# Review Article Homing of stem cells to ischemic myocardium

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**Abstract:** Progenitor cells have the capability to home myocardium in response to ischemia. Cell adhesion markers, in particular integrins, play an important role in the trafficking of stem cells to myocardium. In addition, damaged myocardium secretes several chemokines and growth factors that recruit these precursor cells to the heart. Nitric oxide synthase and hormones can also contribute to the trafficking of progenitor cells to myocardium. The recruitment of stem cells to ischemic myocardium is a complex interchange between cell adhesion markers, chemokines, and growth factors and a better understanding of these processes may lead to more efficient use of stem cells for therapeutic benefit.

Keywords: Stem cells, ischemic myocardium, myocardial regeneration, growth factors, myocardial infarction

#### Introduction

The heart was once thought to be a terminally differentiated organ without capacity for regeneration [1, 2]. However, studies have shown that the heart has endogenous cells capable of regeneration [3-5]. In addition, other stem cell types have shown the capacity to repair damaged myocardium [6-8]. This has lead to human trials, which have shown that stem cells can improve cardiac function and regenerate ischemic myocardium [9-11]. After myocardial injury, progenitor cells home to ischemic myocardium where they can attenuate myocardial repair. Mesenchymal stem cells (MSC) and bone marrow derived stem cells (BSCs) have been shown to preferentially home to ischemic myocardium [12-16]. Hematopoietic stem cells (HSCs) [17-20] and cardiac derived stem cells (CSCs) [21, 22] are also recruited to myocardium after ischemic injury. Several cell adhesion markers, chemokines, and growth factors play a role in the recruitment of these progenitor cells to ischemic cardiac tissue.

#### Cell adhesion markers

Cell adhesion molecules play a key role in recruiting HSCs to myocardium that has undergone ischemic insult. In particular, integrins

have been implicated in recruiting stem cells to ischemic tissue. VLA-4 is an integrin involved in the in vivo trafficking of HSCs to sites of injury [23, 24]. BMCs use a different adhesion molecule to traffic to ischemic myocardium. Ip et al showed that blocking of integrin  $\beta$ 1 led to a significant reduction in the homing of BMSCs to acutely ischemic myocardium [25]. Another study by the same group demonstrated that integrin  $\beta$ 2 (CD18) and its interaction with ICAM-1 plays an essential role in the recruitment of BMSCs to ischemic myocardium [26]. These findings suggest that integrins play a key role in the recruitment.

#### Chemokines

Chemotactic factors have also been implicated as HSCs have been shown to migrate to ischemic myocardium in response to stromalderived factor (SDF)-1-alpha, the ligand for the CXC chemokine receptor 4 (CXCR4) [17-20]. Further studies showed that SDF-1 increases the homing of stem cells to myocardium when ischemic injury is present [27]. In addition, SDF-1 has been shown to induce transcoronary migration of stem cells into infarcted myocardium [28]. The use of a tissue-engineered extracellular matrix scaffold seeded with endothelial

Table 1. A Summary of Growth	Factors Involved in the Homing of Stem	Cells to Ischemic Myocardium

Growth Factor	Cells Affected	Characteristic
Stem Cell Factor (SCF)	c-Kit+ cells	Increases stem cells into the circulation and trans- location into ischemic myocardium.
Vascular Endothelial Growth Factor (VEGF)	CD34+ cells	Upregulated by ischemic myocardium and attracts stem cells to the area of injury
Neural Growth Factor (NGF)	CD34+ and c-Kit+ cells	Results in increased angiogenesis and increases the amount of SCF in the circulation.
Granulocyte-Colony Stimulating Factor (G-CSF)	White blood cells, CD34+	Increases progenitor cells and white blood cells into the peripheral circulation.
Insulin-Like Growth Factor (IGF)	Cardiac derived stem cells	Works in paracrine fashion to attract endogenous cardiac stem cells to the infarct border zone.
Hepatocyte Growth Factor (HGF)	Bone marrow and cardiac derived stem cells	Mobilize stem cells from bone marrow to myocar- dium, attracts endogenous cardiac stem cells to areas of infarction.
Fibroblast growth factor (FGF)	Unknown	Unknown

progenitor cells primed with SDF induced neovasculogenesis in the myocardial infarct borderzone and preserved ventricular function after infarct [29]. In addition, because SDF is rapidly cleaved by proteases in injured tissue, a protease resistant SDF was designed and used to treat animals with acute myocardial infarction. The protease resistant version of SDF promoted greater recruitment of stem cells and had greater improvement of cardiac function after MI [30]. Treatment with mesenchymal stem cells alone has been shown to upregulate the expression of SDF by ischemic heart tissue, leading to the recruitment of more stem cells [31].

Monocyte chemotactic protein-1 (MCP-1) is another chemokine involved in the homing of stem cells to ischemic myocardium. Neural crest stem cells were found to migrate and accumulate at the ischemic border zone area of infarcted hearts in response to MCP-1 and the use of an MCP-1 antibody significantly depressed this chemotactic effect [32]. Monocyte chemotactic protein-3 (MCP-3) is a chemokine that induces mesenchymal stem cell homing to ischemic myocardium. MCP-3 is transiently expressed in myocardial tissue after acute myocardial infarction and results in the trafficking of MSCs to the infarcted myocardium. The authors did not find regeneration of cardiac myocytes by these MSCs but did note beneficial remodeling in the infarct zone [33].

Interleukins have also been shown to recruit HSCs to the periphery [34, 35] although the role of interleukins in the homing of stem cells

to ischemic myocardium needs further investigation.

### Growth factors

A summary of growth factors involved in the homing of stem cells to ischemic myocardium is shown in Table 1. Stem cell factor (SCF) is a potent recruitor of BMCs, especially for cells that are c-Kit+ (CD117) as SCF is the ligand for c-Kit. Treatment with SCF can increase the number of c-Kit+ cells in the circulation up to 250-fold [36]. Treatment with SCF in acute MI leads to mobilization of c-Kit+ cells and translocation of these cells to the area of infarct. These cells can then go on to induce myocardial regeneration and repair [37]. In another study, mesenchymal stem cells and SCFoverproducing mesenchymal stem cells were compared as treatment modalities in acute myocardial infarction. Stem cell factor overproduction resulted in greater functional benefit due to a paracrine effect on endogenous stem cells in the injured heart [38]. Another study induced acute myocardial infarction in mice with cardiomyocyte-specific overexpression of the membrane-associated isoform of human SCF. These mice had greater endothelial progenitor cell (EPC) recruitment and capillary density after myocardial infarction. These mice also had less cardiac hypertrophy and improved cardiac function after myocardial infarction [39].

Vascular endothelial growth factor (VEGF) is another growth factor involved in the recruitment of stem cells to ischemic myocardium. Animal studies have shown that stem cells home to ischemic myocardium in response to VEGF [40]. Like SDF, it is upregulated by ischemic myocardium in the presence of mesenchymal stem cells [31]. In humans, VEGF levels peak 7 days after acute MI, correlating with the numbers of circulating CD34+ mononuclear cells [41].

Neural growth factor (NGF) also appears to recruit stem cells to ischemic myocardium. It is expressed in infarcted human myocardium [42]. Treatment of mice undergoing myocardial infarction with antibodies specific to NGF resulted in decreased angiogenesis and worsened cardiac function. However, when mice overexpressing NGF underwent myocardial infarction, there was increased neovascularization and cardiac function. In addition, mice over expressing NGF had increased stem cell factor and higher abundance of c-kit+ stem cells in the infarcted heart, suggesting that one of the mechanisms in which NGF improves cardiac function is through the recruitment of c-Kit+ stem cells [42].

Several studies have shown that granulocytecolony stimulating factor (G-CSF) plays a key role in the recruitment and mobilization of progenitor cells to ischemic myocardium [37, 43-47]. When administered systemically, G-CSF appears to recruit stem cells from bone marrow [43, 44]. Human trials have also studied the use of G-CSF in patients suffering from myocardial infarction [48, 49]. ZohInhofer et al. showed that systemic treatment of patients undergoing percutaneous coronary intervention with G-CSF led to an increase in circulating white blood cells and CD34+ but did not result in improved cardiac function for these patients [49].

Insulin-like growth factor (IGF) plays a key role in the homing of stem cells to ischemic myocardium. Anversa et al. showed that IGF expression is upregulated after acute myocardial infarction [21] and that CSCs express IGF receptors [50]. The injection growth factors such as IGF into ischemic myocardium leads to greater repair of infarcted myocardium by resident cardiac progenitor cells and injected cardiac derived stem cells [51]. A gradient of IGF established at the border zone of a myocardial infarct resulted in the recruitment of endogenous CSCs. These CSCs went on to induce myocardial regeneration and led to improved survival and decreased infarcts [50]. Another study used IGF tethered to peptide nanofibers and determined that co-treatment of these IGF nanofibers with CSC treatment resulted in greater improvement of myocardial structure and function than treatment with CSCs alone [52].

Hepatocyte Growth Factor (HGF) plays a role in the recruitment of stem cells to ischemic myocardium. HGF expression is regulated in cardiac tissue after myocardial infarction [18]. Bone marrow derived stem cells are attracted to the upregulated HGF and leave the peripheral circulation to home to the infarcted myocardium [18]. HGF is also a powerful chemoattractant for cardiac progenitor cells that reside in the adult heart. Treatment of myocardial infarcts with HGF leads to increased homing of these resident cardiac progenitor cells to the infarcted myocardium and regeneration of myocardium [51]. This regenerated myocardium contains arterioles and capillaries and functional myocytes [50].

Fibroblast growth factor (FGF) also appears to play a role in recruitment of stem cells to ischemic myocardium, however, it has not been studied as extensively as other growth factors. Serum levels of FGF in humans appear to increase in response to acute myocardial infarction [53]. In addition, treatment of acute MI with mesenchymal stem cells in an animal model has shown to result in increased expression of FGF by cardiac tissue, suggesting that it plays a role in the homing of these stem cells cells to the infarct zone [31]. The role of FGF in the recruitment of stem cells to ischemic myocardium needs greater investigation and its potential as a therapeutic chemokine merits further studies.

## Endothelial nitric oxide synthase

Endothelial nitric oxide synthase (eNOS) is an essential component for neovascularization. Nitric oxide synthase knock-out mice have impaired neovascularization and decreased mobilization of EPCs, indicating that eNOS expressed by BSCs influence the recruitment of stem cells. These mice also showed reduced expression of VEGF and matrix metalloproteinase-9 (MMP-9), which may explain the mechanism of eNOS induced stem cell mobilization

## Stem cell homing



Figure 1. Mesenchymal stem cells (MSCs), bone marrow derived stem cells (BMCs), and hematopoietic derived stem cells are recruited to ischemic myocardium through a complex interplay between growth factors (G-CSF) and cell adhesion markers (integrin).

[54, 55]. The role of eNOS in the mobilization of BMSCs has been established in both hind-leg ischemia [54, 55] models and myocardial infarction models [56].

#### Hormones

Erythropoietin has also been shown to improve cardiac function by inducing neovascularization. This neovascularization is related to increased mobilization and incorporation of bone marrow derived endothelial progenitor cells [40]. In addition, the erythropoietin treated group had a 4.5 fold increase in VEGF expressed by ischemic myocardium [40]. Erythropoietin has been shown to lead to preferential homing of endothelial progenitor cells to the ischemic border zone of myocardial infarcts resulting in improved microvascularization of ischemic cardiac tissue [57].

Estrogen appears to play a role in the mobilization of endothelial progenitor cells to ischemic myocardium. Hamada et al. showed that estrogen knock-out mice had impaired homing of

endothelial progenitors cells to ischemic myocardium. These knock out mice also had decreased mobilization of EPCs from bone marrow to peripheral circulation. This study also showed that estrogen appeared to upregulate the expression of VEGF-A by EPCs. This increase in VEGF-A may explain the mechanism of estrogen's effect on EPC biology [58]. Another study reinforced the ability of estrogen to increase the number of circulating EPCs after ischemic myocardial injury. This study showed that estrogen augmented the mobilization and incorporation of bone marrow derived EPCs into sites of neovascularization by endothelial nitric oxide synthase-mediated activation of matrix metalloproteinase-9 [59]. The role of nitric oxide synthase in the recruitment of progenitor cells to ischemic myocardium is supported in previously mentioned studies [54-56].

## Conclusions

Knowledge of stem cell recruitment to ischemic myocardium has led to human trials testing the ability of stem cell therapy to improve cardiac

function [60-65]. The mechanism by which stem cells home to ischemic myocardium is a complex interplay of cell adhesion markers, chemokines, growth factors, and even hormones. A schematic of this interplay is shown **Figure 1**. These mechanisms of stem cell homing can be used therapeutically to maximize the numbers of progenitor cells that are recruited to and engraft into ischemic myocardium. Further studies are needed to determine how to best use these homing mechanisms for therapeutics.

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