

## Original Article

# HIF-1 $\alpha$ shRNAs delivered by ultrasound-targeted cationic microbubble inhibit proliferation, migration, and invasion of ovarian cancer cells

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**Abstract:** Development of effective and safe treatment for ovarian cancer is urgent. In this study, a novel cationic microbubble was fabricated using the sonication method. The resulting microbubbles had a  $27.5 \pm 1.62$  mV surface zeta potential. They may greatly improve shRNA binding performance, achieving (10, 20, 30, 40, 50, and 60  $\mu$ g) of DNA loading capacity per  $5 \times 10^8$  microbubbles. Combined with these cationic microbubbles, HIF-1 $\alpha$ -mediated gene delivery was evaluated. Gene transfection efficiency was optimized in CRL-2945<sup>TM</sup> and HTB-161<sup>TM</sup> cells. Knockdown of HIF-1 $\alpha$  genes was successfully realized by HIF-1 $\alpha$ -mediated shRNA transfection, resulting in HIF-1 $\alpha$ -dependent protective effects on CRL-2945<sup>TM</sup> and HTB-161<sup>TM</sup> cells. Results indicated: (1) Ultrasound-targeted cationic microbubble-mediated shRNA transfection reduced expression levels of HIF-1 $\alpha$  in ovarian cancer cells; (2) Ultrasound-targeted cationic microbubble-mediated shRNA transfection inhibited proliferation, migration, and invasion of ovarian cancer cells; and (3) Effects of HIF-1 $\alpha$  shRNA transfection on tumor weight. In the current study, an ultrasound-targeted cationic microbubble system was established to successfully deliver shRNAs of HIF-1 $\alpha$ , a key gene involved in the development and progression of ovarian cancer. HIF-1 $\alpha$  shRNAs delivered by ultrasound-targeted cationic microbubbles can inhibit proliferation, migration, and invasion of ovarian cancer cells.

**Keywords:** Ovarian cancer, HIF-1 $\alpha$ , ultrasound-targeted cationic microbubble, proliferation, migration, invasion

## Introduction

A type of ovary malignancy with unacceptable high incidence and mortality rates, ovarian cancer seriously affects the health and quality of life of females [1]. In the United States, ovarian cancer is the tenth most common malignancy and a leading cause of cancer-related deaths among females [2]. Worldwide, ovarian cancer causes more than 140,000 deaths and affects more than 20,000 new patients every year [3]. Although treatments have been developed for ovarian cancer, surgical resection is still the only radical treatment for this disease [4, 5]. However, ovarian cancer, at early stages, is difficult to detect. Most patients are diagnosed at advanced stages and are not suitable for surgical operations [6]. Therefore, development of effective and safe treatment for ovarian cancer is urgent.

Gene targeted therapy has shown promising potential for treatment of different human diseases, including different types of cancer [7, 8]. An hypoxia-inducible factor, HIF-1 $\alpha$  has been proven to be involved in nearly all aspects of development and progression of various types of human cancer [8, 9]. Inhibition of HIF- $\alpha$  has been shown to delay progression of certain types of cancer, including ovarian cancer [10, 11], indicating that inhibition of HIF- $\alpha$  expression may serve as a potential target for treatment of ovarian cancer. Short hairpin RNA (shRNA) transfection mediated by adenoviruses is an effective way to achieve RNA silencing. However, application of this technique has been limited by serious adverse effects [12]. There may be off-target effects and these shRNA could silence other unintended genes [13]. Recent studies have shown that shRNA transfection through ultrasound-targeted cationic mi-

crobbles is safe and effective for treatment of hepatocellular carcinoma [14] and acute myocardial infarction [15].

Therefore, this technique may also be used to treat ovarian cancer via targeting HIF-1 $\alpha$ .

## Materials and methods

### *Preparation of ultrasound-targeted cationic microbubbles*

Ultrasound-targeted cationic microbubbles were prepared, tested, and observed, according to the methods described by Sun et al. [14] and Zhang et al. [15]. Briefly, 1,2-distearoyl-sn-glycerol-3-phosphoethanolamine-N-[maleimide (polyethylene glycol)], 3-[N-(N',N'-dimethyl-lamino-ethane)-carbonyl] cholesterol (DC-CHOL), and 1,2-Dipalmitoyl-sn-glycero-3-phosphocholine (DPPC) were mixed, according to the molar proportion of 1:4:10, and dissolved in a laboratory flask. Organic solvent was removed using a rotary atomizer under a high vacuum. The formation of a lipid film was observed. The mixture was dried overnight under a vacuum, followed by addition of phosphate-buffered saline (PBS), hydration on a rotary evaporator, and sonication with octafluoropropane gas (C3F8) gas using a sonicator (20 kHz, 33-42 W). Afterward, PBS was added to the solution containing per  $5 \times 10^8$  microbubbles, adjusting the volume density  $1 \times 10^7$  ml<sup>-1</sup> of the cationic microbubbles. They were observed under a microscope. Size distribution, zeta potential, and concentration values were measured using the Zetasizer NANO ZS system (Malvern Instruments Ltd., Malvern, UK).

### *Binding of plasmids to microbubbles*

HIF-1 $\alpha$  MISSION® shRNA EGFP Plasmid DNA (SHCLND-NM\_001530, Sigma-Aldrich) and a plasmid containing EGFP only were used. Different amounts of plasmid DNA (10, 20, 30, 40, 50, and 60  $\mu$ g) were mixed with  $5 \times 10^8$  microbubbles. This was followed by incubation for 10 minutes. Afterward, the mixture was centrifuged ( $1,000 \times g$ ) for 15 minutes, making two separated layers. The lower clear layer containing unbound DNA was collected and DNA concentrations were measured using spectrophotometry. The upper layer was collected and stained with SYBR Gold. The plasmid-microbubble complex was observed under a fluorescence microscope.

### *Cell lines and cell culturing*

Human ovarian cancer cell lines CRL-2945™ and HTB-161™ were purchased from ATCC (USA). Cell culturing was performed according to manufacturer instructions. Cells were harvested during the logarithmic growth phase for subsequent experiments.

### *Ultrasound-targeted cationic microbubble and Lipofectamine-mediated shRNA transfection*

The cells were transferred to 24-well plates with  $4 \times 10^4$  cells per well and cultured overnight, reaching 70-80% confluence. The combination of 30  $\mu$ g of the plasmid and  $5 \times 10^8$  microbubbles reached the maximum binding efficiency. Therefore, 15  $\mu$ g of the plasmid and  $5 \times 10^8$  microbubbles were mixed and added into each well. After incubation for 15 minutes, the plates were treated with 1.0 W/cm<sup>2</sup> ultrasound power for 15 seconds [15]. Moreover, Lipofectamine 2000 (11668-019, Invitrogen, Carlsbad, USA) was used to transfect 15  $\mu$ g of the vector into the same number of cells.

### *Real-time quantitative PCR*

Total RNA was extracted from cells using TRIzol Reagent (Invitrogen, USA). RNA quality was checked. Only RNA samples with an A260/A280 ratio between 1.8 and 2.0 were used in reverse transcription to synthesize cDNA. The following primers were used in PCR reactions: 5'-AG-CCCTAGATGGCTTTGTGA-3' (forward) and 5'-TATCGAGGCTGTGTCGACTG-3' (reverse) for HIF-1 $\alpha$ ; 5'-GACCTCTATGCCAACACAGT-3' (forward) and 5'-AGTACTTGCGCTCAGGAGGA-3' (reverse) for  $\beta$ -actin. PCR reaction conditions were: 95°C for 37 seconds, followed by 40 cycles of 95°C for 15 seconds and 60°C for 32 seconds. Ct values were analyzed using the 2<sup>- $\Delta\Delta$ CT</sup> method and relative expression levels of HIF-1 $\alpha$  were normalized to endogenous control  $\beta$ -actin.

### *Cell proliferation assay*

The cells were seeded into 96-well plates with  $5 \times 10^3$  cells per well and cultured. Next, 10  $\mu$ L of CCK-8 was added at 24, 48, 72, and 96 hours. After the addition of CCK-8 solution, the cells were incubated for another 3 hours. OD values at 450 nm were measured using a microplate reader. Cell proliferation was normalized to the control group (set to 100).

**Table 1.** Characteristics of microbubbles

Mean diameter ( $\mu\text{m}$ )	Concentration ( $\times 10^9/\text{ml}$ )	Zeta potential (mV)
$3.01 \pm 0.42$	$3.14 \pm 0.31$	$27.5 \pm 1.62$

*Cell migration and invasion assay*

Cell migration ability was measured by Transwell cell migration assays (BD Biosciences, USA). Briefly,  $5 \times 10^3$  cells were transferred to the upper chamber, while RPMI-1640 medium (Thermo Fisher Scientific, USA) containing 20% FCS (Sigma-Aldrich, USA) was added to the lower chamber. Membranes were collected 24 hours later. This was followed by staining with 0.5% crystal violet (Sigma-Aldrich, USA) for 15 minutes. Stained cells were counted under an optical microscope (Olympus, Japan). Before cell invasion assays, the upper chamber was pre-coated with Matrigel (356234, Millipore, USA). Cell migration and invasion were normalized to the control group (set to 100).

*Western blotting*

Total protein was extracted from cells and quantified using the BCA method. Protein samples were then subjected to 10% SDS-PAGE gel electrophoresis, using 30  $\mu\text{g}$  of protein from each sample. Afterward, proteins were transferred to PVDF membranes under 25 V for 30 minutes. The membranes were blocked with 5% skimmed milk, washed with TBST, and incubated with primary antibodies, including rabbit anti-HIF-1 $\alpha$  (1:2000, ab61608, Abcam) and anti- $\beta$ -actin primary antibody (1:1000, ab8226, Abcam), overnight at 4°C. The next day, the membranes were washed with PBS and further incubated with anti-rabbit IgG-HRP secondary antibody (1:1000, MBS435036, MyBioSource) at room temperature for 1 hour. After washing, signals were detected the using ECL (Sigma-Aldrich, USA) method. Relative expression levels of HIF-1 $\alpha$  were normalized to endogenous control  $\beta$ -actin using Image J, measuring optical densities (ODs) of the band.

*Mice transplantation*

Thirty nude mice ( $20 \pm 2$  g) were obtained from Guangdong Medical Laboratory Animal Center (Guangdong, China). They were randomly divided in three groups, with 10 mice in each group. Next,  $10^6$  cells of CRL-2945<sup>TM</sup> cell line

were transfected with ultrasound-targeted cationic microbubble or Lipofectamine overexpression cell line. Also, cells without any transfection were resuspended in 100  $\mu\text{L}$  of the Matrigel/PBS mixture and subcutaneously injected into the back of each mice. The mice were sacrificed 4 weeks after transplantation. Weight and volume levels of the tumors were measured. These animal experiments were approved by the Ethics Committee of Fujian Medical University Union Hospital.

*Statistical analysis*

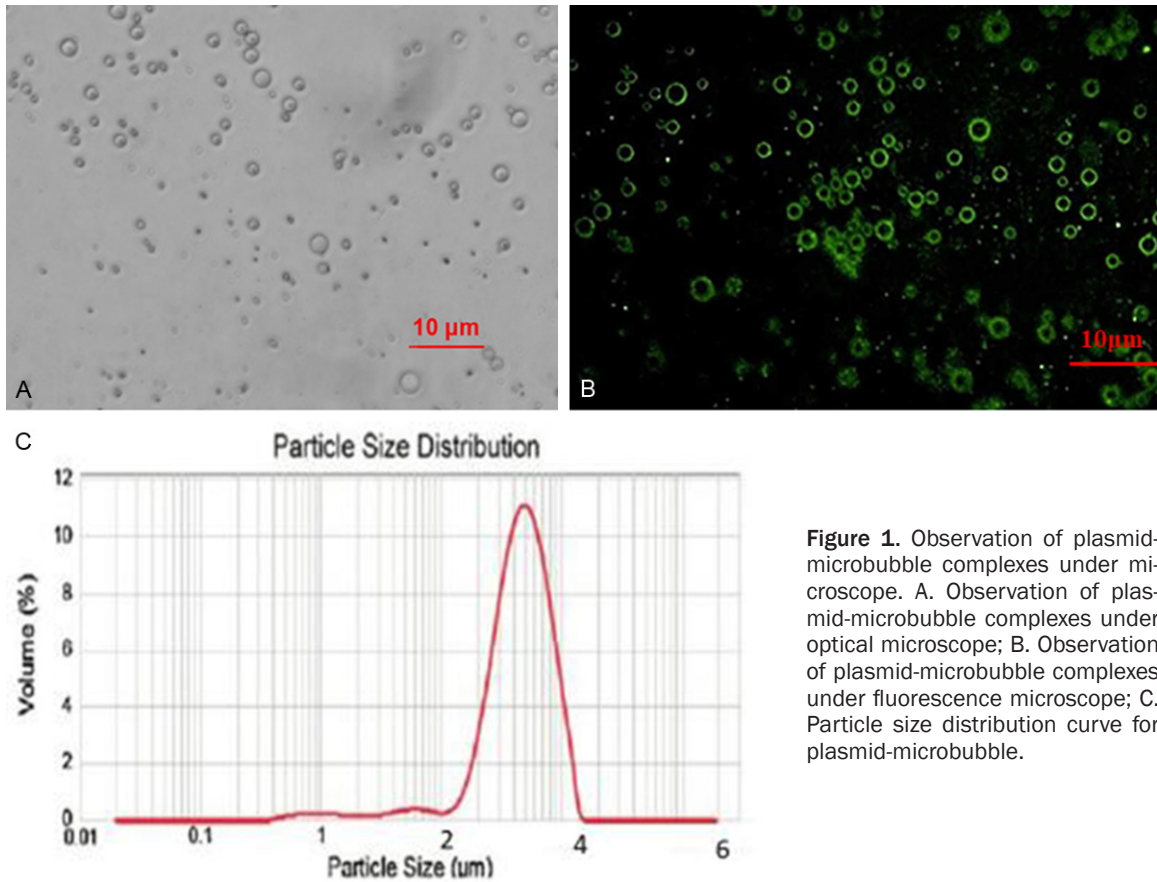
Statistical analysis was performed using GraphPad software. Comparisons of measurements among groups were performed using one-way ANOVA, followed by post-hoc Bonferroni's test.  $P < 0.05$  indicates statistically significant differences.

**Results***Characteristics of microbubbles alone and the plasmid-microbubble complex*

Characteristics of microbubbles in suspension were detected. As shown in **Table 1**, the mean diameter of the microbubbles was  $3.01 \pm 0.42$   $\mu\text{m}$ . The concentration of microbubbles in suspension was  $3.14 \pm 0.31 \times 10^9/\text{mL}$  and the mean Zeta potential was  $27.5 \pm 1.62$  mV. Observation under an optical microscope showed that the plasmid-microbubble complexes were uniformly distributed with a round shape. Green fluorescence could be observed under a fluorescence microscope (**Figure 1**).

*Ultrasound-targeted cationic microbubble-mediated shRNA transfection reduced expression levels of HIF-1 $\alpha$  in ovarian cancer cells*

After transfection, expression of HIF-1 $\alpha$  in human ovarian cancer cell lines CRL-2945<sup>TM</sup> and HTB-161<sup>TM</sup> was detected using qRT-PCR and Western blot at mRNA and protein levels, respectively. Compared with non-transfected cells (control, C) and cells transfected with EGFP-only-plasmid (negative control, NC), expression levels of HIF-1 $\alpha$  were significantly reduced in cells transfected with HIF-1 $\alpha$  shRNA, through both ultrasound-targeted cationic microbubbles and Lipofectamine 2000 ( $p < 0.05$ ) (**Figure 2A**). In addition, expression levels of HIF-1 $\alpha$  were significantly lower in cells transfected with



**Figure 1.** Observation of plasmid-microbubble complexes under microscope. A. Observation of plasmid-microbubble complexes under optical microscope; B. Observation of plasmid-microbubble complexes under fluorescence microscope; C. Particle size distribution curve for plasmid-microbubble.

ultrasound-targeted cationic microbubbles than in cells transfected with Lipofectamine 2000 ( $p < 0.05$ ). Similarly, expression levels of HIF-1 $\alpha$  protein were significantly reduced after transfection with HIF-1 $\alpha$  shRNA (**Figure 2B**,  $p < 0.05$ ). Present data suggests that ultrasound-targeted cationic microbubble-mediated shRNA transfection can effectively reduce expression levels of HIF-1 $\alpha$  in ovarian cancer cells.

*Ultrasound-targeted cationic microbubble-mediated shRNA transfection inhibited proliferation, migration, and invasion of ovarian cancer cells*

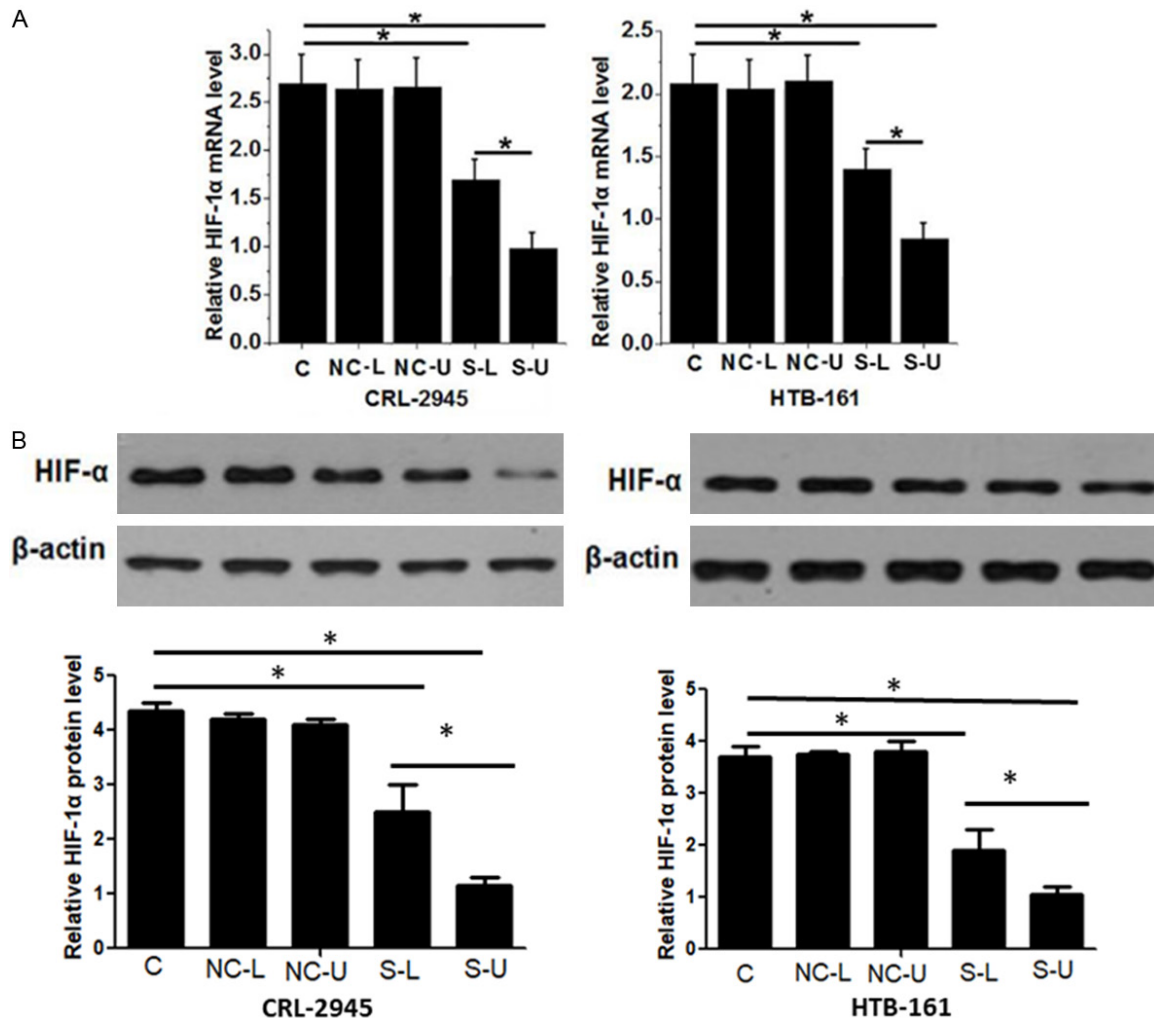
CCK-8 cell proliferation assays were performed to measure cell proliferation ability after ultrasound-targeted cationic microbubble-mediated HIF-1 $\alpha$  shRNA transfection. Compared with control cells and negative control cells, the proliferation ability of human ovarian cancer cell lines CRL-2945<sup>TM</sup> and HTB-161<sup>TM</sup> was significantly reduced after HIF-1 $\alpha$  shRNA transfection. Transwell cell migration assays were carried out to measure cell migration ability after ultrasound-targeted cationic microbubble-me-

diated HIF-1 $\alpha$  shRNA transfection (**Figure 3**). Compared with control cells and negative control cells, the migration ability of human ovarian cancer cell lines CRL-2945<sup>TM</sup> and HTB-161<sup>TM</sup> was significantly reduced after HIF-1 $\alpha$  shRNA transfection. Transwell cell invasion assays were carried out to measure cell invasion ability after ultrasound-targeted cationic microbubble-mediated HIF-1 $\alpha$  shRNA transfection (**Figure 4**). Compared with control cells and negative control cells, the invasion ability of human ovarian cancer cell lines CRL-2945<sup>TM</sup> and HTB-161<sup>TM</sup> was significantly reduced after HIF-1 $\alpha$  shRNA transfection. Current data suggests that ultrasound-targeted cationic microbubble-mediated HIF-1 $\alpha$  shRNA transfection can effectively inhibit ovarian cell proliferation, migration, and invasion (**Figure 5**).

*Effects of HIF-1 $\alpha$  shRNA transfection on tumor weights*

Weights of tumors derived from cells with HIF-1 $\alpha$  shRNA transfection through ultrasound-targeted cationic microbubbles and Lipofectamine 2000 on tumor growth were lower than tumors





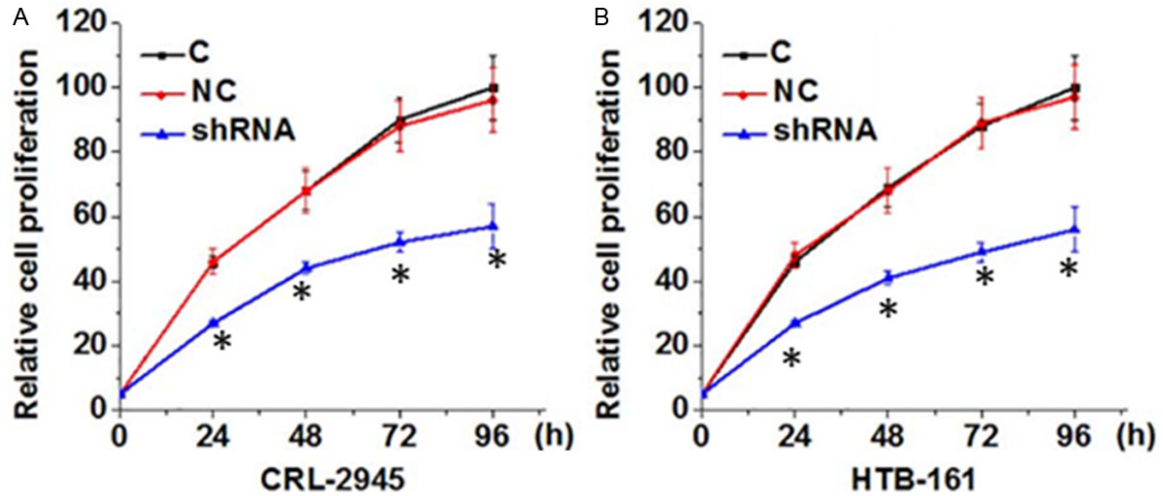
**Figure 2.** Ultrasound-targeted cationic microbubble-mediated shRNA transfection reduced expression levels of HIF-1 $\alpha$  in ovarian cancer cells. A. Expression of HIF-1 $\alpha$  mRNA in different ovarian cancer cell lines with different treatments; B. Expression of HIF-1 $\alpha$  protein in different ovarian cancer cell lines with different treatments. Notes: \*,  $p < 0.05$ ; Control: C, NC-U, negative control of transfection through ultrasound-targeted cationic microbubble; NC-L, negative control of transfection through Lipofectamine 2000; S-U, transfection of HIF-1 $\alpha$  shRNA through ultrasound-targeted cationic microbubble; S-L, transfection of HIF-1 $\alpha$  through Lipofectamine 2000.

derived from cells without transfection ( $p < 0.05$ ) (**Figure 6**). In addition, weights of tumors derived from cells with HIF-1 $\alpha$  shRNA transfection through ultrasound-targeted cationic microbubbles were significantly lower than tumors derived from cells with HIF-1 $\alpha$  shRNA transfection through Lipofectamine 2000 ( $p < 0.05$ ). This further confirmed the higher knockdown efficiency of HIF-1 $\alpha$  shRNA delivered by ultrasound-targeted cationic microbubbles, compared to Lipofectamine 2000.

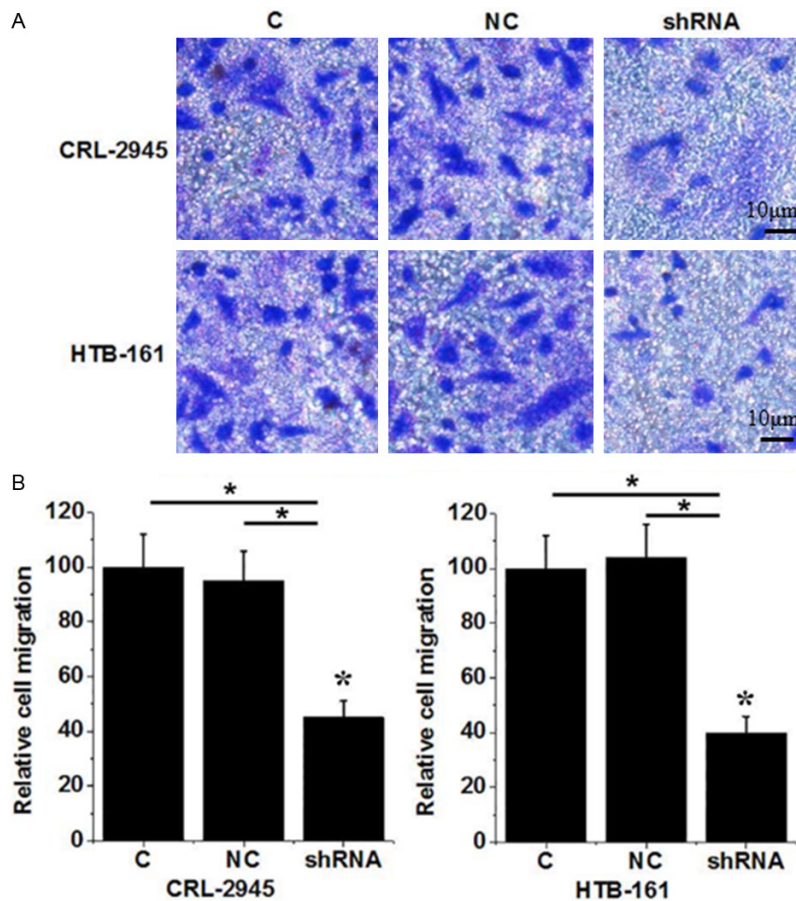
## Discussion

Development and progression of ovarian cancer is a complex process, with various internal

and external factors involved. Hypoxia-inducible factor 1 $\alpha$ , also known as HIF-1 $\alpha$ , is a subunit of a transcription factor hypoxia-inducible factor 1 [16]. Numerous studies have shown that abnormal expression of HIF-1 $\alpha$ , caused by genetic alternations or hypoxia, is closely correlated with expression of various types of human cancer [17]. In the study of gastric cancer, Wang et al. [18] reported that HIF-1 $\alpha$  was usually overexpressed in gastric tumor tissues. They also showed that HIF-1 $\alpha$  overexpression triggered abnormal expression of a gene network, promoting the progression of cancer. In another study, Saponaro found that HIF-1 $\alpha$  expression could contribute to the formation of new tumor tissues. This, in turn, sped up the



**Figure 3.** Ultrasound-targeted cationic microbubble-mediated shRNA transfection inhibited proliferation of ovarian cancer cells. A. Relative cell proliferation of CRL-2945 ovarian cancer cells. B. Relative cell proliferation of HTB-161 ovarian cancer cells. Notes: \*,  $p < 0.05$  for between group comparisons at the same time point.

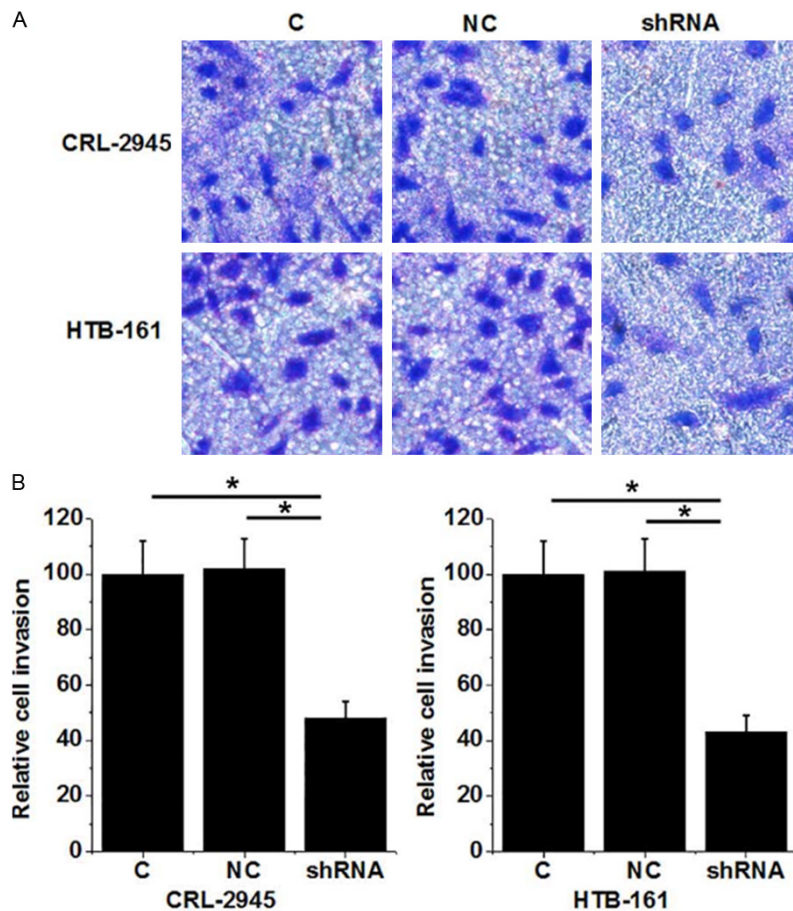


**Figure 4.** Ultrasound-targeted cationic microbubble-mediated shRNA transfection inhibited migration of ovarian cancer cells. A. Representative images of Transwell cell migration assays; B. Normalized cell migration abilities. Notes: \*,  $p < 0.05$ .

growth of tumors [19]. Increased expression levels of HIF-1 $\alpha$  have been observed in patients with ovarian cancer. HIF-1 $\alpha$  overexpression in ovarian cancer tissues has been shown to promote the development and progression of cancer and induce drug resistance, leading to poor treatment outcomes [20]. In contrast, inhibition of HIF- $\alpha$  has been shown to delay progression ovarian cancer [11]. Therefore, HIF-1 $\alpha$  expression silencing may be a potential method of improving conditions of patients with ovarian cancer.

RNA interference is a gene silencing method that can inhibit gene expression at a post-transcriptional level. Thus, siRNA silencing is a widely used method for gene expression regulation. However, the effects only last for several days due to the short half-life. Compared with siRNA, transfection of shRNA can achieve

## HIF-1 $\alpha$ shRNAs inhibit proliferation of ovarian cancer cells



**Figure 5.** Ultrasound-targeted cationic microbubble-mediated shRNA transfection inhibited invasion of ovarian cancer cells. A. Representative image of Transwell cell invasion assays; B. Normalized cell invasion ability. Notes: \*,  $p < 0.05$ .

longer effects (several weeks or even longer) through sustainable production of siRNA with the actions of Dicer enzymes. Currently, a variety of different gene delivery methods have been developed to achieve RNA silencing [21]. However, the application of those techniques has been limited by either low efficiency or adverse effects [22]. Recent studies have shown that shRNA transfection through ultrasound-targeted cationic microbubble is a safe and effective method for treatment of ischemic myocardium [14] and acute myocardial infarction [15]. In this study, this technique was used to deliver shRNA to two ovarian cancer cell lines, targeting HIF-1 $\alpha$ . As a result, high silencing efficiencies were achieved.

HIF-1 $\alpha$  expression affects proliferation, migration, and invasion of various types of cancer. In a study of non-small cell lung cancer, Zhou et al. proved that HIF-1 $\alpha$  overexpression was

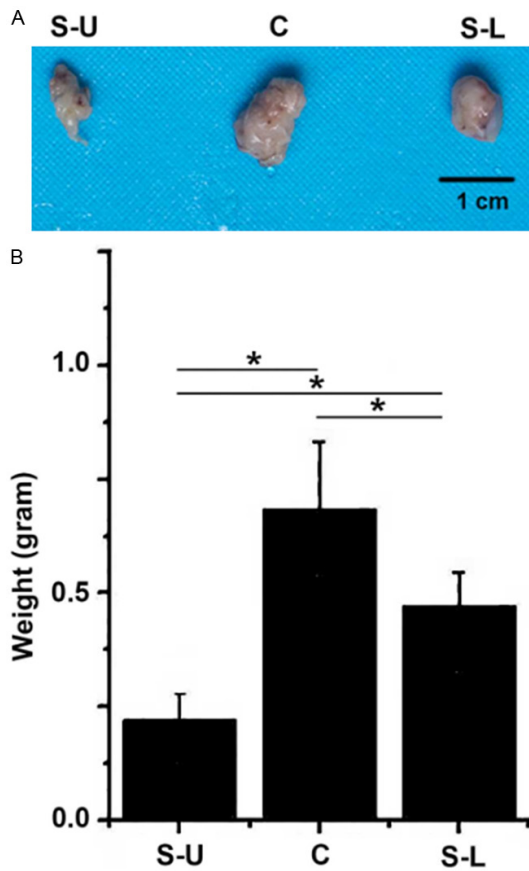
responsible for enhanced proliferation, migration, and invasion of cancer cells [23]. In another study, HIF-1 $\alpha$  knockdown in malignant gliomas significantly inhibited migration and invasion of cancer cells [24]. Consistent with previous studies, in this study, significantly increased proliferation, migration, and invasion abilities were observed in two ovarian cancer cell lines after ultrasound-targeted cationic microbubble-mediated HIF-1 $\alpha$  shRNA transfection. Current data suggests that ultrasound-targeted cationic microbubble-mediated HIF-1 $\alpha$  shRNA transfection can inhibit proliferation, migration, and invasion of ovarian cancer cells.

It is noteworthy that HIF-1 $\alpha$  is also involved in the regulation of cell proliferation of many normal cell lines [25]. Thus, the use of HIF-1 $\alpha$  as a target for cancer treatment may rely on accurate drug delivery. Animal exper-

iments were performed using cancer cells, pretreated *in vitro* with microbubbles with anti HIF-1 $\alpha$  shRNA. This cannot be used to mimic *in vivo* conditions. Short circulation times and huge particle sizes are still the biggest challenges in the clinical application of this technique.

Sonoporation harbors complicated aspects. Gene transfer efficiency levels are low with sonoporation. Moreover, 37.5-50  $\mu$ g of the plasmid should be applied to a single rat with sonoporation *in vivo* [26]. This limitation is one of the reasons that sonoporation has not been applied clinically, as mentioned above. Another limitation is cell damage caused with sonoporation. Miller et al. [27] irradiated cells with 2.25 MHz continuous ultrasound for 1 minute. When an ultrasound contrast agent (Definity, a Perflutren lipid microsphere injectable suspension; Bristol Myers Squibb Medical Imaging, N. Billerica, MA) was added to the culture media, the





**Figure 6.** Comparisons of weights of tumors derived from cells transfected with HIF-1 $\alpha$  shRNA through ultrasound-targeted cationic Microbubble and Lipofectamine 2000. A. Representative image of tumors derived from different cell group; B. Normalized weights of the tumors from different cell groups. Notes: \*,  $p < 0.05$ ; NC-U, negative control of transfection through ultrasound-targeted cationic microbubble; NC-L, negative control of transfection through Lipofectamine 2000; S-U, transfection of HIF-1 $\alpha$  shRNA through ultrasound-targeted cationic microbubble; S-L, transfection of HIF-1 $\alpha$  through Lipofectamine 2000.

irradiated cells underwent apoptosis. Enzymatic activity and mitochondrial membrane are also changed after sonoporation. Stress to the endoplasmic reticulum and mitochondria triggers apoptosis [28]. Sonoporation delays DNA synthesis, arresting cell cycle [29]. It should be noted that sonoporation itself may cause apoptosis when applied to cancer with therapeutic genes [30].

In conclusion, an ultrasound-targeted cationic microbubble system was established to deliver HIF-1 $\alpha$  shRNA to ovarian cells. Satisfactory silencing efficiency was achieved. In addition,

HIF-1 $\alpha$  shRNA silencing mediated by ultrasound-targeted cationic microbubble led to significantly inhibited proliferation, migration, and invasion abilities of ovarian cancer cells. The current study provides reference for the clinical application of this technique. Future studies will include *in vivo* assays, testing the safety of this method.

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#### Disclosure of conflict of interest

None.

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