Original Article

LncRNA XIST, as a ceRNA of miR-204, aggravates lipopolysaccharide-induced acute respiratory distress syndrome in mice by upregulating IRF2

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Abstract: Background: Acute respiratory distress syndrome (ARDS) is a common clinical syndrome with high a mortality rate, which is associated with diffuse alveolar injury and capillary endothelial damage. In recent years, numerous studies have been performed to explore the roles of long non-coding RNAs (IncRNAs) in various diseases in which IncRNA serves as a microRNA (miRNA) sponge to regulate targeted gene expression. However, whether IncRNAs participate in ARDS progression remains unclear. Materials/Methods: The dual-luciferase reporter assay was employed to identify the interaction between IncRNA XIST and miR-204, as well as the correlation between miR-204 and interferon regulatory factor 2 (IRF2). Then, PaO₂/FiO₂ was determined in lipopolysaccharide (LPS)-induced ARDS. In addition, the concentrations of cytokines, including IFN-y, IL-6, IL-17, TNF-α, IL-1β, and IL-6R were analyzed by ELISA. IncRNA XIST, miR-204, and IRF2 levels were determined by qRT-PCR assay, and the IRF2 expression was evaluated by western blot. Furthermore, levels of inflammation and conditions of alveoli were evaluated by hematoxylin (H&E)-staining in LPS-induced ARDS. Results: Our findings indicated that IncRNA XIST served as a sponge for miR-204. miR-204 directly regulated IRF2, andIncRNA XIST upregulated IRF2 expression by targeting miR-204. LncRNA XIST and miR-204 inhibitors significantly decreased the PaO_/FiO_ ratio, whereas miR-204 and silencing of IRF2 significantly increased the PaO_/FiO_ ratio in LPS-induced ARDS. In addition, IncRNA XIST and miR-204 inhibitors significantly increased levels of IFN-y, IL-6, IL-17, TNF- α , IL-1 β , and IL-6R, whereas miR-204 and silencing of IRF2 dramatically decreased related cytokines in LPS-induced ARDS. Furthermore, we demonstrated that IncRNA XIST and miR-204 inhibitors aggravated inflammatory cell infiltration, alveolitis, and the degree of fibrosis, whereas miR-204 and silencing of IRF2 alleviated inflammation and conditions of the alveoli. Conclusion: In this study, we verified that IncRNA XIST serves as a sponge for miR-204 to aggravate LPS-induced ARDS in mice by upregulating IRF2.

Keywords: Acute respiratory distress syndrome, interferon regulatory factor 2, IncRNA XIST, microRNA-204

Introduction

Acute respiratory distress syndrome (ARDS) is a common critical disease that may occur due to direct injury, such as contusion, inhalation injury, pneumonia, aspiration, mechanic ventilation or indirect injury, including sepsis, blood transfusion, pancreatitis, and traumatic brain injury [1]. It has been well-established that ARDS is characterized by both endothelial and epithelial injury as a consequence of inflammatory reactions [2]. Previous studies have shown that cytokines and chemokines play essential roles in initiating and mediating pulmonary inflammation [3]. At present, ARDS is still a common cause of morbidity and mortality among pati-

ents in the intensive care unit (ICU), and accounts for ~5-20% of all mechanically ventilated patients [4, 5]. Although the use of lung protective ventilation strategies has improved the management of ARDS, the mortality rate of severe ARDS is still unacceptably high [6]. Currently, no effective biomarkers and drug targets exist that can be applied to ARDS patients [7]. Therefore, it is of utmost importance to identify new and effective biomarkers for the prognosis and prediction of ARDS.

Long non-coding RNAs (IncRNAs) of more than 200 nucleotides in length and microRNAs (miRNAs) of less than 22 nucleotides are the two most important members of non-coding RNAs

(ncRNAs) without protein-coding potential [8]. In previous studies, it has been demonstrated that IncRNAs and miRNAs participated in various processes, including cell proliferation, tissue differentiation, metabolic regulation, cell cycle, apoptosis, and metastasis [8, 9]. Dysregulation of IncRNAs and miRNAs may lead to a series of dysfunctions and diseases [9]. Recently, emerging evidence has shown that cross-modulation exists between IncRNA and miRNA [10, 11]. LncRNAs act as a competing endogenous RNA (ceRNA) or a RNA sponge to affect the expression and function of miRNAs [12-14]. In addition, miRNAs have been shown to be involved in the regulation of gene expression by targeting the 3'-untranslated region (3'-UTR) of target genes [15]. The interaction of IncRNA and miRNA regulates the occurrence and development of miscellaneous diseases by directly or indirectly affecting the expression levels of related genes [16]. LncRNA XIST, which is located on the X chromosome, has been studied in various diseases, including osteoarthritis chondrocytes [17], pancreatic carcinoma [18], lung cancer [19], myocardial infarction [20], and cervical cancer [21]. In addition, it has previously been reported that knockdown of IncRNA XIST could relieve endothelial cell injury that was mediated by oxidative low-density lipoprotein through the miR-320/NOD2 axis [22]. However, the underlying mechanism involved, and the role of IncRNA XIST in ARDS are still unknown.

In the present study, we explored whether Inc-RNA XIST can serve as a sponge of miR-204 to regulate miR-204 expression, and whether miR-204 can directly regulate IRF2 by binding to the 3'-UTR. We next evaluated the influence of IncRNA XIST, miR-204, and IRF2 on the PaO $_2/\text{FiO}_2$ ratio in LPS-induced ARDS in mice. In addition, we assessed the effects of IncRNA XIST, miR-204, and IRF2 on levels of these cytokines: IFN- γ , IL-6, IL-17, TNF- α , IL-1 β , and IL-6R. Furthermore, we showed changes in inflammation and conditions of the alveoli that are mediated by IncRNA XIST, miR-204, and IRF2 in LPS-induced ARDS.

Materials and methods

Animals

A total of 72 healthy male mice (age, 6-8 weeks; weight, 20-30 g; body temperature, 36.5-38°C;

specific pathogen free (SPF)) were provided by the Animal Experiment Center of Institute of Radiation Medicine of the Chinese Academy of Medical Sciences (Tianjin, China), and were housed in a controlled environment (food and water available ad libitum, $21 \pm 1^{\circ}$ C, humidity 60%, lights on from 7:00 AM-7:00 PM). This study was approved by the Ethics Committee of the Ningbo No. 6 Hospital (Ningbo, China), and all procedures were performed in accordance with the National Institutes of Health guidelines.

Vector construction

Full-length cDNA of IncRNA XIST was amplified by RT-PCR by using PrimerSTAR Max DNA Polymerase Mix (Takara, Shanghai, China) with specific primers. Next, PCR products were inserted into the pcDNA3.0 vector (Invitrogen, Carlsbad, CA, USA).

Oligonucleotide transfection

The control, miR-204 inhibitors, and miR-204 mimics were synthesized by Gene Pharma (Shanghai, China). All transfections were performed using Lipofectamine 2000 Reagent (Invitrogen, Carlsbad, CA, USA) according the manufacturer's protocol.

Establishing model mice and grouping

As previously described [23], an ARDS model was established in mice by atomizing inhalation of LPS in the airways. In brief, mice were anesthetized (ketamine 100 mg/kg and xylazine 10 mg/kg) using a 100 μl micropipette, and then were treated with LPS (10 $\mu g/mouse)$ in 50 μl of PBS by orotracheal instillation. Subsequently, ARDS mice were divided into groups as follows: a negative control (NC) group, IncRNA XIST group, miR-204 inhibitors group, miR-204 mimics group, and IRF2 siRNA (si-IRF2) group, respectively.

Cell culture

For cell culture studies, 293T cells were used that were purchased from the American Type Culture Collection (ATCC, Manassas, VA, USA) and were cultured in Dulbecco's Modified Eagle's Medium (DMEM, Invitrogen, Carlsbad, CA, USA), containing 10% fetal bovine serum (FBS) in a humidified incubator containing 5% CO₂.

Table 1. Primer sequences for gRT-PCR analysis

Gene	Primer sequences
GAPDH	Forward: 5'-TATGATGATATCAAGAGGGTAGT-3'
	Reverse: 5'-TGTATCCAAACTCATTGTCATAC-3'
U6	Forward: 5'-CTCGCTTCGGCAGCACATA-3'
	Reverse: 5'-AACGATTCACGAATTTGCGT-3'
LncRNA	Forward: 5'-AGGGTGTGTGCATATGGA -3'
XIST	Reverse: 5'-CCGCCATCTTTTCCTGTACG -3'
miR-204	Forward: 5'-ACACTCCAGCTGGGTTCCCTTTGTCATCCT-3'
	Reverse: 5'-CTCAACTGGTGTCGTGGAGTCGGCAATTCAGTTGAGAGGCATAG-3'
IRF2	Forward: 5'-AGTGTGGCCAGTGATGAAGA-3'
	Reverse: 5'-GAGCTGTTGTAAGGCATCGG-3'

RNA extraction and quantitative real-time PCR assay

For quantitative real-time PCR (qRT-PCR), total RNA was extracted by using Trizol (Invitrogen, Carlsbad, CA, USA), and cDNA was obtained by using TaqMan MicroRNA Reverse Transcription Kit (Applied Biosystems, San Diego, CA, USA) according to the manufacturer's instructions). The expression of IncRNA XIST, miR-204, and IRF2 was analyzed by using SYBRS GREEN PCR Master Mix (Applied Biosystems, Foster City, CA, USA). The data obtained were assessed on an ABI7500 Real-time PCR system (Applied Biosystems, Foster City, CA, USA).

Relative mRNA expression levels were analyzed using the $2^{-\Delta\Delta Ct}$ method [24]. Primers used are shown in **Table 1**.

Western blot analysis

Total proteins were obtained by using RIPA buffer (Beyotime, Shanghai, China) containing a protease inhibitor cocktail (P8340; Sigma, St. Louis, MO, USA). Proteins (30 µg) were separated on 10% SDS-PAGE gels, then transferred to a polyvinyl difluoride (PVDF) membrane (PerkinElmer, Boston, MA, USA). Next, membranes were blocked using 5% skimmed milk (dissolved in Tris-buffered saline, containing 0.05% Tween-20 (TBST), BD Biosciences) for 90 min at 27°C, then membranes were incubated overnight at 4°C with the following primary antibodies: anti-GAPDH antibody (dilution 1:2000; Abcam, Cambridge, UK; ab8245), anti-IRF2 antibody (dilution 1:1000; Abcam, Cambridge, MA, USA; ab86018). Then, PVDF membranes were incubated with horseradish peroxidase conjugated secondary antibody (Santa Cruz Biotechnology, CA, USA) for 60 min in 27°C. Protein bands were visualized by using the enhanced chemiluminescence substrate kit in an enhanced chemiluminescence detection system (Amersham Biosciences Inc., Piscataway, NJ, USA).

ELISA

After treatment, blood was collected from ea-

ch mouse and centrifuged (14,000 rpm/min, 4 mins) to prepare serum for ELISA. Levels of proinflammatory factors were determined by using commercial ELISA kits following the manufacturer's guidelines. IFN-γ ELISA Kit (Abcam, Cambridge, MA, USA; ab100689), IL-6 ELISA Kit (Nanjing Jiancheng Bioengineering Institute; cat no. H007), IL-17, ELISA Kit (Abcam, Cambridge, UK; ab79056), TNF-α ELISA Kit (CUSABIO, CSB-E11987r), IL-1β ELISA Kit (Nanjing Jiancheng Bioengineering Institute; cat no. H002), and IL-6R ELISA Kit (Qiaoyu Biotechnology Co., Ltd., China; QY-PF9440).

Hematoxylin and eosin staining

Lungs from mice in each group were harvested and lung tissue was fixed in 4% paraformaldehyde for 12 h at room temperature and dehydrated with different concentrations of alcohol. Then, tissue was embedded in paraffin, 5-µm sections were cut, and stained with hematoxylin and eosin (H&E) (H8070, Solarbio, China). Images were obtained by using a microscope (Nikon, Eclipse Ci, Japan) at 400 × magnification.

Dual-luciferase reporter assay

To generate reporter plasmids, the binding sites of IncRNA XIST including wild type-IncRNA XIST, mutant IncRNA XIST, and IRF2 including wild type-IRF2 and mutant IRF2 were constructed into the promoter vector (Realgene, Nanjing, China). Briefly, 293T cells (5 \times 10 4 cells/well) were seeded into 24-well plates and transfected with corresponding reporter plasmids using Lipofectamine 2000 (Invitrogen, Shanghai, China). After 48 h, the fluorescence intensity of 293T cells was determined by Dual Luciferase

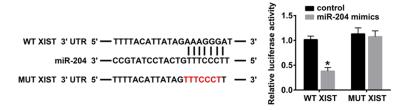


Figure 1. LncRNA XIST serves as a sponge for miR-204. Sequence alignment of IncRNA XIST with miR-204. MUT XIST: mutations in the IncRNA XIST sequence to create the mutant luciferase reporter construct. The activity of a luciferase reporter containing wild-type IncRNA XIST 3'UTR in 293T cells after transfection with a negative control construct or miR-204 mimics (*P < 0.05).

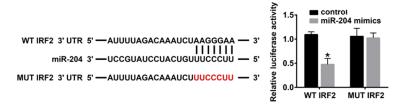


Figure 2. IRF2 is a target gene of miR-204. TargetScan, miRDB and microrna.org were used to predict the target gene of miR-204, and IRF2 was a candidate. Wild type (WT) and Mut 3'-UTR sequences of IRF2 are shown. The relative luciferase intensities of IRF2 3'UTR (WT and mutant constructs) were analyzed after co-transfection of firefly luciferase constructs containing the IRF2 wild-type or mutated 3'UTRs and miR-204 or control oligonucleotides for 24 h in 293T cells (*P < 0.05).

Assay System (Promega, Madison, WI, USA) according to the manufacturer's instructions.

Statistical analysis

Statistical analysis was performed on SPSS software version 15.0 (SPSS, Inc., Chicago, IL, USA) and GraphPad Prism 6 (GraphPad Software, Inc., La Jolla, CA, USA). Statistically significant differences were calculated by using one-way ANOVA followed by post-hoc Tukey's analysis of variance. P < 0.05 was considered significant.

Results

LncRNA XIST serves as a sponge for miR-204

TargetScan, an online tool for predicting Inc-RNAs and their interacting miRNAs, was used to screen the possible miRNAs that may be targeted by IncRNA XIST. We found a putative complementary site between IncRNA XIST and miR-204. The binding site is presented in **Figure**

1. In addition, we constructed a mutant sequence of IncRNA XIST. In brief, 293T cells were co-transfected with either wild-type IncRNA XIST or mutant IncRNA XIST and miR-204 mimics or control, respectively. Our data indicated a decrease in luciferase intensity between wild-type IncRNA XIST and miR-204, whereas no changes were observed in luciferase intensity between mutant IncRNA XIST and miR-204 (*P* < 0.05, Figure 1).

IRF2 is a target gene of miR-204

According to the data obtained by TargetScan, miRDB, and microrna.org, we predicted that there was a binding site between miR-204 and IRF2. The relative luciferase intensities of IRF2 wild-type or mutated 3'UTRs and miR-204 or control oligonucleotides were assessed for 24 h, then we determined the luciferase in-

tensity by using Dual-Luciferase Reporter Assay. Our data indicated that miR-204 significantly reduced the luciferase intensity of wild-type IRF2, whereas miR-204 had no effect on the mutated IRF (P < 0.05, **Figure 2**). Therefore, we hypothesized that miR-204 negatively regulated IRF2.

The effects of IncRNA XIST and miR-204 on PaO_/FiO_ in LPS-induced ARDS

In this study, LPS was used to induce ARDS in mice. In brief, mice were divided into the NC group, IncRNA XIST group, miR-204 inhibitors group, miR-204 mimics group, and IRF2 siRNA (si-IRF2) group, respectively. We demonstrated that the PaO_2/FiO_2 ratio was significantly decreased in the IncRNA XIST group and the miR-204 inhibitors group when compared to the NC group. In addition, the PaO_2/FiO_2 ratio was significantly increased in the miR-204 group and the si-IRF2 group when compared with the NC group (P < 0.05, **Figure 3**).

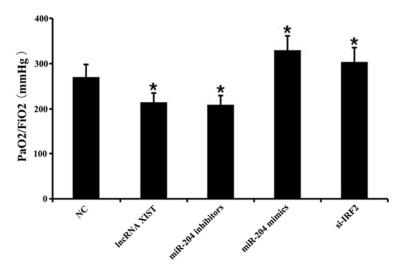


Figure 3. The effects of IncRNA XIST and miR-204 on PaO $_2$ /FiO $_2$ in lipopoly-saccharide-induced acute respiratory distress syndrome. An acute respiratory distress syndrome (ARDS) model in mice was established in which mice were administered with lipopolysaccharide (LPS). Mice were divided into a negative control (NC) group, IncRNA XIST group, miR-204 inhibitors group, miR-204 mimics group, and IRF2 siRNA (si-IRF2) group, respectively. The PaO $_2$ /FiO $_2$ ratio was measured in each group (*P < 0.05 vs. NC group).

LncRNA XIST and miR-204 regulated cytokines in LPS-induced ARDS

Next, we evaluated the roles of IncRNA XIST, miR-204, and IRF2 on cytokines in LPS-induced ARDS. Our findings indicated that IFN-y, IL-6, IL-17, TNF- α , IL-1 β , and IL-6R were increased in the IncRNA XIST group and miR-204 inhibitors group relative to the NC group. Furthermore, IFN-y, IL-6, IL-17, TNF- α , IL-1 β , and IL-6R were dramatically decreased in the miR-204 group and si-IRF2 group when compared with the NC group (P < 0.05, Figure 4A). In addition, IncRNA XIST, miR-204, and IRF2 expression were analyzed. Results showed that IncRNA XIST expression was significantly upregulated in the IncRNA XIST group and miR-204 inhibitors group when compared to the NC group; however, expression was significantly downregulated in the miR-204 group and si-IRF2 group when compared with the NC group (P < 0.05, Figure 4B). The expression of miR-204 was observably downregulated in the IncRNA XIST group and the miR-204 inhibitors group when compared to the NC group, and significantly upregulated in the miR-204 group and si-IRF2 group when compared with the NC group (P < 0.05, Figure 4B). We also found that IRF2 expression was dramatically increased in the IncRNA XIST group and the miR-204 inhibitors group when compared to the NC group, and significantly

decreased in the miR-204 group and si-IRF2 group when compared with the NC group (P < 0.05, Figure 4B and 4C).

LncRNA XIST and miR-204 change inflammatory conditions in LPS-induced ARDS

H&E-staining showed a very small amount of inflammatory cell infiltrate in the NC group, whereas inflammatory cell infiltrate was significant in the IncRNA XIST group and miR-204 inhibitors group when compared to the model group. Moreover, inflammatory cell infiltration was dramatically alleviated in the miR-204 group and si-IRF2 group when compared to the model group (Figure 5).

The alveoli were changed by IncRNA XIST and miR-204 in LPS-induced ARDS

In this study, lung pathology in each group was determined by H&E-staining in each group. As shown in **Figure 6**, lung tissue was normal in the control group, whereas when compared to the model group, alveolitis and the degree of fibrosis were increased in the IncRNA XIST group and miR-204 inhibitors group. Moreover, alveolitis and the degree of fibrosis were decreased in the miR-204 group and si-IRF2 group when compared to the model group (**Figure 6**).

LncRNA XIST upregulated IRF2 expression by miR-204

To further explore the regulatory effects of IncRNA XIST and miR-204 on IRF2 expression, ARDS model were co-transfected with IncRNA XIST and miR-204 mimics or miR-204 inhibitors and si-IRF2, and RT-qPCR and western blot analysis was performed. The results revealed that overexpression of IncRNA XIST significantly upregulated IRF2 expression, while miR-204 mimics dramatically attenuated this upregulation induced by IncRNA XIST (P < 0.01, P < 0.001, Figure 7A). In addition, the results indicated that overexpression of miR-204 inhibitors significantly upregulated IRF2 expression,

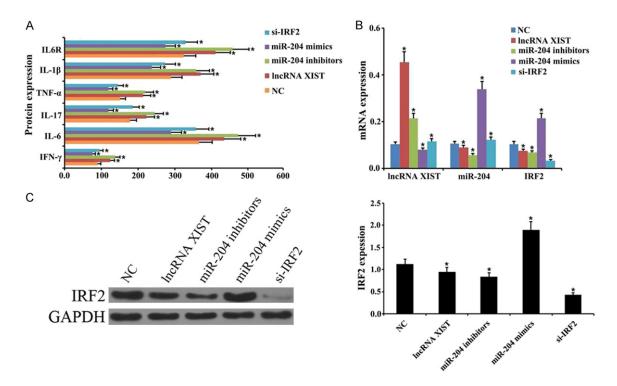


Figure 4. IncRNA XIST and miR-204 regulate cytokines in lipopolysaccharide-induced acute respiratory distress syndrome. An ARDS model was established in mice that were induced with lipopolysaccharide (LPS). The mice were divided into a negative control (NC) group, IncRNA XIST group, miR-204 inhibitors group, miR-204 mimics group, and IRF2 siRNA (si-IRF2) group, respectively. A. The levels of IFN-γ, IL-6, IL-17, TNF-α, IL-1 β , and IL-6R as measured by ELISA (*P < 0.05 vs. NC group). B. Dot plots of IncRNA XIST, miR-204, and IRF2 levels as determined by qRT-PCR assay (*P < 0.05 vs. NC group). C. Protein expression level of IRF2 as measured by western blot analysis. GAPDH was used as an internal reference. Quantitative proteins were analyzed based on the protein gray values (*P < 0.05 vs. NC group).

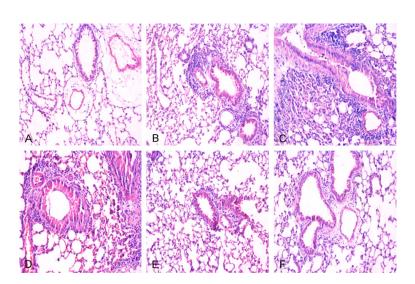


Figure 5. Inflammatory conditions were altered by IncRNA XIST and miR-204 in lipopolysaccharide-induced acute respiratory distress syndrome. The changes in inflammatory conditions were assessed by hematoxylin and eosin (H&E)-staining. A: Negative control (NC) group, B: Model group, C: IncRNA XIST group, D: miR-204 inhibitors group, E: miR-204 mimics group, F: IRF2 siRNA (si-IRF2) group. Magnification, × 200.

while knockdown of IRF2 significantly weakened the upregulation induced by miR-204 inhibitors (P < 0.01, P < 0.001, **Figure 7B**). Therefore, we suggest that IncRNA XIST may upregulate IRF2 expression by targeting miR-204.

Discussion

In a previous study, the ceRNA hypothesis was believed to be a new regulatory mechanism between coding RNA and noncoding RNA [25]. LncRNAs play essential regulatory roles in the regulation of gene expression and contribute to the occurrence and development course of diseases. Previous studies have shown that Inc-

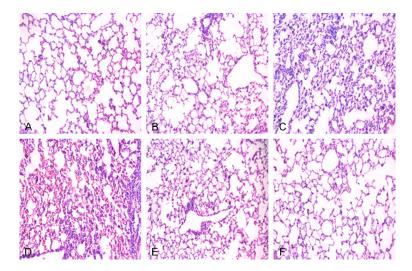


Figure 6. LncRNA XIST and miR-204-induced changes in alveoli in lipopoly-saccharide-induced ARDS. Alveoli were stained by hematoxylin and eosin (H&E) staining. A: Negative control (NC) group, B: Model group, C: IncRNA XIST group, D: miR-204 inhibitors group, E: miR-204 mimics group, F: IRF2 siRNA (si-IRF2) group. Magnification, × 200.

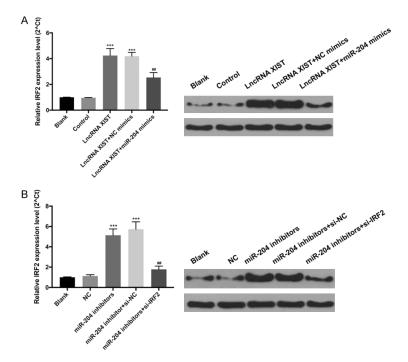


Figure 7. LncRNA XIST upregulated IRF2 expression by miR-204. A. The ARDS model mice were divided into Blank, control, IncRNA XIST, IncRNA XIST+NC mimics, and IncRNA XIST+miR-204 mimics group, respectively. The expression level of IRF2 was analyzed by RT-qPCR and western blot. ***P < 0.001 vs. control group, ##P < 0.01 vs. IncRNA XIST+NC mimics group. B. The ARDS model mice were divided into Blank, NC, miR-204 inhibitors, miR-204 inhibitors, miR-204 inhibitors+si-IRF2 groups, respectively. RT-qPCR and western blot were performed to evaluate IRF2. ***P < 0.001 vs. control group, ##P < 0.01 vs. miR-204 inhibitor+si-NC group.

RNAs could interact with target miRNAs by miRNA-binding sites (MREs) to regulate gene expression [26-28]. The crosstalk of the ceRNA network has been studied in a variety of diseases [29]. Recently, the mechanism and effects of IncRNA XIST were investigated in different diseases. For example, IncRNA XIST interacts with miR-211 to regulate the proliferation and apoptosis of osteoarthritis chondrocytes by CXCR4 and MAPK signaling [17], and the IncRNA XIST/ miR-29c axis plays an essential role in the chemoresistance of glioma by the DNA mismatch repair pathway [30]. Moreover, IncRNA XIST served as a molecular sponge of miR-200a, promoted cervical cancer progression by Fus [21], and regulated MAPK1 expression in hepatocellular carcinoma by targeting miR-194-5p [31]. In our study, we further confirmed that IncRNA XIST serves as a sponge for miR-204.

miRNAs can lead to translation repression or RNA degradation by binding to the 3'UTR of target mRNA [32]. In various studies, it has been confirmed that miRNAs play a role in numerous physiologic processes, including differentiation, proliferation, metabolism, hemostasis, apoptosis, and metastasis [33-35]. In a previous study, it was shown that miR-204 was downregulated in cardiopulmonary bypass-induced acute lung injury [36]. Furthermore, it has previously been demonstrated that miR-204, which acts as a tumor suppressor, could inhibit CYP27-A1 expression in glioblastoma [37]. Moreover, miR-204 motivates fracture healing by ac-

celerating cell viability of osteoblasts [38], and miR-204 functions as a crucial therapeutic target of acute myeloid leukemia by promoting BIRC6-mediated apoptosis [39]. miR-204 inhibits glioblastoma progression by targeting ATF2 [40], and inhibits migration and invasion of non-small-cell lung carcinoma by targeting JAK2 [41]. In addition, miR-204 suppressed epithelial-mesenchymal transition ischemiareperfusion-induced acute kidney injury by targeting SP1 [42]. In the present study, we further identified that IRF2 was a target gene of miR-204. IRF2 is a member of the transcription factor family, and plays a role in the regulation of IFN-induced immune responses [43], which has significant effects on biologic processes [44, 45].

ARDS involves acute respiratory failure that is characterized by progressive difficulty of breathing and refractory hypoxemia [46]. Cytokines and inflammatory mediators play important roles in the occurrence and development of ARDS patients with local inflammatory and systemic inflammatory responses [47]. Although mechanical ventilation and protective lung ventilation strategies can be used to improve the rescue success rate of ARDS patients, no effective method is yet available to prevent the inflammatory lung injury that is often seen in ARDS [48]. At present, 200 mmHg < PaO₂/FiO₂ ratio < 300 mmHg has become a vital indicator for ARDS [49]. In our study, we demonstrated that IncRNA XIST or miR-204 inhibitors significantly decreased the PaO₂/FiO₂ ratio, while the PaO_a/FiO_a ratio was significantly increased by miR-204 mimics or IRF2 knock-down. In addition, we demonstrated that IncRNA XIST increased inflammatory cytokines, while miR-204 or silencing of IRF2 decreased inflammatory cytokines. Thus, our data suggested that IncRNA XIST promoted ARDS progression, whereas miR-204 or silencing of IRF2 inhibited ARDS progression. Furthermore, we confirmed that IncRNA XIST or miR-204 inhibitors promote inflammatory cell infiltration in LPS-induced ARDS, and that miR-204 mimics decrease IRF2-inhibited inflammatory cell infiltration in LPS-induced ARDS. We also showed that IncRNA XIST or miR-204 inhibitors aggravated alveolitis and the degree of fibrosis in LPSinduced ARDS. miR-204 mimics silence IRF2attenuated alveolitis and the degree of fibrosis in LPS-induced ARDS. Mechanistically, IncRNA XIST can significantly upregulate IRF2 expression by miR-204 in LPS-induced ARDS. Based on the interaction between IncRNA XIST and miR-204, and the correlation between miR-204 and IRF2, we hypothesize that IncRNA XIST functions as a ceRNA of miR-204, and aggravates LPS-induced ARDS by upregulation of IRF2.

Conclusions

In summary, IncRNA XIST negatively regulated miR-204, and miR-204 negatively regulated IRF2. LncRNA XIST increased PaO₂/FiO₂ ratio, and promoted inflammatory reactions and alveolitis in LPS-induced ARDS by the miR-204/IRF2 axis. Therefore, we demonstrated that IncRNA XIST acts as ceRNA of miR-204, and may be a potential biomarker and therapeutic target for ARDS by upregulating IRF2 expression. However, additional studies will be required to confirm the biologic function and precise underlying mechanism of the IncRNA XIST/miR-204/IRF2 axis on LPS-induced ARDS.

Disclosure of conflict of interest

None.

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