

Original Article

Systematic evaluation of an animal model for maxillary sinus floor elevation with immediate implant

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Abstract: Objective: The goal of this study was to introduce and evaluate an animal model for maxillary sinus floor elevation with immediate implant placement. Materials and methods: Six beagles were included in our study. Computed tomography (CT) for all beagles was obtained and transformed into the Mimics 18.0 software preoperatively. A section located between the first molar and the greater palatine foramen was selected to reach the sinus floor. All beagles had the sinus floor raised from this section. Then, the elevated spaces were filled with Bio-Oss. Finally, the implants were placed simultaneously. The initial stability, implant stability quotient (ISQ), postoperative CT, and histological observation were used to evaluate the animal model. The results were analyzed by the Wilcoxon signed rank test. Results: All lifting surgeries were successfully performed from the section without sinus membrane perforation. Initial stability of all implants ranged between 35 and 55 N·cm. The mean (SD) of ISQ intraoperatively and 3 months postoperatively were 65.3 (3.0) and 78.7 (2.7). There was a significant difference for ISQ ($P < 0.0001$). Immediate postoperative CT revealed that all implants were located in the middle of the sinus floor, and no peri-implant indication changes were noted in the 3 months postoperative CT. Histological analysis showed a 66.3% bone-implant contact (BIC) in situ. Conclusions: The mentioned section is a suitable surgical approach for sinus floor elevation and a stable implant placement area. Therefore, this is a favorable animal model for the sinus elevation with immediate implant placement.

Keywords: Maxillary sinus floor elevation, immediate implant, implant stability, beagle

Introduction

The main rehabilitation obstacle in the posterior region of the maxilla is the process of the maxillary posterior alveolar bone resorption that occurs after the loss of teeth, with later pneumatization of the maxillary sinus [1]. Researchers are conducting extensive preclinical base research in finding new techniques and materials for treating this obstacle on animal models. Usually canines, sheep, pigs or rabbits serve as animal models for implants in the maxillary posterior teeth area [2-5]. Canines are considered as one of the commonest models used for dental animal experiments, because they are abundant in quantity, easy to keep, adaptable to their environment, durable, strong against infection, and have bigger oral clefts than the other models [2].

In the canine model, the modified Caldwell-Luc procedure was consistently used to access the maxillary sinus through the lateral bony wall, then release the sinus membrane, and finally elevate the membrane from the sinus floor in order to obtain larger spaces and immediate implant placement [6]. This model is not only used to research the floor lifting surgery, but could also be used for implant placement simultaneously in sinus. However, this procedure leads to a longer experimental time, more serious postoperative complications and intraoperative traumas due to the extraction of the posterior maxillary teeth [2, 7, 8]. In order to obtain a minimally invasive canine model, our team reported a modified technique for maxillary sinus floor elevation in beagles [9]. In the model, the surgical procedure was performed

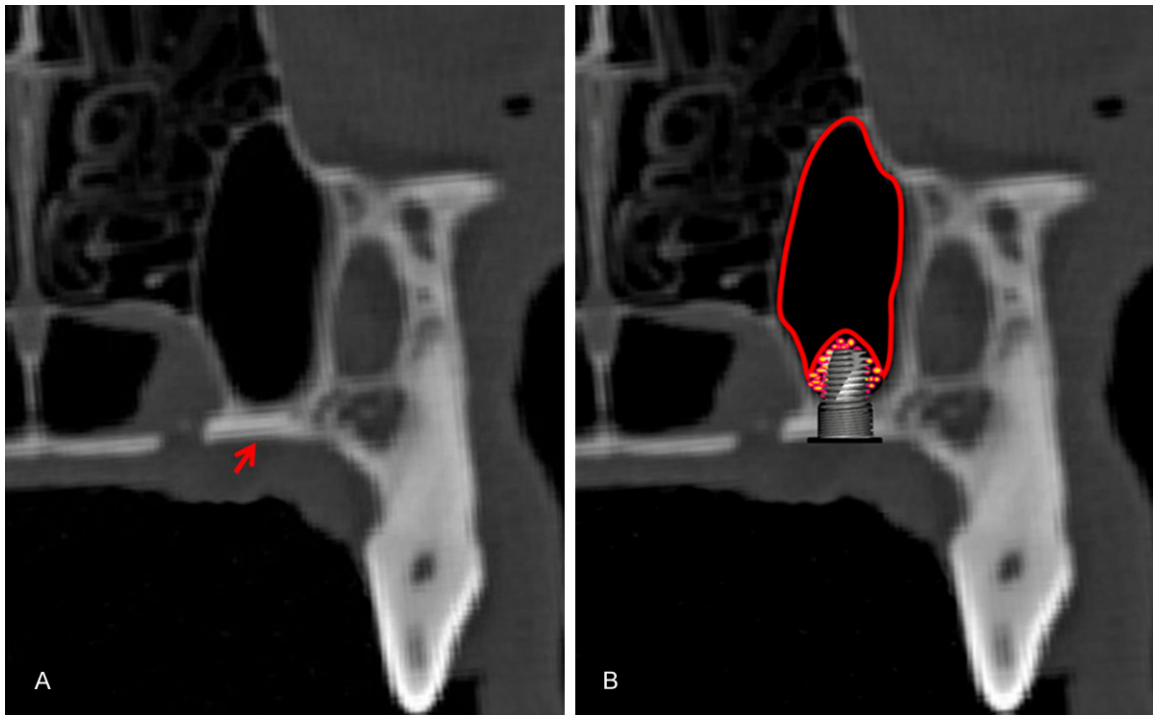


Figure 1. The section for maxillary sinus floor elevation in beagle model: A. The section located on the palatal side of the first maxillary molar distal cusp is selected as the surgical approach. B. It is needed to further confirm whether the implant should be placed in the section.

on the palatal side of the first maxillary molar distal cusp, and on the lateral area of the palatine foramen instead of the lateral bony wall of the sinus (**Figure 1A**). With this modified minimal invasive technique, extraction of the posterior teeth and the 3 months of tissue healing period are no longer required [9]. Therefore, the modified lifting surgery was more convenient for the research in the maxillary sinus area. Afterwards, our team used the endoscope to assist the lifting of the sinus membrane in this model, and confirmed that endoscopic lifting of the floor of the maxillary sinus is a safe and effective approach based on direct observation [10]. However, this study solely reported the process of modified maxillary sinus floor elevation. No further details on whether implant could be placed simultaneously with surgical approach on the model are presented. Therefore, it is necessary to further confirm the possibility of the model for maxillary sinus floor elevation with immediate implant placement (**Figure 1B**), which will also increase the indications for the field of research of implant placement and new implant materials.

Materials and methods

Animals

6 healthy beagles, aged 18 months old, with an average weight of 13.4 Kg, were used in this study. This study was conducted in accordance with the Ethics Committee of Shanghai Jiao Tong University School of Medicine.

Surgical procedure

Under general anesthesia through intramuscular injection of ketamine (10 mg/kg) for all beagles, every sinus (12 in totals) was treated with a palatal gingival margin incision from the distal surface of the third premolar to the palatal surface of the second molar. A full-thickness mucoperiosteal flap was reflected from the palatal gingival margin to the middle part between the sinus floor and the greater palatine foramen. The section between the distal dental cusp of the first molar and the greater palatine foramen was selected as the surgical approach. Then, a 3.5 mm implant fossa was prepared under the section, using a special bone bur in

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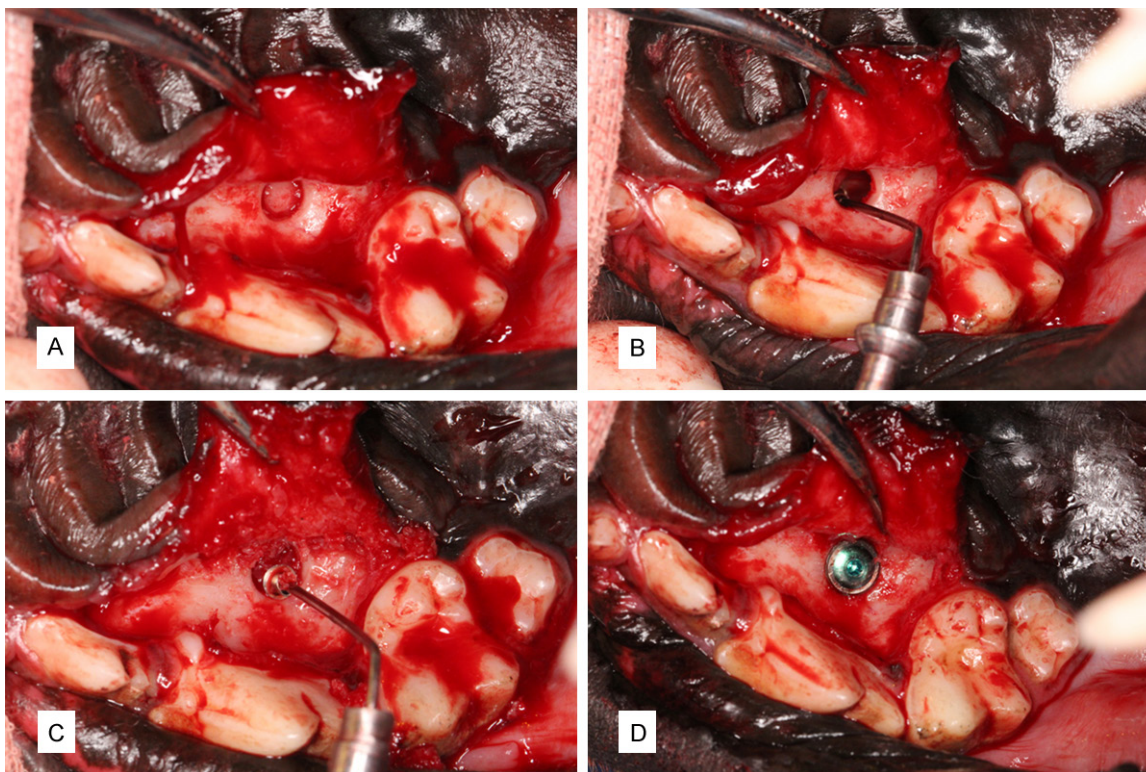


Figure 2. Surgical procedure: A. The implant fossa was drilled in the section. B. The sinus membrane was lifted by using the elevator. C. The elevated space was filled with Bio-Oss. D. The implant was placed in the section simultaneously.

combination with a stopper in the Crestal Approach Sinus (CAS) kit (Osstem, Seoul, South Korea) (**Figure 2A**). Next, the membrane was elevated to 10 mm with the help of a sinus membrane elevator, which was designed and manufactured by the authors (**Figure 2B**). Afterwards, the elevated space was filled with Bio-Oss (0.8 mL, Geistlich Biomaterials, Wolhusen, Switzerland) (**Figure 2C**), and the implant (4 × 8 mm, TS III, Osstem, South Korea) was placed from the section (**Figure 2D**). Finally, the full-thickness mucoperiosteal flap was repositioned and sutured. All beagles received penicillin for one day postoperatively and were kept on a soft diet during the first week after surgery in order to prevent postoperative infections [9, 10].

Determination of the initial stability

The implant wrench was used to confirm the initial stability (IS) immediately after implant placement. The initial stability was recorded as follows: 1) $IS \leq 35$ N-cm; 2) $35 \text{ N-cm} < IS \leq 55$ N-cm; 3) $IS > 55$ N-cm.

Measurement of implant stability quotient

The implant stability quotient (ISQ) was measured intraoperatively and 3 months postoperatively (before the animal was to be put at rest) by using the Osstell® system (Integration Diagnostics, Goteborg, Sweden). Every ISQ was measured 3 times from the buccal and lingual sides, respectively [11, 12].

CT examination

CT scans for all beagles were obtained with a 64-slice spiral imager (0.625-mm slice thickness) (Light Speed Ultra; General Electric, Milwaukee, WI) immediately and 3 months after surgery, to examine the implant position in the sinus floor and the bone contact between the implant and the bone in the sagittal image [9, 10].

Histological analysis

Following CT examination, the samples were obtained and dehydrated in ascending concentrations of alcohol from 75% to 100%, and final-

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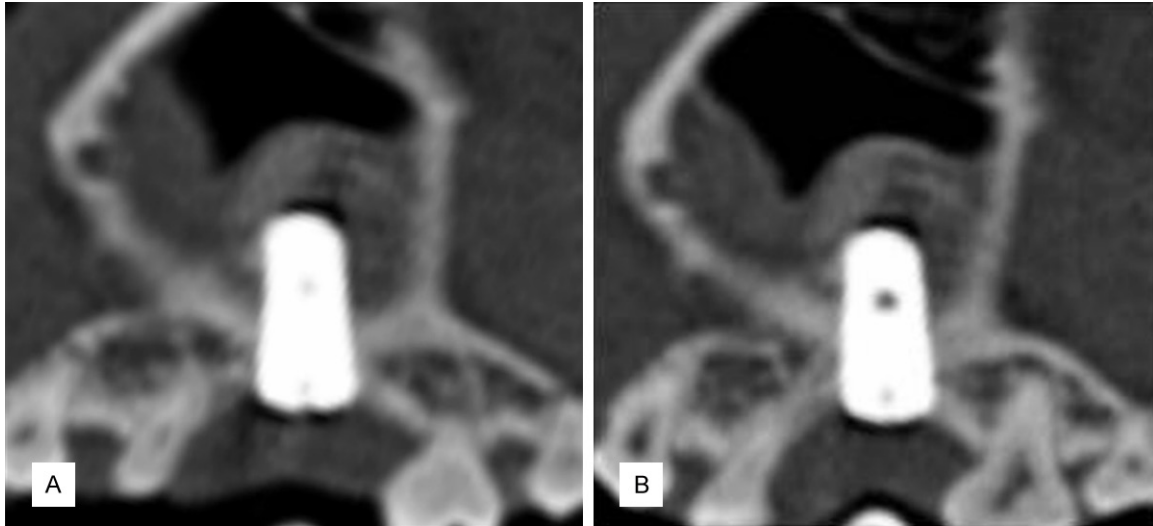


Figure 3. CT examinations: A. Immediate postoperative CT revealed that the implant was located in the middle of the sinus floor. B. No peri-implant indication change was noted in the 3 months postoperative CT.

ly embedded in polymethylmetacrylate (PMMA). The specimens were cut in 150 μm thick sections using a microtome (Leica, Hamburg, Germany), and were subsequently ground and polished to a final thickness of about 40 μm . The cuts were further stained with Van Gieson's picro fuchsin for histological analysis. Two randomly selected sections from each sample were analyzed for the bone-implant contact (BIC) ratio in the middle third of implant's mesial and distal parts [8, 13].

Statistical analysis

Wilcoxon signed rank test in SPSS software package (version 16.0, Chicago, IL) was used to compare ISQ. A significant difference was set at $P < 0.05$.

Results

All beagles that survived the operations were healthy, and there were no implants loss during the entire period of observation with uneventful wound healing. The sinus floor was successfully raised from the section, and the intact sinus membrane could be observed during every surgery.

Initial stabilities of all implants were obtained between 35 and 55 N-cm. The mean (SD) of ISQ intraoperatively and 3 months postoperatively were 65.3 (3.0) and 78.7 (2.7). There was a significant difference for ISQ from intraoperatively to 3 months postoperatively ($Z=1176.0$, $P <$

0.0001). Immediate postoperative CT revealed that all implants were located in the middle of the sinus floor (**Figure 3A**), and there were no peri-implant pathologic changes noted in the 3 months postoperative CT (**Figure 3B**). Histological analysis showed favorable bone contacts between the implants and the autogenous or grafted bone, and there were 66.3% BIC in the middle third of implant (**Figure 4**).

Discussion

Implants can be inserted simultaneously during sinus floor elevation or several months later for posterior maxillary rehabilitation [14, 15]. The quality and the residual bone height of the posterior maxillary region are the major factors that affect and alter the surgical procedures. In short, an abundant and compact residual alveolar bone favors primary implant stability. Conversely, achieving implant stability is often challenging in the sections exhibiting limited and coarse alveolar bone [16]. Empirically, for sinus floor augmentation and simultaneous implant placement, a sufficient implant stability and osseous integration may be achieved based on the minimum of 4 mm of RBH height and compact residual alveolar bone [17]. Reviewing the anatomy of the new surgical approach for maxillary sinus floor elevation, the palatal section consists of bi-cortical bone (the oral and sinus surface) with an approximate 2 to 3 mm RBH [9]. In order to certify that the section could be used for implant placement, we



Figure 4. Histological analysis showed favorable bone contacts between the implants and the autogenous or grafted bone.

performed the floor elevation of the maxillary sinus, grafted the bone materials, and placed the implant simultaneously to check the feasibility of the model. The measurements of the initial stability and ISQ showed that the placed implant can obtain favorable implant stability intraoperatively. The CT and histological analysis proved a successful bone-implant contact after healing.

From the results of the current study, we hereby present some possible explanations for achieving the implant stability. First, the bone in this region is a part of the palatal bone, not the alveolar bone; therefore the bone quality is very compact. Second, the bone of this section is bi-cortical bone, included the oral surface of palatal bone and the sinus floor, and the amount of the cortical bone is the decisive factors for optimal implant stabilization. Third, the implant cavity was prepared into 3.5 mm, whereas the diameter of placed implant was 4.0 mm. The bone compression may support the implant stability. Forth, more blood applied from the maxilla may provide the basic needs for bone connection between the palatal bone and implant. Moreover, the new bone formation in the grafted area may further increase

the success of the implant placement. Therefore, there is no worry that the implant placed in the section would be loss.

In fact, lots of researches showed that implants can be placed in alveolar bone with sever deficiencies in experiments or clinical trials. In prospective clinical series studies, most discussed the relationship between the RBH and the height of the newly formed bone, or the implant survival rate in short or long terms follow up [14, 15]. Few studies evaluated the implant stability in less than 2 mm of the RBH in the posterior maxillary area. Fenner et al performed sinus floor augmentations with simultaneous implant placements in mini pigs to evaluate the influences on the implant stability and osseointegration in the different RBH sections (including 2, 4, 6, and 8 mm). Although the implant stabilities in high RBH sections were better than in low RBH, the implants placed in 2 and 4 mm of the RBH also obtained sufficient stabilities, and the osseointegration and implant survival were not significantly affected [17, 18]. Urban et al compared the success and survival rate of implants (156 implants in total) placed following a staged approach in clinical scenarios with a minimal RBH (≤ 3.5 mm). Only one implant failed at the time of abutment placement, and three more failed after 5 years from abutment connection [19]. All of these confirmed the same results with this study.

In conclusion, this model is not limited in practice of maxillary sinus floor elevation surgical procedure or the study of new bone materials in sinus, but also unrestricted in used for new implant materials and bone connections between the implant and bone materials in the maxillary sinus region.

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Disclosure of conflict of interest

None.

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