Original Article Risk of gastrointestinal events during neratinib therapy in patients with cancer: a systematic review and meta-analysis of clinical trials

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Abstract: Neratinib, an orally administered irreversible pan-ErbB receptor tyrosine kinase inhibitor, has been associated with overall incidence and risk of gastrointestinal (GI) events. This meta-analysis was performed to evaluate overall incidence and risk ratios (RR) of GI events associated with neratinib. PubMed and EMBASE were searched, along with conference abstracts published by the American Society of Clinical Oncology (ASCO). Eligible studies included prospective phase I or phase II clinical trials and expanded-access programs (outside a clinical trial) of patients with cancers assigned with neratinib. Outcomes included overall incidence and RR of GI events treated with neratinib. Statistical analyses were performed using Review Manager Version 5.3 and R 2.13.2 Meta package. A total of 12 studies, including 1,167 patients, were included in the meta-analysis. Meta-analysis of RR showed that neratinib was associated with a significantly increased risk of diarrhea (all-grade: RR 1.18, 95% CI 1.04-1.33 and high-grade: RR 1.47, 95% CI 1.07-2.00), vomiting (all-grade: RR 1.47, 95% CI 1.07-2.00 and high-grade: RR 1.45, 95% CI 1.07-1.98), and anorexia (all-grade: RR 4.47, 95% CI 2.24-8.90 and high-grade: RR 16.93, 95% CI 3.31-86.53), but risk of nausea (all-grade: RR 1.52, 95% CI 0.74-3.14 and high-grade: RR 2.53, 95% CI 0.83-7.70) was not increased. In conclusion, the most frequent GI events associated with neratinib were diarrhea, nausea, vomiting, and anorexia. This study revealed a significantly increased risk of diarrhea, vomiting, and anorexia with neratinib, compared with controls, suggesting that appropriate prevention and management should be performed.

Keywords: Neratinib, cancer, gastrointestinal events, risk, meta-analysis

Introduction

Neratinib (HKI-272), an irreversible tyrosine kinase inhibitor (TKI) which interrupts the pan-ErbB receptor, is an orally active drug for breast cancer and other solid tumors [1, 2]. Although neratinib is well tolerated in many patients, it is not devoid of side-effects. Several clinical trials have reported that common gastrointestinal (GI) events, including diarrhea, anorexia, nausea, and vomiting, are frequently associated with the use of TKIs in daily clinical practice [3]. It is of great importance to recognize and manage GI toxicities of patients treated with neratinib. It can affect therapeutic effects and quality of life of patients, leading to infection, discomfort, and mental burden for patients [4-6]. GI reactions may be alleviated with dose reduction and interruption, but these would also reduce the efficiency of neratinib. Additionally, it has been shown that severity of GI toxicities is correlated with efficiency of the drug.

Therefore, there is a need to master the characteristic features, incidence, and relative risk (RR) of GI events to aid prevention and intervention [7]. In this study, a meta-analysis was performed to assess the incidence and RR of GI events associated with neratinib-treated patients with cancer, providing treatment recommendations for these symptoms.

Materials and methods

Data sources and search strategy

PubMed, EMBASE, and Cochrane Library databases were searched from January 1964 to January 2017, using the key words "neratinib" and "cancer", as well as "clinical trials". In addition, abstracts that contained "neratinib", presented at major meetings from the American Society of Clinical Oncology (ASCO), the European Society for Medical Oncology, and the World Lung Cancer Conference, from 2004 to 2016, were searched. Full publications (not abstracts) from the Web of Science database were also examined to ensure that there were no additional studies.

Study selection

Inclusion criteria: (1) Prospective phase I or phase II clinical trials associated of neratinibtreated patients with cancer; (2) Assignment of participants to treatment with neratinib as a single agent, with no surgery, radiotherapy, or other treatments; and (3) Data available for incidence of GI events from patients. Exclusion criteria: (1) Investigations unrelated to the study drug; and (2) Original studies that me criterion (1) but with zero GI events.

Data extraction

Extracted information included first author, number of patients enrolled in the study, treatment information, and characteristics of the participants. GI events were regarded as clinical endpoints in this analysis, according to the outcomes of clinical trials with neratinib. To analyze the risk of GI events associated with neratinib, many adverse events (all-grade and high-grade included grade 3 or above) were collected.

Quality assessment

To determine the validity of selected studies, a modified Jadad scale was used to assess quality. High quality studies had scores of 4-8, whereas low quality studies had scores of 0-3. For non-randomized studies, the Newcastle-Ottawa Quality Assessment Scale was used. Each study was graded as either low quality (0-5) or high quality (6-9).

Statistical analysis

Meta-analyses were carried out using Review Manager Version 5.3 and R 2.13.2 Meta package. Pooled RR (Risk Ratio) estimates and 95% confidence intervals (CIs), stratified by studysetting and gender, were conducted using a random- or fixed-effects model, with between study heterogeneity assessed using the l^2 statistic. If l^2 was \geq 50%, a random-effects model was used. Otherwise, a fixed-effects model was used. Median (min-max) values, mean \pm standard deviation, and qualitative data regarding the number and percentage are given as descriptive statistics. Statistical significance was defined as a *P*-values < 0.05. All 95% Cls were two-sided. Finally, publication bias was quantitatively tested through application of Begg's test and Egger's test.

Results

Search results

The literature search yielded a total of 115 assessable publications. Of these, 12 relevant clinical trials [9-20] with neratinib, including a total of 4,197 patients, were included. Figure 1 illustrates how the 12 studies were obtained from the literature search. The 12 selected studies were published between 2012 and 2015, including 4 phase I studies, 5 phase II studies, and 3 phase I/II studies. In all studies, the starting dose and schedule of neratinib was based on US FDA guidelines (daily oral 160 or 240 mg neratinib). Main characteristics of the studies are listed in Table 1. Jadad scores of the 12 studies included in the meta-analysis are listed for each trial in Table 1. The mean score was 4.25 (range, 3-6), indicating that overall study quality was fair.

Incidence of diarrhea

Analysis of overall incidence of all-grade diarrhea with neratinib was performed for 11 trials [9-17, 19, 20], including 993 patients. Incidence of all-grade diarrhea ranged from 29% to 95% for neratinib-treated patients with cancer. Interstudy heterogeneity testing showed significant results (P < 0.0001; $I^2 = 91.3\%$). Randomeffects model meta-analysis indicated that overall incidence of all-grade diarrhea was 78.00% (95% CI 0.66-0.87) in patients assigned to neratinib (Figure 2A, Table 2). High-grade diarrhea associated with neratinib occurred in 421 of 924 total events in 11 trials [9-19], with incidence of high-grade events ranging from 10% to 78%. Overall incidence of high-grade diarrhea was 32.00% (95% CI 0.22-0.45), accor-

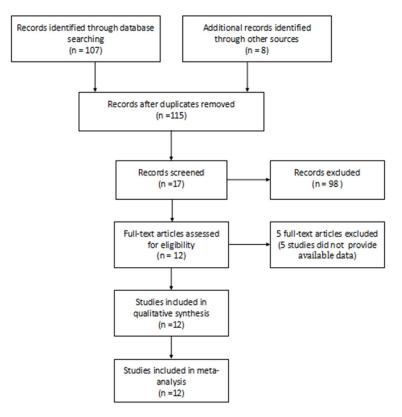


Figure 1. Flow diagram of the study selection process.

ding to the random-effects model meta-analysis (P < 0.0001; $I^2 = 90.9\%$) (Figure 3A).

Meta-analysis of RRs for diarrhea associated with neratinib was performed for the two RCTs [11, 14]. The heterogeneity of studies for analysis of all-grade events was not significant (P =0.15; $I^2 = 51\%$). Blinded and open-label trials were examined, separately, to explore possible sources of heterogeneity in this study. Randomeffects model analysis found that overall RR of all-grade diarrhea was 1.18 (95% CI 1.04-1.33) in patients with neratinib vs. controls [11, 14] (Figure 4A, Table 3). Regarding analysis of high-grade events, there was no significant interstudy heterogeneity (P = 0.99; $I^2 = 0\%$). For high-grade diarrhea, fixed-effects model metaanalysis gave an overall RR of 1.47(95% CI 1.07-2.00) for neratinib, compared with controls (Figure 5A).

Incidence of nausea

All 9 trials [10, 11, 13-17, 19, 20] reported allgrade nausea, occurring in 468 of 793 total events. Incidence of all-grade nausea ranged from 27% to 88% in patients assigned neratinib. Overall incidence of allgrade nausea was 60.00% (95% CI 0.48-0.70) in patients treated with neratinib, using a random-effects model (P < $0.0001; l^2 = 88.9\%$ (Figure **2B**). Random-effects model meta-analysis indicated that overall incidence of high-grade nausea was 8.00% (95% Cl 0.03-0.21), which included 6 trials [10, 11, 14, 16, 18, 19] and 588 total events. Interstudy heterogeneity testing indicated that P < 0.0001; $I^2 =$ 92.6% (Figure 3B).

Two trials [11, 14] were analyzed for RRs of all-grade nausea. Results showed a statistical increase in the risk of all-grade nausea [1.52 (95% CI 0.74-3.14)] using randomeffects model meta-analysis (P = 0.007; $I^2 = 86.0\%$) for neratinib vs. controls (**Figure 4B**). For calculation of high-grade nausea, random-effects

model (P = 0.12; $l^2 = 59\%$) comparison also revealed an increased risk of 2.53 (95% Cl 0.83-7.70) (**Figure 5B**).

Incidence of vomiting

A total of 9 trials [10, 11, 13-17, 19, 20] (793 patients) were included for all-grade vomiting. Results of testing for interstudy heterogeneity showed that P < 0.0001; $I^2 = 89.70\%$, thus a random-effects model was used for metaanalysis. Overall incidence of all-grade vomiting was 43.00% (95% Cl 0.31-0.56) in patients assigned neratinib (**Figure 2C**). All 6 trials [10-12, 16, 18, 19] reported high-grade vomiting, which occurred in 43 of 593 total events. As determined by the random-effects model (P = 0.0023; $I^2 = 76.5\%$), overall incidence of high-grade vomiting was 7.00% (95% Cl 0.04-0.14) (**Figure 3C**).

Analysis of RRs of all-grade vomiting was carried out for two RCTs [11, 14] (367 patients). Results showed that use of neratinib significantly increased the risk of all-grade vomiting (1.47, 95% CI 1.07-2.00), according to the fixedeffects model (P = 0.99; $I^2 = 0$) (**Figure 4C**). In

Trial	Trial design	Sample size, N	Region	Median age, years	Treatment	Histology	Quality score
Rachel C (2013) [9]	Phase I	21	USA	51 (35-64)	Neratinib 160 mg	Breast cancer	4
LW-C Chow (2013) [10]	Phase I/II (Neratinib vs. Paclitaxel)	102 (N)/8 (P)	UK	50.5 (20-76)	Neratinib 240 mg	Breast cancer	3
Miguel Martin (2014) [11]	Phase II (Neratinib vs. Capecitabin)	117 (N)/116 (C)	Spain	54 (30-79)	Neratinib 240 mg	Breast cancer	6
Cristina Saura (2014) [12]	Phase I/II (Neratinib vs. Lapatinib)	65 (N)/7 (L)	Spain	51 (33-79)	Neratinib 240 mg	Breast cancer	5
Awada (2012) [13]	Phase II (Neratinib vs. Vinorelbine)	64 (N)/37 (V)	Belgium	51.6 (40.8-62.4)	Neratinib 240 mg	Breast cancer	5
Harold J. Burstein (2012) [14]	Phase II (Neratinib vs. Trastuzumab)	70 (N)/60 (T)	USA	50 (31-83)	Neratinib 240 mg	Breast cancer	6
B. Besse (2008) [15]	Phase II	165	USA	60	Neratinib 240 mg	NSCLC	4
Lecia V. Sequist (2010) [16]	Phase II	167	USA	60 (22-86)	Neratinib 240 mg	NSCLC	4
Yoshinori Ito (2012) [17]	Phase I	21	Japan	61 (39-78)	Neratinib 240 mg	Solid Tumors (Breast, Colorectal, Gastric)	3
Leena Gandhi (2014) [18]	Phase I	60	USA	50.8	Neratinib 240 mg	Solid Tumors (Breast, NSCLC, Gastric)	4
Kwok-K. Wong (2009) [19]	Phase I	72	USA	57 (34-90)	Neratinib 240 mg	Solid Tumors (Breast, NSCLC, Gastric)	3
C Saura (2010) [20]	Phase I/II	15	UK	46 (37-69)	Neratinib 240 mg	Solid Tumors (Breast, NSCLC, Gastric)	4

 Table 1. Summary of the characteristics of studies included in the meta-analysis

Note N: Neratinib; P: Paclitaxel; C: Capecitabin; L: Lapatinib; V: Vinorelbine; T: Trastuzumab; NSCLC: Non-small-cell carcinoma.

Table 2. Meta-analysis of incid	ence of gastrointestinal events i	n cancer patients receiving neratinib

Due due un	Diarrhea		Na	usea	Vom	iting	Anorexia		
Program	All-grades	High-grade	All-grades	High-grade	All-grades	High-grade	All-grades	High-grade	
Trials (n)	11	11	9	6	9	6	6	5	
Patients (N)	993	924	793	588	793	593	612	447	
Events	787	421	468	59	326	43	185	33	
<i>I</i> ²	91.3%	90.9%	88.9%	92.6%	89.70%	76.5%	70.4%	85.6%	
95% CI	0.78 (0.66-0.87)	0.40 (0.29-0.52)	0.6 (0.48-0.70)	0.08 (0.03-0.21)	0.43 (0.31-0.56)	0.07 (0.04-0.14)	0.31 (0.25-0.39)	0.07 (0.02-0.18)	
P value	P < 0.0001	P < 0.0001	P < 0.0001	P < 0.0001	P < 0.0001	<i>P</i> = 0.0007	<i>P</i> = 0.0047	<i>P</i> < 0.0001	

Table 3. Meta-analysis of the risk of gastrointestinal events in patients between neratinil	inib and controls
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Dragram	Diarrhea			Nausea				Vomiting				Anorexia				
Program -	All-gra	ades	High-g	grade	All-gr	ades	High	-grade	All-gr	ades	High-	grade	All-gra	ades	High-	grade
Trials (n)	2	2	2	2		2		2	2	2	:	2	2		:	2
Events/Patients (N)	а	b	а	b	а	b	а	b	а	b	а	b	а	b	а	b
	164/182	139/185	64/182	45/185	86/182	61/185	35/182	12/185	64/182	45/185	67/247	45/192	39/182	9/185	24/182	1/185
l ²	51.0	00%	0.0	0%	86.	00%	59.	00%	0.0	0%	0.0	00%	0.00) %	0.0	00%
95% CI	1.18 (1.0	04-1.33)	1.47 (1.0	07-2.00)	1.52 (0.	74-3.14)	2.53 (0	.83-7.70)	1.47 (1.0	07-2.00)	1.45 (1.	.07-1.98)	4.47 (2.2	4-8.90)	16.93 (3.	31-86.53)
P value	<i>P</i> = 0	.008	P = (0.02	P =	0.25	P =	0.10	P = (0.02	P =	0.02	P < 0.0	2001	<i>P</i> = 0	.0007

Note a: neratinib; b: controls.

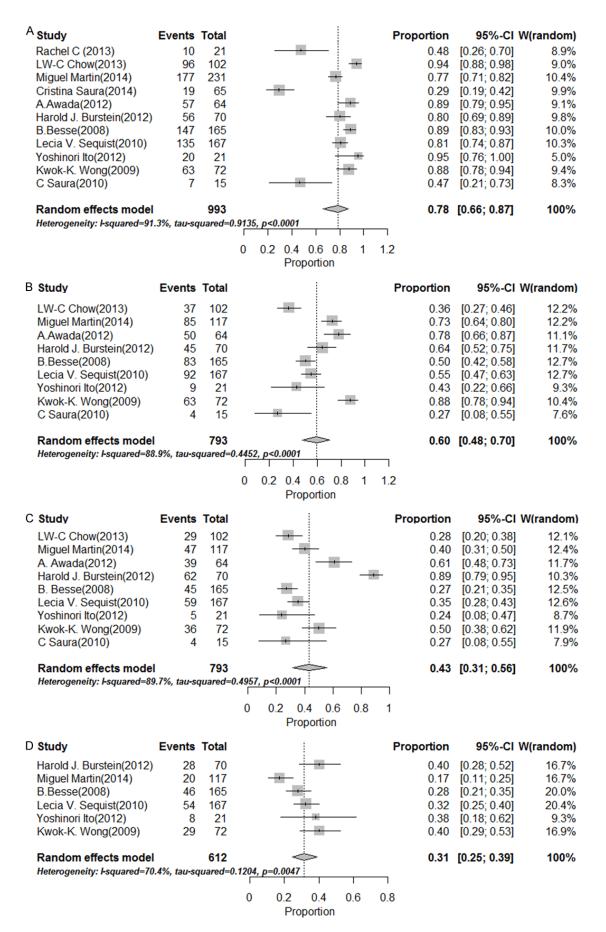


Figure 2. Forest plot of the incidence of all-grade gastrointestinal events (A) diarrhea, (B) nausea, (C) vomiting, and (D) anorexia in cancer patients receiving neratinib.

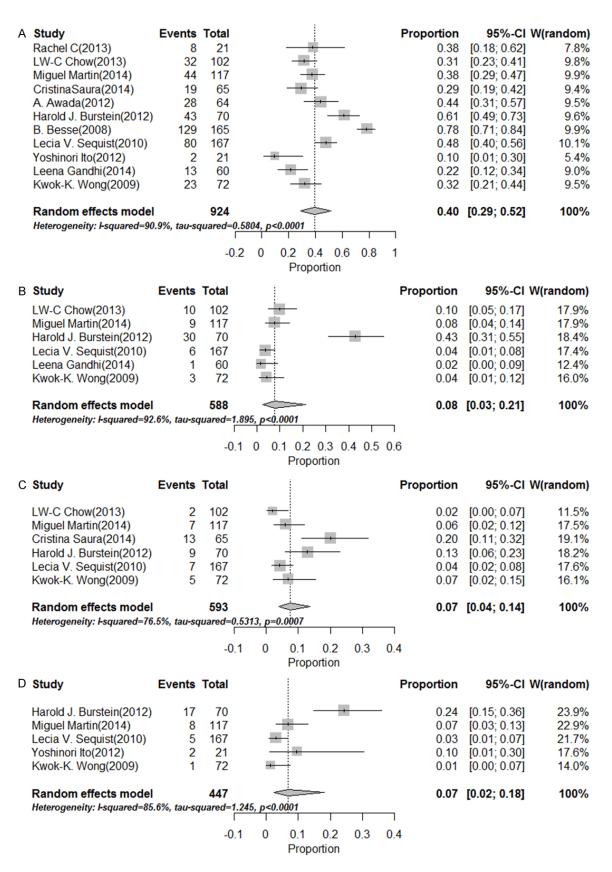


Figure 3. Forest plot of the incidence of high-grade gastrointestinal events (A) diarrhea, (B) nausea, (C) vomiting, (D) and anorexia in cancer patients receiving neratinib.

А	Experim	ental	Cont	ol		Risk Ratio	Risk Ratio	
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% C	M-H, Random, 95% CI	
Harold J. Burstein(2012)	65	66	61	70	60.1%	1.13 [1.03, 1.24]		
Miguel Martin(2014)	99	116	78	115	39.9%	1.26 [1.09, 1.46]		
Total (95% CI)		182		185	100.0%	1.18 [1.04, 1.33]	\bullet	
Total events	164		139					
Heterogeneity: Tau ² = 0.00;	Chi ² = 2.0	3, df = 1	(P = 0.1	5); l² = !	51%		0.5 0.7 1 1.5	2
Test for overall effect: Z = 2	.66 (P = 0.	008)					Favours [experimental] Favours [control]	2
							Tavours [experimental] Tavours [control]	
В	Experim	ental	Contr	ol		Risk Ratio	Risk Ratio	
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% Cl	M-H, Random, 95% Cl	
Harold J. Burstein(2012)	42	66	20	70	48.7%	2.23 [1.47, 3.37]		
Miguel Martin(2014)	44	116	41	115	51.3%	1.06 [0.76, 1.49]	· · · · · ·	
Total (95% CI)		182		185	100.0%	1.52 [0.74, 3.14]		
Total events	86		61					
Heterogeneity: Tau ² = 0.24;	Chi ² = 7.3	6, df = 1	(P = 0.0	07); I² =	86%		0.05 0.2 1 5	20
Test for overall effect: Z = 1	.14 (P = 0.3	25)					Favours [experimental] Favours [control]	20
С	Experim		Con			Risk Ratio	Risk Ratio	
Study or Subgroup	Events					t M-H, Fixed, 95% CI	M-H, Fixed, 95% Cl	
Harold J. Burstein(2012)	36	66						
Miguel Martin(2014)	28	116	19	115	43.1%	1.46 [0.87, 2.46]		
T-t-LOEN CD		400		405	400.00	4 17 14 07 0 001		
Total (95% CI)		182			100.0%	1.47 [1.07, 2.00]		
Total events	64	0.001	45					
Heterogeneity: Chi ² = 0.00 Test for overall effect: Z = 2			1-= 0%				0.2 0.5 1 2	5
Test for overall effect. $\Sigma = 2$	2.41 (P = 0.	02)					Favours [experimental] Favours [control]	
D	Experin	ental	Con	trol		Risk Ratio	Risk Ratio	
Study or Subgroup	Events				Weigh	t M-H, Fixed, 95% Cl	M-H, Fixed, 95% CI	
Harold J. Burstein(2012)	23	66						
Miguel Martin(2014)	16	116						
Total (95% CI)		182		185	100.0%	4.47 [2.24, 8.90]	•	
Total events	39		ç)				
Heterogeneity: Chi ² = 0.08			I ² = 0%				0.01 0.1 1 10	100
Test for overall effect: Z = 4	4.25 (P < 0	.0001)					Favours [experimental] Favours [control]	.00
							. arears feathering and a ground formed	

Figure 4. Forest plot of the RR of all-grade gastrointestinal events (A) diarrhea, (B) nausea, (C) vomiting, and (D) anorexia in cancer patients receiving neratinib.

addition, there were three RCTs [11, 12, 14] included in the meta-analysis with RRs of highgrade vomiting associated with neratinib. According to fixed-effects model meta-analysis (P = 0.93; $l^2 = 0$), RR of high-grade vomiting was 1.45 (95% Cl 1.07-1.98) (**Figure 5C**).

Incidence of anorexia

A total of 6 trials [11, 14-17, 19] (612 patients) examined all-grade anorexia associated with neratinib treatment. Incidence ranged from 17% to 40%. Results of testing for interstudy heterogeneity showed that P < 0.0001; $I^2 =$ 89.1%, thus a random-effects model was used for meta-analysis. Overall incidence of all-grade anorexia was 31.00% (95% CI 0.25-0.39) in patients treated with neratinib (**Figure 2D**). All 5 trails [11, 14, 16, 17, 19], which occurred in 33 of 447 total events, were included in the metaanalysis for high-grade anorexia. Incidence of high-grade events ranged from 1% to 24%. Overall incidence of high-grade anorexia was 7.00% (95% CI 0.02-0.18), according to ran-

Risk of gastrointestinal events during neratinib therapy in patients

A	Experim		Cont		Mainhé	Risk Ratio	Risk Ratio	
Study or Subgroup	Events					M-H, Fixed, 95% Cl	M-H, Fixed, 95% Cl	_
Harold J. Burstein(2012)	36	66		70				
Miguel Martin(2014)	28	116	19	115	43.1%	1.46 [0.87, 2.46]		
Total (95% CI)		182		185	100.0%	1.47 [1.07, 2.00]	•	
Total events	64		45					<u>.</u>
Heterogeneity: Chi ² = 0.00), df = 1 (P =	= 0.99);	I² = 0%				0.2 0.5 1 2 5	4
Test for overall effect: Z =	2.41 (P = 0.	.02)					Favours [experimental] Favours [control]	,
В	Experime	ental	Contro	l		Risk Ratio	Risk Ratio	
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% Cl	M-H, Random, 95% CI	_
Harold J. Burstein(2012)	30	66	8	70	61.2%	3.98 [1.97, 8.04]		
Miguel Martin(2014)	5	116	4	115	38.8%	1.24 [0.34, 4.50]		
Total (95% CI)		182		185	100.0%	2.53 [0.83, 7.70]		
Total events	35		12					
Heterogeneity: Tau ² = 0.40		2 df = 1		$ ^{2} = 5$	9%			ł
Test for overall effect: Z = 1	•			//. •			0.01 0.1 i 10 100	1
		-,					Favours [experimental] Favours [control]	
С	Experim	ental	Contr	ol		Risk Ratio	Risk Ratio	
Study or Subgroup	Experim Events				Weight	Risk Ratio M-H, Fixed, 95% Cl		_
Study or Subgroup Cristina Saura(2014)	Events 3	Total 65	Events 0	Total 7	2.0%	M-H, Fixed, 95% Cl 0.85 (0.05, 14.98)	Risk Ratio	_
<u>Study or Subgroup</u> Cristina Saura(2014) Harold J. Burstein(2012)	Events 3 36	<u>Total</u> 65 66	Events 0 26	Total 7 70	2.0% 55.8%	M-H, Fixed, 95% Cl 0.85 [0.05, 14.98] 1.47 [1.01, 2.14]	Risk Ratio	_
Study or Subgroup Cristina Saura(2014)	Events 3	Total 65	Events 0	Total 7	2.0%	M-H, Fixed, 95% Cl 0.85 (0.05, 14.98)	Risk Ratio	_
<u>Study or Subgroup</u> Cristina Saura(2014) Harold J. Burstein(2012)	Events 3 36	<u>Total</u> 65 66	Events 0 26	Total 7 70 115	2.0% 55.8%	M-H, Fixed, 95% Cl 0.85 [0.05, 14.98] 1.47 [1.01, 2.14]	Risk Ratio	_
Study or Subgroup Cristina Saura(2014) Harold J. Burstein(2012) Miguel Martin(2014) Total (95% CI) Total events	Events 3 36 28 67	Total 65 66 116 247	Events 0 26 19 45	Total 7 70 115	2.0% 55.8% 42.2%	<u>M-H, Fixed, 95% Cl</u> 0.85 [0.05, 14.98] 1.47 [1.01, 2.14] 1.46 [0.87, 2.46]	Risk Ratio	
Study or Subgroup Cristina Saura(2014) Harold J. Burstein(2012) Miguel Martin(2014) Total (95% CI) Total events Heterogeneity: Chi ² = 0.14	Events 3 36 28 67 4, df = 2 (P =	Total 65 66 116 247 = 0.93);	Events 0 26 19 45	Total 7 70 115	2.0% 55.8% 42.2%	M-H, Fixed, 95% Cl 0.85 [0.05, 14.98] 1.47 [1.01, 2.14] 1.46 [0.87, 2.46] 1.45 [1.07, 1.98]	Risk Ratio	_
Study or Subgroup Cristina Saura(2014) Harold J. Burstein(2012) Miguel Martin(2014) Total (95% CI) Total events	Events 3 36 28 67 4, df = 2 (P =	Total 65 66 116 247 = 0.93);	Events 0 26 19 45	Total 7 70 115	2.0% 55.8% 42.2%	M-H, Fixed, 95% Cl 0.85 [0.05, 14.98] 1.47 [1.01, 2.14] 1.46 [0.87, 2.46] 1.45 [1.07, 1.98]	Risk Ratio M-H, Fixed, 95% Cl	
Study or Subgroup Cristina Saura(2014) Harold J. Burstein(2012) Miguel Martin(2014) Total (95% CI) Total events Heterogeneity: Chi ² = 0.14	Events 3 36 28 67 4, df = 2 (P =	<u>Total</u> 65 66 116 247 = 0.93); 02)	Events 0 26 19 45	Total 7 70 115 192	2.0% 55.8% 42.2%	M-H, Fixed, 95% Cl 0.85 [0.05, 14.98] 1.47 [1.01, 2.14] 1.46 [0.87, 2.46] 1.45 [1.07, 1.98]	Risk Ratio M-H, Fixed, 95% Cl	
Study or Subgroup Cristina Saura(2014) Harold J. Burstein(2012) Miguel Martin(2014) Total (95% CI) Total events Heterogeneity: Chi ² = 0.14 Test for overall effect: Z =	Events 3 36 28 67 4, df = 2 (P = 2.37 (P = 0.	<u>Total</u> 65 66 116 247 = 0.93); 02) ental	Events 0 26 19 45 F = 0% Contro	Total 7 70 115 192	2.0% 55.8% 42.2%	M.H. Fixed, 95% CI 0.85 [0.05, 14.98] 1.47 [1.01, 2.14] 1.46 [0.87, 2.46] 1.45 [1.07, 1.98]	Risk Ratio M-H, Fixed, 95% CI	
Study or Subgroup Cristina Saura(2014) Harold J. Burstein(2012) Miguel Martin(2014) Total (95% CI) Total events Heterogeneity: Chi ² = 0.14 Test for overall effect: Z =	Events 3 36 28 67 4, df = 2 (P = 2.37 (P = 0. Experim	<u>Total</u> 65 66 116 247 = 0.93); 02) ental	Events 0 26 19 45 F = 0% Contro	Total 7 70 115 192	2.0% 55.8% 42.2% 100.0% <u>Weight</u> 65.9%	M-H, Fixed, 95% CI 0.85 [0.05, 14.98] 1.47 [1.01, 2.14] 1.46 [0.87, 2.46] 1.45 [1.07, 1.98] Risk Ratio M-H, Fixed, 95% CI 16.97 [2.31, 124.40]	Risk Ratio M-H, Fixed, 95% CI	-
Study or Subgroup Cristina Saura(2014) Harold J. Burstein(2012) Miguel Martin(2014) Total (95% CI) Total events Heterogeneity: Chi ² = 0.14 Test for overall effect: Z = D Study or Subgroup	Events 3 36 28 67 4, df = 2 (P = 2.37 (P = 0. Experime Events	<u>Total</u> 65 66 116 247 = 0.93); 02) ental <u>Total</u>	Events 0 26 19 45 2° = 0% Contro Events	Total 7 70 115 192 01 Total	2.0% 55.8% 42.2% 100.0% <u>Weight</u> 65.9%	M-H, Fixed, 95% Cl 0.85 [0.05, 14.98] 1.47 [1.01, 2.14] 1.46 [0.87, 2.46] 1.45 [1.07, 1.98] Risk Ratio M-H, Fixed, 95% Cl	Risk Ratio M-H, Fixed, 95% CI	-
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Figure 5. Forest plot of the RR of all-grade gastrointestinal events (A) diarrhea, (B) nausea, (C) vomiting, and (D) anorexia in cancer patients receiving neratinib.

dom-effects model meta-analysis (P = 0.0124; $l^2 = 85.6\%$) (Figure 3D).

A meta-analysis of RRs of all-grade anorexia associated with neratinib, compared with controls, was performed on two trials [11, 14]. Using a fixed-effects model (heterogeneity test, $l^2 = 0$; P = 0.77), results showed that the summary RR of all-grade anorexia for neratinib vs. controls was 4.47 (95% Cl, 2.24-8.90) (Figure **4D**). High-grade anorexia was also investigated in the same trials [11, 14], with no significant interstudy heterogeneity ($l^2 = 0$; P = 1). The fixed-effects model comparison showed a significant risk for high-grade anorexia in patients

with neratinib, compared with controls [RR: 16.93; 95% CI 3.3.1-86.53] (Figure 5D).

Publication bias

No evidence of publication bias was detected for incidence or RR of GI events (all and high grade), according to Begg's test and Egger's test (incidence: Begg's test, P = 0.47 and Egger's test, P = 0.29; RR: Begg's test, P = 0.30and Egger's test, P = 0.51).

Discussion

To the best of our knowledge, this is the first meta-analysis focusing specifically on GI events

(diarrhea, nausea, vomiting, and anorexia) associated with neratinib [21, 22]. Results showed that diarrhea was the most frequently occurring gastrointestinal side-effect, with an overall incidence of 78.00% (95% CI 0.66-0.87) [23]. Results were consistent with previous research, demonstrating that neratinib or neratinib plus chemotherapy versus placebo or chemotherapy was associated with increased incidence of all-grade nausea in patients with cancer. The risk of nausea (all-grade: RR 3.51, 95% CI, 0.23-53.26 and high-grade: RR 7.34, 95%, 0.16-347.00) was not increased [24-26]. The risk of vomiting and anorexia was significantly higher for patients treated with neratinib, compared to the control group [27]. A phase 3 trial was performed to compare neratinib with lapatinib plus capecitabine in patients with treatment-naive advanced breast cancer [28]. It was found that both ORR (24%) and clinical benefit rates (29%) with lapatinib plus capecitabine were lower than rates seen with neratinib plus capecitabine. The most frequent all grade GI events were diarrhea (50%) and decreased appetite (29%) in the lapatinib group [29]. These studies confirm that neratinib plays a major role in all-grade and high-grade GI events in patients with cancer, suggesting that standard and careful management should be practiced for these side effects [30].

Association between GI toxicities and clinical outcomes in patients treated with neratinib still remains controversial. Diarrhea, one of the most common adverse events for patients treated with neratinib, can cause discomfort, fatigue, sleep disturbance, and can affect social function. However, very little is known about its mechanisms [31]. It has been reported that one reason may be local irritation by metabolites in the feces and transient lactose intolerance, a phenomenon occasionally seen with chemotherapy [32]. To explore the underlying mechanisms for neratinib-related GI events, further data from large clinical trials in other tumors are needed [33].

It is very import that receive nonpharmacological and pharmacological management for GI events associated with neratinib, because pain and discomfort of patients can be alleviated by adequate prevention and treatment [34]. First, it is advised that patients should realize the importance of managing GI events at the early treatment phase and avoid neratinib discontinuation. Second, the health care teams should be informed and ready to avoid hyponatremia or hypokalemia when GI events occur [35]. Third, GI protective agents, such as loperamide, omeprazole, and ondansetron, should be well be prepared before patients receive neratinib therapy. These agents should be immediately started at the onset of GI symptoms [36]. Fourth, for high-grade gastrointestinal events, treatment with neratinib should be terminated until GI events reach grade 1, after which neratinib should be dosed according to FDA recommendations [37].

The current meta-analysis had several limitations. First, because only 12 studies met the inclusion criteria, the small number of trials and low quality may have affected conclusions. Publication bias could not be completely excluded, based on Begg's and Egger's tests [38]. Second, researchers mostly adopted personal experience to diagnose gastrointestinal toxicities in the clinical trials. There were different judgements based on the same signs, varying between different researchers [39]. Third, this study was not able to correlate data with dose delays/interruptions or discontinuations secondary to GI adverse events. Fourth, study protocols and the process of research were different among studies included in this metaanalysis, possibly leading to significant heterogeneity in the data. Therefore, large-scale and well-designed studies are necessary to summarize and analyze the data, drawing more convincing conclusions [40].

Conclusion

In conclusion, the current study suggests that neratinib is associated with an increased risk of all-grade and high-grade GI toxicities. Other GI events occurring in patients need to be studied to confirm their relation to neratinib. The most frequently occurring GI event associated with cancer patients assigned with neratinib is diarrhea. Thus, physicians and patients should predict the risk of possible GI events associated with neratinib to the maximum extent, with frequent monitoring and careful management, aiming to improve patient outcomes and quality of life.

Disclosure of conflict of interest

None.

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