

## Original Article

# Preliminary research on activating cerebral cortex with premature contact on tooth

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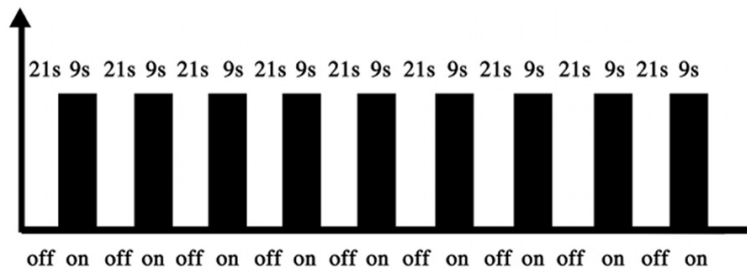
**Abstract:** Functional magnetic resonance imaging (fMRI) has been used to show a relationship between the occlusal function and brain activity among several kinds of modalities. The aim of this fMRI study was to investigate the clenching-induced regional activation within the brain correlated with both the presence and location of a premature contact on the teeth during clenching. Fifteen volunteers participated in this research. An experimental premature contact was created using composite resin and applied to every subject. The blood-oxygenation-level-dependent (BOLD) signals were recorded using fMRI on each subject. Recordings were made on each of subjects during each of the following: (1) Normally voluntary clenching, (2) Clenching with premature contact on lower first molar, and (3) Clenching with premature contact on lower canine. Statistical difference was then examined between each of the three groups. In the voluntary clenching group, the sensory cortex, motor cortex, pre-motor cortex, pre-frontal cortex, Broca's area, supramarginal gyrus, cingulate gyrus, cerebellum and insula were activated. A significant reduction in activated areas was found in the clenching groups with premature contacts. The discrepancy of BOLD signals was also found in prefrontal cortex, supramarginal gyrus, cerebellum and insula between the clenching with premature contact on first molar and canine. Both the presence and location of a premature occlusal contact could reduce the number of activated areas in the brain as seen using fMRI.

**Keywords:** Tooth clenching, functional magnetic resonance imaging, premature contact, brain activation, human

## Introduction

In the early 1980s, several experiments on animals had been carried out to show a relationship between the occlusal function and brain activity through several kinds of modalities (e.g. electroencephalograph, electrophysiology, and lobotomy) [1-3]. After the advent of functional magnetic resonance imaging (fMRI), more evidence have been revealed regarding experiments on human subjects. Tamura et al [4, 5] found the activated areas in sensory cortex, motor cortex and premotor cortex during clenching, gum chewing, and teeth tapping. Onozuka et al [6] further conducted an experiment with fMRI and concluded that the intensity of blood-oxygenation-level-dependent (BOLD) signals were affected by occlusal force. In 2011, Markus et al [7] placed custom-made

splints in human subjects to examine the brain regional BOLD signals under malocclusion. Significant differences were found between normal and malocclusion in the amygdala and prefrontal areas. They also recognized the increasing BOLD signal in the prefrontal area as the simulated malocclusion became more severe. fMRI is a non-invasive technique with high spatial and temporary resolution [8]. For this reason, it has become increasingly popular for cognitive research as a tool for occlusion that processes sensory and motor signals in the brain. In this study, fMRI was used to test two malocclusion models with premature contact located on either an anterior or posterior tooth. Clenching under normal occlusion was included as a control. We compared all results in order to investigate how the location of malocclusion affects the brain cortex activities.



**Figure 1.** Sketchy map of block design. “Off” denotes in rest. “On” denotes in task, means 21 seconds for rest, clenching 9 seconds for task, and going alternately. Every circle is 30 seconds. Whole test involves nine circles; duration of total test is 270 seconds.

**Table 1.** The activated region in the brain during clenching in normal or with premature contact

	Normal Contact	Premature Contact on the first molar	Premature Contact on the canine
Primary sensory cortex (Right)	A	A	N
Primary sensory cortex (Left)	A	A	A
Primary motor cortex (Right)	A	A	A
Primary motor cortex (Left)	A	A	A
Premotor cortex (Right)	A	A	N
Premotor cortex (Left)	A	A	A
Prefrontal cortex	A	A	N
Broca's area (Right)	A	A	A
Broca's area (Left)	A	A	N
Insula	A	A	N
Supramarginal gyrus	A	A	N
Cerebellum (Right)	A	A	N
Cerebellum (Left)	A	N	N
Cingulate gyrus	A	N	N

'A' means activated; 'N' means none.

## Material and methods

### Subjects

Fifteen healthy volunteers were involved in this research (8 males and 7 females, aged 23 to 33, mean age is 27.87). All subjects were right-handed, with class I occlusion relationship in the absence of history of somatic, psychological disorders and temporomandibular dysfunction (TMD). Subjects with missing teeth, unilateral chewing, or noncooperation were excluded. Explanation of aims and method of study were provided to every subject before written informed consent was approved by the Committee for Research Ethics of Ninth People's Hospital affiliated to Jiao Tong University, Shanghai, China.

### Artificial intervention

After each subject's examination, impressions of maxillary and mandibular dentition were made and poured into plaster models that were mounted to an articulator (Handy, SHOFU, JAPAN). Light-cured composite (Filtek 2250, 3 M ESPE, U.S.A) was used to make premature contact on the tip of the lower right canine and mesial cusp of lower first molar. The contact was then trimmed so that the composite premature contact was 1 mm high and verified using a caliper.

### fMRI scanning

The experiment utilized block design. Testing consisted of nine cycles of 9-sec voluntary maximum clenching following a 21-sec resting period (**Figure 1**). The total task lasted four minute and thirty seconds. Every subject performed three tasks including normal clenching, clenching with premature composite contact on the canine, and clenching with a premature composite contact on the first molar. Between each task, the subject was instructed to wait at least 30 minutes before performing the next one

in order to avoid any influence from the previous task. Three dimensional anatomy images and functional images were achieved with a Signa VH/i 3.0T system (GE, Waukesha, U.S.A.). The functional images composed of echo-planar image volumes sensitive to BOLD contrast in the axial orientation (TE = 45 ms, TR = 3000 ms). The volume included the entire brain with a 64\*64 matrix and continuous slices of 5 mm thickness.

### Statistical analysis

All of the images were manipulated by SPM2 on Matlab 7.0.1 (The MathWorks, Torrance, U.S.A.). Head motion was corrected by realigning with the first phase image and functional images were matched with anatomical images

**Table 2.** Result of localization of activated regions in the brain under normal clenching

Number of Voxels	Max. coordinates			T	p
7	0	-68	-34	4.3	<0.001
62	24	-64	-30	6.55	<0.001
5	-10	-64	-22	4.25	<0.001
5	-16	-66	-20	5.52	<0.001
6	20	-50	-14	4.7	<0.001
7	-22	-82	-8	5.87	<0.001
6	44	8	-4	4.12	<0.001
53	46	28	-6	6.53	<0.001
6	42	16	-6	5.35	<0.001
758	-54	-8	44	8.81	<0.001
543	48	-6	18	7.08	<0.001
9	48	8	2	4.63	<0.001
5	40	14	6	4.52	<0.001
63	-54	26	20	5.6	<0.001
20	-16	-66	8	4.39	<0.001
7	-36	26	8	5.33	<0.001
7	42	26	12	5.99	<0.001
9	42	40	10	4.86	<0.001
5	24	-62	8	4.61	<0.001
7	-46	24	12	5.2	<0.001
5	-6	-70	12	5.64	<0.001
6	-32	-6	14	4.73	<0.001
13	-52	-30	24	4.87	<0.001
7	34	-4	18	5.48	<0.001
8	42	34	20	4.77	<0.001
11	50	-34	22	4.83	<0.001
5	42	-20	22	4.52	<0.001
7	52	20	22	5.39	<0.001
5	-46	36	20	4.45	<0.001
6	-54	-44	26	4.77	<0.001
6	-60	-18	24	3.44	<0.001
154	58	-22	32	7.07	<0.001
9	38	30	30	5.38	<0.001
10	48	-20	32	5.38	<0.001
6	40	-16	32	5.11	<0.001
6	58	-40	36	4.85	<0.001
99	44	-40	62	6.05	<0.001
8	10	-80	36	4.71	<0.001
7	40	-52	38	5.97	<0.001
46	-62	-32	42	6.39	<0.001
7	48	-28	38	4.09	<0.001
37	42	-10	46	5.68	<0.001
7	-60	-40	38	5.15	<0.001
5	-38	4	42	4.48	<0.001
5	10	10	36	4.85	<0.001

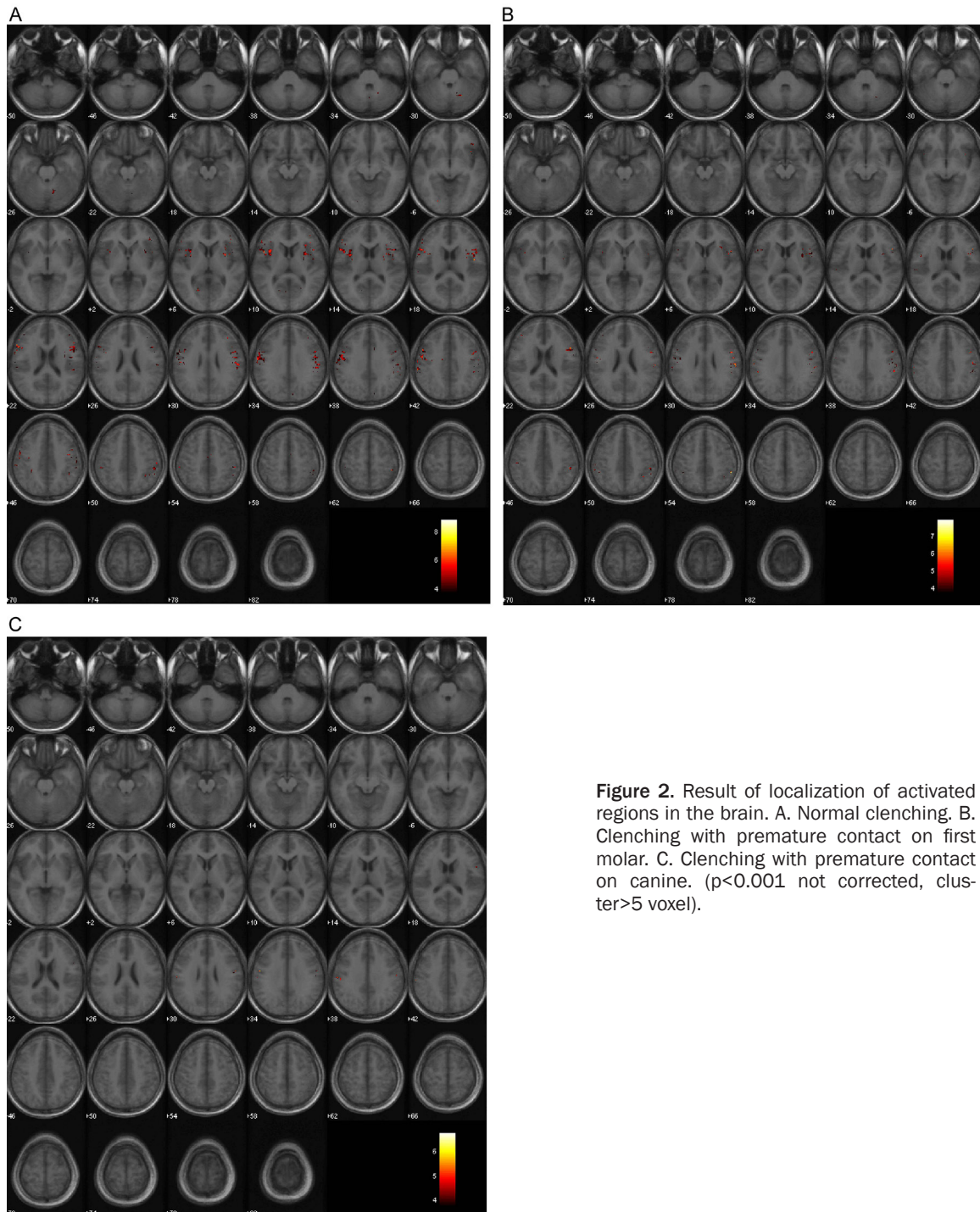
5	-44	12	36	3.5	<0.001
11	-34	-16	42	5.45	<0.001
6	56	-14	44	5.23	<0.001
6	-14	-14	44	5.5	<0.001
14	42	-48	48	4.92	<0.001
6	-28	-44	48	4.85	<0.001
9	36	-18	54	4.91	<0.001
7	36	-50	50	4.99	<0.001
13	-56	-34	54	5.3	<0.001
7	-40	-50	52	4.85	<0.001
5	0	-14	54	4.63	<0.001
6	6	-10	54	4.91	<0.001
5	-46	-34	62	4.38	<0.001

p<0.001 not corrected, cluster>5 voxel.

by Coregister. Both images were normalized to the MNI template and spatially smoothed by a 7 mm Gaussian kernel. Data were statistically analyzed through a general linear model approach and compared by t-test with a random effects model. A value of  $p<0.001$  was considered a statistically significant threshold to define the activated region. For each region of the brain, ANOVA and Tukey's HSD were utilized to compare the BOLD signal changes associated with clenching under two differently premature occlusal conditions. Statistical significance was established at  $p<0.01$ , cluster>5 voxels.

## Results

All of the activated regions in the brain during clenching in normal or with premature contact were listed in the form (**Table 1**). Statistical analysis showed that clenching under normal occlusal situations in intercuspal position increased the BOLD signals extensively in sensory cortex, motor cortex, premotor cortex, prefrontal cortex, Broca's area, supramarginal gyrus, cingulate gyrus, cerebellum and insula (**Table 2; Figure 2A**). When comparing normal clenching to clenching with premature contact, the clenching on composite premature contact activated significantly less regions of the brain (**Tables 3, 4; Figure 2B, 2C**). When comparing the activated area during clenching on first molar premature contact and clenching on canine premature contact, the former activated prefrontal cortex, supramarginal gyrus, cerebellum and insula whereas the latter did not. In the sensory and motor cortex, the former's



**Figure 2.** Result of localization of activated regions in the brain. A. Normal clenching. B. Clenching with premature contact on first molar. C. Clenching with premature contact on canine. ( $p < 0.001$  not corrected, cluster  $> 5$  voxel).

BOLD signals also increased significantly higher than the latter (Table 5; Figure 3).

### Discussion

In normal occlusion individuals, clenching generally increased BOLD signals in several regions of the brain including sensory cortex, motor

cortex, premotor cortex, prefrontal cortex, Broca's area, supramarginal gyrus, cingulate gyrus, cerebellum and insula. These results are similar to results found in previous similar studies [4, 7, 9-11]. The sensory and motor cortices are basic regions involved in all movement and the premotor cortex functions mainly in motion control and integration. During mandibu-

**Table 3.** Result of localization of activated regions in the brain under clenching with premature contact on first molar

Number of Voxels	Max. coordinates			T	p
9	20	-68	-32	5.87	<0.001
6	-42	10	-4	4.6	<0.001
53	38	10	-4	5.47	<0.001
13	-36	6	-2	5.35	<0.001
6	38	-4	-2	4.62	<0.001
205	52	10	6	7.92	<0.001
26	36	14	10	5.24	<0.001
6	-44	-8	8	5.75	<0.001
20	-60	10	14	4.88	<0.001
18	-52	12	8	5.33	<0.001
25	-32	14	12	4.85	<0.001
5	42	4	8	4.67	<0.001
8	-56	-26	16	4.6	<0.001
81	-56	-8	14	5.22	<0.001
6	-48	2	16	4.88	<0.001
5	60	-8	24	4.29	<0.001
22	-54	4	32	5.28	<0.001
8	-42	34	24	5.08	<0.001
7	-64	-34	26	5	<0.001
7	50	-28	28	6.17	<0.001
122	56	-20	32	6.69	<0.001
10	-54	-18	26	4.55	<0.001
5	-64	-18	30	4.71	<0.001
21	56	-10	28	5.92	<0.001
80	52	-44	54	7.29	<0.001
5	-62	-28	30	4.34	<0.001
12	-60	-20	34	7.84	<0.001
5	-56	0	32	4.91	<0.001
8	-52	-36	34	5.35	<0.001
9	-64	-22	38	5	<0.001
10	-62	-38	44	5.44	<0.001
5	40	-38	48	0.72	<0.001
7	-50	-26	48	5.04	<0.001
12	-58	-38	50	5.41	<0.001
9	38	-52	52	5.87	<0.001
6	-48	-46	52	4.6	<0.001
5	-58	-32	50	4.44	<0.001
6	-42	-46	52	4.77	<0.001

p&lt;0.001 not corrected, cluster&gt;5 voxel.

lar movement, the premotor cortex plays an important role in preparation [12]. Takeda et al [13] showed that the activity in the premotor area might be related to bite force control. Broca's area is considered to be involved in

**Table 4.** Result of localization of activated regions in the brain under clenching with premature contact on canine

Number of Voxels	Max. coordinates			T	p
10	56	6	18	3.61	<0.001
41	-58	-22	40	6.77	<0.001
9	56	-10	30	3.74	<0.001
8	-52	-10	34	4.08	<0.001
10	56	-18	38	3.6	<0.001

p&lt;0.001 not corrected, cluster&gt;5 voxel.

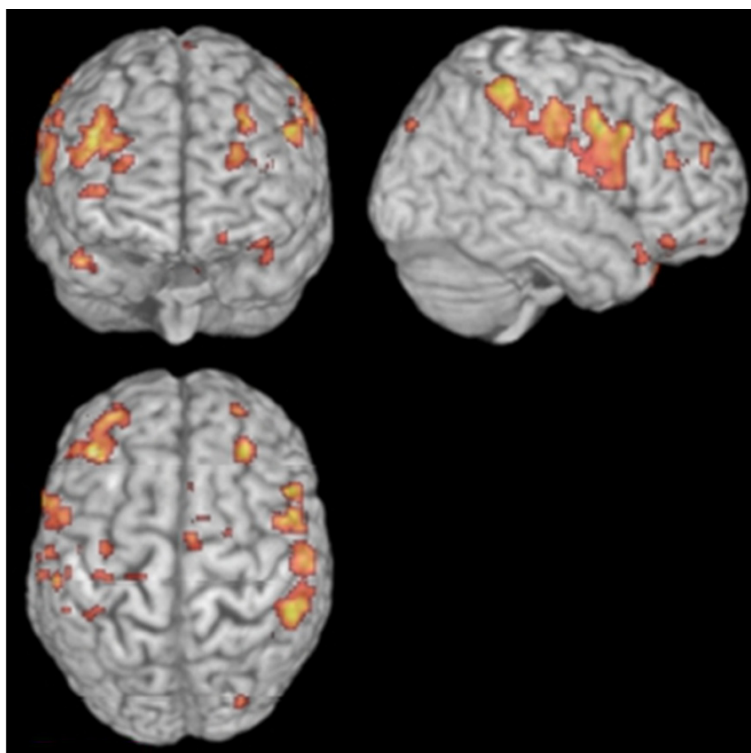
**Table 5.** Result of localization of the regions with significantly higher BOLD signals during clenching on first molar premature contact compare to clenching on canine premature contact

Number of Voxels	Max. coordinates			T	p
237	-66	-24	12	5.24	<0.001
192	-58	-14	8	4.54	<0.001
97	-18	-98	-6	4.88	<0.001
35	50	38	34	4.48	<0.001
79	10	-98	8	4.47	<0.001
29	8	18	56	4.47	<0.001
29	-10	-100	6	4.22	<0.001
22	20	-94	20	4.21	<0.001
27	26	-68	20	4.14	<0.001
19	-10	-20	24	4.08	<0.001
27	30	-64	40	4.07	<0.001
22	-50	-42	8	4.03	<0.001
33	34	44	-2	3.99	<0.001
16	10	40	22	3.95	<0.001
8	52	-48	40	3.83	<0.001
6	68	-26	-20	3.81	<0.001
6	-40	-58	38	3.78	<0.001
6	-40	-68	-18	3.78	<0.001
6	-46	-66	-12	3.76	<0.001
6	22	-96	-6	3.73	<0.001
7	22	24	6	3.69	<0.001

p&lt;0.01 not corrected, cluster&gt;5voxel.

speech production, facial neuron control and language processing. Furthermore, recent research have also shown the Broca's area plays an essential role in mouth movement including clenching [10, 14, 15]. Both cerebellum and insula are activated during normal clenching movement because of their function in motor control and balance.





**Figure 3.** Differences in BOLD signals between clenching with premature contact on first molar and on canine. 3D figure of localization of the regions with significantly higher BOLD signals during clenching on first molar premature contact compare to clenching on canine premature contact. ( $p < 0.01$  not corrected, cluster  $> 5$  voxel).

In this research, we also tried to understand the changes of activated regions when clenching on a premature contact. As a result, we found that the number of activated regions in the brain decreased significantly when compared to those in normal clenching. As we know, the adult human brain is a complex network optimized for both segregated and distributed information processing. To perform cognitive tasks, different areas of the brain must “cooperate”, thereby forming complex networks of interactions also known as brain functional networks [16]. Activation and inhibition compose the elements of this cooperation. Therefore, if the premature contact was suddenly introduced to the tooth, the previous balance between the activation and inhibition would not proceed. The information of the immediate increase of tooth loading was conducted to the brain through proprioceptors in the periodontal membrane. The receptors related to mandibular position in the temporomandibular joint and craniofacial muscles were also responsible for transmitting the information of the positional

changes to the brain. All of the negative information ultimately led to the less activated regions in the brain. No relevant research explaining the mechanism of this change has been found. However the paper published by Rugh et al [17] likely described the similar phenomena occurring to patients with bruxism. The researchers delivered the bite-high crown onto subjects' teeth to create the premature contact. After 1 to 4 days, all of the subjects performed less intensity of bruxism. As time progressed, the symptoms of bruxism relapsed to the same severity as before. The authors considered that the premature contact of teeth during bruxism movement prompted the peripheral receptors to send the abnormal information to brain. The balance of central nervous system network was broken and some regions were changed into reduced activation in response to abnormal

occlusal situation. These sudden changes resulted in relieving the symptoms of bruxism in order to avoid the further damage to teeth and orofacial muscles. As observed in the research by Rugh et al, our experiment forced the healthy volunteers into an abrupt change in occlusal contact. Therefore the results, which were achieved by means of fMRI, confirmed the explanation given by Rugh et al to a certain extent.

Additionally, the discrepancies in activated regions between two kinds of premature contact situations (premature contact on canine versus premature contact on first molar) were achieved in this research. Activation or lack of activation in the prefrontal cortex, supramarginal gyrus and cerebellum are the major differences observed. The function of prefrontal cortex is still debated. Most research [18-26] have shown that prefrontal cortex is involved in various higher cognitive functions such as movement, planning and execution, monitoring, sensory processing, learning and memory, emo-

tions and affections, reward and attention. Some recent reports have described the relation between mastication and prefrontal cortex. A pilot research conducted by Narita et al [27] examined chewing-related prefrontal cortex activation while wearing partial denture prostheses and concluded that the denture stimulates both masticatory muscle and prefrontal cortex activation. Takada and Miyamoto [28] also reported the prefrontal cortex was activated significantly stronger during gum chewing than sham chewing. Both of these results demonstrated that the bite force was associated with the activity of prefrontal cortex. Higher bite force may activate prefrontal cortex more significantly. Due to the discrepancies in structure and axial alignment of the teeth, anterior teeth handle less bite force than posterior teeth. Thus, when the premature contact was applied to the anterior teeth, a more protective reflex is achieved through proprioceptive receptor in the periodontium. This prominent bite force difference might be responsible for the divergence in activation of the prefrontal cortex. Unfortunately, the bite force test under premature condition was not involved in this experiment and will be explored in further research. Supramarginal gyrus and insula were recognized as somatosensory area and associate with speech jaw movement [29] and oral stereognosis [30]. In addition, these areas played a role in emotional processing [31, 32]. Currently, no relevant report shows the relation between premature contact location and activated alteration of these two areas. We consider the BOLD signal distinction was mostly influenced by the unpleasant emotion induced by the premature contact.

Some studies [33, 34] showed that the location of premature contact affected jaw function and movement. Both studies concluded that the more posteriorly the premature contact was, the more seriously the jaw was affected. Additionally, Greven et al [7] conducted an experiment to describe the amount of jaw displacement correlated with brain activity. They discovered that feeling of discomfort in all subjects tended to increase as the mandibular position moved backwards and that it significantly improved the BOLD signals in prefrontal area, which the author concluded that it may be interpreted as a scale of unpleasantness. The findings partly coincided with the result

achieved in this research, but we considered the supramarginal gyrus and insula also to be involved in this unpleasantly emotional processing. For activation of cerebellum, Onozuka et al [6] conducted research to demonstrate that it was positively correlated with the masticatory force. Thus the discrepancy of activated cerebellum in this research was mainly due to this similar reason which explains the discrepancy in prefrontal area that we observed.

### Conclusions

This study was designed to discover if the activation changes in different brain locations correlated with the presence of experimental premature contact on the teeth. We have found that there is a reduction of activated areas in the brain in subjects with experimental premature contacts when compared to the normal voluntary clenching group. With the removal of premature contact from first molar to canine, significantly less activation was found in prefrontal cortex, supramarginal gyrus, cerebellum and insula. However, due to the small sample size and unclear mechanism underlying the clenching-induced regional activation within the brain at this time, further research is still required to discover the possibility of objectively accessing the severity of malocclusion by focusing on brain activity.

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### Disclosure of conflict of interest

None.

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