# Original Article Perfluorooctanoic acid exposure during pregnancy alters the apoptosis of uterine cells in pregnant mice

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**Abstract:** The present study investigates the effects of perfluorooctanoic acid (PFOA) exposure on reproductive toxicity and uterine apoptosis in pregnant mice. Sixty pregnant mice were randomly divided into 6 groups (groups A, B, C, D, E and F). In control group (A), the mice received distilled water at 10 mg/kg body weight per day on gestation days (GD) 1 to 17. The mice in group B, C, D, E and F were treated with PFOA solution at 1, 5, 10, 20 and 40 mg/kg body weight respectively from GD1 to GD17. The mice were sacrificed on GD18. The distribution and expression of Fas, FasL, Bcl-2, Bax, and Caspase-3 in uterine cells were detected by immunohistochemistry. The apoptosis of uterine cells was detected by TdT-mediated dUTP Nick-End Labeling (TUNEL). Results showed that the expression of Fas, FasL, and Caspase 3 in uterus increased significantly after PFOA was applied. The expression of Bcl-2 was decreased significantly and the expression of Bax was increased significantly. The ratio of Bcl-2/Bax decreased significantly compared with the control group (P<0.01). PFOA exposure increased the number of apoptotic uterine cells in a dose-dependent manner. The results indicated that PFOA could accelerate the apoptosis of uterine cells, and lead to slow embryo development or abortion by regulating the expression of Fas, FasL, Bax, Bcl-2 and Caspase-3 in uterine cells.

Keywords: Perfluorooctanoic acid, pregnancy, mice, apoptosis

#### Introduction

Perfluorinated compounds (PFCs) are considered a new type of persistent organic pollutant in addition to the organochlorine pesticides, dioxins and polychlorinated biphenyls [1, 2]. PFCs are very stable in physical and chemical properties and are characterized as lipophilic and hydrophobic. Thus, PFCs are widely used in civil and industrial applications [3, 4] such as automobile inner decoration, inner wall painting, stain-resistant coatings for clothing and other textiles and in oil-resistant coatings for food wrapping materials [5], clothes, and furniture coatings, firefighting foams, paints, metal plating, aviation hydraulic fluids, lubricants and pesticides [6]. Because of massive usages of PFCs, existence of pollutants was detected in environmental media, crowds, wild animals, and even remote polar regions [7-10]. PFCs mainly accumulate in blood, liver, and kidney of living organisms due to their high water-solubility, in comparison with other well-studied organic pollutants that are of adipose-accumulative toxicity [11-13].

Perfluorooctanoic acid (PFOA) is one of the perfluorooctanoic compounds (PFCs), which exhibits serious hepatotoxicity, glucose metabolism disturbance, developmental toxicity, endocrine disruption, neurotoxicity, and reproductive toxicity through the enrichment of the food chain [14-18]. Maternal concentrations of PFOA during pregnancy have been previously associated with lower offspring birth weight in systematic reviews of human evidence [19]. PFOA exposure during pregnancy can lead to early miscarriage, reduced survival rate of newborns, or serious liver injury in pregnant mice [20, 21]. Dixon [22] et al. found that mild pathologic changes appeared in mice uterus, cervix, and vagina after taking 0.01 mg/kg PFOA per day. PFOA has no anti-estrogenic potential. Some data indicate that PFOA does not activate mouse or human estrogen receptors (ER) [23]. With the wide application of PFOA, the pollution



Figure 1. Body weight during pregnancy in each group.

problem is becoming more serious worldwide. How PFOA causes toxicity is complex. Research data about causing reproductive toxicity are also not completely understood, and its complex mechanism process is unclear so far. In this study, the effect of PFOA exposure on reproductive toxicity and uterine apoptosis in pregnant mice were detected by immunohistochemistry and TUNEL, so as to provide basic scientific research data for effective control of PFOA and minimize the undesired impacts to the environment.

### Materials and methods

### Reagents

PFOA was purchased from Sigma Aldrich Corporation (Saint Louis, USA) with a purity of 99.2%. PFOA mother solution of 10 mg/ml was prepared with 100 mg PFOA dissolved in 10 ml distilled water and heated at 37°C. When used, PFOA stock solution was diluted with distilled water to the final concentrations of 0.1, 0.5, 1, 2 and 4 mg/ml, respectively.

Anti-FAS antibody, Anti-FasL (mouse) Monoclonal Antibody (A11), Anti-Bcl-2 Antibody, Anti-Bax Antibody, Anti-Caspase-3 antibody were purchased from Boster Biological Technology (Pleasanton, CA, USA), and ready-to-use SABC immunohistochemical kit from Boster Biological Technology Co Ltd (Wuhan, China). Metal Enhanced DAB Substrate Kit and Proteinase K were purchased from Pierce Biotechnology (Rockford, IL, USA). TUNEL test kit was purchased from Roche Company (Mannheim, Germany).

# Treatment of animals

Eight-week-old female and male Kunming mice were obtained from the Sibeifu Animals Biotech Co. Ltd. (Beijing, China), license number SCXK (Beijing) 2011-0004. Animals were housed in polypropylene cages and provided pellet chow and tap water *ad lib*. The mice were acclimatized for one week in the laboratory under standard conditions of temperature  $(23\pm2^{\circ}C)$ , humidity (55±5%) and kept under a 12 h/12 h light-dark cycle.

Female mice were mated with males overnight and the next morning was considered as gestation day (GD) 0 if a vaginal plug was detected. The pregnant mice were randomly divided into 6 groups of 10 mice in each group. The mice in group A were given distilled water at 10 ml/kg as the control group on GD 1-17; mice in groups B, C, D, E, and F received a gavage of PFOA solution respectively at 1, 5, 10, 20, and 40 mg/kg body weight (10 ml/kg) on GD 1-17. The body weight of each group was taken daily. All gravid mice were sacrificed by cervical dislocation at GD 18, and the liver and uterus samples collected. The uterine tissue was fixed in 4% paraformaldehyde solution. After 48 h immobilization, paraffin sections were prepared. All animals' studies were approved by the Council for Animal Care in Hebei province.

### Immunohistochemistry detection of Fas, FasL, Bax, Bcl-2 and caspase-3 in uterine cells

Sections routinely were dewaxed in gradient alcohols down to water, each gradient for 5 min. The sections were then brought to 3%  $H_2O_2$  and allowed to react for 10 min at room temperature and wished 3 times with distilled water. SABC method was conducted according to the manufacturer's instructions. At last the sections were visualized with DAB after washed with PBS for 4 times.

The expression of the target protein was observed under microscope (magnification  $40 \times$  for the objective lens). The cells with brown granules were regarded as positive cells. Positive cells in campus visualis were counted and pooled from 50 fields.

Groups	Liver index (‰)	Uterus index (‰)	Uterus weight (g)	Embryo weight (g)	Embryo survival rate
А	40.06±1.34	382.59±7.25	24.22±1.67	1.52±0.012	94.43%
В	59.76±2.93*	374.83±6.03	22.76±0.72	1.45±0.01	94.02%
С	99.56±2.42**	312.41±16.39**	18.63±2.12**	1.34±0.01*	87.83%
D	152.87±11.95**	217.80±12.25**	13.12±1.51**	0.99±0.10**	71.25%**
Е	166.83±12.33**	170.583±19.57**	10.79±1.17**	0.85±0.05**	67.19%**
F	229.70±2.28**	1.48±5.19**	0.28±0.43**	0.00±0.00**	0.00%**

Table 1. Changes in liver index, uterus index, weight of uterus and embryo, and embryo survival rate

Notes: Group A was the control group treated with distilled water. Mice in groups B, C, D, E and F were treated with 1 mg/kg, 5 mg/kg, 10 mg/kg, 20 mg/kg and 40 mg/kg PFOA respectively. Compared with the cntrol group. \*Shows p<0.05; \*\*Shows p<0.01.



#### TUNEL assay

The tissue sections were hydrated in gradient alcohols and incubated with 20  $\mu$ g/ml Proteinase K at 37°C for 20 min, then washed with PBS twice. Then the TUNEL assay was carried out in accordance with the manufacturer's instructions.

The images were collected under the microscope, 5 slices in each group and 8 fields in each section were selected, and the positive cells were counted. Each test consisted of 10 slices to be tested, two negative control sections and one positive control section.

### Statistical analysis

The test data were recorded in SPSS 19.0 system and the results were expressed as average  $\pm$  variance. Significant differences were compared among groups by one-way analysis of

variance (ANOVA), and significant differences of embryo survival rate were compared by  $\chi^2$  test. The significance levels were *P*<0.05 or *P*<0.01. The experimental data were recorded into GraphPad Prism 5.0 system for analyzing and drawing line chart and column chart.

### Results

# Body weight changes of pregnant mice exposed to PFOA

The body weight of the mice in the control group, 1 mg/kg (group B) and 5 mg/kg groups (group C) increased continuously during the period of GD1-17. In the 10 mg/kg (group D) and 20 mg/kg (group E) groups, the mice weight decreased suddenly, then gradually rose. Body weights of 40 mg/kg group (group F) began to decline from GD 5 until the end of pregnancy. See **Figure 1**.



Changes in liver index, uterine index, uterine weight, and embryo survival rate of pregnant mice exposed to PFOA

The liver index of 1 mg/kg PFOA treated group was increased significantly compared to that of the control group (P<0.05). The liver indices in the 5 mg/kg, 10 mg/kg, 20 mg/kg, and 40 mg/kg PFOA treated groups were increased significantly compared to the control group (P<0.01). There was no significant difference in uterine index, mean uterine weight, and mean embryo weight (P>0.05) in 1 mg/kg PFOA group. In the 5 mg/kg, 10 mg/kg, 20 mg/kg, and 40 mg/kg PFOA treatment groups, uterine indices were decreased significantly compared to that of the control group (P<0.01) and the average uterine weights were reduced significantly versus the control group (P<0.01). Compared with the control group, the average embryo weight in the 5 mg/kg PFOA group significantly decreased (P<0.05), and the average embryo weight in the 10 mg/kg, 20 mg/kg, and 40 mg/kg PFOA groups was significantly lower (P<0.01). All the embryos in the 40 mg/kg group were absorbed. Therefore, the average embryo survival rate was 0. The average survival rate of the other PFOA treated groups was lower than that of the control group in varying degrees. See Table 1.

# Expression of fas, fasl and caspase-3 in the uterus

Fas (Figure 2), FasL (Figure 3) and Caspase-3 (Figure 4) in the uterus were positively stained

with brown color or brown granules, mainly expressed in the decidual tissue, uterine ring muscle and longitudinal muscle; and there was less expression in intimal tissues. Positive particles were mainly expressed in the cytoplasm, and some cells stained positive in the nucleus.

The results are shown in **Table 2**. The expressions of Fas in 5 mg/kg, 10 mg/kg, and 20 mg/kg groups were increased significantly compared to control group (P<0.01). There was no significant difference between 10 mg/kg and 20 mg/kg group (P>0.05) in the Fas expression, and the positive expression of FasL and Caspase-3 in the uterus was significantly different between the 10 mg/kg and 20 mg/kg groups (P<0.01).

Expression of Bax and Bcl-2 in mice uterus at late pregnancy

The expressions of Bax and Bcl-2 were observed in the uterus cells at late pregnancy. The positive results were expressed in decidual tissue and myometrium, which were located in the cell membrane and cytoplasm, showing brown or brown particles, as shown in **Figures 5** and **6**.

The results showed that thedegree of positive expression of Bcl-2 protein was significantly different between the two groupsexcept the 20 mg/kg group (P<0.01). There was no significant difference between the 10 mg/kg and 20 mg/kg groups (P>0.05). Compared with the control group, there was no significant difference in the



Figure 4. Expression of Caspase-3 in uterus of mice on gestational day 18. Notes: Expression of Caspase-3 in: (A) the control group, (B) 1 mg/ kg PFOA group, (C) 5 mg/kg PFOA group, (D) 10 mg/kg PFOA group, (E) 20 mg/kg PFOA group. The arrows indicate positive expression.



Table 2. The expression of Fas, FasL and Caspase-3 in the uterus of mice in later pregnancy

Groups	Fas	FasL	Caspase-3		
А	90.48±7.06	82.83±11.39	89.14±9.20		
В	93.53±11.91	95.48±6.30**	97.38±9.78**		
С	105.59±11.48**	106.65±10.85**	111.35±12.13**		
D	126.00±13.71**	115.38±8.81**	125.06±13.97**		
E	126.10±12.66**	124.50±10.97**	132.06±10.66**		

Notes: Group A was the control group. Mice in groups B, C, D and E were treated with 1 mg/kg, 5 mg/kg, 10 mg/kg, 20 mg/kg PFOA respectively. Compared with the cntrol group. \*\*Shows p<0.01.

expression of Bax protein in the 1 mg/kg group (P>0.05), but the difference was significant at 5 mg/kg, 10 mg/kg and 20 mg/kg (P<0.01). The ratio of Bcl-2/Bax in each PFOA-treated group was found to be significantly decreased compared with that of the control group (p<0.01), and the difference between each PFOA-treated group and the control group was significant (P<0.01) (Table 3).

### TUNEL detection of uterine cell apoptosis

Apoptosis of the uterine cells was detected by TUNEL method. Nuclei that were brown or dark brown were judged to be positive. The results showed that apoptotic cells were found in the uterus of each group. There were still some apoptotic cells in the uterus of the normal mice at day 18 of gestation, and the staining was shallow (Figure 7). The number of apoptotic cells increased in PFOA groups, and density of positive cells increased, showing dark brown in a dose-dependent manner.

The number of apoptotic uterine cells in the 1 mg/kg PFOA group was not significantly different compared with that of the control group (P>0.05). After 5 mg/kg PFOA treatment, the number of apoptotic cells in the uterus of the mice at day 18 of gestation was significantly increased compared to the control group (P<0.05). After 10 mg/kg and 20 mg/kg PFOA treatment. the number of apoptotic cells in the uterus was significantly higher than that of the control group (P<0.01),

increasing by 18.27% and 19.50%, respectively. See Table 4.

### Discussion

Many reports have shown that PFOA has potential reproductive toxicity to animal and human health [24-27]. PFOA (3-20 mg/kg·bw/ day) increased maternal liver weight, delayed the growth of offspring, delayed eye opening, and slowed hair growth. High-dose PFOA makes all embryos absorbed [19]. A study of crossbreast feeding shows that the key period for the role of PFOA is in the uterus rather than in lactation [28], and the mechanisms of damage are still rarely reported. Therefore, the current study investigated the mechanism of apoptosis in uteri of pregnant mice by exposure to different concentrations of PFOA. The results showed that exposure to PFOA significantly increased the expressions of the apoptosis factors in uterus, such as Fas, FasL, and casepase-3. In



**Figure 5.** Expression of Bcl-2 in uterus of mice on gestational day 18. Notes: Expression of Bcl-2 in: (A) the control group, (B) 1 mg/kg PFOA group, (C) 5 mg/kg PFOA group, (D) 10 mg/kg PFOA group, (E) 20 mg/kg PFOA group. The arrows indicate positive expression. Bar =  $50 \ \mu m$ .



 Table 3. The expression of Bcl-2 and Bax in the uterus of mice in late pregnancy

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	Bcl-2	Bax	Bcl-2/Bax
А	151.00±20.09	93.29±8.83	1.64±0.22
В	132.25±14.90**	100.56±12.34*	1.37±0.22**
С	115.97±17.82**	117.50±9.72**	1.01±0.19**
D	100.91±10.54**	116.53±11.73**	0.86±0.12**
Е	96.77±15.07**	131.00±13.84**	0.75±0.11**

Notes: Group A was the control group. Mice in groups B, C, D, E were treated with 1 mg/kg, 5 mg/kg, 10 mg/kg, 20 mg/kg PFOA respectively. Compared with the cntrol group. \*Shows p<0.05; \*\*Shows p<0.01.

addition, the Bcl-2/Bax ratio was significantly lower than the control group (P<0.01), and the number of apoptotic uterine cells increased in a dose-dependent manner. These results showed that maternal exposure to PFOA accelerated the apoptosis of uterine cells, leading to abortion or fetal growth retardation.

Weight is the most direct indicator to detect physical fitness. In this study, we measured maternal weight changes during pregnancy. In the 10 mg/kg and 20 mg/kg PFOA groups,



**Table 4.** Apoptosis of uterine cells of miceduring pregnancy

Groups	18 d
A	146.15±22.30
В	148.75±18.00
С	159.30±17.62*
D	172.85±19.82**
E	174.65±21.20**

Notes: Group A was the control group. Mice in groups B, C, D, E were treated with 1 mg/kg, 5 mg/kg, 10 mg/kg, 20 mg/kg PFOA respectively. Compared with the cntrol group. \*Shows p<0.05; \*\*Shows p<0.01.

maternal weight had a slow growth tendency from days 1 to 18 of pregnancy. In the 40-mg/ kg dosage group, however, weight losses were seen from the fifth day on. These results are consistent with that obtained by Lau and his colleagues [20]. The weight decrease at GD5 coincides with the time of blastocyst implantation in mice. However, other report claims that PFOA treatment increases the number of resorbed embryos and does not significantly affect the number of embryo implantation [29]. Therefore, PFOA-induced maternal abortion may not be via the approach of blastocyst implantation. Exposure to PFOA reduces the number and size of corpus luteum and significantly reduces serum progesterone levels [29]. It is well known that progesterone maintains early fetal growth and development during pregnancy. Thus, we postulate that a low level of progesterone due to PFOA exposure might play a role in accelerating maternal abortion.

Apoptosis of uterine cells is related to the regulation of a variety of genes, whose products play a role in regulating the natural apoptosis of uterine cells by coordinating with each other. Bcl-2 is a key anti-apoptotic protein that maintains the integrity of the mitochondrial outer membrane, whereas Bax promotes apoptosis by increasing mitochondrial membrane permeability and releasing apoptotic factors into the cytoplasm [30]. The high expression of Bcl-2 in the myometrium is conducive to thickening of the uterine smooth muscle and increasing uterine capacity. The weak expression of Bcl-2 in the intima favors the attachment and growth of embryos. Immunohistochemistry results show that Bcl-2 and Bax are mainly expressed in the decidua, the circular and longitudinal muscle in uterus. The expression of Bax in PFOA groups was significantly higher than that in the control group, while the expression of Bcl-2 was significantly decreased. Bcl-2/Bax ratio significantly decreased in a dose-dependent manner. It has been reported that the occurrence of spontaneous abortion is related to the abnormal apoptosis of uterine decidual cells. Compared with normal pregnant mice, the expression of Bcl-2 in spontaneous abortion mice was significantly decreased (P<0.01); the expression of Bax was significantly increased (P<0.01). Presumably PFOA exposure, through the Bcl-2, Bax-mediated mitochondrial pathway, leads to excessive apoptosis of decidual cells, and ultimately abortion.

Fas is a known TNF superfamily receptor that induces apoptotic cell death when it binds to a FAS ligand (FasL), which is mainly expressed in activated T-lymphocytes and natural killer (NK) cells [31]. In addition, Fas and FasL interactions can also mediate graft rejection and immune tolerance [32]. The results of the current study showed that Fas and FasL were mainly expressed in the decidual cells around the blastocyst, and the expressions of Fas and FasL in PFOA-treated groups were higher than that in the control group. Therefore, we speculate another pathway of pregnancy failure may be that PFOA induces apoptosis by upregulating the expression of Fas and FasL in uterine cells and mediates the immune rejection of the embryos.

Caspase-3, a key protease in mammalian apoptosis, is the core of the apoptotic cascade [33]. In the present study, our results demonstrated that all doses of PFOA treatment (1, 5, 10, 20, and 40 mg/kg/day) significantly increased the Caspase-3 expressions in uterus in a dosedependent manner. This is consistent with Cui et al.'s results [34], in which IC50 and IC80 of PFOA treatment (84.76 and 150.97 µg/ml) significantly increased gene expressions of Caspase-3, P53, Bax, Bcl-2, and NFKB in zebrafish liver cell line. Joswig et al postulate that the apoptosis of uterine epithelium is mainly mediated by caspase-3 [35]. The TUNEL results show that a few uterine apoptotic cells in the control group which are light colored are located in the decidua and uterine smooth

muscle. While the density of positive cells in PFOA groups increased, the color deepened in a dose-dependent manner, indicating that PFOA induces a large number of apoptotic cells in uterine tissue. This is consistent with the results of immunohistochemistry in detecting the tendencies of Fas, Fasl, Bcl-2, Bax, and Caspase-3 expression. Our current results support that PFOA exposure induces apoptosis of uterine cells, and as a result, different sized embryos, congestion or embryonic absorption occur.

# Conclusion

PFOA exposure in the gestation period can cause embryo loss and retarded fetal growth, suggesting that the toxicity of PFOA is continuous. The expression of Fas, FasL, Bax, and Caspase-3 in the uterus was elevated by PFOA, and the expression of Bcl-2 was down-regulated. The ratio of Bcl-2/Bax was decreased, resulting in varying degrees of apoptosis of uterine cells that significantly increased in a dose-dependent manner. We come to the conclusion that PFOA-induced excessive apoptosis of uterine cells may be an important cause for the loss of mouse embryos and the retarded growth of the fetus.

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# Disclosure of conflict of interest

None.

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