

Original Article

Risk factors for radiation pneumonitis after radiotherapy in lung cancer patients: a systematic review and meta-analysis

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Abstract: Objective: To study the risk factors for radiation pneumonitis after radiotherapy in lung cancer patients in order to find prognostic parameters and provide reference standard for the best treatment plans. Methods: The database of Pubmed, Embase, Cochrane Library and CNKI were searched from the date of their establishment to Feb. 2015, and other sources as supplied were also retrieved. Meta-analysis on literatures predicting radiation pneumonitis after radiotherapy was conducted by using RevMan 5.2 software. Results: A total of 75 articles were primarily included in systematic review. The exposure factors included demographics (sex, age, chronic lung diseases, pulmonary function, diabetes, tumor site) and treatment factors (operation before radiotherapy, combined radio chemotherapy, using radiotherapy sensitization agent-Amifostine). Meta-analysis results showed that the OR and 95% CI of each were: 0.97 [0.82, 1.15], 0.90 [0.63, 1.28], 2.18 [1.59, 3.00], 0.27 [0.11, 0.65], 2.46 [1.33, 4.58], 0.71 [0.57, 0.90], 0.92 [0.67, 1.25], 1.41 [1.17, 1.71] and 2.38 [1.79, 3.16]. Conclusion: The risk factors for radiation pneumonitis are chronic lung diseases, pulmonary function, diabetes, tumor located in left lower lung, combined radio chemotherapy and using Amifostine. The study results indicate that upper lung cancer patients with strong pulmonary functions and without complications such as diabetes or chronic pulmonary disease have less chance getting radiation pneumonitis after radiotherapy undertaken the simple radiotherapy added with Amifostine.

Keywords: Lung cancer, radiation pneumonitis, radiation lung injury, risk factors, meta-analysis

Introduction

Lung cancer is a kind of malignant tumor with the highest mortality rate in the world and about two-thirds lung cancer patients need to take radiotherapy. With rapidly development of radiotherapy technology, its side-effects, radiation lung injuries are becoming an increasingly severity problems in the world. According to the statistics from abroad, the occurrence rate of acute radiation lung injuries is about 5-36 percent [1, 2]. Meanwhile, radiation lung injuries often lead to respiratory failure, which is the major cause of death for radiation lung injuries. Radiation lung injuries include radiation pneumonitis (RP) in early-stage and radiation pulmonary fibrosis (RPF) in the late-stage. Unfortunately, there has been no satisfactory and effective measure in clinical practice up till now and the patients' treatment effects and quality

of life are threatened after the radiation lung injuries occur. So it's essential to make sure the impact factors to predict the radiation lung injuries after radiotherapy. The data were searched from the date of their establishment to Feb. 2013, aimed to find out the risk factors for radiation pneumonitis after radiotherapy in lung cancer patients. This will provide evidence to guide clinical treatments better and reduce the occurrence of radiation pneumonitis.

Methods

Literature search

We undertook computerized literature searches of MEDLINE, PubMed, Cochrane Library, and EMBASE databases, from their inception to Feb. 2013. Search terms were "lung cancer", "radiation pneumonitis" and "radiation lung

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injury". These terms were used in different combinations with each other. In addition, we reviewed the reference lists of the original articles and reviews on the topic to identify other possible eligible trials.

Study selection

The inclusion criteria for this meta-analysis were as follows: 1) The study objects were patients who were diagnosed with primary lung cancer by cytology or pathology tests and thereby took the lung radiation therapy for the first time; 2) The numbers, percentage or mean \pm SD of the possible impact factors to RP were recorded in full texts; 3) When multiple publications from a single institution/author appeared to include duplication of patients, only the study with the largest patient group was included.

The exclusion criteria were as follows: 1) The meeting abstracts could not get its full text; 2) Patients had radiotherapy on other parts of the breast at the same time or had taken thoracic radiation therapy within one year; 3) The outcome of the study was radiation pulmonary fibrosis (RPF); 4) literatures with low grade according to Newcastle score standard; 5) literatures that were duplicate publication.

Data extraction

All the work of literature search was independently reviewed by two authors to identify relevant trials that met the inclusion criteria and checked by an independent reviewer. Disparities were resolved by discussion.

Study quality was assessed using a 3-item questionnaire designed to collect data on random assignment, blinding, and withdrawals/dropouts. All questions were bipolar (yes, 1; or no response, 0). The minimum number of points possible was 0 and the maximum was 5, with a higher number reflecting a greater study quality. Data on trial size, patient characteristics were extracted, using Newcastle score standard to evaluate the quality of outcomes [4]. Study quality was independently assessed by 2 reviewers.

Data analysis

Statistical analyses were performed using Review Manager Software (RevMan 5.2; Cochrane Collaboration. Oxford, United King-

dom). Continuous descriptive data were reported as the mean Continuo deviation (Mean \pm SD) and dichotomous data were recorded as the case number (n).

The Mantel-Haenszel Q-statistic was used to assess heterogeneity among the studies and the I^2 statistic was computed to examine the proportion of total variation in the study estimate due to heterogeneity. We considered $P > 0.10$ or $P \leq 0.10$, $I^2 \leq 50\%$ to indicate no significant heterogeneity between the trials and select fixed effect models to analysis. Besides, we considered $P \leq 0.10$, $I^2 > 50\%$ to indicate significant heterogeneity and use random effect models. The integration results regarded $P \leq 0.05$ as the standard of its statistical significance.

Extensive effort was made to remove all duplicated data and to include all studies published to date. Publication bias in outcomes was assessed and treated using standard methodology. Funnel plots were used to visually inspect the relationship between sample size and treatment effects for each of the impact factors. Means, standard deviation, and corresponding 95% (CIs) were computed for continuous demographic factors. Event rates and corresponding standard errors and confidence intervals were computed for the other demographic factors describing proportions of the sample with varying comorbidities.

Results

Search results

A total of 2293 relevant articles were identified in a combined search of MEDLINE, PubMed, Cochrane Library and EMBASE databases, from their inception to Feb 2015, and by a manual approach (search of studies cited in previous reviews and of reference lists from the identified articles). Then 1715 articles were excluded because they were not relevant to the purpose of this meta-analysis through screening Title/Abstract. 150 articles were excluded because there were no full articles or they were repeated articles. Besides, 353 articles were excluded through screening full text for duplication, no relevant results and other reasons. In the end, 75 articles [5-79] were primarily included in systematic review, as shown in **Table 1**.

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Table 1. Characteristics of included studies

Author (Ref. #)	Country, year	Age (years), Sex	Study type	N	Predicted factors for radiation pneumonitis
Kong FM et al. [5]	USA, 2006	40-84, M82/F27	Clinical study	109	T stage, primary GTV, total-lung volume, MLD, V20, V13, lung Veff, and NTCP.
Barriger RB et al. [6]	USA, 2009	-	Retrospective review	243	MLD > 18 Gy, treatment with CD.
Shi A et al. [7]	China, 2010	M73/F21	Retrospective study	94	NTCP value and V10.
Line Claude et al. [8]	France, 2004	27-77, M84/F12	Retrospective study	96	MLD, V20, V30, age.
Raymond H. Mak et al. [9]	USA, 2012	67 (37-85), M/F	Retrospective study	136	MTHFR genotype (1298AA vs. AC/CC; rs1801131).
SARA RAMELLA et al. [10]	Italy, 2009	66 (49-82), M86/F11	Retrospective study	97	V20ipsi and V30ipsi.
Jun Dang et al. [11]	China, 2010	63 (19-84), M72/F21	Retrospective study	93	Chemotherapy and DVH parameters.
LI ZHANG et al. [12]	China, 2009	60 (26-83), M207/F46	Retrospective study	253	Genetic polymorphisms of ATM.
Ling Wei Wang et al. [13]	USA, 2000	66 (37-64), M120/F93	Retrospective study	213	ACE inhibitors.
Masaharu Fujino et al. [14]	Japan, 2006	72 (56-86), 76 (49-87); M/F (8/4, 22/9)	Case-control study	12/31	Pre-treatment pulmonary function test (%VC, FEV1.0%), and dose volume statistics (V20, total dose, BED, dose per fraction, peripheral dose).
Bhupesh Parashar et al. [15]	USA, 2011	68 (40-91), M37/F49	Retrospective study	86	Chemotherapy.
Jedidiah M. Monson et al. [16]	USA, 1998	61 (32-86), M47/F36	Retrospective study	83	Low performance status, comorbid lung disease, smoking history, low pulmonary function tests, and the absence of a surgical resection.
Shiva K. Das et al. [17]	USA, 2008	62 (43-83), 64 (27-87); M/F (8/4, 22/9)	Case-control study	34/185	Chemotherapy, EUD for exponent=1.2 to 3; EUD for a=0.5 to 1.2, lung volume receiving 20-30 Gy; female sex; and squamous cell histology.
Falk Roeder et al. [18]	Germany, 2010	63 (42-80), 62 (37-90); M/F (26/7, 145/64)	Case-control study	33/209	V30 and V40.
H. Takahashi et al. [19]	Japan, 2001	65.7; 64.5; M/F (8/4, 11/2)	Case-control study	12/13	Surfactant proteins A and D.
Takashi Uno et al. [20]	Japan, 2006	68 (52-80), M16/F5	Retrospective study	21	A somewhat lower V dose value or MLD.
MICHAEL FAY et al. [21]	Australia, 2004	M73/F21	Retrospective study	156	V30 and MLD.
Tae Hyun Kim et al. [22]	Korea, 2005	60 (35-79), M66/F10	Retrospective study	76	MLD.
MASASHI KOTO et al. [23]	Japan, 2007	72 (47-85), M59/F21	Retrospective study	80	Dosimetric factors.
Songhao et al. [24]	China, 2009	63.5 (41-76), 64.5 (43-78); M/F (41/11, 81/23)	Case-control study	52/104	Diabetes.
Xiao Chun et al. [25]	China, 2010	55.66 (40-71), 59.32 (49-69); M/F (36/6, 39/7)	Case-control study	46/42	-
Tiziana Rancati et al. [26]	Italy, 2003	66 (33-82), M75/F9	Retrospective study	84	Mitomycin or COPD.
Wang Yingjie et al. [27]	China, 2005	64 (20-87), M87/F25	Retrospective study	112	-
THEODORE J. ROBNETT et al. [28]	USA, 2000	63 (30-85), M82/F61	Retrospective study	144	Pretreatment performance status, gender, and FEV1.
Xiao-Jing Zhang et al. [29]	China, 2012	M1091/F4256	Retrospective study	5347	Chronic lung disease, diabetes mellitus, low pre-RT pulmonary function, smoking, tumor located in middle or lower lobe, RT combined with chemotherapy, absence of pre-RT lung tumor surgery, without amifostine combined RT (or RCT), end-RT/preRT TGF-b1 ratio C1 and some dose-volume parameters.
Michelle A. T. Hildebrandt et al. [30]	USA, 2010	63.60 (9.98), M91/F82	Retrospective study	173	Genetic variations among inflammation pathway genes.
ELLEN X. HUANG et al. [31]	USA, 2011	65 (31-94), M105/F104	Retrospective study	209	Heart irradiation.
Alena NJ, et al. [32]	USA, 2004	68.3 (51-89), M37/F11	Clinical trial	48	-
WANG Wei-Hual et al. [33]	China, 2006	52 (33-70), M25/F6	Retrospective study	31	-
YEVGENIY VINOGRADSKIY et al. [34]	USA, 2012		Retrospective study	547	GTV centroid information.

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ANDREW J. HOPE et al. [35]	USA, 2006	65.2 (31-94), M108/F111	Retrospective study	219	Inferior tumor position.
SANG-WOOK LEE et al. [36]	Korea, 2003	60 (37-76), M10/F136	Clinical trial	161	Hyperfractionated three-dimensional CRT and concurrent chemotherapy.
Ming Yin et al. [37]	USA, 2011	63 (35-88), M125/F103	Retrospective study	228	HR genetic polymorphisms, particularly RAD51 2135G.C.
George Rodrigues et al. [38]	Canada, 2004		Retrospective study		Dose-volume histogram parameters.
Dongryul Oh et al. [39]	Korea, 2009	71 (32-88), M57/F12	Retrospective study	69	Dosimetric parameters (V20 and MLD).
Hiroki Kobayashi et al. [40]	Japan, 2010	67 (44-75), M33/F4	Retrospective study	37	V5 and V13.
AKIRA INOUE et al. [41]	Japan, 2001	63.9 (36-86), M154/F37	Retrospective study	191	Low PaO2 (<80 torr) before radiotherapy.
mototsugu Yamano et al. [42]	Japan, 2007	64.9 (35-89), M112/F23	Retrospective study	135	Grades.
YOSHIHIKO SEGAWA et al. [43]	Japan, 1997	70 (41-90), M70/F19	Retrospective study	89	Administration of a huge dally dose.
M. Yamada et al. [44]	Japan, 1998	66.6 (43-86), M50/F10	Retrospective study	60	Irradiated site (included lower lung @eld) and concurrent CRT used with weekly CPT-11.
Luigi De Petris et al. [45]	Sweden, 2005	63 (44-77), M18/F14	Retrospective study	32	GTV, chemoradiotherapy.
Takeyuki Makimoto et al. ([46]	Japan, 1999	70.2 (57-85), 69.0 (44-86); M/F (16/1, 83/11)	Retrospective study	17/94	Pre-existing interstitial changes detected by chest radiography or computed tomography and radiotherapy to the contralateral mediastinum (> 40 Gy).
Yosuke Matsuno et al. [47]	Japan, 2006	73 (45-83), 74 (52-86); M/F (18/1, 19/1)	Retrospective study	19/20	KL-6.
Y. Ishii et al. [48]	Japan, 1999	64.9 (48-73), 66.1 (45-79), M/F (12/0, 17/1)	Retrospective study	12/18/13	Soluble intercellular adhesion molecule-1.
Jing Wang et al. [49]	China, 2009	65 (42-74), M20/F3	Retrospective study	23	Levels of serum TGF-β1.
DANIEL T. CHANG et al. [50]	USA, 2006	66 (34.9-84.9), M42/F26	Retrospective study	68	V20 or MLD.
JINGFANG MAO et al. [51]	USA, 2007	64 (40-87), M47/F44	Retrospective study	91	Pre-RT chemotherapy.
Z. Kocak et al. [52]	USA, 2005	62 (27-84), 65 (37-87), M/F (26/23, 59/69)	Retrospective study	49/128	PORT.
Steven E. Schild et al. [53]	USA, 2003	64 (36-79), M155/F89	Retrospective study	244	Combined-modality therapy.
S. J. Clenton et al. [54]	UK, 2005	64 (36-79), M106/F54	Retrospective study	160	V _{200y} value.
Alena Novakova-Jiresova et al. [55]	The netherlands, 2004	62 (45-76), 65 (44-76), M/F (34/1, 10/1)	Retrospective study	35/11	Plasma TGF-b.
Wang Jing et al. [56]	China, 2009	65 (42-81), M91/F24	Retrospective study	115	V5.
Watanabe H et al. [57]	Japan, 1995	63.5 (32-71), M32/F25	Retrospective study	57	Male sex, chronic obstructive lung disease and chemotherapy.
Xie Songxi et al. [58]	China, 2006	62 (38-79), M19/F6	Retrospective study	25	V20.
Zhang Bin, et al. [59]	China, 2010	59 (32-74), M35/F12	Clinical trial	47	Three dimensional conformal radiotherapy, chemotherapy, radiation-induced pulmonary.
E. M. Wilson [60]	UK, 2003	(30-78)	Clinical trial	70	Three-dimensional conformal radiotherapy.
Zhong jun, et al. [61]	China, 2007	(33-79)	Clinical trial	53	TGF-β1.
Yu xian, et al. [62]	China, 2011	(32-83), M52/F10	Clinical trial	62	Radiation pneumonitis was affected by multiple factors. Patients with COPD or abnormal lung function should be treated with optimal plan, and V30<25%.
Cai Yong, et al. [63]	China, 2006	(32-83), M216/F84	Clinical trial	300	Chemotherapy and radiation treatment cycle, the synchronization use ammonia phosphorus set and the radiation dose, M L D radiation factors including lung v10s V 20 and cytokines A CE, have certain correlation with the occurrence of RP.
ELLEN D. YORKE, et al. [64]	USA, 2005	70 (39-84), M49/F29	Clinical trial	78	Correlations between severe pneumonitis and whole lung V13 and with other dose-volume factors of total lung and lower lung are confirmed.

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R. BRYAN BARRIGER, et al. [65]	India, 2010	-	Clinical trial	243	Predictive factors for RP were MLD > 18 Gy and treatment with CD.
Ji-Yoon Kim, et al. [66]	Korea, 2009	63 (42-78), M25/F9	Clinical trial	34	Changes of TGF- β 1 could be correlated with RP and the incorporation of the biological parameters into the dosimetric data could be useful for predicting symptomatic RP.
Zhang Yong, et al. [67]	China, 2009	63 (39-82), M27/F13	Clinical trial	40	Standardized uptake value (SUV) and the SUV ratio of the irradiated lung tissue to that of the non-irradiated lung tissue (L/B) for FDG PE7r-CT are positively correlated with radiation pneumonitis, and clinicians may use it to predict the occurrence of radiation pneumonitis.
Lujun Zhao, et al. [68]	China, 2007	56 (40-81), M35/F4	Clinical trial	39	Plasma ACE as a predictive factor for radiation pneumonitis deserves further study.
Elizabeth S. Evans, et al. [69]	USA, 2006	65 (33-88), M55/F45	Clinical trial	100	TGF- β 1 is generally not predictive for RP except for the group of patients with a high V30.
Feng Ming Kong, et al. [70]	China, 2001	(70-100)	Clinical trial	194	Loss of the <i>M6P/IGF2R</i> gene may predispose patients to the development of radiation-induced lung injury .
MITCHELL S. ANSCHER, et al. [71]	USA, 1998	M43/F30	Clinical trial	73	Plasma TGF- β 1 levels appear to be a useful means to identify patients at low risk for the development of pneumonitis from thoracic RT.
XIAO-LONG FU et al. [72]	USA, 2001	M60/F43	Clinical trial	103	Combining both physical and biologic risk factors may allow for better identification of patients at risk for the development of symptomatic radiation-induced lung injury.
Ezra E. W. Cohen, et al. [73]	USA, 2001	-	Clinical trial	848	Advances in radiation therapy are triggering a revolution in dose intensity and scheduling that will one day offer superlative local control.
Dosia Antonadou [74]	USA, 2002	M131/F15	Clinical trial	146	Amifostine reduces the incidence of acute and late radiation-induced toxicities.
R. Komaki et al. [75]	USA, 2002	M26/F27	Clinical trial	53	Amifostine significantly reduced acute severe esophagitis and pneumonitis.
DOSIA ANTONADOU, et al. [76]	Greece, 2001	(39-78), M131/F15	Clinical trial	146	Amifostine reduces the incidence of pneumonitis, lung fibrosis, and esophagitis in radiotherapy patients with lung cancer without compromising antitumor efficacy.
RITSUKO KOMAKI et al. [77]	USA, 2003	63.5 (37-80), M33/F29	Clinical trial	62	Conclusion: Amifostine reduced the severity and incidence of acute esophageal, pulmonary, and hematologic toxicity resulting from concurrent cisplatin-based chemotherapy and RT. Amifostine had no apparent effect on survival in these patients with unresectable non-small-cell lung cancer.
YASUHIRO NAKAYAMA, et al. [78]	Japan, 1996	(39-78), M22/F6	Clinical trial	28	Irradiation can induce accumulation of activated T-cells (HLADR and ICAM-I-positive T-cells) in the lung.
Z. VUJASKOVIC, et al. [79]	USA, 2000	62 (44-76)	Clinical trial	27	Elevated TGF-b levels during radio-therapy may not only indicate patients with a higher risk of developing pulmonary toxicity but also patients with a higher risk of treatment failure.

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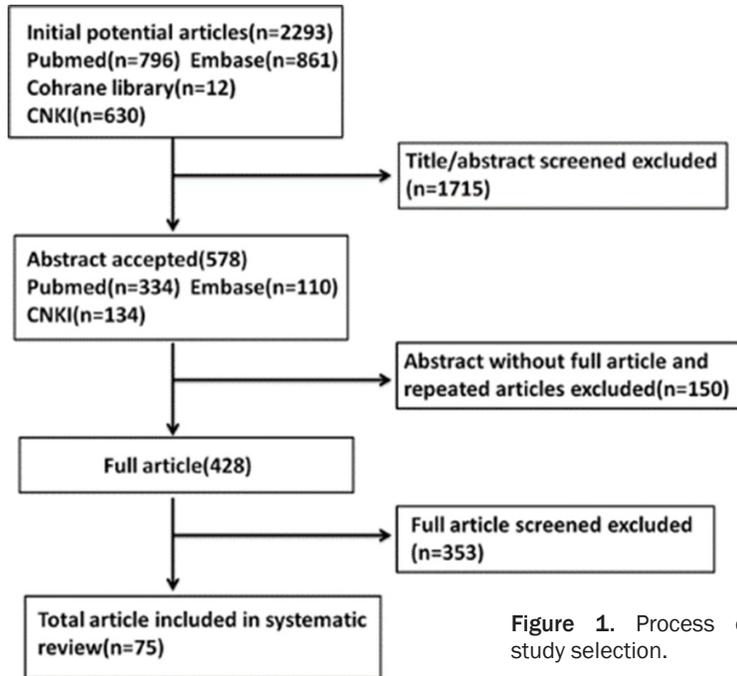


Figure 1. Process of study selection.

Among the 75 included articles, Fu XL's research [73] had two sets of data. 6 articles [63, 83-87], which were all randomized controlled trials, focused on the relationship between occurrence of RP and the use of Amifostine, while the other 68 articles were all case-control studies. The exposed factors included 6 demographics (gender, age, chronic lung diseases, pulmonary function, diabetes and tumor site) and 3 treatment factors (operation before radiotherapy, combined radio-chemotherapy treatment, the use of Amifostine). The process of study selection was listed in **Figure 1**.

Associations with demographics

Gender: 18 articles [4, 6, 12, 14, 15, 17, 20, 25-27, 30, 35, 38, 43, 54, 56, 59, 60] including 2178 cases indicated there was no association between gender and the occurrence of RP based on fixed effect model ($P=0.73$, OR: 0.97, 95% CI: 0.82-1.15), correlated with the result ($P=0.45$, OR: 1.12, 95% CI: 0.84-1.49) based on random effect model, which indicated that the result was credible due to its low sensitivity and high stability (**Figure 2A**).

Age: 4 articles [15, 20, 27, 60] including 297 cases analyzed by taking 60 years old as a separatrix (**Figure 2B**). We used random effect model according to $P \leq 0.10$, $I^2 > 50\%$, and the

results were $P=0.30$, OR: 1.75, 95% CI: 0.61-5.03, correlated with the result ($P=0.20$, OR: 1.48, 95% CI: 0.81-2.71) based on fixed effect model, which indicated that the result was credible.

Another 4 articles [6, 15, 43, 49] including 511 cases analyzed by taking 70 years old as a separatrix (**Figure 2C**). We used fixed effect model and the results were $P=0.24$, OR: 1.33, 95% CI: 0.83-2.15, correlated with the result ($P=0.27$, OR: 1.38, 95% CI: 0.77-2.46) based on random effect model, which indicated that the result was credible. Through meta-analysis of these two data, it was believed that there was no association between age and

RP. Although the former data had large heterogeneity, we could not take subgroup analysis because the article number was small.

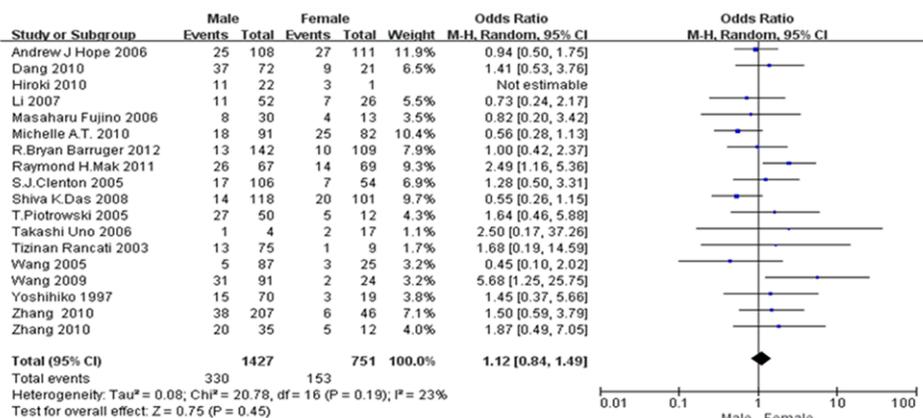
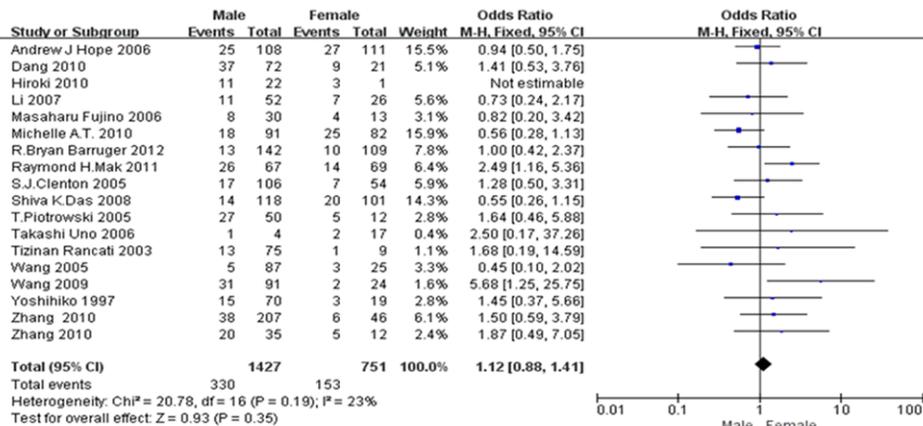
Chronic pulmonary diseases: 13 articles [7, 15, 16, 18, 22, 26, 27, 46, 47, 50, 56, 57, 60] including 1409 cases indicated that patients with chronic pulmonary diseases were more liable to have RP based on the result of fixed effect model ($P < 0.00001$, OR: 2.18, 95% CI: 1.59-3.00), correlated with the result ($P < 0.0001$, OR: 2.35, 95% CI: 1.57-3.51) based on random effect model, which indicated that the result was credible (**Figure 2D**).

Pulmonary function before radiotherapy: 3 articles [7, 16, 22] including 237 cases focused on the relationship between forced expiratory volumes in 1 s ($FEV1 \geq 2L$ vs. $< 2L$) and RP. The data indicated that patients whose $FEV1 < 2L$ were more likely to have RP based on the result of fixed effect model ($P=0.004$, OR: 0.27, 95% CI: 0.11-0.65), correlated with the result ($P=0.004$, OR: 0.27, 95% CI: 0.11-0.66) based on random effect model, which indicated that the result was credible (**Figure 2E**). But the funnel plot was not completely displayed, considering there were publication bias (**Figure 2F**).

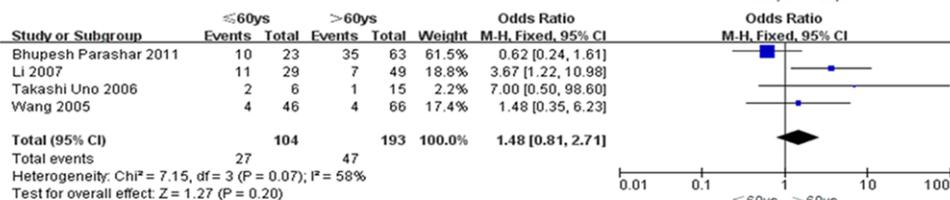
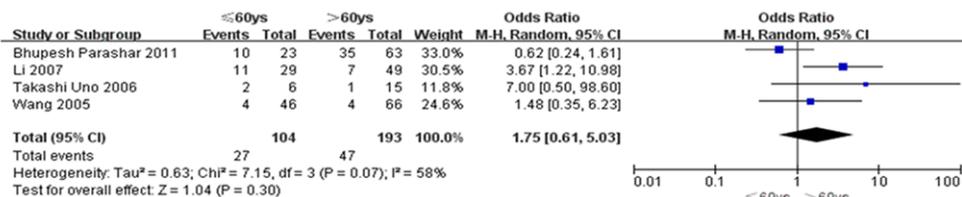
Diabetes: 3 articles [7, 27, 56] including 365 cases indicated that patients with diabetes

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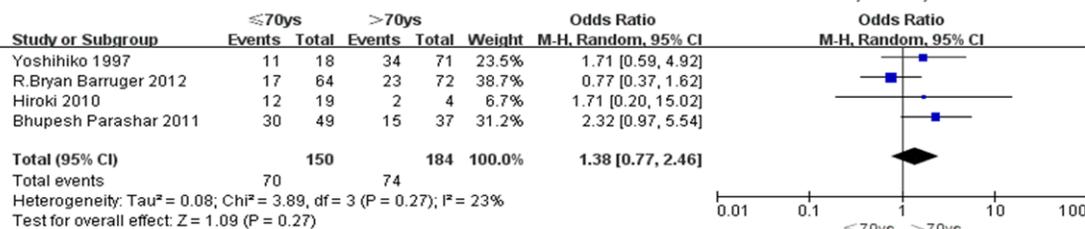
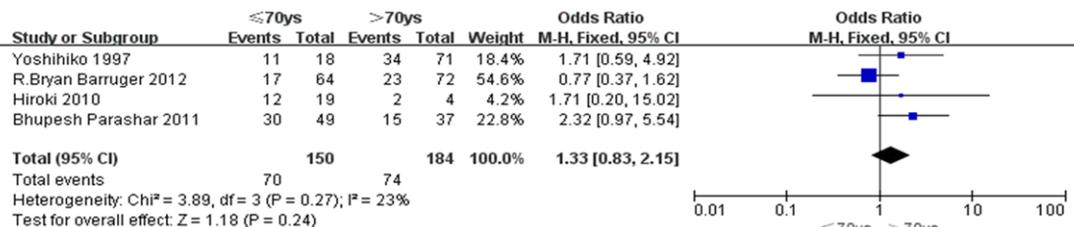
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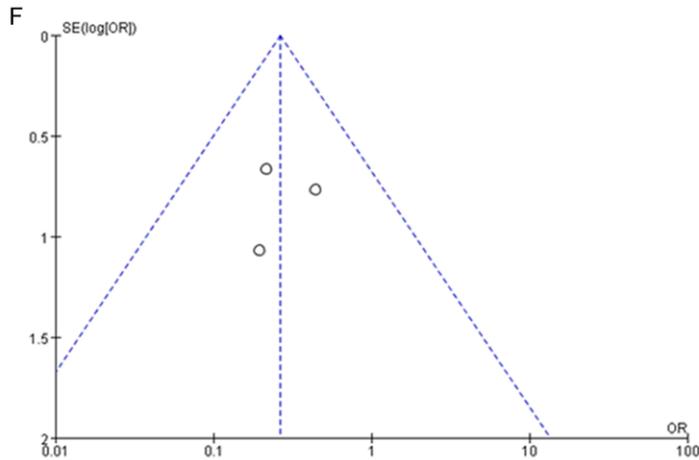
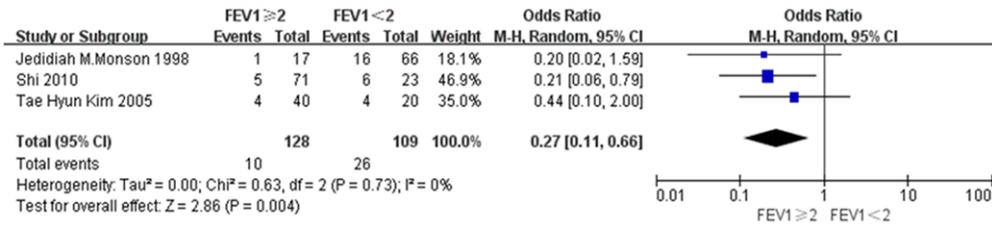
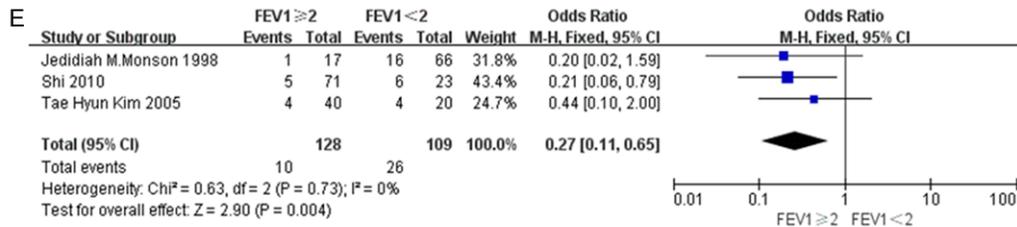
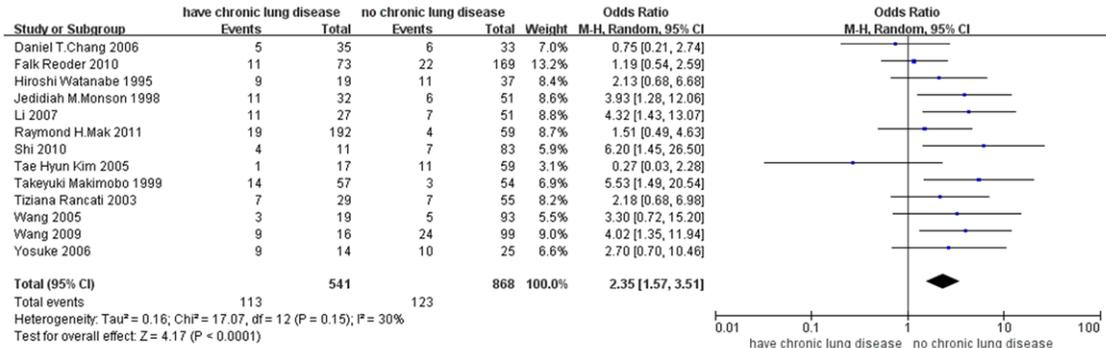
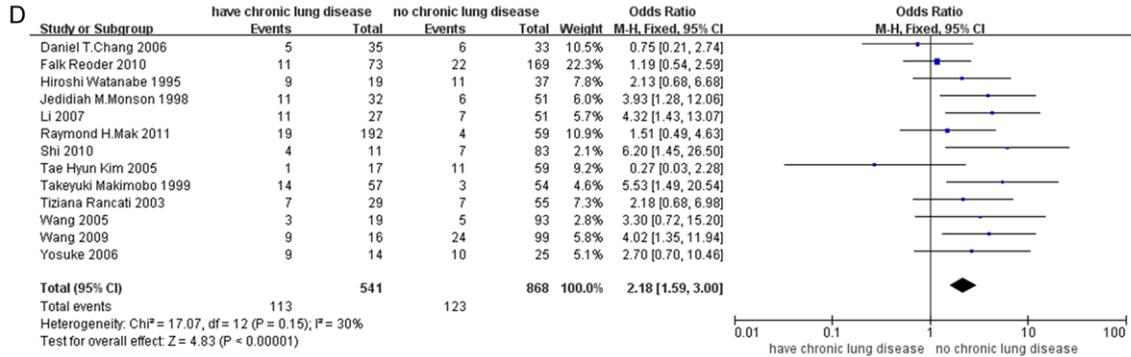
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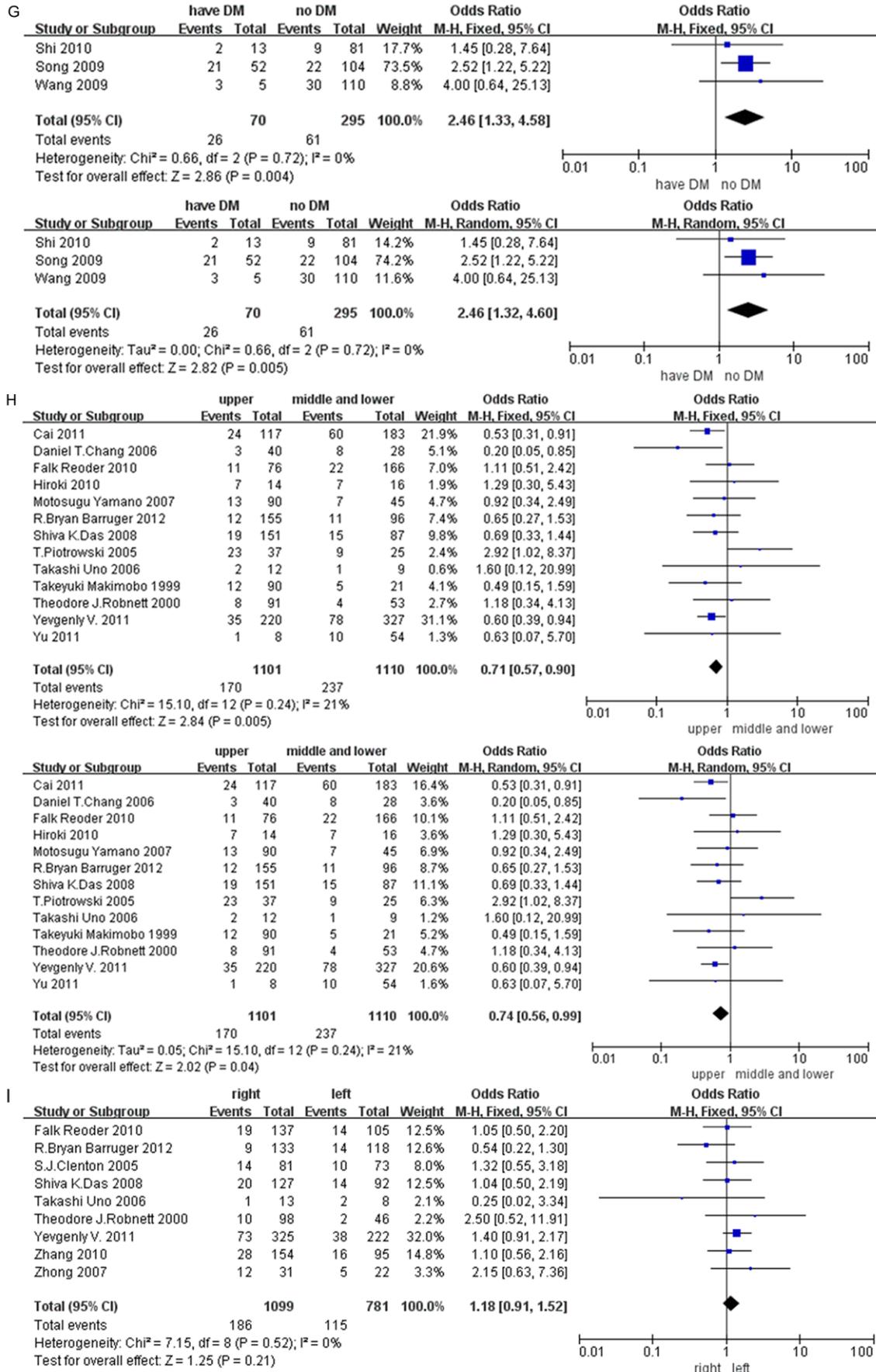
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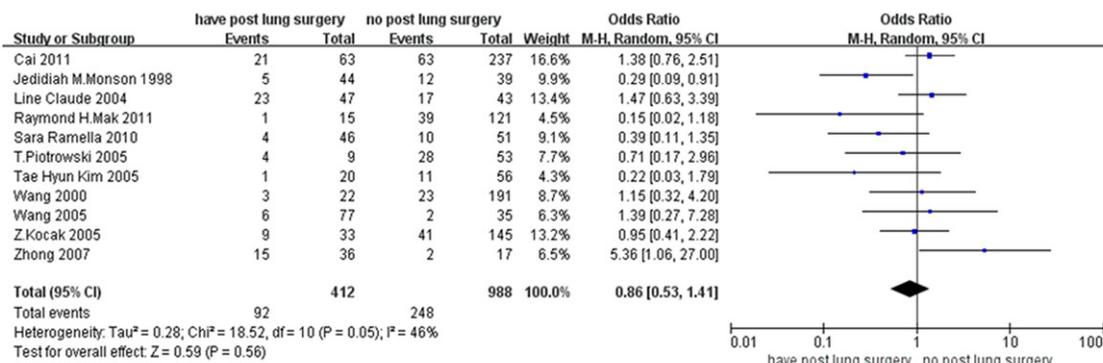
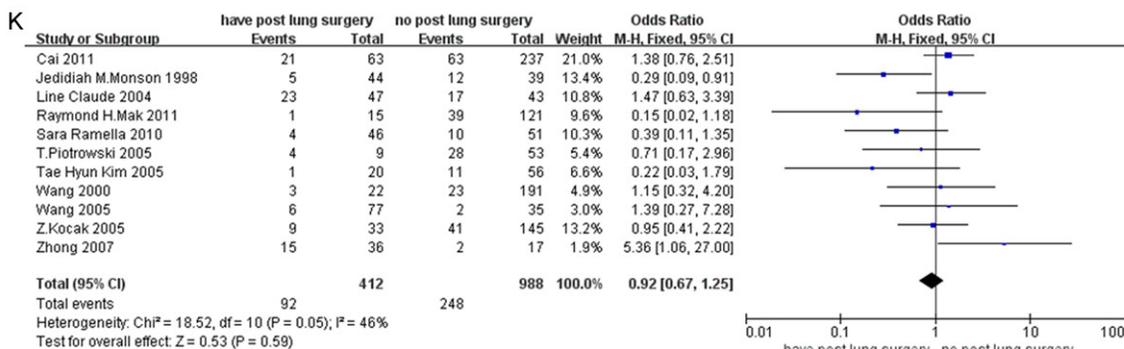
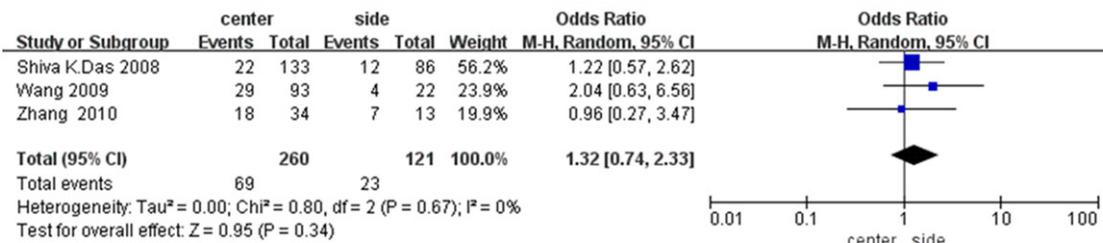
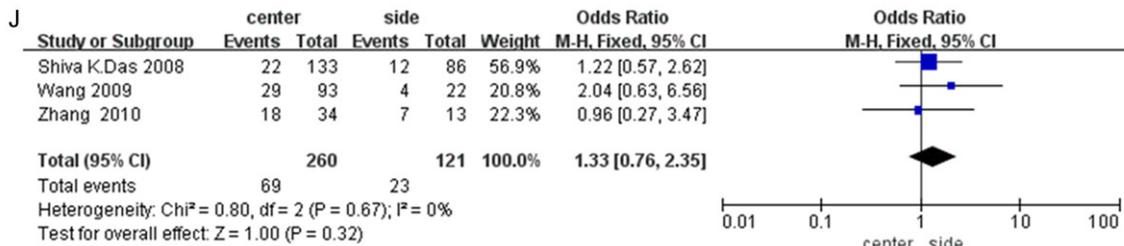
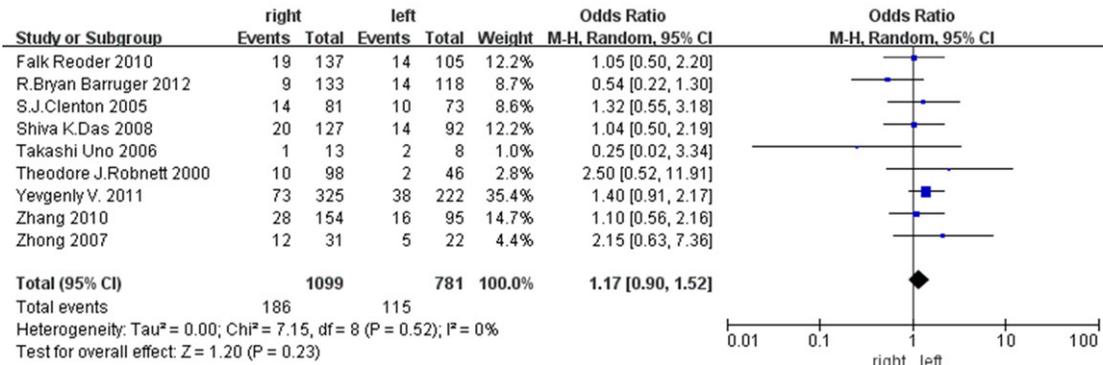
Radiation pneumonitis after radiotherapy



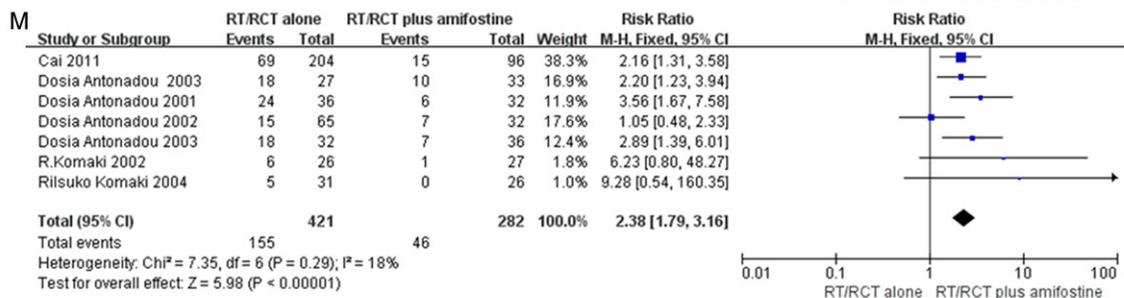
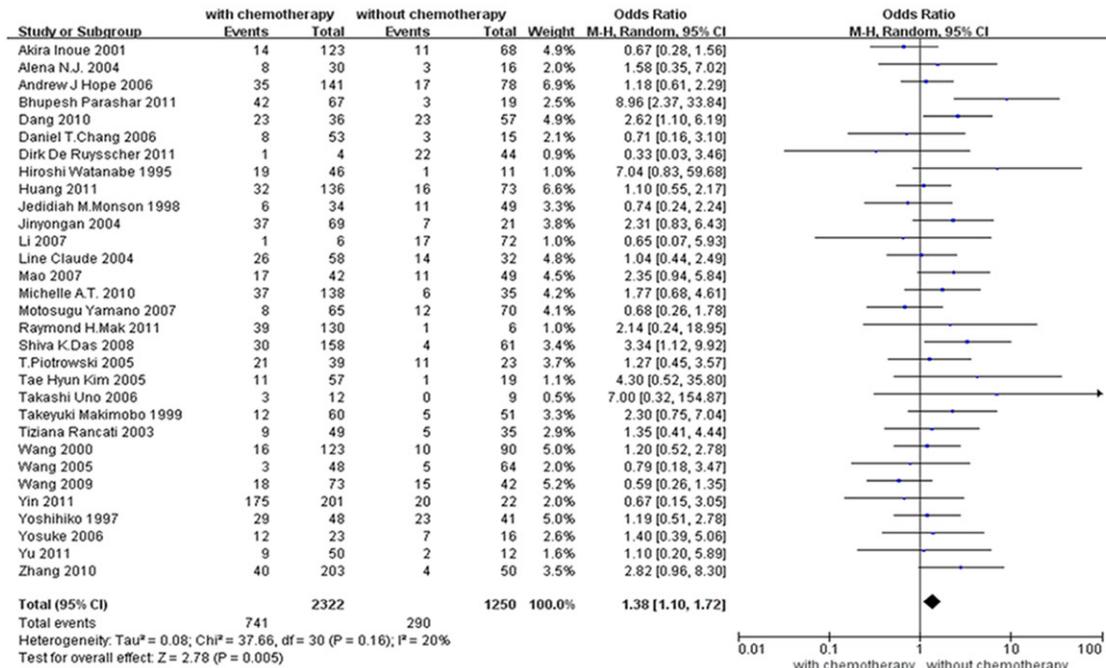
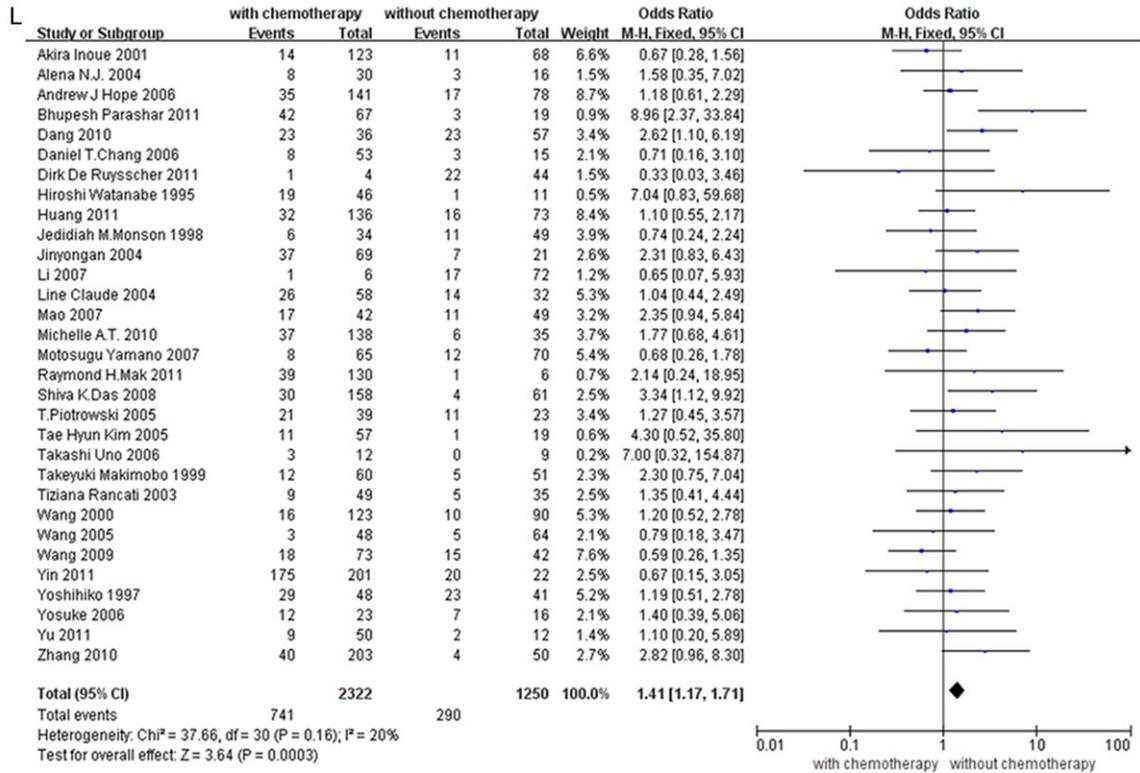
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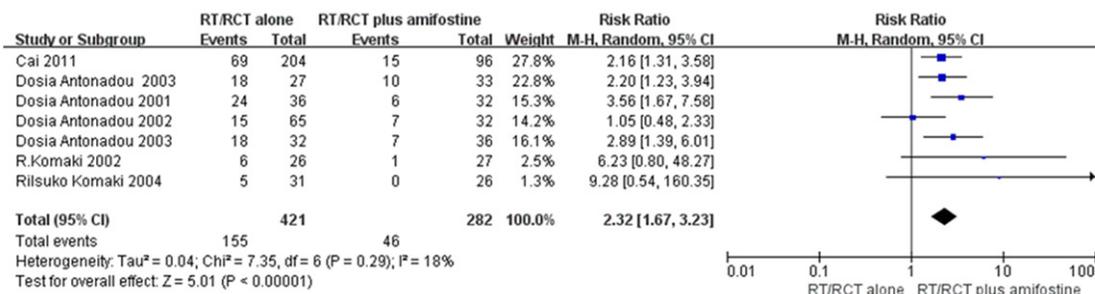


Figure 2. A. Effects estimates and 95% CI of RP odds ratio (OR) associated with Age ≤ 60 ys or > 60 ys. B. Effects estimates and 95% CI of RP odds ratio (OR) associated with Age ≤ 70 ys or > 70 ys. C. Effects estimates and 95% CI of RP odds ratio (OR) associated with chronic pulmonary diseases. D. Effects estimate and 95% CI of RP odds ratio (OR) associated with pulmonary function before radiotherapy. E. Funnel plot of RP associated with pulmonary function before radiotherapy. F. Effects estimate and 95% CI of RP odds ratio (OR) associated with diabetes. G. Effects estimate and 95% CI of RP odds ratio (OR) associated with central type vs. peripheral type lung cancer. H. Effects estimates and 95% CI of RP odds ratio (OR) associated with left lung vs. right lung cancer. I. Effects estimates and 95% CI of RP odds ratio (OR) associated with upper lung vs. middle or lower lung cancer. J. Effects estimates and 95% CI of RP odds ratio (OR) associated with operations before radiotherapy. K. Effects estimate and 95% CI of RP odds ratio (OR) associated with radio-chemotherapy treatment. L. Effects estimate and 95% CI of RP odds ratio (OR) associated with sequential chemotherapy. M. Effects estimates and 95% CI of RP odds ratio (OR) associated with operation before.

were more liable to have RP based on the result of fixed effect model ($P=0.004$, OR: 0.27, 95% CI: 1.33-4.58), correlated with the result ($P=0.005$, OR: 2.46, 95% CI: 1.32-4.60) based on random effect model, which indicated that the result was credible (**Figure 2G**).

Tumor location: 13 articles [6, 17, 18, 20, 28, 34, 38, 42, 46, 49, 50, 62, 63] including 2211 cases (**Figure 2F**), 9 articles [6, 17, 18, 20, 28, 34, 54, 59, 61] including 1880 cases (**Figure 2H**) and 3 articles [17, 56, 59] including 381 cases (**Figure 2I**) successively focused on upper lung vs. middle or lower lung, left lung vs. right lung and central type vs. peripheral type lung cancer. The OR and 95% CI of each data were 0.71 [0.57, 0.90], 1.18 [0.91, 1.52], 1.33 [0.76, 2.35] based on the fixed effect model and P -values each were 0.005, 0.21, 0.32, which indicated that the patients with left lower lung cancer were more likely to have RP. Adjusted into random effect model, the OR and 95% CI of each data were 0.74 [0.56, 0.99], 1.17 [0.90, 1.52], 1.32 [0.74, 2.33] and P -values each were 0.04, 0.23, 0.34, correlated with the result based on fixed effect model, which indicated that the result was credible.

Association with treatment factors

Operations before radiotherapy: 11 articles [8, 10, 13, 15, 16, 22, 27, 38, 52, 61, 63] including 412 cases indicated that there was no associa-

tion between operation before radiotherapy and the occurrence of RP based on fixed effect model ($P=0.59$, OR: 0.92, 95% CI: 0.67-1.25), correlated with the result ($P=0.56$, OR: 0.86, 95% CI: 0.53-1.41) based on random effect model, which indicated that the result was credible (**Figure 2J**).

Combined radio-chemotherapy treatment: 31 articles including 3572 cases [8, 9, 11-13, 15-17, 20, 22, 26, 27, 29-31, 32, 35, 37, 38, 41-43, 46, 47, 50, 51, 56, 57, 60, 62] (**Figure 2K**), 18 articles including 1760 cases [9, 12, 15, 17, 27-29, 31, 35, 41, 43, 44, 46, 47, 55, 56, 60, 63] (**Figure 2L**) successively focused on radio-chemotherapy treatment vs. radiotherapy treatment alone and sequential chemotherapy vs. concurrent chemotherapy. The OR and 95% CI of the two series were 1.41 [1.17, 1.71], 0.97 [0.76, 1.25] based on fixed effect model and P -values were 0.0003 and 0.83, which indicated that patients with combined radio-chemotherapy treatment were more likely to have RP, Adjusted into random effect model, the OR and 95% CI of the two series were 1.38 [1.10, 1.72], 1.02 [0.71, 1.47], and P -values were 0.005 and 0.90, correlated with the result based on fixed effect model, which indicated that the result was credible.

The use of radiotherapy sensitization agent-Amifostine: 7 articles [63, 73-77] including 703 cases indicated that the use of Amifostine was

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associated with the occurrence of RP based on fixed effect model ($P < 0.00001$, OR: 2.38, 95% CI: 1.79-3.16), correlated with the result based on random effect model ($P < 0.00001$, OR: 2.32, 95% CI: 1.67-3.23), which indicated that the result was credible (Figure 2M).

Discussion

Radiation pneumonitis is a restrictive factor to limit the dosage of chest radiation dose, which is also one of the essential risk factors to affect the prognosis of lung cancer patients after radiotherapy [11]. RP often occurs 2-3 months after radiation. If patients at the acute stage were not treated on time, the grade of RP would increase. Conversely, if patients received proper treatment, the RP in some of them would be degraded and some still gradually led to the stage of lung fibrosis. As three-dimensional conformal radiotherapy (3D-CRT) is widely applied, researchers are paying more attention to the relationship between lung dose-volume histogram parameters and RP.

Recent researches suggested that, in clinical factors, gender, age, pulmonary function, tumor sites and treatment factors were related to the occurrence of radiation pneumonitis after radiotherapy. Dang J's research [11] showed that gender had independent effects on the occurrence of RP and the risk of RP morbidity in female was evidently lower than that in male, while more researchers [5, 28] supported that female patients had more opportunities to get this disease. Robnett et al. had analyzed 144 cases of patients with lung cancer, and found that the RP morbidity was higher in female than in male (15% vs. 4%, $P = 0.01$). Their explanation was that the lung volume of female was relatively smaller, and it would be more likely for RP to occur in the same dosage of chest radiation dose. In addition, RP may be a kind of hypersensitivity, similar to autoimmune disease, which was more often in female. The interpretation of this discrepancy is difficult, the possible contributing factors, such as sample size for each gender, difference of living environment, personal smoking history, and genetic background could not be completely ruled out.

Meanwhile, it is widely believed that lung cancer patients who combined with chronic pulmonary diseases [7, 16, 26] and undertook com-

bined radio-chemotherapy treatments [10, 11, 26, 72] had more chances to get RP. However, the influence of cigarette smoking on the development of RP had shown conflicting results in prior studies, with some showing an increase in risk, others no relationship, and still others a protective effect [80-84]. The systematic review of Vogelius I.S. et al. [80] showed that old age, middle or lower lung cancer, combined with complications were risk factors for occurrence of radiation pneumonitis after radiotherapy, and it is interesting to note that in their study current smoking status (defined as active smoking during treatment with or without continued smoking after treatment) was found to be protective against the development of RP because smoking is known to be associated with elevated basal circulating TGF beta levels [85-87]. Also, smoking was known to favor a TH2 immunologic response to noxious stimuli. It is tempting to speculate that the up-regulation of TH2 responses in the lungs of active smokers may be preventing or ameliorating increases in TGF- β during treatment and thereby protecting against the development of subsequent toxicity, but this relationship cannot be proven in this study as we do not have TGF beta levels available for review.

Conclusions

The results of this paper are all convinced by heterogeneity analysis and sensitivity test. We also evaluate the bias effects on final results through sensitivity analysis. Based on the results of our study, we raise a conclusion that the risk factors of radiation pneumonitis are chronic lung diseases, pulmonary function, diabetes, tumor located in left lower lung, combined radio-chemotherapy and using radiotherapy sensitization agent-Amifostine. That is to say, upper lung cancer patients with strong pulmonary function and without complications such as diabetes or chronic pulmonary diseases have less chance getting radiation pneumonitis after the simple radiotherapy added with radiotherapy sensitization agent-Amifostine.

Disclosure of conflict of interest

None.

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