# Original Article Overexpression of ROCK1 and ROCK2 inhibits human laryngeal squamous cell carcinoma

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**Abstract:** Rho-associated coiled-coil containing protein kinase (ROCK) over-expression has been implicated in the progression of many tumor types. The aim of this study was to explore the roles of ROCK1 and ROCK2 in human laryngeal squamous cell carcinoma (LSCC). ROCK1 and ROCK2 expression levels were examined in 50 cases of human LSCC samples by immunohistochemistry. Effects of ROCK1 and ROCK2 on LSCC cell proliferation and motility were investigated in the presence of the ROCK inhibitor Y-27632. The results showed that ROCK1 expression was positively correlated with tumor size and lymph node metastasis (P < 0.05); ROCK2 positively correlated with tumor size (P < 0.05). Inhibition of ROCK1 and ROCK2 by Y-27632 significantly inhibits proliferation, migration, and invasion of LSCC cells. Our data indicate that expression of ROCK1 and ROCK2 are closely associated with tumor growth and lymph node metastasis of LSCC. Thus, these two ROCK isoforms may be useful as molecular makers for LSCC diagnosis and may be useful therapeutic targets as well.

Keywords: Laryngeal squamous cell carcinoma, ROCK, Y-27632, tumor growth, lymph node metastasis

#### Introduction

Approximately 130,000 new cases of laryngeal cancer are diagnosed worldwide each year, and over 95% of these diagnoses are laryngeal squamous cell carcinomas (LSCC) [1]. Despite improved diagnostic methods and therapies, the cure rate of LSCC has only marginally improved over the past decade [2]. A main challenge is the lack of accurate and reliable methods for early diagnosis. Traditional methods, such as physical examination, ultrasound, and computer tomography, are often insufficient for early detection [3]. In contrast to these standard clinical methods, molecular techniques used to measure metabolic activity of cancer cells may provide more sensitive and accurate detection for patients. Such methods may also help identify new therapeutic targets for LSCC [4]. Although the best-known risk factors for LSCC, clinical TNM staging and histopathological grading, will retain their usefulness, the identification of molecular biomarkers may provide additional information for stratifying patients. Some markers, including EGFR and cyclin D1 [4], have been proposed, but none have yet translated to clinical applicability. Thus, a main objective of the work described here is to identify new biomarkers that may be useful either as prognostic markers or as therapeutic targets. Accordingly, identification of molecular markers involved in LSCC progression may improve diagnosis and treatment interventions.

Rho-associated coiled-coil containing protein kinase (ROCK) belongs to a family of serine/ threonine kinases and is one of the best characterized downstream effectors of Rho GTPases [5]. Via ROCK activation, Rho GTPases have been implicated in multiple cellular processes including motility, morphogenesis, polarity, cell division, and cell adhesion [6]. In humans, there are two known ROCK isoforms-ROCK1 and ROCK2. ROCK over-expression has been implicated in the progression of many tumor types, including bladder carcinoma, hepatocellular carcinoma, and breast carcinoma [7-9]. Decr-

patients		
Clinicopathological parameters	Number of patients	% of patients
Age (years)		
< 65	26	52%
≥ 65	24	48%
Location		
Supraglottic	25	50%
glottic	20	40%
subglottic	1	2%
Transglottic	4	8%
Lymph node metastasis		
Negative	33	66%
Positive	17	34%
Tumor size (Maximum diameter)		
≥ 2.5 cm	29	58%
< 2.5 cm	21	42%
Clinical stage		
Stage I-II	18	36%
Stage III-IV	32	64%
Histological differentiation		
Low-Mediate	25	50%
High	25	50%
Recurrence		
Yes	12	24%
No	38	76%

 Table 1. Clinical characteristics of the 50 LSCC
 patients

eased expression of ROCK1 and ROCK2 or inhibition of ROCK activity has been described as potential therapeutic options in many tumor types [10-13]. In many of these studies, ROCK has been shown to positively correlate with increased tumor grade and metastasis. However, to date, ROCK1 and ROCK2 have not been characterized in human LSCC samples. Therefore, the aim of the current study was to explore the relationship between expression of ROCK1 and ROCK2 and clinicopathological parameters of patients diagnosed with primary LSCC. Additionally, we observed the effect of Y-27632, a ROCK inhibitor [14], on the motility and proliferation of LSCC cells to preliminarily explore the mechanisms underlying the roles of ROCK1 and 2.

## Materials and methods

## Clinical data

The human LSCC cell line Hep-2 was obtained from the Institute of Basic Medical Sciences, Peking Union Medical College (Beijing, China). Fifty human primary LSCC samples were collected at the time of surgical resection at the Chinese PLA General Hospital & Postgraduate Medical School from May 2008 to May 2009. Patients received a detailed explanation of the study, and written informed consent was obtained from all participants. This study was approved by the Institutional Review Board of Chinese PLA General Hospital & Postgraduate Medical School.

#### Materials

Goat polyclonal antibodies recognizing human ROCK1 and ROCK2 were purchased from Santa Cruz Biotechnology Company (Santa Cruz, US). The ROCK inhibitor Y-27632 was purchased from Sigma-Aldrich Company (Deisenhofen, Germany). All other reagents were purchased from Zhongshan Golden Bridge Biotechnology Company (Beijing, China).

#### Immunohistochemistry

All tissue samples were cut into 4 µm-thick sections. To determine ROCK1 and ROCK2 expression, sections were first dried. This was followed by deparaffinization, antigen retrieval, cooling, quenching of endogenous peroxidase activity, incubating with primary antibodies (1:50 for ROCK1 goat polyclonal antibody and 1:100 for ROCK2 goat polyclonal antibody), incubating with corresponding secondary antibodies, visualizing with diaminobenzidine, counterstaining with hematoxylin, dehydrating, clearing with standard xylene, and mounting with resinous mounting medium. Stained sections were observed under a BX40 microscope (Olympus, Japan). Slides were evaluated by a blinded observer, unaware of the corresponding clinical information. "Positive expression" was defined as > 10% positively stained cells under 200 × microscopic field;  $\leq$  10% was defined as "negative expression".

## MTT assay

Hep-2 cells were diluted to a concentration of 1 ×  $10^5$ /ml. Diluted cells were then seeded into a 96-well plate ( $1.0 \times 10^3$ /well) containing culture medium ( $100 \mu$ l). Cells were treated with 0, 25, 50, 75, and 100 µmol/L Y-27632. Additionally, each concentration was incubated for different lengths of time (2 h, 8 h, 12 h, 24 h, and 48 h). Following treatment, 20 µl MTT (5 mg/ml) was added to each well, and the plate was incubated for an additional 4 h. Following this incubation, medium was discarded and



Figure 1. Localization of ROCK1 via immunohistochemistry. The positive (A) and negative (B) staining of ROCK1 in LSCC tissues (200 ×).



Figure 2. Localization of ROCK2 via immunohistochemistry. The positive (A) and negative (B) staining of ROCK2 in LSCC tissues (200 ×).

replaced by 150  $\mu$ I DMSO. Plates were allowed to shake for 10 minutes, and the optical density of cells was measured at 490 nm using a microplate reader. The experiments were repeated 4 times.

#### Transwell experiments

We used Transwell migration chambers containing 8  $\mu$ m-pore-size polycarbonate membranes. Hep-2 cells (1 × 10<sup>5</sup>) were seeded in a total of 6 upper chambers. Cells in 3 of these chambers were treated with 25  $\mu$ M Y-27632; cells in the remaining chambers served as untreated controls. After 24 h incubation, cells that had failed to migrate and that had remained on the upper side of the filter were scraped away with a moist cotton swab; additionally, PBS was used to wash the upper side of the filter. Cells that had successfully migrated through the filter were fixed, stained with crystal violet, and counted under an inverted microscope. The inhibition percentage (IP) was then calculated according to the following formula: IP (%) = (number of invaded cells in con-

Devenetare	ROCK1 expression			ROCK2 expression		Р
Parameters	Negative Positive		P	Negative Positive		
Tumor size						
< 2.5 cm	14	7	0.013	14	7	0.045
≥ 2.5 cm	9	20		11	18	
Lymph node me	tastasis					
Yes	3	14	0.006	6	11	0.136
No	20	13		19	14	
Clinical stage						
Stage I-II	11	7	0.108	12	6	0.077
Stage III-IV	12	20		13	19	
Differentiation						
Low-mediate	10	15	0.395	9	16	0.048
Well	13	12		16	9	
Recurrence						
Yes	3	9	0.094	5	7	0.508
No	20	18		20	18	

**Table 2.** Correlation between the expression of ROCK1 and 2 incancer and clinicopathological factors

trol group-number of invaded cells in experiment group)/number of invaded cells in control group × 100%. A similar procedure was performed for invasion assays; however, for these experiments, the upper side of the polycarbonate membrane was coated with Matrigel (25 mg/cm<sup>2</sup>). These experiments were repeated 3 times.

#### Statistics

All statistical analyses were performed with SPSS statistical software package (version 16.0; SPSS Inc., Chicago, IL, USA). Clinicopathological parameters were subgrouped and Chi-square with Fisher exact test was used to analyze the correlation between ROCK1 and 2 expression and clinicopathological parameters. Expression of ROCK1 and 2 in LSCC tissues was classified as 'positive' and 'negative' to analyze the overall survival (OS) and disease-free survival (DFS) of LSCC patients. Survival analysis was performed using the Kaplan-Meier method, and curves were compared using logrank test. The statistical significance was defined as P < 0.05.

## Results

## Patient characteristics

The 50 subjects enrolled in the study included 45 men and 5 women; their mean age was  $62.1 \pm 10.3$  years, with a range of 30-79 years.

Additional clinicopathological parameters are provided in Table 1. The median follow-up time was 53 months, ranging from 38 to 70 months. Following surgical resection, all samples were embedded in paraffin. We evaluated and recorded several basic characteristics of each patient enrolled in the study. These included, but were not limited to, tumor stage, lymph node metastasis, and recurrence. A full description of patient characteristics is provided in Table 1.

ROCK expression and its correlation with clinicopathological parameters

Immunohistochemistry was performed in all LSCC tissues to assess expression of both

ROCK1 and 2. While ROCK1 was primarily localized to the cytoplasm (**Figure 1**), ROCK2 was expressed both in the cytoplasm and at the membrane (**Figure 2**). ROCK1 expression significantly correlated with tumor size and lymph node metastasis (P < 0.05). Expression of ROCK2 significantly correlated with tumor size and differentiation (P < 0.05) (**Table 2**). Neither ROCK isoform correlated with clinical stage, recurrence, disease-specific survival, or overall survival (all P > 0.05, **Table 2**).

## Survival analysis

Kaplan-Meier survival analysis showed that the OS and DFS in ROCK1 negative LSCC patients were insignificantly longer than ROCK1 positive patients (P = 0.098 and 0.386, respectively). The OS and DFS between the ROCK2 negative and positive LSCC patients did not show significantly difference (P = 0.552 and P = 0.724, respectively) (**Figure 3**).

#### ROCK inhibitor Y-27632 decreased proliferation of LSCC cells

Control LSCC cells proliferated well and were characterized by a polygonal shape with welldefined contours (**Figure 4A**). In contrast, apoptotic bodies, yellow debris, and cell necrosis were detected in cells treated with the ROCK inhibitor Y-27632; additionally, inhibitor-treated cells displayed altered morphology, becoming mostly oval in shape (**Figure 4B**). MTT assays



Figure 3. Kaplan-Meier survival analysis. Expression of ROCK1 and 2 in LSCC tissues was classified as 'positive' and 'negative' to analyze the expression of ROCK1 (A) and 2 (B) with OS and DFS of LSCC patients, respectively.

were performed to assess the proliferation of LSCC cells with the treatment of different concentrations of Y-27632. At 24 h of treatment, 25  $\mu$ M Y-27632 had minimal effect on cellular proliferation (data not shown); thus, we selected this concentration for use in subsequent Transwell experiments.

#### ROCK inhibition via Y-27632 decreases both migration and invasion of LSCC cells

We performed Transwell assays to assess the effect of Y-27632 on LSCC cell migration. Compared to the control group, fewer Y-27632-treated cells migrated through the membrane (control:  $84.2 \pm 3.70$  per field compared to Y-27632:  $65.4 \pm 3.65$  per field, P < 0.05; Figure

**5**). The IP of the control group (100%) was significantly higher than that of the experimental group (23%) (P < 0.05).

Similar results were obtained in the invasion assay. 25  $\mu$ M Y-27632 significantly decreased cellular invasion (67.0 ± 3.16 per field) compared to untreated control cells (90.2 ± 3.70 per field, *P* < 0.05; **Figure 6**). Consistently, the IP of the control group (100%) was significantly higher than that of the experimental group (21%) (*P* < 0.05).

#### Discussion

In this study, we explored the relationship between expression of ROCK1 and ROCK2 and



**Figure 4.** The effect of Y-27632 on cell proliferation. A. Untreated LSCC cells showed mainly polygonal shape and well-defined contours. B. LSCC cells treated with Y-27632 were mainly oval in shape with irregular cell membranes and atrophied cytoplasm; they also contained apoptotic bodies, yellow debris, and cell necrosis (400 ×).



**Figure 5.** The effect of Y-27632 on the migration of LSCC cells. Hep-2 cells with or without treatment of 25  $\mu$ M Y-27632 were tested for migration ability through a filter; cells that migrated through the matrix were imaged. (A) control group without treatment and (B) experimental group.

progression of LSCC. Expression of both isoforms was found to correlate with tumor size, and ROCK1 correlated with lymph node metastasis, while ROCK2 correlated with tumor differentiation. Treatment of LSCC cells with the ROCK inhibitor Y-27632 decreased cellular proliferation, migration, and invasion. Thus, ROCK1 and ROCK2 may play important roles in the development, progression, and metastasis of human LSCC.

Tumor growth and lymph node metastasis are hallmarks of advanced stage cancers. Based



**Figure 6.** The effect of Y-27632 on invasion of LSCC cells. Hep-2 cells with or without treatment of 25  $\mu$ M Y-27632 were tested for migration ability through a filter; cells that migrated through the matrix were imaged. (A) control group without treatment and (B) experimental group.

on the data we present here, expression of ROCK1 and ROCK2 in clinical samples may be informative for disease progression and metastatic potential. However, more work needs to be done to definitely establish this. Our data also suggest that ROCK1 and ROCK2 may be useful therapeutic targets in LSCC, as their inhibition reduces tumorigenic phenotypes *in vitro*.

ROCK expression has been previously correlated with metastasis of several human tumors [7-9, 15]. One study suggested that ROCK

might be involved in rearrangement of the cytoskeleton to promote tumor cell migration through the extracellular matrix [16]. Others have shown that cell motility is increased with ROCK up-regulation and that this correlates with increased metastatic potential of carcinoma cells [17, 18]. The relationship between ROCK and tumor growth has not yet been fully elucidated. Coleman et al. showed that ROCK activation stimulates RhoA to promote G1 to S phase transition and increase cell proliferation [19]. Another group showed that ROCKmediated actomyosin contractility could induce tumor growth [20]. Our results are consistent with these earlier publications. Specifically, we showed that ROCK inhibition decreased LSCC proliferation, migration, and invasion. Although additional research is required to understand the molecular mechanisms governing this effect, ROCK expression may be clinically informative in terms of tumor growth and metastasis.

In this study, ROCK1 and ROCK2 showed different subcellular localization in LSCC tissues. This is consistent with data from Yoneda et al. [21] that showed differential ROCK isoform localization in primary rat embryonic fibroblasts. This localization difference suggests that the exact roles played by each these isoforms in LSCC progression may not be entirely the same. However, we did not further dissect the roles of each isoform in LSCC; this is because the Y-27632 inhibitor is not ROCK isoform specific but instead targets both proteins. ROCK1 and ROCK2 share 65% identity across the entire length of the protein; their kinase domains are more highly conserved, showing 92% similarity [22]. Interestingly, they show differential expression in different body tissues. ROCK1 is highly expressed in liver, testes, and kidney. In contrast, ROCK2 is most highly expressed in brain and skeletal muscle. Both isoforms are expressed in vascular smooth muscle and heart. The exact similarities and differences between the two isoforms are not completely understood. For example, Shi et al. showed that only under certain conditions could one isoform compensate for the other [23]. Thus, there are likely both redundant and unique properties of each protein. Hahmann and Schroeter also suggested that ROCK1 and ROCK2 might have different functions in the progression of different diseases. This lends support to the idea of developing isoform-specific ROCK inhibitors, which may help avoid unwanted side effects [24]. Improved genetic targeting approaches coupled with molecular analysis using RNA interference and gene transfer strategies may help us better understand the exact differences between ROCK1 and ROCK2 [23, 24].

The present results showed that the expression of ROCK1 and 2 was not significantly correlated with OS and DFS in LSCC patients. Expression of ROCK1 and 2 in LSCC tissues was classified as 'positive' and 'negative'; however, in some patents with positive ROCK expression in LSCC tissues, the expression was rather low. If the ROCK1 and 2 expression were classified as 'high' and 'low', a significant correlation between ROCK1 and 2 expression and survival (OS and DFS) of patients would be observed. The follow-up time (median time: 53 months, ranging 38-70 months) in this study was not long enough; with longer follow-up, the expression of ROCK1 and 2 would exhibit significant correlation with OS and DFS. In addition, there are multiple proteins and genes that influence the progression of tumors and the roles of single gene might be limited. In combination of multiple molecular markers would be much better in the prognosis of LSCC.

In conclusion, this study is the first to explore the roles of ROCK1 and ROCK2 in the progression of LSCC. Our data suggest that expression of these two proteins correlates with tumor growth and lymph node metastasis in LSCC. It is possible that patients with ROCK1- or ROCK2positive tumors may benefit from therapeutic inhibition of these proteins for the treatment of LSCC.

## Disclosure of conflict of interest

## None.

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