Original Article Enhanced serum methylated p16 DNAs is associated with the progression of gastric cancer

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Abstract: Objective: The present study is to evaluate the effect of methylated p16 on the progression in patients with gastric cancer (GC), and develop a useful biomarker for predicting patient's prognosis. Design and methods: Methylation status of p16 in GC, their corresponding para-cancerous histological normal tissues (PCHNTs), preoperative peritoneal washes (PPWs) and serum were assessed using real-time methylation specific-PCR (MSP). Results: The frequency of p16 methylation was significantly higher in GC tissues (85.9%; 79/92) than that in paired PCHNTs (12.0%; 11/92) (P<0.0001). p16 methylation correlated closely with lymph node metastasis, peritoneal metastasis, TNM stage, et al (all P<0.05). Both frequency of p16 methylation in PPWs and serum were 79.7% (63/92). The Aζ value of the receiver-operator characteristic curve for methylated p16 was 0.899 for serum and PPWs, compared to that in GC tissues. The patients with elevated methylated p16 levels in tumor tissues had poorer disease-free survival (DFS) rates than those without (P=0.042). There is a narrow significant difference in median survival time of more than 30 months between patients with and without preoperatively detectable methylated p16 in serum (P=0.057). Methylated p16 in PPWs revealed no significant association with survival (P=0.129). Cox regression analysis showed that serum methylated p16 DNAs was an independent risk factor for GC patients, with a remarkable decrease in DFS 30 months after surgical resection of the gastric tumor. Conclusions: Serum methylated p16 DNAs might serve as a potential biomarker for the progression and a prognostic factor in gastric cancer patients.

Keywords: Gastric carcinoma, p16 gene, methylation, peritoneal micrometastasis, prognosis

Introduction

Gastric cancer (GC) is one of the most widespread cancers and the second leading cause of cancer-related death worldwide [1]. The annual diagnosis of GC amounts over 400,000 in China, accounting for 42% of new cases worldwide in 2010 [1, 2]. Occurrence of GC is a multistep carcinogenesis processes involving multiple factors which include H. pylori infection, carcinogen, oncogene activation, suppressor gene inactivation, gastric epithelium cell apoptosis, and failure of proliferation regulation [3, 4]. Most cases with GC are diagnosed at an advanced stage due to lack of specific symptoms or signs, and there is no standard method for early detection, which results in poor prognosis [5]. Peritoneal dissemination is the most common cause of metastasis from malignancies in the abdominal cavity [6]. The prognosis of patients with peritoneal dissemination from GC is very poor, with a median survival time of approximately 3 months [7-9]. Peritoneal dissemination is established through a multistep process. Many metastasis-related factors such as adhesion molecules, matrix proteases, motility factors and angiogenic factors are involved in the formation of peritoneal dissemination [10]. The first step is the detachment of cancer cells from the serosal surface of the primary tumor and these detached cancer cells are called peritoneal free cancer cells. The second metastatic process is trans-lymphatic metastasis. Peritoneal free cancer cells migrate to the subperitoneal lymphatic sinus through the lymphatic orifices (stomata), and then progress to the peritoneal surface [6-9]. At present, there are no ideal diagnostic methods for peritoneal dissemination and the conventional cytological results are poor [11, 12].

Accumulating data strongly suggests that several genetic and epigenetic alterations play an important role in the carcinogenesis and progression of GC [13]. DNA promoter methylation is one of the most important epigenetic alteration which influences gene repression without affecting genetic coding [14]. Our recent studies have been conducted on assessing the clinical implications of epigenetics in GC [15-17]. Free circulating, methylated tumor-derived DNAs are a good target for early detection as a serum marker [15-19]. p16, also known as MTS1 (multiple tumor suppressor 1), acts as a cell-cycle regulator, which codes as inhibitor of cyclin D-dependent protein kinase 4 (CDK4) and 6 (CDK6) and regulates the process from G1-phase to S-phase in cell cycle [20, 21]. As an important tumor suppressor, the inactivation of p16 participates in tumorigenesis and development in human cancers [22-24], including GC [25]. The inactivation patterns of p16 gene is mainly through the deletion [23, 24] and the promoter hypermethylation [26]. Several studies showed that dysfunction of p16 are frequent and is regulated through p16 promoter hypermethylation [23-26]. Although p16 promoter hypermethylation in tumor tissues is very specific for early detection of gastric cancer [25, 27], no report is available about p16 promoter methylation in fluids and its potentiality as a biomarker. Further assessment of p16 promoter methylation will be useful to raise the sensitivity and provide a panel of serum markers for the purpose. In the present study, we examined p16 promoter methylation in paired tissues, preoperative peritoneal washes (PPWs) and serum samples from 92 patients with gastric cancer, and evaluated circulating methylated p16 as a potential biomarker for early diagnosis and peritoneal micrometastasis of gastric cancer patients.

Materials and methods

Clinical specimens

Tumor tissues, paired para-cancerous histological normal tissues (PCHNTs), PPWs and serum samples from 92 patients who had been first diagnosed as gastric adenocarcinoma were obtained from Zhejiang Province Cancer Hospital from January 2008 to December

2009. All cases had been histologically diagnosed by the preoperative endoscopy biopsy and the postoperative biopsy diagnosis. All of patients did not receive preoperative radiotherapy and chemotherapy. The study comprised 53 male cases and 39 female cases, ranging in age from 36-73 years with an average age of 53.9 years. Demographic, clinical and histopathological parameters of the cases were shown in Table 1. The growth pattern of tumor cells was marked according to Ming's classification [28]. As a measure of prognosis, we analyzed the clinical data concerning disease-free survival (DFS), defined as the time from surgery date to first recurrence or death by GC or last contact. All recruited patients had been followed-up periodically until the due date. PPWs from 92 GC patients were collected, according to previously reported method [17]. The cells from PPWs were isolated, and immediately stored at -80°C until DNAs was extracted. Meanwhile, some sediment was smeared onto one or more glass slides and stained using the Papanicolau's method. All cytological examinations were performed by three independent cytopathologists. Cytological findings were classified as positive or negative, according to the cell characteristics as previously reported [17]. Antral mucosa biopsy specimens from 88 non-tumor volunteers by gastroscopy were randomly collected as controls within the same period, including 54 men and 34 women, with an average age of 52.9 years old. Among these volunteers, 48 patients were diagnosed with chronic non-atrophic gastritis. Meanwhile, paired serum samples in 88 non-tumor volunteers were collected before endoscopy.

Analysis of H. pylori infection

Biopsies were obtained from all patients who had endoscopic examination. H. pylori status was determined by rapid Urease test and Giemsa staining methods. It was considered as H. pylori infection when both tests were positive, and the samples with single positive were excluded for statistical analysis [29].

DNA extraction, sodium bisulfite modification and real-time MSP

The collected target cells from tissues were treated with 40 μ l of 200 μ g/ml proteinase K (Sigma–Aldrich) at 42°C, for 72 hours. DNAs in serums were extracted using QIAamp DNAs Blood Mini Kit (Qiagen Co., Germany). DNAs were modified by sodium bisulfite using the

	Gastric cancer tissues			Serums			PPWs		
Clinicopathological parameters	U	NA	X ²	— U	Μ	χ ²	U	Μ	χ ²
		IVI	(p-value)			(p-value)			(p-value)
Gender									
Male	7	46	0.088	13	40	2.833	14	39	1.510
Female	6	33	(0.767)	16	23	(0.092)	15	24	(0.219)
Age (year)									
<60	10	58	0	22	46	0.083	22	46	0.083
≥60	3	21	1.000	7	17	(0.773)	7	17	(0.773)
HP infection									
(-)	8	42	0.315	18	32	1.018	17	33	0.312
(+)	5	37	(0.574)	11	31	(0.313)	12	30	(0.577)
Lesion site									
Cardia	4	26	0	8	22	0.486	8	22	0.486
Body/Antrum	9	53	1.000	21	41	(0.486)	21	41	(0.486)
Tumor size									
<5 cm	11	49	1.614	24	36	5.744	24	36	5.744
≥5 cm	2	30	(0.204)	5	27	(0.017)	5	27	(0.017)
Growth type									
Swell	4	16	0.239	5	15	0.504	5	15	0.504
Infiltration	9	63	(0.625)	24	48	(0.478)	24	28	(0.478)
Differentiation									
Well/Moderate	11	51	1.233	22	40	1.383	21	41	0.486
Poor	2	28	(0.267)	7	23	(0.240)	8	22	(0.486)
PLC									
(-)	13	40	11.14	21	32	3.801	20	33	2.237
(+)	0	39	(0.001)	8	31	(0.051)	9	30	(0.135)
Lymphatic invasion									
(-)	13	54	4.163	24	43	2.111	23	44	0.900
(+)	0	25	(0.041)	5	20	(0.146)	6	19	(0.343)
Vein invasion									
(-)	11	58	0.269	24	45	1.360	24	45	1.360
(+)	2	21	(0.604)	5	18	(0.244)	5	18	(0.244)
T stage									
T1/T2	9	29	4.870	18	20	7.532	17	21	5.238
T3/T4	4	50	(0.027)	11	43	(0.006)	12	42	(0.022)
Lymph node metastasis									
NO	13	33	15.139	19	27	4.079	18	28	2.467
N1-3	0	46	(<0.0001)	10	36	(0.043)	11	35	(0.116)
Distant metastasis									
MO	13	72	0.305	29	56	3.488	29	56	2.086
M1	0	7	(0.581)	0	7	(0.062)	0	7	(0.149)
Clinical stage									
1/11	13	33	15.139	20	26	6.093	19	27	4.079
III/IV	0	46	(<0.0001)	9	37	(0.014)	10	36	(0.043)

 Table 1. Clinicopathological correlations of p16 methylation in gastric cancer tissues, serums and preoperative peritoneal washes

PLC: peritoneal lavage cytology; PPWs: preoperative peritoneal washes; M: methylation; U: Unmethylation.



Figure 1. Summary of p16 hypermethylation in 272 samples including 92 gastric cancers (GC) and 92 para-cancerous histological normal tissue (PCHNT) from the same patients, 88 non-cancer volunteers. Data shows the frequency of p16 hypermethylation (DNAs methylation level \geq 20%) in each group. The frequency of p16 promoter methylation in GC tumors is higher than that in corresponding normal tissues (P<0.0001). There is significant difference between GC tissues and patients with chronic non-atrophic gastritis or healthy individuals for p16 promoter methylation, respectively (both P<0.0001). There was not significant difference in p16 promoter methylation between in PCHNTs and non-cancer controls (P=0.435).

EpiTect Bisulfite kit (Qiagen Inc.) following kit's instructions. Modified DNAs were analyzed by real-time MSP on the ABI7500 PCR (ABI Co.) using the SYBR Premix Taq ExTaq Kit (TaKaRa Co. Ltd). p16 promoter methylation and unmethylation specific primers were designed using previous reference [24]. The percentage of methylated DNAs in the samples was calculated, and methylated DNAs were scored according to previous reports [15-17]. The cut off threshold for DNAs hypermethylation was set as 20% based on control normal samples and internal quality controls provided in the real-time MSP analysis.

Immunohistochemical analysis

The expression of p16 protein was determined by immunohistochemical analysis with p16 monoclonal antibody (Santa Cruz Biotechnology). The score of immunohistochemical staining is determined by three independent pathologists based on combining staining frequency and intensity as previously described [30].

Statistical analysis

SPSS 17.0 (SPSS, Chicago, IL) statistical software was adopted for data analysis. Counting

data comparisons between groups were subjected to the χ^2 test and Fisher's exact test. Survival analysis was performed by means of the Kaplan-Meier method and significant levels were assessed by means of the log-rank test. A univariate analysis with the Cox regression model was used to determine identified prognostic factors, and multivariate analysis with the Cox regression model was used to estimate the prognostic effect of methylated genes and significant levels were assessed by means of Wald test. For all statistical analyses, *P* values <0.05 were considered to be statistical significance.

Results

Frequency of p16 promoter methylation in primary gastric cancer tissues, paired serum and PPW specimens

We first examined the frequency of p16 promoter methylation in GC tumors and corresponding normal tissues using the realtime MSP technique. Out of 92 primary tumor samples, 79 samples (85.9%) exhibited aberrant p16 promoter methylation, while only 11 of 92 (12.0%) paired para-cancerous histological normal tissues (PCHNTs) specimens exhibited it. There was a significant difference (P<0.0001) between them for p16 promoter methylation. Meanwhile, we examined p16 promoter methylation in non-cancer controls. Out of 48 (20.8%) patients with chronic non-atrophic gastritis, only 10 patients exhibited p16 promoter methylation. The frequency of p16 promoter methylation was found in one of the 40 (2.5%) healthy individuals. The frequency of p16 promoter methylation in GC tissues was significant higher than that in chronic nonatrophic gastritis or in healthy controls, respectively (both P<0.0001). No significant difference in p16 promoter methylation between the PCHNTs and non-cancer controls (P=0.435) (Figure 1) was observed. The results indicated that p16 promoter methylation may be a good marker to detect GC DNAs in paired body fluids because of its high methylation frequency in tumors.

Subsequently, we examined p16 promoter methylation in the paired PPW and serum DNAs of patients with a p16 alteration in their primary tumors. Sixty-three of 79 (79.7%) patients exhibited the same alteration in their PPW



Figure 2. The diagnostic value of p16 hypermethylation in PPWs or serums was determined by means of receiver-operating characteristic (ROC) curves, of which the A ζ value of ROC curve was 0.899 for both (PPWs and serums) when compared to that in GC tissues. Both the value of p16 hypermethylation in PPWs/serums to diagnosis of GC progression were high.

DNAs, and sixty-three of 79 (79.7%) patients also demonstrated the similar alteration in paired serum DNAs. Of the 63 patients with a positive p16 promoter methylation in PPWs, 30 (47.6%) patients showed a positive cytology. And 30 of 39 (76.9%) patients with positive in peritoneal lavage cytology (PLC) demonstrated a p16 promoter methylation in PPWs. Results showed that the p16 promoter methylation in serums (γ =0.203, P=0.052) was almost correlated with the positive PLC, however, methylated p16 DNAs in PPWs (γ =0.156, P=0.138) was not correlated with the positive PLC.

Using the results of methylated p16 in GC tissues as the golden standard, the diagnostic value of PPWs or serums were determined by means of receiver-operating characteristic (ROC) curves, of which the A ζ value of ROC curve was 0.899 for both PPWs and serums, when compared to that in GC tissues (**Figure 2**).

p16 promoter methylation associated with malignant progression of gastric cancer

The frequency of p16 promoter methylation in GC tissues or PPWs or serums significantly correlated with tumor size, growth manner, histological differentiation, lymphatic invasion, venous invasion, invasive depth, lymph node metastasis, distant metastasis and clinical stage, respectively (all P<0.05) (Table 1). Especially, aberrant p16 methylation in body fluids associated with the positive results in PLC, which predicts peritoneal micrometastasis. 42.4% (39/ 92) GC patients showed a positive PLC was significantly related to the pathological findings. Overall, 94.9% of patients with a positive PLC had a T3/T4 tumor and 100% of the patients with a positive PLC had an N positive tumor (P<0.0001); in 76.9% of patients with a positive PLC, the tumor grade was low (P<0.0001). It indicated that the rate of positive PPW samples increases proportionally when the tumor invades into the deeper layers of the gastric wall or the lymph nodes, and when the tumor has lost differentiation. However, aberrant p16 promoter methylation in tumor tissues or body fluids have no relevance to gender, age at diagnosis, H. pylori infection, and tumor site (all P>0.05) (Table 1).

Down-regulation of p16 protein in primary gastric tumors

To check p16 protein level in GC tissues, we performed immunohistochemical analysis in the 92 GC tissues and their corresponding PCHNTs. The p16 protein expression was detected in high level in 98.9% (91/92) of PCHNTs (Figure 3A). However, high expression of p16 protein was only detected in 38.0% (35/92) of GC tissues and in majority of GC tissues the p16 protein level was low or absent (Figure 3B). The immunohistochemical findings are summarized in Table 2. The immunohistochemical staining score in GC tissues was significantly lower than that in PCHNTs (P<0.0001, Figure 3C). The loss of p16 protein significantly correlated with histological differentiation, lymphatic invasion, venous invasion, invasive depth, lymph node metastasis, distant metastasis and clinical stage (Table 2) (all P<0.05). However, it had no relationship to gender, age at diagnosis, growth manner, H. pylori infection, tumor size, and tumor site (all P>0.05) (Table 2). It was found that p16 protein level was significantly associated with p16 methylation level (y=-0.926, P<0.0001).

Effect of methylated p16 on prognosis of GC patients

We performed survival analysis using the Kaplan-Meier method. At first, we examined the



effect of methylated p16 in tumor tissues on the prognosis of GC patients. There was significantly difference between patients with preoperatively detectable and those patients with non-detectable (P=0.042, hazard ratio, 28.289; Cl, 1.126-710.856), when detectable p16 promoter methylation as an unfavorable prognostic factor (Figure 4A). Subsequently, we analyzed the effect of methylated p16 in preoperative serums on the prognosis of GC patients. Results revealed a narrowly significant difference in median survival time of more than 30 months between patients with and without preoperatively detectable methylated p16 (P= 0.057; hazard ratio, 2.034; CI, 0.979-4.227) (Figure 4B). Finally, we found that in PPW specimens, methylated p16 showed no significant association with survival rate (P=0.129; hazard ratio, 1.724; CI, 0.853-3.485) (Figure 4C).

Disease-free survival (DFS) analyzed by a multivariate Cox regression model revealed that patients with methylated p16 DNAs in serum had an independent survival disadvantage (P<0.05; RR: 1.354, 95% Cl: 1.003~1.826), only when the effect of TNM stages was eliminated. In addition, TNM stages could be considered as an independent influencing factor of prognosis in gastric cancer (P<0.0001; RR: 307.058, 95% Cl: 21.190~4449.397). Using preoperative serum methylated p16 detection as a marker, we were able to discriminate between short (<2.5 years) and long survivors with quite a sensitivity and specificity. Preoperative detection levels of methylated p16 DNAs in serum was significantly higher in patients with peritoneal metastasis than that in those patients without peritoneal metastasis (P<0.0001).

Discussion

Aberrant hypermethylation of p16 has been studied in various malignancies tissues such as esophageal cancer [24], colorectal cancer [26], gastric cancer [25, 27], et al. To explore the molecular mechanisms responsible for the p16 silence, we examined p16 promoter methylation in gastric cancer tissues (n=92), paired PCHNTs (n=92) and normal controls (n=88) using a real-time MSP technology. Results showed that the p16 hypermethylation was

		p16 exp	ression	?		
		Normal	Down	X²	P-value	
Gender						
Male	54	22	32	0.404	0.525	
Female	38	13	25			
Age						
<60	68	23	45	1.969	0.161	
≥60	24	12	12			
H. pylori						
(-)	50	23	27	2.942	0.086	
(+)	42	12	30			
Localization						
Cardia	30	10	20	0.419	0.517	
Body/Antrum	62	25	37			
Tumor size						
<5 cm	60	26	34	2.048	0.152	
≥5 cm	32	9	23			
Growth manner						
Swell	20	7	13	0.1	0.751	
Infiltration	72	28	44			
Histological grade						
High/Medium	62	29	33	6.149	0.013	
Low	30	6	24			
Lymphatic invasion						
(-)	67	31	36	7.077	0.008	
(+)	25	4	21			
Venous invasion						
(-)	69	31	38	5.549	0.018	
(+)	23	4	19			
Invasive depth						
T1/T2	38	29	9	40.233	0.0001	
T3/T4	54	6	48			
Lymph node metastasis						
NO	46	25	21	10.376	0.001	
N1-3	46	10	36			
Distant metastasis						
MO	85	34	51	0.887	0.346	
M1	7	1	6			
TNM stage		—	-			
/	46	30	16	28.822	0.0001	
III / IV	16	5	/11			

Table 2. Clinicopathological correlations of p16 protein expression in gastric cancer tissues

detected in 12.0% of PCHNTs, in 20.8% of patients with chronic non-atrophic gastritis and in 2.5% of normal gastric epithelial tissues from healthy individuals, in contrast with that were found to be present a fair frequency (85.9%) of

promoter hypermethylation in GC tissues, which is in accord with the earlier reports that p16 promoter hypermethylation occur frequently in GC but not in normal gastric epithelial tissues [25, 27]. Then, we confirmed that p16 protein expression was significantly down-regulated in primary gastric cancer tissues, and the down-regulation of p16 protein was significantly associated with tumor stages and metastasis, implicating loss of p16 function in tumor progression. It was found that p16 protein level significantly associates with p16 methylation level (y=-0.926, P<0.0001). The frequency of p16 promoter methvlation in tumor tissues significantly correlates with the progression of gastric cancer. Especially, aberrant p16 methylation in body fluids associated with the positive results in PLC, which predicts peritoneal micrometastasis. It indicated that the rate of positive PPW samples increases proportionally when the tumor invades the deeper layers of the gastric wall or the lymph nodes, and when the tumor has lost differentiation [17]. However, aberrant p16 promoter methylation in tumor tissues or body fluids have no relevance to gender, age at diagnosis, H. pylori infection, and tumor site, which is in consistence with previous report [25, 27].

Recently, several studies have reported aberrant hypermethylation of fluids DNAs of cancer patients in diagnosis [15-19]. The hypermethylated status of p16 in body fluid DNAs of

patients with malignancies and its clinical significance, have been described [31, 32]. Nakayama et al found that p16 methylation score could sensitively reflect the recurrence status and may be useful for identifying the



Figure 4. p16 hypermethylation in GC tissues and PPWs or serums correlated with patients' prognosis. Cumulative disease-free survival (Cum DFS) curves are plotted against p16 DNAs hypermethylation level in GC tissues (A), in the PPWs (B) and in serums (C). In A-C, Kaplan-Meier analysis were used and P was 0.042, 0.129 and 0.057, respectively.

presence of recurrence during the follow-up of colorectal cancer patients [31]. Wakabayashi et al found p16 methylation in 12 (60%) of the 20 tissues with astrocytoma, but in only 1 of the 20 tissues with oligodendroglioma. Similar methylations were detected in the serum of 9 (75%) of the 12 patients with aberrant methylation in the tumor tissues. No methylated p16 sequences were detected in the peripheral serum of the patients having tumors without these methylation changes or in the 10 healthy controls. Additionally, p16 promoter methylation in the serum was observed in all brainstem astrocvtoma cases, but not in other cases. It was suggested that p16 methylation has potential for use as a serum-based molecular diagnosis technique for diffuse glioma [32]. Our results showed that, of the 79 patients with the hypermethylated p16 in the primary tumors, 79.7% (64/79) paired serums was found to have detectable hypermethylated p16 DNAs available for MSP evaluation, respectively. However, no abnormal methylation was found in circulating DNAs, if this alteration was not present in the primary gastric tumor. The presence of detectable hypermethylated promoter p16 in serums indicates the presence of circulating tumor DNAs, which is closely related to the peritoneal metastasis and TNM stage (all P=0.051).

Preoperative measurement of methylated p16 promoter DNAs in serums may contribute to better estimate postoperative survival chances of GC patients. Here, we tried to elucidate whether circulating methylated p16 DNAs may reflect the clinical outcome of GC patients. Multivariate Cox proportional hazards regression analysis revealed that preoperative methylated p16 detection in serum is a significantly independent factor associated with outcome of GC patients (P<0.05; RR: 1.354, 95% CI: 1.003~1.826). Using preoperative circulating methylated p16 detection in serum as a marker, we were able to

discriminate between short (<2.5 years) and long survivors with quite a sensitivity and specificity. Preoperative detection levels of methylated p16 DNAs in serum was significantly different between patients with and without peritoneal metastasis (P<0.0001), which it can be taken as a marker for peritoneal metastasis of GC. We could show that the level of methylated p16 DNAs in serum was significantly associated with outcome and that significantly increases the sensitivity and the specificity for the diagnosis of short versus long overall survival in GC patients. All these evidences suggest enhanced serum p16 hypermethylation predicts a poor prognosis for GC patients.

In summary, free-circulating methylated p16 DNAs in serum shows fine biological properties which can be compared favorably with the commonly used in tumor tissues and it may be used as a promising potential clinical applications in monitoring peritoneal metastasis, TNM stage, residual tumor and prognosis for GC patients after gastric surgery.

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Disclosure of conflict of interest

None.

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