

Original Article

Growth inhibitory effect of Cucurbitacin E on breast cancer cells

Tian Lan^{1,2}, Linling Wang², Qian Xu¹, Weiguo Liu¹, Hongchuan Jin², Weimin Mao¹, Xian Wang², Xiaojia Wang¹

¹Department of Medical Oncology, the key laboratory of Integrated Chinese and Western Medical Oncology in Zhejiang Province, Zhejiang Cancer Hospital, Hangzhou, China 310022; ²Department of Medical Oncology, Institute of Clinical Science, Sir Runrun Shaw Hospital, Medical College of Zhejiang University, Hangzhou, China 310003

Received July 5, 2013; Accepted August 3, 2013; Epub August 15, 2013; Published September 1, 2013

Abstract: Objective: Due its inhibitory effects on chemical carcinogenesis and inflammation, Cucurbitacins have been proposed as an effective agent for the prevention or treatment of human cancers. In this study, we aimed to explore the effect of Cucurbitacin E (CuE) on human breast cancer cells. Methods: The inhibitory effect of CuE on proliferation of Bcap37 and MDA-MB-231 cells was assessed by MTT assay. The cell cycle distribution and cell apoptosis were determined by flow cytometry (FCM). The expression of pro-caspase 3, cleaved caspase 3, p21, p27 and the phosphorylation of signaling proteins was detected by Western Blotting. Results: CuE inhibited the growth of human breast cancer cells in a dose and time-dependent manner. FCM analysis showed that CuE induced G2/M phase arrest and cell apoptosis. CuE treatment promoted the cleavage of caspase 3 and upregulated p21 and p27. In addition, the phosphorylation of STAT3 but not ERK-1/2 was abrogated upon CuE treatment. Interestingly, lose-dose CuE significantly enhanced the growth inhibition induced by cisplatin. Conclusions Cucurbitacin E (CuE) could inhibit the growth of human breast cancer cells in vitro. CuE induced both apoptosis and cell cycle arrest probably through the inhibition of STAT3 function. Lose-dose CuE significantly enhanced the growth inhibitory effect of cisplatin on breast cancer cells, further indicating the potential clinical values of CuE for the prevention or treatment of human breast cancer.

Keywords: Cucurbitacin E, breast cancer, apoptosis

Introduction

Although female breast cancer incidence rate began decreasing in the America, breast cancer is still the most common cancer among women worldwide and the second leading cause of cancer death in women, exceeded only by lung cancer. According to the American Cancer Society (ACS), there are 232,340 cases diagnosed and 39,620 cases of patients die from breast cancer every year (www.cancer.org). Death rates from breast cancer have been declining since about 1989, mainly resulting from the earlier detection through screening and increased awareness. However, there are still more patients were diagnosed as invasive or advanced breast cancer which request intensive treatments and is associated with poor outcomes. Treatments of breast cancers include surgery, radiotherapy and chemotherapy. However, most commonly used chemother-

apy drugs lack specificity toward tumor cells and the clinical efficacy of chemotherapy was limited by side-effects, toxicity and drug resistance. Therefore, there has been a growing interest in the use of herbs as a promising source of more efficient new therapeutic anti-cancer drugs. In addition, natural compounds for prevention of initiation and progression of human cancers was proposed as a valuable source for the chemoprevention of human cancers.

Cucurbitacin is a group of tetracyclic triterpenes derived from plants [1]. It has been long time ago that Cucurbitacin was found to have some medicinal properties such as the inhibition of chemical carcinogenesis and inflammation. Therefore, it was proposed as a promising source to develop novel drugs for the prevention and treatment of various cancers. Cucurbitacins contain at least five cucurbitacin

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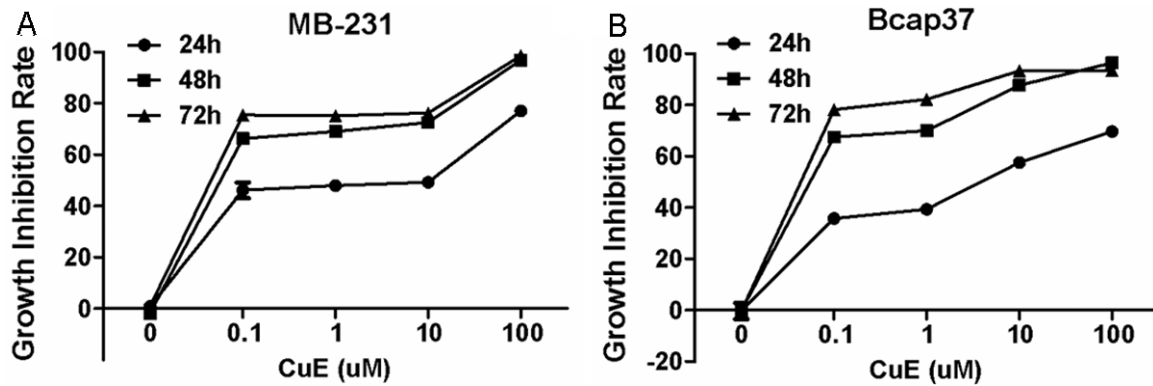


Figure 1. CuE inhibited the growth of breast cancer cells. After the incubation with various concentrations of CuE for different times, the viability of MB-231 (A) and Bcap37 (B) cells was determined by MTT assay.

compounds, named Cucurbitacin B (CuB), Cucurbitacin D (CuD), Cucurbitacin E (CuE), Cucurbitacin I (CuI), and Cucurbitacin Q (CuQ). Among them, CuB and CuE were widely studied. Cucurbitacin E (CuE, α -elaterin) is an active component from traditional Chinese medicine such as *Cucubita pepo* cv *Dayangua* [2]. It has been shown to have growth inhibitory effects in many cancers such as bladder cancer, hepatocellular carcinoma, pancreatic cancer and leukemia [2-5]. However, the effect of CuE on breast cancer was rarely reported.

In this study, we found that CuE effectively inhibit the growth of two independent human breast cancer cell lines by inducing apoptosis and cell cycle arrest. In addition, CuE promoted the activation of caspase-3, upregulated p21 and p27 expression and inhibited the activation of STAT3. Interestingly, CuE enhanced the growth inhibitory effect of cisplatin on breast cancer cells.

Materials and methods

Cell lines, chemicals and antibodies

Both Bcap-37 and MDA-MB-231 cell lines were bought from cell bank (Chinese Academy of Sciences) and maintained in DMEM supplemented with 10% FBS, in 37°C, 5% CO₂ incubator. CuE was purchased from Shanghai Zhanshu Chemical Technology Co. Ltd (Shanghai, China). Hoechst 3342 was from Beyotime Institute of Biotechnology (Shanghai, China), propidium iodide (PI) and 3-(4, 5-Dimethylthiazol-2-yl)-2, 5-diphenyltetrazolium bromide (MTT) were from Sigma, antibodies for GAPDH, Pro-caspase 3, Cleaved-caspase 3 and the secondary anti-

bodies anti-rabbit were all from Cell Signaling Technology.

Cell viability assay

For the measurement of cell viability, the two human breast cancer cell lines were seeded into 96-well plates at 3000 cells per well (100 μ l) and treated with either DMSO or various concentrations of CuE (0.1-100 μ M). After the cells were incubated at 37°C for 24, 48 and 72 hours, MTT (15 μ l; 5 mg/mL; Sigma) was added into each well. After 4 hours incubation, 150 μ l DMSO was added to each well. The absorbance of the product was measured with an ELISA reader at 570 nm.

Cell cycle analysis

The two human breast cancer cell lines were seeded into 6-well plates at 4×10^5 cells per well and treated with either DMSO or various concentrations of CuE for 24 h. The cells were then collected and fixed in 70% methanol overnight at 4°C. The samples were stained with PI before analyzed by flow cytometry.

Assessment of apoptosis

The two human breast cancer cell lines were seeded into 6-well plates at 4×10^5 cells per well and treated with either DMSO or various concentrations of CuE for 24 h. Collected cells were stained with Annexin V-FITC Apoptosis Detection Kit (BD Pharmingen) before analyzed by flow cytometry.

Western blotting

Cells (3×10^5 /well) seeded into 6-well plates were treated with 10 μ M, 100 μ M CuE or DMSO.

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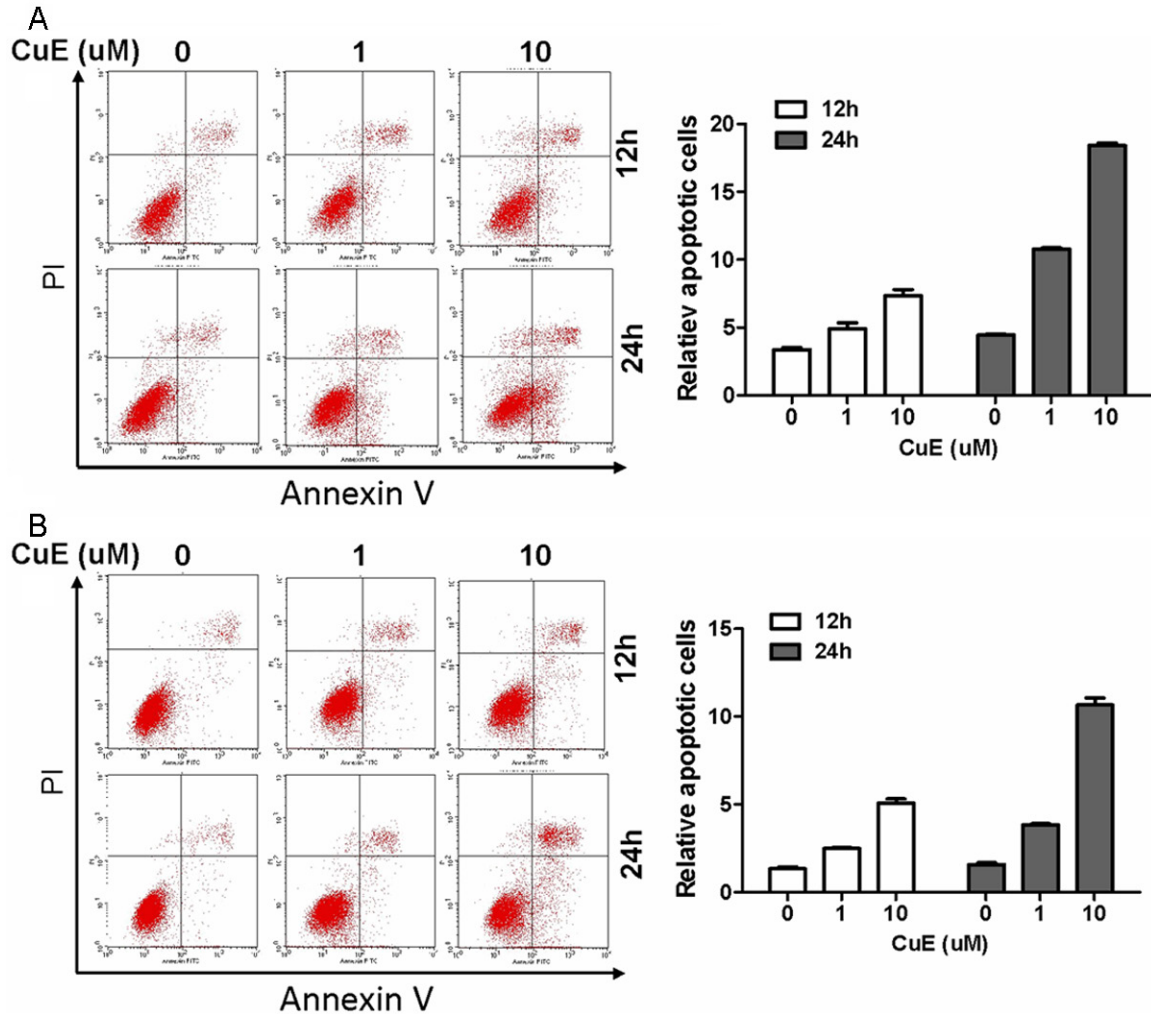


Figure 2. CuE induced the apoptosis of breast cancer cells. After the incubation with various concentrations of CuE for different times, the apoptosis of MB-231 (A) and Bcap37 (B) cells stained with FITC-Annexin VI and PI was determined by flow cytometry.

Cells were lysed with lysis buffer containing PMSF and phosphatase inhibitors [6]. Protein concentration was determined by Nanodrop 2000. Sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE) were used to separate the protein. The blot was incubated with the primary antibodies, followed by secondary antibodies and detected by autoradiography using X-ray film after the incubation with ECL (Millipore, Bedford, MA, USA).

Statistical analysis

All values from the triplicated experiments were displayed as mean \pm standard deviation (S.D.). The SPSS 17.0 was used for statistical analysis. Oneway ANOVA was used to compare the difference between control and concentration treat-

ments in each group. *P* value of less than 0.05 was considered to be statistically significant.

Results

CuE inhibited cell growth of breast cancer cells

Breast cancer cells were treated with various concentrations (0, 0.1, 1, 10, and 100 μ M) of CuE or DMSO as a control for 24, 48 and 72 hours. MTT method was then used to determine the viable cells. Our data indicated that CuE inhibited cell growth in a concentration- and time-dependent manner (ANOVA analysis, $p < 0.05$, **Figure 1A** and **1B**). After the treatment with 0.1 μ M CuE for 24 h, the growth of Bcap37 and MB-231 cells were significantly inhibited. At concentration of 100 μ M, most of cancer cells detached from the dish.

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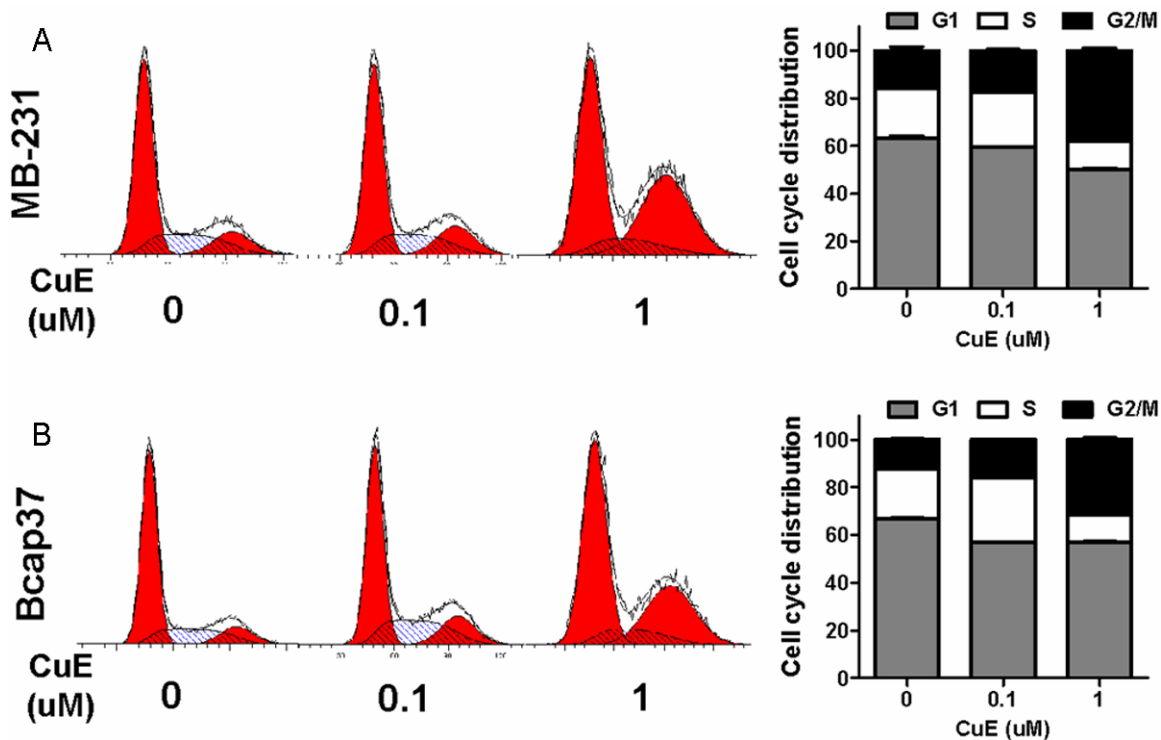


Figure 3. CuE induced cell cycle arrest in breast cancer cells. After the incubation with various concentrations of CuE for different times, the cell cycle distribution of MB-231 (A) and Bcap37 (B) cells stained with PI was determined by flowcytometry.

CuE induces the apoptosis of breast cancer cells

In consistence to the results of MTT, the Annexin V-FITC/PI assay results confirmed the induction of Bcap37 and MB-231 by CuE (Figure 2A and 2B). Cells undergo apoptosis after the incubation of 1 μ M CuE for 12 hours and more apoptotic cells were detected with higher concentration of CuE or longer incubation time.

CuE induces cell cycle arrest in breast cancer cells

In addition to apoptosis activation, CuE can also induce the cell cycle arrest in both breast cancer cell lines (Figure 3A and 3B). After CuE treatment, cells in S-phase were greatly reduced. More cells were blocked in G2-m phase, indicating that CuE can induce G2-M arrest in breast cancer cells.

Effect of CuE on oncogenic signaling in breast cancer cells

To understand the molecular mechanism of apoptosis and cell cycle arrest induced by CuE

treatment, we also explored the effect of CuE on the expression of proteins related with apoptosis, cell cycle regulation and oncogenic signaling in breast cancer cells. In consistence with flowcytometry analysis, CuE treatment induced the cleavage of caspase-3 and the upregulation of p27 and p21 (Figure 4A). In addition, the phosphorylation of STAT3 was inhibited while the phosphorylation of ERK was not affected (Figure 4B).

CuE increased the sensitivity of breast cancer cells to cisplatin

Next, we wonder whether CuE can influence of effect of commonly used chemotherapeutic drugs for breast cancer cell. As shown in Figure 5A and 5B. Cisplatin can inhibit the growth of both breast cancer cell lines. The addition of low-dose (1 μ M) Cue can further enhance the growth inhibitory effect of cisplatin on breast cancer cells (Figure 5A and 5B). However, high-dose CuE (10 μ M) has no such an effect.

Discussion

Cucurbitacin, a tetracyclic triterpenes compound from Cucurbitaceae, has been shown to

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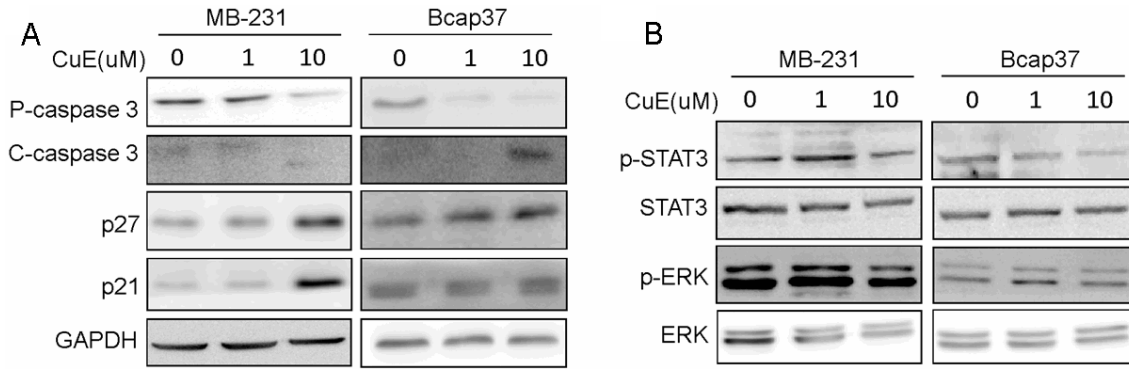


Figure 4. Effect of CuE on the expression of cell cycle regulators and signaling proteins. A: The expression of caspase-3, p21 and p27 in Bcap37 and MB-231 cells were explored by western blotting analysis. B: The phosphorylation of STAT3 and ERK (ERK-1/2) were explored by western blotting analysis.

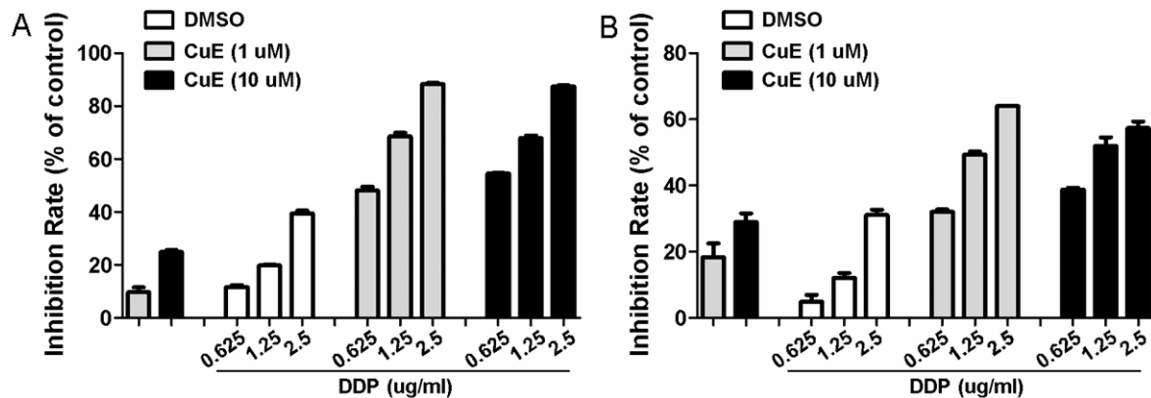


Figure 5. CuE enhanced growth inhibitory effect of cisplatin. The effect of low-dose (1 μ M) and high-dose (10 μ M) CuE on cisplatin-induced growth inhibition in MB-231 (A) and Bcap-37 (B) cells were determined by MTT assay.

inhibit chemical carcinogenesis and inflammation, thus being proposed as effective agents for the prevention or treatment of human cancers. Among different cucurbitacins, Cucurbitacin E and B were widely studied. In the present study, we found Cucurbitacin E could inhibit the growth of human breast cancer cells *in vitro*. CuE can induce both apoptosis and cell cycle arrest probably through the inhibition of STAT3 function. Interestingly, low-dose CuE could significantly enhance the growth inhibitory effect of cisplatin on breast cancer cells, further indicating the potential clinical values of CuE for the prevention or treatment of human breast cancer.

Up to date, more than 40 new cucurbitacins and cucurbitacin-derived compounds have been isolated from the cucurbitaceae family and other species of the plant Kingdom [7]. Many of them were found to be able induce cell

apoptosis and growth inhibition. The most predominant mechanism for the apoptosis-inducing effect of cucurbitacins are their ability to modify mitochondrial trans-membrane potential and regulate the expression of genes related with apoptosis. In general, cucurbitacins are considered to be selective inhibitors of the JAK/STAT pathways [1, 8, 9]. In the next studies, it would be important to understand the molecular mechanism of the CuE-induced STAT3 inactivation. In addition, other mechanisms such as the MAPK pathway known to be important for cancer cell proliferation and survival may also be implicated in their apoptotic effects. However, in the present study, we found only STAT3 signaling but not MAPK pathway was impaired in breast cancer cells treated with CuE. Nevertheless, CuE can inhibit Rac1 activation in breast cancer cells independent of the Jak2 pathway [10], indicating the presence of other mechanisms for the tumor suppressive

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function of cucurbitacins. For example, CuD inhibited proliferation and induce apoptosis of T-cell leukemia cells by inducing the accumulation of inhibitor of NF- κ B (I κ B) and suppressing NF- κ B function [11].

In addition to promote the cleavage and activation of pro-caspase-3, CuE can also promote the expression of p21 and p27. This is consistent with previous report that CuB can upregulate the expression of p21 and p27 in breast cancer cells [12]. However, this effect of CuB is significant only in breast cancer cells with defective BRCA1 function [12]. In contrast, we found that CuE can significantly upregulate p21 and p27 expression and induce growth inhibition in breast cancer cells with effective BRCA1, indicating that CuE might be a superior drug candidate for breast cancer.

Cucurbitacins can also affect the cytoskeleton structure of actin and vimentin [13-16]. Importantly, this effect is not limited to cancer cells. Cucurbitacins also disrupted the F-actin and tubulin microfilaments cytoskeleton and reduced the motility of normal mitogen-induced T-lymphocytes and endothelial cells [17]. Although this function indicates anti-angiogenesis and anti-metastasis role of cucurbitacins, it also imply that cucurbitacins may have severe side effects in the clinical application for anti-cancer treatment. Chemical modifications are needed to improve its clinical efficacy by reducing potential side-effects.

Interestingly, lose-dose CuE could significantly enhanced the growth inhibitory effect of cisplatin on breast cancer cells, further indicating the potential clinical values of CuE for the prevention and treatment of human breast cancer. It has been reported that cucurbitacins indeed have synergistic effects when used with standard chemotherapeutic drugs like doxorubicin and docetaxel [18, 19]. In addition, some cucurbitacins including CuE promoted TRAIL-induced apoptosis [20]. This synergistic effect seems to be associated with the short but not long exposure of cucurbitacin. Similarly, we found low-dose but not high-dose CuE enhanced the growth inhibitory effect of cisplatin. Moreover, low-dose of CuD synergistically potentiated the antiproliferative effects of the histone deacetylase inhibitor VPA [11].

In summary, we found CuE inhibited the growth of human breast cancer cells by inducing both

apoptosis and cell cycle arrest. CuE inhibit the phosphorylation of STAT3 but not ERK-1/2. Lose-dose CuE significantly enhanced the growth inhibitory effect of cisplatin on breast cancer cells, further indicating the potential clinical application of CuE for the prevention and treatment of human breast cancer.

Acknowledgements

This work is supported by Natural Science Foundation of Zhejiang Province (LR12H16001), Qianjiang Scholarship of Zhejiang Province (2011R10061; 2011R10073) and Key Projects of Department of Science and Technology in Zhejiang Province (2012C13019-1).

Disclosure of conflict of interest

None.

Address correspondence to: Dr. Xian Wang, Department of Medical Oncology, Institute of Clinical Science, Sir Runrun Shaw Hospital, Medical College of Zhejiang University, Hangzhou, China 310003. E-mail: wangxzju@163.com; Dr. Xiaojia Wang, Department of Medical Oncology, the Key Laboratory of Integrated Chinese and Western Medical Oncology in Zhejiang Province, Zhejiang Cancer Hospital, Hangzhou, China 310022. E-mail: wxiaojia0803@163.com

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