

## Original Article

# A novel rat model of heart failure induced by high methionine diet showing evidence of association between hyperhomocysteinemia and activation of NF-kappaB

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**Abstract:** Heart failure is one of the most serious diseases worldwide, and can be caused by many factors, among them hyperhomocysteinemia can increase the risk for development of heart failure. In this study, we treated rats with high methionine diet (HMD), which can be converted to homocysteine in human body, to induce a novel model of heart failure. We proved the successful establishment of this model by echocardiography and pathological evaluation at the termination of treatment. Ejection fraction and fractional shortening were significantly decreased after HMD treatment, while left ventricular volume in systole was increased. HMD treatment caused hypertrophy of cardiomyocytes, disarrangement of myofibers, and infiltration of inflammatory cells, as well as abundant apoptotic cells appeared after HMD treatment. Plasmatic homocysteine level was elevated after HMD treatment. Furthermore, through electrophoretic mobility shift assay and chromatin immunoprecipitation, the activity of NF- $\kappa$ B in nuclear extract was also significantly elevated, showing evidence of positive relationship between hyperhomocysteinemia and activation of NF- $\kappa$ B in HMD-induced heart failure. The successful development and validation of this model have made it a new tool for translational medical research of metabolic disorders-related cardiovascular disease.

**Keywords:** Heart failure, hyperhomocysteinemia, high methionine diet, NF-kappaB, rat model

## Introduction

Heart failure (HF) occurs when the heart muscle is weakened and cannot pump enough blood to meet the body's needs for blood and oxygen [1]. It is a major public health issue causing considerable morbidity and mortality, and affecting nearly 5 million patients with about 500,000 newly diagnosed cases every year in the U.S. In developed countries, around 2% of adults have HF and in those over the age of 65, this increases to 6-10% [1]. Many factors, including hypertension, diabetes, dyslipidemia, hyperhomocysteinemia and ischemic heart disease, can increase the risk for development of HF [2].

Homocysteine (HCY) is a sulphur-containing amino acid in human body produced by conversion of methionine, an essential amino acid

present in foods regularly consumed within the diet [3]. Basic and clinical research has disclosed that an increase in plasma HCY is an independent and graded risk factor for cardiovascular disease. McCully published the first paper to propose such a relationship with postmortem evidence of atherosclerosis in patients with hyperhomocysteinemia (HHCY) [4]. The following studies have linked elevated plasma concentrations of HCY to heart failure [5, 6], myocardial infarction [7], peripheral vascular disease [8], and stroke [9], but the mechanism of HHCY-induced heart disease remains unclear.

Nuclear factor kappa-B (NF- $\kappa$ B) is a transcription factor that regulates transcription of genes involved in stress, growth, and inflammatory responses [10]. NF- $\kappa$ B also influences cell survival and can induce either pro- or anti-apoptot-

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ic genes depending on the cell type and stimulus [11]. HCY treatment caused an activation of NF- $\kappa$ B, leading to increased chemokine expression in vascular smooth muscle cells, endothelial cells and macrophages [12-14]. However, for now, the association between HHCY and activation of NF- $\kappa$ B in animal models, particularly of heart failure, was still unclear.

In this study, we treated rats with high methionine diet (HMD) to induce a novel model of heart failure, which was proved by echocardiography and pathological evaluation. Besides, we also tried to investigate possible mechanisms involved in this disease, especially the association between HHCY and activation of NF- $\kappa$ B.

### Materials and methods

#### *Animals*

Male Wistar rats (5 weeks) were purchased from SLAC (Shanghai, China). Animals were housed in a temperature-controlled room (22°C) with 12-h-light/12-h-dark cycling, and had free access to food and water. All experimental procedures related to the animals complied with the "Guide for the Care and Use of Laboratory Animals" published by the National Institutes of Health (NIH) of the United States and were approved by Institutional Animal Care and Use Committee of The Fourth People's Hospital of Jinan.

#### *Modeling and in-life experiments*

Rats were administered with either high methionine diet (HDTZW-005-2006; Feed Research Institute Chinese Academy of Agriculture Sciences, Beijing, China) which contains 1-3% methionine or control diet (normal chow; SLAC, Shanghai, China) from age of 6 weeks for another 6 weeks. Body weight (BW) was recorded every week. Heart failure would be diagnosed by echocardiography and pathological evaluation at the termination. After performed with echocardiography, rats were sacrificed by CO<sub>2</sub> euthanasia. Blood was collected by heart puncture and the EDTA-treated plasma samples were saved in freezer. Heart was excised immediately, and weighted for left ventricular weight (LVW) and right ventricular weight (RVW). Part of heart was fixed in 4% paraformaldehyde for histological analysis, and the left part was

homogenized for electrophoretic mobility shift assay (EMSA) and chromatin immunoprecipitation (ChIP).

#### *Echocardiography*

At the termination, rats were anesthetized with pentobarbital sodium (30 mg/kg) and placed on a heating pad. Echocardiography was performed to dynamically evaluate cardiac function of the rats using Vevo770 (Visual Sonics Inc., Toronto, Canada). Spatial resolutions for ventricular structure were provided by 17.5-MHz transducers. Left ventricular internal dimension in systole (LVIDs), left ventricular anterior wall in systole (LVAWs), left ventricular posterior wall in systole (LVPWs) were obtained from the M-mode tracings, and left ventricular volume in systole (LVs), ejection fraction (EF) and fractional shortening (FS) were derived automatically by the High-Resolution Electrocardiograph system.

#### *Pathological evaluation*

The fixed heart sample was embedded in paraffin, and cut into sections with 6  $\mu$ m thickness. The sections were stained using Hematoxylin and Eosin (H&E) Staining Kit (Beyotime, Shanghai, China) or Terminal-deoxynucleotidyl Transferase Mediated Nick End Labeling (TUNEL) Apoptosis Detection Kit (Beyotime) according to the manufacturer's instruction, and photographed by digital camera conjugated with microscopy (Zeiss, Oberkochen, Germany).

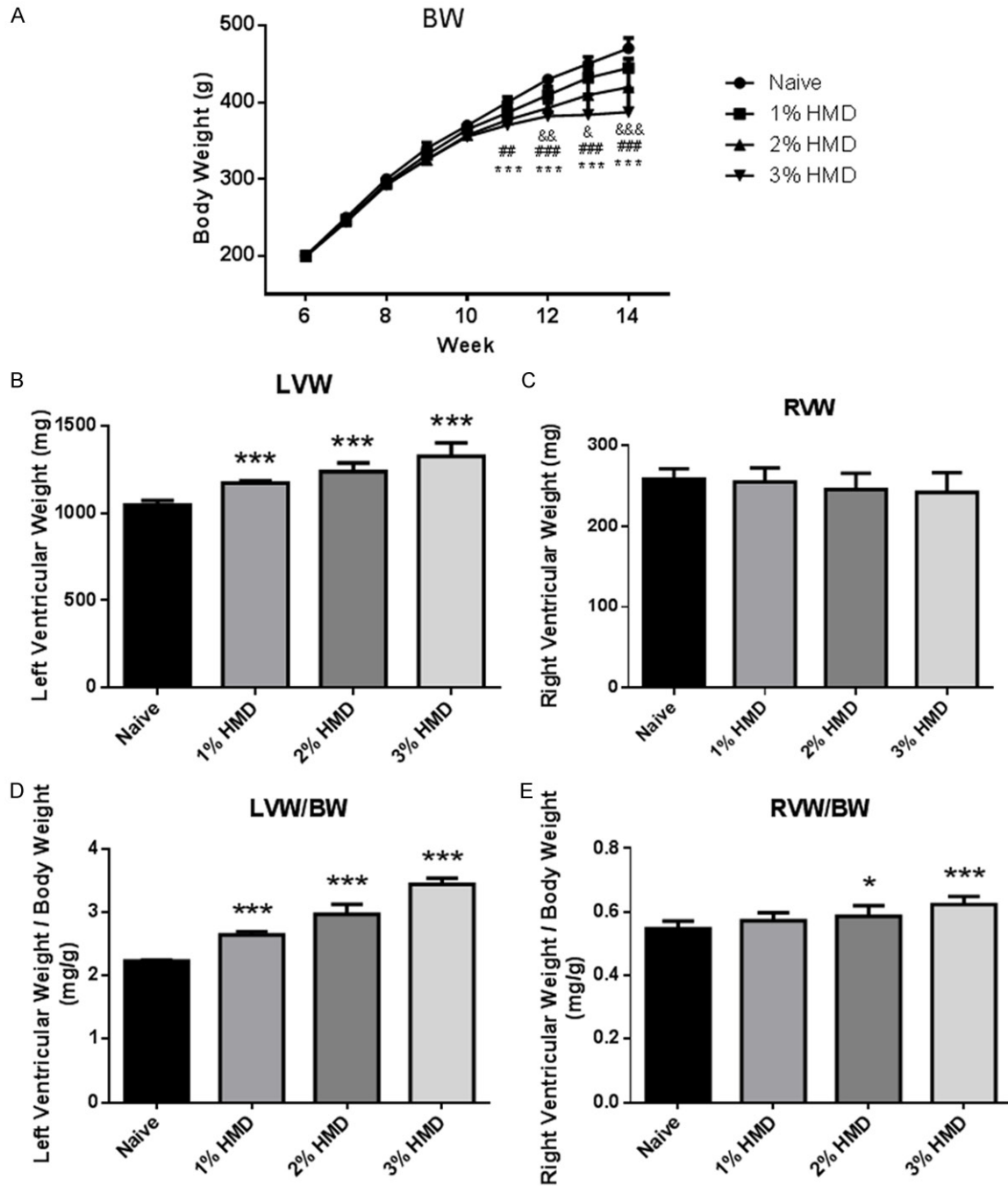
#### *Determination of plasmatic homocysteine level*

Plasmatic homocysteine level was determined by commercially available Homocysteine ELISA Kit (Cell Biolabs, San Diego, CA) according to the manufacturer's instruction.

#### *Electrophoretic mobility shift assay*

A LightShift Chemiluminescent EMSA Kit (Pierce, Rockford, IL) was used to prepare nuclear extracts from tissue homogenate and perform EMSA according to the manufacturer's instructions. The sequence of biotin-labeled double-stranded DNA probe was listed below [15]: 5'-GGCTGGGGATTCCCCATCT-3'; 3'-CCG-ACCCCTAAGGGGTAGA-5'.

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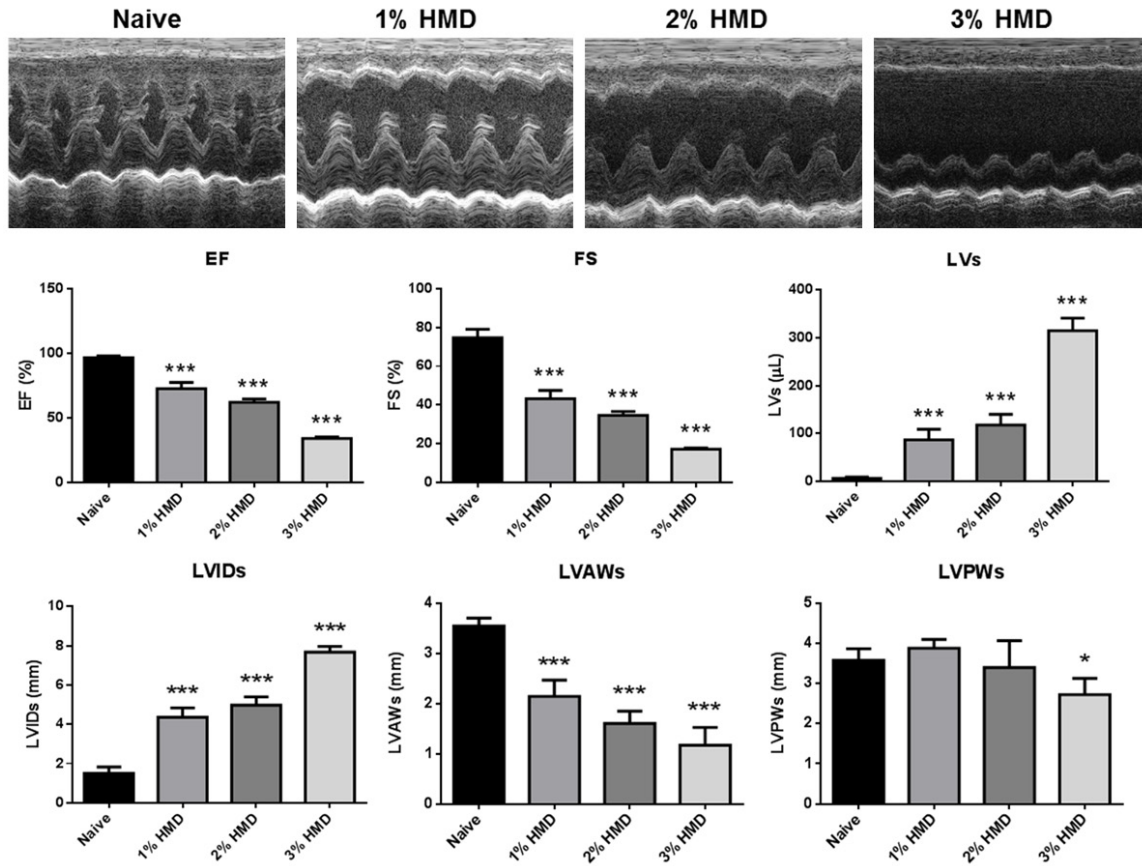
**Figure 1.** Body weight and ventricle weight. Rats were administered with either high methionine diet which contains 1-3% methionine or control diet from age of 6 weeks for another 6 weeks. A. Body weight (BW) was recorded every week.  $^*P < 0.05$ , 1% HMD vs naïve group;  $^{**}P < 0.01$ , 1% HMD vs naïve group;  $^{***}P < 0.001$ , 1% HMD vs naïve group;  $^{##}P < 0.01$ , 2% HMD vs naïve group;  $^{###}P < 0.001$ , 2% HMD vs naïve group;  $^{***}P < 0.001$ , 3% HMD vs naïve group. B-E. Left ventricular weight (LVW) and right ventricular weight (RVW) were recorded at the termination.  $^*P < 0.05$  vs naïve group,  $^{***}P < 0.001$  vs naïve group. N=8.

### Chromatin immunoprecipitation

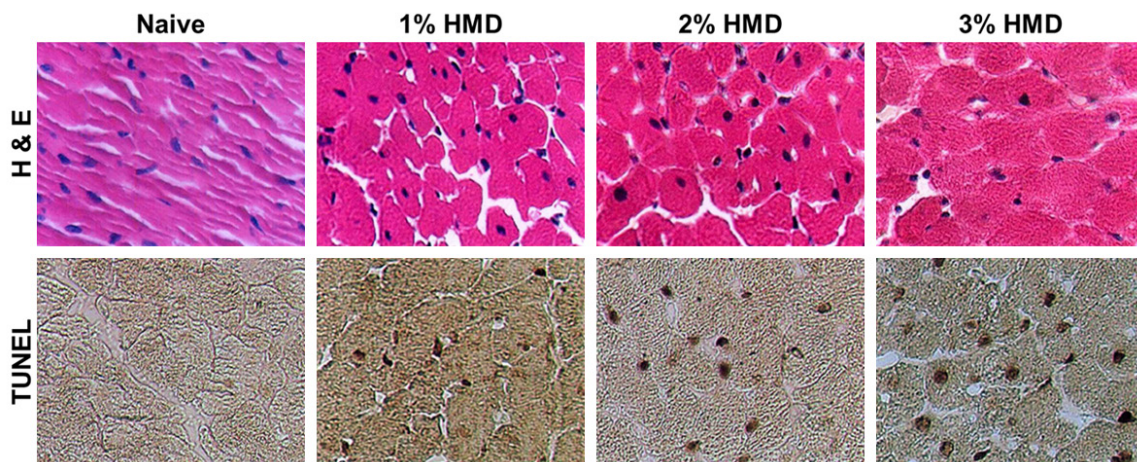
An Agarose ChIP Kit (Pierce) was used to prepare nuclear extracts from tissue homogenate

and perform ChIP according to the manufacturer's instructions. A ChIP-grade primary antibody against NF- $\kappa$ B p50 was purchased from Santa Cruz Biotechnology (Santa Cruz, CA).

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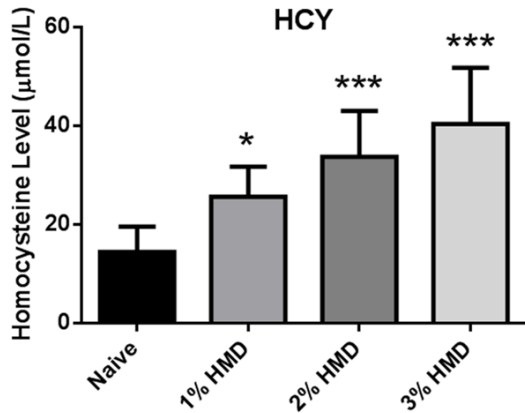


**Figure 2.** Cardiac function. At the termination, rats were anesthetized with pentobarbital sodium (30 mg/kg), and echocardiography was performed to dynamically evaluate cardiac function of the rats. Left ventricular internal dimension in systole (LVIDs), left ventricular anterior wall in systole (LVAWs), left ventricular posterior wall in systole (LVPWs), left ventricular volume in systole (LVs), ejection fraction (EF), fractional shortening (FS). \* $P < 0.05$  vs naive group, \*\*\* $P < 0.001$  vs naive group.  $N=4$ .



**Figure 3.** H&E and TUNEL staining. After performed with echocardiography, rats were sacrificed by  $CO_2$  euthanasia. The fixed heart sample was embedded in paraffin, and cut into sections with  $6 \mu m$  thickness. The sections were stained for H&E and TUNEL analysis using commercially available kits. Magnification: 400.

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**Figure 4.** Plasmatic homocysteine (HCY) level. At the termination, blood was collected by heart puncture and the EDTA-treated plasma samples were used to determine HCY level using commercially available kit. \* $P < 0.05$  vs naïve group, \*\*\* $P < 0.001$  vs naïve group.  $N=8$ .

Immunoprecipitated DNA was purified with DNA Clean-Up Column (Tiangen, Beijing, China) and then quantitated by real-time polymerase chain reaction (RT-PCR) using PrimeScript RT-PCR-Kit (TAKARA, Dalian, China). The primers used were as follows [16-19]: *IL-2*: 5'-GAGGGATTTCACCTACATCCA-3'; 5'-TGCAATGCAAGACAGGAGTT-3'. *IL-6*: 5'-CAAGACATGCCAAAGTGCTG-3'; 5'-TTGAGACTCATGGGAAAATCC-3'. *IL-8*: 5'-AACAGTGGCTGAACCAAGAG-3'; 5'-AGGAGGGCTTCAATAGAGG-3'. *Bax*: 5'-CCCGGGAATCCAGACTGCAG-3'; 5'-GAGCTCTCCCAGCGCAGAAG-3'. *Bcl-XL*: 5'-GCACCACCTACATTCAAATCC-3'; 5'-CGATGGAGGAGGAAGCAAGC-3'.

### Statistical analysis

Data were presented as Mean  $\pm$  SD. Significance of difference between groups was analyzed by performing two-way RM ANOVA for time course study, or one-way ANOVA with Dunnett's multiple comparison test for other studies.  $P$  value less than 0.05 was considered statistically significant. Data were analyzed and graphed by Prism 6.0 (GraphPad Software, La Jolla, CA).

### Results

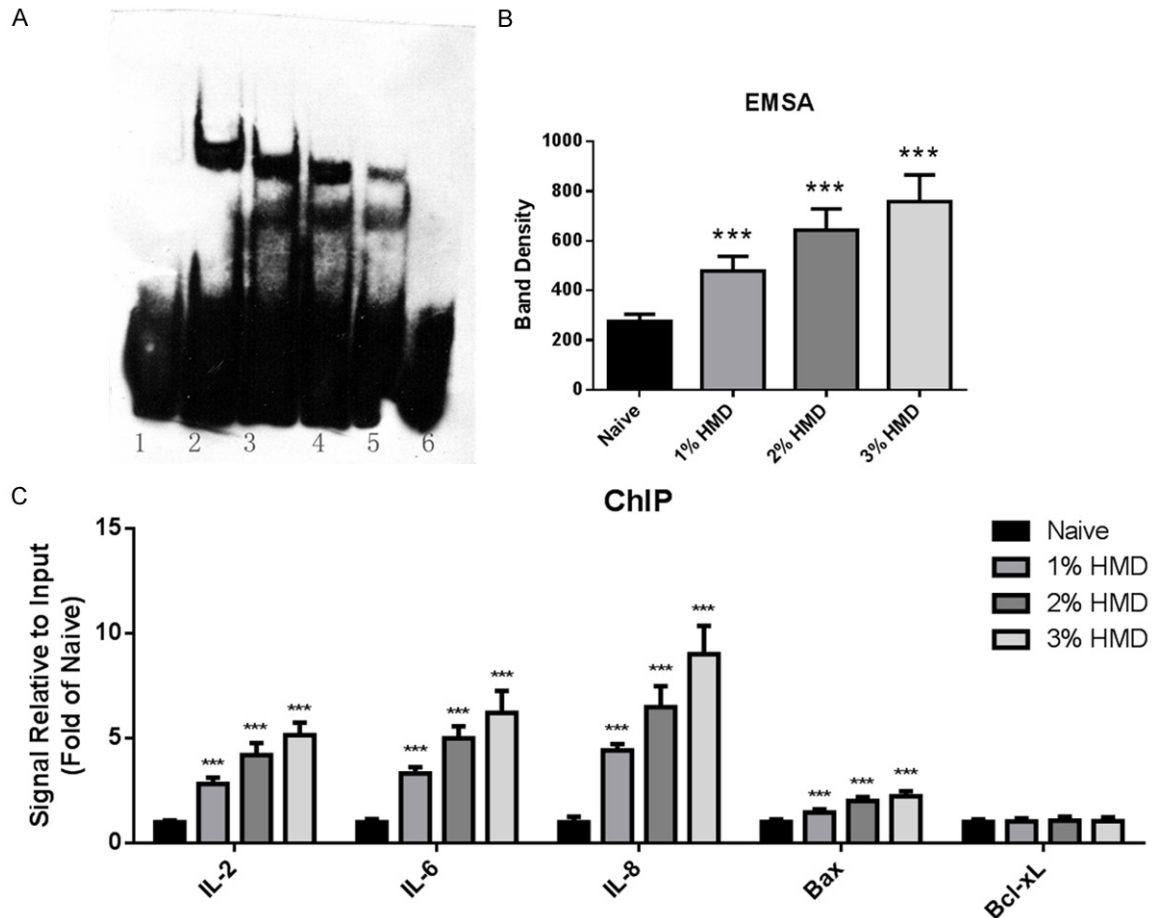
We treated Wistar rats with HMD (control diet supplemented with 1, 2, or 3% methionine) for 6 weeks to induce a novel model of heart failure, which would be diagnosed by echocardiography and pathological evaluation at the termi-

nation. The BW of rats treated with 1% HMD was significantly decreased from Week 12 compared with that in naïve group, while BW in 2% and 3% HMD groups was significantly decreased from Week 11 (**Figure 1**). At the termination, we analyzed the LVW and RVW to disclose significant increases (dose-dependent) of LVW and LVW/BW in HMD-treated groups compared with that in naïve group (**Figure 1**). However, there was no significance in RVW change, and the change in RVW/BW was little.

At the end of treatment, we performed echocardiography and pathological evaluation to prove the success of model establishment. Heart failure was diagnosed by significantly lower EF and FS in rats treated by HMD compared with those in naïve group (**Figure 2**), suggesting injured cardiac function. The decreases of EF ( $71.6 \pm 4.2\%$ ,  $61.0 \pm 2.5\%$ , and  $36.2 \pm 1.1\%$  vs.  $95.4 \pm 1.4\%$ ;  $P < 0.001$ ) and FS ( $42.2 \pm 4.4\%$ ,  $33.6 \pm 2.2\%$ , and  $16.2 \pm 0.5\%$  vs.  $73.7 \pm 4.2\%$ ;  $P < 0.001$ ) were dose-dependent. Besides, HMD treatment dose-dependently increased LVs ( $86.1 \pm 22.2 \mu\text{L}$ ,  $117.2 \pm 21.1 \mu\text{L}$ , and  $316.8 \pm 26.4 \mu\text{L}$  vs.  $6.3 \pm 3.2 \mu\text{L}$ ;  $P < 0.001$ ) and LVIDs ( $4.5 \pm 0.5 \text{ mm}$ ,  $5.1 \pm 0.4 \text{ mm}$ , and  $7.6 \pm 0.3 \text{ mm}$  vs.  $1.6 \pm 0.3 \text{ mm}$ ;  $P < 0.001$ ), while decreased LVAWs ( $2.2 \pm 0.3 \text{ mm}$ ,  $1.5 \pm 0.2 \text{ mm}$ , and  $1.1 \pm 0.3 \text{ mm}$  vs.  $3.6 \pm 0.2 \text{ mm}$ ;  $P < 0.001$ ). However, there was nearly no significant change on LVPWs. After echocardiography, H&E and TUNEL staining were performed to evaluate pathological changes. HMD treatment caused hypertrophy of cardiomyocytes, disarrangement of myofibers, and infiltration of inflammatory cells (**Figure 3**). In addition, TUNEL staining disclosed that abundant apoptotic cells appeared after HMD treatment (**Figure 3**). Taken together, we treated rats with HMD to induce a novel animal model of heart failure.

To investigate the mechanism involved in HMD-induced heart failure, we determined the plasmatic HCY level to find that HMD significantly elevated HCY level in dose-dependent manner to induce HHCY (**Figure 4**). More importantly, the activity of NF- $\kappa$ B in nuclear extract was significantly elevated after HMD treatment (**Figure 5**), showing evidence of positive relationship between HHCY and activation of NF- $\kappa$ B in HMD-induced heart failure. Considering NF- $\kappa$ B is a vital transcriptional factor in regulations of

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**Figure 5.** NF- $\kappa$ B activity. A, B. Nuclear extract was collected from heart tissue homogenate, and NF- $\kappa$ B/DNA binding activity was determined by electrophoretic mobility shift assay (EMSA) using commercially available kit. 1, Biotin-probe + nuclear extract (naive) + 200-fold molar excess of unlabeled probe; 2, biotin-probe + nuclear extract (3% HMD); 3, biotin-probe + nuclear extract (2% HMD); 4, biotin-probe + nuclear extract (1% HMD); 5, biotin-probe + nuclear extract (naive); 6, biotin-probe. \*\*\* $P < 0.001$  vs naive group. C. Nuclear extract was collected from heart tissue homogenate, and NF- $\kappa$ B-regulated transcriptional activity was determined by Chromatin Immunoprecipitation (ChIP) using commercially available kit. \*\*\* $P < 0.001$  vs naive group. N=8.

genes involved in inflammation and cell survival, we performed ChIP to investigate the NF- $\kappa$ B-activated gene promoters. The promoters of *IL-2*, *IL-6*, *IL-8* and *Bax* were significantly activated after HMD treatment in a dose-dependent manner (Figure 5), and their activation might be directly responsible for HMD-induced heart failure.

### Discussion

Common causes of heart failure include a previous myocardial infarction (heart attack), hypertension, atrial fibrillation, valvular heart disease, excess alcohol use, smoke, infection, and metabolic disease. One well-established and widely used rat model of heart failure is

coronary artery ligation model, which mimics the process of myocardial infarction to heart failure [20]. In addition, rat aortic banding, Dahl salt-sensitive rats, and spontaneous hypertensive rats (SHR) are also well-known models for translational medical research of heart failure [20-22]. Metabolic disease is another risk factor of heart failure [23, 24], however, to now, there is still no established animal model under this strategy. So we tried to develop and validate a rat model through dietary intervention here, and investigate the possible involved mechanism.

In developed countries, high intake of methionine, which is abundant in animal proteins, always causes elevation of HCY level. Elevated

plasmatic level of HCY has proatherothrombotic mechanisms including endothelial dysfunction and death, smooth muscle cell proliferation, inflammation, increased oxidative stress, and plaque formation [3, 25]. Therefore, plasmatic HCY is a risk factor for vascular disease [26, 27]. In a community-based prospective cohort study, an increased plasmatic HCY level independently predicted risk of the development of congestive heart failure in adults without prior myocardial infarction [5]. Considering the relationship between HHCY and heart failure, we treated rats with HMD to mimic the disease progress to induce heart failure. And at the termination of treatment, the condition was diagnosed in all rats by echocardiography and pathological evaluation, suggesting the model was successful.

In this rat model, we observed elevation of plasmatic HCY level after HMD treatment. More importantly, we disclosed a positive relationship between HHCY and activation of NF- $\kappa$ B in HMD-induced heart failure. NF- $\kappa$ B activation has been proved to play a vital role in the initiation and development of atherosclerosis, ischemic heart disease, and heart failure [28-30]. Several lines of evidence here indicated that NF- $\kappa$ B was activated in heart tissue after HMD treatment. First, results from EMSA demonstrated that HMD treatment caused a significant increase in the NF- $\kappa$ B/DNA binding activity. Second, results from ChIP demonstrated an enhanced NF- $\kappa$ B-regulated transcriptional activity. It has been well known several genes, which encode molecules involved in inflammation, apoptosis, and cell proliferation, can be regulated by NF- $\kappa$ B [31, 32]. Here, we reported dose-dependently elevated activity of promoters of *IL-2*, *IL-6*, *IL-8* and *Bax*, which might be directly responsible for HMD-induced heart failure. And in fact, we indeed observed phenotype changes, including inflammatory infiltration and cell apoptosis, through H&E and TUNEL staining.

Taken together, we first established a novel model of heart failure by HMD treatment, and disclosed association between HHCY and activation of NF- $\kappa$ B. The successful development and validation of this model have made it a new tool for translational medical research of metabolic disorders-related cardiovascular disease. In the future work, more involved mechanisms, especially those on lipid and amino acid metabolism, need to be further clarified.

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### Disclosure of conflict of interest

None.

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