

Original Article

Adiponectin upregulates ABCA1 expression through liver X receptor alpha signaling pathway in RAW 264.7 macrophages

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Abstract: ATP-binding cassette transporter A1 (ABCA1) plays a crucial role in reverse cholesterol transport and anti-atherosclerosis. Liver X receptor alpha (LXR α) can stimulate cholesterol efflux through ABCA1. It has been well known that adiponectin has cardiovascular protection. In this study, we attempted to clarify the effect of adiponectin on expression of ABCA1, and explored the role of LXR α in the regulation of ABCA1 in RAW 264.7 macrophages. Our results showed that adiponectin increased ABCA1 expression at both the mRNA and protein levels in a dose-dependent and time-dependent manner. Consequently, adiponectin promoted cholesterol efflux and decreased cholesterol content in RAW 264.7 macrophages. Moreover, adiponectin up-regulated the expression of LXR α in a dose-dependent and time-dependent manner in RAW 264.7 macrophages. LXR α small interfering RNA completely abolished the promotion effects of adiponectin. In summary, adiponectin up-regulates ABCA1 expression via the LXR α pathway in RAW 264.7 macrophages. This novel insight could prove useful for developing new treatment strategies for cardiovascular diseases.

Keywords: Adiponectin, atherosclerosis, ATP-binding cassette transporter A1, reverse cholesterol transport

Introduction

It has been well known that foam cells formation when monocyte-derived macrophages accumulated atherogenic lipoproteins is one of the hallmarks of early atherosclerosis [1, 2]. Thus, it is becoming more and more important in atherosclerosis therapy to find proper ways to prevent the formation of foam cells. There is increasing evidence to suggest that high density lipoprotein (HDL) can protect against atherosclerosis due to reverse cholesterol transport (RCT), a process that carries excess cholesterol from foam cells back to liver to remove from human bodies [3, 4]. The RCT pathway is currently considered to be the only mechanism by which the human body clears away excess cholesterol [4, 5]. Previous research showed that the RCT could be promoted by various kinds of mechanisms (e.g. targeted receptor-mediated process, passive aqueous diffusion).

Among all of them, ATP-binding cassette (ABC) A1 which is member of ATP-binding cassette transporter superfamily was thought to be able to mediate the transfer of cellular cholesterol to lipid-poor apolipoprotein A-I (apoA-I), so it is the rate-limiting step in RCT [6, 7].

Liver X receptors (LXRs) are ligand-activated transcription factors that appear to play an important role as regulators for cholesterol efflux from macrophages. LXR α was reported to potentially regulate the transcription of target genes (e.g., genes encoding ABCA1) by binding to specific elements in their promoters or enhancers [8, 9]. Thus, by promoting the expression of ABCA1, LXR α could regulate RCT to maintain the cholesterol level in the human body.

Adiponectin, an adipocyte-derived polypeptide hormone, is well known for its anti-diabetic,

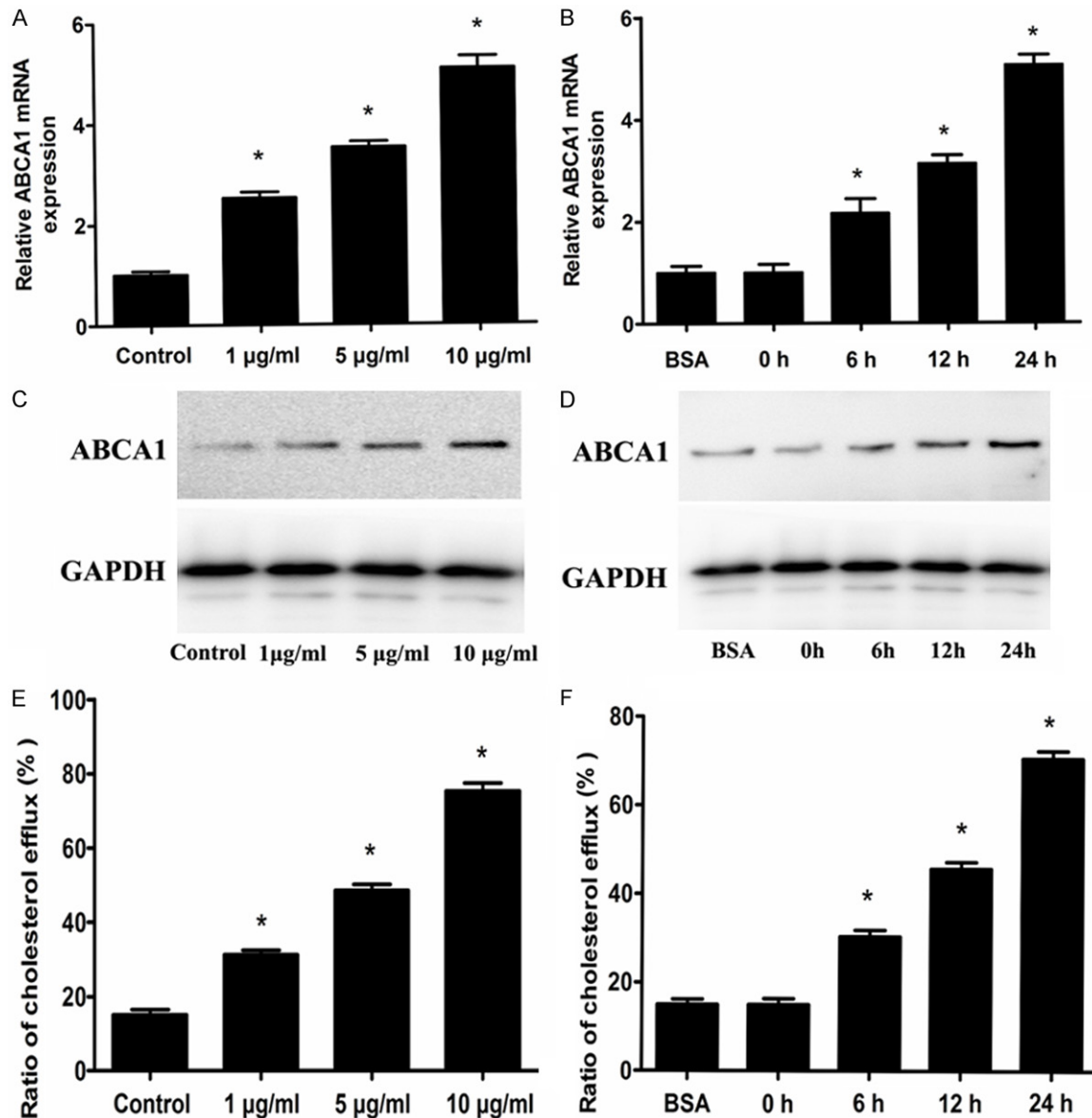


Figure 1. The effects of adiponectin on ABCA1 expression and the cholesterol efflux. A, C and E: The RAW 264.7 macrophages were incubated with 25 μ g/mL apoA-I and with 1 μ g/mL, 5 μ g/mL and 10 μ g/mL adiponectin for 24 h respectively. B, D and F: The RAW 264.7 macrophages were incubated with 25 μ g/mL apoA-I and 5 mg/mL BSA for 24 h or incubated with 25 μ g/mL apoA-I and 10 μ g/mL adiponectin for 0 h, 6 h, 12 h, 24 h, respectively. A and B: ABCA1 gene was measured by real-time quantitative PCR. C and D: ABCA1 protein expression was measured by western blot analyses. E and F: Cellular cholesterol efflux from RAW 264.7 macrophages was analyzed using liquid scintillation counting assays. Data are the mean \pm SD of three independent experiments. * P < 0.05 compared with the control group.

insulin-sensitizing, anti-inflammatory and anti-atherogenic properties [10, 11]. Recently, we also found that the protective effects of adiponectin during ischemia/reperfusion are mediated by modulating ER Ca²⁺-ATPase activity and consequently suppressing ER stress via the activation of PI3K/Akt signaling [12]. However, whether adiponectin could affect the

ABCA1 expression and ABCA1-dependent cholesterol efflux is still unknown in RAW 264.7 macrophages, and whether LXR α pathway involves in this progress is unclear. Here in this study, we attempted to clarify the effect of adiponectin on expression of ABCA1, and explored the role of LXR α in the regulation of ABCA1 in RAW 264.7 macrophages. Our results showed

Adiponectin upregulates ABCA1 expression through LXR α pathway

Table 1. Effect of adiponectin on cellular cholesterol content at different concentrations in RAW 264.7 macrophages

Adiponectin	Control	1 μ g/mL	5 μ g/mL	10 μ g/mL
TC (mg/dL)	430 \pm 42	406 \pm 42*	286 \pm 26*	200 \pm 24*
FC (mg/dL)	169 \pm 18	160 \pm 16*	117 \pm 15*	84 \pm 16*
CE (mg/dL)	261 \pm 24	246 \pm 26*	169 \pm 16*	116 \pm 18*
CE/TC (%)	60.6	60.5	59.1	58

The RAW 264.7 macrophages were incubated with 25 μ g/mL apoA-I and with 1 μ g/mL, 5 μ g/mL and 10 μ g/mL adiponectin for 24 h respectively. HPLC was performed to determine the cellular total cholesterol and free cholesterol. Data are the mean \pm SD of three independent experiments. * P < 0.05 compared with the control group.

Table 2. Effect of adiponectin on cellular cholesterol content at different time in RAW 264.7 macrophages

Time	BSA (24 h)	0 h	6 h	12 h	24 h
TC (mg/dL)	442 \pm 36	436 \pm 34	396 \pm 43*	292 \pm 24*	216 \pm 23*
FC (mg/dL)	173 \pm 16	170 \pm 20	155 \pm 18*	115 \pm 16*	85 \pm 13*
CE (mg/dL)	269 \pm 22	266 \pm 28	241 \pm 24*	177 \pm 16*	131 \pm 19*
CE/TC (%)	60.9	61	60.8	60.6	60.5

The RAW 264.7 macrophages were incubated with 25 μ g/mL apoA-I and 5 mg/mL BSA for 24 h or incubated with 25 μ g/mL apoA-I and 10 μ g/mL adiponectin for 0 h, 6 h, 12 h, 24 h, respectively. HPLC was performed to determine the cellular total cholesterol and free cholesterol. Data are the mean \pm SD of three independent experiments. * P < 0.05 compared with the control group.

that adiponectin could increase the ABCA1 expression and cholesterol efflux through LXR α pathway to eventually promote RCT in RAW 264.7 macrophages.

Materials and methods

Materials

Murine RAW 264.7 macrophages line was purchased from Cell Bank of the Chinese Academy of Science. (Shanghai, China). Adiponectin and apoA-I were purchased from Sigma-Aldrich (St Louis, MO, USA); TRIzol Reagent was from Invitrogen (Carlsbad, USA), Rabbit anti-ABCA1, mouse anti-LXR α and GAPDH-specific antibodies were obtained from Abcam (Cambridge, UK). BCA Protein Assay Kit was from Pierce Chemical (Rockford, IL, USA).

Cell culture

The RAW 264.7 macrophages were seeded in six-well plates at 1.0×10^6 cells per well in RPMI 1640 medium containing 10% fetal bovine serum (FBS), 20 IU/mL penicillin, and 20 μ g/mL streptomycin, and maintained at 37°C in a

humidified atmosphere of 5% CO₂.

RNA isolation and real-time quantitative PCR

Total RNA from cells was extracted using TRIzol reagent according to manufacturer protocol. The targeted genes and primer sequences are as follows: ABCA1: Forward primer: 5'-AACAGTTTGTGGCCCTTT-TG-3', Reverse primer: 5'-AGTT-CCAGGCTGGGGTACTT-3', β -actin: Forward primer: 5'-CCTAG-AAGCATTGCGGTGG-3', Reverse primer: 5'-GAGCTACGAGCTG-CCTGACG-3'. Real-time quantitative PCR, using SYBR Green detection chemistry, was performed on ABI 7300 Real-Time PCR System under the following conditions: 95°C denaturation for 2 minutes, followed by 35 cycles of 95°C for 30 seconds and 60°C for 30 seconds. RT-PCR was performed in a real-

time PCR system (Applied Biosystems, USA). Quantitative measurements were Determined using the Ct method and the expression of β -actin was used as the internal control.

Western blot analyses

The macrophages were harvested and protein extracts prepared as previously described [16]. They were then subjected to western blot analyses [10% SDS-polyacryl-amide (SDS-PAGE); 30 μ g protein per lane] using mouse anti-ABCA1 and GAPDH -specific antibodies. Immuno-reactivity was detected by the ECL test.

Cellular cholesterol efflux experiments

The cellular cholesterol efflux experiments were also performed as previously described [13]. The macrophages were cultured and labeled with 0.2 μ Ci/mL [³H] cholesterol for 72 h. Cells were washed with phosphate-buffered saline (PBS) and incubated overnight in RPMI 1640 medium containing 0.1% (w/v) bovine serum albumin (BSA). Equilibrated [³H] cholesterol-labeled cells were washed with PBS and incubated in efflux medium containing RPMI

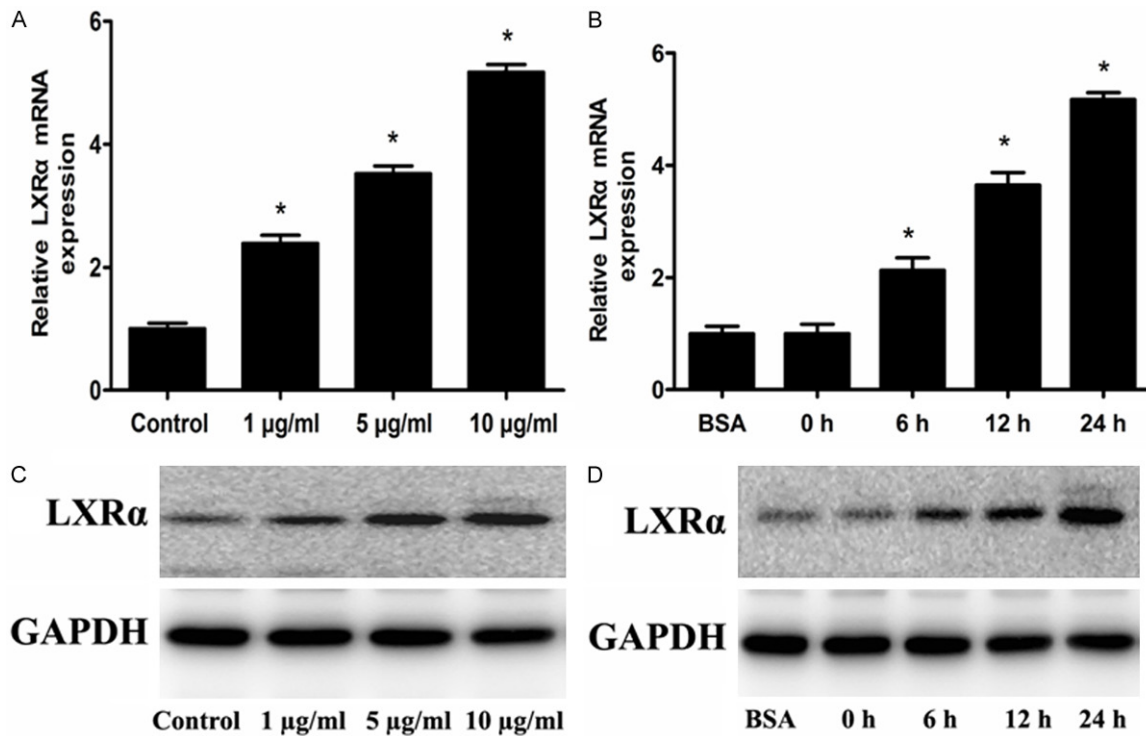


Figure 2. The effect of adiponectin on LXR α expression. The RAW 264.7 macrophages were incubated with 1 μ g/mL, 5 μ g/mL and 10 μ g/mL adiponectin for 24 h respectively, and macrophages were incubated with 5 mg/mL BSA for 24 h or with 10 μ g/mL adiponectin for 0 h, 6 h, 12 h, 24 h, respectively. A and B: LXR α gene expression was measured by real-time quantitative PCR. C and D: LXR α protein expression was measured by Western blot analyses. Data are the means \pm SD of three independent experiments. * P < 0.05 compared with the control group.

1640 medium and 0.1% BSA with 25 μ g/mL apoA-I. Monolayers were washed twice in PBS, and cellular lipids were extracted with isopropanol. Medium and cell-associated [3 H] cholesterol was measured by liquid scintillation counting. Percent efflux was calculated by the following equation: [total media counts/(total cellular counts + total media counts)] \times 100%.

High performance liquid chromatography (HPLC) assays

HPLC analysis was conducted as previously described [13]. After washed with PBS for three times, cells were removed by scraping with a rubber and sonicated using an ultrasonic processor for 10 min. A 0.1 ml aliquot cell solution (containing 5-20 μ g protein) was used to measure the free cholesterol, and another aliquot for total detection. 15% KOH ethanol solution were added and 50°C heated for 2 h for total cholesterol extracting or 300 μ l ethanol for free cholesterol extracting. Thereafter, 500 μ l of n-hexane: isopropanol (4:1) were added. The mixture was stirred for 1 minute at room tem-

perature (RT). After centrifugation at 3,600 \times g for 5 min, the supernatants were collected and freeze-dried with liquid nitrogen. The dried samples were reconstituted in mobile phase and 20 μ l was injected onto the HPLC system (Waters Co., US). Analysis was performed on C8 reverse phase ODS2 HPLC column with a mobile phase, isopropanol: acetonitrile (50:50) at a flow rate of 1 ml/min and UV detection set at 215 nm. Data were analyzed with Empower software from Waters.

Transfection for LXR α silencing

Pre-designed small interfering RNAs (siRNAs) targeted to LXR α and the negative control siRNAs were purchased from the GenePharma Co. (Shanghai, China). For transfection with siRNA, macrophages were plated in 96-well plates at a density 2 \times 10⁶ cells per well. After 24 h, cells were transfected with LXR α siRNA in Opti-MEM with 5 μ g/mL Lipofectamine[®]RNAiMAX (Invitrogen). The target sequence for LXR α siRNA was AAGTACACAGGAGGCCATCTT, and the target sequence for control non-silencing siRNA

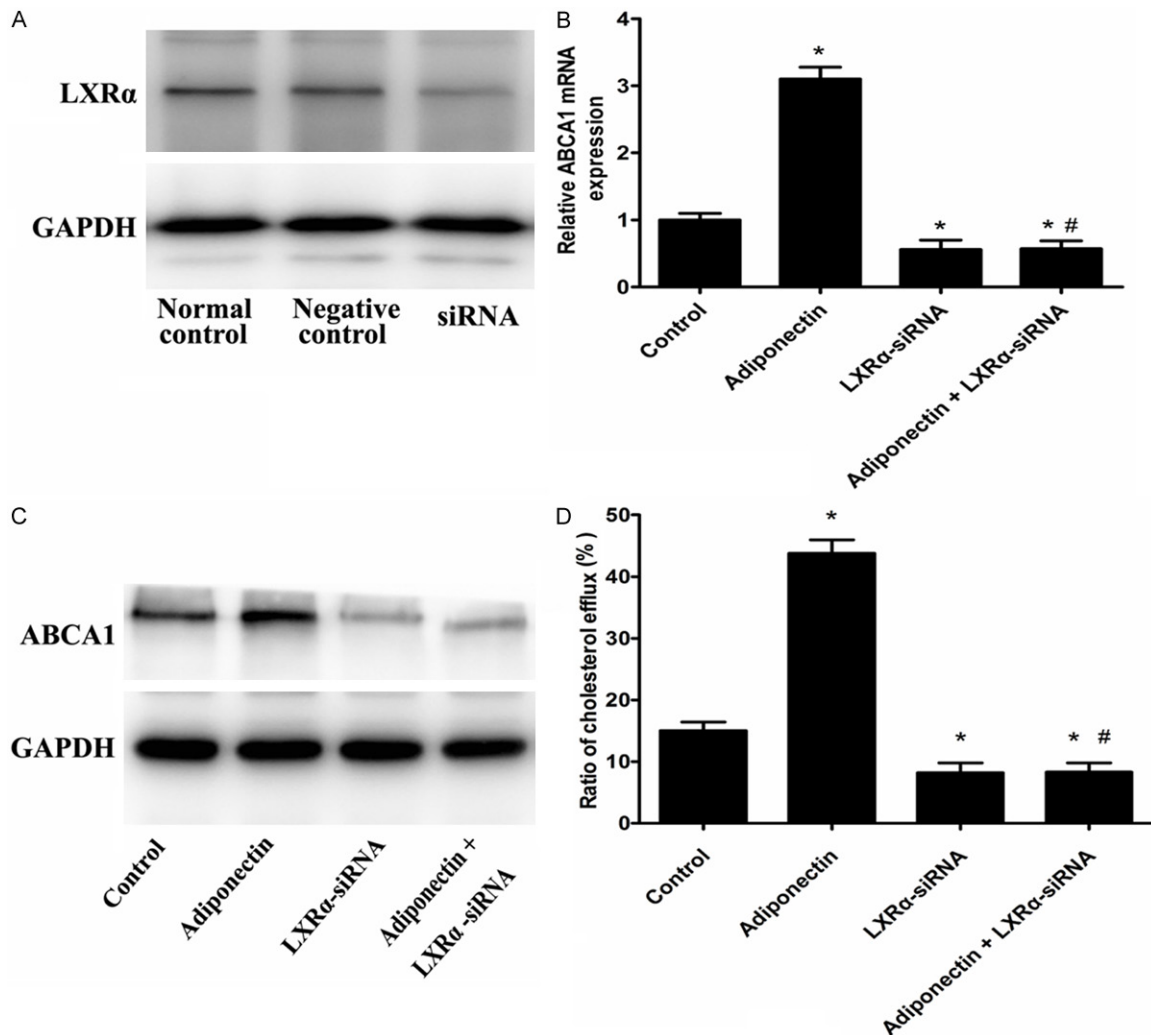


Figure 3. LXR α is involved in adiponectin up-regulation ABCA1 expression in RAW 264.7 macrophages. A: The RAW 264.7 macrophages were transfected with control or LXR α siRNA, LXR α protein expression was measured by Western blot analyses. B-D: The RAW 264.7 macrophages were transfected with control or LXR α siRNA, and then incubated with 25 μ g/mL apoA-I and 10 μ g/mL adiponectin for 24 h. B: ABCA1 gene was measured by real-time quantitative PCR. C: ABCA1 protein expression was measured by western blot analyses. D: cellular cholesterol efflux from RAW 264.7 macrophages was analyzed using liquid scintillation counting assays. Data are the mean \pm SD of three independent experiments. * P < 0.05 compared with the control group. # P < 0.05 compared with the adiponectin group.

was AATTCTCCGAACGTCTCACGT. In comparison to control siRNA, the siRNA of LXR α suppressed the expression of LXR α proteins by 84% according to Western blot analysis.

Statistical analysis

All values are expressed as the mean \pm SD. Student's *t* test was used for two groups. ANOVA analysis was used to compare means between three or more groups, and Post Hoc multiple comparisons was used for any two groups. All data analyses were conducted using

SPSS16.0 software. Statistical significance was determined when *P*-values were less than 0.05.

Results

Adiponectin up-regulates ABCA1 expression in RAW 264.7 macrophages

We first examined the effect of adiponectin on ABCA1 expression in RAW 264.7 macrophages by real-time quantitative PCR and western blot analyses. The results showed that adiponectin

Table 3. Effect of LXR α siRNA on cellular cholesterol content in RAW 264.7 macrophages

	Control	Adiponectin	LXR α siRNA	Adiponectin + LXR α siRNA
TC (mg/dL)	406 \pm 43	198 \pm 34*	624 \pm 23*	636 \pm 24*,#
FC (mg/dL)	158 \pm 17	78 \pm 15*	244 \pm 13*	249 \pm 13*,#
CE (mg/dL)	248 \pm 24	120 \pm 26*	380 \pm 16*	387 \pm 16*,#
CE/TC (%)	61	60.5	60.9	60.9

The RAW 264.7 macrophages were transfected with control or LXR α siRNA, and then incubated with 25 μ g/mL apoA-I and 10 μ g/mL adiponectin for 24 h. HPLC was performed to determine the cellular total cholesterol and free cholesterol. Data are the mean \pm SD of three independent experiments. * P < 0.05 compared with the control group; # P < 0.05 compared with the adiponectin group.

increased ABCA1 expression at both the mRNA and protein levels in a dose-dependent and time-dependent manner (**Figure 1A-D**).

Adiponectin increases cholesterol efflux and decreases cellular cholesterol content in RAW 264.7 macrophages

ABCA1 is a key player in RCT and is important for regulating cellular cholesterol homeostasis. Because ABCA1 was up-regulated by adiponectin, we next examined the effects of adiponectin on apoA-I specific cholesterol efflux and cholesterol content by liquid scintillation counting and HPLC in RAW 264.7 macrophages. As shown in **Figure 1E, 1F; Tables 1, 2**, cholesterol efflux was increased while cellular cholesterol content was decreased when cells were treated with adiponectin, suggesting that adiponectin increased ABCA1-mediated cholesterol efflux in RAW 264.7 macrophages.

Adiponectin up-regulates LXR α expression in RAW 264.7 macrophages

The above results showed that Adiponectin up-regulates ABCA1 expression in RAW 264.7 macrophages. To confirm whether the LXR α expression can be affected by adiponectin, real-time quantitative PCR and Western blot analyses were performed. As illustrated in **Figure 2**, adiponectin up-regulated mRNA and protein expression of LXR α in a concentration-dependent and time-dependent manner in RAW 264.7 macrophages.

LXR α is involved in adiponectin up-regulation ABCA1 expression in RAW 264.7 macrophages

In order to study whether adiponectin increases ABCA1 expression through LXR α pathway, we finally examined the effect of LXR α siRNA on

up-regulation ABCA1 expression by adiponectin. When macrophages were transfected with LXR α siRNA, the expression of LXR α was decreased 86% measured by Western blot analysis (**Figure 3A**). Treatment with LXR α siRNA completely abolished the upregulation of ABCA1 expression by adiponectin (**Figure 3B, 3C**). At the same time, the cholesterol efflux to apoA-I and

cholesterol content in cells treated by the combination of LXR α siRNA and adiponectin were completely abolished compared with those treated by adiponectin alone (**Figure 3D; Table 3**). All of these results indicated that the function of adiponectin was through LXR α pathway.

Discussion

In the progression of atherosclerosis, a major factor is the differentiation of monocytes to macrophages that accumulate cholesterol to form foam cells in the vessel wall. HDL plays a key role in protecting against atherosclerosis mainly by RCT, a process that carries excess cholesterol from the arterial wall back to the liver for removal from the body. It has been demonstrated that ABCA1 plays key regulatory roles in RCT by mediating foam cells and other peripheral cellular free cholesterol efflux to apoA-I. So ABCA1 is an important target for the prevention and treatment of atherosclerosis.

Adiponectin is one of several important metabolically active cytokines and plays an important role in metabolic and cardiovascular homeostasis. Low circulating levels of adiponectin have been associated epidemiologically with obesity, metabolic syndrome, type II diabetes, and atherosclerosis [14, 15]. Adiponectin has anti-inflammatory, insulin-sensitizing, and antioxidant effects [10, 11]. These properties may help understand the negative associations between circulating adiponectin levels and above diseases. It was reported that adiponectin reduced atherosclerotic lesion in apolipoprotein E (apoE) knock-out mice [16]. In addition, adiponectin is an important player in the development of atherosclerotic plaques [17]. In the present study, we found that

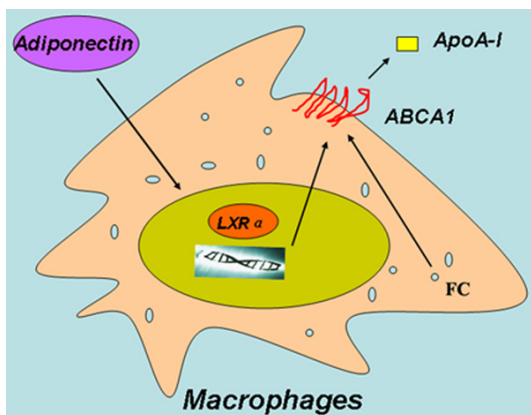


Figure 4. Model of Adiponectin up-regulation of ABCA1 and cellular cholesterol efflux. Adiponectin treatment in RAW 264.7 macrophages increases the expression of LXR α which then upregulates ABCA1 expression, leading to increased cellular cholesterol efflux. FC is free cholesterol.

adiponectin treated cells exhibited a significant increase in ABCA1 expression at both mRNA and protein levels. Consequently, the increase in apoA-I-mediated cholesterol efflux was consistent with an ABCA1 expression increase in adiponectin treated cells. These findings suggest that adiponectin may have atheroprotective properties by increasing cholesterol efflux and reducing macrophage foam cell formation.

As a member of the nuclear receptor superfamily, LXR α is associated with genes related to glucose metabolism, lipid metabolism, cellular cholesterol efflux, and other pathophysiological processes [8, 9, 18]. LXR agonists were found to upregulate the expression of macrophage ABCA1, which is LXR-target gene, resulting in cholesterol efflux [19]. In this study, adiponectin increased LXR α expression at the mRNA and protein levels in RAW 264.7 macrophages in a concentration-dependent and time-dependent manner. LXR α siRNA treatment resulted in decreased expression of ABCA1 and reduced cholesterol efflux and increased cholesterol content compared with adiponectin macrophages without LXR α siRNA. These results confirmed that the regulation of Adiponectin on ABCA1 is mediated via the LXR α pathway.

Taken together, our data indicate that adiponectin could increase ABCA1 expression and cholesterol efflux of RAW 264.7 macrophages due to the LXR α pathway (Figure 4). These findings provide a theoretical basis for the prevention and treatment of atherosclerosis.

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Disclosure of conflict of interest

None.

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