Case Report A case report for fatal Churg-Strauss syndrome complications: first reported death due to rapid progression of prominently huge hepatic capsular hematoma and multi-system organ hemorrhage

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Abstract: Churg-Strauss syndrome (CSS) is a rare disease that has an extremely low incidence rate. CSS prognosis is good, in general; and there are no reports of multiple-organ hemorrhage in CSS. We report a unique case of CSS, wherein, an elderly man experienced multiple organ hemorrhage – a particularly huge hematoma under the capsule of the liver and poor prognosis.

Keywords: Hepatic capsular hematoma, organ hemorrhage, Churg-Strauss syndrome

On January 31, 2011, a 60-year-old man was admitted to our department with complaints of left limb numbness and increased eosinophils. The patient had no history of allergy and suffered from mild bronchial asthma during the past 2 years. His temperature was about 37.5°C. Routine blood results revealed that leukocytes were at 17.3×109/L (eosinophilia at 42.7%) with normal platelet count and hemoglobin levels. The IgE level was 3,795 IU per milliliter (normal range 0 to 100). Bone marrow biopsy and aspiration revealed an increased in mature eosinophilic myeloid cells (34%). Computed tomography (CT) chest scan showed pneumonia, and cranial magnetic resonance imaging (MRI) showed no apparent abnormalities that could explain the numbness of the patient's left limb. We gave the patient 5 mg of dexamethasone for treatment. Several days after admission, the patient complained of right abdominal pain, combined with nausea and vomiting after eating. Abdominal CT (Figure 1) revealed that a prominent huge hepatic capsular hematoma -- indicating a huge hematoma. Three to four days later, multiple organ hemorrhage began to manifest in the patient, such as in the intestinal tract, kidneys, conjunctiva, gum and mucosa. At the same time, purpuric rash appeared on the finger and toe tips

(Figure 2), as well as on the patient's back skin area. The result of the cytoplasmic antineutrophil antibodies (c-ANCA) was positive. Thoracic CT revealed infiltrations in the right upper lobe and the left lower lobe of the lungs, and pleural thickening. Skin biopsy (Figure 3) specimens obtained from the erythema in the patient's left hand revealed dermal perivascularity with neutrophils and monocytes infiltration; and fibrinoid degeneration of the partial vascular wall. The combined clinical, laboratory and pathological features were suggestive of CSS. Unfortunately, the patient's condition rapidly deteriorated and the patient died within half a month after diagnosis.

Discussion

CSS with diffuse vasculitis is a rare disease; and the prevalence of CSS in the population varies across reports [1, 2]. Diagnosis of CSS can be difficult due to the absence of typical syndromes. Hammersmith Hospital (London, UK) has defined CSS as a syndrome that includes: (1) a history of asthma; (2) peripheral eosinophilia (> 1500 cells/L); and (3) systemic vasculitis involving two or more organs. **Table 1** shows the list of different categories of diagnostic criteria for the disorder [3-6].

Fatal Churg-Strauss syndrome complications



Figure 1. Hepatic capsular bleeding (mixed density shadows under the capsule of the right liver and the shadow extending to the pelvis).



Figure 2. Skin (hands, feet, and chest) and mucosal (conjunctiva and tongue) nodules with eosinophil infiltration.

CSS can virtually affect any organ, such as the lungs, heart, gastrointestinal tract, skin, kidneys, and peripheral nerves. Among disorders in different organs, pulmonary infiltration is the most common one [3, 5, 7-9]. We did not find any CSS case report involving multiple-organ hemorrhage complications, especially huge hepatic capsular hematoma. There were some CSS cases that presented diffuse alveolar hemorrhage [10]. The prognosis of CSS is good, in general [11, 12]. CSS is often associated with a high titer of serum MPO-ANCA (approximately 40%) [13]. Even though the pathogenic role of MPO-ANCA in CSS is not well understood, it has recently demonstrated that ANCApositive CSS patients constitute a subset with



Figure 3. Infiltration of neutrophils and vascular necrosis (skin biopsy).

year	Churg and Strauss (1951)	Lanham and colleagues (1984)	American College of Rheumatology (1990)	Chapel Hill Consensus Conference (1994)
	Pathological material ob- tained at autopsy	Clinical findings with or without pathological material	Clinical findings with or without pathological material;	
Definition	(1) History of asthma	(1) Asthma	(1) Asthma	Pathological and clinical
	(2) Tissue eosinophilia	(2) Eosinophilia > 1.5*10 ⁹ /L	(2) Eosinophilia > 10%	findings of eosinophil-rich and granulomatous inflammation involving the respiratory tract and necrotizing vasculitis affecting small-to-medium-size vessels and associated with asthma and eosinophilia
	(3) Systemic vasculitis	(3) Evidence of vasculitis that involves at least two organs	(3) Neuropathy, mononeuropathy, or polyneuropathy	
	(4) Extravascular granulomas		(4) Pulmonary infiltration	
	(5) Fibrinoid necrosis of con- nective tissue		(5) Paranasal sinus abnormality	
			(6) Extravascular eosinophil infiltra- tion on biopsy findings	

Table 1	Churg-Strauss	syndrome	definitions
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different clinical and pathological features, compared to ANCA-negative CSS patients [14]. Indeed, ANCA-positive has been correlated with some organ system manifestations, such as renal involvement, peripheral neuropathy, purpura, and pulmonary hemorrhage. It is believed that neutrophils may cause damage to normal tissues, and this can result in the development of vasculitis and glomerulonephritis. On the other hand, experimental studies have shown that MPO-ANCA activates neutrophils which release oxygen radicals, lytic enzymes and inflammatory cytokines. Consequently, neutrophils adhered to endothelial cells cause apoptosis and necrosis [15-17]. Elevated serum MPO-ANCA has been proven to be a good marker for the prognosis of systemic vasculitis syndromes. In our case, the positive serum ANCA of the patient might predict multiple organ hemorrhage, including the liver, intestines, kidneys and skin; as well as the rapid progression of symptoms, and poor prognosis.

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Disclosure of conflict of interest

None.

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