-Taybi syndrome [60].

The potential efficacy of broad-spectrum HDAC inhibitors particularly, Trichostatin A, butyrates and valproic acid, have been investigated in a wide range of other neurodegenerative conditions [61, 62]. For example, valproic acid,

Trichostatin A and phenylbutyrate have been investigated for their potential in ameliorating the effects of stroke [63-68]. Overall, the findings indicate the HDAC inhibitors may restore histone acetylation status, enhance neurogenesis and decrease neuroinflammatory responses. Similarly, restoration of acetylation status both histone and the non-histone substrate  $\alpha$ tubulin-anti-inflammatory effects and decreased dopaminergic neuronal death have been shown to be responsible for the beneficial effects of HDAC inhibitors in models of Parkinson's disease [69-72]. Further, HDAC inhibition has been shown to be effective in models of Huntington's disease due to restored histone acetylation status and normalization of striatal atrophy [62, 73-76]. Suppression of motor neuron degeneration and muscle atrophy as well as increased expression of SMN2 provides the basis for the potential use of HDAC inhibitors in spinal muscular atrophy [77-84]. Valproic acid and phenylbutyrate, either alone in combination with antioxidants or lithium have also shown beneficial effects in models of amyotrophic lateral sclerosis [85-90]. Like for other neurodegenerative conditions, the beneficial effects of the HDAC inhibitors involve restored histone acetylation status, suppression of motor neuronal death and improved motor function and survival.

Alzheimer's disease is a very common neurodegenerative condition and represents a leading cause of death in industrialized countries [91]. It is characterized by progressive memory loss and ultimately dementia [91]. The main pathobiological features of Alzheimer's disease include the accumulation of insoluble  $\beta$ -amyloid due to aberrant cleavage of amyloid precursor protein by secretases and accumulation of neurofibrillary tangles due to hyperphosphorylation of Tau protein [92, 93]. Numerous relevant in vivo models of Alzheimer's disease have been developed and these have assisted in the understanding of the molecular basis of disease and also allowed for the evaluation of pharmacological interventions. The broad-spectrum histone deacetylase inhibitors valproic acid, sodium butyrate, phenylbutyrate and Trichostatin A have shown beneficial effects in models of Alzheimer's disease [94-96]. In general, HDAC inhibitors have been shown to restore histone acetylation status and improve synaptic plasticity. Further, HDAC inhibitors have been found to improve learning and memory and to reverse spatial memory defects [94-96]. Additionally, findings indicate that HDAC inhibitors decrease expression of  $\beta$ -amyloid and phosphorylation of Tau in relevant models, providing a basis for their potential efficacy in Alzheimer's disease [94-96].

Although broad-spectrum HDAC inhibitors generally display beneficial effects in various models of neurodegenerative diseases, they do exhibit toxicity in various cell types of the central nervous system. This is not unexpected given the biological effects of HDAC inhibitors as anticancer agents. Therefore, class or isoformselective inhibitors may provide a therapeutic advantage and studies with SAHA which predominantly inhibited class I HDAC enzymes in a model of Alzheimer's disease is a step in this direction [97]. Although HDAC2 has been shown to regulate memory formation and neuronal plasticity, the function of the different HDAC isoforms in neurodegenerative diseases is still poorly understood [98]. Therefore, it is expected that further research will be aimed at identifying the role of the different HDAC enzymes and evaluating isoform-specific HDAC inhibitors in models of neurodegenerative diseases. In this context, the detailed map of HDAC1-11 enzymes in >50 regions of the rat brain will provide a starting point for examination of the roles of specific HDAC enzymes in the brain [99]. Finally, an important study in this direction utilized pharmacological and genetic approaches to specifically inhibit HDAC6, highlighting the potential for selective inhibition as a nontoxic therapeutic strategy for protection and regeneration following injury in the central nervous system [100].

# Potential of histone deacetylase inhibitors for the treatment of cardiac hypertrophy

The therapeutic potential of HDAC inhibitors in models of heart disease, including cardiac hypertrophy and myocardial ischemia-reperfusion injury, has emerged [101-106]. For example, a recent study indicates that Trichostatin A protects from load- and agonist-induced hypertrophy in vivo by suppressing autophagy [107]. Similarly, a recent study indicates that valproic acid prevents pulmonary artery banding-induced right ventricular hypertrophy in rats [108]. However, the clinical potential of HDAC inhibitors for the treatment of heart disease remains controversial. This is highlighted from another recent study which indicates, in contrast to the findings with valproic acid, that Trichostatin A worsens pulmonary artery banding-induced right ventricular dysfunction in rats [109]. It was proposed that HDAC inhibitor induced-apoptosis and antiangiogenic effects are likely to be responsible for the disadvantageous effects of Trichostatin A on the pressure-overloaded right ventricle [109]. In vitro studies from our laboratory, using doxorubicin-induced hypertrophy in rat cardiac myocytes as a model system, also suggest detrimental effects of broad-spectrum HDAC inhibitors (Figure 3). Firstly, our findings indicate that Trichostatin A augments doxorubicin-induced hypertrophy, at least in part, by modulating the expression of the hypertrophyassociated genes, ventricular myosin light chain -2, the alpha isoform of myosin heavy chain and atrial natriuretic peptide [110]. Further, our findings indicate that pre-treatment, but not posttreatment, of cells with the broad-spectrum HDAC inhibitors, Trichostatin A, valproic acid and sodium butyrate enhance doxorubicininduced DNA damage as monitored with yH2AX - a molecular marker of DNA double-strand breaks [110, 111].

Evidence indicates that the uncertainty surrounding the clinical potential of HDAC inhibitors in cardiac hypertrophy stems from the disparate actions of class I and class II HDACs in this disease [112-116]. Overall, class I HDACs potentiate cardiac hypertrophy and class II HDACs are thought to suppress pro-hypertrophic responses (Figure 3). The role of different HDAC enzymes in regulating cardiac hypertrophy has been reviewed extensively [113-115]. Briefly, class II HDACs prevent hypertrophic responses, largely, by inactivating myocyte enhancer 2 (MEF2), a transcription factor which drives cardiac hypertrophy in response to stress [115, 117]. In addition, the activities of numerous other transcription factors involved in myocardial growth including, serum response factor, myocardin and calmodulin binding transcription activator 2, are modulated by class II HDAC enzymes [114, 118]. Although the precise mechanisms are yet to be fully elucidated, direct evidence for the function of class II HDACs in suppressing stress-induced hypertrophy comes from in vivo experiments involving mice lacking either HDAC5 or HDAC9 [115, 119]. Mice lacking HDAC5 and HDAC9, which are typically highly expressed in the heart, develop extremely enlarged hearts following cardiac stress [115, 119]. Given the differential functions of HDAC enzymes in cardiac hypertrophy it is widely an-



Figure 3. Histone acetylation status is regulated by the opposing actions of histone acetyltransferase (HATs) and histone deacetylases (HDACs). The precise function of HDAC enzymes in regulating cardiac hypertrophy remains unknown. Similarly, the potential of HDAC inhibitors in the treatment of cardiac hypertrophy remains controversial. A number of reports have indicated a beneficial effect of broad-spectrum HDAC inhibitors in animal models of cardiac hypertrophy. However, others have indicated the opposite effect. (A) We have shown that broad-spectrum HDAC inhibitors augment doxorubicin induced hypertrophy in vitro. H9c2 myoblasts were differentiated into cardiac myocytes after 7 days culture in the presence of 10 nM all-trans retinoic acid. (i) Cells were then treated with 1 µM Trichostatin A (TSA), 10 mM sodium butyrate (NaB) and 10 mM valproic acid (VPA) for 24 hours prior to one hour incubation with 1µM doxorubicin. Cells were washed and incubated for a further 24 hours in fresh media prior to immunostaining for yH2AX. Analysis of yH2AX foci indicates that broad-spectrum HDAC inhibitors augment doxorubicin-induced DNA double strand breaks. (ii) Cells treated with HDAC inhibitors also induced a hypertrophic response with an increase in the mean of the longest diameter of H9c2 cells. (iii) Photomicrographs of differentiated H9c2 cardiac myocytes treated with 1µM TSA and immunostained for yH2AX (depicted as white foci) are shown. (B) Recent evidence indicates that class I HDACs promote cardiac hypertrophy whereas class II enzymes inhibit pro-hypertrophic pathways which may be regulated by the myocyte enhancer factor-2 (MEF2) transcription factor. Therefore, it is anticipated that class Ispecific HDAC inhibitors may be more beneficial for the potential treatment of cardiac hypertrophy.

ticipated that class I HDAC inhibitors may be more efficacious in this disease. In this context, Spiruchostatin A, a potent inhibitor with selectivity towards class I HDACs in cardiac myocytes, has been shown to abrogate the prohypertrophic effects of phenylephrine and urocortin [120]. Further research in this direction is expected.

# Effects of histone deacetylase inhibitors in models of asthma

Like for cardiac hypertrophy, the potential clinical utility of HDAC inhibitors in asthma remains controversial. Studies indicate that aberrant HAT and HDAC expression and activity may be implicated in asthma pathogenesis. Analysis of bronchial biopsies has indicated reduced HDAC activity and reduced HDAC1 and HDAC2 protein expression is asthmatic compared to normal subjects [121]. The same study HAT activity is increased in subjects with asthma [121]. Further, it was shown that treatment with inhaled steroids reduces HAT and increases HDAC activity, providing evidence for a mechanism accounting for the increased expression of multiple inflammatory genes in asthma [121]. Similarly, it has been shown that conditional deletion of HDAC1 results in increased Th2 cytokine production and enhanced airway inflammation in an in vivo allergic airway inflammation model [122]. These findings suggest that HDAC inhibition would be contraindicated in asthma. However, paradoxical findings have shown that HDAC inhibition attenuates airway hyperresponsiveness (AHR) and inflammation in animals of inflammation and asthma [123, 124]. Of particular interest are the findings that the broadspectrum HDAC inhibitor, Trichostatin A, improved AHR and reduced inflammation by decreasing the expression of Th2 cytokines using a mouse model of allergic airways disease [124]. More recent findings have indicated that Trichostatin A inhibits AHR but not inflammation in a mouse asthma model [125]. Incidentally, published findings from our laboratory indicate the beneficial effects of the dietary class III HDAC agonist, resveratrol, in inhibiting AHR and inflammation in a chronic ovalbumin-challenge and sensitization model of allergic airways disease [126]. In similar experiments (unpublished observations) we have found beneficial effect of both Trichostatin A and valproic acid in the chronic mouse model of allergic airways disease. Overall, the recent findings are indicating the potential for HDAC inhibition as a therapeutic modality in asthma. In this context, it will be important to systematically investigate the function of specific HDAC isoforms in asthma pathobiology. Similarly, the effects of selective HDAC inhibitors may clarify the clinical utility of this class of compounds in asthma.

### Conclusions

The potential versatility of HDAC inhibitors extends beyond their current application in oncology. The efficacy of HDAC inhibitors in a wide range of conditions including neurodegenerative disorders, cardiac hypertrophy and asthma has been investigated in relevant systems. While broad-spectrum HDAC inhibitors have been evaluated almost exclusively to date, it is emerging that class- or isoform-specific compounds, which are increasingly becoming available, may be more beneficial. However, the molecular pathways regulated by different HDACisoforms in disease processes remain poorly understood. Given the clinical potential of HDAC inhibitors, this issue will undoubtedly be clarified by further research. Already, evidence is pointing to the importance of investigating class - or isoform-selective HDAC inhibitors as potential therapeutics for cardiac diseases, with the expectation that class I HDACs will be more efficacious.

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Address correspondence to: Dr Tom Karagiannis, Epigenomic Medicine, BakerIDI Heart and Diabetes Institute, 75 Commercial Road, Melbourne, VIC, Australia Tel: +613 8532 1309; Fax: +613 8532 1100; E-mail: tom.karagiannis@bakeridi.edu.au

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