Original Article Clinical characteristics and prognosis of childhood rhabdomyosarcoma: a ten-year retrospective multicenter study

Xiaoli Ma¹, Dongsheng Huang², Weihong Zhao³, Liming Sun⁴, Hao Xiong⁵, Yi Zhang⁶, Mei Jin¹, Dawei Zhang¹, Cheng Huang⁷, Huanmin Wang⁷, Weiping Zhang⁷, Ning Sun⁷, Lejian He⁷, Jingyan Tang⁸

¹Beijing Key Laboratory of Pediatric Hematology Oncology, National Key Discipline of Pediatrics, Ministry of Education, Hematology Oncology Center, Beijing Children's Hospital, Capital Medical University, Beijing 100045, China; ²Department of Pediatrics, Beijing Tong Ren Hospital, Beijing 100730, China; ³Peking University First Hospital, Beijing 100034, China; ⁴Beijing Shijitan Hospital, Beijing 100038, China; ⁵Wuhan Children's Hospital, Wuhan 430000, China; ⁶Beijing Tong Ren Hospital, China; ⁷Beijing Children's Hospital, Capital Medical University, China; ⁸Shanghai Childrens' Medical Center, China

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Abstract: Purpose: Rhabdomvosarcoma (RMS) is the most frequent soft tissue sarcoma in children. We have retrospectively explored the treatment results of childhood RMS and identified prognostic factors in multicenter in China, in order to lay the foundation for further multicenter study. Methods: This retrospective study was carried out analyzing the medical records of 161 patients with the pathological diagnosis of RMS from January, 2001 to February, 2014 at 5 large cancer centers in China. The data was reviewed clinico-epidemiological factors. Age, gender, histology type, primary site, tumor size, intergroup rhabdomyosarcoma study (IRS) group and results of treatments were evaluated. Patients were followed up to Dec 31, 2014. Results: The median age of our patients was 51 months. 10.5% of our patients were infants. The genitourinary system was the most common primary site of tumor (43.5%). The proportion of primary site of head and neck except parameningeal, at 28.2% (42 cases), while the proportion of parameningeal region was 4.6% (7 cases). The histological findings were as follows: 130 cases (80.7%) with embryonal, 19 cases (11.9%) with alveolar and 5 cases (3.1%) with botryoid type. According to the classification system of the IRS group, 1 case (0.6%) was group I, 54 cases (33.5%) were group II, 46 cases (28.6%) were group III and 60 cases (37.3 %) were group IV. 149 patients were treated and followed-up regularly. Patients in Beijing children's hospital (n=95) were enrolled in IRS-II/COG-D9803, D9802 protocols. while the other patients (n=54) started on treatment according to Chinese Anti-cancer Association protocol. There were median time of 51 months for following up, 60 occurred event. The ten-year event free survival rate was 53.4±5.1%, overall survival was 65.3±6.3%. The relations between outcome and age (0.046), primary site (0.022), pathologic subtype (0.013), tumor size (0.008) and IRS group (P=0.000) were associated significantly with event free survival. Among the variables, age (P=0.028) and IRS group (P=0.000) were associated significantly with overall survival. Multivariate analysis showed that overall survival for RMS was dependent on IRS group (P=0.026). Conclusions: The epidemiological characteristics of our patients are quite similarly to the worldwide data. Except for the higher prevalence of group IV in our patients and the higher percentage of patients with primary tumor site in the genitourinary system, this study showed that overall survival for RMS is depended on disease group.

Keywords: Childhood RMS, multicenter, China

Introduction

Rhabdomyosarcoma (RMS) is the most common soft tissue sarcoma in childhood, accounting for approximately 6.5% of pediatric tumors in China [1]. Recently, multimodality diagnosis and therapy were used to increased survival rate in China. Unfortunately, the information about the prognosis for patients and progression-free survival of RMS are absence in multicenter in China. Because of the disappointing results, as well as the limited enrollment of patients, we discuss the final results and detailed analysis of prognostic factors in clini-

	N=161	%
Age (months)	(3-191)	
X ± SD		
Range	49.06±3.86	
<10	135	83.2
≥10	26	16.8
Gender		
Male	110	68.3
Female	51	31.7
Primary site		
Genitourinary	70	43.5
Head and neck	50	31.1
Extremities	18	11.2
Retroperitoneum	10	6.2
Others	13	8.1

Table 1. Demographic characteristics and the
primary tumor sites of patients

Others: thoracic cavity, axillary region, sacral region and biliary tract.

 Table 2. Pathologic subtype of tumors

Pathologic subtype	N=161	%
Embryoyonal	130	80.7
Alveolar	19	11.8
Botryoid	5	3.1
Spindle cell	4	2.5
Others	3	1.9

Others subtypes: mixed and anaplastic RMS.

cal characteristics and prognosis of childhood RMS at 5 larger cancer centers was reported, from 2001 to 2014, onto study of Chinese Anticancer Association (CAA).

Patients and methods

A retrospective analysis was performed on 161 medical records of children with RMS who were admitted, treated, and followed up at the hematology/oncology wards of pediatric departments in Beijing Children's Hospital (BCH), Beijing Tongren Hospital, Beijing Shijitan Hospital, Wuhan Children's Hospital and Peking University First Hospital during the period from January, 2001 to February, 2014. This retrospective study was approved by the hospital ethics committee, and informed consents were provided to all the patients. Patients were followed up to Dec 31, 2014. The medical records were reviewed for:

 Table 3. Intergroup rhabdomyosarcoma study
 (IRS) group

(,0 1		
Stage	N=161	%
1	1	0.6
2	54	33.5
3	46	28.6
4	60	37.3

Table 4. Tumor size, lymph node and distant
metastasis of patients

Tumor size	N=161	%
<5	67	41.6
5-10	59	36.6
>10	17	10.6
Unknown	18	11.2
Lymph node	N=161	%
-ve	130	80.7
+ve	31	19.3
Distant metastasis	N=161	%
-ve	101	62.7
+ve	60	37.3

1) Personal data for example, name, age, gender, nationality and residence. 2) Presenting symptoms and signs, primary site of the tumor, pathologic subtype characters of the tumor. 3) Routine laboratory investigations at presentation and during treatment, for example, complete blood count, liver function tests, kidney function tests, serum electrolytes, LDH, bone marrow aspirate. 4) Imaging studies: ultrasound, CT, and MRI, on primary site and other common metastatic sites. 5) Risk stratification for patients treated according to IRS-II/COG D9803 and D9802 for BCH; CAA protocol for other hospitals. 6) Treatment protocols including surgery, radiotherapy, and chemotherapy, patients' outcome.

Treatment regimens

According to the IRSG-II, most patients with RMS in BCH treated by surgery, radiotherapy and chemotherapy consisted of vincristine, actinomycin and cyclophosphamide (VAC) over two years. Since 2009, VAC was used for patients with low-risk RMS, VAC alternating with vincristine, topotecan and cyclophosphamide (VTC) was used for patients with intermediate and high-risk RMS for 14-16 cycles in modified COG D9803 and D9802 [2, 3].

				Site			
Metastasis	Total n (%)	Head/neck n (%)	Genit n (%)	Extremities n (%)	Getrop n (%)	Others n (%)	P value
-ve	101 (62.7)	38 (76.0)	42 (60.0)	13 (72.2)	4 (40.0)	4 (30.8)	0.014
+ve	60 (37.3)	12 (24.0)	28 (40.0)	5 (27.8)	6 (60.0)	9 (69.2)	
Total	161 (100)	50 (31.1)	70 (43.5)	18 (11.2)	10 (6.2)	13 (8.1)	
			Pa	thologic subtype			
Metastasis	Total n (%)	Embryoyona	+ Botryoid +	- Spindle cell + Oth	ers n (%)	Alveolar n (%)	P value
-ve	106 (65.8)		95 (66.9)				
+ve	55 (34.2)		44	(33.1)		13 (68.4)	

Table 5. Relationship between primary site, pathologic subtype and metastasis

Retro: retroperitoneum; Genit: genitourinary.

 Table 6. Relationship between pathologic subtype and primary site of tumor

	Site					
	Head/neck	Genit	Extremities	Retrop	Others	-
Embryoyonal	43/33.1%	57/43.8%	12/9.2%	8/6.2%	10/7.7%	0.47
Alveolar	5/26.3%	6/31.6%	5/26.3%	1/5.3%	2/10.5%	
Botryoid	0/.0%	4/80.0%	1/20.0%	0/.0%	0/.0%	
Spindle cell	1/25.0%	2/50.0%	0/.0%	1/25.0%	0/.0%	
Others	1/33.3%	1/33.3%	0/.0%	0/.0%	1/33.3%	
Total	50/31.1%	70/43.5%	18/11.2%	10/6.2%	13/8.1%	

Table 7. Types and sites of failure

No of failure	
Type of failure	
Local	48
Distant	9
Second primary malignancy	1
Severe infection and bleeding	2
Failure of site	
Head and neck	15
Extremities	5
Genitourinary	27
Retroperitoneum	3
Others	10
Failure of time	
0-120 days	7
4-12 months	38
>12 months	15

For CAA protocols [4, 5], the chemotherapy consisted of vincristine, cyclophosphamide and cisplatin (VCP) alternating for etoposide, ifosfamide and vincristine (IEV), alternating for vincristine, cyclophosphamide, cisplatin and doxorubicin (AVCP), alternating for actinomycin. etoposide and vincristine (DEV). After completing remission, got 6 cycles of chemotherapy and stopped treatment. And surgery, radiotherapy was performed after 5-6 cycles of chemotherapy for all protocols.

Statistical methods

The Kaplan-Meier method was used to estimate the event free survival (EFS) and overall survival (OS) distributions. Differences

between survival curves were analyzed by the log-rank test. Cox proportional hazards regression models were used to describe the association between the risk of failure and some status while accounting for potential confounding factors. The distributions of categorical patients' characteristics were compared between the groups by using a Fisher's exact test. P<0.05 was considered statistically significant, unless otherwise indicated. The site of first recurrence was defined as local if the tumor recurred at the primary site only; or regional if regional lymph nodes were involved, with or without local recurrence; or distant if any metastatic disease was present.

An early failure was defined as follows: First, a failure caused by progressive diseases, second: death as a result of progressive disease or other causes, which lasting less than 120 days, from the start of the study resulting in discontinuation of study protocol.

Results

Patient demographics

Total 161 children with RMS, the median age of our patients was 51 months (age 3-191 months)

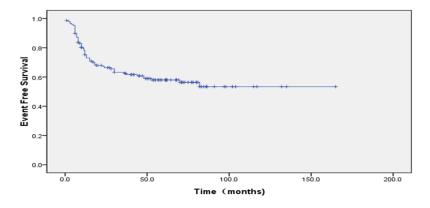


Figure 1. 60 patients who developed progression. Ten year EFS was 53.4±5.1%. (95% Cl 85.25%~111.41%), while mean EFS time was 40.0±33.8 months.

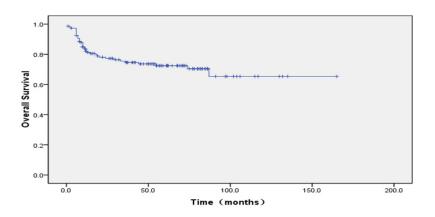


Figure 2. 39 patients were died. Ten year OS was $65.3\pm6.3\%$. (95% Cl 104.26%~131.42%), while mean OS time was 45.0 ± 34.8 months.

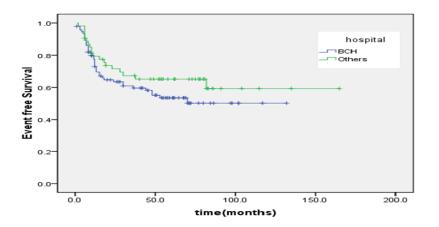


Figure 3. According to protocols of treatment, the estimated EFS rate was $50.1\%\pm6.1$ and $59.9\%\pm8.3$ for patients on BCH and CAA protocol, respectively, while mean EFS time was 37.9 ± 30.9 months and 50.7 ± 37.7 months for patients on BCH and CAA protocol, respectively (X=1.5, *P*=0.20).

with 83.2% of patients were below the age of 10 years, 17 infants with RMS (10.5%). The male (110) to female (51) ratio was 2.15:1.

Genitourinary system was the most common affected primary site of tumor followed by head and neck, then extremities, retroperitoneum and lastly others, such as thoracic cavity, axillary region, sacral region and biliary tract (**Table 1**).

The embryonal RMS was the most common pathologic subtype, 130 (80.7%), followed by alveolar 19 (11.7%), and lastly the botryoid 5 (3.1%), spindle 4 (2.5%), and others subtypes (mixed and anaplastic RMS) in 3 (1.9%) (Table 2). According to IRS postsurgical grouping classification, Group IV was the most common group of our patients (37.3%), followed by group II (33.5%), then group III (28.6%), and lastly group I (0.6%) (Table 3). The proportion of tumor size larger than 5 cm was 47.2%. 19.3% of patients had lymph node involvement and 34.2% of patients had metastasis at the time of diagnosis (Table 4) and lung (10 cases) was most common metastasis site of tumor.

Pre-treatment prognostic factors

There was a significant relationship among pathologic subtypes of tumor, primary site of tumor and metastasis, 54.5% of patients with alveolar subtype and others subtype had metastasis at the time of diagnosis, while only 30.9% of embryonal, botryoid and spindle cell subtype had metastasis (*P*=0.034). 60% of retroperitoneum and

61.5% of others had metastasis at the time of diagnosis (P=0.009) (**Table 5**). There was no significant statistical relationship between

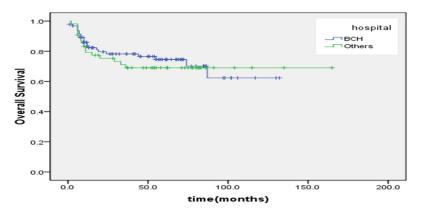


Figure 4. According to protocols of treatment, the estimated OS rate was $62.3\%\pm9.3$ and $69.1\%\pm6.5$ for patients on BCH and CAA protocol, respectively, while mean OS time was 43.3 ± 33.4 months and 51.2 ± 37.0 months for patients on BCH and CAA protocol, respectively (X=0.2, *P*=0.65).

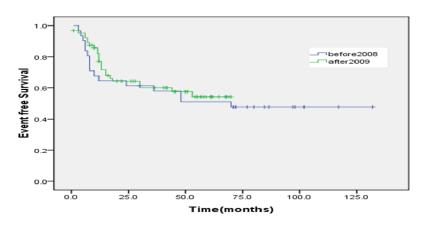


Figure 5. According to protocols of treatment for patients on BCH, the estimated 5 year EFS rate was 51.1%±9.1 and 54.3.2%±7.1 before and after 2008, respectively.

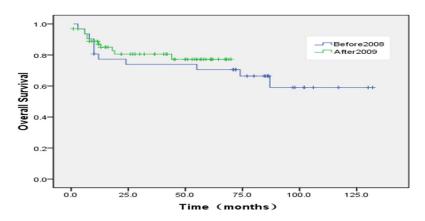


Figure 6. According to protocols of treatment for patients on BCH, the estimated 5 year OS rate was 66.4%±8.8 and 77.2%±6.1 before and after 2008, respectively.

pathologic subtypes and primary site of tumor (P=0.47) (Table 6).

Outcome and survival

149 patients were treated and followed up regularly at 5 large cancer center, IRSG IRS-II/IV pilot BCH (n=95), CAA protocol for other hospitals (n=54). Regarding 60 occurred events, the median time of followed up period is 51 months. Of 149 patients, 7 (4.7%) were found to have an early disease progression and did not receive planned protocol. The median failure time was 60 days (range, 10 to 120 days). 2 patients suffered from severe infection and bleeding at initial chemotherapy, additional early failures resulted from treatment-related death without progression. 1 patient had second primary malignancy (primitive neuroectodermal tumor) after 70 months, but he was followed up another 130 months and got event free survival. 48 patients were local progression and 9 were distant metastasis. The genitourinary system, head and neck and others were prone to failure (Table 7).

The proportion of ten year OS was 65.3±6.3%. The proportion of ten year EFS was 53.4±5.1% (Figures 1, 2). According to protocols of treatment, the estimated EFS rate was 50.1%±6.1 and 59.9%±8.3 for patients on BCH and CAA protocol, while mean OS time was 37.9±30.9 months and 50.7±37.7 months, respectively. The estimated OS rate was 62.3%±9.3 and 69.1%±6.5 for patients on BCH and CAA protocol, while mean OS time was

43.3±33.4 months and 51.2±37.0 months for

patients on BCH and CAA protocol, respectively

clinical characteristics						
	Survival	Event	X ²	P value		
Age			3.99	0.046		
<10	79	44				
≥10	10	16				
Gender						
Male	57	45	1.75	0.186		
Female	32	15				
Primarysite						
Head and neck	34	15	11.48	0.022		
Genitourinary	36	27				
Extremities	11	5				
Retroperitoneum	5	3				
Others	3	10				
Pathologictype			12.61	0.013		
Embryoyonal	72	46				
Alveolar	6	13				
Botryoid	5	0				
Spindle cell	3	1				
Others	3	0				
Metastasis						
-ve	70	24	26.9	0.000		
+ve	19	36				
Size			9.59	0.008		
<5		45 18				
5-10		32 22				
>10		6 10				

Table 8. Relation between outcome EFS and liniaal alaawa atawiatiaa

Table 9. Relation between outcome OS and clinical characteristics

	Survival	Dead	X ²	P value
Age			4.82	0.028
<10	96	27		
≥10	14	12		
Gender				
Male	72	30	1.75	0.209
Female	38	9		
Primarysite				
Head and neck	37	12	9.43	0.051
Genitourinary	49	14		
Extremities	13	3		
Retroperitoneum	5	3		
Others	7	7		
Pathologic type			4.97	0.29
Embryoyonal	88	30		
Alveolar	11	8		
Botryoid	5	0		
Spindle cell	3	1		
Metastasis				
-ve	80	14	20.1	0.000
+ve	30	25		
Size			3.60	0.165
<5		49 14		
5-10		43 11		
>10		10 6		

(Figures 3, 4). According to protocols of treatment for patients on BCH, the estimated 5 year EFS rate was 51.1%±9.1 and 54.3.2%±7.1 and the estimated 5 year OS rate was 66.4%±8.8 and 77.2%±6.1 before and after 2008, respectively (Figures 5, 6).

Prognostic factors

The relations between outcome and each of age, gender, primary site, pathologic subtype, metastasis, IRS postsurgical grouping are shown in (Tables 8, 9). The relations between outcome and age (0.046), primary site (0.022), pathologic subtype (0.013), tumor size (0.008) and IRS group (P=0.000) were associated significantly with event free survival. Among the variables, Age (P=0.028) and IRS group (P=0.000) were associated significantly with overall survival. The estimated ten-year OS rate for group 1, 2, 3, 4 was 100%, 88.6±4.4, 65.2±13.2 and 23.1±16.9, respectively. The estimated ten-year EFS rate for group 1, 2, 3, 4 was 100%, 80.9±7.1, 44.1±12.1 and 27.8±6.9 respectively (Figures 7, 8). Bone marrow metastasis in 4 cases, 3 cases was died for 6, 9, 12 and 22 months after diagnosis, 1 case relapsed after stopping treatment 2 months and now tumor stable. The primary site of head and neck nonparameningial in 42 cases (28.2%), parameningial region in 7 cases (4.6%). The estimated ten-year OS rate was 77.8±28.6, 28.6±23.7 for respectively (X=3.55, P=0.06) (Figure 9). Multivariate analysis showed that overall survival for RMS is just depend on IRS group (P=0.026) (Table 10).

Discussion

RMS is a highly malignant childhood cancer [1, 6, 7]. It is the most common form of soft tissue sarcoma in children. The median age of our patients was 51 months with 83.2% of patients below the age of 10 years. These results are similar to the IRS IV report [8] that the median

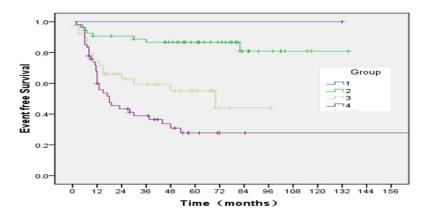


Figure 7. According to protocols of treatment, the estimated ten-year OS rate for group 1, 2, 3, 4, was 100%, 80.9 ± 7.1 , 44.1 ± 12.1 and 27.8 ± 6.9 , respectively (X=32.30, P=0.000).

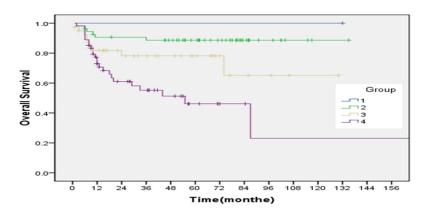


Figure 8. According to protocols of treatment, the estimated ten-year OS rate for group 1, 2, 3, 4, W 100%, 88.6 ± 4.4 ; 65.2 ± 13.2 and 23.1 ± 16.9 , respectively (X=20.02, P=0.000).

age of patients was 60 months, with 72% of patients below the age of 10 years. But in our study, 68.3% of patients were males and 31.7% were females, the ratio of male to female was 2.15:1, higher than IRS IV's report (1.6:1).

In our study, genitourinary system was the most common affected primary site of tumor (43.5%), followed by head and neck (31.1%), then extremities (11.2%), and lastly retroperitoneum in (6.2%). These results are different from the IRS IV report, which found that head and neck was the most common affected primary site of tumor (41%), followed by the genitourinary system site (31%), then extremities (13%), and retroperitoneum (7%). This difference can be explained by the small sample size of our patients compared to these studies.

In our study, embryonal RMS was the most common pathologic subtype (80.7%) while alve-

olar RMS represents 11.8% of patients. Hessissen [9] found that embryonal subtype represents 73% while alveolar subtype represents 13% of patients and Abd El-Aal [10] found that embryonal and alveolar subtypes represent 87.3% and 12.7% of patients, respectively, and this is similar to our results. These results are different from the IRS IV reported that the embryonal subtype represent 70% including the botryoid and spindle cell variants, if the botryoid and spindle cell variants were added to embryonal subtype (71.7%). In our study, 47.2% of patients' tumor sizes were larger than 5 cm at the time of diagnosis while 41.6% were smaller than 5 cm. These results are similar to the report by IRS IV that 55% of tumor size is larger than 5 cm, but different from a Japanese study (75%) conducted by Hosoi [11].

In our study, 18% of patients had lymph node involvement. These results

are similar to the Hosoi showed that 19% of patients had LN involvement. 37.3% of patients had metastasis at the time of diagnosis. According to IRS postsurgical grouping classification, group IV was the most frequent group (37.3%), followed by group II (33.5%), then group III (28.6%), and lastly group I (0.6%). High percentage of patients with metastasis at the time of diagnosis, group IV in our patients can be explained by the primary health care physicians' unawareness about early presenting symptoms and signs of the disease, together with the unavailability of diagnostic facilities which can allow earlier detection of cases with localized disease.

There was a significant relationship among pathologic subtypes of tumor, primary site of tumor and metastasis, 68.4% of patients with alveolar subtype and others subtype had

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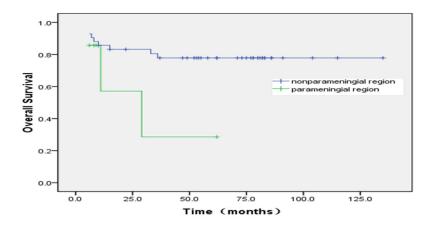


Figure 9. The primary site of head and neck nonparameningial in 42 cases (28.2%), parameningial region in 7 cases (4.6%). The estimated ten-year OS rate was 77.8 ± 28.6 ; 28.6 ± 23.7 for respectively (X=3.55, *P*=0.06).

metastasis at the time of diagnosis while only 33.1% of embryonal, botryoid and spindle cell subtype had metastasis (P=0.004). 60% of retroperitoneum and 69.2% of others had metastasis at the time of diagnosis (P=0.014). There was no significant statistical relationship between pathologic subtypes and primary site of tumor (P=0.47). Wiener found that head and neck RMS are characterized by embryonal histology in most cases. On the other hand, extremities RMS are more likely to have an alveolar subtype and nearly 80% of genitourinary system RMS was embryonal in nature. Lawrence et al. reported that head and neck RMS are most common embryonal subtype. Mandell et al. reported that nearly 50% of extremities RMS are alveolar subtype.

In our study, there was a significant relationship (P=0.028) between age and outcome of patients. Forty six percent of patients more than 10-year-old died while about 78% of patients less than 10-year-old survived. Punyko et al found that patients aged 1~9 years at the time of diagnosis showed good prognosis, while those below 1 year and 10~19 years showed poor prognosis. On the other hand, our results revealed no significant statistical relationship between primary site of tumor and OS (P=0.051). These results are not matched with the study reported by Crist et al that primary sites with more favorable prognosis include the orbit and nonparameningeal head and neck, paratestis, vulva, vagina, uterus, and biliary tract. In our study, there was no significant relationship between pathologic subtype of tumor and OS (P>0.05). But our results revealed that there was a significant statistical relationship between primary site of tumor and EFS (P=0.022). And there was also a significant relationship between pathologic subtype of tumor, size and EFS (P=0.013, 0.008 respectively).

Our study reported that there was a significant relationship (P=0.000) between metastasis and outcome, 77.4% of patients who had metastasis at the

time of diagnosis died while 82.7% of patients without metastasis survived. Breneman et al found [12] that children with metastatic disease at diagnosis have the poorest prognosis and the prognostic significance of metastatic disease is modified by tumor histology (embryonal is more favorable than alveolar) and by the number of metastatic sites.

In our study, the percentage of 10-year-old OS was 65.3%. Ten year EFS was 53.4%. This result is similar to that reported by Abd El-Aal et al. Among the variables, age (P=0.028) and IRS group (P=0.000) were significantly associated with overall survival. The relations between outcome and age (0.046), primary site (0.022), pathologic subtype (0.013), tumor size (0.008) and IRS group (P=0.000) were associated significantly with event free survival. Multivariate analysis showed that overall survival for RMS depends on IRS group (P=0.026).

In relation to the IRS pre-surgical staging classification, our results showed that the highest estimated EFS was group I and II (90.6%) followed by group III (66.9%), then group IV with (22.2%). Our results showed that the estimated EFS in relation to pathologic subtype was higher in embryonal subtype than in alveolar subtype (58.1% versus 15.5%). In relation to the IRS pre-surgical staging classification, our results showed that the highest estimated EFS was group I and II (83.1%) followed by group III (45.2%), then group IV with (26.7%). These results are similar to Aaron R. Weiss found that [13] the estimated OS rate was 62.3% and

Clinical factors	EFS				OS			
	Single factor	HR	95% CI	Р	Single factor	HR	95% CI	Р
Age	0.046	3.39	0.237-1.046	0.065	0.028	N1	N1	
Primary site	0.186	N1	N1		0.051	N1	N1	
pathologic type	0.022	N1	N1		0.29			
Group	0.000	13.93	0.060-0.417	0.003	0.000	9.22	0.006-0.549	0.026
Size	0.008	N1	N1		0.165	N1	N1	

Table 10. Clinical factors that may affect its prognosis for single factor and multivariate analysis

N1: not in the final Cox model.

69.1% for patients on BCH and CAA protocol, respectively. While mean OS time was 43.3 months and 51.2 months for patients on BCH and CAA protocol, respectively.

Neither BCH nor other hospitals shows significant statistical relationship between protocol of treatment and outcome (36% of patients received CAA protocol versus 64% of those received IRSG protocol in BCH). The estimated EFS rate was 50.1% and 59.9% for patients on IRSG and CAA protocol, respectively. It's possible that, in other hospitals, the primary sites of tumor were mainly head and neck, the majority of group was II or III, while, genitourinary system was the most common affected primary site of tumor in BCH (89.8% vs. 93.4%, P=0.000). Since 2009, COG D 9803, COG D 9802 protocol was selected for treatment of RMS in BCH. Our study showed that there was no significant statistical relationship between protocol of treatment and outcome.

Conclusion

Apart from the higher prevalence of group IV in our patients and the higher percentage of patients with primary tumor site in the genitourinary system, the epidemiological characteristics of our patients are quite similar to the worldwide data. This study showed that overall survival and event free survival for RMS depend on disease groups.

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Disclosure of conflict of interest

None.

Address correspondence to: Dr. Xiaoli Ma, Beijing Key Laboratory of Pediatric Hematology Oncology, National Key Discipline of Pediatrics, Ministry of Education, Hematology Oncology Center, Beijing Children's Hospital, Capital Medical University, Beijing 100045, China. E-mail: mxl1123@sina.com; Dr. Dongsheng Huang, Department of Pediatrics, Beijing Tong Ren Hospital, Beijing 100730, China. E-mail: hds5180@163.com; Dr. Weihong Zhao, Peking University First Hospital, Beijing 100034, China. E-mail: zhaowh3212@126.com; Dr. Liming Sun, Beijing Shijitan Hospital, Beijing 100038, China. E-mail: Liming_Suncn@yahoo.com; Hao Xiong, Wuhan Children's Hospital, Wuhan 430000, China. E-mail: carreras1976@gmail.com

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