Original Article Primary renal synovial sarcoma: two cases and review of the literature

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Abstract: Objective: To investigate the clinicopathological features, treatment, and prognosis of primary renal synovial sarcoma. Method: Retrospectively collected and analyzed clinical and pathological data of two cases of patients with renal primary synovial sarcoma, and reviewed domestic and foreign related literature. Results: The first patient was admitted for progressive enlargement of a left renal mass, then she underwent a radical resection of left kidney and adrenal gland, and the final diagnosis was primary renal synovial sarcoma. However, the tumor progressed with multiple nodules in the left peritoneal retroperitoneal space and abdominal wall 3 months later. The second patient was hospitalized for a left lung mass and left renal mass after 3 months. She received left nephrectomy and left lower lobectomy. The final diagnosis was primary renal synovial sarcoma with extensive metastasis in both lungs and pelvic and abdominal cavity. The patient underwent chemotherapy and targeted therapy after operation, and died because of tumor burden after 23 months. Conclusion: Primary renal synovial sarcoma is a rare soft tissue tumor in the kidney with a poor prognosis. An accurate diagnosis needs consideration of the morphology, immunohistochemistry, and SYT-SSX gene results. Clinically, radical nephrectomy is the main strategy, and adjuvant ifosfamide-based chemotherapy after operation has benefits.

Keywords: Synovial sarcoma, SYT-SSX, kidney

Introduction

Synovial sarcoma (SS) is an aggressive malignant tumor which has a poor prognosis. Primary renal synovial sarcoma (PRSS) is a rare tumor, first described by Faria et al in 1999 [1], and there are less than 50 cases were reported in the literature. We collected two cases of primary renal synovial sarcoma diagnosed by the department of pathology in National Cancer Center/National Clinical Research Center for Cancer/Cancer Hospital and these are reported as follows.

Case report 1

A seventy-four-year old woman presented with a left renal mass for 9 years. Nine years ago, abdominal computerized tomography (CT) revealed a 2.0 cm, well-defined mass. Because the patient had no hematuria, urinary pain or other discomfort, the mass was assumed to be benign and needed follow-up. Recently, the

patient was admitted for the progressive enlargement of the left renal mass. Abdominal MRI detected a marked enhancing, huge lobular soft tissue mass in the left kidney; the mass pushed the tail of the pancreas and the maximum diameter was 17.8 cm (Figure 1A, 1B). The renal dynamic imaging showed that the left kidney had nearly no function. Physical examination showed a firm mass in the left kidney, without tenderness and percussion pain. According to the clinical and radiological presentation, radical resection of left kidney and adrenal gland was performed. Intraoperatively, the shape of left kidney was abnormal and the mass involved almost the whole kidney (Figure 1C). On gross inspection, a solid mass, measuring $18 \times 15 \times 10$ cm, occupied the whole left kidney; the cut surface was whitish to grey-yellow, with focal calcification and hemorrhagic necrosis (Figure 1D). There were multiple cysts between 0.3-1 cm in the peripheral kidney. Also, there was a partial nephric duct, whose



Figure 1. A, B. Abdominal MRI: a huge mass occupied left kidney; C. Fresh specimen after operation; D. 10% formalin fixed specimens.



Figure 2. A. Area of spindle cells (× 200); B. Area of epithelial cells (× 200); C. Hemorrhagic necrosis of tumor; D. Tumor cells invaded muscularis of renal pelvis.

outer surface was surrounded by tumor.

Microscopy: The neoplastic ce-Ils presented epithelial and spindle-cell components (Figure 2). The spindle-cells were arranged in intersecting fascicles. These cells were uniform spindle with ovoid, bland but hyperchromatic nuclei, and the mitosis was common. The epithelial cells were arranged in solid nests or cords; cells were round or oval with larger size. Tumor invaded the muscularis of renal pelvis and ureter. Immunohistochemical staining findings: AE1/AE3, vimentin and caldesmon were positive. bcl-2 and CD99 were focally positive. Desmin, SMA, S-100, PAX-8 and CD10 were negative (Figure 3). SYT-SSX gene fusion of tumor was detected by fluorescence in situ hybridization (FISH) (Figure 4), Combined with the microscopic morphology, immunohistochemistry findings, and FISH results, the final diagnosis of primary renal synovial sarcoma was achieved. She underwent two cycles of chemotherapy after operation.

However, Abdominal CT scan detected the tumor progressed with multiple nodules in the left peritoneum, retroperitoneal space, and abdominal wall, and the disease-free survival (DSF) was 3 months. Up to now, this patient is still alive with regular chemotherapy and targeted therapy.

Case report 2

A forty-nine year old female was hospitalized for cough and hemoptysis without obvious inducement, CT scanning showed a lobular, sharply

Primary renal synovial sarcoma



Figure 3. Tumor cells show positivity for AE1/AE3, vimentin, and are focally positive for CD99, and Bcl-2.



Figure 4. SYT-SSX gene arrangement detected by FISH.

defined, measuring $6.5 \times 5 \times 6.1$ cm mass in the superior segment of lower lobe of left lung. She underwent left lower lobectomy. The postoperation PET-CT examination 3 months later showed a markedly enlarged left kidney and left pelvic mass, with uneven density and un-

clear border. She underwent radical left nephrectomy after 5 cycles of chemotherapy and 6 cycles of biological treatment in other hospital. The histopathologic features of left lung, left kidney and left pelvic tumor were similar. Microscopic examination showed the tumors composed of spindle cells and epithelial cells (Figure 5A). Epithelial cells with dark stained big nucleoli were arranged in sheets, and cells were round or oval. Focally, some spindle-cells were arranged intersecting fascicles and with obvious mitotic (Figure 5B-D). Immunohistochemical staining revealed Bcl-2, CD99, vimentin and CD-56 were positive, and cytokeratin AE1/AE3 was focally positive (Figure 6). Molecular analysis showed the presence of SYT-SSX gene fusion. Combined with histopathological morphology, immunohistoche-

mical results, and molecular results, synovial sarcoma was made. In consideration of common location of the synovial sarcoma, the final diagnosis was renal primary synovial sarcoma with extensive metastasis in bilateral lungs, pelvic and peritoneal cavity. The patient received 2 cycles of anthracycline-based chemotherapy and target drug Eratinib. However, she gradually developed fever and abdominal distention. Because the patient was in the state of tumor consumption and poor general status, there was no definitive and effective treatment after multicourse therapy. The patient died with an overall survival of 23 months.

Discussion

Brief introduction

SS is a kind of soft tissue tumor, which displays a variable degree of epithelial differentiation. Most tumors arise in the proximity of large joints or tendon tissues of the lower or upper extremities. Unusual sites of involvement include kidney, lung, bone, head, and abdominal wall. It can occur in all age groups, but more



Figure 5. A. A transitional region of spindle cells and epithelial cells (\times 200); B-D. Short spindle cells (\times 200, \times 400).



Figure 6. Tumor cells show positivity for CD56, CD99, bcl-2, and vimentin.

than half of patients are teenagers and young adults [2]. SS is characterized by the chromosomal translocations of t (X; 18) (P11; q11), which are present in >95% of all cases. This translocation leads to the fusion of the SYT gene on chromosome 18 and the SSX gene of the X chromosome [3]. The diagnosis of PRSS is a challenge because it is difficult to differentiate from other spindle-cell tumors such as renal clear cell carcinoma with sarcomatoid differentiation, fibrosarcoma, angiomyolipoma, malignant peripheral nerve sheath tumors, and primitive neuroectodermal tumor [4].

Primary renal synovial sarcoma (PRSS) is rare, accounting for 1-3% of all malignant renal tumors. It often occurs in unilateral kidney especially in left kidney, and the incidence of male to female is 1.7:1 [5]. Clinically it usually presents with hematuria, lumbago, and imaging finding usually shows a "triple signal" pattern on T2WI in four cases [6], but radiological and clinicopathological features of PRSS are not specific, so it is difficult to diagnose before operation. The diagnosis of PRSS depends on the postoperative histopathologic and immunohistochemistry features, especially molecular genetic results.

Clinicopathological features

Grossly, mean diameter of the tumor is 18.6 cm, ranging 3-21 cm. In some cases, areas of necrosis, hemorrhage, and cyst formation can be seen [7]. Histologically, tumor cells present epithelial and

spindle-cell components, it contains three subtypes: monophasic, biphasic and poorly differentiated according to cell compositions [8]. Poorly-differentiated SS is composed of sheets of round or spindled cells showing severe nuclear atypia and high mitotic activity, and the prognosis is very poor. In biphasic SS, the epithelial cells usually are cuboidal or columnar and have ovoid vesicular nuclei, and are arranged in solid nests or cords. The spindle cells are relatively uniform with sparse cytoplasm and arranged in intersecting fascicles [9]. The majority of SS are positive for Bcl-2, CD99, CD56, vimentin, and focally positive for EMA, and negative for desmin, WT-1, and S-100 [10], but these markers are not specific. Studies show that TLE1 is a promising and helpful marker for the diagnosis of synovial sarcoma [11, 12], but it is not specific for SS, and also occurs in other similar tumors.

Molecular genetics

95% of cases have chromosomal transposition of t (X; 18) (p11; q11). The translocation leads to the fusion of the SYT gene on chromosome 18 and the SSX1 gene (about 2/3 cases, usually biphasic SS), SSX2 (about 1/3 cases, only monophasic SS), or the SSX4 (rare cases) on chromosome X [13]. The detection of gene fusion by break-apart FISH or RT-PCR has an important value in the diagnosis of synovial sarcoma [14].

Clinical treatment and prognosis

There are no unified and standardized strategies at present since rare cases have been reported. Radical nephrectomy is the main strategy, and adjuvant ifosfamide-based chemotherapy after operation has some good effect [15]. Primary renal synovial sarcoma is an aggressive soft tissue tumor, and in a retrospective study of 64 cases of primary renal synovial sarcoma reported by Roberto lacovelli [16], the mean survival time was 48 months, and the prognosis of the patients with metastasis was very poor, with average survival time only about 6 months.

Conclusion

Primary renal synovial sarcoma is a rare malignant tumor with poor prognosis, and the histopathologic and immunochemical stanning are not specific. The final diagnosis needs confirmation by molecular analysis, which reveals a SYT/SSX gene fusion. Radical resection is generally accepted as a main treatment, and adjuvant ifosfamide-based chemotherapy has some role. Besides, new therapy targeting SYT/ SSX and multidisciplinary approach will be the research direction to improve prognosis.

Disclosure of conflict of interest

None.

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