Case Report High-grade endometrial stromal sarcoma with BCOR rearrangements: clinicopathological analysis of five cases and literature reviews - an extension in understanding of morphological characteristics

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Abstract: Five cases of FISH verified *BCOR* rearranged high-grade endometrial stromal sarcoma were retrospectively analyzed. The patient age ranged from 33 to 65 years (median, 48.4 years). Most patients presented with irregular vaginal bleeding (3/5) and uterus mass (2/5). Only one patient developed an abdominal wall metastasis and other patients remained in good condition during the follow-up. Pathological findings revealed that the tumors exhibited morphological diversity in terms of cell shape, arrangement pattern and tumor stroma, compared to previous summarized histology of *BCOR* rearranged high-grade endometrial stromal sarcoma. Detailed description of such morphology changes expanded our understanding of the histology of *BCOR* rearranged high-grade endometrial stromal sarcoma. Due to the non-specificity of morphology in such malignancies, molecular testing is needed for confirmation in all patients.

Keywords: BCOR rearrangement, high-grade endometrial stromal sarcoma, non-classic histomorphology, molecular test

Introduction

Endometrial stromal tumors (ESTs) are a spectrum of neoplasms which exhibit benign to malignant biological behaviors. These neoplasms can be divided into four groups: endometrial stromal nodule (ESN), low grade endometrial stromal sarcoma (LG-ESS), high-grade endometrial stromal sarcoma (HG-ESS) and undifferentiated uterus sarcoma (UUS). Despite being the second most common uterine mesenchymal malignancy, the overall incidence is low and only represents 7-25% of all uterine mesenchymal tumors [1]. Recently, several related gene alternations were discovered in HG-ESS. Gene fusion between YWHAE and NUTM2A/B was first reported [2] and then ZC3H7B-BCOR fusion [3] and BCOR internal tandem duplication (BCOR-ITD) [4] were identified. Researchers have summarized some morphological characteristics of BCOR rearranged

HG-ESS. However, studies remain limited because of the rarity of such neoplasms. Herein, we report 5 cases of high-grade endometrial stromal sarcoma with *BCOR* rearrangement and hope to deepen our understanding of the clinicopathological features of such neoplasms.

Materials and methods

Case selection

All five cases were retrieved by searching the archive at West China Second University Hospital (Sichuan, China) using the keywords: high-grade endometrial stromal sarcoma and *BCOR*. Patient information and clinicopathological characteristics were gathered from system records. Precise diagnoses were made by gynecological pathologists, based on hematoxylin and eosin (H&E)-stained sections and

immunochemistry. Diagnoses were all confirmed by fluorescence in situ hybridization (FISH). Follow-up data were available for all patients.

Immunochemistry

Formalin-fixed paraffin-embedded tissue blocks which contained the most representative lesions with scarce necrosis were selected for immunochemistry. A panel of diluted antibodies, including desmin, caldesmon, SMA, cyclin D1, BCOR, CD10, ER, PR, and Ki67, were used for analysis on an EnVision Automated Immunostainer. The expression status was evaluated by a semiquantitative system based on both staining intensity and percentage of positive cells. Staining intensity was divided into four grades: no staining (-), weak staining (+), moderate staining (++), and strong staining (+++).

Fluorescence in situ hybridization

All cases were verified by *BCOR* Dual-Color Break Apart FISH analysis. *BCOR* Break Apart FISH probe (Xp11.4) was designed by Health-Care Biotechnology (WuHan, China). Experiments were performed following the manufacturer's protocol. A break-apart pattern with a separation of red and green signals > 3 signal diameters was used as the criteria for a translocation. A minimum of two hundred nuclei from tumor cells with clear nuclear staining were counted at 100× magnification. A positive score was interpreted when over 30% of counted nuclei showed a break-apart pattern.

Results

Clinical features

In our cohort, patient age at tumor onset ranged from 33 to 65 years, and the average age was 48.4 years. Four patients were referred to our hospital because of suspicion of malignancy after myomectomy. Patients sought medical help for irregular vaginal bleeding (3/5) and a rapidly growing uterus mass (2/5). Tumors originated mainly in the uterine corpus (4/5), and one originated in the lower segment of the uterus. All neoplasms were confirmed to be *BCOR*-rearranged high-grade endometrial stromal sarcoma. Three patients had early-stage disease (FIGO I or II), and one had advancedstage disease (FIGO IV). The other patient only asked for consultation and failed to obtain information about staging. The patient with advanced FIGO stage disease was treated with concurrent chemoradiotherapy.

Histopathological findings

For three patients, macroscopic examinations were not possible since there were no visible lesions after myomectomy. For the remaining two patients, the lesions had unclear boundaries and gray-to-white gelatinous cut surfaces with focal necrosis and hemorrhage. The lesion of one patient had a polyp-like appearance and protruded into the cervix tube. The lesion of the other patient occupied the entire uterine cavity and penetrated the serosa with a mucous-like cut surface.

Microscopically, the tumor cells were typically ovoid to spindle shaped with scant eosinophil cytoplasm and were mostly arranged in the fasciculus with focal myxoid degeneration (Figure 1A, 1B). Although they showed some similar features, the lesions of each patient exhibited morphological differences as well. First, the tumor cells partially became epithelioid (Figure 1C) or star-shaped (Figure 1D). Apparent nuclear atypia and prominent nucleoli were occasionally present (Figure 1E). Second, alterations in the growth pattern and supporting stroma also occurred. Microcystic and reticular arranged tumor cells (Figure 1F) and collagen-rich stroma with plaque formation (Figure 1G) were observed. Moreover, a filamentary-like structure was observed in one patient (Figure 1H). Greater than 15/10 HPFs mitosis were observed on average. Hemorrhage and necrosis with tumor cells survival only around vessels were frequently observed. In addition, vascular hyalinosis and infiltration of plasma cells were present for a few patients (Figure 1I).

Immunohistochemical phenotypes

The immunohistochemical profiles are summarized in **Table 1**. Tumor cells generally exhibited typical staining phenotypes and were positive for CD10, CyclinD1 and BCOR and negative for ER, PR and myogenic markers, such as caldesmon, SMA and desmin. The expression patterns of important markers are illustrated in **Figure 2**.



Figure 1. Morphological features of *BCOR* rearrangement HG-ESS. Magnification power: (A) 100×; (B-D) 200×; (E) 400×; (F) 200×; (G, H) 100×; (I) 200×.

Case	CD10	CyclinD1	BCOR	Caldesmon	Desmin	SMA	ER	PR
1	F, +	+++	+++	-	-	-	F, +	-
2	+++	++	++	-	-	-	-	-
3	+++	++	NA	-	-	-	++	+
4	+++	++	+	-	-	-	-	-
5	+++	++	NA	-	-	-	-	-

Table 1. Immunophenotype of BCOR rearranged, high-grade endometrial stromal sarcomas

Abbreviations: +, weak positive; ++, moderate positive; +++, strong positive; -, negative; F, focal; NA, not available.

Gene rearrangements

BCOR rearrangements were verified in all five patients by double-color break-apart FISH analysis. All cases exhibited typical break-apart signals showing separated green and red signals in more than 30% of the counted cells (**Figure 3**).

Follow-up data

Only one patient developed an abdominal wall metastasis 2 years after primary surgery. The

other patients showed no signs of recurrence during the follow-up time from 6 to 24 months.

Discussion

BCOR rearrangements in uterine high-grade endometrial stromal sarcoma were first discovered by Panagopoulos in 2013 [5]. Since then, many studies have focused on *BCOR*-related alterations in HG-ESS. Most of them were reported as case reports [6, 7], and a few were reported as cohort studies. With the increasing number of cases, most scholars believe that



Figure 2. Representative expression pattern of important markers in the diagnosis of HG-ESS. CD10, Cyclin D1 and BCOR are diffuse positive. Caldesmon, ER and PR are all negative (Magnification power: 200×).



Figure 3. FISH analysis confirmed gene rearrangements in *BCOR* by dualcolor break-apart gene probes (The upper right box shows the negative contrast of the FISH test. Magnification power: 400×).

significant genetic alterations in HG-ESS are associated with distinct histological character-

istics [8]. For instance, YW-HAE-NUTM2 fusion tumors consisted of high-grade round and low-grade spindle cell components. The BCOR-ZC-3H7B fusion HG-ESS frequently exhibits spindle cells arranged in a uniformly fascicular pattern, with mild to moderate atypia and myxoid or collagenous stroma [3].

The patients in our study displayed histological similarities and differences compared to those with the *BCOR-ZC3H-7B* fusion HG-ESS. Consistent with recent studies, as listed in **Table 2**, morphological diversity was mostly observed in terms of cell type, arrangement, and tumor stroma. Recognizing these changes is highly important for avoiding misdiagnosis. The underlying

reason for these histological changes has not yet been fully studied. Douglas et al. [9] indi-

No	Reported BCOR	Characteristic morphology						
NO.	fusions	Cell shape	Pleomorphism	Stromal change	Mitosis			
1 [3, 19]	ZC3H7B-BCOR	Spindle, Ring like	Mild	Myxoid and collagenous	Active			
2 [9]	BCOR-L3MBTL2	Spindle	Moderate	Nonspecific	Active			
3 [9]	EP300-BCOR	Spindle	Moderate	Nonspecific	Active			
4 [9]	BCOR-NUTM2G	Small round	Moderate	Myxoid	Active			
5 [9]	BCOR-RALGPS1	Spindle and Epithelioid	Moderate	Myxoid and collagenous	Active			
6 [9]	BCOR-MAP7D2	Spindle and Epithelioid	Mild-moderate	Myxoid and collagenous	Active			
7 [9]	RGAG1-BCOR	Spindle and Epithelioid	Moderate-severe	Myxoid and collagenous	Active			
8 [9]	ING3-BCOR	Spindle	Mild-moderate	Myxoid	Active			
9 [9]	BCOR-NUGGC	Spindle	Mild-moderate	Myxoid	Active			
10 [9]	KMT2D-BCOR	spindle and Small	Moderate-severe	Myxoid	Active			
11 [9]	CREBBP-BCOR	Spindle and Epithelioid	Mild-moderate	Myxoid	Active			
12 [16]	BCOR-LPP	Spindle	Mild-moderate	Nonspecific	Active			

Table 2. HG-ESSs with molecular alterations and histology features in reported cases

cated that these differences might be a result of non-*BCOR-ZC3H7B* gene fusions. We suggest that this may be a reflection of the pluripotent nature of endometrial stromal cells since smooth muscle and myofibroblast differentiation are commonly observed in other endometrial stromal hyperplastic lesions (such as adenomyomatous polyps of the uterus and endometrial adenosarcoma). However, due to limitations in the detection methods and case numbers, we were unable to further explore the pathological reasons behind these changes.

Despite these morphological changes, immunochemistry can still provide great help. Patients showing classic morphological features are consistently diffuse positive for BCOR, Cyclin D1, and CD10 [10]. BCOR overexpression has served as an important hallmark of HG-ESS according to previous studies [11]. However, in patients who exhibit histological diversity, its expression can become less representative. Other auxiliary biomarkers, such as CD10 and CyclinD1, are helpful in differential diagnosis.

Due to the non-specificity of morphological features, myxoid leiomyosarcoma and inflammatory myofibroblastic tumor (IMT) need to be routinely excluded. Patients with myxoid leiomyosarcoma express smooth muscle markers, such as desmin, caldesmon or SMA, and are negative for CD10 and BCOR. Moreover, patients with myxoid leiomyosarcoma frequently harbor *PLAG1* rearrangements [12]. IMTs are positive for ALK and other smooth muscle cell markers, and patients with IMT harbor *ALK* rearrangements. Together with histological features, such as predominantly fusiform cells arranged in an edematous to myxoid background and infiltration of acute to chronic inflammatory cells, an exclusive diagnosis of IMT can be successfully made [13]. In addition, histological atypia induced by cell degeneration may display similar morphology, and changes related to cell degeneration are characterized by cell ballooning or condensing.

BCOR rearrangements are commonly discovered in HG-ESS patients with myxoid changes [14]. This is considered as a driver gene in tumorigenesis. Recent studies have revealed that the BCOR rearrangement HG-ESS frequently harbors CDK4 and MDM2 amplification [9, 15, 16]. CDK4 is a regulator of cell cycle progression [17], and its amplification indicates activation of the CDK4/cyclin D1 pathway, which explains the overexpression of cyclin D1 and its biological aggressiveness in such malignancies [18]. Amplification of MDM2, a primary negative regulator of P53, can enhance the inhibitory effect of TP53 transcription, resulting in wild-type expression of P53. Molecular analyses provide insights into the mechanisms related to tumor oncology and may help to identify potential molecular targets for chemotherapies.

Conclusion

According to the detailed description of morphology in these 5 *BCOR*-rearranged HG-ESS,

we need to realize that *BCOR*-rearranged HG-ESS may not be easily recognized by classic histological characteristics. Pathologists need to be aware of its morphological diversity and should carefully consider uncommon features. Morphological characteristics, immunophenotype and molecular alterations should be interpreted as an integration. Only then, can patients receive precise treatment and achieve a better prognosis.

Disclosure of conflict of interest

None.

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