## Original Article Expression of hydrogen sulfide synthases and Hh signaling pathway components correlate with the clinicopathological characteristics of papillary thyroid cancer patients

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Abstract: Objective: To examine whether the expression levels of endogenous H<sub>2</sub>S synthases and hedgehog (Hh) signaling pathway components correlate with the clinicopathological characteristics of papillary thyroid cancer (PTC) patients. Methods: A retrospective analysis was conducted of clinicopathological data obtained from 176 patients diagnosed with PTC, and immunohistochemical methods were used to detect the expression levels of endogenous H<sub>2</sub>S synthases cystathionine γ-lyase (CSE), cystathionine β-synthase (CBS), and 3-mercaptopyruvate sulfurtransferase (MPST), as well as three molecules in the Hh signaling pathway: sonic hedgehog (SHH), patched (PTCH), and smoothened (SMO). Specimens of PTC tissue (n=176) and normal para-cancerous thyroid tissue (n=134) were obtained from 176 patients who underwent a total thyroidectomy or thyroid glandular follicle and isthmus resection and analyzed by immunohistochemical methods for their levels of CSE, CBS, MPST, SHH, PTCH, and SMO expression. Results: We found that CSE was overexpressed in PTC tissues, while CBS and MPST were only slightly expressed in PTC tissues at levels similar to those in adjacent normal tissues. The levels of CSE expression were positively correlated with tumor size, extrathyroidal extension (ETE), and lymph node metastasis (LNM), but were not correlated with patient gender, age, or TNM stage. SHH, PTCH, and SMO Hh signaling pathway components were widely expressed in PTC tissues, and their expression correlated with larger tumor size, ETE, and LNM, but not with patient gender, age, or TNM stage, suggesting that activation of the Hh signaling pathway is involved in thyroid tumor progression. Conclusions: These data suggest that a high level of CSE expression accompanied by Hh signaling pathway activation is involved in the pathogenesis and progression of PTC.

Keywords: Papillary thyroid cancer, hydrogen sulfide synthases, Hh signaling pathway

#### Introduction

Thyroid cancer is the most common malignancy of the human endocrine system, and head and neck tumors are becoming the most frequent types of solid tumors seen in the clinic [1, 2]. Since 2010, thyroid cancer has been the fifth most common malignancy among females in the United States, and ~56,000 new cases of thyroid cancer are diagnosed annually [3]. In Italy, thyroid cancer is the second most common cancer among females aged <45 years [4]. In 2011, thyroid cancer was the most prevalent malignant tumor in South Korea [5]. The China Cancer Registration Center 2012 annual report showed that thyroid cancer was the fourth most prevalent malignancy found in urban areas, and from 2003 to 2007, had an annual increase of 14.5%. Nearly 90,000 new cases of thyroid cancer were reported in China in 2015, and ~6,800 people died of the disease. Particularly noteworthy is the finding was that thyroid cancer is the most frequently diagnosed malignancy among women <30 years old [6].

Many studies have suggested that extrathyroidal extension (ETE) and lymph node metastasis are responsible for the significant increase in the risk of death among patients with thyroid cancer [7-9]. Although the majority of papillary thyroid cancers (PTCs) have a favorable prognosis, ~10% of PTCs have a poor prognosis due to the presence of distant metastases and a loss of cellular differentiation.

Hydrogen sulfide (H<sub>2</sub>S) is an important gas signaling molecule with numerous biologic effects [10]. Meng JL et al. confirmed that H<sub>2</sub>S helps to protect nerve cells against hypoxia-induced oxidative stress injuries [11]. In recent years, studies have shown that H<sub>2</sub>S plays an important role in the pathophysiology of tumors [12]. Increased levels of cystathionine  $\beta$ -synthase (CBS) [13] or cystathionine γ-lyase (CSE) expression occur in a variety of tumor cells [14]; furthermore, tumor cell survival depends on the H<sub>2</sub>S produced by CBS [15] or CSE [16]. Studies have shown that endogenous H<sub>a</sub>S can promote proliferation, invasion, and migration in tumor cells, including colon cancer [17, 18] and breast cancer [19] cells. However, another report suggested that increasing H<sub>2</sub>S concentrations can also exert an anti-tumor effect [20, 21]. Szabo pointed out that reduced levels of H<sub>2</sub>S production or increased H<sub>2</sub>S concentrations over a certain threshold exert an anti-tumor effect [22]. In this study, we explored how endogenous H<sub>a</sub>S affects the invasion and migration of PTC cells.

The sonic hedgehog (Hh) pathway is activated in several types of malignancy and plays important roles in tumorigenesis and tumor cell proliferation [23-27]. However, the roles of the Hh signaling pathway and endogenous  $H_2S$  activation and their association in PTC patients with different clinicopathological features have not yet been well documented. Thus, the present study was undertaken to examine the expression levels of three different  $H_2S$ -producing enzymes (CBS, CSE, and MPST) and Hh signaling pathway molecules (SHH, PTCH, and SMO) to elucidate their clinical significance in PTC and further explore their association.

### Materials and methods

### Patients and tissue samples

Specimens of PTC tissue (n=176) and normal para-cancerous thyroid tissue (n=134, located 2 cm from the edge of the tumor tissue) were obtained from 176 patients (mean age 39.68 $\pm$  12.56 y, age range 16-77 y) who had undergone a thyroidectomy or thyroid glandular follicle and isthmus resection at the Traditional

Chinese Medicine-Integrated Hospital of Southern Medical University from September 2014 to December 2016. The specimens were from 46 male patients (26%) and 130 female patients (74%). A signed written Informed Consent was obtained from each subject. The pathologic diagnosis of each sample was confirmed by at least two independent experienced pathologists.

### Histopathological examination

An immunohistochemical staining analysis of endogenous H<sub>2</sub>S synthases CSE, CBS, and MPST and three molecules in the Hh signaling pathway (SHH, PTCH, and SMO) was performed on sections of 10%-neutral-formalin-fixed, paraffin-embedded (FFPE) thyroid tissue that were of 2 µm thickness. After the sections were dewaxed, their antigens were retrieved, and the slides with tissue sections were treated with 3% hydrogen peroxide for 15 min. The sections were then incubated with normal goat serum for 30 min to block nonspecific-binding sites. Next, the tissue sections were then incubated with primary antibodies against CBS (1:200) (Abnova, Taipei City, Taiwan), CSE (1:200) (Abnova), MPST (1:100) (Santa Cruz Biotechnology, Dallas TX, USA), SHH (EP1190Y; Novus Biologicals, Inc., Littleton, CO, USA), PTCH (HO-267, sc-9016; Santa Cruz Biotechnology,), and SMO (H-300, sc-13943; Santa Cruz Biotechnology) overnight at 4°C. The slides were then washed with phosphate-buffered saline containing 0.1% v/v Tween-20 and incubated with horse radish peroxidase-conjugated goat anti-mouse immunoglobulin (Santa Cruz Biotechnology) for 20 min at room temperature. Finally, the slides were treated with peroxidaseconjugated streptavidin and stained with DAB. Images were photographed using a confocal microscope (Olympus, Tokyo, Japan). Staining intensity was scored as "-" (negative), "+" (moderate) or "++" (strong). The extent of staining was scored as "-" (<10% of thyroid cells stained), "+" (10%-50% stained) or "++" (>50% stained). The immunohistochemistry results were evaluated by two independent pathologists.

### Statistical analysis

All data were analyzed using IBM SPSS Statistics for the Social Sciences, Version 20 (IBM Corp., Armonk, NY, USA). *P*-values <0.05 were considered statistically significant. Descriptive



**Figure 1.** Immunohistochemical staining of CSE, SHH, PTCH, and SMO. The expression levels of CSE and three Hh signaling molecules in PTC tissues were analyzed by IHC staining performed using specific antibodies against PTC. The expression profiles of CSE and three Hh signaling molecules in PTC tissues were graded as "-" (negative), "+" (moderate), or "++" (strong) (×400).

Table 1. Extent of CBS, CSE, and MPST
staining in PTC tissues and adjacent normal
tissues

-						
	PTC (n=176)		Adjacent normal tissues (n=134)	p-value		
CSE	- 23		102	0.000		
	+	48	26			
	++	105	6			
CBS	-	124	107	0.117		
	+	43	24			
	++	9	3			
MPST	-	129	98	0.975		
	+	37	23			
	++	10	13			

"-" (negative, <10% positive cells); "+" (moderate, 10-50% positive cells); "++" (strong, >50% positive cells).

statistics were applied based on the distribution of the variables. The X<sup>2</sup> test or Fisher's exact test was used to determine whether there were significant differences in the levels of CSE, CBS, MPST, SHH, PTCH, and SMO expression in the PTC tissues vs. the adjacent normal thyroid tissues. Those tests were also used to determine whether there were significant differences in CSE, SHH, PT-CH, and SMO expression among patients of different age and gender, and whether CSE, SHH, PTCH, and SMO expression correlated with tumor size, the presence of ETE and LNM, and TNM stage. Spearman's correlation test was used to assess the association between CSE expression and the expression of Hh signaling pathway molecules.

### Results

# CSE was overexpressed in PTC tissue

Immunohistochemical staining was performed to detect endogenous CSE, CBS, and MPST expression, and the results showed that all three of these  $H_2S$  synthesizing enzymes were present mostly in the cytoplasm. Examples of

PTC tissue with CSE staining intensities graded as negative (-), moderate (+), and positive (++) are shown in Figure 1. As shown in Table 1, there was a selective upregulation of CBS expression in PTC tissues. Overall, CSE was expressed in 86.93% of the PTC tissue specimens vs. 23.88% of the adjacent non-cancerous tissue specimens. However, expression of the other two H<sub>2</sub>S-producing enzymes (CSE and MPST) was not upregulated in the tumor tissues. The positive expression rates for CBE and MPST were 29.55% (52/176) and 26.70% (47/176), respectively, in PTC tissues, and 20.15% (27/134) and 26.87% (36/134), respectively, in adjacent normal thyroid tissues.

### Expression of Hh signaling pathway components was upregulated in PTC tissue

IHC staining was performed to analyze the expression of three molecules in the Hh pathway (SHH, PTCH, and SMO) in PTC tissues. SHH, PTCH, and SMO were present mostly in the cytoplasm. Examples of negative (-), moderate

	PTC (n=176)		Adjacent normal tissues (n=134)	p-value	
SHH	-	65	109	0.000	
	+	59	13		
	++	52	12		
PTCH	-	57	111	0.000	
	+	71	13		
	++	48	10		
SMO	-	71	98	0.000	
	+	74	27		
	++	31	9		

**Table 2.** Expression of CSE and three Hh signaling pathway components in PTC tissues

"-" (negative, <10% positive cells); "+" (moderate, 10-50% positive cells); "++" (strong, >50% positive cells).

**Table 3.** Associations between CSE expressionand the clinical/pathological characteristics ofPTC patients

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		Total	CSE (-/+)	2	p-value
Gender	Female	130	16/114	0.253	0.616
	Male	46	7/39		
Age	<45	115	13/102	0.909	0.355
	≥45	61	10/51		
Tumor size	≤2 cm	111	20/91	6.482	0.011
	>2 cm	65	3/62		
ETE	Yes	25	0/25	4.380	0.048
	No	151	23/128		
LNM	Yes	106	7/99	9.804	0.003
	No	70	16/54		
TNM stage	+	138	20/118	1.142	0.416
	+ V	38	3/35		

*P*-values are based on chi-square test; "-" (negative), "+" (positive). ETE, extrathyroidal extension; LNM, lymph node metastasis.

(+), and positive (++) staining for SHH, PTCH, and SMO expression in PTC tissues are shown in **Figure 1**. As shown in **Table 2**, the positive expression rates for SHH, PTCH, and SMO in samples of PTC tissue were 63.07%, 67.61%, and 59.66%, respectively, whereas those rates in adjacent normal thyroid tissues were 18.66%, 17.16%, and 26.87%, respectively. These results showed that expression of Hh signaling pathway components SHH, PTCH, and SMO was upregulated in PTC specimens, when compared to their expression in adjacent normal tissues, and the differences were statistically significant (all *P* values <0.001) (**Table 2**). Correlation between upregulation of CSE and clinicopathological parameters in PTC patients

The clinicopathological characteristics (gender, age, tumor size, ETE, LNM, and tumor stage) of the PTC patients who provided the 176 PTC lesions and the CSE expression levels in those lesions as determined by IHC were analyzed, and the results are shown in **Table 3**. We found that CSE expression was positively correlated with tumor size (P=0.011), ETE (P=0.048), and LNM (P=0.005). No significant associations were found between CSE expression and gender (P=0.616), age (P=0.355), and TNM stage (P=0.416) of the PTC patients.

Relationship between activation of the Hh signaling pathway and clinicopathologic characteristics of PTC patients

As shown in **Table 4**, we found that expression of the Hh signaling pathway components SHH, PTCH, and SMO was positively correlated with tumor size (P=0.010, P=0.047, P=0.026, respectively), ETE (P=0.024, P=0.020, P=0.028, respectively), and LNM (P=0.008, P=0.0268, P=0.013, respectively). SHH, PTCH, and SMO expression were not significantly associated with gender (P=0.726, P=0.583, P=0.227, respectively), age (P=0.418, P=0.736, P=0.424, respectively) or TNM stage (P=0.455, P=0.436, P=0.578, respectively) of the PTC patients.

Relationship between upregulation of CSE and an aberrant Hh signaling pathway in PTC tissue

Our results showed that high levels of CSE expression in PTC tissues were accompanied by an activated Hh signaling pathway, as significant positive correlations between CSE expression and SHH, PTCH, and SMO expression were found in PTC tissues (r=0.266, P<0.001; r=0.225, P<0.001; r=0.295, P<0.001, respectively) (**Tables 3** and **4**).

### Discussion

Hydrogen sulfide ( $H_2S$ ) is a colorless and highly water soluble gas with an irritating smell. Although atmospheric  $H_2S$  gas is toxic, endogenous  $H_2S$ , whose formation is catalyzed by cystathionine  $\beta$ -synthase (CBS), cystathionine- $\gamma$ -lyase (CSE) derived from L-cysteine (L-Cys), and 3-mercaptopyruvate sulphur transferase

Table 4. Associations between expression of the Hh signaling path-
way components and the clinical/pathological characteristics of PTC
patients

		Total	SHH (-/+)	p-value	PTCH (-/+)	p-value	SMO (-/+)	p-value
Gender	Female	130	47/83	0.726	44/86	0.583	56/74	0.227
	Male	46	18/28		13/33		15/31	
Age	<45	115	40/75	0.418	36/79	0.736	49/66	0.424
	≥45	61	25/36		21/40		22/39	
Tumor size	≤2 cm	111	49/62	0.010	42/69	0.047	52/59	0.026
	>2 cm	65	16/49		15/50		19/46	
ETE	Yes	25	4/21	0.024	3/22	0.020	5/20	0.028
	No	151	61/90		54/97		66/85	
LNM	Yes	106	34/72	0.008	32/74	0.026	38/68	0.013
	No	70	37/33		33/37		39/31	
TNM stage	+	138	49/89	0.455	47/91	0.436	54/84	0.578
	III+IV	38	16/22		10/28		17/21	

*P*-values based on the chi-square test; "-" (negative), "+" (positive). ETE, extrathyroidal extension; LNM, lymph node metastasis.

(MPST, also known as 3-MST) through one-carbon metabolism and the trans-sulphuration pathway, is now considered the third gasotransmitter, along with nitric oxide (NO) and carbon monoxide (CO) [28-31]. Increasing evidence suggests that H<sub>2</sub>S is closely associated with the occurrence and development of tumors. Studies show that different H<sub>2</sub>S-associated pathways are involved in various types of cancer, and that the pathways utilized to promote cell proliferation, survival, and death are dependent on the tumor cell type [13]. Increased H<sub>2</sub>S production, mainly from CBS, but in other cell lines also from CSE, plays an essential role in the proliferation of colon and ovarian cancer cells [32, 33]; furthermore, CBS silencing in glioma cells accelerates tumor cell proliferation [34]. However, the expression of endogenous H<sub>2</sub>S synthases CSE, CBS, and MPST has never been studied in PTC cells. In this study, we used immunohistochemical staining methods to analyze CSE, CBS, and MPST expression in samples of PTC tissue and adjacent normal thyroid tissue. Our results provide histopathologic evidence that endogenous H<sub>a</sub>S, synthesized by CSE, is overexpressed in PTC tissue. The other two H<sub>2</sub>S synthases (CBS and MPST) were only slightly expressed in tumor tissues at levels similar to those in adjacent normal tissues, which was not accordance with findings in other tumor tissues [32, 35]. In our study, the levels of CSE expression were positively correlated with tumor size, ETE, and LNM; however, they did not significantly correlate with patient gender, age, or tumor TNM stage.

In the canonical Hh pathway, SHH binding to patched (PTCH), a 12-passtransmembrane receptor, leads to the release of smoothened (SMO), a 7-pass transmembrane protein, and the subsequent activation of GLI transcription factors. Several different mechanisms may activate Hh signaling pathways needed for tumor development. For example, the Hh signaling pathway component PTCH in tumor cells may accumu-

late deletion mutations that change its function, or SMO may acquire mutations that promote its abnormal sustained activation in the absence of the ligand SHH [36, 37]. Also, the selfsynthesis of SHH ligands in tumor cells may permit autocrine or paracrine signaling hormones to activate the Hh signaling pathway [38].

Proper function of the Hh signaling pathway is essential for thyroid organogenesis. The thyroid primordium fails to form two lobes in SHH-/mice [39]. The Hh signaling pathway is activated in thyroid neoplasms, and contributes to increased cell proliferation [40, 41]. Hh pathway-stimulated thyroid tumor cell motility and invasiveness are largely mediated by activated AKT and c-Met, with little involvement of the epithelial-mesenchymal transition process [42]. In the present study, we found that SHH, PTCH, and SMO were widely expressed in PTC tissues, but only slightly expressed in adjacent normal thyroid tissues. These observations suggest that the Hh signaling pathway is activated during thyroid tumorigenesis. This notion is consistent with the results of several other studies that showed increased expression of several Hh signaling pathway components in malignant tumors, such as breast cancer, endometrial adenocarcinoma, and ovarian carcinoma.

We also found that SHH, PTCH, and SMO were concomitantly upregulated in PTC tissues and

positively correlated with a larger tumor size, ETE, and LNM, but not with patient gender, age or tumor TNM stage. These findings suggest that activation of the Hh signaling pathway may be involved in thyroid tumor progression.

### Conclusion

In conclusion, our results suggest that high levels of CSE expression accompanied by an activated Hh signaling pathway can promote the development and progression of PTC.

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### Disclosure of conflict of interest

None.

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