Original Article Simvastatin ameliorates renal lipidosis through the suppression of renal CXCL16 expression in mice with adriamycin-induced nephropathy

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Received October 13, 2015; Accepted November 25, 2015; Epub December 1, 2015; Published December 15, 2015

Abstract: Aims: To investigate the roles of CXCL16 and ox-LDL in adriamycin (ADR)-induced nephropathy mice and to explore the mechanism of simvastatin on the renal protective effects of ADR nephropathy. Methods: Fifteen male Balb/c mice were randomly divided into normal control (NC), ADR nephropathy and simvastatin-treated ADR nephropathy (ADR-SIM) groups. ADR nephropathy was induced by a single intravenous injection of ADR into the tail vein. All mice were sacrificed at the end of the 7th week, with the blood, 24-h urine and kidneys collected. The levels of ox-LDL and total cholesterol in the serum, the serum CXCL16, ox-LDL and NF-κB expression were detected. Results: Compared with the NC group, the levels of serum total cholesterol and ox-LDL in the ADR and ADR-SIM groups were significantly higher, the level of serum albumin was significantly lower and the expression of CXCL16, ox-LDL and NF-κB in the renal tissue of ADR and ADR-SIM groups was significantly increased. Compared with the ADR group, the expressions of renal CXCL16, ox-LDL and NF-κB in the ADR group, the expressions of renal CXCL16, ox-LDL and NF-κB in the ADR groups. Conclusions: Simvastatin exerts a protective effect on renal function and structure in mice with ADR nephropathy. The beneficial effects of simvastatin might be related to the decreasing expression of CXCL16 in glomerular podocytes followed by the decreasing endocytosis of ox-LDL in podocytes and inhibition of NF-κB pathway activation.

Keywords: Balb/c mice, adriamycin, nephropathy, CXCL16, ox-LDL, simvastatin

Introduction

Minimal change nephritic syndrome (MCNS) is one of the most common histological subtypes of primary nephritic syndrome (NS) in children. Hyperlipidemia is an important pathophysiological change in children with primary NS and is characterized by high levels of plasma total cholesterol and low density lipoprotein (LDL). In 1982, Moorhead et al. proposed the theory of lipid nephrotoxicity resulting from abnormalities of lipid metabolism in chronic kidney disease [1]. Later, many studies suggested that hyperlipemia and lipid deposition in the kidneys were important risk factors for glomerulosclerosis [2-7]. Adriamycin (ADR)-induced nephropathy, which is very similar to minimal change disease and focal segmental glomerulosclerosis in glomerular disease, in mice is a classic experimental model of kidney disease [8, 9].

CXC chemokine ligand 16 (CXCL16), a novel chemokine which was first described in macrophages at sites of atherosclerotic lesions, exists in both transmembrane-bound and soluble forms [10, 11]. Several lines of evidence indicate that CXCL16 plays an important role in the pathogenesis of lupus nephritis [12], diabetic nephropathy [5, 13] and chronic kidney diseases [14].

Accumulating evidence has suggested that statins confer renal protection in a variety of renal diseases by its pleiotropic effects independent of the cholesterol-lowering effect [15-17]. However, whether statins mediate CXCL16 expression to regulate the accumulation of ox-

LDL in the kidneys of mice with ADR nephropathy remains unknown.

In this study, we demonstrated that simvastatin suppressed CXCL16 expression and decreased ox-LDL levels in the kidneys of mice with ADRinduced nephropathy while not significantly influencing serum lipids. We further provided evidence that simvastatin blocked the accumulation of ox-LDL in the kidneys by inhibiting CXCL16 expression, independent of its lipidlowering effects. These observations suggest that CXCL16 may be a therapeutic target in primary NS.

Materials and methods

Antibodies and reagents

ADR was purchased from Pharmacia Italia S. P.A. (Italy). ox-LDL enzyme-linked immunosorbent assay (ELISA) kit was provided by Shanghai Bluegene Biotech Co., Ltd. (Shanghai, China). The following polyclonal antibodies (pAbs) were used: anti-NF-κB (Boster Biotechnology Company, Wuhan, China), anti-CXCL16 (Abcam, Cambridge, UK), anti-CXCL16 (Biorbyt, Cambridge, UK), anti-Synaptopodin Santa Cruz (Heidelberg, Germany) and anti-ox-LDL (Bioss, Beijing, China).

Experimental animals

Male Balb/c mice (5 weeks old; ADR-susceptible strain) with an average body weight of 18.6 g (Vital River Laboratory Animal Technology Co. Ltd., Beijing, China) were kept under standard conditions (constant temperature $21 \pm 2^{\circ}$ C, humidity $60 \pm 10\%$, light/dark cycle 12 h) and received water and standard pellet chow. All animal procedures were performed according to the guidelines for the care and use of laboratory animals approved by Shandong University, China.

Experimental protocol and sample collection

The mice were randomly divided into the following groups (n=5 for each group): normal control group (NC group), ADR nephropathy group (ADR group) and simvastatin-treated ADR nephropathy group (ADR-SIM group). The ADR and ADR-SIM groups were induced by a single, slow intravenous injection of ADR (10.5 mg/kg body weight, diluted in 0.9% saline) into the tail vein. The NC group was injected with the same volume of 0.9% saline.

All mice were individually placed in metabolic cages for 24-h urine collection after 1 week of ADR injection. The mice with 24-h proteinuria levels of \geq 50 mg/kg were included in this study. Mice in the ADR-SIM group were administered an oral gavage of 4 mg/kg simvastatin dissolved in 0.9% saline once per day beginning 1 week after ADR treatment. This dosage was selected because it did not affect serum lipid levels in a preliminary experiment. Both NC and ADR groups were treated with a comparable volume of 0.9% saline once per day by oral gavage. One week after ADR treatment and again at the end of the experiment (7 weeks), each of the mice was individually placed in metabolic cages, and the 24-h urine was collected. Following the last urine collection at the end of the experiment, all of the mice were anesthetized via intraperitoneal injection of 100 mg/kg sodium pentobarbital. Subsequently, blood was collected from the heart, and the kidneys were harvested. All experiments were performed with the approval of the Animal Ethics Committee of Shandong Provincial Hospital Affiliated to Shandong University, China.

Urinary protein and blood sample analysis

The 24-h urinary protein excretion was measured using the Coomassie brilliant blue method [18]. Serum albumin and total cholesterol were measured using an automatic biochemical analyzer (Olympus AU5400; Tokyo, Japan). Serum level of ox-LDL was detected by ELISA at the end of the 7th week of the experiment. All specimens were processed and analyzed according to the instructions supplied by the manufacturer.

Histopathological examination

For histological examination, kidney tissues were fixed in 4% buffered paraformaldehyde immediately after the mice were sacrificed, embedded in paraffin, and then cut into 5-µm thick sections and stained with periodic acid-Schiff (PAS). Renal morphologic lesions were identified on ten randomly selected, non-overlapping specimens from each mouse at 400× magnification. All specimens were analyzed blindly by the same investigator. Glomerular and tubulointerstitial morphologic lesions were



graded on a scale of 0 to 3+: 0, absence of lesions; 1+, lesions involving up to 25% of the component considered; 2+, lesions involving 25 to 50% of the component; 3+, lesions involving 50% or more of the component. The Chronicity Index (CI) was evaluated according to the sum of the following four components: (1) glomerulosclerosis, (2) fibrous crescents, (3) tubular atrophy and (4) interstitial fibrosis [19].

For ultrastructural examination, the renal cortex was fixed in 3% glutaraldehyde for 2 h immediately after the mice were sacrificed, post-fixed in 1% osmium tetroxide for 1 h, washed in acetone, and then embedded in Epon 812. The ultra-thin sections (60-70 nm) were stained with uranyl acetate and lead citrate, and then examined under a JEM-2000EX transmission electron microscope (JEOL Ltd., Tokyo, Japan).

Immunohistochemical assay

The upper pole of the right kidney was fixed in 10% formaldehyde immediately after the mice were sacrificed, dehydrated in graded alcohol, and then embedded in paraffin. Paraffin sections (5 μ m) were deparaffinized in an environmentally-safe cleaning agent, rehydrated in graded alcohol, and then washed in phosphatebuffered saline (pH 7.4). Antigen retrieval was performed by boiling the tissue sections in water for 15 min in 0.01 mol/L sodium citrate buffer (pH 6.0) at 100°C and then cooling at 25°C for 2 h. Tissue sections were treated with 3% H₂O₂ for 30 min at 37°C to quench endogenous peroxide activity. After blocking the sections with 10% goat serum for 1 h at 37°C, the sections were incubated with rabbit anti-mouse NF-kB pAb at 4°C overnight, followed by incubation with horseradish peroxidase-labeled polymer conjugated to secondary goat anti-rabbit antibody at 37°C for 30 min. Sections were developed with diaminobenzidine (DAB) reagent, and then the nuclei were counterstained with hematoxylin. The primary antibody was substituted for PBS as a negative control, while the positive control was verified by confirming positively-stained tissue specimens. Images were collected using an ECLIPSE Ti scanning microscope (Nikon, Japan) and analyzed according to immunohistochemical score (IHS), as described previously by Soslow RA [20]. The slices were independently evaluated by two experienced pathologists.

Immunofluorescence analysis

For immunofluorescence analysis, the lower pole of the left kidney was cut into 5-µm sections and then fixed in acetone for 5-10 min. After incubation with 10% donkey serum for 1 h, tissue sections were incubated with primary antibodies overnight at 4°C, followed by incubation with secondary antibody at 37°C for 30 min. Nuclei were stained with 4'-6-diamidino-2-phenylindole, and slides were mounted in Fluoromount G (Southern Biotech, Birmingham, USA). Evaluation was performed using an ECLIPSE Ti inverted fluorescence microscope (Nikon, Japan) and analyzed using Image-Pro Plus 6.0 software (Media Cybernetic, Silver



Spring, USA), as described previously by Zhang [18].

Western blot analysis

Renal cortex samples (100 mg) were lysed in protein lysis buffer for protein. Equal amounts of protein (100 μ g/lane) were fractionated by SDS-PAGE (10%) and transferred to PVDF membranes. The membranes were then incubated with rabbit anti-mouse CXCL16 pAb or with rabbit anti-NF-kB pAb followed by species-specific horseradish peroxidase-coupled secondary antibodies. Antibody to β -actin was used to confirm the equal loading of samples.

The immune complexes were visualized under the Image Quant LAS 4000 Mini (GE Healthcare Life Sciences, Pittsburgh, USA). Multi Gauge 3.2 software was used for quantification.

Statistical analysis

The software used for statistical analysis was SPSS for Windows 19.0. The data are expressed

as mean \pm S.D. The two-tailed t-test was used to compare means among two groups. A value of P < 0.05 was considered a statistically significant difference between two groups.

Results

Effects of simvastatin on urinary protein, serum albumin, total cholesterol and ox-LDL of ADR mice

As shown in **Figure 1**, the ADR and ADR-SIM mice developed marked proteinuria, hypoalbuminemia and hyperlipidemia. The levels of 24-h urinary protein in the ADR and ADR-SIM groups were significantly higher than that in the NC group (P < 0.05), and the level of 24-h urinary protein in the ADR-SIM group was significantly lower than that in the ADR group (P < 0.05) (**Figure 1A**). The levels of serum albumin in the ADR and ADR-SIM groups were lower than that in the NC group (P < 0.05), and the level of serum albumin in the ADR-SIM group was significantly higher than that in the ADR group (P <



0.05) (**Figure 1B**). The levels of serum total cholesterol in the ADR and ADR-SIM groups were higher than that in the NC group (P < 0.05),

though the level of serum total cholesterol in the ADR-SIM group was not significantly lower than that in the ADR group (P > 0.05) (Figure



Figure 4. Expression of renal ox-LDL in the glomerulus of different groups by double immunofluorescence analysis (×400). A. Renal tissue of normal group with double immunofluorescence staining of ox-LDL (green fluorescence) in glomerulus. B. Renal tissue of ADR group with double immunofluorescence staining of ox-LDL (green fluorescence) and synaptopodin (red fluorescence) in glomerulus. C. Renal tissue of ADR SIM group with double immunofluorescence staining of ox-LDL (green fluorescence) and synaptopodin (red fluorescence) in glomerulus. C. Renal tissue of ADR SIM group with double immunofluorescence staining of ox-LDL (green fluorescence) and synaptopodin (red fluorescence) and synaptopodin (red fluorescence) in glomerulus. D. Immunofluorescence intensity of ox-LDL expression using the Image-Pro Plus 6.0 software. Data represent mean \pm S.D. P < 0.05 vs. NC group (Δ), P < 0.05 vs. ADR group (\bigstar).

1C). To our surprise, differences in serum ox-LDL levels among groups were consistent with that of serum total cholesterol (**Figure 1D**). The mean body weight of mice in the ADR and ADR-SIM groups was significantly lower than that of the NC group (P < 0.05), and the body weight of mice in the ADR-SIM group was significantly higher than that of the ADR group (P < 0.05) (**Figure 1E**).

Effects of simvastatin on histopathological findings of ADR mice

The histology of NC group kidneys was normal under light microscopy (**Figure 2A**). The ADR group developed severe proliferation of mesangial cells, marked expansion of mesangial matrix, glomerular tufts adhering to Bowman's space and focal segmental sclerosis (**Figure**



Figure 5. Expression of renal NF-κB expression in different groups. Immunohistochemical analysis of NF-κB expression in tissue sections of the NC group (A), ADR group (B) and ADR-SIM group (C) (×1000). (D) Immunohistochemical score of NF-κB expression in tissue sections. (E, F) Western blot analysis of renal NF-κB in different groups. Data represent mean ± S.D. P < 0.05 vs. NC group (Δ), P < 0.05 vs. ADR group (★).

2B). The focal expansion of renal tubules, increase of local micro droplets in the tubular cells and thickening of the vascular wall were also noted in the kidneys of the ADR group. Compared with the ADR group, lesions were markedly reduced in the ADR-SIM group yet did not completely restore to a normal level (**Figure 2C**). Compared with the NC group, the Cl of the ADR and ADR-SIM groups was significantly increased (P < 0.05), whereas the Cl of the ADR-SIM group was significantly decreased compared to the ADR group (P < 0.05) (**Figure 2D**) yet did not completely restore to a normal level.

The results from electron microscopy showed no thickening of the glomerular basement membrane (GBM) and no foot process fusion in the NC group (**Figure 2E**). Compared with the NC group, the GBM was pervasively thickened, the foot processes were widely fused, and some foot processes were effaced in the ADR group (**Figure 2F**). Compared with the ADR group, podocyte injury was markedly relieved, mesangial proliferation and thickening of the GBM in the ADR-SIM group were significantly reduced yet did not completely restore to a normal level (**Figure 2G**). Effects of simvastatin on the expression of CXCL16 in the glomerulus

CXCL16 protein expression in the kidneys of mice from different groups was measured using Western blotting (Figure 3A). The expression of CXCL16 in the ADR group was significantly elevated compared to NC and ADR-SIM groups (P < 0.05), which suggested that treatment with simvastatin inhibited CXCL16 expression in the glomerulus (Figure 3B). To investigate the location of CXCL16 in the glomerulus, double immunofluorescence analysis of CXCL16 and synaptopodin (an actin-binding protein of the podocyte) expression in the kidney of the experimental animal was performed. Figure 3C illustrates that CXCL16 was located in the cytomembrane of podocytes.

Effects of simvastatin on the expression of ox-LDL in the glomerulus

In the NC group glomerulus, little to no ox-LDL expression was present. However, in the ADR group, ox-LDL was significantly increased (P < 0.05) (**Figure 4D**), and following treatment with simvastatin, the level of ox-LDL was significantly decreased (P < 0.05) (**Figure 4D**). To investigate the location of ox-LDL expression in the

glomerulus, double immunofluorescence analysis of ox-LDL and synaptopodin expression in the kidney of the experimental animal was performed. The expression of ox-LDL was mainly located in the cytomembrane and cytoplasm of podocytes (**Figure 4A-C**).

Effects of simvastatin on the expression of NFκB in the glomerulus

To evaluate NF- κ B activity, we examined NF- κ B protein expression in the glomerulus by Western blot and immunohistochemical analysis (**Figure 5**). The level of NF- κ B in the ADR group was significantly higher than that in the NC and ADR-SIM groups (P < 0.05). In other words, treatment with simvastatin significantly decreased the level of NF- κ B in the glomerulus (P < 0.05).

Discussion

In children with primary NS, the MCNS histological subtype is one of the most common. Most children with MCNS are sensitive to steroid therapy and have a good prognosis once started on treatment. However, those with steroid-dependent or steroid-resistant NS may gradually progress to focal segmental glomerular nephritis and eventually to glomerulosclerosis leading to end-stage renal disease (ESRD) [21]. ADR-induced nephropathy in mice, which simulates the pathological characteristics of human NS, is a classic experimental model of kidney disease. The early pathological phenotype of ADR nephropathy is minimal change disease followed by focal segmental glomerulosclerosis, ultimately developing into global sclerosis and interstitial fibrosis [8, 9]. In the present study, the Balb/c mice (an ADRsusceptible strain) were used to establish this ADR-induced nephropathy model. Following ADR injection and simvastatin treatment, both the ADR (untreated) and ADR-SIM (simvastatintreated) groups displayed massive proteinuria, hypoalbuminemia and hyperlipidemia. Furthermore, histological analysis of the kidneys revealed distinct proliferation of mesangial cells, marked expansion of the mesangial matrix, glomerular tufts adhering to Bowman's space and focal segmental sclerosis. CI values of the ADR and ADR-SIM groups were significantly increased, and the results from electron microscopy suggested that the GBM was pervasively thickened, and foot processes were widely fused. Collectively, these data indicated that the ADR-induced nephropathy model was successfully established.

Hyperlipidemia, which is characterized by increasing levels of total cholesterol and LDL in plasma, is an important pathophysiological change in children with primary NS. We documented that the level of serum oxidized LDL (ox-LDL) in children with active simple-type NS was significantly higher than that in remissive NS and control groups [22]. This data suggested that, compared to the control group, the levels of ox-LDL in the serum and kidneys of ADR nephropathy subjects were significantly increased. Overall, the data suggest that ox-LDL is involved in the development of ADR nephropathy.

Chemokines are a class of small secreted proteins involved in inflammation and the immune response. The interaction of chemokines and their receptors is a key mediator of inflammation and arteriosclerosis. CXCL16 exists in both transmembrane-bound and soluble forms [23, 24]. Transmembrane-bound CXCL16 acts as both a cell surface adhesion molecule and a novel scavenger receptor and may be released to its soluble form upon digestion by a disintegrin and metalloproteinase (ADAM) protein, specifically ADAM10 and ADAM17. Soluble CXCL16 can recruit activated immune cells that express CXCR6, the receptor of CXCL16, and mediate immune response-related inflammation [10, 25-27]. Recently, CXCL16 was found to participate in the development of atherosclerosis [10, 11]. However, the relationship between the occurrence and development of renal inflammation and CXCL16, especially in its role as the scavenger receptor of ox-LDL during podocyte injury, is not vet well understood. Zhao et al [13] showed that the levels of LDL cholesterol and CXCL16 in serum were significantly increased in diabetic nephropathy subjects compared with healthy and type 2 diabetes mellitus (T2DM) subjects, indicating that serum CXCL16 may be a sign of renal injury in subjects with T2DM. Moreover, in the presence or absence of a broad spectrum metalloproteinase inhibitor, treatment of human podocytes with IFN-y promoted the uptake of ox-LDL, and the application of a CXCL16 blocking antibody strongly reduced the uptake of ox-LDL in human podo-

cytes, suggesting that CXCL16 could also act as a scavenger receptor for ox-LDL in podocytes. Notably, glomerular ox-LDL and CXCL16 levels were significantly higher in subjects with membranous nephropathy than in healthy subjects [11]. However, few studies have focused on the association of CXCL16 alteration in children with primary NS and ADR nephropathy in mice. We have documented that the level of serum CXCL16 in children with active NS was significantly higher than that in remissive NS and control groups. Correlation analysis showed that serum CXCL16 was positively correlated with blood lipids and 24-h urine protein but negatively correlated with albumin in active NS patients, which indicated that CXCL16 and ox-LDL are involved in the occurrence of NS in children and are related with the activity of the disease [22]. Our previous in vitro study indicated that the presence of ox-LDL at a certain concentration and for a certain duration with cultured podocytes induced lipid accumulation and expression of CXCL16 in the podocytes. When CXCL16 on the cell surface was blocked by anti-CXCL16 monoclonal antibodies, the uptake of ox-LDL by podocytes was significantly decreased, suggesting that CXCL16 plays an essential role as a scavenger receptor in the uptake of ox-LDL by podocytes [28].

Synaptopodin is an actin filament-associated protein located along the surface of the glomerular basement membrane and is considered the specific biomarker of podocytes [29]. In the present study, using double immunofluorescence of Synaptopodin with CXCL16 and ox-LDL respectively, we demonstrated that CXCL16 and ox-LDL were mainly expressed in the podocytes. Compared to the control group, glomerular CXCL16 and ox-LDL levels were increased in the ADR nephropathy group. These data, together with our previous studies, suggest that CXCL16 acts as a scavenger receptor for ox-LDL in podocytes and is involved in podocytes injury during the occurrence and development of ADR nephropathy. Studies in vitro have demonstrated that the major components of lipids, including LDL, ox-LDL and very low-density lipoprotein, directly stimulate the proliferation of mesangial cells and the secretion of inflammatory factors, such as IL-6, TGF-β, MCF-1, connective tissue growth factor and PDGF. LDL and ox-LDL also promote the activation of renal immune cells, subsequently upregulating NF-κB activity and hastening the release of inflammatory factors [30].

Using immunohistochemistry and Western blot analysis, we provided conclusive evidence that the level of glomerular NF-KB in the ADR nephropathy group was significantly increased compared with control group. These data indicate that the elevated CXCL16 expression can result in the increasing intake of ox-LDL in the podocytes. The upregulation of ox-LDL may be involved in the activation of the NF-KB pathway. Activation of the NF-kB pathway is often associated with increased expression of a variety of inflammatory factors that could amplify and perpetuate renal local inflammatory responses. However, the precise mechanism by which ox-LDL affects the renal local inflammatory response of ADR nephropathy mice remains unknown and should be investigated further.

Statins, competitive inhibitors of 3-hydroxy-3-methylglutaryl-coenzyme A (HMG-CoA) reductase, reduce cholesterol synthesis from mevalonic acid through inhibition of HMG-CoA reductase [31]. Simvastatin is generally the most effective statin and is widely used in the treatment of hypercholesterolemia. Statins confer renal protection in a variety of renal diseases not only through their lipid-lowering effects, but also through promoting anti-proliferation, anti-inflammation, immunomodulation, reduction of urine protein and podocyte excretion in urine, reversion of podocyte injury and reduction of podocyte apoptosis [15-17, 32-35]. Zhang et al. [18] proved that the beneficial effects of simvastatin on glomerulosclerosis might be mediated by the effects of anti-inflammatory action through a reduction of NF-ĸB activation and IL-1ß and TGF-ß expression in ADR nephropathy rats. Whether statins can regulate the expression of CXCL16 and ox-LDL in the kidneys of mice with ADR nephropathy to protect renal functions, however, remains unknown. The current study revealed that, compared to the ADR nephropathy group, the level of proteinuria and the quantity of renal lesions in the ADR-SIM group were markedly reduced, suggesting that simvastatin has a protective effect on renal function and structure in mice with ADR nephropathy. Moreover, our data revealed the relatively high levels of CXCL16 and ox-LDL expression in podocytes and low level of NF-kB expression in the glomerulus in

the ADR-SIM group without the lowering of serum lipids. These changes suggest that simvastatin treatment might be related to the decreasing expression of CXCL16 in glomerular podocytes followed by the decreasing endocytosis of ox-LDL in podocytes and the inhibition of NF-κB pathway activation independent of its lipid-lowering effects. The precise mechanism by which simvastatin inhibits CXCL16 expression in ADR nephropathy mice remains unknown and should be investigated further.

In conclusion, this study reveals that CXCL16 and ox-LDL are involved in the occurrence and development of ADR nephropathy and are related with the severity of the disease. Furthermore, the up-regulation of local inflammatory factors in the kidney is associated with sustainable hyperlipidemia in mice with ADR nephropathy. Simvastatin was shown to have a protective effect on renal function and structure in mice with ADR nephropathy independent of its lipidlowering effects possibly via decreasing the expression of CXCL16 in glomerular podocytes, which then reduces the uptake of ox-LDL in podocytes and inhibits the activation of the NF-KB pathway. The beneficial effects of simvastatin might therefore be associated with the decreasing of the renal local inflammatory reaction mediated by renal inflammatory factors.

Acknowledgements

This study was supported by the Shandong Province Science and Technology Development Program (2014GGH218009) and the Natural Science Foundation of Shandong Province (ZR2015HM009).

Disclosure of conflict of interest

None.

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