Original Article MiR-106a promotes tumor growth, migration, and invasion by targeting BCL2L11 in human endometrial adenocarcinoma

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Abstract: Growing evidence indicates that miR-106a is involved in tumor growth and metastasis of cancers, but the participation of miR-106a in endometrial adenocarcinoma (EC) is not clear. BCL2L11 is a member of the BCL-2 family and is located in the outer membrane of mitochondria, where this protein acts as a key regulator of excitotoxic apoptosis, apoptosis-inducing factor translocation, and mitochondrial depolarization. To identify a novel therapeutic target in EC, we studied the roles of miR-106a in the proliferation, apoptosis, and metastasis of EC. The expression levels of miR-106a were measured in tumor tissues of EC by quantitative real-time PCR, and lentiviral transduction was used to verify the function of miR-106a by silencing. Subcutaneous injection of EC cell lines into athymic mice was used to research EC tumor formation. Bioinformatics tools and a luciferase assay were applied to assess the relation between miR-106a and its target. The protein level of the miR-106a target was measured by western blotting. MiR-106a expression was higher in EC tissues compared with their healthy counterparts. Inhibition of expression of miR-106a reduced EC cell migration and invasion *in vitro* as well as *in vivo* tumor growth. BCL2L11 mRNA contains a binding site for miR-106a in the 3'untranslated region. *BCL2L11* was found to be one of miR-106a targets. Altogether, our data suggest that miR-106a inhibits proliferation and invasiveness and induces cell cycle arrest and apoptosis in EC cells by targeting *BCL2L11*, and therefore miR-106a may serve as a prognostic marker of EC.

Keywords: miR-106a, endometrial adenocarcinoma, metastasis, invasion, BCL2L11

Introduction

Endometrial carcinoma (EC) is the most frequent uterine cancer, and the fourth most common cancer among women; it impairs reproductive health and quality of life of women [1]. Recently, EC incidence was increasing significantly due to changes in the environment and abuses of female hormones [2]. The degree of tumor cell differentiation plays a key role in prognosis of EC. Compared with source cells, tumor cells show features of poor differentiation and unlimited proliferation. A poorly differentiated tumor tissue means increased proliferation, high malignancy, and poor prognosis; also, well-differentiated tumors tend to closely resemble healthy endometrial epithelium cells. with limited proliferation and good prognosis . Because differentiation aberrations are closely related to the formation of malignant tumors,

the development of methods for inducing tumor cells to differentiate into a cell type similar to that of the source cells is expected to increase the cure rate of cancer. By inducing differentiation, progestin hormone therapy has been successful at slowing the growth of EC in patients with well-differentiated tumor tissue expressing progesterone receptors [5, 6]. In contrast, for patients with a poorly differentiated or recurrent cancer or metastasis, at present, the search for an effective cytodifferentiation-inducing agent is still at an early stage.

MicroRNAs (miRNAs) are small (19 to 25 nt) endogenous noncoding RNA molecules that act as gene regulators by binding to partially complementary target sites in an mRNA 3'untranslated region (3'UTR); this action results in degradation of the target mRNAs or translational repression of the encoded proteins [5, 6].

Extensive data indicate that miRNAs are closely related to cancer biology; altered miRNA levels can result in the variation of expression of target genes directly, thereby affecting tumorigenesis and cancer progression [9, 10]. Although several studies indicate that miRNAs may become a marker for tumor diagnosis or prognosis or contribute to cancer therapy, it is unclear which miRNAs can directly target a relevant gene and promote tumor cell differentiation. Human miR-106a is enriched in the germline and in mesoderm-derived tissues; accordingly, it may play a key role in cell differentiation of the endometrium, which is a mesoderm-derived tissue. BCL2L11 is a member of the BCL-2 family and is located in the outer membrane of mitochondria [11], where this protein is a key regulator of excitotoxic apoptosis, apoptosis-inducing factor translocation, and mitochondrial depolarization [12, 13]. Recent studies showed that BCL2L11 is a dual agent that regulates autophagy in drug resistance [14] and is involved in neural apoptosis in methylmalonicacidemia [12, 13]. Members of the antiapoptotic BCL2 family contain multiple domains although the proapoptotic members of this family, including BCL2L11, are BH3domain-only proteins [15, 16]. The function of BCL2L11 in these biological processes has been reported, but there is barely any information indicating that BCL2L11 regulates cell growth and apoptosis in cancer, especially in endometrial tumors. The aim of this study was to identify a novel therapeutic target in EC. To this end, we used both in vitro and in vivoexperiments to explore the molecular mechanisms of miR-106a's action in alterations of EC cell phenotype, and bioinformatics analysis was used to predict miR-106a targets in EC. Then, bioinformatics tools and a luciferase reporter assay were applied to determine the relation between miR-106a and its target; this way, the involvement of miR-106a in thepathogenesis of EC can be probedin terms of its target.

Materials and methods

Ethics statement

Human endometrial samples were collected from 24 patients with EC who underwent surgical treatment between January 2010 and December 2013 in Nantong First People's Hospital (Nantong, China). Tissue samples were snap-frozen in liquid nitrogen immediately after surgical resection and stored at -80°C. They were collected after obtaining written inform ed consent from all the participating patients. The study protocol was approved by the Institutional Review Board of Nantong First People's Hospital and conformed to the ethical guidelines of the 1975 Declaration of Helsinki and later amendments. This study did not include patients who had received radiotherapy and/or immunotherapy before or after surgical treatment.

Cell lines and their cultivation

Human endometrial epithelial celllines HEC-1-A, HEC-1B, RL95-2, AN3CA, Ishikawa, and JEC were obtained from the Shanghai Cell Bank, the Chinese Academy of Sciences (Shanghai, China). The cells were cultured inDulbecco's Modified Eagle's Medium supplemented with 10% of fetal bovine serum, 100 U/ml penicillin and 100 µg/ml streptomycin, and incubated in a humidified atmosphere containing 5% of CO₂ at 37°C. Normal human endometrial epithelial cells were generated from human endometrium samples obtained from biopsies of women (22-23 years of age) who underwent surgical treatment of minor gynecological problems and had no underlying endometrial pathology. None of them had received hormonal therapy in the 3 months preceding the sample collection. The endometrial samples were minced into fragments < 1 mm and subjected to mild collagenase digestion. Endometrial epithelial cells were isolated as described previously and cultured to confluence in a steroiddepleted medium composed of 75% Dulbecco's Modified Eagle Medium and 25% MCDB-105 (Sigma, St. Louis, MO) supplemented with antibiotics, 10% of human albumin, and 5 mg/ml insulin (Sigma).

Lentivirus transduction of an miR-106a inhibitor into EC cells

Lentiviral transduction was applied to downregulate the endogenous expression of miR-106a in the EC cell lines (*in vitro*). A lentivirus expressing the artificial oligonucleotide of a human mature miR-106a inhibitor, L/miR106al, and a control lentivirus expressing the nonspecific oligonucleotide, L/I (control), were both purchased from Shanghai GenePharma (Shanghai, China). HEC-1B and RL95-2 cells weretransduced with either L/miR106al or L/I, along with 8 μ g/ml polybrene, for 48 h at multiplicity of infection (MOI) of 20-25. Selection of transduced cell clones was conducted by growing post-transduction HEC-1B and RL95-2 cells in the presence of 1 mg/ml blasticidin for 1 week. After that, well-growing cell colonies were collected and subcultured into a 24-well plate. HEC-1B and RL95-2 cells were then passaged at least 3-5 times, followed by quantitative real-time PCR (qRT-PCR) to evaluate the transduction efficiency.

qRT-PCR

Total RNA was extracted from EC cells using the TRIzol reagent (Invitrogen) according to the manufacturer's protocol. For miRNA analysis, gRT-PCR was carried out by means of the TagMan MicroRNA Reverse Transcription Kit, TaqMan Universal PCR Master Mix (Applied Biosystems, Foster City, CA, USA), and the corresponding primers. Small nuclear (sn) RNA U6 served as an internal control to normalize miR-106a levels. For mRNA analysis. gRT-PCR was conducted using the TagMan High-Capacity cDNA Reverse Transcription Kit, TagMan Fast PCR Master Mix (Applied Biosystems), and the corresponding primers. GAPDH served as an internal control to normalize BCL2L11 expression. gRT-PCR was run in triplicate on a RealPlex4 real-time PCR detection system from Eppendorf Co., Ltd. (Germany). The following primers were used for gRT-PCR: miR-106a forward, 5'-GAGAACAGCAGGTCCAGCAT-3', and reverse: 5'-CTTCCT CAGCACAGACCGAG-3'; U6 forward, 5'-CTCGCTTCGGCAGCACA-3', and reverse, 5'-AACGCTTCACGAATTTGCGT-3'; BCL-2L11 forward, 5'-CACCAGCACCATAGAAGAA-3', and reverse, 5'-ATAAGGAGCAGGCACAGA-3'; GAPDH forward. 5'-CCCATGTTCGTCATGGGTG-T-3', and reverse, 5'-CCGTTCAGCTCAGGGAT-GAC-3'. PCR parameters were as follows: 10 min at 95°C, and then 40 amplification cycles of 15 s at 95°C and 1 min at 60°C. The threshold cycle (C_{t}) was defined as the fractional cycle number at which the fluorescence passes the fixed threshold, and the relative miRNA or mRNA expression was calculated by the 2-DACt method.

The cell proliferation assay

RL95-2 cells transfected with a miR-106a-inhibitory lentivirus or a lentivirus expressing negative control miRNA were seeded at a density of 5000 cells per 200 μ l of the medium in each well of a 96-well plate. At 0, 1, 2, 3, 4, and 5 days after the transfection, the medium was removed by suction and replaced by serum-free medium containing 1 mg/ml 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) and incubated at 37°C for 4h. After removal of the MTT solution, the formazan precipitate was dissolved in 100 µl ofdimethyl sulfoxide, and absorbance was readat 570 and 600 nm on a microplate reader(BioTek, Bad Friedrichshall, Germany). Untransfected cells served as controls.

Cell cycle analysis

Cells were harvested at 48 h after L/I or L/ miR106al transfection. The cells were washed with PBS and fixed in ethanol at -20°C. The cells were then washed with PBS, rehydrated, and resuspended in a propidium iodide (PI)-RNase A solution (Sigma) with incubation at 37°C for 30 min. The stained cells (10⁵) were next analyzed for DNA content on a flow cytometer (BD Biosciences, Franklin Lakes, NJ, USA).

Apoptosis analysis

Cells were harvested, washed with ice-cold PBS, and stained with annexin V-fluorescein isothiocyanate (FITC) apoptosis detection kits (KeyGEN Biotech, Nanjing, China). Apoptosis was analyzed on the flow cytometer (BD Biosciences).

The cell migration and invasion assays

Migration of cells was assayed in a chamber with filters (8-µm pores; Corning, New York, NY, USA). Cells were grown to ~50% confluence and transduced with L/I or L/miR106al vectors. After 24 h, the cells were incubated with a serum-free medium for 24 h. Next, the cells were trypsinized, and 5×10^4 cells in the serumfree medium were added into the upper chamber. After that, a medium with 10% of fetal bovine serum was added into the lower chamber. Cells were incubated for 24 h at 37°C, and nonmigrating cells were completely removed. Cells that migrated to the bottom of the membrane were then fixed in 4% paraformaldehyde and stained with 0.5% crystal violet. Next, the stained cells were visualized under a microscope, counted in five random visual fields, and the average number was calculated. For the invasion assay, the upper chamber was precoated with 1 mg/ml Matrigel (BD Biosciences).



Figure 1. Expression of miR-106a in patients' EC tissue and EC cell lines. A. Expression of miR-106a in patients' EC tissue according to TCGA database. B. RT-PCR analysis shows the expression of miR-106a in patients' EC tissue (n = 24). C. Expression of miR-106a in HEC-1-A, HEC-1B, RL95-2, AN3CA, Ishikawa, and JEC cells. D. HEC-1B and RL95-2-7 cell lines were lentivirally transduced with L/I or L/miR106aI, and qRT-PCR was carried out to quantitate the expression of miR-106a. **P < 0.01 as compared to L/I cells.

The rest of the assay was conducted as the migration assay above.

Bioinformatics methods and a luciferase assay

TargetScan and PicTar software packages were used to predict miR-106 target genes; the target genes predicted by both software packages that turned out to be the same were selected. Target gene *BCL2L11* was thus identified preliminarily. The wild-type sequence of *BCL2L11* 3'UTR was amplified from a human cDNA library. Mutations of the miR-106a-binding site were introduced by site-directed mutagenesis with a Fast Mutation Kit (NEB, US). The PCR product was cloned into the psiCHECK-2 vector downstream of the firefly luciferase-coding region between restriction sites Xhol and Notl (Takara, Japan). The psiCHECK-2-control vector served as an internal control.

Western blot analysis

Total protein in lysates was resolved by SDS-PAGE in a 10% gel and transferred to polyvinyl difluoride membranes (Millipore, Bedford, MA). After blocking in Tris-buffered saline containing 0.1% Tween 20 (TBS-T) with 5% nonfat dry milk for 30 min, the membranes were washed four times in TBS-T and incubated with primary antibodies overnight at 4°C. The primary antibodies were all purchased from Abcam (Cambridge, MA) and were used at the following dilutions: anti-BCL-2L11, 1/300; anti-GAPDH, 1/1000. After extensive washes, the membranes were incubated with a horseradish peroxidase-conjugated goat polyclonal anti-rabbit IgG antibody at a dilution of 1:2000 (secondary antibody) for 1 h at room temperature. Immunoreactivity was detected by enhanced chemiluminescence (ECL kit, Pierce Biotechnology) and by exposure of a radiography film to the membranes. GAPDH served as the loading control.

The animal experiment

Male athymic mice (5 weeks old), purchased from the Animal Center of Southern Medical University (Guangzhou, China), were acclimated for 1

week under sterile conditions. Cells transduced with control RNA or the miR-106a inhibitor were collected from the 6-well plates and washed with PBS to obtain a suspension of cells at 2×10^7 /ml. We subcutaneously injected 0.1 ml of this suspension into mice, 10 mice per group. Eight weeks later, the mice were euthanized, and the tumors were excised, photographed, and weighed and then were immediately snapfrozen in liquid nitrogen and stored at -80°C until use. To minimize the suffering of the mice, all surgical procedures were conducted under sodium pentobarbital anesthesia.

Statistical analysis

Data were expressed as mean \pm SD from at least three independent experiments. Significance of differences was analyzed by Student's *t* test. Differences with P < 0.05 or P < 0.01 were considered statistically significant.

Results

The expression of miRNA-106a in patients' EC tissue and EC cells

To determine miRNA-106a expression in EC, we reanalyzed microarray data from The Cancer Genome Atlas (TCGA) for the EC dataset. We found that miRNA-106a expression was signifi-



Figure 2. The knockdown of miR-106a inhibits cell proliferation in vitro and in vivo. A. Viability of HEC-1B and RL95-2-7 cells transduced with L/I or L/ miR106al was assessed at 1, 2, 3, 4, and 5 days by an MTT assay. B. Down-regulation of miR-106a significantly inhibited tumor growth in a nude mouse model of a tumor xenograft. Tumor volume was measured for 5 weeks. On day 35, the mice were euthanized, and tumors were weighed (n = 3). **P < 0.01 as compared to the L/I group.

cantly higher in EC tissues when compared with healthy endometrial tissues (P < 0.01, **Figure 1A**). Furthermore, quantitative RT-PCR analysis was performed on 24 pairs of primary EC RNA samples. Clearly, miRNA-106a was upregulated in 70.8% (17/24) of the tested EC specimens (P < 0.01, **Figure 1B**). We then measured the expression of miRNA-106a in different EC cell lines (HEC-1-A, HEC-1B, RL95-2, AN3CA, Ishikawa, and JEC). MiR-106a was found to be significantly upregulated in HEC-1B and RL95-2 cells (**Figure 1C**, P < 0.05).

To elucidate the mechanism of action of miR-106a in EC, we transduced EC cell lines, HEC-1B and RL95-2, with a lentivirus expressing a miR-106a inhibitor (L/miR106al) to downregulate their endogenous miR-106a. Control HEC-1B and RL95-2 cells were transduced with a lentivirus expressing a nonspecific miRNA (L/I). After transduction was stabilized, transduction efficiency was checked by qRT-PCR, which showed that lentiviral transduction successfully downregulated endogenous miR-106a in both HEC-1B and RL95-2-7 cells (P < 0.05, **Figure 1D**).

Silencing of miRNA-106a inhibits cell proliferation and growth of xenografts

Lentivirally transduced HEC-1B and RL95-2-7 cellswere then transferred to a 96-well plate to be tested in a 5-day proliferation assay. Every day, the cells were stained with the MTT reagent, and their relative proliferation rateswere determined by measurement of optical density at 570 nm. The results revealed that EC cell proliferation in vitro was significantly suppressed by miR-106a downregulation in both HEC-1B and RL95-2 cells (P < 0.05, Figure 2A).

We then evaluated the *in vivo* effect of miR-106a downregulation on EC. L/miR106al- or L/I-transduced HEC-1B and RL95-2 cells were subcutaneously injected into left flanks of 4-week-old BALB/C nude

mice. In situ HEC-1B and RL95-2 xenografts were allowed to develop for 5 weeks. Weekly live measurements of xenograft volumes indicated that the *in vivo* development of HEC-1B and RL95-2 xenografts was significantly inhibited by the knockdown of miR-106a (P < 0.05, **Figure 2B**). At the end of the xenograft experiment, HEC-1B and RL95-2 xenografts were excised and photographed. We confirmed the inhibitory effect of miR-106a downregulation on tumor growth by showing that L/miR106al-transduced xenografts were significantly smaller than L/I-transduced xenografts (P < 0.05, **Figure 2B**).

The knockdown of miR-106a induced G1 phase arrest and apoptosis in EC cells

Because cell proliferation decreased when miR-106a was knocked down, we tested whether this inhibition affects cell cycle progression and apoptosis. The cell population at the GO-G1 transition markedly increased, while the proportion of S phase cells notably decreased among HEC-1B and RL95-2 cells transduced with L/miR106al as compared with the L/I-



Figure 3. The knockdown of miR-106a induces cell cycle arrest in the G1 phase and apoptosis. A. L/miR106al suppressed the G1-S transition. Cell cycle profiles were analyzed by PI staining and flow cytometry. B. Apoptotic cells were quantified by annexin V-PI staining when HEC-1B and RL95-2-7 cells were transduced with L/miR106al. **P < 0.01 as compared to the L/I group.

transduced cells (P < 0.01, Figure 3A). Next, we found that lentiviral transduction with L/miR106al markedly increased the apoptotic ratio of cells compared to cells transduced with L/I (P < 0.01, Figure 3B).

Silencing of miR-106a inhibited migration and invasiveness of EC cells

To determine whether miR-106a influences migration and invasiveness of EC cells, a



Transwell assay was performed, and the numbers of migratory and invading cells were assessed after a 24-h culture period. Cells transduced with L/miR106al showed a significant reduction in migration and invasion as compared to control (L/I-transduced) cells (**Figure 4A** and **4B**).

BCL2L11 is a target gene of miR-106a in EC

After the function of miR-106a was revealed by this study (by downregulation), we started looking for a target gene of miR-106a in EC. Using online miRNA-binding analysis algorithms such as miRDB (www.miRDB.org) and TargetScan (www.targetscan.org), we noticed that tumor suppressor gene BCL2L11 might be a suitable candidate because miR-106a can bind the 3'-UTR of human BCL2L11 cDNA sequence (Figure 5A). Consequently, we then transfected lentivirally transduced HEC-1B and RL95-2-7 cells with firefly luciferase vectors containing wild-type BCL2L11 3'-UTR (Wt) or mutated BCL2L11 3'-UTR (Mu, without the miR-106a-binding site). After 48 h, analysis by a dual luciferase activity assay showed that in L/I-transduced EC cells, transfection of BCL2L11 3'-UTR (Wt) or BCL2L11 3'-UTR (Mu) did not result in different luciferase activities (Figure 5B). In contrast, in L/miR106al-transduced EC cells, the difference in luciferase activities was significant between BCL2L11 3'-UTR (Wt) and BCL2L11 3'-UTR (Mu) transfectants (Figure 5B, P < 0.05), thus confirming that BCL2L11 was the target of miR-106a in EC cells. To verify the result of our dual luciferase activity assay, we employed western blot analysis and demonstrated that BCL2L11 protein levels were higher in L/miR106al-transduced cancer cells than in L/l-transduced cancer cells (Figure 5C and Supplementary Figure 1).

Discussion

In this study, we showed that miR-106a is upregulated and its target gene *BCL2L11* is downregulated in EC cell lines, and that a knockdown of miR-106a increases *BCL2L-11* expression and suppresses cell proliferation, migration, and invasionand induces cell cycle arrest and apoptosis, suggesting that miR-106a acts as an oncogene in EC by inhibiting tumor suppressor *BCL2L11* expression. Several miRNAs have been identified that are up- or downregulated in EC. Among miRNA supregulated in EC, miRNAs21, 31, 93, 182, 183,



Figure 5. Association of the BCL2L11 gene and miR-106a in EC. A. The wild-type (Wt) human BCL2L11 3'-UTR was shown to bind to human miR-106a. In a mutant (Mu) BCL2L11 3'-UTR, its miR-106a-binding site was point-mutated. B. Lentivirally transduced HEC-1B and RL95-2 cells were and then transfected with either BCL2L11-3'-UTR (Wt) or BCL2L11-3'-UTR (Mu) firefly luciferase vectors or a pSV40-Renilla control luciferase vector. After 48 h, relative luciferase activities were evaluated as the ratio firefly/Renilla signals in the transfected HEC-1B and RL95-2 cells (**P < 0.01). C. Western blotting was performed to compare BCL2L11 protein expression levels between L/I- and L/miR106al-transduced breast cancer cells (**P < 0.01).

and 205 are strongly associated with tumor progression, growth, and lymph node metastases [17-19]. MiR-106a upregulation was also demonstrated in gastric cancer [20], ovarian cancer [21], human glioblastoma [21], and colorectal carcinoma [22], thereby pointing to a common underlying mechanism of carcinogenesis in these gynecological cancers.

MiR-106a functions as an oncogene in various human cancers. miR-106a is upregulated in gastric cancer tissues and correlates with metastasis, and *TIMP2* is a direct target of miR-106a. MiR-106a may be involved in the development of drug resistance and in regulation of *PDCD4* expression by modulating CDDPinduced apoptosis in ovarian cancer cells [24]. Besides, miR-106a may be a diagnostic biomarker of colorectal carcinoma [25, 26]. Elevated expression of miRNA-106a is deeply involved in the development and progression of glioma by promoting the proliferation and by suppressing apoptosis of glioma cells through the JNK-MAPK signaling pathway [25]. In the present study, miR-106a was found to beoverexpressed in three EC cell lines and to suppress the expression of itstarget *BCL2L11*, a tumor suppressor gene. We revealed that miR-106a binds directly to the 3'-UTR of BCL2L11 mRNA, thus inhibiting its translation and the BCL2L11-mediated regulation of essential downstream molecules involvedin cell proliferation and cell cycle progression. To further explore the molecular signaling pathways associated with miR-106a in EC, we performed a dual luciferase activity assay in lentivirally transduced HEC-1B and RL95-2 cells. By transfecting these EC cell lines with firefly luciferase vectors containing either wild-type or mutant (without the miR-106a-binding site) BCL2L11 3'-UTR, we demonstrated that BCL2L11 is indeed the downstream gene of miR-106a in EC. This finding was confirmed by our gRT-PCR and western blot assays of lentivirally transduced HEC-1B and RL95-2 cells, showing that both gene and protein expression levels of BCL2L11 were significantly higher in L/miR106al-transduced EC cells, likely because of miR-106a downregulation.

In conclusion, this study shows that miR-106a is upregulated and its target gene *BCL2L11* is downregulated in EC cell lines. Inhibition of miR106a upregulates *BCL2L11* expression, inhibiting cell proliferation, cell migration, and invasion and promoting cell cycle arrest and apoptosis. Our results indicate that miR-106a functions as an oncogenic miRNA in EC by targeting tumor suppressor gene *BCL2L11* and that miR-106a as a promising biomarker or therapeutic target in EC.

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MiR-106a promotes tumor growth, migration, and invasion by targeting BCL2L11 in EC



Supplementary Figure 1. Western blot.