

## Original Article

# Telmisartan protects 5/6 Nx rats against renal injury by enhancing nNOS-derived NO generation via regulation of PPAR $\gamma$ signaling

Rong Zou<sup>1,2\*</sup>, Yong He<sup>1,3\*</sup>, Yue-Qiang Li<sup>1</sup>, Ming Han<sup>1</sup>, Zu-Fu Ma<sup>1</sup>, Xiao-Cheng Liu<sup>1</sup>, Rui Zeng<sup>1</sup>, Jv-Fang Shao<sup>1</sup>, Yan-Chao Guo<sup>1,4</sup>, Xiao-Yu He<sup>4</sup>, Ping Yang<sup>4</sup>, Gang Xu<sup>1</sup>, Cong-Yi Wang<sup>4</sup>, Ying Yao<sup>1</sup>

<sup>1</sup>Department of Nephrology, Tongji Hospital, <sup>2</sup>Department of Nephrology, Wuhan Integrated TCM and Western Medicine Hospital, <sup>4</sup>The Center for Biomedical Research, Tongji Hospital, Tongji Medical College, Huazhong University of Science and Technology, Wuhan 430030, China; <sup>3</sup>Department of Nephrology, The Fifth City Hospital of Wuhan, Wuhan 430050, China. \*Equal contributors.

Received May 19, 2014; Accepted August 15, 2014; Epub October 11, 2014; Published October 15, 2014

**Abstract:** A 5/6 nephrectomized (Nx) rat model was employed to address the impact of telmisartan on CKD related renal injury and the underlying molecular mechanisms. It was noted that telmisartan provided protection for rats against 5/6 Nx induced lethality. Telmisartan treated 5/6 Nx rats manifested improved renal function as characterized by the higher GFR but lower urinary albumin, BUN and Scr as compared with that of control rats. Telmisartan treatment also significantly decreased systolic blood pressure and alleviated glomerulosclerosis and interstitial fibrosis. Mechanistic studies revealed that telmisartan possesses the capability to increase NO generation in the kidney. Further studies demonstrated that telmisartan promotes PPAR $\gamma$  expression, by which it specifically enhances nNOS expression in the kidneys after 5/6 Nx insult. Particularly, blockade of PPAR $\gamma$  signaling by GW9662 abolished the protective effect conferred by telmisartan, indicating that telmisartan induction of renal nNOS expression along with NO generation is dependent on PPAR $\gamma$  signaling. Together, our data support that telmisartan could be a promising drug for treatment of chronic kidney diseases in diverse clinical settings.

**Keywords:** nNOS, PPAR $\gamma$ , 5/6 nephrectomy, telmisartan, CKD

## Introduction

Previous studies have demonstrated that nitric oxide (NO) generation was decreased in humans with chronic kidney disease (CKD) [1], which was further confirmed in animals that intrarenal NO deficiency is accompanied with CKD progression [2, 3]. Therefore, strategies aimed at improving NO deficiency could be an effective approach for treatment or prevention of CKD progression in clinical settings. There is evidence that neuronal nitric oxide synthase (nNOS) is the main resource of NO release in the kidney, and renal NO deficiency in diseased condition is associated with reduced nNOS expression or activity [4, 5]. Therefore, reduced cortical NO synthesis secondary to decreased nNOS expression might contribute either to the increased intraglomerular pressures, or to the loss of afferent arteriolar autoregulatory func-

tion in chronic renal failure (CRF) [6]. Indeed, decreased nNOS expression was noted in animal models with 5/6 renal ablation/infarction [2], chronic glomerular nephritis [7], diabetic nephropathy [8], and chronic renal allograft rejection [9]. In contrast, eNOS expression in response to renal injuries has been found highly variable [10]. For example, animals 2 to 3 wk after 5/6 renal ablation/infarction were manifested with a significant reduction for nNOS rather than eNOS expression [11]. Taken all of these data together, renal cortical nNOS-derived NO deficiency may play a primary role in CKD pathoetiology.

Telmisartan, an Angiotensin AT1 receptor antagonist, can activate peroxisome proliferator-activated receptor  $\gamma$  (PPAR $\gamma$ ) due to its highly lipophilic nature and its ability binding to the PPAR $\gamma$  ligand-binding domain [12]. Given that telmisar-

tan has been found with the capability to increase NO generation by enhancing eNOS expression and activity in a PPAR $\gamma$ -dependent manner [13], we thus assumed that telmisartan may possess similar capacity to enhance nNOS-derived NO production in the setting of CKD by regulation of PPAR $\gamma$  signaling, and we employed a 5/6 nephrectomized (5/6 Nx) rat model to address this assumption.

### Materials and methods

#### *Reagents*

Telmisartan was obtained from Boehringer Ingelheim (Ingelheim, Germany). Troglitazone, a selective ligand for PPAR $\gamma$ , was kindly provided by Dr. Ming Han (Sankyo, Tokyo, Japan). Polyclonal anti-PPAR $\gamma$  (sc-7196), anti-nNOS (sc-136006), anti-iNOS (sc-8310), and anti-eNOS (sc-654) antibodies were purchased from Santa Cruz Biotechnology (California, USA), while horseradish peroxidase (HRP)-conjugated anti-mouse and anti-rabbit immunoglobulin were from Dako (Glostrup, Denmark). The ECL detection system was from Pierce Biotechnology (Rockford, USA). GW9662, a specific PPAR $\gamma$  antagonist, was from Cayman chemical (Michigan, USA).

#### *Animals and treatments*

Normal male Sprague-Dawley rats (6 wk-old, 180-200 g) were purchased from the Department of Laboratory Animal Science Center at the Tongji Medical College. The animals were housed and acclimatized in a light-controlled (12 h/12 h light/dark) animal care unit for 10 days before the experiment. All studies were conducted in accordance with NIH guidelines for the use of experimental animals and were approved by the Tongji Medical College Animal Care and Use Committee (ACUC).

For surgical procedures, the animals were anaesthetized with i.p. injection of pentobarbital (40 mg/kg body weight). After exposure of the right kidney by midline laparotomy, the right renal artery, vein, and ureter were ligated with silk, and the entire kidney was next removed. The poles of the left kidney were removed using a Bovie. Sham rats were undergone a similar procedure except that the kidneys were only touched with the instruments.

Upon the development of hypertension and renal insufficiency (around 30 days after sur-

gery), the animals were randomly divided into 4 groups with each containing 8 animals: 1) 5/6 nephrectomized (5/6 Nx) rats without treatment (M group); 2) 5/6 Nx rats treated with telmisartan (5 mg/kg/d) (T group); 3) 5/6 Nx rats treated with telmisartan (5 mg/kg/d) and GW9662 (0.5 mg/kg/d) (W group); and 4) 5/6 Nx rats treated with troglitazone (4 mg/kg/d) (R group, controls). Sham operated rats were used as additional controls (S group). Clinical and laboratory data including bodyweight (BW), tail-measured systolic blood pressure (SBP), glomerular filtration rate (GFR), blood urea nitrogen (BUN), c reactive protein (CRP) and serum creatinine (Scr) were assayed for all animals. The study was terminated once 37.5% mortality was achieved in the untreated 5/6 Nx rats (3 months after surgery), and by then, the animals were sacrificed to collect kidneys for experimental purpose.

#### *Assessment of renal NO levels*

Nitrate and nitrite (NO $x$ ) levels in the renal homogenates and plasma were determined to assess NO generation. Detection of NO $x$  was performed using a nitrate/nitrite colorimetric assay kit (Cayman Chemical Company, Ann Arbor, MI, USA) according to the manufacturer's protocol.

#### *Histological analysis and immunohistochemistry*

Renal sections were prepared and subjected to H&E, PAS and Masson staining as previously described [14, 15]. A semi-quantitative score was used to assess the severity of glomerular lesions as reported [16]. In brief, the degree of glomerulosclerosis (GS) and mesangial expansion (ME) lesions were classified from zero to four according to the percentage of injury in the glomeruli (0=0%, 1=25%, 2=50%, 3=75% and 4=100% injury, respectively). Around 30 glomeruli in each category were assessed by two pathologists in a blinded fashion. Interstitial matrix deposition was assessed after Masson-Trichrome staining using an image analyzing system (Quantimed 600; Leica, Benzheim, Germany) by comparing the green stained interstitial area (connective tissue) over the entire interstitial area in a particular section [17].

Immunostaining of renal sections with antibodies against PPAR $\gamma$  (1:100 dilution) or nNOS

## Telmisartan regulates PPAR $\gamma$ /nNOS signaling

**Table 1.** Results for clinical and laboratory assays

Subgroup	S group	M group	T group	R group	W group
Body weight (g), day of sacrifice	455.45±5.14	321.23±4.48 <sup>a</sup>	424.76±3.15 <sup>b</sup>	436.22±4.62 <sup>b</sup>	317.18±4.31 <sup>c</sup>
BUN (mmol/L)	6.63±1.04	22.96±3.37 <sup>a</sup>	15.28±1.35 <sup>b</sup>	16.29±1.08 <sup>b</sup>	20.89±2.84 <sup>c</sup>
Scr ( $\mu$ mol/L)	34.56±3.68	90.96±0.41 <sup>a</sup>	62.00±9.68 <sup>b</sup>	66.94±7.96 <sup>b</sup>	81.74±10.32 <sup>c</sup>
GFR (ml/min)	3.52±0.22	1.67±0.16 <sup>a</sup>	2.75±0.34 <sup>b</sup>	2.82±0.25 <sup>b</sup>	2.01±0.28 <sup>c</sup>
urinary albumin (mg/24 h)	30.14±3.68	96.06±21.12 <sup>a</sup>	45.23±16.78 <sup>b</sup>	49.69±17.48 <sup>b</sup>	55.35±24.37 <sup>c</sup>
CRP (mg/l)	3.9±0.3	4.2±0.2	4.1±0.2	3.9±0.4	4.2±0.3
Glucose (mmol/L)	10.2±0.7	11.1±0.8	9.6±0.7	10.1±0.8	11.3±0.6
Plasma Na <sup>+</sup> (mmol/L)	141±3	143±4	142±2	141±3	143±2

Values are present as mean±SM. <sup>a</sup>,  $P < 0.05$  versus S group; <sup>b</sup>,  $P < 0.05$  versus M group; <sup>c</sup>,  $P < 0.05$  versus T group. S group: rats with sham operation only; M group: 5/6Nx rats without treatment; T group: 5/6Nx rats treated with telmisartan; R group: 5/6Nx rats treated with troglitazone; W group: 5/6Nx rats treated with telmisartan and GW9662.

(1:100) was carried out at 4°C overnight, followed by incubating with a biotinylated secondary antibody (Vector Laboratories, California, USA) using the established techniques within the laboratory [18].

### Western blotting and quantitative RT-PCR analysis

Renal lysates were prepared using a cell disrupter in lysis buffer (1% sodium dodecyl sulfate, 10 mM Tris-HCl, pH 7.4). Protein concentrations were determined by the Bradford method using a Bio-Rad kit (Montreal, Quebec, Canada), in which bovine serum albumin (Sigma, Missouri, USA) was employed as the standards. Western blot analysis of PPAR $\gamma$ , nNOS, eNOS and iNOS expression in the renal lysates was conducted as reported previously [19], and GAPDH was employed for normalization.

For quantitative RT-PCR analysis, total RNA was isolated from renal tissues using an RNasy kit (Qiagen, Chatsworth, CA), and cDNA was then synthesized in a 20  $\mu$ l volume containing 4  $\mu$ l reaction buffer, 0.5 mmol/L of each dNTP, 0.5  $\mu$ mol/L Oligo dT, 25 U RNase inhibitor, and 100 U of M-MLV reverse transcriptase (Qiagen, Chatsworth, CA). RT-PCR was carried out on a GeneAmp PCR System 9700 (PE Applied Biosystems, USA) with primers specific for PPAR $\gamma$  (5'-CAA GGG TGC CAG TTT CG-3', 5'-CAG CAG GTT GTC TTG GAT G-3', 396bp) and nNOS (5'-CCC AAT GTA ATT TCT GTT CGT-3', 5'-CCA GGG CAC TGT CAT AGC T-3', 208 bp). GAPDH was used as an internal control (5'-GTG CTG-AGT ATG TCG TGG AG-3', 5'-GTC TTC TGA GTG GCA GTG AT-3', 301 bp). The resulting PCR products were separated on 2% agarose gels,

followed by densitometry analysis using a Chemilmager 5500 system (Alpha Innotech, San Leandro, CA) as reported [20].

### Statistical analysis

Data were expressed as mean±SD, and difference between each group was compared by one-way ANOVA. Multiple comparisons were conducted using the Student-Newman-Keuls post hoc test. All statistical analyses were carried out by using the SPSS 13.0 software (SPSS Inc. Chicago, IL, USA). In all cases,  $p < 0.05$  was considered with statistical significance.

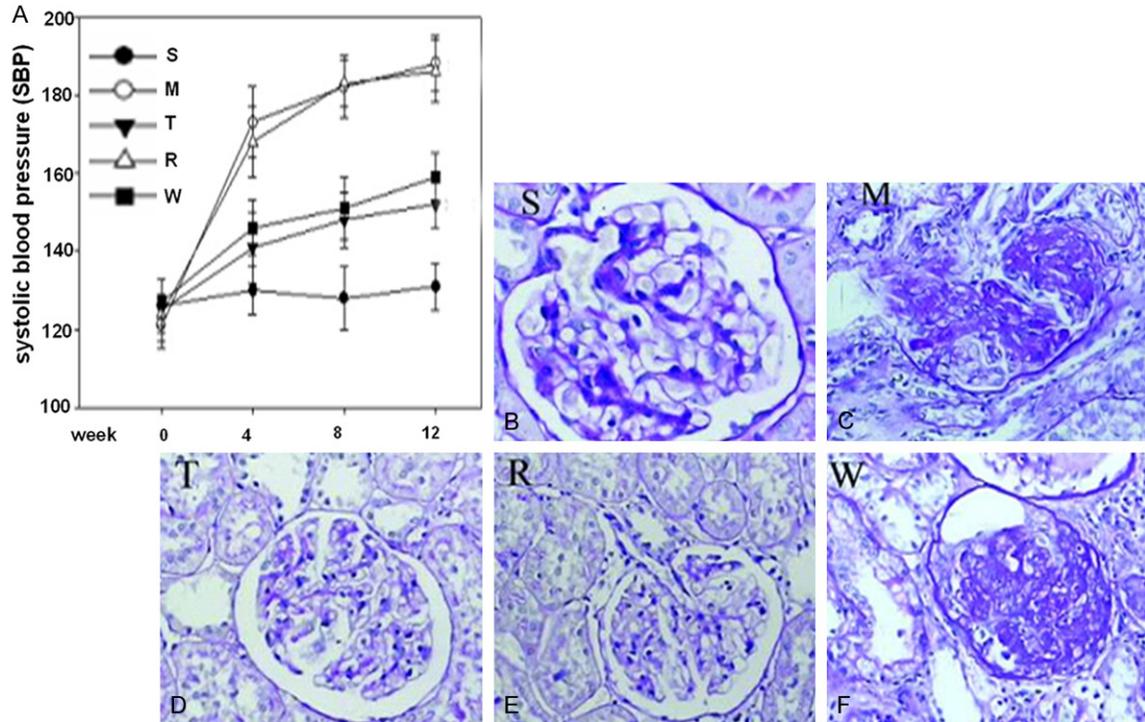
## Results

### Mortalities of experimental rats in each study group

All experimental rats showed well tolerance for telmisartan treatment, and no perceptible side effect relevant to telmisartan toxicity was noted. As expected, all 8 sham-operated rats in the S group survived through the experimental period. It was noted that 3 animals died (37.5%) in the untreated 5/6 Nx rats (M group), and 2 died (25%) in telmisartan combined with GW9662 treated rats (W group) and troglitazone treated rats (R group). In contrast, only 1 rat (12.5%) died in telmisartan treated T group, which is 2-fold lower than that of animals in the M group, suggesting that administration of telmisartan provided protection for rats against 5/6 Nx-induced lethality.

### Assessment of renal function

All 5/6 Nx animals after 30 days of surgery manifested a marked decrease of GFR and a significant increase of urinary albumin excre-



**Figure 1.** Results for systolic blood pressure (A) and HE staining of renal sections (B-F). Systolic blood pressure was measured by the tail-cuff approach, and images for histological sections were taken at magnification x200. (B) S group, sham operation rats; (C) M group, untreated 5/6 Nx rats; (D) T group, 5/6 Nx rats treated with telmisartan; (E) W group, 5/6 Nx rats treated with telmisartan and GW9662; (F) R group, 5/6 Nx rats treated with troglitazone.

tion than that of sham-operated animals (S group). However, these 5/6 Nx rats showed similar GFR at the beginning of drug treatment, while by the end of drug treatment (after 12wks of treatment), 5/6 Nx rats treated with either telmisartan (T group) or troglitazone (R group) manifested a significantly higher GFR and lower urinary albumin than that of untreated 5/6 Nx rats (M group). Significantly higher body weight was also noted in 5/6 Nx rats after treatment with telmisartan (T group) or troglitazone (R group). In line with these data, rats from T and R group manifested much lower levels of BUN and Scr as compared with that of rats from untreated M group. However, no significant difference was noted between rats from sham-operated S group and untreated 5/6 Nx rats from M group as well as animals from T, R and W groups in terms of CRP, blood glucose, and plasma Na<sup>+</sup> (Table 1). Importantly, those data consistently support that addition of GW9662 attenuated the protective effect conferred by telmisartan.

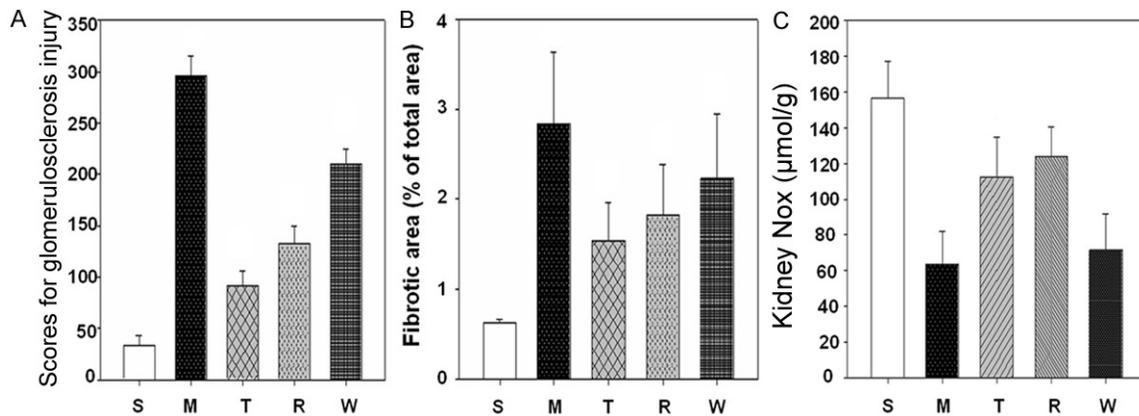
Blood pressure was also assessed via the tail-cuff method during the treatment weeks of 0,

4, 8, and 12 (Figure 1A). As expected, 5/6 Nx rats without treatment (M group) were characterized by the significantly higher systolic blood pressure. Unlike its impact on body weight, GFR, BUN and Scr, troglitazone treatment failed to show a perceptible effect on the control of systolic blood pressure. Importantly, 5/6 Nx rats treated with either telmisartan (T group) or telmisartan combined with GW9662 (W group) were manifested with significantly lower systolic blood pressure than that of rats from M or R group.

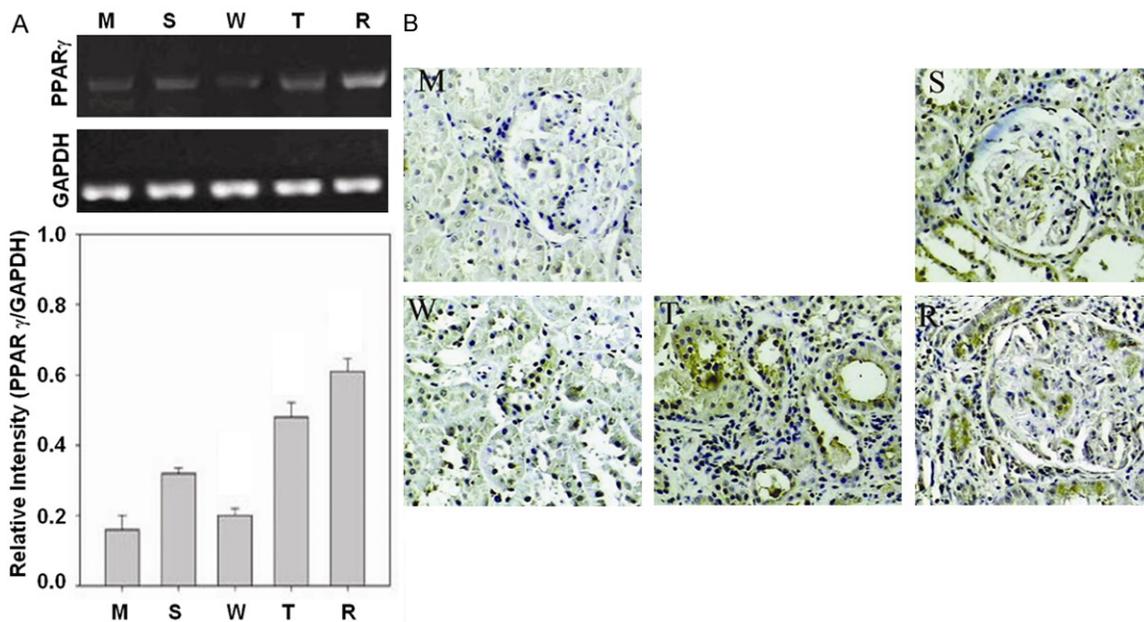
#### Results for histological analysis

To further confirm the above results, renal sections from rats of each group were next subjected to histological analysis. Representative HE staining results for rats from each study group are shown in Figure 1B-F. The severity of glomerulosclerosis was then assessed using a semiquantitative scoring system as described earlier. As expected, all 5/6 Nx rats manifested glomerulosclerosis compared with that of rats from sham-operated S group. However, the most severe glomerulosclerosis was noted in

## Telmisartan regulates PPAR $\gamma$ /nNOS signaling



**Figure 2.** Assessment of renal function. A. Scores for the severity of glomerulosclerosis. B. Percentage of fibrotic area assessed by an image analyzing system. C. Nitrite/nitrate (NO $_x$ ) levels in the renal lysates. The data were collected from 3 rats analyzed in each group. S, sham operation rats; M, untreated 5/6 Nx rats; T, 5/6 Nx rats treated with telmisartan; W, 5/6 Nx rats treated with telmisartan and GW9662; R, 5/6 Nx rats treated with troglitazone.



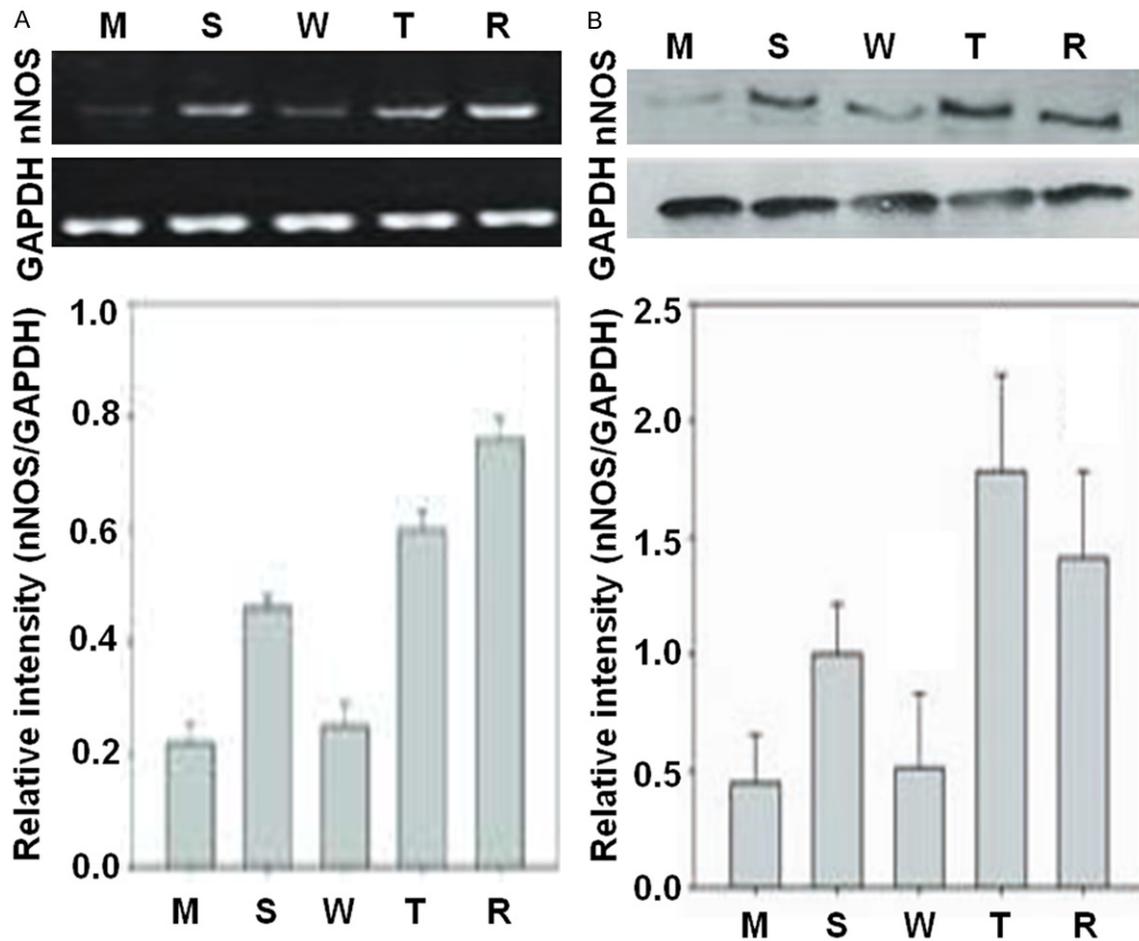
**Figure 3.** The impact of telmisartan treatment on PPAR $\gamma$  expression. A. Quantitative RT-PCR analysis for PPAR $\gamma$  expression. B. Results for immunostaining of PPAR $\gamma$  expression in renal sections. Three rats from each study group were included for the study. Treatment of 5/6 rats with either telmisartan or troglitazone induced significantly higher levels of PPAR $\gamma$  expression in the kidney. S, sham operation rats; M, untreated 5/6 Nx rats; T, 5/6 Nx rats treated with telmisartan; W, 5/6 Nx rats treated with telmisartan and GW9662; R, 5/6 Nx rats treated with troglitazone.

rats in untreated M group, while rats from telmisartan treated T group manifested the least severe glomerulosclerosis, and similarly, blockade of PPAR $\gamma$  signaling by GW9662 dampened telmisartan mediated protection (**Figure 2A**). We further assessed fibrotic area using an image analyzing system. As shown in **Figure 2B**, treatment of 5/6 Nx rats with telmisartan significantly reduced fibrotic area. Of note, a

reduction for glomerulosclerosis (**Figure 2A**) and fibrotic area (**Figure 2B**) was also observed in rats from troglitazone treated R group.

### *Telmisartan promotes NO generation*

To address the mechanism by which telmisartan protects 5/6 Nx rats against renal injury, we measured renal lysates for the nitrite/nitrate



**Figure 4.** Treatment of 5/6 Nx rats with telmisartan promotes renal nNOS expression. A. Quantitative RT-PCR analysis of nNOS mRNA in the kidney. B. Western blot analysis of nNOS protein levels in renal lysates. Three rats were analyzed for each group, and the results were present as the average intensity normalized by GAPDH. S, sham operation rats; M, untreated 5/6 Nx rats; T, 5/6 Nx rats treated with telmisartan; W, 5/6 Nx rats treated with telmisartan and GW9662; R, 5/6 Nx rats treated with troglitazone.

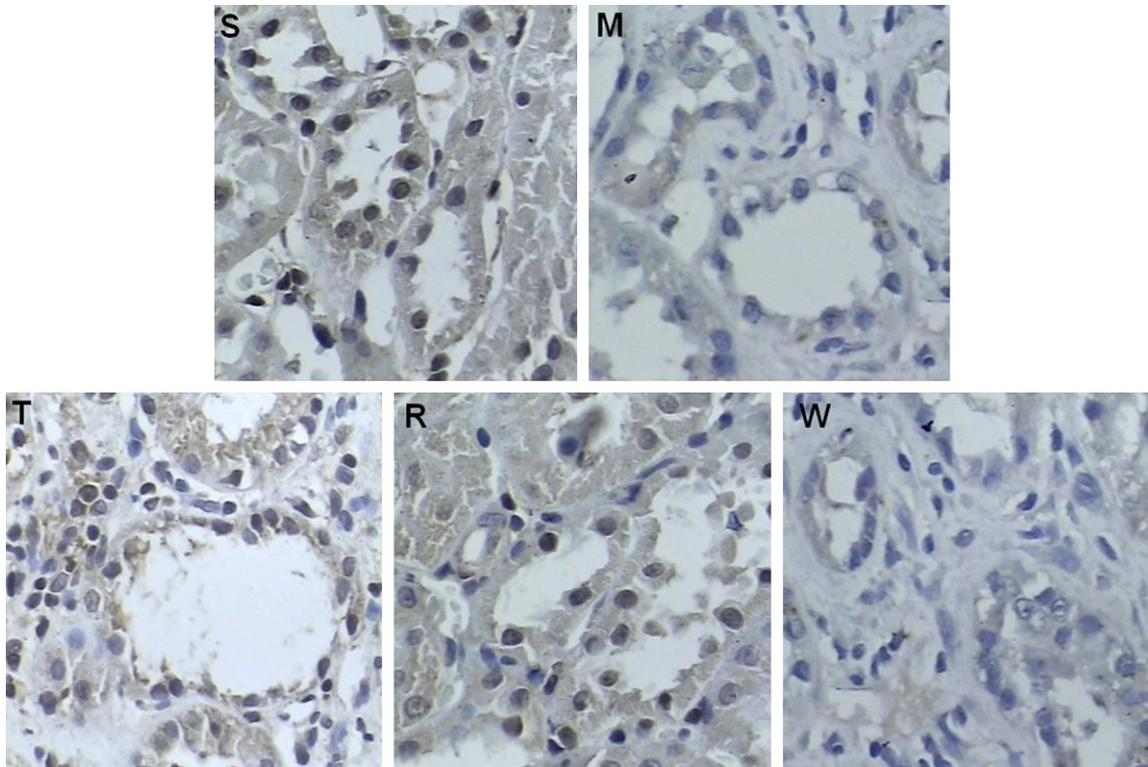
levels to assess NO production in the kidney. Remarkably, rats originated from telmisartan treated T group and troglitazone treated R group showed significantly higher levels of NO generation as compared with that of rats derived from untreated M group (**Figure 2C**). Similar as above, addition of GW9662, an antagonist for PPAR $\gamma$ , significantly suppressed telmisartan induced NO generation (**Figure 2C**).

*Telmisartan enhances PPAR $\gamma$  expression*

Given that blockade of PPAR $\gamma$  signaling by GW9662 abolished telmisartan induced NO generation, we next examined the direct impact of telmisartan on PPAR $\gamma$  expression by quantitative RT-PCR analysis. As shown in **Figure 3A**, 5/6 Nx rats from untreated M group manifest-

ed significantly lower levels of PPAR $\gamma$  mRNA than that of rats from sham-operated S group. More importantly, a significant increase for PPAR $\gamma$  mRNA was detected in rats originated from telmisartan treated T group and troglitazone treated R group, while rats treated with telmisartan and GW9662 (W group) manifested similar levels of PPAR $\gamma$  mRNA as that of rats from M group. Together, these results suggest that telmisartan possesses the capability to promote PPAR $\gamma$  expression in the setting of rats with 5/6 nephrectomy.

The above RT-PCR results promoted us to examine PPAR $\gamma$  protein levels after telmisartan treatment, in which we did immunostaining of renal sections from each group of rats with a specific antibody against PPAR $\gamma$  as described.



**Figure 5.** Immunostaining of nNOS expression in renal sections. Images were taken under a light microscope at magnification x400. S, sham operation rats; M, untreated 5/6 Nx rats; T, 5/6 Nx rats treated with telmisartan; W, 5/6 Nx rats treated with telmisartan and GW9662; R, 5/6 Nx rats treated with troglitazone.

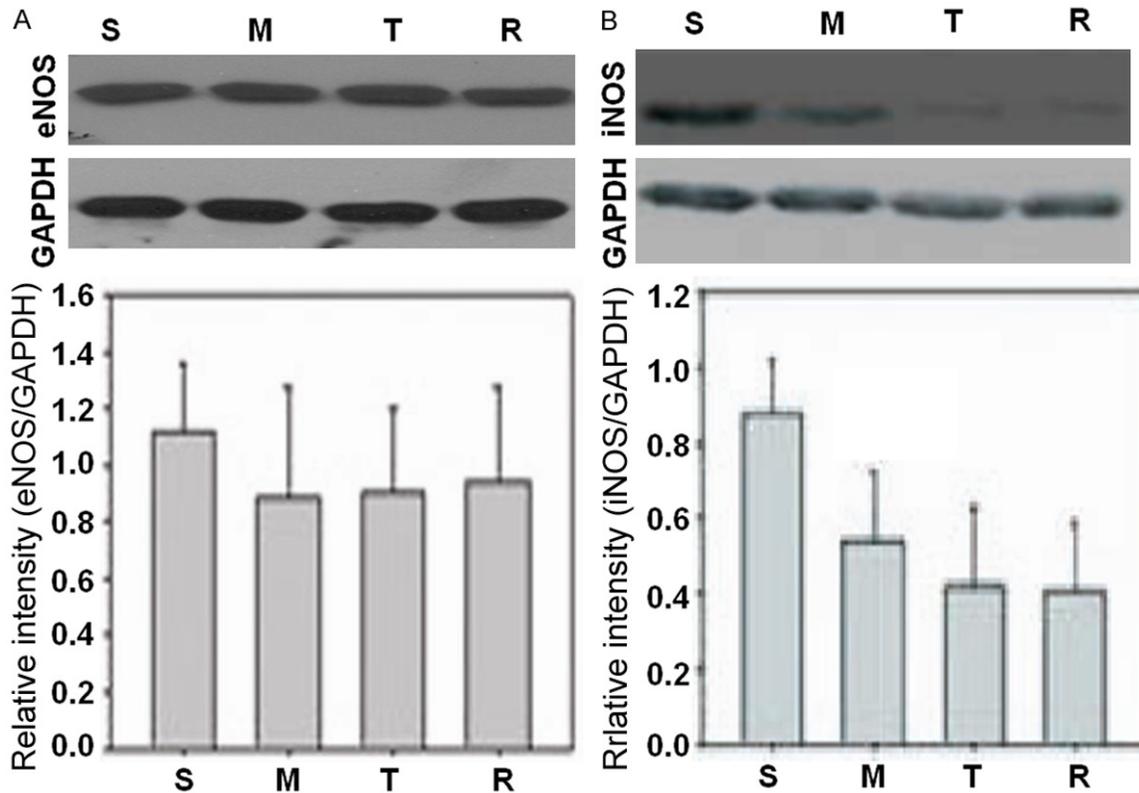
The intensity of PPAR $\gamma$  immunoreactivity in the glomeruli and renal tubules in representative rats from each group is shown in **Figure 3B**. In rats from sham-operated S group, PPAR $\gamma$  immunoreactivity was mainly observed in the glomeruli and proximal convoluted tubules in the cortex. The intensity of PPAR $\gamma$  staining in the glomeruli and renal tubules decreased significantly in 5/6 Nx rats from untreated M group, while PPAR $\gamma$  expression was restored in 5/6 Nx rats treated either by telmisartan (T group) or by troglitazone (R group), but addition of GW9662 almost completely abolished telmisartan induced PPAR $\gamma$  expression (W group).

*Telmisartan promotes nNOS expression via PPAR $\gamma$  signaling*

Given that nNOS is downstream of PPAR $\gamma$  signaling, we thus next examined the impact of telmisartan treatment on nNOS expression. Quantitative RT-PCR analysis revealed that treatment of 5/6 Nx rats with either telmisartan or troglitazone induced high levels of nNOS expression (**Figure 4A**), which was confirmed by Western blot analysis of renal lysates from

each group of rats (**Figure 4B**). We further conducted immunostaining of renal sections derived from each group of rats. High intensity of nNOS staining was detected in the glomeruli and renal tubular epithelial cells of sections originated from rats with sham surgery (S group), while a significant reduction for the intensity of nNOS staining was noted in untreated 5/6 Nx rats (M group), and similar as above, treatment of 5/6 Nx rats with telmisartan or troglitazone restored nNOS staining (**Figure 5**).

It is worthy of note, blockade of PPAR $\gamma$  signaling by addition of GW9662 completely abolished telmisartan induced nNOS expression as confirmed by RT-PCR analysis (**Figure 4A**), Western blot analysis (**Figure 4B**) and immunostaining (**Figure 5**), suggesting that telmisartan induces nNOS expression in a PPAR $\gamma$  dependent manner. To further exclude that telmisartan induction of NO generation in 5/6 Nx rats involves eNOS or iNOS other than nNOS, we did Western blot analysis for eNOS and iNOS expression in renal lysates from each group of rats. We failed to detect a perceptible difference between each group of rats in terms of eNOS expres-



**Figure 6.** Western blot analysis for detection of eNOS (A) and iNOS (B) expression in the kidney. The same renal lysates prepared above were used for the analysis, and 3 rats from each study group were included. S, sham operation rats; M, untreated 5/6 Nx rats; T, 5/6 Nx rats treated with telmisartan; W, 5/6 Nx rats treated with telmisartan and GW9662; R, 5/6 Nx rats treated with troglitazone.

sion. Particularly, treatment of 5/6 Nx rats with either telmisartan or troglitazone failed to induce eNOS expression (**Figure 6A**). Interestingly, unlike what we observed for nNOS expression, a trend of decreased iNOS expression was noted in 5/6 Nx rats treated with either telmisartan or troglitazone (**Figure 6B**). Collectively, our data support that telmisartan protects 5/6 Nx rats against renal injury by inducing nNOS expression to enhance NO generation, which is dependent on PPAR $\gamma$  signaling.

#### Discussion

Telmisartan, a classic angiotensin AT1 receptor blocker, has been demonstrated with capability to attenuate glomerular damage [21], but the underlying molecular mechanisms are yet to be fully addressed. Therefore, in the present report we sought to assess the impact of telmisartan on glomerulosclerosis and interstitial fibrosis, and to address the related molecular mechanisms in the setting of rats with 5/6 nephrectomy, a model relevant to chronic kid-

ney disease (CKD). We first noted that telmisartan provides protection for rats against 5/6 Nx induced lethality. In line with this observation, treatment of 5/6 Nx rats with telmisartan improved renal function as manifested by the significantly higher GFR and lower levels for urinary albumin, BUN and Scr as compared with that of untreated 5/6 Nx rats. Similarly, telmisartan treated rats manifested a marked decrease for systolic blood pressure as compared with that of untreated 5/6 Nx rats. Indeed, telmisartan treatment significantly alleviated glomerulosclerosis and interstitial fibrosis as confirmed by histological analysis. Interestingly, parameters such as CRP, blood glucose and plasma Na<sup>+</sup> are likely not relevant to CKD progression, given that we failed to detect a significant change between telmisartan treated 5/6 Nx rats and other control rats as well as sham-operated rats.

Given that intrarenal NO deficiency has been consistently demonstrated to be a characteristic factor relevant to chronic kidney disease [1,

3, 10], we, therefore next, embarked on renal NO production to address the mechanisms by which telmisartan confers protection for 5/6 Nx rats against CKD progression, in which we measured the renal lysates for nitrite/nitrate (NOx) levels to assess NO generation in the kidney. Remarkably, treatment of 5/6 Nx rats with telmisartan resulted in significantly higher NOx levels, indicating that telmisartan prevent rats from 5/6 Nx induced renal injury by induction of NO generation. Particularly, blockade of PPAR $\gamma$  signaling by GW9662 completely abolished the impact of telmisartan on NO generation. This result promoted us to examine the role of telmisartan in PPAR $\gamma$  signaling. Indeed, telmisartan possesses the capability to directly induce PPAR $\gamma$  expression in the kidney as confirmed by both quantitative RT-PCR analysis and immunostaining of renal sections. Together, these results suggest that telmisartan probably induces renal NO generation by enhancing PPAR $\gamma$  signaling.

NO is synthesized exclusively from its precursor L-arginine under catalysis of nitric oxide synthases (NOS), which includes three isoforms, the neuronal NOS (or NOS I), inducible NOS (or NOS II) and endothelial NOS (or NOS III). Those isoforms are encoded by different genes and only share less than 60% structural homology [22]. In general, eNOS is expressed in endothelial cells of almost all blood vessels except the venous system in the kidney. Immunostaining of renal sections further revealed that eNOS is expressed in endothelial cells of glomeruli and peritubular capillaries in the cortex, and in the endothelial cells of vascular bundles in the medulla, but absent in vascular smooth muscle cells and tubular epithelial cells including proximal tubule cells and macula densa cells [23]. In contrast, macula densa cells are the principal site of nNOS expression in the kidney [24]. nNOS mRNA has also been detected by RT-PCR in microdissected outer medullary collecting duct and in the thin limb of the loop of Henle [25]. Unlike the distribution for eNOS and nNOS, iNOS is likely enriched in tubular epithelium, such as the proximal tubule, cortical and medullary thick ascending limb, distal convoluted tubule, cortical collecting duct and inner medullary collecting duct [26].

Based on the above description, the next important question is to demonstrate the particular isoform of NOS implicated in telmisartan induced NO generation in the setting of rats

with 5/6 nephrectomy. We first checked nNOS expression and demonstrated that 5/6 Nx rats from telmisartan treated T group manifested significantly higher levels of nNOS expression as confirmed by quantitative RT-PCR, Western blot analysis and immunostaining, suggesting that nNOS is probably the primary target after telmisartan treatment. To clarify this issue, we next conducted Western blot analysis for eNOS and iNOS expression by using the same renal lysates. No perceptible change for eNOS expression was detected between telmisartan treated 5/6 Nx rats and control rats as well as sham-operated rats, indicating that alteration in eNOS expression is likely not a causative factor in the setting of 5/6 Nx induced CKD. Similarly, telmisartan treatment failed to induce iNOS expression rather tended to suppress its expression. Together, it is likely that telmisartan enhances NO generation in the setting of 5/6 Nx induced CKD by promoting nNOS expression.

To exclusively demonstrate that telmisartan induces NO generation in the kidney by regulating PPAR $\gamma$  signaling, we employed GW9662, a PPAR $\gamma$  specific antagonist, for negative controls. Given that troglitazone is a ligand for PPAR $\gamma$ , we thus used troglitazone as a PPAR $\gamma$  agonist for the study. Indeed, we demonstrated that blockade of PPAR $\gamma$  signaling by GW9662 almost completely dampened the protection conferred by telmisartan, and on the contrary, similar protective effect was noted in 5/6 Nx rats treated troglitazone, suggesting that telmisartan promotes nNOS expression to increase renal NO generation by regulating PPAR $\gamma$  signaling. Unexpectedly, unlike telmisartan, treatment of 5/6 Nx rats with troglitazone failed to decrease systolic blood pressure although troglitazone demonstrated similar effect as telmisartan on the control of GFR, BUN and Scr. The cause for this discrepancy is currently unknown, which could be due to experimental variations. There is evidence that troglitazone, an analogue of troglitazone, inhibits NO generation by repressing iNOS expression [27, 28]. As a result, the discrepancy could be also associated with troglitazone repression of iNOS expression in our experimental setting, and further studies would be necessary to clarify this conflicting issue.

In summary, we demonstrated feasible evidence that treatment of rats with telmisartan provides protection against 5/6 nephrectomy

induced renal injury, which involves promotion of nNOS expression along with increased NO generation in the kidney. Moreover, telmisartan induction of nNOS expression is dependent on its impact on PPAR $\gamma$  signaling. Together, these data support that telmisartan could be a promising drug for treatment of chronic kidney diseases in diverse clinical settings.

#### Acknowledgements

This work was supported by the National Natural Science Foundation of China (811-70686, 30800383 and 81130014), the Ministry of Education (311028), the Start-up Funds for oversea returned students (2007-24), and the Clinical Research Grant from Wuhan Municipal Health Bureau (WX10B03).

#### Disclosure of conflict of interest

The authors declare no competing financial interests.

**Address correspondence to:** Dr. Ying Yao, Division of Nephrology, Department of Internal Medicine, Tongji Hospital, Tongji Medical College, Huazhong University of Science and Technology, Wuhan 430030, China. E-mail: yaoyingkk@126.com; Dr. Cong-Yi Wang, The Center for Biomedical Research, Tongji Hospital, Tongji Medical College, Huazhong University of Science and Technology, Wuhan 430030, China. E-mail: wangcy@tjh.tjmu.edu.cn

#### References

- [1] Schmidt RJ and Baylis C. Total nitric oxide production is low in patients with chronic renal disease. *Kidney Int* 2000; 58: 1261-1266.
- [2] Erdely A, Freshour G, Smith C, Engels K, Olson JL and Baylis C. Protection against puromycin aminonucleoside-induced chronic renal disease in the Wistar-Furth rat. *Am J Physiol Renal Physiol* 2004; 287: F81-F89.
- [3] Erdely A, Wagner L, Muller V, Szabo A and Baylis C. Protection of wistar furth rats from chronic renal disease is associated with maintained renal nitric oxide synthase. *J Am Soc Nephrol* 2003; 14: 2526-2533.
- [4] Szabo AJ, Wagner L, Erdely A, Lau K and Baylis C. Renal neuronal nitric oxide synthase protein expression as a marker of renal injury. *Kidney Int* 2003; 64: 1765-1771.
- [5] Tain YL, Muller V, Szabo AJ, Erdely A, Smith C and Baylis C. Renal cortex neuronal nitric oxide synthase in response to rapamycin in kidney transplantation. *Nitric Oxide* 2008; 18: 80-86.
- [6] Hostetter TH, Olson JL, Rennke HG, Venkatachalam MA and Brenner BM. Hyperfiltration in remnant nephrons: a potentially adverse response to renal ablation. *J Am Soc Nephrol* 2001; 12: 1315-1325.
- [7] Wagner L, Riggleman A, Erdely A, Couser W and Baylis C. Reduced nitric oxide synthase activity in rats with chronic renal disease due to glomerulonephritis. *Kidney Int* 2002; 62: 532-536.
- [8] Baylis C, Atzpodien EA, Freshour G and Engels K. Peroxisome proliferator-activated receptor [gamma] agonist provides superior renal protection versus angiotensin-converting enzyme inhibition in a rat model of type 2 diabetes with obesity. *J Pharmacol Exp Ther* 2003; 307: 854-860.
- [9] Muller V, Szabo AJ, Erdely A, Tain YL and Baylis C. Sex differences in response to cyclosporine immunosuppression in experimental kidney transplantation. *Clin Exp Pharmacol Physiol* 2008; 35: 574-579.
- [10] Baylis C. Nitric oxide deficiency in chronic kidney disease. *Am J Physiol Renal Physiol* 2008; 294: F1-F9.
- [11] Szabo AJ, Wagner L, Erdely A, Lau K and Baylis C. Renal neuronal nitric oxide synthase protein expression as a marker of renal injury. *Kidney Int* 2003; 64: 1765-1771.
- [12] Benson SC, Pershadsingh HA, Ho CI, Chittiboyina A, Desai P, Pravenec M, Qi N, Wang J, Avery MA and Kurtz TW. Identification of telmisartan as a unique angiotensin II receptor antagonist with selective PPAR $\gamma$  modulating activity. *Hypertension* 2004; 43: 993-1002.
- [13] Yuen CY, Wong WT, Tian XY, Wong SL, Lau CW, Yu J, Tomlinson B, Yao X and Huang Y. Telmisartan inhibits vasoconstriction via PPAR $\gamma$ -dependent expression and activation of endothelial nitric oxide synthase. *Cardiovasc Res* 2011; 90: 122-129.
- [14] Yang J, Ning Y, Qiu J, He JS, Li W, Ma ZF, Shao JF, Li YQ, Zeng R, Zhang M, Cheng J, Chen SF, Xu G, Wang CY and Yao Y. TJ0711, a novel vasodilatory beta-blocker, protects SHR rats against hypertension induced renal injury. *Am J Transl Res* 2013; 5: 279-290.
- [15] Yang P, Zhang Y, Xu J, Zhang S, Yu Q, Pang J, Rao X, Kuczma M, Marrero MB, Fulton D, Kraj P, Su Y and Wang CY. SUMO1 regulates endothelial function by modulating the overall signals in favor of angiogenesis and homeostatic responses. *Am J Transl Res* 2013; 5: 427-440.
- [16] Raji L, Azar S and Keane W. Mesangial immune injury, hypertension, and progressive glomerular damage in Dahl rats. *Kidney Int* 1984; 26: 137-143.

## Telmisartan regulates PPAR $\gamma$ /nNOS signaling

- [17] Adamczak M, Gross ML, Krtil J, Koch A, Tyralla K, Amann K and Ritz E. Reversal of glomerulosclerosis after high-dose enalapril treatment in subtotaly nephrectomized rats. *J Am Soc Nephrol* 2003; 14: 2833-2842.
- [18] Yang P, Zhang Y, Pang J, Zhang S, Yu Q, He L, Wagner KU, Zhou Z and Wang CY. Loss of Jak2 impairs endothelial function by attenuating Raf-1/MEK1/Sp-1 signaling along with altered eNOS activities. *Am J Pathol* 2013; 183: 617-625.
- [19] Rao X, Zhong J, Zhang S, Zhang Y, Yu Q, Yang P, Wang MH, Fulton DJ, Shi H, Dong Z, Wang D and Wang CY. Loss of methyl-CpG-binding domain protein 2 enhances endothelial angiogenesis and protects mice against hind-limb ischemic injury. *Circulation* 2011; 123: 2964-2974.
- [20] Guo D, Li M, Zhang Y, Yang P, Eckenrode S, Hopkins D, Zheng W, Purohit S, Podolsky RH, Muir A, Wang J, Dong Z, Brusko T, Atkinson M, Pozzilli P, Zeidler A, Raffel LJ, Jacob CO, Park Y, Serrano-Rios M, Larrad MT, Zhang Z, Garchon HJ, Bach JF, Rotter JI, She JX and Wang CY. A functional variant of SUMO4, a new I kappa B alpha modifier, is associated with type 1 diabetes. *Nat Genet* 2004; 36: 837-841.
- [21] Goebel M, Clemenz M and Unger T. Effective treatment of hypertension by AT(1) receptor antagonism: the past and future of telmisartan. *Expert Rev Cardiovasc Ther* 2006; 4: 615-629.
- [22] Fischmann TO, Hruza A, Niu XD, Fossetta JD, Lunn CA, Dolphin E, Prongay AJ, Reichert P, Lundell DJ, Narula SK and Weber PC. Structural characterization of nitric oxide synthase isoforms reveals striking active-site conservation. *Nat Struct Biol* 1999; 6: 233-242.
- [23] Han KH, Lim JM, Kim WY, Kim H, Madsen KM and Kim J. Expression of endothelial nitric oxide synthase in developing rat kidney. *Am J Physiol Renal Physiol* 2005; 288: F694-F702.
- [24] Ito S and Ren Y. Evidence for the role of nitric oxide in macula densa control of glomerular hemodynamics. *J Clin Invest* 1993; 92: 1093-1098.
- [25] Terada Y, Tomita K, Nonoguchi H and Marumo F. Polymerase chain reaction localization of constitutive nitric oxide synthase and soluble guanylate cyclase messenger RNAs in microdissected rat nephron segments. *J Clin Invest* 1992; 90: 659-665.
- [26] Tojo A, Welch WJ, Bremer V, Kimoto M, Kimura K, Omata M, Ogawa T, Vallance P and Wilcox CS. Colocalization of demethylating enzymes and NOS and functional effects of methylarginines in rat kidney. *Kidney Int* 1997; 52: 1593-1601.
- [27] Calnek DS, Mazzella L, Roser S, Roman J and Hart CM. Peroxisome proliferator-activated receptor gamma ligands increase release of nitric oxide from endothelial cells. *Arterioscler Thromb Vasc Biol* 2003; 23: 52-57.
- [28] Kwon G, Xu G, Marshall CA and McDaniel ML. Tumor necrosis factor alpha-induced pancreatic beta-cell insulin resistance is mediated by nitric oxide and prevented by 15-deoxy-Delta12, 14-prostaglandin J2 and aminoguanidine. A role for peroxisome proliferator-activated receptor gamma activation and inos expression. *J Biol Chem* 1999; 274: 18702-18708.